

AFRAID SHE WAS DYING

Suffered Terribly Until She Took "Fruit-a-lives"

ST. JEAN DE MATYRA, JAN. 27th, 1914.

"After suffering for a long time with Dyspepsia, I have been cured by 'Fruit-a-lives'. I suffered so much that I would not dare eat for I was afraid of dying. Five years ago I received samples of 'Fruit-a-lives'. I did not wish to try them for I had little confidence in them but, seeing my husband's anxiety, I decided to do so and at once I felt relief. Then I sent for three boxes and I kept improving until I was cured. While sick, I lost several pounds, but after taking 'Fruit-a-lives', I quickly regained what I had lost. Now I eat, sleep and digest well—in a word, I am completely cured, thanks to 'Fruit-a-lives'."

MADAM M. CHARBONNEAU

"Fruit-a-lives" is the greatest stomach tonic in the world and will always cure indigestion, sour stomach, "Heartburn", Dyspepsia and other Stomach Troubles.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.



An armful of COLUMBIA Records makes an evening full of pleasure.



MADE-IN-CANADA

A Message To Thin Weak, Scrawny Folks

An Easy Way to Gain 10 to 30 Lbs. of Solid, Healthy, Permanent Flesh.

This, nervous, undeveloped men and women everywhere are heard to say, "I can't understand why I do not get fat. I eat plenty of good nourishing food. The reason is just this: You cannot get fat, no matter how much you eat, unless your digestive organs assimilate the fat-making elements of your food instead of passing them out through the body as waste."

What is needed is a means of gently urging the assimilative functions of the stomach and intestines to absorb the oils and fats and hand them over to the blood, where they may reach the starved, shrunken, run-down tissues and build them up. This the person's body is like a dry sponge—sugar and honey being deprived by the failure of the assimilative canal to take them from the food. The best way to overcome this ailment is to stop the leakage of fats in to use Sargol, the recently discovered regenerative force that is recommended so highly by physicians here and abroad. Take a little Sargol tablet with every meal and notice how quickly your bowels fill out and rolls of firm, healthy flesh are deposited over your body, covering each body angle and projecting point. Your druggist has Sargol, or can get it from his wholesaler. If you are not satisfied with the gain in weight it produces as stated on the guarantee in each package, it is an inexpensive, easy to take and highly efficient.

Caution—While Sargol has produced remarkable results in overcoming nervous dyspepsia and general stomach troubles, it should not be taken unless you are willing to gain ten pounds or more, for it is a wonderful flesh-builder.

For Sale

Frame house, with furnace, four bedrooms, all improvements, food cellar and poultry house; two blocks from Princess street. Two detached houses on a corner lot, three bedrooms in each, all conveniences, for \$5,000, or will exchange for a small farm.

To Rent

New house, all improvements, \$12 per month, until May, 1915.

HORACE F. NORMAN
Real Estate and Insurance
Office 177 Wellington St.

A NIGHT RAID

By German Airships on English Coast Towns.

SOME PEOPLE KILLED

THE AIRSHIPS MADE A SAFE ESCAPE.

Raiders Did Not Visit London—England Stands Against That the Capital Should Have Been Threatened.

London, Jan. 29.—"The Zeppelin chill" froze timid hearts in London to-day. The city stood aghast at the news that a fleet of German aircraft, presumably Zeppelins, swooped down on the east coast during the night, bombarding nearly a dozen cities, within scarcely one hundred miles of London, and actually threatened the capital itself. All the raiding airships are believed to have escaped.

Despatches from Humberston, near the raided areas, to-day deny the report that a Zeppelin was brought down there by the fire of warships off the coast. On the contrary, it is stated that an airship was sighted drifting leisurely seaward early to-day, apparently returning to the German aircraft base of Cuxhaven.

Unofficial reports from Amsterdam brought word that three airships flying eastward, were sighted off the coast of Holland early to-day. They are believed to have been returning from the attack.

In absence of official reports to-day, the number of persons killed in the night attack by the German airships is variously placed at from four to nine.

Reports concerning the number of aircraft range from three to six, with the latter figure generally accepted.

Executed in Darkness

Because the raid was executed in darkness, reports are most conflicting. Two persons are known to have been killed at Kings Lynn. Mrs. Dazely, a widow, was killed while paying a visit to a neighbor. Her body was recovered from the debris this morning, when her relatives started a search. A seventeen-year-old boy named Boat, was killed in bed, when a bomb dropped through the roof of his home. Three others were hurt in this house.

Other despatches from Kings Lynn place the number of dead there at four, but give no additional information. Yarmouth correspondents also report four dead.

The night raiders did not visit London. After throwing terror in the hearts of residents of the east coast towns, the fleet apparently turned eastward shortly after midnight, and sped back across the North Sea.

Were Not Zeppelins.

There is considerable doubt that the Germans raiding air craft were Zeppelins after all. No official report has so far been issued by the war office. The police at Yarmouth assert positively that the outlines of the attacking craft were clearly visible there, and they were all aeroplanes or hydroplanes.

It seems reasonable to suppose that if they had been Zeppelins, far more damage to life and property would have been done at all points, owing to their greater carrying capacity for crew and ammunition. On the other hand, some of the residents of Greater London are sure that they saw Zeppelins.

Damage at Yarmouth \$15,000

The property damaged at Yarmouth where most of the damage occurred is estimated at not to exceed \$15,000. Bombs were dropped on the race track, it was discovered to-day, wrecking the grand stand. Much damage was done at the city fish wharves.

Hotelman Given Advice

Hon. W. J. Hanna, provincial secretary, has issued a circular to all the license holders of the province asking them to exercise all restraint in their power in the matter of the sale of liquor to soldiers, and stating that the department will expect to hear that they have carried out the limitations requested. In connection with the circular, the minister explained that the powers of the department were defined under the act, and that to send out a mandatory note would not be sustained by the state.

Adopt genuine goodness for your most important creed and you need not worry about the others.

The prodigal usually comes back with a lot of what he thinks valid excuses for his actions.

FEW MINUTES! NO INDIGESTION, GAS, SOUR STOMACH—PAPE'S DIAPEPSIN

Digests all food, absorbs gases and stops fermentation at once.

Wonder what upset your stomach which portion of the food did the damage—do you? Well, don't bother. If your stomach is in a revolt; if sour, gassy and upset, and what you just ate has fermented into stubborn lumps; your head dizzy and aches; belch gases and acids and eructate undigested food; breath foul, tongue coated—just take Pape's Diapepsin, and in five minutes you will wonder what became of the indigestion and distress. Millions of men and women to-day know

STRUCK THIRTY-SIX TIMES.

Before Foo Was Vanquished in the Falkland Battle.

London, Jan. 29.—Captain J. D. Allen of H. M. S. Kent, which sank the German cruiser Nürnberg off the Falkland Islands, describes in a letter to a friend exactly how the Kent chased, engaged and sank the Nürnberg. He says:

"It was a single ship action as there was no other ship in sight at the time. The chase commenced about noon and the action commenced at 5 p.m. After a sharp engagement in which the Kent was struck by no fewer than thirty-six of the enemy's shells the Nürnberg sank at 7:30 p.m."

"The Nürnberg was a faster ship than the Kent but I appealed to the engineers and stokers to do all in their power to catch her and finally they responded to my appeal. The Kent went faster and faster until she was making twenty-five knots, more than a knot faster than she had ever gone before."

"We came nearer and nearer until we got the Nürnberg within range of our guns. Soon our shells began falling thick and fast around her and she was struck many times until at last she was in flames. The enemy continued firing their guns until the ship was sinking and as she disappeared below the surface some of the brave men on her quarter deck were waving German flags."

PALE AND SICKLY BOYS AND GIRLS

Need All the Strength That Good Red Blood Can Give.

Youth is the time to lay the foundation for health. Every boy and girl should have plenty of pure, red blood and strong nerves. With this, impure blood they start life with a handicap too great to win success and happiness. Pure, red blood means healthful growth, strong nerves, a clear brain and a good digestion. In a word, pure blood is the foundation of health.

The signs of thin, impure blood are many and unmistakable. The pale, irritable boy or girl, who has no appetite or ambition, is always tired out, melancholy, short of breath, and who does not get strong, in the victim of anaemia, or bloodlessness—the greatest enemy of youth.

There is just one thing to do for these boys and girls—build up the blood with Dr. Williams' Pink Pills for Pale People. You can't afford to experiment with other remedies for there must be no guesswork in the treatment of anaemia. Through neglect or wrong treatment anaemia gradually develops into the pernicious form which is practically incurable. Dr. Williams' Pink Pills work directly on the blood, giving it just the elements which it lacks. In this way these Pills build up every organ and nerve in the body, thus developing strong, rugged boys and girls. Miss Anna Loseke, Grand Forks, B.C., says: "I think that before taking Dr. Williams' Pink Pills I was one of the most miserable girls alive. I was hardly ever free from awful headaches, was a pale and feeble creature, and could not go upstairs without stopping to rest. Now since taking the Pills the headaches have gone, my appetite is good and I am equal to almost any exertion, and you may be sure I will always recommend Dr. Williams' Pink Pills."

Sold by all medicine dealers or sent by mail, post paid, at 50c. a box or six boxes for \$2.50, by writing direct to The Dr. Williams' Medicine Co., Brookville, Ont.

SIXTY WIDOWS ON STREET.

They Suffer Their Bereavement With Splendid Fortitude.

Chatham, Jan. 29.—There is a road in Gillingham which deserved to be called the Street of Sorrows. There are 139 houses in it—two monotonous rows of small, plain houses along the main thoroughfare or "drak street," with only its name Chaucer road, to distinguish it in peace from a score of others in this unlovely neighborhood.

Now it has a sad distinction. The war has made sixty women widows in that street. Sixty widows in 139 houses. It is a poignant example of how Chatham and the district near, including Rochester, Strood, Gillingham and Rainham, have suffered by the naval losses since August.

The formidable is the ninth boat manned by men of the Chatham division that has been lost. The others are the Aboukir, Hogue, Cressy, Hercules, Pathfinder, Speedy, Hawke and Rohilla.

The mayor of Chatham, Alderman Payne, stated that there were over 500 families bereaved in the district. "The splendid fortitude of the women," he said, "is an inspiration to us all."

Christian courtesy sometimes becomes inoperative on Monday and stays so until church time the next Sunday.

SOME GERMAN VIEWS

ABOUT BRITAIN AND THE WAR ARE VERY FUNNY.

Dr. E. J. Williamson, of Hobart College, writes the Whig an Article Based On Extracts From Hamburg Newspaper.

Dr. Edward J. Williamson, professor of modern languages in Hobart College, Geneva, N.Y., gives the Whig some extracts from a copy of the weekly illustrated edition of the Hamburger Fremdenblatt, of December 29th, which he received from a friend in Germany. Dr. Williamson says:

In a lengthy summary of the war situation, consisting largely of an endless recital of German successes, in which so many of the allies are killed or taken prisoners that one wonders that there are any of them left, the subject of the probable length of the war is commented upon. Lord Kitchener is quoted as having stated to an American journalist that the war might last three years. This evidently was not very comforting for Germany, and the poor deluded reader of the Fremdenblatt is assured by the military critic that this is the wild utterance of a madman, and that a decision may come this month (?) or at all events in the spring of the year. The allies will not be able to hold out longer than that (!) The frost may hold together their crumbling resistance, but under the first rays of the spring sun it will melt away."

"We are further assured that Germany did not wish the war, but that now they wish to become a world-nation (Weltvolk) through the war, not a world-nation like the English, however, who long ago sacrificed all higher values and lofty strivings to a narrow-minded, brutal egoism. 'The world desires now a newer and higher kind of Weltvolk, rich in power and intelligence, but also rich in charity (!) and genuine humanity' (!!)."

German Hysterical Joy.

A considerable part of the paper is devoted to accounts of the bombardment of the English coast. To judge from the joy which this incident has occasioned in Germany, the people must have been suffering from a severe state of depression and have now become hysterical, for their jubilation is an evidence of a state of mind of the world condemns as infamous is almost pitiful.

"What a blow for the conceit and mad presumption of England! The dream of an England whose shores no enemy can approach is dissipated. The centrals must now see clearly that Britain's claim to absolute dominion of the sea is an idle bluff," etc., etc. As compared with this astounding feat the sinking of the German cruisers in the South Atlantic pales into insignificance. The destruction of a few ships by "an overwhelmingly superior force of English French ships," and probably some Japanese ships (!), "The Vienna Fremdenblatt estimates the number at over forty and represents Winston Churchill as giving all the credit to the Japanese—appeals to the Germans as an act of cowardice (ein feiger Akt). The courage and courage and bold daring displayed by them in their latest achievement, they believe, will raise their fleet in the estimation of the neutrals, who will now be able to see the other side of the Falkland Island affair and give the Germans their due. The Neue Freie Presse is quoted as follows: 'The German fleet has to-day its day of honor. It took bloody revenge (blutige Rache) for the sad fate of Admiral von Spee's squadron. It succeeded in accomplishing something which must cast England into a state of deepest consternation, something which must raise and on the greatest catastrophes which have befallen British sea-power. The German fleet does not hide itself, but proceeds directly to its goal. In bright daylight (!) they storm the English coast and teach the haughty enemy what it means to threaten the existence of the German people.'"

Remarkable Piece of Fiction.

Perhaps one of the most remarkable pieces of fiction which this newspaper contains is the interview of a German with Belgian who had fled to Holland. This story bears all the earmarks of the "made-in-Germany" brand and was evidently intended only for home consumption.

The Belgian describes first of all the great discouragement which he found in the trenches of the allies, where he was visiting a brother, now worn to a shadow of his former self. The French and Belgians, he informs us, have ceased to believe in an ultimate victory over Germany and angrily cast aside the newspapers which seek to deceive them with regard to the approaching defeat of the Germans. The allied troops are represented as being insufficiently provisioned. "The rations are large enough for children, but too meagre for men who must fight." Kind friends from England do, to be sure, send over extra hampers (Liebesgaben) but these are seized by the English, who refuse to share a crust with the poor Belgians and French. The hatred between the Belgians and French and the English increases daily and leads continually to blown (Schlagereten). The English conduct themselves with an air of superiority and contempt towards their allies.

This marvellous interview, indeed, covers every conceivable point about which the Germans might justly be worrying. The Belgians are represented as being highly dissatisfied with their king. The officers say boldly that he has made a mistake in casting himself on English mercy. Even if the allies win, Belgium will not benefit for she will merely become an English province. Most of the Belgians, in fact, wish to form a republic.

A very remarkable thing about this interview is the fact that the Belgian thinks that his interviewers are Englishmen. Why he should be so stupid as to believe that such things as a Englishman is

CHILD'S CONDITION WORRIED PARENTS

Little Daughter Very Delicate—Had No Strength—Made One of Healthiest Children in Town by Vinol.

Crestline, Ohio.—"I contracted a hard, chronic cough, and was in a weak, nervous, run-down condition for years. I was losing weight all the time and had no ambition. I have a small family of three, and it was hard for me to keep around and do my work. I took different medicines, but they did not relieve me to any extent. Finally I heard about Vinol and tried it, and I am happy to say that it has restored me to health and strength, and my cough is all gone and I feel fine now."—Mrs. H. H. CARLISLE, Crestline, Ohio.

It is the healing and strengthening properties of the extract of cod's liver and tonic iron combined in Vinol, which built up Mrs. Carlisle's health, and her cough disappeared as a natural result.

If Vinol fails to help all those who buy it for chronic coughs, colds, or weak, nervous, run-down conditions, we agree to return their money.

People everywhere are praising Vinol because they have found it just what they needed to drive away lingering coughs and to build up their health and strength.

Geo. W. Mahood, druggist, Kingston, Ont.

FOR SALE

Modern brick house on Alfred street, near Union, B. & C. electric light, good barn, etc. Owner leaving city.

A BIG SNAP THIS

Inquire at once.

W. H. Godwin & Son.
Real Estate and Insurance.
Phone 424. 39 Brock St.

Acid Stomachs Are Dangerous

Common Sense Advice by a Distinguished Specialist.

"Acid" stomachs are dangerous because acid irritates and inflames the delicate lining of the stomach, thus hindering and preventing the proper action of the stomach and leading to probably nine tenths of the cases of stomach trouble from which people suffer. Ordinary medicines and medicinal treatments are useless in such cases, for they leave the source of the trouble, the acid in the stomach, as dangerous as ever. The acid must be neutralized and its formation prevented.

Magnesia is a responsible of saturated magnesia is a simple antidote, taken in a little warm or cold water after eating, which not only neutralizes the acid, but also prevents the fermentation from which acidity is developed. Foods which ordinarily cause discomfort may be eaten with impunity if the meal is followed with a little bit of saturated magnesia, which can be obtained from any druggist, and should always be kept handy.

WE STILL HAVE THE Silver Tip Silent Matches

5 Boxes for 20c

GET A SUPPLY BEFORE THEY ARE SOLD OUT

C. H. PICKERING
Grocery and Meat Dealer.

490 Princess St. Phone 530

PUT CREAM IN NOSE AND STOP CATARRH

Tells How To Open Clogged Nostrils and End Head-Colds.

You feel fine in a few moments. Your cold in head or nostrils will be gone. Your clogged nostrils will open. The air passages of your head will clear the you can breathe freely. No more chills, headaches, no hacking, snelling, mucous discharges or dizziness, no struggling for breath at night.

Tell your druggist you want a small bottle of Ely's Cream Balm. Apply a little of this fragrant, antiseptic cream in your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane; and relief comes instantly.

It is just what every cold and croup sufferer needs. Don't stay stuffed up and miserable.

The PRESENT FINANCIAL DEPRESSION HAS

CAUSED A FALLING OFF IN SALES OF EXPENSIVE JEWELRY, HIGH GRADE WATCHES AND DIAMOND ORNAMENTS, A CLASS OF TRADE WHICH

THIS ESTABLISHMENT HAS ALWAYS ENJOYED.

Inventory after Christmas shows that we are very much overstocked in these expensive goods and we have engaged the services of P. E. Pope, one of America's most expert jewelry salesmen, to place our stock of \$50,000.00 before the public at

Auction Sale

The Opening Sale Will Take Place on the Afternoon of Thursday, January 21st at 3 o'clock and will continue daily

We wish to emphasize the fact that during this sale there will be nothing sold but our regular stock of high-class guaranteed goods.

A chair will be reserved for you and your friends.

May we have the pleasure of your attendance? During this Special Sale every department will be carried on as usual and after the sale is over business will be conducted as usual. We are not retiring from business.

R. J. Rodger,

THE KING STREET JEWELER,
"Where the Clock Is on the Walk."

BEEF, LAMB, MUTTON AND PORK OF THE FINEST QUALITY ALWAYS IN STOCK

SPECIAL PRICES

Beef Dripping 22c per lb.	Pressed Beef 22c lb.
Headcheese 12c per lb.	Tongue (boiled) 10c lb.
Salt Beef 10c	11c, 12c per lb.
Pork Sausage 15c lb.	Home-made Sausage 12 1/2c lb.
Ground bone for chicken feed 2 lbs. for 5c	

PARKER BROS.

KINGSTON'S LEADING BUTCHERS
217 Princess St. Phone 1088. Opposite Opera House.

We are Sole Agents In Kingston

For the Genuine Hurd Hockey Boots,

The Boot that all the Best Clubs Use,

\$5.00 a Pair.

Other Good Hockey Boots at \$4.00 \$3.00, and \$2.50.

J. H. SUTHERLAND & BRO.

The Home of Good Shoes.