

HAD SAME COUGH FOR SEVERAL YEARS

Woman Fifty Years Old—Coughed More or Less Since Childhood—Found No Relief Until She Got Vinol.

Dayton, Ohio.—"I want everybody to know what Vinol has done for me. I am now fifty years old and ever since I was a young girl I have had a cough most of the time, and sick headaches which left me weak and with no desire for food."

"I took all kinds of medicines but nothing seemed to do me any good. Finally my druggist asked me to try Vinol, saying that if it did not help me he would refund my money. I felt so much better after taking one or two bottles. I bought more. Now my cough is entirely cured. I have no more sick headaches. I have a good appetite and feel better than I ever did in my life, and I cannot recommend Vinol too highly."—Mrs. J. C. SCHNEIDER, Dayton, Ohio.

Vinol is not a secret nostrum, simply a combination of the medicinal elements found in cod livers, together with tonic iron, contains no oil and is delicious tasting. We ask every man or woman in this vicinity suffering from chronic coughs, colds or bronchitis, and every weak, run-down person to try Vinol.

George W. Mahood, Druggist, Kingston, Ont.

AN ARROW Notch COLLAR. Scott, Peabody & Co., Inc., Boston, Sales Dept., Montreal

St. Lawrence Sugar. Buy St. Lawrence Sugar in original packages.

St. Lawrence Sugar. Buy St. Lawrence Sugar in original packages. Un-touched from refinery to your cupboard.

THE THERAPON. The best medicine for all ailments.

Tell your Shoeman you want CAT'S PAW CUSHION RUBBER HEELS.

WISE AND OTHERWISE

Some housekeepers fail, because they have too many rules and not enough common sense.

Love is a fire, we are told, but you have to keep putting fresh chips on it to keep it going.

Don't fret yourself to death. Fretting is the principal ingredient in the devil's prescription for developing unhappiness.

It is no honor for an eagle to vanquish a dove, nor a strong man to abuse a woman.

An Ode to Lookout. A great, dark shadow in the mist, uplifted face by storm-clouds.

Reckless grown! heart-broken, sad-faced, angry king! Smarting silently 'neath the sting of some great wrong.

Unmindful of the hoary frosts, of damps and dews—

Resignedly! Behold the storm clouds fly.

List! 'tis Lookout's winter song! —C. J. Webster



Jack (at 11.30 P. M.)—Can I get you to say "yes?"

Maud (stiffing a yawn)—That depends on your question. Try asking me if I am sleepy.

The Trouble. "Any married man can be happy if he wants to," observed the Old Fogey.

"Yes," replied the Fool. "But most of them don't make it until after midnight."—Cincinnati Enquirer.

War's Privations. Nell—May's complexion isn't what it used to be.

Belle—The ravages of war. The domestic isn't equal to the French rouge.—Puck.

"Don't Whine." Men and women in God's image were not made as whining, groveling beings.

To labor well and joyously; To take the gifts of Providence, whether they be joy or sorrow, and bear them, cheerfully and with courage;

To add ever something to the world's store of happiness, if it be only a smile.

Look up! See how flooded with sunshine this beautiful world is, when faced with smiling eyes.

If you would win anything, do anything, be anything, don't whine.

Saving Food. "These summer girls say they would rather dance than eat."

"That suits me," declared the proprietor of the summer hotel. "Close the dining room an hour earlier and let the fiddlers tune up."—Kansas City Star.

A More or Less Dry Remark. "I've invented a boat made entirely of cork."

"Who will man it?" "Oh, I am the cork's crew."—Exchange.

Pointed Paragraphs. Adam was the first man to throw a race.

Two heads are better than one—in a kissing match.

There may be germs in kisses, but every girl thinks she is immune.

It costs a lot of money to bring up a boy so that he won't be able to support himself in after years.

Enjoy your little while the fool is seeking more.

The higher you climb into the tree of popularity the more serious the fall.

It is an ill bird that betrays its own nest.

It is better to give one shilling than to lend twenty.

Improve by the errors of other people, rather than find fault with them.

Man's Mistake. Man's attitude towards his mistress is various and peculiar:

Some do not see them; Some will not see them; Some see without changing; Some see and deplore, but keep on; Some make the same mistake over and over again, in principle, no in form;

Some blame others for their own mistakes; Some condemn others for mistake seemingly unconscious that they themselves are committing similar ones;

Some excuse their mistakes by saying that others do the same things, as though a disease were less dangerous when it becomes epidemic in a community.

HE SLEW SENTRIES

"Blackbird" is Credited With Having Been an Englishman.

When the Germans were besieging Paris in 1870-71 the French sentries on the outer fortifications facing Mont Valerien were much disturbed at the exploits of a mysterious individual whom, because of his eccentric dress and appearance, they nicknamed "The Blackbird."

One day after night this extraordinary man would saunter forth, armed with a Russian musket, and stalk the unhappy sentries on the ramparts and in the outskirts of the city, as a hunter stalks game. He fired with extraordinary precision and rarely failed to bring down his quarry, whereas shots fired at him seemed to be absolutely without effect.

He used to dress all in black, his face was either blackened or covered with a black mask, so that it was exceedingly difficult to make sure of hitting him. At length, however, after he had accounted for over a dozen sentries, he was killed by a bullet in the throat.

It was then found that he was wearing a concealed coat of mail, very finely wrought, beneath his outer garments, and consisted of a black velvet coat, black breeches, and black silk stockings. On his hands were black gloves, and his face was partially covered by a black steel visor.

Who he was or why he made war on his own countrymen in this eccentric fashion was never known.

It is rather remarkable that an Austrian, one of the world's best-known men, should have held the King's commission in the British army, but such was the case until the man in question resigned and returned to fight for his native country.

This is Major-General Sir Rudolf Slatin Pasha, late British inspector-general of the Sudan, who was married in Vienna recently to the Baroness Alice von Ramberg, daughter of the late General of Cavalry, Victor Baron von Ramberg and of the Baroness Ottilie von Ramberg, nee Countess de Broda.

The grandfather of the bride, the late General George, Baron Ramberg, when a young captain in the Austrian cavalry, was attached to the personal staff of the Duke of Wellington at the battle of Waterloo.

Slatin Pasha's career is one of the most adventurous and romantic on record. He is fifty-seven years old, a native of Vienna, and began life as an officer in the Austrian army.

In 1878 he visited the Sudan, and in 1879 the British Government appointed him governor of Darfur.

He was captured by the Mahdi and kept a prisoner for eleven years. He was knighted by Queen Victoria and was appointed inspector-general of the Sudan in 1900.

To Scotland's Poets. One of the finest memorials in the world commemorates a poet, the author of "The Lady of the Lake" and "Marmion." This is the Scott monument, the chief ornament of Princess street, Edinburgh. The poet is seated under a magnificent canopy, and by his side is his favorite colt, Maidie.

This remarkable memorial also shows the correct likenesses of 16 other Scottish poets and statesmen of 64 of Scott's "characters."

Scotland has another beautiful statue to a poet, but very few people see it in comparison with the crowds who view the Scott monument, for it stands—or, rather, sits—beside St. Mary's Loch in Ettrick Forest.

It commemorates James Hogg, who was called "The Ettrick Shepherd," and, as in Scott's case, his dog, too, enjoys a twin immortality—the faithful sheep-dog Luthie, which was the poet's constant companion for many years.

Miss Hozier's Mission. Mrs. Winston Churchill, with responsibilities and a perambulator at home, has not gone to the front as a nurse, but her sister, Miss Nellie Hozier, would let nothing keep her in England while Belgium was full of wounded.

With no special training in medicine, she was obliged to join a little expert band of doctors and nurses as interpreter. Not one of her companions knew French or German, and though a wounded man can make anybody understand what he wants to drink of water, his foreign friends are often left in the dark as to his more elaborate needs.

Miss Nellie Hozier has a fund of the high courage that goes with high spirits. She was in the first flight of young women to loop the loop at Hendon.

Ready Retort. In the days when Rowley Hill was Bishop of the Isle of Man one of his clergymen, bearing the name of Tears, came to say adieu to his bishop on getting preferment.

The parson said: "Good-bye, my lord. I hope we may meet again, but I fear not in some better place."

The bishop replied, "I fear the latter is unlikely, as there are no Tears in heaven."

"No doubt," wittily answered the parson, "you are right, that our chance of meeting is small, as one reads of the plains of paradise, but never of any Hills there."

Did Battle With Hammer. A company of British dragoons, called unexpectedly into action, were accompanied by a heavy carrier, who armed only with a sledge hammer, gave a good account of himself.

Joys are our wings, and sorrows are our spurs. A good many ball players are continually going out on strikes.

When you come to the parting of the ways, take the uphill road.

PERNICIOUS INSECTS

Scientists Are Studying the Habits of the Rat Flea.

Important investigations have of late been directed towards the discovery of how long a flea may live. This is more important, if possible, to discover about fleas than it is about flies and mosquitoes.

Fleas, too, are bearers of many vicious parasites which disseminate all sorts of diseases.

The rat-flea of India, the Philippines and other places is the happy hunting-ground of the bacillus which is the source of bubonic plague. The fleas of the gopher, the chipmunk, the squirrel, the beaver, and the prairie-dog also seem to harbor plague bacilli.

The British rat-flea is the one which has been most carefully studied as to its length of life. It seems to pass through its infancy, school days, youth, middle age, and senile decay within three weeks. If the days be dark, dreary, damp, and hot it lives its allotted span of life in ten days or less.

Professors Gaultier and Raynaud have just announced their experiments that the rat flea, when fed on food which has been kept in the refrigerator, lives on for forty-one days, much to the surprise of the whole scientific world.

Moreover, these workers unearthed another startling fact. Fleas placed in a sealed jar with refrigerators on food which was kept in the refrigerator, quite merrily for forty-one days, much to the surprise of the whole scientific world.

Dr. William Meill, an animal psychologist, announces that the rat flea can jump away from the rat, its host, unwillingly, though it would live on air, water, vegetation, or nothing at all for at least one week.

Then like a bareback rider in the circus, it hops upon the back of some unsuspecting, innocent rat.

This period of survival is longer in cold weather, and the flight of the flea in warm ones and in the presence of excessive dryness as well as excessive moisture seems to send fleas to a premature grave.

Most worrisome, however, of all these new facts about fleas, so far as sanitary science and the protection of health are concerned, is the discovery by Dr. Nicoll that unborn embryos and fleas' eggs will live as long as a year in sawdust, dirt, grain, clothes brushings and the like.—South African Sunday Times.

Famous Battle Speeches. Much might be written of historic battle speeches of commanders. Nelson's utterances must, of course, take the first place, not only because of their undoubted authenticity, but because each of his great victories was preceded by its own particular motto.

"Victory or Westminster Abolition," was his battle cry before the opening of the Battle of the Nile. "I have only one eye, and have a right to be blind sometimes," he said at Copenhagen as he placed his telescope to his blind eye when the signal for recall was hoisted on the admiral's flag.

"I really do not see the signal," he added, and sailed on to victory.

The immortal "England expects every man to do his duty" flew at Trafalgar, where the hero fell, the original sentence being "England expects that every man who takes part in the present war will do his duty."

Waterloo (the site of which was again a battle-ground) was productive of several famous phrases. Wellington's "up guards, and at 'em!" was endeared to our hearts by every true Briton, though unfortunately the Iron Duke denied having used the particular words. In all probability he said something like "Stand up, Guards."

Totting It Up. Captain Godfrey, who wrote the first book on British boxing—"A Treatise on the Useful Science of Defence"—once appeared in the ring at the Serjeant's Bench as a friend for three thousand pounds. Although Serjeant Willoughby, the opposing counsel, knew well that the captain was good for a larger amount, he insisted on proof that he was worth as much. Slowly the captain recited particulars of his means, and finally Willoughby said there was still "not enough by sixty pounds."

"Well, as to that," said the captain, "I have the note of hand of one Serjeant Willoughby for sixty pounds, and I hope he will soon have the honesty to pay me."

There was a roar in court, and the serjeant looked very foolish, especially when the presiding judge, Lord Mansfield, remarked: "Well, brother, I think we may accept the ball."

Legend of Drake's Drum. According to the legend, Drake's drum is to sound again, "when England was in danger," but the suggestion of a correspondent of The Pall Mall Gazette that it should be beaten at some of the recurring stations will certainly not be adopted. It is a venerable, and probably in these days a noiseless relic; and if it is ever to be beaten it should only be by the ghost of Drake himself.

One like to borrow the Japanese idea in these days of this kind, the bones of our mighty ancestors are watching and fighting on the side of their descendants.

The drum still hangs at Buckland Abbey, where it is a cherished possession of Lady Elliott-Drake, whose book on "The Family and Heirs of Sir Francis Drake" contains an illustration of it.

Another Vowel. Dr. Barton warden of Merton College, Oxford, was the oddity of his time. As he was a man of remarkable sympathy, people told him everything that happened. A gentleman coming one day into his rooms told him that Dr. Vowel was dead.

"What!" said he. "Vowel dead? Thank heaven, it is neither 'u' nor 'i'!"

Though eggs may not be unscrambled, plucked officers may be recreated.

In the process of leveling all rank love also levels a lot of good sense at times.

DUM-DUM BULLETS

They Were First Made at the Woolwich of India.

The origin of the name and the cause which led to the invention of dum-dum bullets form a story which seems to be little known, but which is of peculiar interest in view of the fact that the Germans are accusing the allies of using them in contravention of the articles of warfare laid down by The Hague Convention which prohibits the use of soft-nosed or explosive bullets.

To quote the actual words of the rule relating to dum-dum bullets, "The Powers agree to abstain from the use of bullets fitted with a hard envelope which does not entirely cover the core, or is pierced with incisions."

It was the British troops in India that first brought into use the dum-dum bullet. In the petty wars on the northwest frontier of India our soldiers were often exposed to night attacks in camp by fanatic tribesmen known as Ghazis, or fighting dervishes, and it was found that the rush of men of this sort at close quarters was not to be stopped by the needle-point of the modern rifle bullet, and that it was absolutely necessary to make the bullets more effective in these special circumstances.

This was done by removing from the nose of the bullet a small portion of the nickel mantle that covers it. The effect of this was to make the lead penetrator of the diameter of a lead pencil to that of an old-fashioned sword-bulleted bullet, and had a sufficiently stopping effect. The British troops, however, never used the bullets anywhere except in the circumstances related.

The same dum-dum was derived from the town of Dum-Dum, four and a half miles from Calcutta, where the bullets were first manufactured. Dum-Dum, which has been described as the Woolwich of India, and was for a long time the headquarters of the Bengal Artillery, was it is interesting to note, the centre of the first open manifestation against the proposed cartridges in the Sepoy Mutiny in 1857.

It is pointed out, however, by Mr. F. C. Selous, the famous big-game hunter, whose knowledge of rifles and shooting is probably unequalled, that the new-pointed bullet, itself a German invention, and now for the first time employed in the warfare in Western Europe, inflicts at short ranges more grievous wounds than any form of soft-nosed expanding bullet.

These pointed bullets, it seems, are as likely to cause an animal to strike a man or an animal at short range, with the result that although the hole caused by the entry of the bullet is small, round, and clean-cut, the skin is often torn open where they pass out on the other side. Mr. Selous relates how on several occasions he has found one of these long, solid pointed bullets, absolutely unimpaired in shape, lying broadside under the skin of an animal, through whose body it had torn a large lacerated wound.

At long range, however, when the velocity of the bullet has slowed down, they do not cause such serious wounds.

Regimental Nicknames. Many of Britain's finest regiments owe their nicknames to some humorous or adventurous incident in their history. Thus the East Yorkshire Regiment is known as the "Snappers."

In memory of an occasion when the men of Picardy having failed, they continued to snap their rifles in the face of the advancing enemy with such vigor that they turned tail and fled. The 7th Dragoon Guards own the honorable title of "Strawboots."

The fact that at Warburg, when their boots were worn out, they swathed their feet in straw bands, and the 11th Hussars have been "The Cherry Pickers" ever since. It is said, some of them, in the Peninsular War, were captured by the enemy in an orchard.

Even more interesting is the nickname, "Pontius Pilate's Bodyguard," borne by the 1st Foot, of which the following story is told: When the regiment was in French service, a dispute arose between it and the 1st Regiment as to which was the older. The men of Picardy claimed that they were on duty on the night of the Crucifixion, whereupon the Britons retorted that they were also on duty and very wide awake when their rivals were sleeping, for they were acting as bodyguard to Pilate himself.

A Cruel Jest. Samuel Rogers, the poet, resided with Lady Holland and amused himself by exacerbating her fears of illness and death. During the cholera epidemic Lady Holland was a prey to indescribable terrors.

She could think of nothing but precautionary measures and on one occasion was describing to Rogers all that she had done. She enumerated the remedies she had placed in the next room—the baths, the apparatus for fumigation, the blankets, the mustard plasters, the drugs of every sort.

"You have forgotten the only thing that would be of any use," observed Mr. Rogers.

"And what is that?" "A coffin," replied the poet.

Lady Holland faint.—"Memoirs of the Duchesse de Dino."

Kafir Swimming Feats. The Kafirs are great swimmers. They can do things in the water which other folk would look upon with astonishment.

For example, a Kafir boy can ford a stream shoulder high, running as swiftly as if shot from a torrent. The way they accomplish the feat is thus: Just before entering the water they get a huge stone, sometimes as heavy as themselves, and with the help of a companion place it upon the head.

A weight like this gives the boy balance, and he can keep his footing against the heaviest stream. If he were to drop the stone he would be so light that the water would sweep him off his feet. And this is just one of the Kafir tricks against tide and flood.

A student of human nature says that only women ever return borrowed umbrellas.

Imagination is responsible for half of our troubles—and our fool actions for the other half.

Don't Neglect THROAT Troubles. because the swollen glands and inflamed membranes often affect other tissues and impair their healthy action.

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