

Bulk Oysters, Finnan Haddies, Kipperred Herrings Dominion Fish Co.
PHONE 588

A True Tonic
is one that assists Nature. Regular and natural action of the stomach, liver, kidneys and bowels will keep you well and fit, and this action is promoted by
BEECHAM'S PILLS

BUILDERS!!
Have You Tried
GYPSUM WALL PLASTER?
It Saves Time.
P. WALSH,
Barrack Street.

Stops Headache
Mr. E. F. Tomkins, Ex-Mayor of Coquitlam, B.C., writes: "Your tablets are a safe and effective remedy for headache."
Mr. Geo. Legge, Editor of Granby Leader, writes: "Your Zutoo tablets deserve to be widely known as a cure that will cure."
Major A. C. Hanson, B.A., B.C.L. writes: "I use Zutoo tablets and find them a very satisfactory cure for headache."
So says every mother's son who has tried

Zutoo
THE LONDON DIRECTORY
(Published Annually)

EXPORT MERCHANTS
with the goods they ship, and the Colonial and Foreign Markets they supply.
STEAMSHIP LINES
arranged under the ports to which they sail, and indicating the approximate sailings.
PROVINCIAL TRADE NOTICES
of leading Manufacturers, Merchants, etc., in the principal provincial towns and industrial centres of the United Kingdom.

AILING WOMEN OF MIDDLE AGE
Mrs. Doucette Tells of her Distressing Symptoms During Change of Life and How She Found Relief.

Belleville, Nova Scotia, Can.—"Three years ago I was suffering badly with what the doctors called Change of Life. I was so bad that I had to stay in bed. Some friends told me to take Lydia E. Pinkham's Vegetable Compound and it helped me from the first. It is the only medicine I took that did help me and I recommend it to you. You don't know how thankful and grateful I am. I give you permission to publish what your good medicine has done for me."—Mrs. SIMON DOUCETTE, Belleville, Yarmouth Co., Nova Scotia, Canada.

Such warning symptoms as sense of suffocation, hot flashes, headaches, back-aches, dizziness, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness, are promptly headed by intelligent women who see approaching the period in life when woman's great change may be expected.
Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism and builds up the weakened nervous system. It has carried many women safely through this crisis.
If you want special advice write to Lydia E. Pinkham Medicine Co. (consultant) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

WAR SCARES EXPENSIVE

FEAR OF GENERAL HOSTILITIES PARALYZE WORLD MARKETS.
In Present Struggle the First Hint of a Great Conflagration Stopped Everything—In Former Crises Britain Has Trembled on Brink of War For Several Days Without Plunging In.

It is a common saying that three removes are as bad as a fire, and in the same sense it might be said that three scares are as disastrous as one war. At its very beginning while yet only Austria and Serbia were fighting, the effects of the present war were felt all over the world in rising prices of food and falling prices of stocks, by reason of the panic-fear in the breasts of statesmen, bankers, merchants, and the public at large that the clash would lead to the conflagration of Europe. Thus a mere scare may represent a loss to the community of scores of millions sterling in the course of a week!
It was touch and go, as the saying is, when the Russian Baltic fleet fired upon the Grimsby trawlers on the Dogger Bank, during the progress of the Russo-Japanese war. The Russian Pacific fleet was bottled up in Port Arthur, with as much chance of getting out as a rat in a trap. It was then decided to send the Baltic fleet all the way round to Vladivostok, 12,000 miles, to try to restore the balance, and this move nearly brought the British fleet into action. It is generally supposed that the officers of the Russian fleet, having heard rumors of the presence of Japanese torpedo-boats in western waters, set about by some Jules Verne of the press, got a fit of nerves, and when they saw the twinkling lights of the far-spreading bearing fleet, surrounded them in all directions, jumped to the swift conclusion that, in Biblical language, the Philistines were upon them, and that they were all going to be torpedoed. So they began to blaze away, and when they had killed a few fishermen and sunk a smack or two, and thus beaten off the lurking foe, they sailed on.

The next morning the London press came out with headlines a foot high. Such an outrage was absolutely unprecedented. Such a thing had never happened in the history of the world before. A fierce cry went up in its first heat of resentment that the Russian fleet should be destroyed, and Ministers had the utmost difficulty in standing up against the popular clamor.
But this scare was nothing to the one over Major Marchand and Fashoda. It arose in this wise. Since the death of Gordon at Khartoum the Sudan had been abandoned by civilization until the time was ripe for reconquering it. These were days before the entente cordiale, and the serenity of France over our ascendancy in Egypt was by no means abated. While Kitchener was preparing for the campaign which ended with the victory of Omdurman and eventually made the road to Khartoum as safe as Piccadilly, a gallant Frenchman, Major Marchand, started from somewhere on the West Coast of Africa with a hundred men and five officers to march across the continent to the Nile. They actually arrived at Fashoda, a place on the river above Khartoum, and occupied it, a few days before Kitchener with his little army entered the capital of the Sudan.

Then the trouble started. The British general sent a message to Marchand, who returned a sharp retort to the effect that he was there first, and there he would remain. He meant, of course, that the whole Nile basin above Fashoda was by his capture of Fashoda delivered to France. Lord Salisbury, who was Premier then, acted with promptitude and decision, and demanded the immediate departure of Major Marchand, or "the gravest consequences" would follow. Kitchener and Marchand met on the steamship Dal in the Nile, and the Frenchman accepted the ultimatum with a bad grace. Later revelations proved that the two countries were actually on the brink of war. A certain telegram sent by one of the crowned heads of Europe to the President of a South African state very nearly plunged this country into a war the end of which no man might know. On New Year's Eve, 1895, Mr. Chamberlain unexpectedly left Birmingham by the midnight mail for London. His office had received a wire saying that Dr. Jameson had crossed the border of the Transvaal with a force of South African police, and was marching either upon Pretoria or Johannesburg. Next day the news was blazed abroad, and also that Mr. Chamberlain had wired instructions that Jameson should be turned back, as he had started without any orders from headquarters. As a matter of fact, the raid had fizzled out at Kruger's door, and the danger would have been over probably had not the German Emperor thought fit to send President Kruger a telegram of congratulation.

The raid and the Emperor's telegram together were probably the cause of the Boer War a year or two later. The Boers were led to suppose that they would be backed up in their opposition to Britain by one or more European Powers, and that hope on their part and fear on ours led, during the subsequent war, to frequent panics and scares.
There came news of Buller's failure to cross the Tugela one morning, of Ladysmith's plight the next, and of Gatacre's defeat at Stormberg on still another. This was known as the "Black Week," and no Britisher who went through it will ever forget it. The spirits of the British nation went down to zero.

Electricity In Glass Works.
Electric motors are used in modern glass factories where formerly the work was nearly all done by hand.
Napanea's assessment is \$1,378,393. The population is 2,948. The exemptions totalled nearly three hundred thousand dollars.

The few who are as good or as bad as the wives say they are.

SCOTLAND WON FIRST VICTORY OF THE WAR.

How a Man From Troon Put an Aggressive Teuton to Sleep in a Railway Coach.

The following official report of the first engagement of the war is not supplied by the press bureau, but by a Galton George Washington, who has the best authority for his details of the combat: "In one of the compartments of the evening train from Troon just after the declaration of the war between Britain and Germany were an old gentleman and his wife and a young fellow from Troon, while in a corner sat another young chap reading a paper. The three unoccupied passengers entered into conversation about the war, and the Troon chap remarked that the German would be wiped out. Hardly had the prophecy crossed his lips, when the passive newspaper reader, without any declaration of war or other indications of bellicose feeling, made a demonstration in force, swooped down upon the unsuspecting Troon man and smote him a mighty swipe on the cheek, accompanying the blow with the remark, 'You will not say about my country that you like.'" For about the time of a midge's wink the Scot was stunned, but he rallied, collected his forces, and making a brilliant charge, walloped the German such a powerful one on the snout that the Teuton heeled and bled and broke the window, while the blood from his nose dyed his shirt front. The German again advanced in force, but the Troon man met him with a swift swipe on the jaw, which put the aggressive Teuton to sleep. So Scotland won the first battle of the war.—Glasgow Evening Times.

FUNNY SIDE OF THE WAR.

Amusing Errors That Creep Into the Newspapers.
Even war has its funny side, as those who handle telegraphers copy in the newspapers office will testify. The tremendous amount of reading matter which the telegraphers turn out daily, replete as it is with foreign names and unfamiliar phrases, has been transcribed with astonishing accuracy, but some "howlers" have been perpetrated. One of these rivalled the famous declaration that the Zulus have taken Umbrage which, reported as the capture of a town, convulsed the public during another campaign. It was to the effect that "the Germans attacked Enmasse." Fortunately the editor caught it.
The contractions and code words used by the telegraphers are another source of trouble. A copy-handler was puzzled by "mlevolutions," which turned out to be "military evolutions."
Sometimes the telegrapher is deceived by a word which sounds similar to the correct one. Thus, during the present war there came a despatch which alleged that the "war office statements in Paris that day were devoted to 'antidotes and unimportant incidents.'" Another despatch told of prices charged for the "more presumptuous" Paris restaurants. These mistakes are not confined to telegraphers. A reporter during the army worm invasion, turned in a story which said the worm was a "voracious eater." He meant "voracious," but the idea of a worm gnashing its teeth and making a noise with its food was so laughable that the city editor could only say:
"The newspapers have yet to declare that the Russians have 'taken vodka,' but one of them did note the activities in the war of the Brand Foreign Bible Society, and" is telegraphic for "British and."
These embarrassing mistakes on the wires have been known to cause trouble even when no war was in progress. Most people have heard of the man who wired his wife, "I have rotten tickets for the opera," and was amazed and surprised when he found that she had invited many guests because his message, as delivered to her, had said, "got ten tickets." An equally embarrassing situation arose over a wire sent from Chatham, Ont., and Wyoming, which originally said "Cancel fear of staves," but became "Can sell car of staves" before it was delivered. Similarly, an important telegram from Kelly of Midland went undelivered because it became "May Kelly" in transmission.
But on the whole the telegraphers do wonderful work, handicapped as they are by Russian names and code words and military expressions. For instance, the first sentence of the third paragraph of this article would come to them over the wire as follows: "Smit's tahr is deceived by a wd wh sounds sthr sim to c'one." Pity the telegrapher!

Had No Power Over the Limbs

Locomotor Ataxia, Heart Trouble and Nervous Spells Yielded to Dr. Chase's Nerve Food.

It would be easy to tell you how Dr. Chase's Nerve Food cures loco motor ataxia and derangements of heart and nerves, but it may be more satisfactory to you to read this letter.
Mrs. Thos. Allan, R.F.D. 3, Somers, Ont., writes: "Five years ago I suffered a complete breakdown, and frequently had palpitation of the heart. Since that illness I have had dizzy spells, had no power over my limbs (locomotor ataxia) and could not walk straight. At night I would have severe nervous spells with heart palpitation, and would shake as though I had the ague. I felt improvement after using the first box of Dr. Chase's Nerve Food, and after continuing the treatment can now walk, eat and sleep well, have no nervous spells and do not require heart medicine. I have told several of my neighbors of the splendid results obtained from the use of Dr. Chase's Nerve Food."
Dr. Chase's Nerve Food, 50c. a box, 6 for \$2.50, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

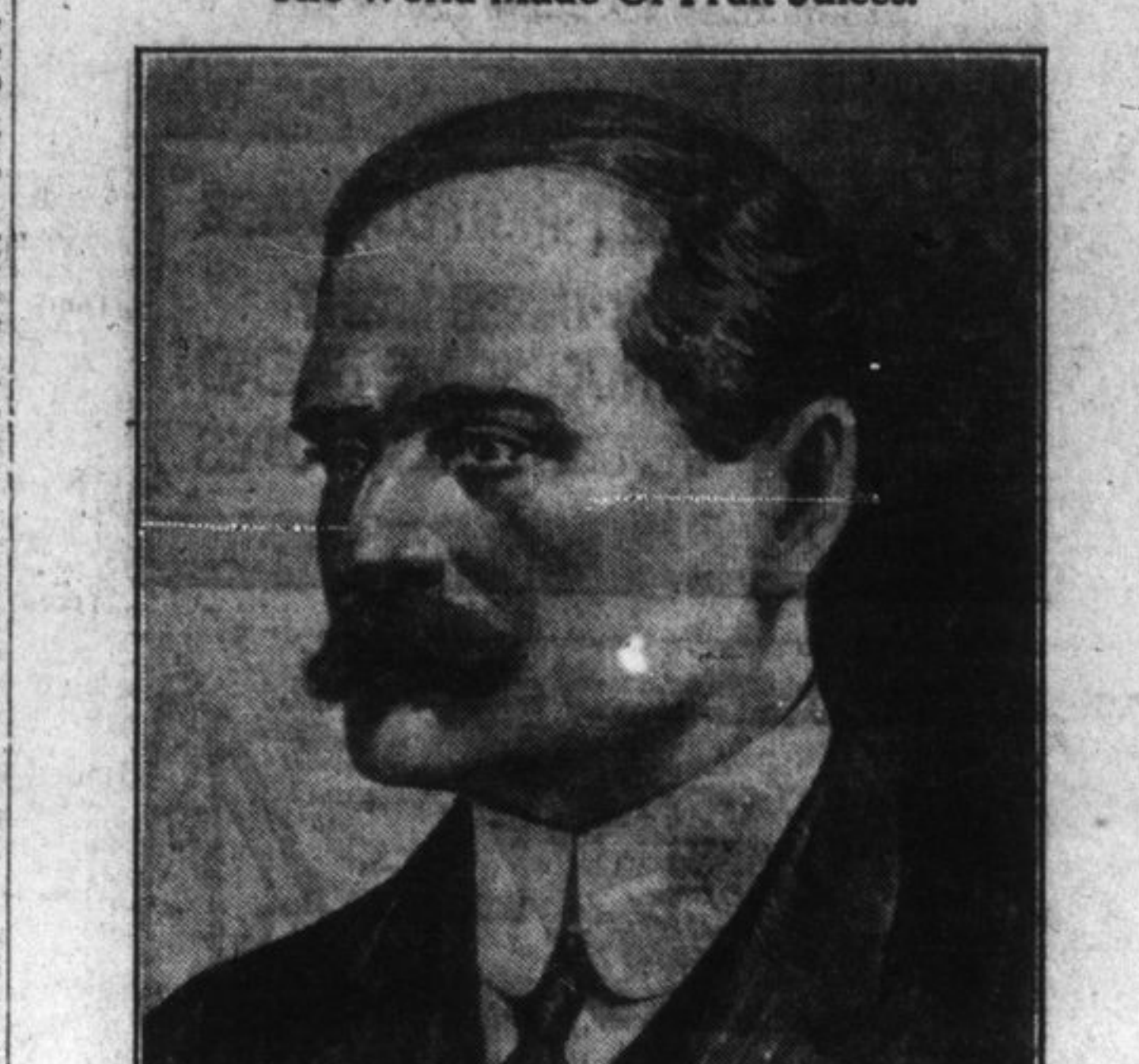
COLOSSAL BRIDGE.

Progress Is Being Made With Quebec's New Structure.

Some idea of the enormous size of the new Quebec Bridge—the structure that is to replace the half-built bridge which collapsed suddenly in August, 1907—is afforded by figures and illustrations given in The Engineer. The substructure of this colossal work was completed late season, and preparations are now being made for the erection of the great superstructure which is advancing rapidly in the works of the St. Lawrence Bridge Company at Montreal. The company was formed, and the works established, for this one purpose. Already some 8,000 or 9,000 tons of material have been sent out to the site.
The proportions of the bridge as a whole, as well as a large number of the members, constitute a record in bridge construction of the kind. The bridge, which will carry railways and foot passengers, but no wheeled traffic, is 3,239 feet long between the faces of the abutments, and has one 140 feet approach span at the south end and two spans aggregating 269 feet at the north end. The general form is two immense pairs of cantilevers, borne on two piers in the river, with a suspended span between them. It is as if two-thirds of the Forth Bridge were taken. The anchor arms are 515 feet long, the cantilever arms 580 feet long, and the suspended span 640 feet measured from centre to centre of pier. The same measurements in the Forth Bridge are 689 feet 9 inches, 680 feet, and 350 feet.
The bridge is 88 feet wide from centre to centre, and has a clear height above extreme high water of 100 feet—the same as the Forth Bridge. It differs from the famous Scotch bridge in that it is built up of plates and bars, and not of tubes. This vertical post over the piers stands 310 feet high, as against 330 feet of the Forth. It is probably the largest single member of this type ever constructed. It is composed of four separate columns laced together, and weighs 1,500 tons, and its lower end rests on a huge steel abutment. The base of the shoe, built up of four steel castings, measures no less than 25 feet 4 inches by 20 feet 10 inches. There are two of these posts, and two shoes corresponding, on each pier. The ship at Montreal which was specially built for carrying out this work, is 660 feet long and 160 feet wide for the greater part of its length. Amongst the lifting appliances are two 27-ton travelling cranes.

KIDNEY DISEASE CURED BY "FRUIT-A-TIVES"

Father And Son Both Owe Their Good Health To The Healing Qualities Of The Only Medicine In The World Made Of Fruit Juices.



M. DORLAND, ESQ.
Brome, Ont., Oct. 31st, 1913.
"For about 40 years, I was troubled with Lame Back brought on by Kidney and Bladder Trouble. I was never confined to my bed with the trouble, but it affected my spine and I had to rest for a time. I took advertised remedies that did not do me any good. I saw 'Fruit-a-tives' advertised and decided to try them. They did me more good than any other remedy. I would advise anyone suffering from Kidney or Bladder Trouble, to use 'Fruit-a-tives.'"
H. DORLAND.
"Fruit-a-tives" acts directly on the kidneys and bladder, relieving inflammation and stopping the pain. But it does more. It prevents the formation of an excess of uric acid, by restoring the Kidneys, Bowels and Skin to healthy action. When these three great eliminating organs of the body are working in harmony, there can be no uric acid to poison the blood and irritate the nerves. "Fruit-a-tives" sweetens the stomach, regulates the bowels, clears the skin and cures every trace of Backache, Kidney Trouble, Rheumatism, Sciatica, Lumbago, Neuralgia and Chronic Headache.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.



CANADA'S NEW S. A. COMMANDER

Commissioner W. J. Richards, who is on his way from New Zealand to take command of the South African army in Canada, succeeding the late Commissioner who perished in the Empire of Ireland disaster.

Doctor Coming to Kingston.

Elgin, Sept. 28.—Miss Eva Coo left for Kingston to resume her studies at Queen's. Miss Sly, Queen's student, is the guest of her parents, Mr. and Mrs. W. Sly, Dr. D. A. Coo and family leave this week to become test-dots of Kingston. Dr. Bracken, Sault Ste. Marie, has returned to his home in Westport, spent Sunday with Miss Sullivan. A number of teachers from this vicinity attended the teachers' convention at Gananoque. Miss Mary Brown is attending ladies' college at Ottawa.
Dr. and Mrs. D. A. Coo were presented with gifts on the eve of their departure for Kingston, the former with a handsome cane and Mrs. Coo with a cut glass pitcher, by their many friends here.
The patriotic meeting addressed by Hon. W. T. White and Senators Taylor and Derbyshire drew a large crowd. F. L. Tooker, Brockville, was in the field this week. J. B. Davidson, W.P.F., was at Toronto, attending the funeral of the late Premier Whitney. Miss Ella Rutivin was in Westport for the military season.

Notes From Kepler.

Kepler, Oct. 1.—Corn cutting is the order of the day. A very interesting Sunday school rally was held on the 27th. The Ladies' Aid met yesterday at the home of Mrs. Ambrose Orser. Herbert E. Johnston is building an addition to his home. T. Herbert Lawson has moved into the business with his father, who is about to build an addition to his home. M. Knapp and daughter were recent visitors at A. Standard's. Also Mr. Douglas, Kingston. Rev. E. Godding and wife, visited at Wellington Orser's on Sunday. Stewart Babcock and friends from the city were recent visitors at his father's home. Mrs. Myers, Sydney, was the guest of Mrs. George Lawson, recently. J. A. Townsend and wife visited at A. C. Trowbridge's last week. E. W. Horning and son are at J. T. Garrett's. Miss Smith, at Dr. Donnell's. Mr. Watson and wife, Ottawa, are at Herbert E. Johnston's.

George R. Johnston, Brockville, intends to open a creamery at Napanee.

Go By Way of Cape Race.

This will enable the cruisers now employed on the North Atlantic to give more efficient supervision to shipping and protection from possible interference by German warships from now until the close of navigation.
The wireless station at Cape Race has been restricted from any general business and required to handle only naval and official messages. A cord of British warships stretched from Cape Race eastward to the British coast and another patrolling the ocean sufficiently far south to enable the guarding of all British shipping traversing the North Atlantic to be efficiently carried out.

No Cause For Worry.

Retail prices for foodstuffs in the Dominion as a whole show no cause for anxiety. Through its correspondence the Labor Department is keeping in the closest possible touch with the course of prices in every district.
"Our reports show," said R. H. Coats, editor of the Halifax Gazette, the other day, "that there is absolutely no cause for worry, we are constantly informed of any changes."
The index number of prices usually prepared monthly is now prepared weekly to keep the department better in touch with general developments.

Pictou Paragrapths.

Pictou, Sept. 30.—Mr. and Mrs. P. Bird, and daughter, Kingston, visited at Glenbrook recently. S. Stantown, town, is at C. G. Fox's. Mrs. E. McGraw, who was at her mother's in town has returned home. S. McCoy and A. Hicks are drawing to the canning factory. Mr. and Mrs. E. Wannamaker and grandson, Campbell, Salem, who have been visiting at Maple Dell, have returned home. Gerrie McCoy is attending the collegiate this term. Mr. and Mrs. S. Head were town visitors on Saturday.

SOUR STOMACH, COLDS, HEADACHES, REGULATE YOUR BOWELS--10 CENTS

Turn the rascals out—the headache, biliousness, constipation, the sick, sour stomach and bad colds—turn them out to-night with Cascarets.
Put in another day of distress. Let Cascarets sweeten and regulate your stomach; remove the sour, undigested and fermenting food that is misery-making gas; take the excess bile from your liver and carry off the decomposed waste matter and constipation poison from the bowels. Then you feel great.
A Cascaret to-night will straighten you out by morning—a 10-cent box.
You out any drug store will keep your bowels clear, stomach sweet, liver and bowels regular and make you feel bully and cheerful for months. Don't forget the children.



CASCARETS WORK WHILE YOU SLEEP

Announcement?
As I have decided to vacate my present premises in the early spring of 1915, I am now prepared to make reductions on any monument that I have in stock. If it is your intention of purchasing it would be to your advantage to buy now.
J. E. MULLEN
Cor. Princess and Clergy Streets, Kingston. Phone 1417.

Women's Fine Boots
Dongola Kid, Gun Metal, Tan Calf and Patent Leather, buttoned or Blucher. Would make a good fall boot.
H. JENNINGS
King Street.

Let me talk to you about being "Run-Down"
When your system is undermined by worry or overwork—when your vitality is lowered—when you feel " anyhow"—when your nerves are "on edge"—when the least exertion tires you—you are in a "run-down" condition. Your system is like a flower drooping for want of water. And just as water revives a drooping flower—so "Wincarnis" gives new life to a "run-down" constitution. From even the first wineglassful you can feel it stimulating and invigorating you, and as you continue, you can feel it surcharging your whole system with new health—new strength—new vigour and new life. The result will delight you.
Begin to get well FREE
Send for a liberal free trial bottle of "Wincarnis". Enclose six test stamps for postage. GOLDMAN & Co., Ltd., Wincarnis Works, Norwich, England. You can obtain regular supplies from all leading Stores, Chemists and Wine Merchants.
WINGARNIS
The Wine of Life
Recommended by over 10,000 Doctors.
It is easier to remember the kisses that were not kissed than those that were actualities. Think much; talk little. Thoughts can never be used as evidence against you.
Representative for the Dominion of Canada.—Mr. Frank S. Ball, P. O. Box 577, Toronto. Phone No. Main 275. Telegrams "Unit" Toronto.