

IN THE REALM OF WOMAN; TOLD IN THE TWILIGHT



HUSBAND AND FATHER OF THIS FAMILY IN DANGER.
This picture shows the wife and children of Private Lonsdale, a British prisoner of war at Dobritz in Germany, who was sentenced to death for striking a German officer in the concentration camp. It was only through the intervention of James W. Gerard, the American ambassador at Berlin, that his life was saved, and it is now stated that the drastic sentence will probably not be carried out. Instead the soldier may have to undergo the original sentence of ten years' imprisonment. The entire matter may be taken up by a higher military court of the German army.

KEEPING A CASH ACCOUNT

Businesslike handling of the home finances will cut the cost of living quite as much as using meat substitutes. A Philadelphia woman writing in the Public Ledger says she believes not one woman in ten keeps an accurate account of what she spends. Frequently the housekeeper is careful in the small expenditures, but does not have a grasp of the proportion of income that should be spent for each item, as food compared with clothes, rent compared to amusements and so on. Before a woman can expect to solve the cost of living problem, stricter accounts must be kept and the problem of home finances studied more intelligently. What would we think of a business man who did not know how much he spent for salaries, how much for "overhead charges," whether he was losing or gaining, and so on. Yet this is what many families do. In spite of the fact that the family is the most important business in the world. On the successful administration of this business depend the health of the family, its pleasures, the amount of property they can acquire and their entire standards of living.

What are the divisions for which money must be spent, no matter what the size of the family, or its income? After studying what families spend everywhere, there have been developed the following typical division in which the income must be distributed: Shelter, food, clothes, operating expenses and the higher life. Operating expenses mean those connected with lighting, heating, cleaning the home, which includes laundry, etc. Under higher life can be grouped savings, amusements, books, church, charity, etc. Keeping accounts will permit the woman to see how she is allotting her income in these divisions. It will show her if she is spending more than she should on clothes and less on food. It will teach her to keep track of dealers, check up accounts, and be more careful to keep receipts.

Account keeping is not difficult, and there are various methods. A simple, ruled blank book can be used with separate columns for each item of expense; as bills are paid the amount can be entered in its proper column and the book balanced every week or monthly. Special account books also come ready ruled, costing about 50 cents. Some women like to keep accounts on cards, especially if they have some other form of card system in use.

Not until we see facts in black and white do we realize our extravagances, the unexpected sum we spent for this and that item, and where we can economize. Each sales slip from the grocer or butcher takes on new interest when we have to enter it, and we are even more likely to notice whether the roast weighed five or seven pounds. Dealers know in a moment the woman who is business-like in money matters and the unscrupulous will take advantage of the careless ones. Nor are we so likely to let bills "run up" or mistakes occur when we have the account book habit. We will find that "charge accounts" tend to extravagance and it is better to pay cash or only a small bill. We will acquire the habit of looking over purchases and weighing them when delivered to see if they tally with the amount on the scales check. We will get into more accurate habits and more economical ones, by far, if we do keep accounts, and, after all, it is so easy. Just a blank book and pencil, about an hour's time a week, and a feeling that we have conquered difficulties.

HINTS FOR HOUSEWIVES

An onion chowder is appetizing on a cold day. Boil one cupful of chopped onions, two cupfuls of potatoes cut into dice and a tablespoonful of butter in six cupfuls of water for an hour. Add a teaspoonful of chopped parsley and serve with strips of toast.

If a cork gets down into a bottle take a stout string, tie a heavy knot in it, let it down into the bottle and shake the cork up to the neck. Then pull the string about the cork and the rest is easy.

There are a dozen ways of cooking macaroni. The successful housewife uses them all and is not to get into a rut with her menus.

It is said that a lift of leather placed inside the heel of the new rubber, and one centered on the outside will lengthen the life of the necessary article. This is worth trying for golfshoes grow more expensive every day.

One quart of oysters creamed will fill twelve large party shells.

A few drops of ammonia in the dish-water will brighten the glasses and silver.

A fallow skin is sometimes caused by an undue consumption of tea, coffee or cocoa.

If ink is spilled on the carpet, put salt on it immediately; it will help remove the spot.

Bread and butter spread with chopped dates makes excellent school sandwiches.

To do away with the sound of a watch in the sick room, place the watch under a tumbler.

To pad the edges of dollies before embroidering them, work them in a coarse chain stitch.

Button loops will be much stronger if the loops are crocheted over with a fine crochet hook.

Suet may be kept fresh by chopping roughly and sprinkling it with a little granulated sugar.

One medium sized loaf of bread will make twenty-three cornered sandwiches or ten large squares.

Condensed milk is cheaper and as good as fresh milk for the making of cocoa, puddings and ice cream.

When only the yolk of an egg is used the white can best be kept in a cup or glass, if this is covered well. A left-over yolk can be covered with cold water.

One gallon of ice cream, if served on plates will serve twenty-four; if in sherbet glasses, thirty, at least.

The clothes wringer will last longer if the pressure screws are loosened after each using.

Wash eggs before using and save the shells for clearing coffee, soups and jelly.

A board covered with emery paper is useful in the kitchen. It is for sharpening knives and is good for removing rust from steel knives and forks. The 1-0 emery paper will put a smooth edge on carving knives.

Add cold rice to soup, make into croquettes or use with cheese, tomatoes or minced meat for a scalloped dish.

A paste that will keep a long time is made by dissolving one ounce of alum in one quart of warm water. When cold add four enough to make it the consistency of cream, then stir into it a teaspoonful of powdered rosin. Boil to proper consistency. This will keep for months, when dry it may be softened with water.

Kerosene will clean your hands better than anything else after blacking a stove. Pour a little in the water, wash your hands in it and then wash them in tepid water and finally with plenty of soap and a stiff nail brush in hot water.

Rub shoes well with castor oil and let them stand twelve hours. This will keep them from cracking and make them yielding and soft.

Ink may be removed from the fingers in a very simple manner. Wet the finger and rub the phosphorus end of a match on the spot. Wipe the finger and renew the action until the spot disappears in a few minutes.



MILADY'S FANCY TURNS TO FOOTWEAR.
One of the surprises of the autumn was the return of the laced boot to fashionable favor. Women did not take to laced boots gradually, as might have been expected after the long era of buttoned models; but almost overnight the laced style leaped into favor and, only enough, the laced boot is the correct thing for dancing now.

FREE British Lion or Queen Mary Ring and Handsome Phonograph

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HOW to Feed Baby is often a great worry to mothers who are unable to nurse their babies themselves. Ordinary cow's milk—however prepared at home—is not a suitable substitute for the mother's milk. It is acid in reaction, contains harmful germs and forms dense curds in the stomach that cannot be digested. Decide to use the Allenburys' Foods which are the only series of Foods scientifically adapted to the growing requirements of the child. You will be delighted when you see how well your baby thrives on this Method of Infant Feeding. The Allenburys' Foods are free from all dangerous organisms; they are portable, being in powder form and packed in sealed tins. The Milk Foods, Nos. 1 and 2 require the addition of hot water only to prepare them for use.

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Milk Food No. 1. From birth to 3 months. In tins at 50c. and \$1.	Milk Food No. 2. From 3 to 6 months. In tins at 50c. and \$1.	Malted Food No. 3. From 6 months onwards. In tins at 50c. and 60c.
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Write for free book "Infant Feeding & Management", 64 pages of valuable information for every mother.

THE ALLEN & HANBURYS CO. Limited, 66 Gerrard St. East, TORONTO

Enjoy

Continued from Page Two

The students of the faculty of arts entertained at their annual dance at Grant Hall, on Friday evening. Like all its predecessors, it was one of the most successful dances of the season. The patronesses, who welcomed the guests at the entrance of Grant Hall, included, Mrs. W. L. Grant, Mrs. J. P. Marchal, Mrs. W. E. McNeil and Mrs. W. T. MacLennan, and among the large number of guests were noted Misses Minnie Gordon, G. Laidley, Miss Leonard (Napane), E. Laidley, Portia Lloyd, Lena McLean, J. M. MacLennan, Mrs. McNeil, Eleanor Minnes, Muriel Metcalfe, Mrs. Morland, Gessie Murrell, Mrs. McKay, E. McKee, N. E. McFriedrich, McGregor, Olive Murray, L. Guthrie, Bea. Gilhooly, Miss Gillespie, Marjorie Hopkirk, Maudie Hubbard, H. Hume, Mae Hanley, Flossie Hudson, W. Irwin, E. Inman, Arnes Johnston, G. and J. Johnson, Mildred Jones, N. Killins, Betty, Florence Knox, N. Cunningham, Mary Donaldson, Irene Dunlop, Phyllis Dwyer, Anita Day, Georgina Elmer, M. Elliot, M. MacDonald, Alice Moore, Irene McKellar, Alda Nicolle, Mona Osborne, Percival M. O'Neill, M. O'Reilly, Una Polson, Eleanor Phelan, Alice Preston (Napane), M. R. Ryan, Dorothy Rooney, S. Rolph, M. Reynolds, Claire Robinson, Roberts, E. Singleton, F. Schellard, N. Smith, W. Sly, Laura Stillwell, E. Smith, Kathleen Simmons, Lillian Scholze, Jessie Slater, M. Taylor, Anita Sutherland, E. Stokes, Jennie Scholze, Florence Elliott, A. Fraser, Flora Fair, Bessie Farrell, V. Finlay, L. Fraser, Alice Gowan, M. Giblin, L. Fleming, Laura Gibson (Ottawa), G. Grant, M. Goven, Mabel Gillespie, Edna Aiken, Flora Abernethy, A. Beers, Bea Driver, Bessie Abernethy, Jessie Anglin, Hazel Abernethy, Hazel Brown, E. Butler, C. Boskirk, Cora Watt, G. Curran, Mary Chalmers, M. Cruickshank, Gloria Chown, Eva Cook, Sophia Conway, E. Cook, Eva Cummings, L. Stevens, Irene Toole, Alene Towell, L. E. Toland, Helen Ulfow, E. Vanhousen, H. Vassett, M. Whaley, M. Walsh, Lucy Waddell, Ida Wiley, Wallace, Minnie Wallace, Ida Wiley, Alice Wright, Marjorie Wheeler, Myrtle White, Mildred Wormwith, Frances Wright, the dents of the different faculties, B.S. M. Penhale, representing Royal Military College, and a number of men from town.

The Cutting Club tea on Thursday afternoon was most enjoyable. Three tables of bridge were in play, and quite a number came in for tea. The ladies also made use of the sheet of ice, which is at their disposal on "tea afternoons," the players being

Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

Miss Eva Richardson, "Alwington," was hostess at the Reading Club on Thursday afternoon.

Mrs. John Donnelly, Earl street, is entertaining at an informal dance this evening for Miss Doris Donnelly.

Mrs. Harold Davis, Stuart street, entertained at lunch on Friday.

Miss Marjorie Rathburn returned to Deseronto the middle of this week after visiting Miss Isabelle Saunders, Poplar Plains Road, Toronto for a short time.

Dean Starr has been the guest of Rev. G. S. Anderson in Ottawa for a few days this week.

Mr. and Mrs. Arthur Craig, Albert street, left to-day for Deseronto to spend the week-end with Mrs. E. W. Rathburn.

Mrs. H. J. Kavanagh who has been the guest of her sister, Mrs. D. Phelan, Johnson street, has returned to Montreal.

Miss Beth Small, Earl street, is spending the week-end in Ottawa with Mrs. A. D. Cartwright.

Miss Dorothy Marsh, who has been visiting Miss Gladys Rustan, in Barrie, left this week for Toronto.

Mrs. D. Stewart Robertson, Sydneyham street, is spending a month in Montreal, the guest of her sister, Mrs. M. E. Carmen.

Miss Mollie Cartwright, who went to Toronto early this year to take over her duties as assistant to Miss Parkin, Dean of Queen's Hall, the women's residence of Toronto University, is now comfortably settled at 7 Queen's Park, and receives with Miss Parkin every Tuesday afternoon.

Miss Nellie Byrns, Montreal, is visiting relatives in town.

Mrs. A. de Mawbray Bell, Toronto, is in Ottawa, the guest of her sister, Mrs. Ernest Linton.

Dr. H. T. J. Coleman, Frontenac street, returned from Toronto on Wednesday.

Frederick Stark, Genesee, is spending a few days in Toronto.

Mrs. W. W. Chipman, New York, is the guest of Mrs. C. E. Taylor, Johnson street.

Miss Hazel Leonard and Miss Alice Preston, Napane, and Miss Portia Lloyd, Gananoque, were out-of-town guests at the Christmas dance, in Grant Hall, last night.

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A TRIM LITTLE COSTUME.

now with the colors of fighting nations among the smart modes.

Particularly pretty is this costume in sand colored covert cloth. The sleeves and skirt are of the same material, but the jacket is of cloth or velvet. The model requires 9 yards 44-inch cloth and 1 1/2 yards 40-inch velvet. All of the parts of the jacket are cut from a lot of material.

The making, too, is simple. First, pleat lower edges of front and back, bringing slot to small "o" perforations and stitch. Center-front indicated by large "o" perforations. Close shoulder seam. Sew pleatum to lower edge of front and back, notches and center.

CONSTRUCTION GUIDE 5972

books even, leaving tab extension free. Adjust belt on front and back, center even (large "o" perforation indicates center-front and upper edge of belt). Lower edge over upper edge of tabatum, stitch tab extension over belt, matching small "o" perforations and sew to under-arm edges of front and back as notched.

For the collar, stitch across under-neck from neck edge to small "o" perforations. Sew Directorate collar to each edge, center-backs even. This three collar is made in the same way.

Close above, seam and sew to arm-hole without finishing. Trim with tiny straps of braid, secured at either end with buttons, to correspond with the braid trimming on the jacket.

Patricia Review Model No. 5972. Sleeves 34, 35, 36, 37, 38, 39, 40 and 42 inches bust and 34 to 36 inches. Price, 14 cents.

Some fashion authorities declare that military fashions will not reach their greatest vogue until after the war is over, but there are many effects patterned after the uniforms of soldiers during the war.

Patricia Review Model No. 5972. Sleeves 34, 35, 36, 37, 38, 39, 40 and 42 inches bust and 34 to 36 inches. Price, 14 cents.

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A SMART LITTLE WAIST.

The back is finished in the same way, or the lower edge may be cut with a round line. The cuffs also carry out the effect of the girle. The development of the model calls for 2 yards 36-inch or 1 1/2 yards 44-inch material. If the collar is made of lace 1/2 yard will be needed.

The collar and back sections are cut on a lengthwise fold of the goods, while the front-sections, cuffs and sleeves are laid on a lengthwise thread.

The first stage of the making is to tack the upper front as crossed; then stitch. Close seams as notched; then close shoulder seam. Gather lower edge between double "T" perforations. Pleat lower back, bringing slot to small "o" perforations and tack. Center-front indicated by double "o" perforations in lower section. Front of pocket indicated by large "o" perforations, adjusted, upper edge along crossline of small "o" perforations in lower section. Join upper and lower sections as notched, center even. Sew rolling collar to neck edge, notches and center backs even. Sew Italian collar on back along small "o" perforations; large "o" perforation and center even. Sew adjusting collar to shield as notched, adjusting, bringing single large "o" perforations in shield and in front together.

Close above seams, finish lower edge in any desired way and sew to arm-hole, easing in fullest.

CUTTING GUIDE 5972

COLLARS F, G, C, BACK SECTIONS, D, POCKET, B, A, E, H, I, J, K, L, M, N, O, P, Q, R, S, T, U, V, W, X, Y, Z.

FOLD OF 44 INCH MATERIAL WITHOUT WAP. Patented April 30, 1907.

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