

An Easy Way to Get Fat and Be Strong

The trouble with most thin folk who wish to gain weight is that they insist on drugging their stomachs...

GRAND TRUNK RAILWAY SYSTEM Low Colonist Rates Pacific Coast

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ALBERTA BRITISH COLUMBIA CALIFORNIA MONTANA OREGON WASHINGTON ARIZONA IDAHO, etc.

CANADIAN PACIFIC COLONIST FARES

(One-Way Second Class) From stations in Ontario to certain points in Alberta British Columbia California Montana Oregon Washington Arizona Idaho, etc.

CANADIAN NORTHERN THROUGH SERVICE TO TORONTO, OTTAWA AND QUEBEC

(Daily Except Sunday) Port Hope, Cobourg, Trenton, Picton, Belleville, Ganouque, Kingston, Brockville, Smith's Falls, Hawkesbury, Joliette, Grand Mere, and all intermediate points.

CUNARD LINE

CANADIAN SERVICE From Southampton From Montreal Sept. 23. STEAMERS call Plymouth Eastbound. Atlantic Oceanic Line, 11. Eastbound and Westbound \$47.50 up. Third-class Eastbound and Westbound, \$50.25.

LARGEST STEAMERS CANADIAN ROUTE "HESPERIAN" Montreal to Liverpool 8th October. Rates: 1st Class \$80, 2nd Class \$50, 3rd Class \$31.25.

NO MAIL FORWARDED FROM CANADA TO HOSTILE LANDS DURING WAR.

All Letters Addressed to Germany and Austria Returned by Local Post-Office After They're Read. Mail communications between Canada and Germany or Austria are under a ban quite as rigid as that which how blockades the trans-Atlantic telegraph services.

On more than one occasion the mail censors have come across letters which justify a detailed examination of Canada to date has been delivered undoubtedly by persistent stated that full details of the training camp at Valcartier are omitted to the Kaiser's headquarters by way of the long distance wireless station at Sayville, L.I., and whether or not the rumor is accurate it is practically impossible to place an embargo on military intelligence which local sympathizers might like to send to German quarters.

A way out of this censorship on outgoing Canadian mail has occasionally been found by seeking the aid of friends living in the United States who might be able to utilize the United States mail services to foreign points.

Next, the remarkable engineering obstacles of bridging and tunnelling that have been overcome in linking up so huge a system, apart from the venture of the undertaking at a time when the present rapid development could hardly have been foreseen.

Caught A Fine Fish. Yonge Mills, Oct. 1.—Born, to Mr. and Mrs. Charles Weston, on Tuesday, September 22nd, a daughter, Master Frank Ferguson underwent an operation for appendicitis at the Brockville general hospital, Tuesday, Mr. and Mrs. G. A. Purvis and Miss Helen Purvis spent last week camping at Mallorytown Landing. Miss Helen landed a twenty-five-pound muskie in Kingston, with the former's daughter, Miss Olive Burnham, who is a patient in the sanitarium. Miss Myrtle Gibson spent a few days with her sister, Mrs. Wilson, in Ganouque, recently.

At Corning, N.Y., Arthur Simons, of Alexander, N.Y., was found guilty of murder in the first degree for the shooting of his cousin, Iva Christine, at Westfield, Pa., last July. Miss Blanche Hunter, leaving Tamworth for Toronto, was given a farewell. She was popular as a choir leader, Sunday school teacher, organist and music teacher.

"NUMIDIAN" Montreal to Glasgow 10th October. Rates: One Class \$47.50, 2nd Class \$31.55. For full information apply local agents or ALLAN LINE, 95 KING ST. W. TORONTO.

BISMARCK'S REVENGE For the Way the Concited Kaiser Treated Him.

History brings many dramatic revenges, but it is questionable whether there is any instance to equal the revenge with which the shade of Bismarck is now furnished in the deplorable plight the Kaiser now finds himself in. The great statesman who so unceremoniously dismissed the German emperor was under no delusion as to his character. Before sending in his resignation he remarked: "I thought he would be thankful if I were to remain with him for a few more years. But I find that, on the contrary, he is simply longing with his whole heart to be rid of me in order that he may govern alone, and he able to cover himself with glory."



COL. W. E. GORDON, V. C. Of the Gordon Light Infantry, twice reported killed, but reported by the American ambassador to be a prisoner of war in Berlin. He won his V. C. in South Africa.

A VISITING EXPERT Has High Praise For the Canadian Railway. A. E. Goff, of the Great Indian Peninsula railway, has just completed a tour of the Dominion. He declares that he has been greatly impressed with the progress made by Canadian railways, and by the Grand Trunk and Grand Trunk Pacific in particular.

Some Rich Picking. London, Oct. 2.—Should Germany lose in the present war investments in her colonies will be "rich picking" for those powers concluding the final peace. A recently published list of capital investments of Germany in her various colonial adventures, totals nearly \$2,000,000,000.

Divident Situation. New York, Oct. 2.—Action in dividends last week was on the whole favorable in view of the fact that dividend reductions and omissions have become so common as a result of present business and financial conditions.

Glendower Notes. Glendower, Oct. 1.—Archibald Timmerman is building a new house. Some of the neighbors are cutting wood for the winter. The rural mail will soon start. Andrew Leeman made a trip to Kingston this week. There have been some heavy frosts this week. The grass is very green since the late rains. Water is very low in the wells. Quite a number attended the Hickey-Corken wedding at Glendower. Mr. and Mrs. Martin at Sanford Leeman's. A new theatre is to be built in Watertown, N.Y.; to seat 1,000.

FINANCIAL MATTERS

Exchange, but in the aggregate it has been very small. "JOE" MARTIN IS BACK. Will Do Campaign Work for Liberal Party.

Winnipeg, Oct. 3.—Hon. Jos. Martin, M.P., for St. Paul's East, London, is in the city on his way back to Vancouver from Ottawa. Mr. Martin has returned from British politics, although he will retain his seat until the dissolution of the present parliament, and has taken up his residence again in Vancouver, where he has large interests.

Passing of Dividends by Industrial Concerns a Serious Matter — A Million This Month. Montreal, Oct. 2.—The Financial Times, of Montreal, is concerned over the passing of dividends by industrial concerns since the war began, and places the loss to shareholders during September alone by dividend action of this sort at \$1,000,000.

New Haven's Large Decrease. New York, Oct. 2.—A statement of the New Haven railroad for the fiscal year ended June 30th shows a decrease in operating income of \$2,697,000, an increase in total income of \$6,233,000, a decreased surplus of \$8,654,000 and a reduction in deficit of \$2,476,000.

Had a Good Year. Boston, Oct. 2.—Plymouth Cordage reports net profits for the year ended July 31, as slightly in excess of \$500,000, or over 21 per cent, on the company's stock. Gross sales of rope and binder twine, were \$11,300,000, against \$11,700,000, and \$8,900,000 respectively in the preceding fiscal years.

Another Calgary Company Formed. Calgary, Oct. 2.—Faith in the productivity of the Calgary oil fields is not waning judging from the number of despatches being received by the Canadian Pacific from that region relating further developments. The latest were received this morning reported the organization of a new company with a capital of \$10,000,000.

Imperial Tobacco Dividends. Montreal, Oct. 2.—The Imperial Tobacco Company of Canada, Limited, has declared the usual annual dividend of 3 per cent, on the preference shares, and also a 2 per cent, dividend on the ordinary shares.

Says Time Has Come. New York, Oct. 2.—A member of a large and conservative New York brokerage house suggests that the time has come for appointment of committees by New York Stock Exchange and bankers to work together in an endeavor to devise ways for resumption of business on the Exchange. He argues that it should be possible to formulate a plan under which business can be resumed, whereas if nothing is done until conditions right themselves, the wait will be unnecessarily prolonged and distressing.

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Financial Notes. The Imperial Pipe Line company, Limited, with a capital of \$1,000,000, has been incorporated at Ottawa. Its head office is at Saratoga, N.Y. An indication of the prosperity of milling companies this year is shown by the Maple Leaf company this last two weeks shipping 100,000 bags of flour to Bordeaux, 300,000 to 300,000 to Britain, and 40,000 to Holland. C.N.R. net earnings for the month of August were \$244,700. This is a decrease of \$163,900 when compared to the same month in 1913. From July 1st to date, the net earnings amount to \$675,200, which sum represents a decrease from the same period a year ago of \$247,700. The Canadian Stock Exchanges have entered on the third month of suspended business, and immediately there is nothing to indicate any impending change in the situation. The suspension has been almost absolute, there has been a little street trading outside the jurisdiction of the Stock

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THE STANDARD BANK OF CANADA HEAD OFFICE TORONTO KINGSTON BRANCH, H. E. Richardson, Manager.

THE ROYAL BANK OF CANADA INCORPORATED 1869 Capital Paid Up \$11,560,000 Reserve Funds 13,575,000 SAVINGS DEPARTMENT Accounts may be opened with an initial deposit of One Dollar. Interest is credited half yearly. JOINT ACCOUNTS An account in the names of two members of a family will be found convenient. Either person (or the survivor) may operate the account. KINGSTON BRANCH, E. E. NEWMAN, Manager.

Consider this Investment An investment, to be perfectly satisfactory, must be absolutely SAFE and reasonably PROFITABLE. An investment void of risk and which pays a good interest return, let us ask your consideration of our "Guaranteed Investment." It is secured by a first mortgage or mortgages, and by this Corporation's added guarantee. If you are interested, write for our booklet "The Safe Investment of Funds," giving full particulars. THE TORONTO GENERAL TRUSTS CORPORATION ESTABLISHED 1882 CAPITAL \$1,500,000 RESERVE \$1,500,000 ASSETS UNDER ADMINISTRATION \$63,056,863.97 Head Office, Bay and Melinda Sts. Toronto. Branches, Ottawa, Winnipeg, Saskatoon.

VICTORY IN THE AIR. Paris is Regaining Its Customary Buoyancy.

London, Oct. 3.—Despite the fact that thousands of Frenchmen are laying down their lives and thousands of wounded are arriving daily from the front, Parisians, says the Paris correspondent of the Daily Telegraph, "are regaining some of their customary buoyancy of spirit." "Victory is in the air. All indications point to the fact that the German commanders and the German troops are realizing for the first time that they are in a desperate position. Their attacks during the last few days, delivered as they were at no decisive point with overwhelming numbers, but haphazard all along the line, shows that they have been driven desperate, and that their plan of campaign has been completely frustrated.

REPORT ON DUBLIN RIOT. Calling Out of Soldiers Was Illegal Act.

London, Oct. 3.—The Royal Commission appointed to enquire into the events of July 26th last, when four persons were killed and many were wounded in Dublin during a fight with the police and soldiers, following the landing of guns by Nationalist volunteers at Howth, nine miles from Dublin, to-day reported that the employment of the police and military was not in accordance with the law. That Assistant Commissioner of Police Harrell was responsible for the calling out of the military and for the orders issued to the police.

STORIES FROM PACIFIC DO NOT ALARM OTTAWA.

Ottawa, Oct. 3.—Scare stories from the British Columbia coast about a prospective invasion of Canada on Canadian ports by German cruisers now on the Pacific are not taken very seriously by the naval or militia department here. The Dresden, of the German cruisers, was reported a day or two ago at Valparaiso in Peru, and the other two German war vessels of any account known to be on the Pacific were reported this week in the Fiji Islands. A 11 three cruisers were some five thousand miles away from British Columbia.

MOTOR TRUCKS FOR WAR. French Army Officers Are Making Selection.

South Bethlehem, Pa., Oct. 3.—Thirty-seven representatives of American motor trucks who have been demonstrating their trucks for several weeks were yesterday informed by E. G. Grace, president of the Bethlehem Steel company, that recommendations for the types of 1,000 trucks wanted by France and Russia for use in the present war, have been made by a committee of French army officers, now in South Bethlehem, but that the contracts would not be awarded just now.

HOW TO PRONOUNCE NAMES. Found in the Despatches From the European War.

- Such names as Paris, Berlin and Munich have accepted English pronunciation, but the less common names of foreign towns should be pronounced as they are in their own language. The following list shows how some of the places more commonly found in the war despatches are pronounced: Aix-la-Chapelle x-la-sha-pell Amiens a-me-ang Ardennes ar-den Audenarde au-den-ard Avesnes a-ven Avricourt a-vee-coor Belvoir bel-voor Bruges bruzh Chalons shah-lon-wah Charleroi shah-fong-ten Chaudfontaine shay-fong-ten Chyres choy-ree Danzig dan-tzik Dijon dee-zhon Dieppe dee-nahng Douai doo Doubs doob Gembloux zhahng-bloo Givet zhee-vee Huy e-no Kiel keel Klau-Chau kyow-how Liege lee-yeh Ligny lee-n-yeo Lille leel Longwy long-yeo Louvain loo-va-veel Malines ma-layn Maubeuge mo-beuzh Mearthe mear-the Mezieres mee-zee-yaer Moncau mon-ko Mous mouz Moselle mo-zell Mulhausen mee-how-zen Neufchatel nee-sha-toe Nish neesh Neu-burg walz-burg Oise ois Oudenarde oo-de-nard Peronne pu-ron Rheims re-ehms Roubaix roo-bay Sabat shah-bat

OFFER WAS REJECTED. Hotel Men Tried to Avert License Reduction.

London, Oct. 3.—The temperance forces of London have rejected the offer of the hotel men to hand over the \$3,000 in the latter's coffers to the patriotic fund if the temperance men would call off their proposed license reduction campaign this year, and the campaign to have six licenses cut off in January next will be proceeded with.

The Vital Question. Examiner—Now, William, if a man can do one-fourth of a piece of work in two days, how long will he take to finish it?

William—Is it a contract job or is he workin' by the day?—Lile. The members of the inland revenue office, Perth, tendered Mr. Mason as surprise his other evening, when they presented him with a leather suit-case. Mr. Mason, who has been chief excise officer at Perth since 1889, has been superannuated.