

GRAND TRUNK RAILWAY SYSTEM The Lake And Rail Route To Western Canada

Service has been inaugurated between Eastern and Western Canada, trains leaving Toronto via Grand Trunk, Mondays, Wednesdays and Saturdays, 11.15 a.m., to connect at Sarnia with the high-class steamers of the Northern Navigation Co. for Fort William, thence Grand Trunk Pacific to points in Western Canada.

CANADIAN PACIFIC NEW LIMITED TRAINS "THE CANADIAN"

Montreal-Toronto-Detroit-Chicago Via Canadian Pacific and Michigan Central Railroads. Via Michigan Central Giantic Steel Tubes between Windsor and Detroit. Leaving Toronto 8 a.m.; Toronto 6.10 p.m., arriving Detroit 12.35 a.m.; and Chicago 7.45 a.m. daily.

CANADA STEAMSHIP LINES, LIMITED

MONTREAL-QUEBEC-SAGUENAY. SS. Toronto and Kingston leave daily at 6 a.m., connecting at Prescott with Rapid Steamer, arriving Montreal 6.30 p.m.

TORONTO EXPRESS SERVICE. Steamers leave Kingston at 5 p.m. daily except Monday for Toronto, arriving 7 a.m. Returning leaves Toronto 5 p.m. daily, except Sunday, arriving Kingston 5 a.m.

TO CHARLOTTE (Port of Rochester). SS. Syracuse leaves Tuesday, Thursday and Saturday at 5 p.m., arriving Charlotte, N.Y., 19.15 p.m.

1000 ISLANDS-BAY OF QUINTE. SS. Caspian and North King leave at 10.15 a.m. daily, except Monday for 1000 Islands, and at 5 p.m. for Charlotte via Bay of Quinte.

HAMILTON-TORONTO-QUEBEC. Weekly service by SS. Alexandria, Belleville, City of Ottawa and City of Hamilton. Delightful water outings at reasonable rates.

Folders and Information from E. E. HORSBY, J. P. HANLEY, General Agent, City Ticket Agent, Phone 31, Phone 99.

Rideau Lakes Navigation Co. For Ottawa

Every Monday, Wednesday, Thursday and Saturday at 6 a.m. Passengers going through to Ottawa may occupy stateroom the evening previous. No extra charge.

For Clayton every Tuesday, Wednesday, Friday and Saturday at 6 p.m. Jones Falls and return, 50c, every Wednesday at 6 a.m.

OFFICE, FOOT OF JOHNSTON ST. PHONE 391.

Ocean Steamship Agency. C. S. Kirkpatrick, 82, Clarence street, Phone 568

To Oswego, New York

Beginning June 20th, STEAMER OLCOTT leaves Swift's wharf 3 p.m. on Mondays, Tuesdays, Thursdays and Fridays, reaching Oswego 7 p.m., connecting with east and west-bound New York Central and D. L. & W. trains.

For information inquire from Agent, C. S. Kirkpatrick, 42 Clarence St. Telephone 568.

CUNARD LINE

Memory will cherish no more delightful impressions than those of your trip down the St. Lawrence by the Royal Mail steamer at old Quebec—Views of historical points—historic villages, fishing boats—the pleasant days' river sail in literally crowded with bright colored pictures full of movement, interest and charm. Bookings—write to 52 King St. East, Toronto, Ontario.

From Southampton From Montreal July 9 ANDANIA July 25 July 16 ARCANIA Aug. 8 July 23 ALAUNIA Aug. 5 Steamers call Plymouth eastbound. Rates—Cabin (11) \$46.25. First class, British eastbound, \$30.25 up. West-bound \$39 up.

Apply Local Ticket Agent, or THE ROBERT REPOD CO., LIMITED, General Agents, 59 King St. East, Toronto.

LARGEST STEAMERS CANADIAN ROUTE TO LIVERPOOL

From Quebec to Glasgow To London & Havre. From Montreal to Liverpool. From Quebec to London.

ALLAN LINE 95 KING ST. W. TORONTO

AGRICULTURAL TOPICS FOR WHIG READERS

Foot and Mouth Disease.

The last report received from the British authorities stated that no new outbreaks of the foot and mouth disease have been detected for some weeks. It is to be hoped therefore that this disease has been eradicated.

Bone Former For Hogs.

A good supply of salt and ashes for hogs should not be neglected. If wood ashes are available, the hogs should have all they will eat.

Successful Breeding.

James Tait, of Jordan Mt., N. B., reports that he has this summer twenty-one lambs from ten ewes, and at the present time all of them are living.

Paved Barnyards.

This is what one dairy farmer has to say about concrete feeding floors: "As farmers we have fallen into the slouchy habit of letting our milch cows stand around stumpy barnyards where, in the early spring, they sink half a foot in the mire every time they take a step."

The Hay Crop.

One of the most anxious times of the season for the farmer is at haying. The experienced haymaker knows that one ton of hay cut and cured in good shape is worth three tons badly made.

Milking the Cow.

He was a young fat French bachelor trying to learn the ways of the farmer on a Western homestead. Milk-ling was a problem which he met in a unique way, which is told by a visitor.

The Isolation of Farm Life.

The greatest drawback of farm life and at the same time its greatest advantage, is its isolation. These are pretty widely separated, but a little thought will bring out the reason why both are true.

Cows That Wear Well.

One of the many advantages reaped for systematic cow testing is the fact that it not only detects cows of indifferent value (saving dairymen the burden of providing for worthless cows, instead of their having good cows to support them).

Produce and Prices.

Kingston, July 12.—The market clerk reports the following: Meat, beef, local, carcass, 12c; carcass, eals, 10c to 22c; mutton, 11c to 14c; live hogs, 8c; dressed hogs, 12c; veal, 8c to 12c; lamb, by carcass, 8c; western beef, 14c to 15c, by carcass.

Quebec

Memory will cherish no more delightful impressions than those of your trip down the St. Lawrence by the Royal Mail steamer at old Quebec—Views of historical points—historic villages, fishing boats—the pleasant days' river sail in literally crowded with bright colored pictures full of movement, interest and charm. Bookings—write to 52 King St. East, Toronto, Ontario.

From Montreal

From Montreal to Liverpool. From Quebec to London. From Quebec to Glasgow.

From Quebec to Glasgow

From Quebec to Glasgow To London & Havre. From Montreal to Liverpool. From Quebec to London.

ALLAN LINE 95 KING ST. W. TORONTO

Chinook salmon, 30c. per pound; fresh haddock, 12c. per pound; steak cod, 12c.; salmon trout, 15c. per lb.; Saguenay salmon, 30c. per lb.; mackerel, 15c. per lb.; pickered, 10c. per lb.

PHILOSOPHER AND WIT

COL. GEORGE HAM IS A SEARCHING BUT KINDLY HUMORIST.

He is a Keen Student of the Problems of Life and Death, But He Believes That the Tragic View of Existence is Narrow—He Also Has a Leaning Towards Telepathy and the Verity of Premortitions.

EPIGRAMS AND MAXIMS. (By Col. Ham.)

Look out for the man who crowds all his religion into the Sundays.

Talk is cheap. That is why it is so prevalent.

A coal stove, a lucky dog, and a hot Scotch are not of much use in the summer time.

Some are born with a silver spoon in their mouths; others with a waggin' tongue.

Young man, when you think that you know more than the boss does, it's time for you to quit.

Never offer an anchor to a drowning man.

The poorest tramp has the most faithful dog.

What some people need for a stimulant is a good swift kick.

What's the use of going away from home, when you only have to come back again?

Loneliness is a worse disease than rheumatism.

There are a whole lot of contented volunteers in the army of the unemployed.

The boaster who "can drink and leave it alone," usually doesn't.

Never drink before the sun reaches the yard-arm, and then less after it.

A whiskey breath is not a good introduction, if you are seeking employment.

I once knew a man who could converse in seven languages, and do nothing in a dozen.

There is a couple a distinguished Chief Justice used to recite what is good advice to young men: "It's not birth, nor wealth, nor real estate that makes men great."

But get-up-and-get—that makes men great.

It is better to have the ball in the house than discontent.

Solitude is fine.—If you have somebody to share it with you.

Unkindness is a worse crime than theft.

If I would trade off all my real estate for as much as you would give me for the twentieth century.

When a man doesn't want to be rich, he generally gets his wish.

Some nights are an eternity, and some hours a hundred minutes long.

Friends frequently do not disagree as much as you do yourself.—If you only knew it.

By J. D. Logan, Ph.D.

Practically, humorists may be divided into two classes—those who laugh at the universe and those who laugh for it. The first are the so-called "funny men" or the cheerful cynics; the second are those who, with the same sort of vision possessed by Sophocles and Shakespeare, see life steadily and see it whole.

That's me," the present writer once overheard Col. Ham say in his colloquial way to a friend who was invited to speak at a public function, "that's me. I'm always for forlorn meetings. Well, I'll be there with the sunshine." In short, Col. Ham has a definitely realized theory of the function of humor and of his mission in the world.

The Dominion Fish company reports the following prices: Whitefish, 15c. lb.; pike, 12c. lb.; blue fish, 15c.

away and like Robert Louis Stevenson, setting about to get happiness, in Satan's despite, out of existence." It is by virtue of Col. Ham's philosophical observations such as the preceding, uttered casually but with conviction, and by virtue of his equally casual expression of his serious views on the persistent problems of life and death, that one divines the mind and heart of the real man behind the mask of the humorist—the philosopher behind the infectious laughter with which he has made men love their enemies, fostered faith and hope in mankind, and brightened or enlivened existence for thousands of human beings.

"Supposes," said Col. Ham, "that a young brakeman marries a sweet girl, and that after their honeymoon has ended, he takes up his routine work. One morning he bids her good-bye, and takes his place on his train. Stealing a ride on the same train is a hobby. A wreck occurs. The young brakeman is killed and the dirty good-for-nothing, vicious hobo escapes. How can one justify such caprice in God's universe? According to our view of God's economy the hobo should have had his existence ended, and the brakeman should have escaped."

"Now," continued Col. Ham, "it has not destroyed my belief in the existence of the Deity. In a million million years, what is the significance of our existence? We can imagine the worm even rodding a good and killed saying in his dying agonies, 'Ah, there is no God.' Well, from the point of view of eternity, love, sorrow, defeat and death are but drops of experience in the great ocean of experience since the universe began. The intense tragic point of view is too human and personal. Man's few days and the vicissitudes of his life are under the tragic vision, raised to an importance which they do not deserve. But the genuine comic vision places man and his virtues and follies against a background of eternal reality, elevating man's vision of his place and part in God's economy, and thus effects in him sanity and peace. The laughter of the genuine, the philosophical, humorist, is pure laughter of the spirit. Ours is a Show World, and behind it all there is a beneficent Showman, and therefore the genuine humorist laughs with those who weep and weeps with those who laugh, unless there were evil in the universe, he would not perceive that there must be also a resolving divine harmony."

Col. Ham has positive philosophical views on spiritualism, telepathy, occult activities and reputation. In his view some dream: do come true, but his belief in this is thoroughly scientific. That is to say, in his experience the number of dreams that have had fulfillment in fact has been so great that Col. Ham is compelled to believe that the universe is spiritual though and through, and that "spirit with spirit can meet" though separated by space and time. In other words, like a scientist, he makes an induction from many like instances of a phenomenon.

He cited recently several instances of telepathic influence, one kind especially interesting. Col. Ham declares that frequently he has suddenly thought of friends long absent, and far away, or that he would dream of receiving a letter from them, and sure enough, when he arrived, at his office there was a letter awaiting him from the very person he had thought of. "This phenomenon has occurred so often in my experience," he says, "that inductively I conclude that there are spiritual influences all around us, and that they can communicate mysteriously with us."

In a like manner Col. Ham believes that there are occult affinities and repulsions in the universe. "I have had letters from certain people whom I never saw," he said, "and immediately some subtle spiritual influence moved me so that I knew that I would or would not like the persons if ever I met them. So indeed it has proved scores of times. At the moment of actual meeting I felt genuinely friendly or repelled. The great hidden soul of the universe had sent its occult message to me, and I found the message was real in fact."

As a speaker at banquets and public occasions, Col. Ham has for many years been a "find" in the world. He is unequalled as a raconteur, all his stories or anecdotes have "taut," the pliancy which evokes not only laughter but reflection on the deeper meaning of his humor or wit. "Many, or indeed most, people believe," he said to the present writer, "that the function of a humorist at a banquet or public occasion is to dispense new jokes, witticisms and enlivening stories. As a matter of fact, the banquet speaker has no justification except in aiming higher. The pressure of life-to-day demands, of course, relief. Banquets themselves help in this end; and while I do dispense jokes and anecdotes in my role as speaker at banquets and at like occasions, I aim most to create a feeling of good fellowship, to nourish tolerance, to foster faith in mankind, and to cause men to believe that, despite life's caprices and vicissitudes, the good green earth is a pleasant place in which to sojourn."

Amongst Canadians of this day Lt.-Col. George H. Ham stands forth a man unique as a patriot, soldier, journalist, publicist, raconteur, and a great wit, unprinted and unbound in North America, a writer described him some years ago.

In the Fashion. Wife—John, I haven't a skirt fit to wear. Husband—Well, that's the style.

It is best to learn early in life that the world is bound to move, whether you do or not.

There's not much sense in an argument that doesn't end with some beneficial results.

Which Way Do You Sleep?



The "HERCULES" Way Is The Proper Way to Sleep

The weave of the "Hercules" Bed Spring is known as the "5 Times" weave. It is "5 Times" stronger than ordinary woven wire fabric, but it is also "5 Times" more resilient and restful.

HERCULES BED SPRINGS

Buy a "Hercules" Bed Spring for your body's sake and for your brain's sake too, because proper rest means mental and physical fitness. Energize your days by taking your rest right at night.

The Wrong Way—Don't tire yourself during the night by sleeping this way



"Hercules" Bed Springs are Manufactured by The Gold Medal Furniture Mfg. Co. Toronto (Phone Junct. 800)—also at Montreal and Winnipeg. Makers of The Famous Gold Medal Felt Mattress.

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All the Sunshine of Summer



may be found in this wholesome, nourishing combination—the choicest product of the Northern fields and the most luscious fruit of the Canadian garden.

SHREDDED WHEAT

With Strawberries or Other Fruits an ideal dish for the warm days when the body craves relief from heavy foods. All the body-building elements in the whole wheat made digestible by steam-cooking, shredding and baking.

Heat one or more Biscuits in the oven to restore crispness; then cover with berries or other fresh fruit; serve with milk or cream and sweetener to suit the taste.

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