GURED AT SEVENTY-FOUR Little Digesters are a Great Help

to Mr. John F. Becker The weight of years very often brings with it a still heavier burden, that of

Then "Little Digesters" come to the escue-if you give them a chance, as id Mr. Becker. Here is his letter telling what they did for him: New Dandee, Nov. 10, 1909.

TO THE COLEMAN MEDICINE CO. Dear Sirs,-I was for a long time troubled with

loating after meals, and my tongue was always coated. Seeing the "Little ters" advertised I bought a box, and they took all that trouble away but I thought one box would not be enough, so I sent to you for more. They are a great help to my body. Yours truly. IOHN F. BECKER.

Excuse my writing with pencil, being 'Little Digesters' aid the feeble sto mach to digest the food perfectly. This means that you can enjoy every meal and get the strength out of what you

eat, if you take a "Little Digester" 25c. at your druggists or by mail from Coleman Medicine Co., Toronto, 86

FLGUR Our Robin Hood Brand of Boar has a guarantee in every bag for good quality.

ANDREW MACLEAN,

Untario Street

GUARANTEED ELEC TRIC IRONS Regular \$5.00 Irons for \$3.50 For a Limited Time M. G. RYAN

216 Earl St.

For Sale

Phone 1339

9 room house, new; all improvements, \$3,000.00 Easy terms. Apply

W. H. Godwin & Son 89 Brock bt. Real Estate Fire Insurance,

Notice

Arrange your coal bin so that baskets will not be required in delivery. This will save you the extra charge of 25 cents per ton. Stove Coal, \$7.50 if shovelled in. Stove Coal, \$7.75, if carried. Nut Coal, \$7.75, if shovelled in. Nut Coal, \$8.00, if carried.

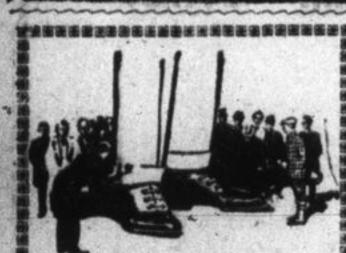
SOWARDS COAL CO PHONE 155

YORK FRUIT STORE

Fresh strawbergles and cherries daily. Sweet Oranges, 20c, 25c.

314 Princess St. Phone 1405

30c, 40c and 50c a dozen.



"COBRA" BOOT POLISH A Long and a Lasting Shine and besides being beautifully polished, your boots will be soft and waterproof.

Sold in Tins, Black or Brown, 18c. Always "Cobre"

BLYTH & PLATT, Limited WATFORD - ENGLAND gente-MACLAREN IMPERIAL CHEESE

Why Pay High Prices?

CO., Limited, TORONTO

新新州市安全市市等等的市场市场市场的企业的企业的企业

Will Give You FIRST CLASS GOODS The Style and Fitting will The Finsh and, Workmanship The price will be from \$2.00 to 87.00 LOWER than you

have been paying

820 Princess Street Opposite St. Andrew's Church

A SAILOR'S YARN

One bright moonlight night during the fifties of the last century a company of tars were foiling on the forecastle when one of them, Jim Burns, told this yarn:

"Mates, I've seen marvels on sal

water, but the biggest marvel I ever see was on land. I'd been left in a hospital at Marseilles, and when I got well I shipped in the brigantime Northern Light, bound for New Or-But I wasn't fated to git to that port, for we was driven ashore washed overboard. I hung on to a chicken coop that floated by me, was carried into the breakers and throwed on a sandy beach. Between seas I manag ed to crawl up beyond 'em, and somehow as soon as I saw they couldn't git me ag'in my strength went out o' me all of a suddent, and I didn' know nothin'. The last I remembered was a lot o' corpses of my mates rollin' around in the breakers and they seemed to be lookin' at me

"There was a big change from thi o what I saw when I got back to myself agin'. A gal with a pair o' blue eves was a'lookin' down into She had just poured some grog down my throat from a bottle and was watchin! to see if it would

bring me out; "Bully," said Tom Nye, "I would n't give a piece o' hardtack for varn without a gal in it."

"There bein' nothin' the with me,' continued the speaker, 'except exhaustion. I rose on my legs and, havin' got my bearin's, axed the gal where I was. She said I was on the coast o' South Carolina, not far somethin' to eat.

in the neighborhood, 'cos there was operations have been carried out. loophyles in it. . It had been kind o' elegant oncet, but was turrable run down. I concluded to go up there with the gal if only to git rid of the rollin' corpses. I found what they call a poor white family occupyin the premises - the gal's mother one or two white children and a fev niggers. They give me some grub, and by this time it was growin' dark and, havin been two days and nights at the pumps, I told 'em I'd like to turn in. The mother and daughter did a lot o' whisperin' together, and then the daughter went and came back with a key and told me she'd show me to my room. As soon as she opened the door a shut-up smell come

out that almost made me sick. "The furniture was the old fash lonedest I ever see. It was fine stuff I kin tell you, but the curtains and the canopy to the big bed was all fallen to pieces. There was a fireplace big enough to roast an ox in and armehairs that for comfort beat a hammock all to pieces. But I was

too sleepy to take much notice. "Well, now, mebbe them covers wasn't musty. It I hadn't been ready to drop off, I wouldn't stayed under 'em no time. As it was, I was asleep almost before I struck the

dreamin' of my mates rollin' around in the breakers and woke up with a said, gave the great Duke of Maristart. What d'ye suppose I saw? A borough more celebrity than all his man comin' in at the door. He held a victories. The words were printed on candle to light the way, and is shined right on to his face, and it was the ugliest mug I ever see in my further modernization for the exicountry. Why, a Malay pirate was a holy Joe to it. Wo'st of all, the feller fast touch which insured the song clutched a knife as long as your

fust. His face was a-workin' as if he was powerful mad. But he come Marriage of Figure and by Beethoven right on and purty soon held up his in his symphony, and hummed by the him to a meeting with eight village candle so the light shined right on great Napoleon whenever he entered surgeons. He has brought back for to my face. At the same moment I a battle, the air of Malbrook has lit- the learned societies a mass of valujumped. But I hadn't landed on the erally sung itself into the heart of able information and a large collecfloor before the light went out, and it was as dark as the black hole o' Calcutta, I expected to git that knife in my ribs, but I didn't. Then I listened to hear the feller move, hopin' he'd go out. The room was as still gedy. as a buryin'-ground.

"I had no way o' strikin' a light for when I went to bed I hadn't nort about wakin' up in the night. I vondered if I hadn't been sufferin' rom nightmare. Anyway I got back into bed, my heart a-thumpin' and the sweat standin' out on me, I lay awake till day came and I could see all over the room. There was no signs of any one except me havin' been in it durin' the night. So turned over and went to sleep. "I waked about noon and went

" 'Where's that piratical chap that come into my room last night?" asked. " 'Law sakes!' said the gal, palin'

'Did you see him?" " 'Reckon I did. Who is he?" "He's a ghost. When this yere country was first settled a slave dealer built this house and brought a young wife here to live in it. One time when he come home from Africa suddent he found another man we'dotry it last night on you."

ed Tom Nye.

borough Evening Examiner.

How's This? We offer One Hundred Dottars Reward for any case of Catarrh that can-not be cured by Hall's Catarrh Cure.

J. Cheney for the last 15 years, and be-lieve him perfectly honorable in all business transactions and financially able to-carry out any obligations made by his firm.

Walding, Kinnan & Marvin, Wholesale Druggists, Toledo, O.

WEIRD FIGHTING.

African Tribes Entrench Themselves In Bowels of the Earth.

English soldiers tell stories of weird underground fighting against the Baggara, or cattle-owning tribes of the Soudan, the remnants of those lerce warriors who formed the main lighting strength of the Dervishes These savage tribesmen hide themselves when pursued, with their cattle and other belongings, in great ourrowings that are described as "vast rabbit warrens."

At southern Kordofan is the country of the Nubas, remnants of the original negro inhabitants of the country, who have been driven into the isolated rocky hills, rising 2,000 or 3,000 feet above the swamps and

In these mountain fastnesses, honeycombed with caves, this strange race builds its villages, grows its corn and tends its herds of sheep, cattle and goats. Generally speaking, they are peaceable enough, but some of the clans have an evil reputation of raiding the neighboring Arabs, murdering isolated parties that may happen to stray too near, or carrying off their women. The tribesmen invariably retire, with the greater part of their personal property and live stock, to the bowels of the earth, whence they maintain a hot fire on any troops who may happen to come within range of their Sniders of

Remingtons. The unsatisfactory nature of this fighting may be understood if the reader can imagine bimself walking over a vast rabbit warren composed of enormous bowlders piled to a height of some 1,000 feet or 2,000 feet and covering several square miles in area, with an invisible enemy beneath him whose whereabouts it is impossible to ascertain.

Officers naturally hesitated to en from Savannah. She pointed to a gage in underground warfare in house back on the shore and said labyrinths where whole battations she lived there. I could come up there | might be swallowed up, and where if I liked and git some rest and all the advantage lay with the enemy. Latterly, however, the problem "It was a queer lookin' house and has been tackled in a systematic manseemed to have been built a long ner by the camel corps and in recent time before, when there was Indians expeditions extensive cave-clearing

Parties preceded by torch-bearers have explored these recesses with great success, and though some loss has been sustained, the Nubas now know that their immunity is gone, and that the arm of the government | his wife will see to that. All he needs is able to reach them.

The Most Famous Song. What's the world's most famous

A London paper recently asked this question and then proceeded to make an unexpected answer-namely, that it is not Auld Lang Syne, Annie Laurie, Home, Sweet Home, God Save the King. The Watch on the Rhine, The Marseillaise or The Last Rose of Summer, all of which would seem not being required on Mondays. to be probable candidates for the honor. What is it, then? The answer | industrial world of Willesden. is Malbrook, whose refrains. We positions of man and wife are familiar in Europe and in America.

in Europe since the time of the cru- him. sades, when it was carried to the east and so became familiar to Turks and sung by a French muse at Versailles, job and revolted. "In the middle of the night I was whence it spread to Paris and throughout France, and, as has been fans and screens, and were sung in palaces and on the streets. The still gencies of roistering melody was the opera bouffe by Bizet, sung by introduced by Beaumarchais in The

A Great Painter's Love Story. Turner's love story is tragic, Somewhere about the year 1797, while the great painter was still at school at came from him. The young lady was second century, have been found. tained an interview and pleaded his close at hand. cause passionately, but the girl refus-

ed to listen to any explanation.

Accomplished Miner. yarns that's printed? What I've told goes down the pit, taking with him not have it disturbed. you is jist as true as plum duff on only a pint bottle of cold water. Sunday."-Ryland Bell, in the Peter- which while he works is all that passes his lips. The ambition of his life is to become an actor.

The Odor of London

up-zistakable smeli of beer." Hall's Catarrh Cure is taken internal- | Lots of people would rather send a ly, acting directly upon the blood and dollar to the heathen than give his carth is a woman. The next is an mucous surfaces of the system. Testimorials sent free. Price 75 cents per poor at home a pleasant look.

Bottle. Sold by all druggists.

When a bachelor marries a widow Once in a while a man has so When a bachelor marries a widow Once in a while a man has

mous in condemning his choice.

BRIGHT AND GLADSTONE.

Big Men Who Only Saw One Side to

the Question It is not always an easy matter for tive force of character to see and respect another's point of view. W. E. Gladstone and John Bright were two of the strongest men that the last century produced, yet an anecdote from "The Life and Work of Frank Holl," by Mr. A. M. Reynolds, shows that these great men were quite unable-on one occasion, at least-to see more than one side of a question.

Soon after the break between Bright and Gladstone that followed a difference of opinion concerning the Government's foreign policy, the artist Holl was engaged to paint the portrait of Mr. Bright. He incidentally mentioned that he was about to paint a portrait of Mr. Gladstone

"It must be a very painful thing for you, Mr. Bright," he hazarded, that after all these years you should have found cause to sever your friendly relations with Mr. Glad-

'Indeed it is," replied Bright, with sigh. "To think that after we have rodden the same path together, houlder to shoulder and hand in hand, we should be forced apart in the evening of our lives! And by what? By a bogey that is beckoning him away from duty and sense. you know, Mr. Holl, I seriously fear that my dear old friend's mind has become radically undermined:3" Later, when Holl was painting Gladstone, the subject of Bright's

portrait came up. "Ah!" said Gladstone, with much nterest. "And how did you find him? was a cruel blow that, after a lifeime of mutual esteem and of good work undertaken and carried through gether, we should be divided on so lear a question! Tell me, Mr. Holl' and here his mouth twitched, for he was evidently struggling with strong emotion - "tell me, did you notice anything in the manner of my old friend that would lead you to believe that his reason was becoming in any way unhinged?"

Where Wives Work.

Willesden, one of the suburbs of London, is a perfect paradise for a certain type of husband. There is no need for him to go out to work; do is stay at home and mind the baby. He has a job for life, and practically nothing to do.

This Gilbertian arrangement is due to the peculiar industrial conditions of Willesden, where there are many laundries and factories and female labor is much cheaper than mala fabor would be at the same class of work, the wages are good, considerfire that only five days a week are worked in the laundries, the women

he's a jolly good fellow, are equally to go to work. Not only would he be unsuitable for the job, but the The air of the song has been sung labor and the wages would not suit

It was mentioned at the local police court a short time ago that a mother Arabs. The modernization of the song | and her daughters who were at work dates from some time after the bat- allowed the father 5s. a week pocket tle of Malplaquet, when it was first money. In the end he tired of his

African Doctors,

Mr. Hylton-Simpson, whose anthropological investigations on Congo are well known, has just returned from the Algerian hinterland, where he has for some years been studying the Bedouin and other tribes

of the desert. During his previous travels Mr universal popularity. Incorporated in Hylton-Simpson had heard much of the wonderful skill of the tribal doc-"He wasn't lookin' at the bed at Marie Antoinette in the Tuilleries, tors, particularly in surgery. On this expedition he came into touch with a friendly Arab doctor, who helped tion of native surgical instuments. And Du Maurier understood its in- These, consisting of fifty saws, lanfinite possibilities when he had Trilby cets, and probes, are of the crudest transform it into a great lyric tra- description, but prove highly effec- bottom, where Harkbir stepped on an

> Armed Skeleton Unearthed. Valuable discoveries of Roman and Saxon relics have been made at the it before. excavations on the Roman site at Margate, Eng., he fell deeply in love Lowbury, on the Berkshire Downs, with the sister of one of his school four miles west of Gordon-onfellows. The intimacy grew and con- Thames. Under the guidance of the tinued, and a few days later Turner archaeological department of the proposed and was accepted. Then he University Reading a rectangular inwent away for a couple of years to closure containing several barrows pursue his art studies, and during all has been unearthed and seventy-two that time not a message or a letter Roman coins, some as early as the

hurt and offended at such cruel treat- The coins belong to the reigns of ment, and under the smart of neglect | Trajan, Antonius and Marcus Aureland pressure from an unkind step- ius. Other discoveries included a mother she accepted another suitor. bronze signet ring, daggers and spear-Within a week of the day fixed for heads. The skeleton of a Saxon warthe wedding Turner returned. He ob- der, fully armed, was found buried

Curious Nesting Place.

A thrush has built its nest, laid three eggs, and in the natural course At Tylorstown, in South Wales, of events will, if undisturbed, rear here. He killed both the man and lives a most versatile miner. For its young on a scaffold pole at the the woman in that room. We've ne. the last seven years, so the story secondary school for girls which is ver been able to use it. We thort goes, he has lived entirely on milk, being erected in St. George's avenue, fruit, and eggs, with a little fish oc- Northampton, Eng. The nest has The speaker stopped, having fin- casionally, and he has the finest mus- been built at the junction of two cular development imaginable. He; poles. There are between fifty and "Didn't you marry the gal?" ask- makes his own clothes, plays the sixty men working on the building, "Marry the gal? No. D'ye suppose ments, and is an extremely clever notice of them. The men have taken I've been spinnin' one o' them cheap black and white artist. Each day he a great interest in the bird, and will cur in a few weeks—to the ancient

The Prisoner Escaped.

Great excitement was caused in the city magistrate's court at Poona the other day. The court was crowded, while a theft case against a young Max Nordan, the eminent author, Pathan was being heard, when the asserts that the characteristic smell prisoner, whose police guards were of London is beer. "I have," he paying more attention to the case said, "approached London from every than guarding him, escaped from the point of the compass, by land and dock. It is excape was not discoversea, and on every occasion my nos- ed until more than half an hour later, | zil last year approximated 24,000,000 trils have been assailed by the same when a search was made. Up to the pounds, of which haif went to present he has not been recaptured. France.

> The most changeable thing or ford to be honest

THE BIRKENHEAD.

Surviving Officer of Famous Last Vessel Passes Away.

The recent death in England or Captain G. A. Lucas has removed at officer who was believed to be the last survivor of the Birkenhead, a troop ship that ran on the rocks off the coast of Africa sixty years ago. The story of the disaster is here reprin-

The Kaihr War was dragging on indecisively and ingloriously, when word was sent home for more sol diers. Immediately the Birkenheada failure as a steam frigate-was ordered to prepare for sea, and on Jan 7, 1852, she sailed from Queenstown with twenty-two officers and non-com missioned officers and 466 men of various regiments, twenty women and children, and some details of the medical service. The crew numbered 130; altogether there were 630 souls on board.

All went well until after leaving Simon's Bay, and then on the starlight night was borne the cry that the ship was ashore. Instantly the commander ordered the engines to go astern. The ship responded, and the water rushed into the gaping wound which had been made by the rocks on which she had struck. Then the brave vessel was carried again on the reef, and received further griev ous injury; her bottom plates being crumpled up. The bulkheads tore asunder; the sea flooded the foremost compartments and engine rooms; a number of men met death while asleep in their berths. In the meantime, order amid chaos reigned on deck.

The soldiers, who had been mustered as for drill, went to the chain pumps - quite uselessly, as it happened; the women and children were placed in boats with as little excitement as though it were an evolution to test the efficiency of the crew. Three boats with seventy-eight

persons were thus got away. At last the great ship broke in two, the forward part sinking out of sight, leaving the stern only affoat, crowded with officers and men and the crew. Was there dismay? The soldiers were drawn up as if they had been on the drill ground; they knew that they were face to face with death, but they stood firm - the champions of the race, cool, collected,

Around the doo ed men the sea lapped in the moonlight, calin and inscrutable, the long swell of the waves against the ship's torn sides chanting a dirge; now and again the silvery surface was ruffled as a shark appeared; away in the distance could be described an inhospitable shore, guarded by a well-nigh impenetrable network of coarse seaweed. This was the setting of the drama.

Every soldier-even the least imaginative - must have realized the terrible fate which awaited him, yet Consequently the women rule the not a man flinched. They were present at the last roll-call. Standing at attention, facing unmoved the en won't go home till morning, and For versed. There is no need for the man emy of humanity, and surrounded by some of the worst horrors of the sea in the shape of the fish of prey, these heroes went down with the Birkenhead. When the grey, dawn broke there remained only the memory of a splendid epic and a few score of survivors. By one miragle or another 194 lives were saved of the company on board the doomed ship, and of these Captain Lucas was one

Found In a Glacier.

Sir Martin Conway has recently told this story of finding a lost ax in the Alps: Zurbiggen, one of the celebrated mountain climbers of the world, in scaling a peak of Les Anglaises, near Chamounix, accidentally let his ax fall near the summit of the peak. It fell some thousands of feet. In the normal course of things it was buried in snow and swallowed up in the glacier, being covered deeper and deeper each year, and at the same time being carried slowly downward as the ice flowed on. Seven or eight years afterward Hon. C. G. Bruce and Harkbir, a Sepoy chief, in descending a peak in the Alps just as night was falling, and a great crevasse barred the way, being unable to find the bridge over it, cut a path down to the ax which had M. Z. Zurbiggen's initials on the handle. There could be no mistake as to the identity of the ax, as Harkbir had seen it and used

A Little Mistake.

It is said of Archbishop Trench that he was "a man of singularly vague and dreamy habits," who "resigned the see of Dublin on account of advancing years and settled in London. He once went back to pay a visit to his successor, Lord Plunket. Finding himself back again in his old place, sitting at his old dinner table, and gazing across it at his old wife, he lapsed in memory to the days when he was master of the house, and gently remarked to Mrs. Trench, 'I am afraid, my love, that we must put this cook down among our failures'!"

To Look For Delicacies.

A dozen English epicures, active members of the Gourmands' League. have decided to organize a series of pilgrimages to all the towns and villages of France renowned for their cookery or whose names are enrolled on the scroll of fame by reason of some famous deligacy that is theirs 'cello and four other musical instru- but the bird takes not the slightest exclusively. The first pilgrimage undertaken by the gourmands will octown of Troyes, the home of the "andopilette," a small sausage.

> Importing Chinchilla. Chinchillas, valuable fur-bearing animals, which inhabit high mountains in Chile, have been imported into England for breeding experiments on a farm.

Bahia Coffee. Exports of Bahia coffee from Bra-

The average man dislikes a chron ic kicker-unless she's in the chorus so A girl who is kittenish during the females who also ran are much money that he feels he can af- courtship may develop into a cat

DUSTLESS---By opening dust damper direct draft damper when shaking

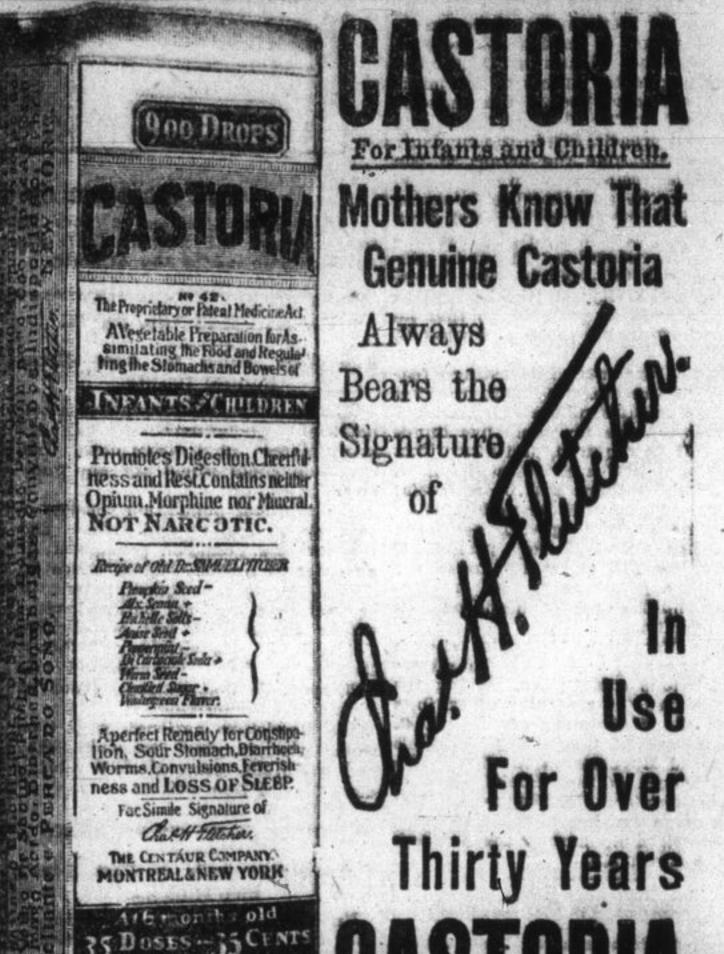
McClarys all dust is carried up Trace smoke pipe. See the McClary dealer or write for booklet.

TENTS FOR SALE AND HIRE Caille Detachable Motor for Rowboats A. C. KNAPP

OLD BY J. B. BUNT & CO.

Boat Builder

Boat Livery



Ain't It Hot?

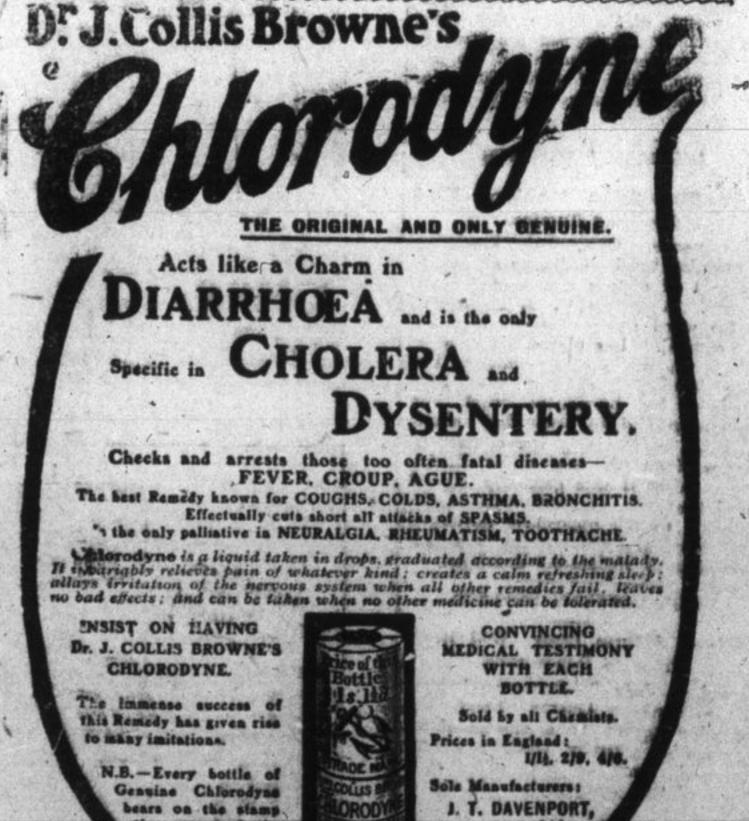
Exact Copy of Wrapper.

has you would be more comfortable these but days.

They Don't Cost Much

A good strong hammock, two colors, for \$1.50; a better one with a curtain on sides for \$2.25, and lovery ones at \$3.50, \$4.00 and \$5,00. Come in and get best choice.

Treadgold Cycle and Sporting Goods Co. 88 PRINCESS STREET.



the name of the inventor, Dr. J. Collin Browne.

LONDON,

Wolesale Agent, Lyman Baos, Co., Limited, Toronto,