

YEAR 51 NO. 219

LETTERS TO THE EDITOR

COUNCILS SHOULD ARRANGE TO HANDLE FOODSTUFFS.

Send Out People to Gather the Produce—The War News in the West.—What a Correspondent Has to Say.

Toronto, Sept. 18.—(To the Editor):—It is being publicly stated that apples, pears, plums, potatoes, and other fruits and vegetables are an abundant crop in Ontario, and that, owing to depression of the markets and the impossibility of shipping abroad there will be thousands of tons of valuable supplies left on the trees and in the fields to rot. Why should this be so? There are likely to be thousands of men very soon, money has been collected to meet the emergency of the needy. Why cannot the city fathers and those in charge of charity and emergency funds arrange with the farmers and produce growers to take everything in the way of food stuffs so that there will be abundant stores of supplies in every town and city to serve all the needy with fruit and vegetables free or at a nominal price. I do not believe in avoidable charity. Far better to spend the money now in hand to be collected in gathering or purchasing cheap food supplies.

Why not send the people now out of work to the country to pick fruit and help the growers take care of everything edible? Better far to do so now than later on to supply money and foodstuffs as a charity. There are but few people who are out of work now that would not be glad to get a chance to go to the country and help gather supplies for themselves and others if given the opportunity. Who will help? In this land of plenty why should there be want and starvation, when by a little foresight and planning and investment of funds in hand the hungry can be fed and much waste prevented.

I know from personal observation and investigation that it is quite true that the growers of fruit and vegetables every year let thousands of tons of fairly good supplies go utterly to waste and this year there is a promise of greater wastage than ever. This should not be, let us get busy and take care of everything, everything will be needed.—JAMES K. CRANSTON, 50 Home-wood Avenue, Toronto.

Loyal and Anxious.
Vancouver, B.C., Sept. 14.—(To the Editor): I am sending you herewith money order for my subscription. I had really forgotten that I had any obligation. You know it is in the air just now to forget. The British nation, in all her strength and glory, and in all parts of her great domain is at war to-day. Nobody has time to talk or think of anything but war. We have no sooner finished re-reading the morning paper than the noon edition of another is out, and before we have finished with that the evening paper is at our door. These, with the extras that are being issued hourly keep us pretty busy until bedtime. We then manage to get a couple of hours' sleep before the boys come round at midnight crying "extra again. Of course we do not know what may have happened, and so we get up and buy a paper, and in the course of another hour manage to get into bed again. And so you can see that even though we are away out here in the west, isolated as it were by ourselves, and seldom mentioned by the eastern press, yet we are loyal. God bless the British empire, is our prayer, and we are doing all we can, and that in no small way, both in

men and money, to make that prayer effective. Excitement ran pretty high here in some quarters for a time at first and many of the more timid people were afraid to go down to the bathing beach for fear of those German war ships which have been so active on this coast since the outbreak of the war. And who can blame the people? The papers would tell us of some fishing schooner, or some other kind of boat being chased into the harbor—almost by one of these boats, and perhaps in the next issue, which might be within an hour, tell us that it was reported that the same boat had just chased a merchant ship into San Francisco harbor. Is it any wonder that we should be afraid of such a ferocious boat, which was capable of being on two such distant parts of the coast at one and the same time? People are now getting down nearer to the even tenor of their ways, and while the avior of none can be said to have cooled, yet they are beginning to realize perhaps more fully, now that they have got their feet touching the ground again, that there are other problems besides that of re-arranging the Kaiser's mousetache, and now that the latter is likely to be well taken care of, we must turn our attention to the other problem, which is just as great, and just as important.

Let me tell you what this problem is by copying from Harold Begbie in the London Daily Chronicle. I think it well worth repeating:

There's a man who fights for England, and he'll keep her still stop. He will guard her from dishonor in the market and the shop. He will save her homes from terror on the fields of daily bread. He's the man who sticks to business, he's the man who keeps his head.

Let the foe who strikes at England hear her wheels of commerce turn. Let the ships that war with England see her factory furnace burn. For the foe most fears the tannin, his heart most quails with dread. When behind the man in khaki is the man who keeps his head.

Brand him traitor and assassin who with misers coward mood. Has his gold locked up in secret and his larders stored with food. Who has cast adrift his workers, who lies sweating in his bed. And who snarls to hear the laughter of the man who keeps his head.

Let the poor man teach the rich man, for the poor man's constant strife, is from day to day to seek work, day by day to war with life. And the poor man's home hangs ever by a trail and brittle thread. And the poor man's often hungry, but the poor man keeps his head.

When the ships come back from slaughter, and the troops march home from war. When the havoc strewn behind us threatens the road that lies before. Every hero shall be welcomed, every orphan shall be fed. By the man who stuck to business, by the man who kept his head.—E. H. NEWTON.

Loss of Big Income.
London, Sept. 22.—As a result of the European war the Duchess of Mecklenburg-Strelitz will lose the annuity of \$15,000 allowed her by the British government.

Dowager Grand Duchess of Mecklenburg-Strelitz is the granddaughter of George III, and first cousin of Queen Victoria. She was born in 1822 and married at Buckingham Palace to the grand duke in 1843.

THE INVERARY FAIR

THE LIST OF PRIZE WINNERS IS ANNOUNCED.

This Fair Was Held By the People of Storrington on September 9th—A Number of Special Prizes.

Horses, draught—Brood mare (foal at side)—M. B. Traves, F. S. Ferguson. Colt of 1914, F. S. Ferguson. Draught team, R. Arthur, H. Darling, F. S. Ferguson.

General purpose horses—Brood mare (foal at side); Henry Scott, H. Moreland. Two year old colt, Robert Dixon, G. Leatherland. One year old colt, Robert Dixon. Colt of 1914, M. B. Traves, Henry Scott, H. J. Moreland. General purpose team, W. Gummer, T. Arthur, W. Moreland.

Founders—Brood mare, A. Kent, M. Campbell. Heavy colt. Two year old colt, T. Thompson. Colt of 1914, M. Campbell, S. A. Lyon, A. Kent. Carriage team, fifteen and a half hands high and over, H. Moreland, G. Leatherland. Carriage team, under fifteen and a half hands, A. McFadden. Buggy horse, fifteen and a half hands and over, A. Kent, F. Porter, R. Arthur. Buggy horse, under fifteen hands high, C. Loney, J. Gibson, C. Clark. Saddle horse, F. S. Ferguson, C. Perry. Leaping horse, F. S. Ferguson, C. Perry.

Cattle, Holsteins (pure bred)—Yearling bull, H. Moreland, T. Thompson, S. A. Lyon. Bull calf of 1914, S. A. Lyon, H. Moreland, Mitch cow, F. S. Ferguson, T. Thompson, H. Moreland. Two year old heifer, F. S. Ferguson, H. Moreland, S. A. Lyon. Yearling heifer, H. Moreland, F. S. Ferguson, T. Thompson. Heifer calf, 1914, F. S. Ferguson, M. B. Traves, H. Moreland.

Holsteins (grade)—Milk cow, M. B. Traves, J. Gibson, G. Leatherland. Two year old heifer, M. B. Traves, George Leatherland. Heifer calf of 1914, P. Edwards, G. Leatherland, M. B. Traves.

Ayrshire (grade)—Milk cow, F. Porter, J. Gibson. Durham (grade)—Milk cow, Ira Darling, F. Porter. Jersey, Milk cow—J. Gibson, E. J. Dennis. Friesian; yearling heifer, F. Porter, J. Gerald.

Sheep, long wool—Rams, one year and over, George Leatherland; ram lamb, George Leatherland; one breeding ewe, George Leatherland; one shearing ewe, George Leatherland.

Sheep, short wool—One breeding ewe, P. Edwards. One ewe lamb of 1914, P. Edwards.

Hogs—Boar, one year old and over, Henry Scott; brood sow, one year old and over, M. B. Traves, P. Edwards; sow of 1914, G. Leatherland, J. Gibson, H. Scott. Best export bacon bog, G. Leatherland, H. Scott, J. Gibson.

Manufactures—pair of horse shoes, Ira Darling; pair of cleavics, Ira Darling.

Pow—Turkeys, pair, male and female, 1914, J. Taylor, G. Leatherland, S. Lyon. Turkeys pair, male or female, S. A. Lyon, G. Leatherland. Geese pair, John Taylor. Ducks, pair, S. A. Lyon, G. Leatherland, J. Gerald.

Dairy Products or Bread—Ten lbs. butter, W. Gummer, S. Lyon, H. Keeler. Ten lbs. cheese, A. Kent. Loaf, home made bread, J. Taylor, S. A. Lyon, G. Leatherland. Six buns, G. Leatherland, H. Scott, M. B. Traves.

Canned Fruit and Flowers—One qt. raspberry vinegar, S. A. Lyon, George Leatherland. One qt. maple syrup, J. Taylor, G. Aykroyd, P. Edwards. One qt. jelly, P. Edwards. M. B. Traves, G. Leatherland. One qt. jam, G. Leatherland, S. A. Lyon.

WAR RELIEF FUND

Special Campaign Week

"Bear Your Share of the Empire's Burden"

It is your duty to give something, as much as you can afford, for the relief of the wives and children of those who have gone to the front.

"Don't Let It Be Said That You Didn't Help"

TODAY IS THE FIRST DAY

When the collectors call on you, therefore, do not hesitate, but

Give! Give! Give!

Every Cent Counts

War Relief Fund

Campaign Headquarters Board of Trade Rooms


Reliability

is what a doctor must be assured of in recommending a food or drink. He must know that it is honest, efficient, pure and wholesome.

In cases of nervousness, heart flutter, headache, biliousness, indigestion, etc., where the patient is a tea or coffee drinker, most doctors order: "Quit tea and coffee and use Postum."

Doctors recommend Postum because they know that it is a pure food-drink—absolutely free from the drug, caffeine, which makes tea and coffee injurious to most users.

It is significant that thousands of physicians not only recommend, but themselves use



POSTUM

—its worth having been fully demonstrated, not only in the home, but in Sanitariums, Hospitals and Colleges.

Postum now comes in two forms:

Regular Postum—must be well boiled—15c and 25c packages.

Instant Postum—soluble—no boiling—made in the cup with hot water, instantly. 30c and 50c tins.

Both kinds are delicious—cost per cup about the same—sold by Grocers everywhere.

"There's a Reason" for Postum

CANADIAN POSTUM CEREAL CO., LTD. WINDSOR, ONT.

J. Taylor. Best collection canned fruit, J. Taylor, J. Taylor, George Leatherland. Best collection canned pickles, G. Leatherland, M. B. Traves, S. A. Lyon.

Fruit, Roots and Vegetables—Three varieties winter apples, P. Edwards, F. Porter. Three varieties fall apples, R. Dixon, P. Edwards, S. A. Lyon. Best clusters of grapes, P. Edwards. Half bushel potatoes, colored, J. Taylor, R. Dixon, W. Gummer. Half bushel potatoes, white, J. Taylor, R. Dixon, S. A. Lyon. Half dozen carrots, J. Taylor, P. Edwards. Half dozen turnips, P. Edwards, S. A. Lyon. Half dozen blood beets, P. Edwards, R. Arthur. Half dozen sugar beets, J. Taylor, R. Dixon. Half dozen mancioid wurstel, J. Taylor, R. Arthur. Two heads, cabbage, W. Gummer, P. Edwards. Two heads cauliflower, J. Taylor, P. Edwards. Three heads celery, P. Edwards, C. Loney. One pumpkin, P. Edwards, J. Taylor. One squash, P. Edwards. Dried tomatoes, R. Arthur, R. Dixon. Best three stocks of ensilage corn, R. Arthur. Best collection vegetables, P. Edwards, S. A. Lyon.

Grain and Seeds—Bushel of wheat, G. Leatherland, E. F. Dennis. Bushel spring wheat, W. Gummer, G. Leatherland. Bushel rye, S. A. Lyon, Charles Loney. Bushel field peas, G. Leatherland. Bushel oats, G. Leatherland, J. Taylor. Bushel corn in ear, J. Taylor, P. Edwards. Bushel timothy seed, M. B. Traves, E. F. Dennis.

Special Sheep Exhibit—Fall wheat G. Leatherland. Spring wheat, G. Leatherland. Oats, G. Leatherland.

Fine arts and fancy work—Crayon drawing, P. Edwards. Painting on silk or satin, S. A. Lyon, G. Aykroyd, M. Traves. Specimen landscape in oil colors, M. B. Traves, F. S. Ferguson, G. Aykroyd. Specimen animals in oils, F. S. Ferguson. Painting in water colors, F. S. Ferguson. Painting on china, F. S. Ferguson. Tatting, G. Leatherland, M. B. Traves. Berlin wool work, ribbon, G. Aykroyd, G. Leatherland. Sofa cushion, G. Aykroyd, C. Loney, M. B. Traves. Pair slippers, crochet or knitted, G. Leatherland, F. S. Ferguson. Specimen worsted work, S. A. Lyon, C. Loney, G. Aykroyd. Crochet work, C. Loney, G. Leatherland, M. B. Traves. Coromation braiding, Albert Kent, M. Traves, S. A. Lyon. Crochet edging, four yards, C. Loney, M. B. Traves, S. A. Lyon. Knitted edging, four yards, M. B. Traves, G. Aykroyd, C. Loney.

Table doilies in cotton, C. Loney, M. B. Traves, S. A. Lyon. Table doilies in silk, C. Loney, F. S. Ferguson. Embroidery in cotton, G. Aykroyd, M. B. Traves, C. Loney. Embroidery in silk, C. Sleeth, P. Edwards. Eyelet embroidery, M. B. Traves, C. Loney. Roman embroidery, C. Loney, M. B. Traves. Shawl embroidery, M. B. Traves, S. A. Lyon, C. Loney. Wallachian embroidery, F. S. Ferguson, G. Aykroyd. Hardanger embroidery, P. S. Ferguson, C. Loney, G. Aykroyd. Punch work, C. Loney, M. B. Traves, G. Leatherland.

Battenburg lace, M. B. Traves, F. S. Ferguson, G. Leatherland. Point lace, F. S. Ferguson, M. Traves, G. Aykroyd. Set table linen, G. Aykroyd, C. Loney, F. S. Ferguson. Burnt wood work, G. Aykroyd, F. S. Ferguson, M. Traves. Five o'clock tea cloth, C. Loney, G. Aykroyd, Tea cosy, M. B. Traves. Faggy handkerchiefs, hand made, C. Loney, M. B. Traves. Specimen ornamental needle work, P. Edwards, G. Aykroyd, C. Loney. Best collection fancy work, C. Loney, G. Aykroyd, M. B. Traves. Centpieces in silk embroidery, G. Aykroyd, C. Loney, C. Sleeth. Centpieces in linen embroidery, G. Aykroyd, C. Loney, A. Kent. Hand embroidered towels, pair, G. Aykroyd, M. Traves, F. S. Ferguson. Hand embroidered pillow cases, G. Aykroyd, C. Loney, F. S. Ferguson. Table cloth and napkins, embroidered, G. Aykroyd, M. B. Traves.

Ladies' work (useful)—Quilt patchwork, hand-made, M. Traves, C. Loney, S. Lyon. Quilt log cabin, satin or silk, A. Kent. Quilt, log cabin, woolen, C. Loney, F. S. Ferguson, M. Traves. Quilt, knitted, M. Traves, G. Leatherland, A. Kent. Quilt, crazy, M. Traves, P. Edwards, S. Lyon. Quilt, crocheted, G. Leatherland, C. Loney, S. Lyon. Quilt, quilted hand-made, G. Aykroyd, S. Lyon, J. Taylor. Quilt, tufted, J. Taylor, F. S. Ferguson. Ladies' mittens, S. Lyon, G. Leatherland. Gentlemen's mittens, S. Lyon, G. Leatherland, J. Taylor. Ten yards wool carpet, J. Taylor. Ten yards rag carpet, S. Lyon, J. Taylor. Rag mat, G. Aykroyd, C. Loney, G. Leatherland. Yarn mat, C. Loney, J. Taylor, S. A. Lyon. Best collection useful work, G. Aykroyd, G. Leatherland, S. A. Lyon.

Special Prize List of Horses.
Best carriage horse, 15½ hands and under, C. Loney.
Best three-year-old colt (general purpose), G. Aykroyd, P. Edwards.

Best colt of 1914 from Storrington Percheron horse, F. S. Ferguson.
Best double turnout, A. McFadden.
Best team of draught horses, K. Arthur.
Best team, general purpose, W. Gummer.
Best team of walking horses, H. Dixon.
Best driving horse, 15½ hands and under, C. Loney.
Best double turnout driven by a lady, A. McFadden.
Best draught colt of 1914, F. S. Ferguson.
Best general purpose colt of 1914, M. B. Traves.
Best roadster colt of 1914, M. Campbell.
Best general purpose colt, yearling, R. Dixon.
Best two-year-old general purpose, R. Dixon.

(Continued on Page 11.)

HEADACHE, COLD OR SOUR STOMACH, REGULATE YOUR BOWELS—10 CENTS

Sick headaches! Always trace them to lazy liver; delayed, fermenting food in the bowels or a sick stomach. Poisonous, constipated matter, gases and bile generated in the bowels, instead of being carried out of the system, is reabsorbed into the blood. When this poison reaches the delicate brain tissue it sickening headache. Cascarets will remove the cause by stimulating the liver, making the bile and constipation poison move on and out of the bowels. One taken to-night straightens you out by morning—a 10-cent box will keep your head clear, stomach sweet, liver and bowels regular, and make you feel bright and cheerful for months. Children need Cascarets, too.

CANDY CATHARTIC Cascarets

10 CENT BOXES—ANY DRUG STORE

WORK WHILE YOU SLEEP