

ASKING THE SPIRITS

"Ghosts!" repeated Paul Orford, with a smile. "To be sure there are ghosts. I have a personal experience with half a dozen. I was once once. That was when the dramatic club put on 'Hamlet'."

"You didn't tap with your foot, did you?" Lucy shook her head. "I wouldn't cheat," she insisted reproachfully. "This is not a thing to make a jest of."

"I suppose that I must, since it is the will of those 'over there,'" she said. "I meant to some faintly, as Paul caught her in his arms, and the world beyond was forgotten in the joy of the life right here."

ATTENTION MOTHERS

If You Have or Know of a Delicate Child Read This Letter. "My little daughter Louise, aged 9 years, has always been delicate, anaemic, had no appetite, and seemed listless, and we could not seem to find anything that would help her until we were advised to give her Vinol."

Vinol restores health and strength in conditions like this because in a natural manner it increases the appetite, tones up the digestive organs, enriches the blood and strengthens every organ of the body.



THE WOMAN WHO WENT UP ON THE PLANKS.

Mrs. Wells, wife of the manager of the Dominion Bridge Company, plotted will be the highest building in Toronto, which when completed will be the highest building in the British Empire. She went in floor. The crowd on the street actually gasped as they watched the Mrs. Wells, between her husband and the foreman of the construction

Bunch, the English bulldog that was Paul's constant companion. Bunch was fast asleep on a rug, but he roused when his master stirred.

"Bunch," cried the jubilant Orford, "there was something in it after all. I thought that spirit thing was largely a matter of imagination, but I'm certain that Lucy did not do the rapping, and I know that I didn't. It was a clear case of spirits."

Bunch blinked an intelligent eye and wagged his stumpy tail in assent. Paul started as the familiar rapping came again. Bunch's tail was pounding against the hardwood parquet border.

"That's 'no,' and that goes," assented Paul. Lulu Johnson in the Globe Evening Dispatch.

Outspoken Judge. One of the famous English judges, after hearing a civil action, in which there had been some remarkably hard swearing on both sides, thus addressed the jury: "Gentlemen of the jury, if you believe the evidence tendered by the witnesses called on behalf of the plaintiff you will find for the plaintiff. If you believe the defendant's witnesses you will find for the defendant. If, like myself, you believe none of them, heaven knows what your verdict will be."

It Sounded Awful. A temperance lecturer once preaching said: "Now, boys, when I ask you a question, you must not be afraid to speak up and answer me. When you look around, and see all those fine houses, farms and cattle, do you ever think who owns them all now? Your fathers own them, do they not?" "Yes, sir," shouted a hundred voices. "Where will your fathers be in twenty years?" "Dead," shouted the boys. "That's right, and who will own this property then?" "Us boys," shouted the archaic.

It is safe enough to say that the Lord placed your mission in easy reach of you.

DYING IS LIVING.

To Cease to Die is to Cease to Live. Living is a continuous process of dying. When we cease to die we cease to live. One can readily understand this by means of a very concrete example. Suppose you arise some cold morning and find that the fire in your furnace has "gone out." It will do no good to utter malicious invectives against the poor furnace. Just philosophize as follows: "My furnace has ceased to die. In other words, it has ceased to consume that very expensive article called coal. The continual consumption of coal is fire or life in the furnace. When the fire or life ceases," accordingly, you proceed to make the furnace "die" some more.

What is true of the furnace is true of ourselves. All organic life exists in a state of continuous decomposition and rebuilding or a continuous state of dying and living. As soon as decomposition ceases, reconstruction ceases, or in common terms, as soon as we cease dying, we cease living. Certain poisons, if swallowed by a human being, destroy life by annihilating the decomposing or dying process which is necessary for life. When they enter the system a chemical compound is formed which resists decomposition. Upon examination of the dead body it will be found that putrefaction does not take place. With these poisons in the body, there is no process of dying; hence there is no life.

The same truth holds in regard to our mental and moral existence. If we cease to struggle or think and are content to live a purely animal life, the activity of our brain powers quickly ceases and we are mentally dead. Struggle, action, aspiration is dying, but it means living. Introduce the poison of vice, and there is a cessation of mental life as fatal as that caused to the body by arsenic.

ODDS AND ENDS

Singapore now has a population of 303,322.

British South Africa has 8,501 miles of railway in operation.

Canada exported 20,941,000 lbs. of cheese during October.

The Chinese divide the day into twelve parts, each two hours long.

A well-constructed brick house will outlast one built of granite.

Vaccination is an essential qualification for marriage in Norway and Sweden.

The ants of South America have been known to construct a three-mile tunnel.

First Parish church, Billerica, Mass., is 250 years old. Its first chapel was built in 1666.

The German village of Reunborn has a linden tree which is said to be more than 1,200 years old.

Shanghai recently saw the opening of the first street car system financed, constructed and operated solely by Chinese.

The first apartment house in America was built shortly before the Civil war in East Eighteenth street, in New York city, and is still standing in good condition.

In one of the Spanish cities a co-operative society has been formed which is to have a central market, where all sorts of foodstuffs and fuels may be procured.

Geologists have estimated that the great German deposits of potash salts, practically the only important one in the world, will last at the present rate of exploitation 600,000 years.

French Guinea is regarded as one of the richest of the French West African colonies. Konakry, the capital, is the port through which almost the whole of the export and import trade passes, and improvements are being made to facilitate the constantly increasing trade.

Native children in the Alaska schools under the United States Bureau of Education become so enthusiastic over the personal hygiene campaign that they frequently bring their fathers and brothers to school to have them put through the clipping and cleaning process at the hands of the teacher.

Masons have finished setting in the Washington monument Colorado's contribution to the shaft in memory of the first president. It is a beautiful specimen of the Colorado Yule marble, the same material which has been selected for the \$2,000,000 Lincoln memorial to be placed on the bank of the Potomac just west of the monument.

The Cordilleras, which form the backbone of both the northern and southern continents, are relatively near the Pacific ocean in Guatemala, and thus divide the country into two unequal drainage areas, of which the Atlantic is much the greater. The Pacific slope, though comparatively narrow, is exceptionally well watered and fertile between the altitudes of

one thousand and five thousand feet, and is the most densely settled part of the republic.

Sunlight's chemical intensity, together with its fluctuations, has been investigated by a great variety of methods. One of the largest undertakings of this kind was carried out at the Hawaiian agricultural experiment station, in co-operation with the Philippine bureau of science. Using a solution of oxalic acid in the presence of uranic acetate, it was found that the actinic effect of the sun was greater at the spring and fall equinoxes, and lowest at the summer and winter solstices.

"Fresh" Dried Fruits. A new process of fruit preservation to be tried out on a considerable scale in the State of Washington this summer. A company in the famous Wenatchee Valley, the fruit-growing centre of Eastern Washington, is about to open a plant with a capacity of 2,000,000 pounds of peaches, besides treating great quantities of cherries, pears, apricots and vegetables.

The new evaporating process, according to its promoters, differs from others in that it extracts nothing but water from the fruits and vegetables subjected to it, so that when its products are dropped into water they will be freshened quickly and may then be treated and eaten just like fresh fruit.

"Look at an apple under a microscope," says one of the promoters of the new process, "and you will see it is composed of innumerable cells floating in water. Our process destroys not a single cell, and these cells contain the flavor and the nourishment. Our method of treating prunes eliminates entirely the dipping in lye process. Potatoes, carrots, corn, beans, and all sorts of berries, apples, peaches, and every form of fruit imaginable will revive and freshen until the household has fresh, green products the year around—from the cellar."—Exchange.

Produces Most Mica. For many years North Carolina has been the largest producer of mica in the United States. Prior to 1895 the output came chiefly from the larger mines and consisted of big sheets of fine quality. As that time large quantities of small sheet mica that would cut plates less than three inches square were thrown on the dumps as waste.

After the small sheet and scrap mica became valuable, the dumps at the large mines were worked over and the quantity of mica produced was thereby greatly increased. Now that most of the dumps have been worked over and only a few large mines are in operation, the output is barely maintained by a large number of small mines and prospects, probably as many as 100.

Many of these are worked by the mountaineer farmer and miner at times when crops are laid by, and occasionally one of the prospects develops into a large deposit.—Geological Survey.

The White Rose flour to get best results.

KING'S BIRTHDAY

KINGSTON'S WEDNESDAY, JUNE 3RD, 1914 CELEBRATION

Advertisement for King's Birthday Celebration in Kingston, Ontario, June 3rd, 1914. Features include: 2 Aeroplanes, Exciting Races in the Air, Thrilling Races On and Over The Water, Bomb Dropping Contest, Grand Military Parade & Feu-de-joie, 2 Hydro-Aeroplanes, Band Concerts, Marathon Race and Motor Boat Races, Horse Races - \$1,000 in Prizes, Motor Cycle Races and Baseball Games. Organized by Mayor Shaw, Dr. W.W. Sands, Sec.-Treas., and Dr. A.E. Ross, M.P.P. Manager.