

**15 YEARS SUFFERING FROM PILES**

Mr. J. McEwen of Dundas, Ont., writes:—"For fifteen years I suffered with Piles and could get no permanent cure until I tried Zam-Buk. Perseverance with this herbal balm resulted in a complete cure, and I have not been troubled with the painful ailment since."

Mr. Henry Fougere of Poulton, N.S., says:—"I suffered terribly with Piles and could find nothing to give me relief until I tried Zam-Buk. This cured me. I consider Zam-Buk the finest ointment on the market."

The above are specimens of the many letters we are constantly receiving from men and women who have ended their suffering by using Zam-Buk. Why not do likewise?

Zam-Buk is best for eczema, blood poisoning, ulcers, sores, cuts, bruises, and all skin injuries and diseases. 50c. box, all druggists and stores, or post free from Zam-Buk Co., Toronto. Send this advertisement with name of paper and one cent stamp for free trial box.

**ZAM-BUK**  
WRITE FOR FREE SAMPLE

**OUR TOBACCO**

With the "Rooster" on it is crowing louder as he goes along. Only 45c per pound. For chewing and smoking.

AT A. MACLEAN'S.

**FREE TO ALL SUFFERERS.**

DR. J. W. CHASE'S CATARRH POWDER 25c.

It is sent direct to the diseased parts by the Improved Blower. Heals the inflamed, clears the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever. 25c. blower free. Accept no substitutes. All dealers or Edmundson, Baker & Co., Toronto.

**Bulk Oysters, Finnan Haddies, Kipperred Herrings, Dominion Fish Co.**

PHONE 530

**Zbar's Ice Cream Parlor**

We sell Ice Cream in bulk and deliver to all parts of the city.

All reasonable fruits kept in stock.

Phone 1128, 280 Princess St.

**MRS. LYON'S AGES AND PAINS**

Have All Gone Since Taking Lydia E. Pinkham's Vegetable Compound.

Terre Hill, Pa.—"Kindly permit me to give you my testimonial in favor of Lydia E. Pinkham's Vegetable Compound. When I first began taking it I was suffering from female troubles for some time and had almost all kinds of aches—pains in lower part of back and in sides, and pressing down pains. I could not sleep and had no appetite. Since I have taken Lydia E. Pinkham's Vegetable Compound the aches and pains are all gone and I feel like a new woman. I cannot praise your medicine too highly."—Mrs. Augustus Lyon, Terre Hill, Pa.

It is true that nature and a woman's work has produced the grandest remedy for women's ills that the world has ever known. From the roots and herbs of the field, Lydia E. Pinkham, forty years ago, gave to womankind a remedy for their peculiar ills which has proved more efficacious than any other combination of drugs ever compounded, and today Lydia E. Pinkham's Vegetable Compound is recognized from coast to coast as the standard remedy for women's ills.

In the Pinkham Laboratory at Lynn, Mass., are files containing hundreds of thousands of letters from women seeking health—many of them openly state over their own signatures that they have regained their health by taking Lydia E. Pinkham's Vegetable Compound; and in some cases that it has saved them from surgical operations.

**THE FAIR AT ARDEN**

THOSE WHO WON PRIZES FOR THEIR EXHIBITS.

The Kennebec Agricultural Show Was Held On the 6th, of October.

**Horses.**

Best span horses: W. T. Hawley, H. Digard, Herbert Clark, H. L. Green. Three year old colt H. D. H. L. Green. J. E. Price, H. L. Green. Best span horses, G. P. L. L. Price, George Asseltine, Daniel Clark.

Best brood mare and colt G. P. L. L. Price, Alex. Crozier, George Asseltine. Three year old colt, G. P. S. Barker. B. Barker. Two year old colt G. P. L. L. Price, A. Thompson, W. Miller. One year old colt G. P. L. L. Price, A. Thompson, William Miller. Best foal 1914: G. P. W. A. Donnelly, Geo. Asseltine, William Miller.

Best single horse in harness, G. P. L. L. Price, Alex. Crozier, A. Thompson, W. Miller. Best span horse, H. L. Green. Best art class—Harvey Scott. Brood mare and colt R. J. E. Price. Two year old colt R. J. E. Price. One year old colt R. L. L. Price.

Best foal, 1914, R. J. E. Price, L. L. Price, Alexander Crozier. Single horse in harness, 15 1/2 hands, S. Alexander, William Miller. Single horse in harness 15 1/2 hands S. Alexander, David Cox.

**Cattle.**

Milking Breed: Best one year old bull, L. L. Price. Cow, milking Ped., Minor Williams.

Grade Cattle: Best cow milking L. L. Price, L. L. Price. Two year old heifer, J. E. Price. One year old heifer, J. E. Price; heifer calf 1914, L. L. Price, Miles Woods.

Common cattle: Best cow milking, B. Barker, S. Alexander. Two year old heifer, Alexander Crozier, B. Barker. One year old heifer, Alexander Crozier, Heifer calf 1914, W. T. Hawley, E. Alexander.

Sheep fine wool, pedigree: Best ram aged, J. E. Price, William Miller. Ewe that raised lambs, 1914, J. E. Price. Ram lamb, 1914, J. E. Price. One year old ewe, J. E. Price.

Sheep any breed: Best ram aged, Daniel Clark, Ewe that raised lambs, 1914, L. L. Price, W. T. Hawley, A. Thompson. One year old ewe, A. Thompson.

Hogs, Berk Pedigree: Best brood aged, J. E. Price. Brood sow, J. E. Price. Boar pig, J. E. Price. Boar pig, J. E. Price, Sow pig, J. E. Price.

Hogs Berk Pedigree: Best brood sow, H. L. Green.

Hogs any breed: Best sow pig, 1914, B. Barker.

**Poultry.**

Best pair geese, D. A. Osborne, Best pair turkeys, William Miller. Best pair ducks, L. L. Price, S. Barker. Best Plymouth Rock, D. A. Osborne, William Miller. Best Wyandottes, L. L. Price, David Cox. Best Rhode Island Red, A. Thompson, Alexander Crozier.

**Grain.**

Buckwheat, L. L. Price, Herbert Clark. Peas, Herbert Clark. Oats, white, S. Barker, Alexander Crozier. Barley, L. L. Price, Alexander Crozier. Rye, L. L. Price, W. T. Hawley. Feed corn, S. Alexander. Field corn, George Asseltine, S. Alexander.

**Vegetables and Roots.**

Potatoes white late, H. Clark, William Miller, L. L. Price. Potatoes, white early, H. Clark, D. A. Osborne. Potatoes, red late, L. L. Price, Frank Cox, William Miller. Potatoes, red early, Alvero Cronk, George Asseltine, Alexander Crozier.

Turnips Swede, J. E. Price, Alexander Crozier, S. Barker. Carrots, white, William McGregor, Carrots, orange Alvero Cronk, L. L. Price, S. Barker. Cabbage, Alexander Crozier, Cabbage, George Asseltine, Parsnips, Herbert Clark. Blood beets, Herbert Clark. Turnip beets, W. T. Hawley, Frank Cox, William McGregor. Sugar beets, William McGregor, Cauliflowers, A. Thompson, William Miller. Onions from tops, S. Barker, Frank Cox, William McGregor, Onions from seed, William McGregor. Potato Onions, L. L. Price, William Miller, S. Barker. Large field beans, S. Barker. Small white beans, A. Thompson, Herbert Clark. Tomatoes, Alexander Crozier, L. L. Price, William McGregor, Squash, William Miller, Herbert Clark, Daniel Clark, Pumpkins, Geo. Asseltine, William Miller. Citrus, S. Barker. Watermelons, D. A. Osborne, Pota houseplants, S. Barker, S. Alexander, D. A. Osborne.

Wild fruit: Alexander Crozier, S. Barker, S. Alexander. Cultivated fruit, S. Alexander, William Miller, Frank Cox, Catnip, Fred Kellar, Herbert Clark, William McGregor. Greening apples, Alexander Crozier, Talman sweet apples, L. L. Price, Alexander Crozier. Alexanders apples, Fred Kellar, Snow apples, Frank Cox, Alexander Crozier, A. Thompson. Northern spy apples, Fred Kellar, Grapes, A. Thompson.

**Dairy Produce.**

Butter, William Miller, Maple sugar, L. L. Price, William Miller. Maple syrup, Frederick Kellar, William Miller, S. Barker. Homemade bread, Alexander Crozier, William Miller. Honey, strained, A. Thompson.

**Domestic Manufacture.**

All wool coverlet, D. A. Osborne, David Cox, Frederick Kellar. Pair woollen socks, Frederick Kellar, Alexander Crozier. Pair woollen mitts, Miles Wood, Frederick Kellar, Alexander Crozier. Woollen yarn, homemade, Alexander Crozier, Frederick Kellar. Rag carpet, D. A. Osborne, Esther Osborne, W. T. Hawley. Rag mat, Esther Osborne, L. L. Price, Daniel Clark. Log cabin quilt, woolen, D. A. Osborne, L. L. Price, S. Alexander. Log cabin quilt, cotton, Miles Wood. Patchwork quilt, in silk, Esther Osborne, Herkert Clark. Crazy patchwork quilt, D. A. Osborne, Frederick Kellar, L. L. Price. Quilt, quilted, D. A. Osborne, Frederick Kellar, Alexander Crozier. Quilt, unquilted, Miles Wood, D. A. Osborne, L. L. Price. Whisk holder, Miles Wood, Frederick Kellar. Pin cushion, S. Barker, S. Alexander, Frederick Kellar. Sofa pillow, S. Barker, William McGregor, Frederick Kellar. Pillow shams, Frederick Kellar, Alexander



A TRAGIC SCENE IN THE FIRING LINE OF THE FRENCH ARMY. This picture illustrates the remarkable spirit of the French troops. A soldier tries to aid a wounded comrade and with grim determination continues his unceasing fire at the enemy.

Crozier. Knit coverlet, Frederick Kellar. Hand painting on glass, S. Barker, D. A. Osborne, Frederick Kellar. Hand painting on felt, D. A. Osborne. Hand painting on velvet, Frederick Kellar.

**Fine Arts and Ladies' Work.**

Muslin embroidery, Fred Kellar, S. Barker. Silk embroidery, D. A. Osborne, David Cox. Braided work, Fred Kellar, Alex. Crozier. Bead work, Esther Osborne, S. Barker, Fred Kellar. Card board work, Alex. Crozier, Fred Kellar. Berlin work, Esther Osborne, Fred Kellar. S. Alexander, L. L. Osborne. Fancy knitting in wool, Fred Kellar, Esther Osborne. Fancy knitting in cotton, A. Thompson, S. Alexander, Esther Osborne. Crochet lace homemade, Esther Osborne, L. L. Price, David Cox. Crochet skirt in wool, D. A. Osborne, William McGregor. Tatting, Esther, Osborne, Fred Kellar. Hair flowers, L. L. Price, Fred Kellar. Hair wreath, S. Alexander, Fred Kellar. Paper flowers, William McGregor, Esther

**Toronto Street Market**

Toronto, Oct. 19.—Wheat, \$1.10 to \$1.12; wheat, goose, -1.05; Oats, 54c to 55c; barley, 67c to 68c. Buckwheat, 70c; rye, 55c; peas, \$1.15; hay, Timothy, No. 1, \$20 to \$22; hay, mixed, \$16 to \$17; hay, cattle, \$10 to \$13; straw, bundled, \$16 to \$18; straw, loose, 5c to 11c; eggs, new-laid, dozen, 35c to 40c; butter, dairy, 28c to 33c; chickens, dressed, 1b, 20c to 21c; ducks, dressed, 1b, 15c to 18c; fowl, 15c to 18c; turkeys, dressed, 23c to 26c. Hens, alive, 12c to 15c; potatoes, bag, 55c to 70c.

**Amherst Island's Contribution.**

Stella, Oct. 17.—The Women's Institute of Amherst Island has collected over the island for the Red Cross society and sent in two boxes and also \$31.85.

**Easy & Practical Home Dress Making Lessons**

Prepared Especially For This Newspaper by Pictorial Review

INTERESTING BIT OF LINGERIE.

the front of the yoke and at side of the pantalettes.

To make the combination requires 2 1/2 yards of 36-inch batiste, nainsook, cotton crepe or linen. The front and back (A) are cut from an oblong fold of the material, but for the shoulder strap, front and back yoke the goods may be folded, section (B) being laid on the lengthwise fold.

Now close the leg seam as notched. If desired draw in at lower edge, insert a tape and draw in the required size; if preferred to hang free, simply finish with a hem or a dainty embroidered scallop.

For the straight, one-piece yoke sew yoke to upper edge of front and back, centers and notches even, leaving edge free forward of single large "O" perforation in front section; fold the yoke through the center, fell remaining edge over seams, fasten through opening at center-front and tie in a dainty bow.

Fold the shoulder strap through center and stitch notched edges together. Sew to upper edge of yoke, matching single small, double small and single large "O" perforations. Lap right back on left, centers even for opening; center-back indicated by line of double "oo" perforations.

If desired with shaped yoke, close under-arm seam as notched, close shoulder seam. Sew to upper edge of front and back, center-fronts and back edges even; large "O" perforations in back yoke.

China silk is used frequently in designing such lingerie.

CONSTRUCTION GUIDE 5896

5896

Ladies' combination undergarment, featuring the yoke corset cover, which lends itself to many attractive forms of decoration.

There is a very noticeable scantiness about the newest lingerie. No matter how full the skirt or how elaborately shirred the blouse, the silhouette must be slender. Fashionable lingerie is made with this idea in mind.

The design shown here consists of a yoke corset cover and open pantalettes, with lower edge drawn in or hanging free. There is a bit of embroidery on the front.

Pictorial Review, No. 5896 Sizes 32, 34, 36, 38, 40, 42 and 44 inches bust. Price, 10 cents.

**BEATEN BUT NOT CRUSHED.**

Belgian King Says He Will Stick by Army.

London, Oct. 20.—"Tell everybody I will never leave my army if I leave Belgium soil." This declaration was made by King Albert of Belgium to a Belgian diplomat who interviewed the ruler at Ostend Wednesday, according to the Daily Express, which quotes the diplomat. The king continued:

"Our army has retreated from Antwerp and concentrated brilliantly. All are ready to give their lives as I am for Belgium's independence. It breaks my heart to think that this beautiful country, so peaceful, so industrious, should be occupied, even temporarily, by so wanton an enemy. I feel that whatever has been done has the warm approval of all Belgians and civilized Europe. We may suffer reverses but our confidence of final victory is stronger than ever. We are beaten, perhaps for the time being, but we are not crushed."

The henpecked husband should rejoice that he isn't a Mormon.

**DR. J. W. CHASE'S CATARRH POWDER 25c.**

It is sent direct to the diseased parts by the Improved Blower. Heals the inflamed, clears the air passages, stops droppings in the throat and permanently cures Catarrh and Hay Fever. 25c. blower free. Accept no substitutes. All dealers or Edmundson, Baker & Co., Toronto.

**When Housework Is Burdensome**

When you tire easily and nerves are excitable, you need medicinal food—not drugs or stimulants.

SCOTT'S EMULSION is rich in food value; it supplies the very elements to enliven the blood, restore strength and the courage of health.

Avoid Inferior Substitutes.

**SOWARDS Keeps Coal and Coal Keeps SOWARDS**

PHONE 155g

**REGAL TABLE SALT**

FREE RUNNING

"Regal" Salt is the finest grain of the famous Windsor Salt—especially prepared for table use by the most modern Salt Plant on the Continent.

"Regal" Salt never "cakes"—never clogs up the shaker—never gets damp and sticky.

Ask your Grocer. 127

**Women's Fine Boots**

Dongola Kid, Gun Metal, Tan Calf and Patent Leather, buttoned or Blucher. Would make a good fall boot.

**H. JENNINGS**  
King Street.

**Gail Kane**

Popular young actress, lately in "Seven Keys to Baldpate," says:

"Sterling is a gum that cannot be praised too highly, in my opinion. The purity of its flavor is predominant."

**STERLING Pure Mint Pepsin Gum**

Flavor such as you have never known before—smoothness that only the best Mexican Chic possess—purity that appeals to the eye and tongue, and insures healthful enjoyment—all these you get in STERLING, the new and better gum.

STERLING is the purest, highest-quality gum in the world. Good for children, adults, old folks—aids appetite and digestion, gives pleasant breath and white teeth.

5c THE STERLING GUM CO. OF CANADA, LIMITED, TORONTO

**STERLING GUM**

ABSOLUTELY PURE

ALL MATERIALS USED IN THE MANUFACTURE OF STERLING GUM ARE GUARANTEED TO BE ABSOLUTELY PURE AND OF THE HIGHEST GRADE OBTAINABLE