

Listen!

Have you heard about Peps? Peps is a new scientific preparation put up into tablet or pastille form, which provides an entirely new and effective treatment for coughs, colds and lung and throat troubles.

There is no connection between the lungs and the stomach. Suppose something were wrong with your stomach—say indigestion, or ulceration—would you think of taking some medicine which went not to your stomach, but to your lungs? Certainly not!

Why then, when your lungs and chest are affected, should you dose your stomach—an absolutely separate organ—with medicine? Is it not far better to treat the ailing organ direct?

Peps provides a direct treatment for coughs, colds, bronchitis, and all lung, throat and chest troubles. Peps contains highly medicinal essence and pine extracts condensed in a tablet form. You get a direct, steady, and as it slowly dissolves, these reliable essences turn into vapor.

You breathe the remedy to your breathing lungs direct—no swallow it to your stomach, which is not ailing. (See diagram). The healing fumes, thus breathed down, bathe the delicate, inflamed membranes of your breathing-lungs and pass right on to the tiny passages of the lungs—a course no liquid or solid medicine could possibly take.

Peps fumes are healing and anti-septic. They heal sore tissue and kill disease germs. Peps brings pine-forest fumes to your home, instead of you going to the pine forest.

For this cold, that night cough, that touch of bronchitis, don't dose your stomach! The trouble lies in your lungs. Peps goes to the lungs direct and will cure you.

All drug stores and 50c. box. Write for free sample to Peps Co., Toronto, or 62 Princess St., Winnipeg. Send only 1c. stamp for postage and enclosed this advertisement.

TO CONQUER THE COLD

SHACKLETON TAKES SCIENCE'S LATEST WEAPONS WITH HIM.

Two Motor-Sledges Taken on Antarctic Quest Have Air Propellers—Enough Specially Prepared Food Packed in Sausage Skins to Last Through the 1,700 Mile Trip Through Ice and Snow.

Air propelled motor sledges mounted on fat runners like skis form the main reliance of the Antarctic expedition headed by Sir Ernest Shackleton, which is on its way to explore the great continent that surrounds the South Pole. A recent writer declares that in this and many other respects the expedition is better equipped with modern devices than any previous body of polar explorers has ever been.

Details of food supply, shelter and provisions for the general health and comfort of the members of the party have been worked out with scientific care, tested in the snowfields of northern Norway and pronounced perfect.

Five motor sledges will be taken. One of these has a fifty-five horsepower gasoline engine, another a forty horsepower. These two have air propellers, but for use against head winds they are also equipped with positive drive mechanism in the form of toothed drums attached to the rear to engage the ice and snow. In the extremely low temperatures of the Antarctic the snow becomes as loose as dry sand, so these sledges are mounted on fat, skis-like runners to prevent them from stalling.

In a seven-day test in Norway one of these air-propelled sledges, carrying six men, towed another sledge weighing 400 pounds and carrying two men, at a speed of from fifteen to twenty miles an hour. Only a thirty horsepower motor was used instead of the larger ones that have since been installed, with which a speed of twenty-two miles an hour up a 10 per cent. grade with three men on board has been made.

Two other sledges have the positive drive only and are expected to cover about fifty miles a day each on against the 75 to 100 miles of the zero sledges. The engines of these are water cooled, and the water jackets are piped to steam cooking appliances, so that food may be heated while on the march.

The food problem of the Shackleton expedition is a particularly difficult one. Food supplies for the entire journey of 900 miles from Weddell Sea to Ross Sea and 800 miles from the Pole to Ross Sea must be taken along, whereas most polar explorers are able to make caches of food for use on the return journey. So a scientifically devised ration, on which the members of the party have already subsisted for days at a time, has been prepared and enough of it transported to last through the 1,700-mile trip.

Each man will receive thirty-six ounces of food daily, instead of the three pounds which is the average consumption of a man in a temperate climate. The ration consists of dried milk, protein and oats. The rest of the ration consists of Brazil nuts, almonds and biscuits mixed with oil and dried milk. The fat content of the ration is larger than the normal for temperate climates, since the low temperature will place a severe strain on the heat-producing elements of the body, which can only be kept up to normal by plenty of fat foods.

Some London Statistics.—London is rich in charities as well as in many other things. Fifty million dollars is the estimated income of charities in London, which is more than twice the annual expenditure of \$20,000,000 on poor relief.

It is interesting to note that over nine and a half million meals were given to necessitous children in 1913, each child receiving an average of just over five meals. More than seven and a half million books are lent by the public libraries in a year, juveniles taking considerably over one million.

Church Gives Women's Votes.—Women members of the Anglican Church have been given the vote on equal terms with men in church affairs, and will also be admitted as lay representatives on parochial church councils, according to a decision reached at the annual meeting of the representative church council, held in London.

The vote was 158 to 90. Those for the change were 22 bishops, 90 clergy and 78 laity; those against, three bishops, 15 clergy and 72 laity.

BIG AND LITTLE NEUTRALS.



Belgium (to Uncle Sam) "Look here. What about neutrals? Have we no rights?"

GAVE ROUSING SEND-OFF

GEN. HUGHES ACCOMPANIED TO STATION BY OFFICERS.

Americans Enlisting—Big Army Could Be Secured in the United States to Join Allies.

London, Nov. 3.—There is no geographical line separating the United States and Canada where liberty is concerned, said General Sam Hughes, Canadian minister of defence, before sailing for New York on the American liner St. Paul, on Saturday. "Canada has 75,000 more men than she really wants for enlistment in the war. Americans are pouring over the border and demanding that they be permitted to share in the battle in the cause of human liberty and democracy which this war represents. I imagine there are over 1,000 Americans enlisting from South Carolina alone, while I should say that 60,000 men from other states from the border line to Tennessee have offered their services. We had to shut down on them, as we had to do also on Canadians, simply because we had more than enough men, but the spirit of brotherhood shown by the Americans is something we are proud of."

General Hughes said the spirit of the present Canadian contingent was excellent. Every man was happy and anxious to get on the firing line as soon as possible.

General Hughes got a great send-off at London Station. The platform was lined with officers of the Canadian contingent. A squad of pipers from the London contingent skirted him out of the station amid deafening cheers.

FEAR INDIAN FIGHTERS.

Herlin Hears They Defeated Kaiser's Troops in Belgium.

Copenhagen, Nov. 3.—According to news from Berlin the reported defeat of the Germans in Belgium by Indian troops has created a disheartening impression in Germany. The Germans say the Indians are personally much stronger and more nimble than the German soldiers, and it is, therefore, impossible for them to vanquish them in hand-to-hand fighting unless they are much more numerous.

It is reported that the British reserve the Indians until the moment arrives for a hand-to-hand combat. Germany hoped the insurrection in the Transvaal would take place in August, in accordance with secret agreements with Generals De Wet and Beyers, so that the Indian troops would be sent to Cape Town instead of Europe.

Any man can borrow trouble without bank references or security. Many a man's success, like that of an actor is due to a good manager.

The less some men know about anything the louder they talk about it. Occasionally we meet a man who speaks his wife's mind when he talks.

KITCHENER ACCEPTS ATHLETE BATTALION.

And Would Welcome Battalions of Colliers, Bricklayers, Plasterers, Etc.

"I want your battalion of athletes. When you have got them send me a battalion of bricklayers and plasterers—who you will. Let them all be chums working together, knowing each other, and I know they will fight all the better."

The words were used by Lord Kitchener on the occasion of the recent visit he received from Lord Neuburnham and Colonel White, with regard to the formation of a battalion of athletes from Hull. They emphasize in the clearest possible manner the urgency of Great Britain's need for men who, in the words of Field Marshal Sir John French, will "do or die for God, King, and country."

This is no time for croakers, for persons to complain of little obstacles in the way of active military service. Those who are seeking to enroll you are working like Trojans to make trained soldiers of men who have led hitherto a civilian's peaceful life. One of the objects of this training is to create a soldier's spirit, which means in the language of the training manual:

Ability to bear fatigue, privation, and danger cheerfully. To give him confidence in his superiors and comrades. To increase his powers of initiative, of self-confidence, and of self-restraint. To train him to obey orders, or to act in the absence of orders for the advantage of his regiment under all conditions.

To produce such a high degree of courage and disregard of self that he will use his weapons in the stress of battle coolly and in the best advantage.

RUSSIA WELL PREPARED

Ambassador to Italy Says They Will Get Descents

Rome, Nov. 3.—M. Krupenski, the Russian ambassador to Italy, after receiving a long communication from his own government, appeared optimistic to-day regarding what he called "Turkish brigandage." The ambassador said:

"The Turks will get what they deserve, as Russia is quite prepared, having known for a long time of the German machinations at Constantinople, and also that Turkey was only waiting to strengthen her position and to receive definite instructions from Berlin to enter this war."

For this reason a special Russian army was kept in Bessarabia, the Crimea and Caucasus in readiness to face the Turks without removing a single soldier or a single gun from the Austro-German frontier.

"I cannot say what the attitude of the Balkans will be," the ambassador said, "but everybody knows the sentiments of Greece toward Turkey and the sentiments of Roumania towards Russia."

ROCKEFELLER TO HELP THE BELGIANS

Foundation Will Employ Immense Resources in Aid of the Starving.

New York, Nov. 3.—The Rockefeller Foundation has determined to employ its immense resources for the relief of non-combatants in the countries afflicted by the war, and stands ready to give "millions of dollars, if necessary for the purpose."

This was announced by John D. Rockefeller, Jr., president of the foundation. In pursuance of this philanthropy, the foundation will send a commission to Europe in a few days to report first hand as to how, when and where aid can be rendered most effectively. At a cost of \$275,000 it already has chartered a ship and loaded it with 4,000 tons of provisions for the relief of the starving Belgians.

"This action is taken," Mr. Rockefeller says, "as a natural step in fulfilling the chartered purposes of the foundation, namely, to promote the well being of mankind throughout the world."

The ship is the Massachusetts, the largest neutral vessel now in New York harbor, and it will sail Tuesday morning direct for Rotterdam with a cargo of relief supplies. The supplies are consigned to the American consuls at Rotterdam and will be distributed by the Belgian Relief Commission.

INVASION VERY UNLIKELY.

British Scientist Discusses Question Raised by H. G. Wells.

London, Nov. 3.—Regarding the invasion of Britain, Sir Oliver Lodge, writing in the Times, says: "The invasion of Britain is to say the least, unlikely, the invasion of Germany may soon have been undertaken. It is not added to the difficulties of our country by the policy of arming every woman, child, cat and dog is favorably regarded by us."

It is not such a policy a sort of let-handed outcome of the Prussian conception that even their own unarmed civilian population is contemptible and may be slaughtered without mercy if military procedure is resisted, or even if supplies are not forthcoming? I suggest that the fair procedure in the case of invasion is for each individual population is contemptible and combatant, or not, and to incur the danger of an unprovoked and permanent invasion."

COWAN'S PERFECTION COCOA
Rich, delicious, pure
Sole Importers

UNCLE SAM'S PEOPLE

VOLE ON TUESDAY FOR CONGRESS AND SENATE REPRESENTATIVES.

In Six States Also Bitter Contests Have Been Staged Upon Question of Prohibition of Liquor Traffic—Votes for Women Has Filled the Stage in Seven States—Noted Men Drop Out of Politics.

New York, Nov. 2.—For the first time in the history of the United States the voters on November 3rd will directly select one-third of the membership of the United States senate. In consequence added interest is felt in the outcome. In addition to the senators an entire new house of representatives is to be elected. While the European war has interfered to a great extent with the general interest, the last week of the campaign witnesses an old-fashioned revival of spirit. Present indications are that nearly a normal vote will be cast.

In addition to the national feature of the campaign, there are many bitter contests in six states, Ohio, Colorado, California, Missouri, Washington, and Oregon, the voters will pass upon the question of prohibition of the liquor traffic. Woman's suffrage is a distinct factor in seven states. In Ohio, Nebraska, Montana and Nevada the women feel certain that they will win. In North and South Dakota and in Missouri, the other states where constitutional amendments will be voted on, they frankly admit that they will probably be defeated.

The states which will elect United States senators are Kentucky, where a selection is to be made to fill the unexpired term of the late Senator Bradley; Alabama, where the seat of the late Senator Joseph P. Johnson will be filled and Georgia, where the successor of the late Senator A. O. Bacon will be chosen, and the following where senators for the full term of six years will be named: Oregon, Arkansas, Florida, Oklahoma, Nevada, North Carolina, Indiana, South Carolina, Georgia, Maryland, Arizona, Missouri, Colorado, Louisiana, the incumbents now being Democrats; Idaho, Connecticut, Kansas, Ohio, South Dakota, Iowa, Vermont, New Hampshire, North Dakota, Washington, Pennsylvania, California, New York, Illinois, Utah and Wisconsin, where republicans now hold the toga.

"TOMMY" AS A PRISONER.

Good Natured and Willing to Work, Berlin Observer Says.

The daily life of the British war prisoners at work in the concentration camp at Dohberitz, the large open drill ground of Prussian troops twenty miles from Berlin, is described in a recent issue of the Vossische Zeitung. "Tommy," according to the German newspaper, shows no ill-feeling whatsoever toward his Prussian guards, and works well.

"He cultivates the land in the neighborhood, under Prussian direction. He repairs the roads, works in the fields, pulls up weeds in the stretches laid out as gardens, and does the ground where necessary. It is prisoner's work, but not slave's work, that does, and everything is done quietly and good-naturedly. One hears no bad or angry words, no summons to be more diligent, and one notices no unfriendly glances. Often enough the German Landwehrman superintending the party shows how thing must be done by taking the tools into his own hands; and Tommy is quite willing to learn. He even takes pains with his work. Many of the men come from the country and love the soil.

"Each gang is in charge of one of its own non-commissioned officers and is superintended by a man of the Prussian Landwehr. Only the rank and file work, the non-commissioned officers, who, according to military prescriptions, cannot be required to work, stand about smoking cigarettes. Communication between the English and the Germans is carried on by signs, for not one of the 3,000 Englishmen at Dohberitz either speaks or understands a word of German."

The Vossische Zeitung states that the British prisoners did not get on well with the French and Russian prisoners at Dohberitz, and that there was also a distinctly hostile attitude between the English and Scotch prisoners on the one hand and the Irish on the other. The superintendents, it says, were obliged to separate the men into regiments so that the Irish might work alone.

Vennacher Budget

Vennacher, Oct. 21.—Miss Margaret Blair, teacher is spending the week-end with her parents Mr. and Mrs. Hugh Blair, Brooke. Miss Martha Ball, teacher, Matawan is spending the week-end with her mother, Mrs. Charles W. Blair, in attendance. Mrs. Adolph Glaser, Denbigh, is at her mother's bedside most of the time ministering to her needs. Born to Mr. and Mrs. George Hughes, on the 27th inst., a daughter, Jesse Snider, has rented the farm and moved into the house vacated by Charles Briggs last spring. Simon Ball took a large drove of lambs and sheep through here en route to Denbigh to be disposed of there for the foreign market. George Sallans has a contract of chopping for J. M. Brisco, Wilson. Claude Bebee, North Bay, is visiting his parents, Mr. and Mrs. G. B. Bebee. Andrew Gowen has gone to Cache Bay to spend the winter in the woods. Miss Aine Stewart is spending the fall and winter with her daughter, Mrs. G. M. Bebee.

Not Needed.

Two college students were arraigned before the magistrates, charged with hounding the low spots in the road in their motor car.

"Have you a lawyer?" asked the magistrates.

"We're not going to have any lawyers," answered the older of the students. "We've decided to tell the truth."

It's show business to claim that truth lies at the bottom of a well. Truth lies at the top.

An Old, Family Cough Remedy, Home-Made

Easily Prepared—Costs Very Little, but is Prompt, Sure and Effective

By making this old-time cough syrup at home you not only save about 85% as compared with the ready-made kind, but you will also have a much more prompt and positive remedy in every way. It overcomes the usual coughs, throat and chest colds in 24 hours—relieves even whooping cough quickly—and is excellent, too, for bronchitis, bronchial asthma, hoarseness and spasmodic croup.

Get from any drug store 2½ ounces of Pinex (30 cents worth), pour it into a 16-ounce bottle and fill the bottle with plain granulated sugar syrup. Full directions with Pinex are perfectly and tastes good.

You can feel this take hold of a cough or cold in a way that means business. It quickly loosens the dry, hoarse or painful cough, and also heals the inflamed membranes. It also has a remarkable effect in overcoming the persistent loose cough by stopping the formation of phlegm in the throat and bronchial tubes. The effect of pine on the membranes is known by almost every one. Pinex is a most valuable concentrated compound of genuine Norway pine extract, combined with guaiacol and other natural healing pine elements.

There are many worthless imitations of this famous mixture. To avoid disappointment, ask your druggist for 2½ ounces of Pinex, and do not accept anything else.

A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Finca Co., Toronto, Ont.

Bulk Oysters, Finnan Haddies, Kippered Herrings, Dominion Fish Co.

PHONE 888

CONSTIPATION RELIEVED ENTIRELY AT OUR RISK

Unless Rexall Orderlies relieve your bowel troubles and make you feel like coming back to thank us for telling you about them, then come back anyway, and ask us to give you back your money. This is just as strong as we can make it strong, because we believe that Rexall Orderlies are the best bowel remedy made.

Soothing and easy in action, they cleanse the bowels, thoroughly loosen and strengthen them, and make you feel great. They promote easy and regular bowel action, help to promptly relieve constipation and overcome its cause. In these things they differ from old-fashioned, harsh, disagreeable salts and other physics, which usually only give temporary relief and often leave the bowels in worse condition than ever. They taste like candy and even children like them. They are particularly good for children and for delicate and aged people. In vest pocket tin boxes; 10c, 25c, 50c.

You can buy Rexall Orderlies only at the Rexall Stores, and in this town only at us, Mahood's Drug Store, Kingston, Ont.

K. F. Sam Hand Laundry

Special attention to students. No acids used, no torn clothes. All work guaranteed.

Cor. Montreal and Queen Sts. Phone 960.

A Neighbor Told Him To Take Gin Pills

If you want to know what Gin Pills will do for you, just drop a line to Mr. D. A. York, at Bellrock, Ont. He will tell you what Gin Pills did for him, after he had suffered with Kidney trouble for 15 years. Here is his letter:

"I suffered for about 15 years with my kidneys. I could get no relief. The pain went all through my back and shoulders and down the calves of my legs. When I would sit down for a while, I could not get up again, and I would walk a rod or more, the pain was so great. A neighbor advised me to take GIN PILLS. I did so and six weeks cured me. It is about two and a half years since I got taking them. My back is all right; no pain and no trouble. A neighbor advised me to take GIN PILLS for it—all they are worth their weight in gold." D. A. YORK.

GIN PILLS FOR THE KIDNEYS

20c. a box, 6 for \$2.50. Sold in the U.S. under the name "GINO" Pills. Trial treatment if you write 730 National Drug & Chemical Co. of Canada, Limited, Toronto

Thomas Copley
Telephone 987
Drop card to 18 Pine street when wanting anything done in the carpenter line. Estimates given on all kinds of work and new work; no hard words floors of all kinds. All orders will receive prompt attention. Shop at Queen Street.

FREE TO ALL SUFFERERS.
THERAPION
The most effective remedy for all kinds of rheumatism, neuralgia, sciatica, etc. It is a powerful anti-inflammatory and analgesic. It is free to all sufferers.

Zbar's Ice Cream Parlor
Choice Candies of all kinds in bulk or fancy boxes. Also serve all kinds of hot drinks. Seasonable Fruits.
Phone 1128, 280 Princess St.

We Do Not HOLD YOU UP in Prices
We are Plumbers who have mastered our profession, who do only superior work, and who charge but fair, reasonable prices for the work we do.

You Can Trust Us Implicitly! Try DAVID HALL 66 Brock St. Phone 335. - Res. 856

Supple at Sixty
Age and ripe experience mean mental and physical powers are preserved by keeping rich blood in the veins. Women's new treatment in Scott's Emulsion creates rich blood, warms the body and builds strength. In old-faded tissues, it restores strength to both body and brain. It is the most powerful and effective.

Toronto Street Market.
Toronto, Nov. 2.—Wheat, \$1.15 to \$1.18; wheat, goose, \$1.07 to \$1.08; oats, 52c to 54c; barley, 60c to 68c; buckwheat, 70c; rye, 50c; peas, \$1.25; hay, Timothy, No. 1, \$19.00 to \$22.00; hay, mixed, \$15.00 to \$17.00; straw, bunched, \$16.00 to \$17.00; straw, loose, \$9.00 to \$11.00; eggs, Nos. 1-3, 28c to 30c; chickens, 10c to 12c; ducks, 10c to 12c; turkeys, dressed, 18c to 20c; turkeys, dressed, 23c to 26c; beans, white, \$1.00 to \$1.10; potatoes, bag, 85c to 70c.