ASKING THE SPIRITS

"Ghosts!" repeated Paul Orford with a smile. "To be sure there are raps. ghosts. I have a personal experience with half a dozen. I was one once. That was when the dramatic an affirmative. club put on 'Hamlet'."

"Now you are frivolous," reproved Lucy. "It is a very serious matter Mrs. Glendis says that we each should seek to test our mediumistic

"There is one thing I like about gbosts," said Paul. What's that?" asked Lucy quick-

ly as he paused. There answers generally are yes and no," explained Paul meaningly. Do you know I have thought some time that I could develop along those

lines with the proper sympathetic ed Lucy, beamingly.

"I think," suggested Paul, "that it all!" might be well to try me out before; "There must be," she I seek to display my powers in pub- softly. lic. It will be an hour before your "And you will accept their demother gets back from the Brad-cree?" he asked. "You will marry

do not believe that the two of us time, anyhow," she added, half decould get any response at all."

cannot do more than fail." "Yes, we can try it," assented here. Lucy, brightly, glad to see Paul's in-She cleared the magazines good night eigar in the comfort of and books from a light table and the big armchair. At his feet lay brought it into the centre of the room. She placed chairs on opposite sides, and then, turning down the light, she took her place in one seat and called to him to take the If You. Have or Know of a Delicate

His hands closed over Lucy's, resting on the table and softly Lucy sang one of the songs approved by her

"Now you must keep very still," she whispered. "Just concentrate til we were advised to give her Vinwe feel any response."

"That's all right," was the ready reply. "I'd be willing to wait hours to absolutely make certain."

so tight," suggested Lucy. "Just faith in Vinol both as a blood maker rest your fingers tips on mine to com- and body builder. As my child was

"The spirits won't come while are talking." Paul subsided into silence.

was very pleasant sitting there in the half light with Lucy's hands in in conditions like this because in a Feebly the tail wavered and only

sion of sharp raps that caused Lucy every organ of the body. to clutch Paul's hands in tighter Every bottle of Vinol is guaranteed clasp and somewhat shook his own to give satisfaction or money refund-

"Did you do that?" she whispered. "On my word, no!" he replied. ston, Ont.

"You didn't tap with your foot, did Lucy shook her head. "I wouldn't cheat," she insisted reproachfully. "This is not a thing to make a jest

"Are the spirits present?" asked Paul, raising his voice slightly. And the response was a series of brisk

"Are you willing to answer me?" demanded Paul, and three raps made

"May I ask some personal questions?" Again the three raps. "I want to know if Lucy and 'I are to be married?" explained Paul. And Lucy gasped at his impertinence toward the spirits.

"They won't answer that," she insisted in a whisper, but the three raps came loud and clear, and, with a little cry, Lucy sprang to her feet and turned on the gas. "You are cheating!" she cried.

"You were kicking the table leg!" "See for yourself," he retorted. turning the light table so that she might see that there were no scratches on the polished legs. "You must join our circle," invit- am more mystified than you are. There must be something in it after

"I never heard of a sitting with | "I suppose that I must, since it is only two," objected Lucy. "Even the will of those 'over there'," ase with the 15 or 20 of our circle we sented the girl. "I meant to some

fiantly, as Paul caught her in his "We can try it,"pleaded Paul. "We arms, and the world beyond was forgotten in the joy of the life right Late that evening Paul smoked his

Child Read This Letter.

"My little daughter Louise, aged years, has always been delicate, anaemie, had no appetite and seemed listless, and we could not seem It may be some time before ago and inside of two weeks ol. She started taking it six weeks showed a marked improvement in appetite, vim and looks. Being so well pleased with the results, I continued giving it to her, and words "You don't have to hold my hands fail to express my gratitude "Don't talk," 'cautioned Lucy, reason all the stronger for me to rewe commend it to others in similar con-

dition." Geo. E. Munro, Brooklyn, Vinol restores health and strength natural manner it increases the ap-For twenty minutes no sign came, petite, tones up the digestive organs, and then there was heard a succes- enriches the blood and strengthens

Geo. W. Mahood, druggist,



THE WOMAN WHO WENT UP ON THE PLANKS.

Mrs. Wells, wife of the manager of the Dominion Bridge company. now building the Royal Bank Building in Toronto, which when completed will be the highest building in the British Empire. She went in the derrick car with the last load of steel to be hoisted to the twentieth floor. The crowd on the street actually gasped as they watched the heaving bundle of planks being drawn up the side of the building, but Mrs. Wells, between her husband and the foreman of the construction gang, knew no fear.

Bunch, the English bulldog that was Paul's constant companion. Bunch was fast asleep on a rug, but he roused when his master stirred.

"Bunch," cried the jubilant Or ford, "there was something in it after all! I thought that spirit thing was largely a matter of imagination. but I'm certain that Lucy did not do the rapping, and I know that didn't. It was a clear case spirits.".

Bunch blinked an intelligent eye and wagged his stumpy tail in assent. Paul started as the familiar rapping came again. Bunch's tau was pounding against the hardwood parquet border. "So you were the ghost?

wagged your tail when we asked questions because you thought we were talking to you?" made answer again, and Paul's face was wreathed in smiles.

"We must never tell Lucy," he cautioned, and Bunch, almost asleep, once did it strike against the floor. "That's 'no', and that goes," assented Paul .- Lulu Johnson in the Cohoes Evening Despatch.

It is safe enough to say that the Lord placed your mission in easy reach of you.

Outspoken Judge

One of the famous English judges, after hearing a civil action, in which there had been some remarkably hard swearing on both sides, thus as that caused to the body by arsenic. the jury, if you believe the evidence tendered by the witnesses called on behalf of the plaintiff you will find for the plaintiff. If you believe ing said: "Now, boys, when I the defendant's witnesses you will you a question, you must not be find for the defendant. If, like my- fraid to speak up and answer self, you believe none of them, heav. When you look around, and see summing up in the trial of a main now? Your fathers own them,

Do not underrate yourself, unless to treat them?" "Yes, sir; lots con want others to accept your de- them." "Well, where will they be

A man may be regular in his habits, eren if they are bad. Many a man's pleasures are a nuis ance to others. Insist on White Rose flour.

DYING IS LIVING.

To Cease to Die is to Cease to

Living is a continuous process of dying. When we cease to die we cease to live. One can readily understand this by means of a very oncrete example. Suppose you arise some cold morning and flud that the fire in your furnace has "gone out." It will do no good to utter malicious invectives against the poor furnace. Just philosophize as follows: "My furnace has ceased to die. In other words, it has ceased to consume that very expensive artiele called coal. The continual consumption of coal is fire or life in the furnace. When the consumption or dying ceases, the fire or life ceased." Accordingly, you proceed to make the furnace "die"

What is true of the furnace is true of ourselves." All organic life exists in a state of continuous decomposition and rebuilding or a continuous state of dying and living. As soon as decomposition ceases, reconstruction ceases, or in common terms, as Shanghai recently saw the opening by a human being, destroy life by an- ly by Chinese. nihilating the decomposing or dying | The first apartment house in Amprocess which is necessary for life. erica was built shortly before the When they enter the system a chemi- Civil war in East Eighteenth street, into water they will be freshened cal compound is formed which re- in New York city, and is still stand- quickly and may then be treated sists decomposition. Upon examina- ing in good condition, tion of the dead body it will be found In one of the Spanish cities a co- "Look at an apple under a mi-With these poisons in the body, there which is to have a central market, prietors of the new process, "and is no process of dying; hence there where all sorts of foodstuffs and you will see it is composed of in-

the activity of our brain powers present rate of exploitation 600,000 tes entirely the dipping in lye proquickly ceases and we are mentally years. dead. Struggle, action, aspiration is dying, but it means living. troduce the poison of vice, and there African colonies. Konakry, the cap- imaginable will revive and freshen

It Sounded Awful A temperance lecturer once preachen knows what your verdict will those fine houses, farms and cattle, The evidence against him was over- hundred voices. "Where will wour whelming, but a long procession of fathers be in twenty years?" "Dead." | Masons have finished setting in witnesses came to testify to his shouted the boys. "That's right. And the Washington monument Color- became valuable, the dumps at the blameless life. "Gentlemen of the who will own this property then?" ado's contribution to the shaft in large mines were worked over and the Bunch's stump caudal appendage jury," said the judge, "I think you "Us boys," shouted the urchins. memory of the first president. It is quantity of mica produced was therewill agree with me that the plaintiff "Right. Now tell me, did you ever a beautiful specimen of the Colorado by greatly increased. Now that most stole the ducks, and that he is the in going along the street notice the Yule marble, the same material of the dumps have been worked over most popular man in the county." | drunkards lounging around the pub- | which has been selected for the \$2,- and only a few large mines are in oplic-house door, waiting for some one 000,000 Lincoln memorial to be plac- eration, the output is barely maintaintwenty years from now?" "Dead Take some men at their best and exclaimed the boys. "And who will be Everybody was thunderstruck. it was true.-The Vanguard.

A woman gives her heart to but on a man is more liberal.

ODDS AND **ENDS**

British South Africa has 8,50 uiles of railway in operation. Canada exported 20,941,000 lb of cheese during October. The Chinese divide the day int

twelve parts, each two hours long. A well-constructed brick house will outlast one built of granite. Vaccination is an essential qualification for marriage in Norway and

The ants of South America have been known to construct a three-mile

First Parish church, Billerica Mass., is 250 years old. hapel was built in 1666. The German village of Remborn has a linden tree which is said to be

more than 1,200 years old. soon as we cease dying, we cease liv-ing. Certain poisons, if swallowed anced, constructed and operated sole-

that putrefaction does not take place. operative society has been formed croscope," says one of the pro-

fuels may be procured. The same truth holds in regard to | Geologists have estimated that the Our process destroys not a single 'our mental and moral existence. If great German deposits of potash cell, and these cells contain the we cease to struggle or think and are salts, practically the only important flavor and the nourishment. content to live a purely animal life, one in the world, will last at the method of treating prunes elimina-

is a cessation of mental life as fatal ital, is the port through which al- until the household has fresh, green most the whole of the export and products the year around-from the import trade passes, and improve- cellar."-Exchange. ments are being made to facilitate

the constantly increasing trade. Native children in the Alaska schools under the United States Burean of Education become so enthustastic over the personal hygiene output came chiefly from the larger campaign that they frequently bring e." Still more succinct was the do you ever think who owns them all their fathers and brothers to school do to have them put through the clip- tities of small sheet mica that would charged with stealing some ducks. they not?" "Yes, sir," shouted a ping and cleaning process at the cut plates less than three inches square hands of the teacher.

of ed on the bank of the Potomac just ed by a large number of small mines west of the monument.

The Cordilleras, which form the 100. backbone of both the northern and Many of these are worked by you will not have a very prime speci- the drunkards then ?" . "Us boys." southern continents, are relatively mountaineer farmer and miner at It near the Pacific ocean in Guatemalia, times when crops are laid by, and ocsounded awful! It was awful, but and thus divide the country into two casionally one of the prospects develunequal drainage areas, of which the ops into a large deposit. - Geological Atlantic is much the greater. The Survey. Pacific slope, though comparatively narrow, is exceptionally well watered and fertile between the altitudes of sults.

one thousand and five thousand feet, and is the most densely settled part

of the republic. Sunlight's chemical intensity, together with its fluctuations, has been investigated by a great variety of methods. One of the largest undertakings of this kind was carried out at the Hawaiian agricultural experiment station, , in co-operation with the Philippine bureau of science. Using a solution of oxalic acid in the presence of uranium acetate, it was found that the actinic effect of the sun was greater at the spring and fall equinoxes, and lowest at the summer and winter solstices.

"Fresh" Dried Fruits

A new process of fruit preservacion to be tried out on a considerable scale in the State of Washington this summer. A company in the famous Wenatchee Valley, the fruit-growing centre of Eastern Washington, is about to open a plant with a capacity of 2,000,000 pounds of peaches, besides treating great quantities of cherries, pears,

apricots and vegetables. The new evaporating process, according to its promoters, differs from others in that it extracts nothing bu, water from the fruits and vegetables subjected to it, so that when its products are dropped and eaten just like fresh fruit.

cess. Potatoes, carrots, corn, beans, French Guinea is regarded as one beets and all sorts of berries, apple of the richest of the French West peaches, and every form of fruit

Produces Most Mica.

For many years North Carolina has been the largest producer of mica in the United States. Prior to 1895 the mines and consisted of big sheets o fine quality. At that time large quan

were thrown on the dumps as waste After the small sheet and scrap mica and prospects, probably as many as

Use White Rose flour to get best re-

BIRTHDA

Aeroplanes

Exciting Races in the Air

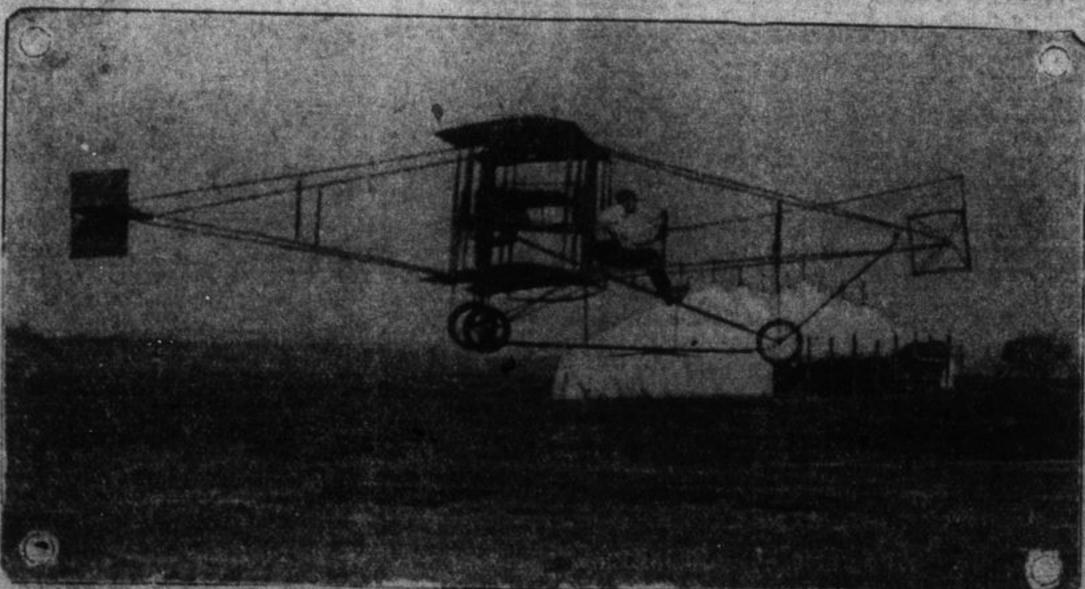
Thrilling Races On and Over The

Water

Bomb Dropping Contest

KINGSTON'S WEDNESDAY, JUNE 3RD, 1914 CELEBRATION

The Biggest One Day's Attraction Ever Held in Canada



W. S. Lucky, Aviator, in one of the mach ines he will use at Kingston.

Grand Military Parade & Feu-de-joie

Something Doing Every Minute **Excursion Rates On All Boats and Trains** Mayor Shaw, (hairman. Dr.W.W. Sands, Sec.-Treas. Dr A.E. Ross, M.P.P. Manager

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Races in Prizes

Baseball Games