

BATTLE

is not the only source of severe wounds and injuries. However caused, wounds, cuts, burns, eczema, piles, skin diseases and eruptions are most quickly cured by Zam-Buk.

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PRICE IS NOT RAISED

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NOLAN'S GROCERY
Princess St.

OUR FRESH GROUND COFFEE AT 40c. CAN'T BE BEAT.

Try a sample order and be convinced.

FITS Cured
By TRENCH'S REMEDY

The Famous Home Treatment for Epilepsy and Fits.

Recommended by Clergymen of all Denominations. Twenty-five Years Success Over 1,000 unsolicited Testimonials in one year.

CONVINCING TESTIMONY

Has been given by people in every walk of life. Those interested should write at once.

Pamphlet containing proof positive post free from

TRENCH'S REMEDIES, LIMITED,
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Sole Proprietors: Trench's Remedies, Limited, Dublin, Ireland.

Zbar's Ice Cream Parlor

Choice Candies of all kinds in bulk or fancy boxes. Also serve all kinds of hot drinks.

Reasonable Prices.

Phone 1130. 480 Princess St.

WHOOPIING COUGH
SPASMIC CROUP ASTHMA COLICUS BRONCHITIS CATARRH COLDS

Vapo-Cresoline

A simple, safe and effective treatment avoiding drugs. Vaporized Cresoline stops the paroxysms of Whooping Cough and relieves Spasmodic Croup at once. It is a lotion to sufferers from Asthma. The all-purifying thesioptic vapor, inhaled with every breath, makes breathing easy, soothes the sore throat, stops the cough, restores peaceful nights. It is invaluable to mothers with young children.

Sole Agents:
VAPOR-CRESOLINE CO.,
London, E.C. 4, England.

COAL

The kind you are looking for is the kind we sell

Seranton Coal
Is good Coal and we guarantee prompt delivery

BOOTH & CO.
Foot of West St.

SALTS IS FINE FOR KIDNEYS, QUIT MEAT

Flush the Kidneys at once when Back hurts or Bladder bothers.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which clogs the kidney pores so they sluggishly filter or strain only part of the waste and poisons from the blood, then you get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, constipation, dizziness, sleeplessness, bladder disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts, or if the urine is cloudy, offensive, full of sediment, irregular of passage, or attended by a sensation of scalding, get about four ounces of Jad Salts from any reliable pharmacy and take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia and has been used for generations to flush clogged kidneys and stimulate them to activity, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder disorders.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which all regular meat eaters should take now and then to keep the kidneys clean and the blood pure, thereby avoiding serious kidney complications.

Agent, Geo. W. Mahood.

When a man undertakes to tell all he knows he is sure to tell me things that aren't so.

What the nation needs is some business men that can understand the mind. The wisdom of the serpent consists largely in attending to its own business.

COUNTRYSIDE TIDINGS

WHAT WHIG CORRESPONDENTS HAVE TO TELL

News From Villages and Farms Throughout the Adjoining Counties—Rural Events, and Movements of the People.

Tamworth Tidings.
Tamworth, Jan. 15.—Melville Robinson, of Kingston, was in town on Tuesday. James Wood intends having an ice carnival next week. There will be a hockey match at the rink next Saturday. James V. Murphy has gone to Kingston to take a course in Kingston Business College.

At Ferguson's Falls.
Ferguson's Falls, Jan. 13.—The ice on the river is now fit for travel. The roads are in a very bad condition, owing to the lack of snow. The farmers will soon be cutting and filling their ice houses as the ice is very thick in the river. Charles Hollinger, auctioneer, is preparing to make a trip to Winnipeg and other places west. A number from here attended the ball held in Lanark last week.

Regarding Pure-Bred Poultry.
Ottawa, Jan. 15.—The Annual Contagious Disease Act, in connection with the outbreak of the foot and mouth disease in the United States, has been amended to allow the entry of pure-bred poultry for breeding purposes when accompanied by the affidavit of the owner or shipper that the said fowl have come from an establishment where no cattle, sheep or swine are kept, and not from a district in the closed area.

Hay Scarce at Sunbury.
Sunbury, Jan. 16.—J. McDonald is residing in his new residence on Queen street. The Presbyterian Ladies' Aid will meet the coming week. A number of young people enjoy skating in the evening. Some of the residents are purchasing hay as there is but a limited supply on hand. The many local factories are now holding their annual stock meetings, winding up the business of the year, which has been very paying. School reopened last week with an increased attendance. Many dairy men are patronizing the city dairy school and other deliveries.

News From Bath.
Bath, Jan. 14.—Rev. Mr. Hill, of Conway, took charge of the services in the Methodist church last Sunday. Rev. Mr. Sexsmith taking Mr. Hill's appointments. Mrs. Glass, of Trenton, is visiting at Norman Rivkiv's. Frank Wales, of Switzerville, has bought out the butcher shop formerly conducted by Frank Miller, and moved into the village last week. Mrs. Robinson and Mrs. Northmore, who have been visiting friends in Guelph and Toronto, returned home on Friday evening last. The dance given by the ladies of St. John's Church was well patronized and it is intended to give another one soon.

At Evergreen Valley.
Evergreen Valley, Jan. 13.—Born

to Mr. and Mrs. John Hamilton a daughter, Marshall Babcock's outfit is sawing wood in this section. Mr. Orser, Glenvaie, had the misfortune of upsetting his steam engine in the water at Lapsis Bridge on his way to W. Hegadorn's to dress clothes. Mr. and Mrs. T. Wallace, Wilton, and Mr. and Mrs. Charles Babcock, Westbrooke, spent Sunday with Mrs. James Hegadorn. D. Babcock, Desert Lake, is renewing acquaintances here. Mr. and Mrs. John Hamilton and family spent Monday evening at W. Hegadorn's. Mr. and Mrs. Miles Snider, at James Hamilton's.

Caintown Personals.
Caintown, Jan. 12.—Mr. and Mrs. N. W. Powell have returned to Brockville. Kenneth Leader is assistant in the store of E. J. Kahnt. Homeo Scott, of the north west is now the guest of James Scott. Miss Beatrice Dickie has returned to Athens high school. Harley Ferguson, who has been at Arlington Beach, N. Y., teaching school for some time, is now home for a few weeks. Arthur Kelly has been re-engaged to make cheese in the factory for next year. Mr. and Mrs. N. Powell have returned to their home here after a short honeymoon trip. Mr. and Mrs. R. H. Graham, of Guelph, have returned to their home after spending Christmas with her mother, Mrs. Nancy Teagart. W. A. Graham spent Saturday and Sunday at Lyndhurst. Miss Edith Poirer, Brockville, was up home for Sunday.

Things At Kepler.
Kepler, Jan. 04.—The W.M.S. met at Mrs. W. Orser's on Monday. There was a good attendance. T. J. Garretts is hauling wood from Sydenham. Mrs. Donnell has returned home after visiting friends in Kingston. L. Orser has returned from visiting her sister at Sharbot Lake. Hubert A. Townsend is taking a course at the Dairy School, Kingston. Miss Redmond has returned to Syracuse, N.Y. Harry Buck and wife visited at John Dartman's, Newburgh, recently. The ladies' Aid met at Mrs. Herbert Buck's yesterday. They are sewing for the soldiers. Visitors: Mrs. Roseaver, city, at Hiram Warriman's; Olive Snook, Desere Lake, at Ambrose Orser's; Mrs. William Cordukes, at Herbert E. Johnston's; T. F. Lawrence, wife and daughter, at George Lawson's; Miss Lillian Babcock, city, at the father's. Rev. Mr. Shortall is to preach here on Sunday morning. Wellington Orser and wife visited friends at Wilton recently.

Wellington Budget.
Wellington, Jan. 14.—Dr. Kidd, of Trenton, was in town on Thursday. Herbert McDonald is in possession of some fine stock. Miss Young of Picton, is the guest of her sister, Mrs. H. S. Harrington. W. H. Aleya, of Concession, and wife were the guests of Mr. and Mrs. Feddick. Mr. and Mrs. Merrick Postler, of Hollowell entertained company on Tuesday night. It is reported that a flying machine was seen passing over Greenbush last week. This is the second one that has been seen. James Turner, of East Wellington, died on Thursday evening. W. A. Foster, of Coon Creek, was in town Thursday. Mrs. Bert Davison is confined to her house through illness. Mr. and Mrs.

Garratt Pettigill, of Winnipeg, were the guests of his mother, Mrs. William Clinton, last week. Miss Cora Zuleit, who has been confined to the house, ill of pneumonia, is able to resume her work again.

Taylor Locals.
Taylor, Jan. 13.—A number of the young people gathered at the home of Mr. and Mrs. Alexander Redmond and spent an enjoyable evening in dancing. A number of the young people attended the St. John's chicken supper and dance in Guelph on Tuesday. Mrs. James Birmingham who has been ill, is convalescent. Miss M. Walsh has returned to resume her duties as teacher after spending the holiday at her home. C. Sly was in Picton for a few days, but has returned. Hadden Sly spent a week with friends at Perth Road, N.Y., and Mrs. R. J. Stanley of Keelville, at W. W. J. per's. Miss Bertha Birmingham has returned after visiting friends at Sunbury. Visitors: T. Marshall, at Delbert Marshall's; E. McCaig, at Batterside; W. McPherson at J. McCaig's.

Bongard Items.
Bongard, Jan. 13.—Misses Helen Harte and Lillian Thompson have returned to take charge of schools No. 2 and 3 after spending their holidays at their respective homes in Oates and Eldorado. Allan Harrison entertained a few of his friends on Tuesday evening. Arthur C. Harte, a former teacher of this place, but now of Fort Guelph, Sask., has returned home after spending a few days with his sister, Miss Hazel Kingsley is visiting her sister, Mrs. T. Bongard. On Thursday evening, Miss Ethel Hicks entertained a number of her friends and an enjoyable time was spent in music and games. L. Pierce is sawing wood in this neighborhood. Estelle Eaton is visiting friends in Picton. The ice on the bay is good and the young people are enjoying skating. A number of young people attended the play at Waupoos on Friday night. Mrs. W. Cory has returned home after spending the time with her daughter in Oshawa. The sleighing is about gone and the mail carrier has to take a buggy.

Langhoro Council.
Sydenham, Jan. 11.—Council met Monday. The following took part and qualifications of office: Reeve, J. Stones; councillors, William Ennis, Edward Harer, J. F. McKroy and David Walker. On motion, Ennis, Walker, F. Lawrence and Bertrand Sills were appointed auditors, salary, \$15 each. The following were assessed: were received from Herman Buck, William Guthrie and E.G. Ruttan. On motion, Ennis-McRory, William Guthrie was appointed; salary, \$55. G. W. Geuss was reappointed member of the Board of Health. Moved, Ennis-Walker, that he resign his position as sanitary inspector; salary, in proportion to service rendered. Carried. Moved, McKroy-Harker, that the treasurer is hereby authorized to pay the printing accounts of the Standard, Whig and Jackson Press. Moved, Ennis-McRory, that the grant of \$15 toward the cost of same and the balance to be paid by the applicants. Carried. Accounts paid: Clerk, election expenses, \$47; S. Robert, supplies to O. Arnold, \$5.30; J. Dymond, shovelling snow, \$7.20; Levi Creamer, balance due on job on. Bailment road, \$2. Council adjourned to meet at 1 p.m. Monday, March 1st.

THE LATEST TIDINGS

PRESENTED IN THE BRIEFEST POSSIBLE FORM.

The Whig's Daily Condensation of the News of the World From Telegraph Service and Newspaper Exchanges.
Manitoba legislature will convene on February 9th.
Ex-Mayor Taylor was elected mayor of Vancouver by a majority of 674 over his nearest opponent.
Peter Dempsey, eight years of age, was fatally hurt when trying to get a ride on a lorry in London.
A compromise has been proposed by the United States regarding the steamer Dacia.
George Carr, a veteran railwayman from Brockville, dropped dead at the home of his son.
It is probable that all war scenes will be banished from moving picture films displayed in Toronto.
A. J. Russell Snow, K. C., is now registrar of aliens at Toronto, Judge Coatsworth having resigned.
The Regina Province has discontinued its morning edition, and the Regina Leader its evening edition.
Paris hears that the bread famine in Germany is becoming more acute.
The government has commuted the sentence in the case of Mariano Morero, to have been hanged in Vancouver for murder.
Dr. Forbes Godfrey, M. P. P., protested against the retention of Dean Fernow of the faculty of forestry on the Toronto University staff.
At Guelph over fifty men have volunteered for the third contingent while eighty-five have been accepted at Galt.
Ethel Greenburg, an eight-year-old child was seriously injured by a stray bullet from target practice in the basement of Keit school, Toronto.

The Winnipeg Telegram announces they are discontinuing the morning edition and will concentrate all their efforts on publishing the afternoon paper.
One million dollars' worth of dye stuffs from Germany was the cargo of the steamer Matauzas, which arrived at New York Thursday night from Rotterdam.
The resignation of Rev. R. E. Knowles, the author-prophet of Knox Church, Galt, will be submitted to the Guelph presbytery. Mr. Knowles' health is stated to be completely wrecked.
Morgan, Grenfell & Co., New York, are about to be appointed financial agents to the British government.
Humphrey B. Young, a former resident of Brockville, died suddenly in Winnipeg.
Former Assemblyman Lewis W. Day, sixty-five, died suddenly at his home in Sacket Harbor, N.Y. Mr. Day's death was due to heart disease. He was born in Sacket Harbor and always lived there.
At Watertown, N.Y., William A. Stewart, district manager of the Standard Accident Insurance company, took his life by drinking poison. The reason for this act is not known.
Mrs. May R. Thornley, London, one of the foremost W. C. T. U. workers in Ontario, heartily endorses N. W. Rowell's proposal to join with the government in closing all social drinking places in the province during the war.

Charged with arson in connection with the destruction by fire in October last of his summer residence at Montagny, Que., Dr. Bacon, lieutenant-colonel commandant of the 15th Infantry Brigade of the Canadian militia, was summoned before the magistrate at Montagny and allowed out on bail.

10,000 GARRY TESTAMENTS.
Soldiers at Salisbury Plain Join League After Mission.
More than 10,000 of the troops on Salisbury Plain alone have joined the Garry Testament League, and have agreed to carry a testament with them and to read a chapter daily," writes George T. B. Davis, secretary of the movement, which started with a five-day mission at the big camp conducted by Charles M. Alexander. The Y.M.C.A. marquees, where the meetings were held, were crowded, and the response to the evangelist's appeal was remarkable.

S. D. Dinick, secretary of the league in Canada, states that during 1914 there has been an increase of 282 local branches and 36,046 members.

THE LATE JAMES CASSIDY

He Was a Promising Young Resident of Centreville

For the past twelve months the community and parents with alternating hopes and fears, have watched the course of the disease which has held James Cassidy, Centreville, in its grip, and have finally witnessed the triumph of death. In spite of loving care and the best medical attention, this promising young man of Centreville peacefully passed away on Friday evening, December 25th, 1914, at 4:15 o'clock.

James Cassidy, eldest son of Mr. and Mrs. John Cassidy, was born in Centreville, Ont., His early childhood and school days were spent in Centreville, and later to the High School, Newburgh, where he won the friendship of all who came in contact with him. James was an extremely bright boy, loved by everyone who knew him. During his teens, doctors and friends alike came to admire his quiet fortitude and uncomplaining nature, and he was looked upon as an ideal patient, one who never complained and always had a smile for the attendants. Through his long illness of twelve months he maintained his cheerful and hopeful ways, and made the struggle seemingly the easier for the anxious watchers at his bedside.

To his family and many young friends death came with a shock and leaves its sting, and the community joins in extending sympathy to the stricken ones. Death again has chosen a shining mark.

The funeral took place on Monday morning in the Church of St. Anthony of Padua, where a solemn requiem mass was sung for the repose of his soul by Rev. Father O'Farrell, Centreville. From Centreville, as well as other sections of the county many friends were present to pay last respects. The pall bearers were Anthony McKeown, Leo Donohue, Leo Flynn, J. Whalen, Vincent Kennedy, Daniel O'Reay, Deceased leaves sorrowing parents to bear their first bereavement, two sisters, Evelyn and Irene, and one brother, Frank. The family are deprived of a bright and useful son and brother, and while they lament the loss they have sustained, they cherish the fond hope that he has been called to the enjoyments of a brighter and happier world.

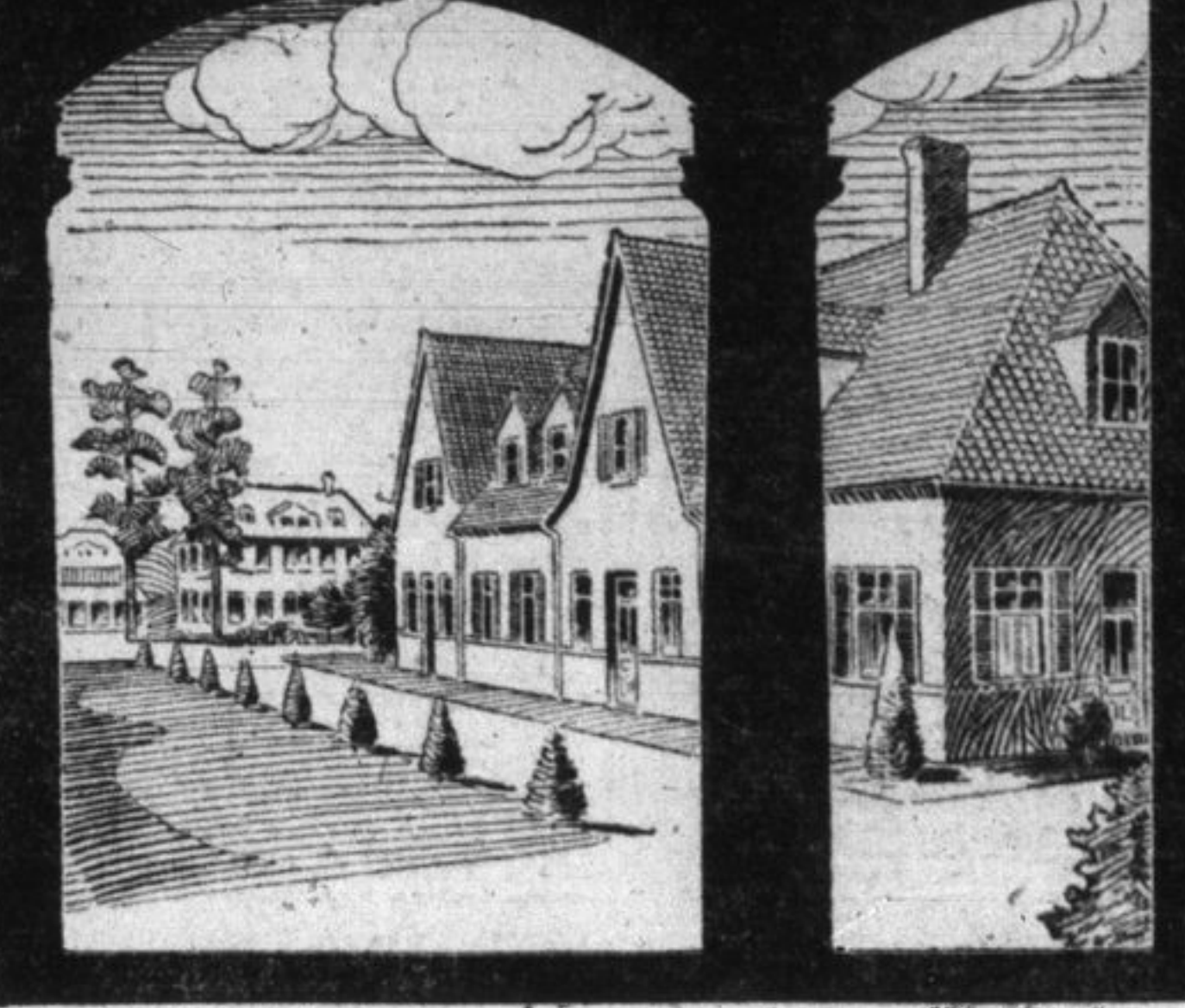
It's a wise European father who brings his son up to be either a doctor or an architect.

Sunlight Soap

and water makes your home sparkle with cleanliness—just like all nature sparkles on a sunlit morning after rain.

Sunlight is the purest of all household soaps—with a gentle strength that moves dirt quickly but without the slightest injury to fine fabric or dainty hands. On sale at all grocers—

5c.

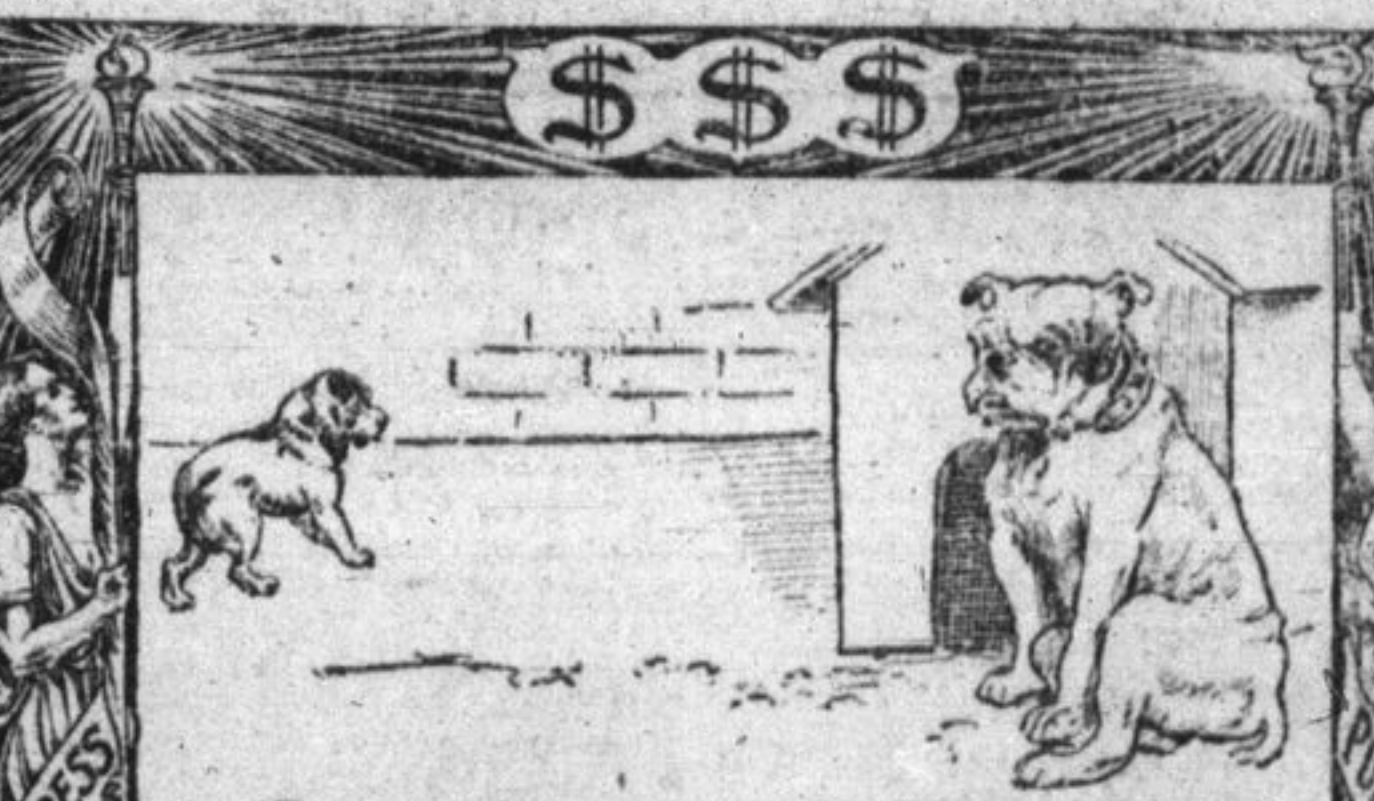


IT STAMPS ONE OUT OF DATE
To Use "White Phosphorous Matches"

It is now illegal to make "white phosphorous" matches. In a year's time it will be unlawful to sell them.

If you're strong for efficiency—for "Made in Canada" and "Safety First," you will use

EDDY'S "SESQUI" NONPOISONOUS MATCHES



Once Bitten—Twice Shy.

Advertising may make a poor article sell for a while, but the most persistent advertising would not induce you to make a second purchase of a thing that turned out to be fraudulent, and the profit on the first sale would never pay for the advertising.

Do you not think the advertisers know this? They fully realize that the very first essential of success is to have something worthy, something that people want and will keep on buying.

If you see a thing advertised regularly week after week, year after year, it is safe to conclude that it possesses actual merit and is well worth its cost.



MADE IN CANADA

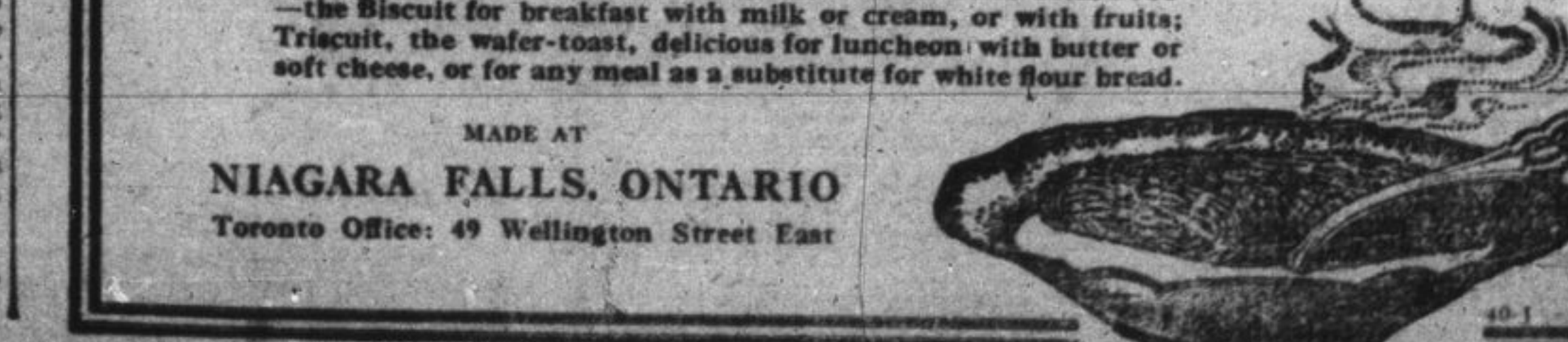
Full of "pep" and "snap!" The man who cuts out meat and other heavy foods and starts the day with

SHREDDED WHEAT

will be surprised at the mental "pep" and "snap" he is able to put into his work. He will feel a mental buoyancy and lightness that can never come from high-protein foods. Shredded Wheat builds strong, brainy men who are fit to fight the battles of the Empire.

Shredded Wheat is made in two forms, BISCUIT and TRISCUIT—the Biscuit for breakfast with milk or cream, or with fruits; Triscuit, the wafer-toast, delicious for luncheon with butter or soft cheese, or for any meal as a substitute for white flour bread.

MADE AT
NIAGARA FALLS, ONTARIO
Toronto Office: 49 Wellington Street East



Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

OF INTEREST TO YOUNG WOMEN.

As regards the question of formal frocks for young women, it looks very much as though the basque bodices and full, circular skirts will lead the style. This charming creation may be inexpensively carried out in white chifon and lace, with just a dash of color at the neck and wrists.

The dress requires 3 1/2 yards 36-inch lining and 4 1/2 yards of chifon. One and one-quarter yard of 48-inch lace will be sufficient for the yoke and sleeves. In connection with the touch of color, fringe or narrow fur may be used.

After the lining is made and fitted (a lining will not be necessary for the skirt, if heavier material than chifon is used), make the sleeves. First close the seams, matching the notches; then turn under extension on slit perforations, and lap to small "o" perforations. Sew in arm-hole without fullness.

Now join skirt seams as notched and close back seams, leaving edges free.



above large "O" perforation for placket. Form inverted pleat, creasing on slit perforations; bring folded edge to center-back seam and press.

Close back seam of tunic from large "O" perforation to lower edge; finish edges above placket. Gather upper edge between double "TT" perforations. Turn under lower edge 3 inches for hem. Arrange on skirt, centers even; stitch upper edges together. Sew to lower edge of waist over belt, centers even.

For the bodice, close right side seam as notched. Gather between double "TT" perforations. Adjust tape the length of stay underneath gathers, notches even, arrange on lining, centers even; bring edge 1 inch above double "o" perforations, sew as notched and if the design is desired for practical wear, it may be developed entirely in crepe de Chine, taffeta or French cashmere.

Pliny white chifon and lace could not be used to better advantage than in duplicating this frock. A bit of color may be introduced at the neck and sleeves, if desired.

Pictorial Review pattern No. 5973. Sizes 14, 16, 18 and 20 years and 22, 24 and 26 inches bust. Price, 15 cents.



5973