

# "(BRONCHITIS) NO HOPE BUT

Mr. Jos. Harris of Elder's Mills, Ont. writes: "Some time ago I was stricken down by a very severe attack of bronchitis. I could hardly breathe, in fact was in such a serious condition that the doctor said there was practically no hope of recovery. PEPs were advised. I tried them and could feel an improvement almost at once. I continued using PEPs and in a short time my bronchitis was a thing of the past."

PEPs are something entirely different. Unlike ordinary cough mixtures, syrups, etc., they do not attempt to cure an ailment of the throat, chest, or lungs, by going to the stomach. PEPs go to the lungs and breathing passages direct. Each little PEP contains the warming, healing, stimulating vapors of the pine forest, together with other medicinal extracts. As soon as a PEP is placed in the mouth, these health-giving fumes are released and are breathed down the throat and bronchial tubes direct to the seat of the trouble!

For coughs, colds, bronchitis, hoarseness, sore throat, asthma, and all ailments of throat, chest, and lungs, PEPs are the latest and best cure. All druggists and stores, 50 cents box, or post-paid for price, from PEPs Co., Toronto, Winnipeg, or Montreal.

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Send this advertisement and name of paper to PEPs Co., Toronto, Winnipeg, or Montreal, with I. C. stamp, and we will send free trial package.

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Choice Candies of all kinds in bulk or fancy boxes. Also serve all kinds of hot drinks.

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Special attention to students. No acids used, no torn clothes. All work guaranteed.

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**WOMAN WANTS TO HELP OTHERS**

By Telling How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Miami, Okla.—"I had a female trouble and weakness that annoyed me continually. I tried doctors and all kinds of medicine for several years but was not cured until I took Lydia E. Pinkham's Vegetable Compound. I hope my testimonial will help other suffering women to try your wonderful medicine."—MRS. MARY R. MILLER, Box 453, Miami, Okla.

Another woman who has found Health in Lydia E. Pinkham's Vegetable Compound.

Lindsborg, Kansas.—"Some years ago I suffered with terrible pains in my side which I thought were inflammation, also with a bearing down pain, backache, and I was at times awfully nervous. I took three bottles of Lydia E. Pinkham's Vegetable Compound and am now enjoying good health. I will be glad to recommend your medicine to any woman suffering with female trouble and you may publish this letter."—MRS. A. L. SMITH, R. No. 3, Box 66, Lindsborg, Kansas.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

## PIGS

Old Mrs. Gray and Mrs. Bowen had been friends since they both wore checkered sunbonnets. And they would have been friends yet, according to Mrs. Gray's grim, puckered lips. If Mrs. Bowen would not keep a pig.

"Goodness knows why she keeps it," scolded Mrs. Gray to young Mrs. Jennings, who had run in with her embroidery to spend the afternoon. "She can't eat a whole pig this winter. She don't like pork anyway. I remember she got the farrow—a farrow, wistful look came into the dim old eyes—how she used to scold because her men folks would mess on pork roast. But it did make me mad when that pig rooted up my dahlias. I sent to St. Louis for the bulbs. If they'd done well I was going to send Della some so she could set 'em on the graves. And when I told her pleasantlike, she said, well she was sorry, but you couldn't somehow fix a fence that pig couldn't wriggle through, and, anyway, she didn't care much for dahlias."

Young Mrs. Jennings smothered suppressed smiles as the old, round blue eyes suddenly raised from the knitting in the old hands.

"Now, was that the way for an old friend and neighbor to talk?" indignantly asked Mrs. Gray.

"Young Mrs. Jennings looked at the clock and exclaimed, "Mercy!" Then she ran home to get supper for young Mr. Jennings. On the way she met Mrs. Bowen, who stopped to give her a bouquet of asters. "Pretty flowers. If they ain't dahlias! I suppose she's kind of peeved because my pig walked over her flower bed. He didn't hurt it a mite. Did she say anything?"

"No," said Mrs. Jennings cravenly. "You and she have been friends a long time, haven't you?" She thought perhaps a little oil would smooth the troubled waters, but it did not.

She hoped, as she ran into the small cottage, that they would make up.

But they didn't. Mrs. Gray missed the weekly meeting at the Ladies' Aid when it was held at Mrs. Bowen's. She said what she didn't feel well, but Mrs. Bowen and others, including Mrs. Jennings, had seen her chase Mrs. Bowen's pig all over her yard that very morning.

"And if she'd only left it alone it'd come home," sniffed Mrs. Bowen in an indignant whisper to Mrs. Jennings.

"And if I hadn't chased it home, it'd ruined my panny bed," wailed Mrs. Gray the next day to Mrs. Jennings in the grocery store.

Then Mrs. Gray had a birthday, and she did not ask Mrs. Bowen over for supper, as was her custom. "I clean forgot it was my birthday," she said in stiff apology afterward. "I was busy housecleaning."

Mrs. Bowen bravely concealed the fact that she had washed and ironed her best lace collar and cuffs for the occasion and postponed her housecleaning. "I was busy too," she said, nonchalantly.

But that afternoon she spent two hours fixing a fence, which the pig wriggled through shortly after supper, and sauntered over to Mrs. Gray's dishcloths bleaching on the grass with the air of a pig returning to a beloved home. Mrs. Gray firmly used the dishcloths for mop rags afterward.

"He just took his snout and dug the ground with 'em," she complained to Mrs. Jennings. "I know it's a wicked wish, but I lay awake nights hoping the chicken or yellow fever'd set this far north and take that pig."

"Oh, Mrs. Gray! expostulated Mrs. Jennings.

"I don't care," she said stubbornly, shaking her head until her spectacles were askew. "I do!"

Wishes are sometimes more potent than people think. Mrs. Gray was amazed two mornings later to miss the pig. And then she heard from the butcher's boy that it had died suddenly.

"It's a shame," Mrs. Jennings stopped in to say, "but I don't wonder you're relieved. I daresay Mrs. Bowen won't mind long."

Mrs. Gray set her lips together. "Yes, she will," she said, aver a pause. "Della does hate terrible bad to lose property. I remember once she lost a white silk muffler. You'd a thought she'd lost a farm. But I should say I am relieved. Only it's too late to set out any more dahlias."

"Ah, well, next year you can," Mrs. Jennings said soothingly.

"Next year—" Mrs. Gray broke off, and seemed to be looking at the past instead of at the future. "Uh-huh, next year."

Then both women started. On the other side of Mrs. Gray's lilac hedge, fronting the street, came a familiar voice.

"Yes, my pig's dead," gloomily.

"I'd promised the preacher a ham, and Nellie—old Mrs. Bowen, I mean—she always did like a fresh slice of loin. And I was sure she and me could have put down some sausage for the winter. She does make good sausage."

"I guess I better go 'in and put clean papers on the pantry shelves," said Mrs. Bowen. "—Did I ever remark to you that Della Gray was a generous-hearted soul? I remember —"

But she waddled in without saying what she remembered. Mrs. Jennings was almost sure the old lips were trembling.

She was quite sure a day later, for Mrs. Gray sent word that she couldn't contribute the \$4 to the foreign missions she had promised. At least not just then. She needed the money. And Mrs. Jennings, who bought the live stock from the farmers and sold it to the city "pick-up" men, said "astonishingly" "Well, old Mrs. Gray, if you happen to see her, that I got her a so-dandy shawl to-day. Four dollars. It'll be delivered some time this week."

"What?" said Mrs. Jennings. "I don't believe it. She wouldn't do it for spite. I don't believe it." And she immediately happened over to see the old lady, who received her and her news sheepishly. "I just thought I'd buy a pig."

"But you—"

"For Della," softly. "She was terrible bothered with that pig. It was a shame the pecky thing must go and die. And she don't get her pension

## SOME POINTERS

Advice For Men Going to the Front. —Useful Hints.

Ten points for men on active service, which will be as interesting to the men of the second Canadian contingent as they were to the man to whom they were written, are given in a letter from Lieut. G. A. Frideau of the 1st Battalion Somerset Light Infantry (Prince Albert's) to a recruit:

One does learn out there very quickly indeed what one wants and also what to do to make oneself comfortable.

I send you the following hints in case you come over here—

(1) If you smoke, a pipe or two are absolutely essential, and you cannot buy cigarettes for use as money, but you do get tobacco as part of your rations. If you don't smoke a pipe now, I would suggest that you get one, so as to become accustomed to it.

(2) Try and get accustomed at home not to drink very much. The quantity one drinks at home is only a habit, and is not necessary. If you come out here you will find most of the water is bad, and it is safer only to drink tea made with boiling water. The whole of the time I have been out here I have never drunk a drop of water, except in tea.

(3) Always carry on you as much food as you can. I have seen many men out here throw away their food rather than carry it. At one time we had no food except what we carried for four days, and those who had thrown their away were very sorry for themselves.

(4) Pay great attention to your feet whilst you are at home, also your hair. If you are at home, you had better get your hair cut every twenty big enough and that they are really soft, especially at the back of the head. If you have to march with sore feet you will find it absolutely hell.

(5) Just before you go abroad, if you do, have your hair cropped quite close all round. You will find it easier to keep clean and more comfortable.

(6) Matches are very scarce out here like cigarettes. Bring some wax matches out with you, and use them only when absolutely necessary. An automatic lighter is a blessing (flint and steel).

(7) If you don't know already, learn how to stew and fry meat properly. Each man generally has to cook for himself.

(8) Take care of your equipment. Try and not drink on the march, as you get the more you drink the more you get.

(9) Get a belt with a pocket in it for any money you take out. As a matter of fact, money is practically no good, as there is nothing to buy after Germans have been through a place.

(10) Don't be contented with being a private. If you have a chance become a N.C.O.

## MUSIC FORMS VITAL PART OF ALL CHURCH SERVICES.

Out-and-out Christians Should Be Chosen as Directors and Organists —Often Accomplishes Much.

Christian Herald.

Music is a vital part of the church services, and should be led, so far as possible, by out-and-out Christians. It is advisable to allow unconverted persons to assist in the choir, if they are reverent, of good moral character, and disposed to be helpful. Such choir work is often the means of bringing them into a spiritual experience and into church relationships.

But, although saint and sinner alike are urged to join in the public singing, people known to be of bad moral character should not be allowed to share in the music leadership. There may be rare exceptions to this rule in the case of one who while not living according to the standards of Christian morality, shows a real desire to be of help in the work of the church. Such a person might be allowed to take an occasional part in choir music, assuming thus be led to the religious life.

An intoxicated man once surprised the leaders of the Bowers Mission by offering to play the organ in the absence of the organist. He insisted upon doing so, charmed both audience and leaders by his wonderful skill, later was converted and became known as the organist, composer and soul-winner, Denke.

A church and choir which makes spiritual life and work its chief aim will be guided into wise decisions in these exceptional cases, but the general rule should be as outlined above.

## Needed Lubrication.

Brown was very impatient that morning, for he was late for business; and the constant stoppage of the motor-bus almost drove him crazy.

He stamped his feet upon the roof of the vehicle, thumped on the sides with his fist, and whenever he saw a wayfarer at the side of the street raising an umbrella to stop the rain, he became bitterly frantic.

"Can't you make this thing go faster?" he inquired, peering down at the driver.

"There's only one thing," said that worthy, "that 'ud make 'er go faster."

"What's that?" asked Brown.

"Oil," was the answer, "but it's a special kind of oil, and I ain't got any."

"What kind of oil is it?" was the impatient Brown's next question.

"Palm oil," replied the driver with significance. "Hand us down a little."

## A Japanese Dog.

Some of the Japanese papers tell of a large dog that for the past quarter of a century has had its home in the Japanese Naval Officers' club at Kure. Naturally the dog has made friends with most of the officers. It is a good-tempered animal, and has never been known to steal anything. In his younger days the dog was quite active and playful, but he now spends most of the time lying and sleeping outside the gate. In rainy weather his bushy back is sometimes covered with club members for a door mat, to wipe their boots upon, but the dog never seems to complain.

Long experience has trained the dog so well that he distinguishes all sorts of bugle calls at their first sound, and from "reville" "lights out" such call finds him at his proper station. A dog who can still attend to the call of duty at the age of twenty-five is a remarkable example of long-life and devotion.

## Ridding Cattle of Grubs.

Grubs under the skin of cattle may be killed in several ways, according to S. Arthur Johnson, Colorado Agricultural college. One common method is to rub down the lumps on the hide with a round stick, such as a broom handle; thus killing the grubs where they are. Oil or lard may be applied to the holes in the hide, which will stop the breathing pores of the grub and kill it. If a little carbolic acid is put in the lard it will help the lard to heal more quickly. By pinching on either side of the lumps the grubs will often be forced out. They should be killed by the foot if they drop to the ground. The holes may be treated with carbolic lard. This method is to be preferred, for it does not leave the grub under the hide to fester.

## An Old, Family-Cough Remedy, Home-Made

Easily Prepared—Costs Very Little, but is Prompt, Sure and Effective.

In making this old-time cough syrup at home, you not only save about \$2, as compared with the ready-made kind, but you will also have a much more prompt and positive remedy in every way. It overcomes the usual coughs, throat and chest colds in 24 hours—relieves even whooping cough quickly—and is excellent, too, for bronchitis, bronchial asthma, hoarseness and spasmodic cough.

Get from any drug store 2½ ounces of Pinex (50 cents worth), pour it into a 1-ounce bottle and add the following ingredients: granulated sugar syrup. Full directions with Pinex, keeps perfectly and is free good.

You can feel this take hold of a cough or cold in a way that means business. It quickly loosens the dry, hoarse or painful cough, and also breaks the indurated membranes. It also has a remarkable effect in overcoming the persistent loose cough by stopping the formation of mucus in the throat and bronchial tubes. The effect of pine on the membranes is proved by almost every one. Pinex is a most valuable concentrated compound of the Norway pine extract, combined with quassial and other natural healing elements.

There are many worthless imitations of this famous mixture. To avoid disappointment, ask your druggist for "2½ ounces of Pinex," and do not accept any other name.

A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Pinex Co., Toronto, Ont.

## PROGRESS OF THE NEGRO SINCE DAYS OF SLAVERY

Religious Herald.

Since 1863 the negro population has increased from 4,500,000 to 10,000,000. This is larger than the combined population of Norway, Sweden and Denmark. The negroes now own church property valued at \$7,000,000. Negro Baptists conduct mission work in five foreign countries. They have 132 stations and ninety-seven missionaries.

In the past five years the negroes of Jacksonville have given \$14,000 toward the erection of a \$50,000 institutional church. More than \$17,000,000 is invested in property for the education of the negro. In 1912 the sum of \$13,000,000 was spent in public schools and in industrial training and higher institutions of learning.

Over 1,700,000 negro children were enrolled in the public schools of the south in 1912-13 and over 100,000 were in normal schools.

In the south negro farmers now operate 890,140 farms and have under their control 42,500,000 acres of farm land. They own \$177,273,875 worth of domestic animals, have in their possession \$5,113,756 worth of chickens and other poultry; their machinery is valued at \$36,861,418; their lands and buildings are estimated to be worth \$273,501,665, and toward the erection of a \$50,000 institutional church. More than \$17,000,000 is invested in property for the education of the negro. In 1912 the sum of \$13,000,000 was spent in public schools and in industrial training and higher institutions of learning.

## Bernard Shaw As a Patriot.

Bernard Shaw has written for our neighbor The Times, an elaborate three-page thesis to maintain:

1. That Great Britain was abundantly justified in making war with Germany.

2. That the explanation given by the British government for making war against Germany was stupid, hypocritical, mendacious, and disgraceful.

3. That he alone is capable of interpreting the moral purpose of the British people in undertaking this necessary work of civilization.

4. That the reason the British government's justification of the war is so inadequate is because the British government is ever so clever as Bernard Shaw.

5. That even in the midst of the most horrible—calamity known to human history—it pays to advertise various patriots, have various ways of serving their country. Some go to the front line to be shot and others stay at home to be a source of innocent merriment to the survivors.—Editorial in The New York World of Nov. 17th.

## The Oldest Handicraft.

The toy industry is one of the oldest industries in the world. The British Museum can show us a doll with strings of mud beads for hair, and others with movable arms, with which the children of ancient Egypt played on the banks of the Nile. Jointed dolls and dolls of the Nile have come down to us from the days of Greece and Rome, and we know that balls, tops and toy animals were favorite playthings at an even earlier date.

Even a child's proposition looks inviting in hot weather.

**COWAN'S SOLID CHOCOLATE MAPLE BUDS**

The wholesome Confection.

Sold Everywhere

**LAUNDERING DONE WITHOUT ACID.**

If you want your clothes to last, you must have them washed without acid. We use no acid whatever. A postcard will bring our boy to the door. We appreciate the opportunity to serve you.

Best Family washing, 40c to 60c.

**CHONG BROS., LAUNDRY.**

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## SPECIAL IN WOMEN'S BOOTS

In Dongola or Gun Metal, with a medium or heavy sole, button or laced.



**\$2.50**

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# The Canada Life way

The Canada Life limited-premium policy, after all its premiums have been paid, continues to receive substantial dividends.

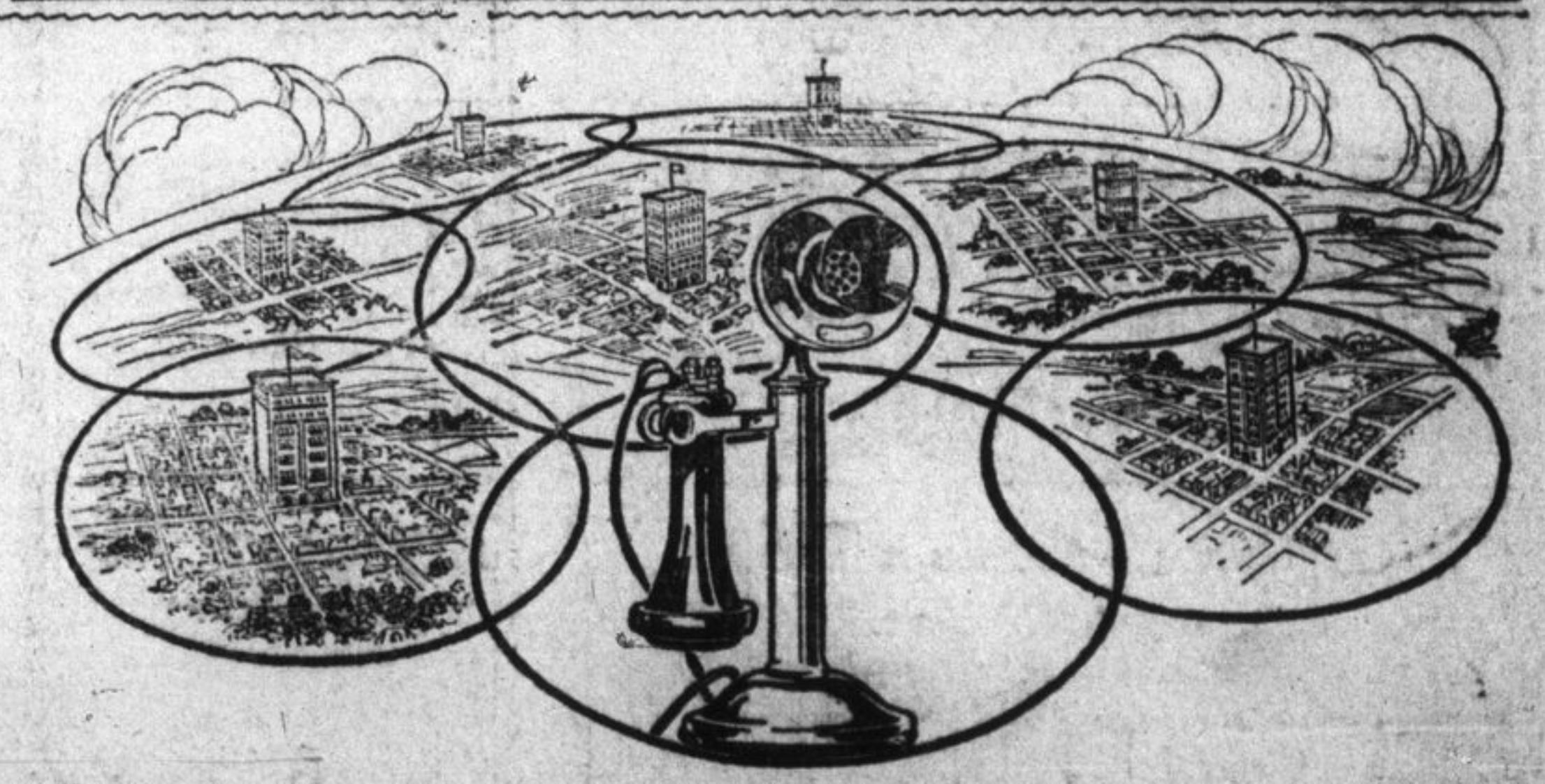
## This may mean hundreds of dollars

to the estate of the assured, in dividends earned by the policy after all premium payments on it have ceased.

**Herbert C. Cox**  
President and General Manager

N.B.—Under many Canada Life paid-up policies, dividends have actually increased since premiums ceased. Examples will gladly be sent on request.

**J. O. Hutton, General Agent, Kingston**



## Not Too Far To Telephone!

THE man you want to reach may not be within your immediate circle, but he's not so far away but that you may reach him by Telephone. From the instrument in your office or your house you can talk with satisfaction either to those within your own talking circle or beyond it to remote interlinking circles.

Consider what this means to your business—the saving in time, labor and travelling expense! We are receiving daily testimony to the value of the long distance telephone as an aid to the economical transaction of business. Men in all lines of business are able to keep things running at normal, and at the same time reduce expense by making methodical and careful use of the long distance telephone. And there is another factor—the buoyancy and optimism resulting from these personal talks between business men is accountable for much of the revival in business.

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