Savings and household accounts invited. Joint accounts opened when required for two or more persons, any one of whom may deposit or withdraw money. Interest is paid on balances.

Banking Accounts opened for Societies, Lodges, Trustees, Executors, or for private purposes.

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Kingston. Manager.

Howard S. Folger INVESTMENT BROKER

Fire and Life Insurance High Grade Bonds and Stocks Real Estate

District Manager of The EQUITABLE LIFE ASSURANCE SOCIETY 44 Clarence Street Phone 995

	The latter production of the second company of the second
A FEW	CHOICE LOTS AT BARGAIN PRICES.
Division Str Russell Stre	eet, 75 x 110
W T	Easy terms on some of the above.

Real Estate

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How About That New House

On Upper York Street, built of Kingston brick. The owner says he has the best house in Kingston. Well, it is just as good, anyway. We have plenty more such brick. Why not build your new house of them and boost home industries.

Phone 1396 Division St. Albert Neal

FORSALE

Johnson St., solid brick; all modern \$4,300. Durham St., frame, furnace and electric light. A snap \$2,500 University Ave., rough-cast, furnace and gas lights \$2,500 George St., stone, all modern, verandah; bargain at \$3,300 Collingwood St., double frame, at a sacrifice price. Solid brick dwelling, good barn and large grounds, close to Lake Ontario Park; a fine summer home, at a bargain.

J. K. Carroll Agency, 66 BROCK ST. JOHN DRIVER, Representative

Fresh Seeds are a Prime

Necessity If you are looking for results, why not sow seeds that will grow. You can procure them from

Hoag's Drug Store

Kingston, Ont.

To Rent

Possession June 1st. Frame house, modern, seven rooms, hardwood floors, 124 Victoria St. Rent \$18.00 per month. Immediate possession

óms, 118 Victoria St., be-

tween Earl and Johnson Sts.

\$1,500

miles from Kingston.

Magnificent Stream is One of the Most Ancient of World's Rivers and Did Not Have to Make Its Own Bed. The Youth's Companion.

What is the oldest river in world? The St. Lawrence, It of the few rivers that not have to make its own bed, has remained unchanged since very beginning of the American con

water, hot, steaming, and often tre As the globe shrunk, every particle of the outside was naturally palled in toward the centre, and the hardening crust, which could not be packed any more solidly than it was, had to wrinkle, sinking down here ulging up somewhere else,

After a time certain of these rising wrinkles, or folds, the thicker, or firmer parts of the earth's 'crust stood the strain, and become permanent ridges. The oldest of ?hem that geologists know, and apparent by the first that bulged up above the universal ocean and remained high and dry, was the broad mass which Canada now rests. It is part of the original crust of the earth we can see it to-day whenever it is not covered with newer rocks or soil, just as it crystalized and cooled out of the primitive molten ma

rais mass formed a broad V from Labrador down to Lake Huron, and thence northeastward to Alaska; on account of its shape, geologists call it the Canadian shield. It is the ldest land known, and apparently the strongest, for there are no signs of any extensive changes in it (except the wearing away of the surface) since it first rolled the ocean off its

Off the eastern coast of this primitive continent lay a chain of lofty islands, about on the line of the Blue Ridge, the White mountains, the Maine coast and Nova Scotia. Be-tween these islands and the mainland was a trough-like space that ran from Eastern Quebec south-westward to Ohio. It was 200 or 300 miles wide, and filled with a shallow sea; and just outside the island chain was the great hollow that held the Atlantic ocean.

Time went on. For ages the ing globe, earthquakes, sun and Buy it by the dex. or the case. frost, pounding surf, running water, L blowing gales, ice-all labored to the wreckage of rocks and dust away into the valleys and seas. In this way vast masses of rock layers, inlayers of shales, sandstones and what not, were laid down in that narrow trough-like sea between the chain of islands and the continent. All "sedimentary" rocks were soft and weak as compared with the solid old granites deeply footed on either side of them; and the trough Itself, a sagging fold, was a line of weak-

trough slowly yielded, and as it sank the world over. Your nutritive ortowards the heated region below the gans, your functions of assimilation, are sadly out of gear and need reconstruction. heavier and heavier, the floor of this! and thinner.

That could not go on forever, and soon the continental shrinking of Lie globe and the enormous pressure of one of those a single Sargol tablet.

the weight of the ocean became irthe weight of the ocean became irto eight good solid pounds of healthy.

WELL EDUCATED YOUNG EADY D PHONE 68. squeezed up, which in their broken

for this action to be rather gentle Tones and invigorates the whole nervous system, makes new Blood in old Yeins. Oures Nervous Debility, Mental and Brain Worry, Despondency, Loss of Energy, Palpitation of the Heart, Failing Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mailed in plain of the content. druggists or mailed in plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD occurred here along a curving northmedicine CO., TORONTO, ONT. (Formerly Window.) east and southwest line. It left a crushed and displaced rocks of the trough and the granite shore of the

Canadian shield. Into this trench rushed all the in We are now booking our spring sales.
Come early and secure choice of dates.
We are also handling React Estate on a commission basis. Our reputation for the last fifteen years assures you of the utmost satisfaction, prompt returns, honest and efficient service.
We will buy the contents of any house for each.

Thouse for each.

terior waters of the continent, draining away to the sea, and the St. Lawrence river was born! There, no doubt, it will remain as long as the earth keeps its present form.

At that time there was no Gulf of St. Lawrence, the land extending

St. Lawrence, the land extending out to a coast line that stretched unbroken from Nova Scotia to Labraof a sinking of the coast region. by the imperial government. Most of it is very shallow, but a chart of soundings shows the ancient river bed as a channel winding up between

Newfoundland and Cape Breton to

the deep ocean.

Sent to Central Prison Brockville, May 19,-Leopold Simard, the young Montreal man, rested last week for theft of \$100 and a gold watch from the residence J. C. Dickey, Yonge, Mills, and other articles from a farmer named Baker, of Cataraqui, charges to which he pleaded guilty, was sentenced by Judge Reynolds to twenty-three

oths in the Central Prison. "Nailson's ice cream bricks," libson's Red Cross Drug Store. During his forty-eight years ing, who has just retired on a sion, walked a quarter of a million

"McConkey's high-class sweets." Gibson's. General Huerta has expressed willingness to step down, according his brain, Edward Treu, New York,

LARGEST SALE IN THE WORLD EXQUISITE FLAVOR

Court of Revision Notice is hereby give; that a Court Revision of the Assessment Roll for the Township of Kingston, for the year 1914, will be held at the Township Hab, Cataragui, on Monday, June 18th, 1914, at the hour of 10 o'clock a.m. All persons having business at the said court will please govern them-

selves accordingly.

CHAS. F. ADAIR.

Clerk. Township of Kingston

Cataraqui, May 18th, 1914.

Of Parlor and Bedroom Furniture, Friday and Saturday, 15th and 16th.

J. McAuley,

Furniture Dealer and Un dertaker.

281 Princess St. Ambulance. Phone 861



training and creaking of the shrink- FAMILY GROCER CAN SUPPLY YOU.

Can Put On Flesh

men and women-that big filling dinner you ate last night What became of all the fat-producing nourishment it contained? You haven't gained in weight one ounce. That food passed from your body like unburned coal through an open grate. The material was there, but your food doesn't work and stick, and the plain truth is As the load of deposits became you hardly get enough nourishment

Cut out foolish foods and funny sawdust diets. Omit the flesh cream rub-ons. Cut out everything but the meals you are eating now and eat with every esistible. The Canadian shield was immovable, so the rock in the trough began to bulge or crumple all along its length. Gradually, not all at once, but by slow and varying power to deliver every ounce of fat-making material in your food to every part of your body. Sargol, too, mixes with your food and prepares it for the blood in easily assimilated form. Thin people gain all the new fiesh new from 10 to 25 pounds a month the canvassing; be your own boss from 10 to 25 pounds a month the new fiesh new from 10 to 25 pounds a month the new fiesh new from 10 to 25 pounds a month the new fiesh new from 10 to 25 pounds a month the new fiesh new from 10 to 25 pounds a month the new fiesh new from 10 to 25 pounds a month the new fiesh new from 10 to 25 pounds a month the new fiesh new from 10 to 25 pounds a month the new fiesh new from 10 to 25 pounds a month the new fiesh new from 10 to 25 pounds a month the new fiesh new form the carrying power to deliver every ounce of fat-making material in your food to every part of your food and prepares it for the blood in easily assimilated form. Thin people gain all the new fiesh new food to every part of your food and prepares it for the blood in easily assimilated form. Thin people gain all the new fiesh new food to every part of your food and prepares it for the blood in easily assimilated form. Thin people gain all the new fiesh new food to every part of your food and prepares it for the blood in easily assimilated form. Thin people gain all the new fiesh new food to every part of your food and prepares it for the blood in easily assimilated form. Thin people gain all the new fiesh new food to every part of your food and prepares it for the blood in easily assimilated form. while taking Sargol, and the new flesh stays put. Sargol tablets are a scientific combination of six of the best o flesh-producing elements known to chemistry. They come 40 tablets to a package, are pleasant, harmless and inexpensive, and all druggists sell them subject to an absolute guarantee of weight increase or money back.

LORD KITCHENER

deep and broad trench between the To Return to Confer With Sir Edward Grey

May 19,-The Morning Standard is informed that Lord Kitchener, who was recently in communication with the foreign office, will return to England for a brief period at an early date, to discuss with Sir Edward Grey questions of the highest importance connected with the administration of Egypt. Although Lord Kitchener's work since 1910 has been most valuable, it is understood that, in his opinion, the time is ripe for dor. The present gulf is the result the changes for some time discussed

His suggestions are not confined to financial matters, but include political matters also. His scheme deals with the co-ordination of the administrative acts, and is not confined to Egypt, but also embraces the Soudan Lord Kitchener will stay at Broome Park, near Canterbury,

It is further understood that question as discussed during Sir Edward Grey's visit to Paris, and that Cambon, the French ambassador Kitchener during his visit.

"Spring Tonics." Gibson's. The Canadian Northern railroad announces the appointment of Louis Roard of Control recommended that Chariton Fritch, to take entire 83,000 be voted for the services of a charge of the system. Salary is said competent engineer to look into the to be \$75,000 a year. Mr. Fritch has proposal for the construction of as been with Baltimore & Ohio, Chicago tunnel under the canal near the Welpostman in Kent, Eng., James Will- Great Western and Illinois Central lington street bridge connecting Point

> Great sacrifice sale of jewellery, pracelets, rings, tie pins, cuff buttons, etc., absolutely half price. Dut-With a thirty-two calibre bullet

to information received at Washing- lived two days. He shot his boss "Charcoal Tablets," 10c. box. Gib- Princess street.



THE PEOPLE'S FORUM



ONDENSED ADVERTISING RATES light insertion ic p word. Each consecutive insertion thereugier, halfcent a word. Minimum charge for one insertion, 25c; three insertions 50e; six, \$1; one month, \$2.

HELP WANTED

ADVT. OF 25 WORDS OR LESS, under this head, costs 25c for one night, or 50c for three. TWO MAIDS, ALSO A MAN TO ACT as orderly. Apply to General hos-pital.

ONE PROVISION HAND, ONE FRESH meat cutter. The Wm. Davies Co MESSENGER BOY, ONE WITH BI-

EXPERIENCED HARDWARF clerk or young man to learn the hardware business. Apply A Chown & Co., Bagot St.

ly speedy tenders and doffers for spinning room, Apply to Supt Empire Cotton Mills, Welland, On ORGANIST AND CHOIR LEADER RE

quired for Sydenham Street Metho-dist church, Kingston, Ont. Apply stating salary. A. Shaw, 190 University Ave. INTELLIGENT PERSON MAY earn \$100 monthly corresponding for newspapers; no canvassing. Send for particulars. Press Syndicate, 3,969 Lockport, N.Y.

CAPABLE OLD COUNTRY DOMES.

REPRESENTATIVE BY OLD ESTABished Western Ontario packing house for Kingston, Napanes and Believille, to sell all lines of pack-ing house products. Goods to be handled on commission basis. Ap-ply Box 515, Whig office.

********************* HELP WANTED. Good smart boy for mailing room. A good chance for ad-Manager, Whig office,

WANTED-GENERAL

having hair or cotton mattresses to be renovated or recovered. King-ston Mattress Company, 556 Prin-THE NEW LIVERY AND SALE STA-

bles will be open May 1st, Clergy St. between Princess and Queen Sts. All new rigs. Cabs at all hours Phone 637. McFadden & Lemmon. NTLEMEN TO BRING THEIR loth and have it made up into up

ship guaran eed to please. Pressing and repairing done on the shortest notice. Thomas Galloway. 131 Brock street, near Bibby's Gar-BY A GENTLEMAN WITH SMALL grown-up family, a completely fur-nished residence in the neighbor-

hood of Kingston, with a frontage on the water. At least two batterooms and properly equipped in regard to kitchens and all other conveniences. It would be an advantage if the servants now employed would remain on; a garage and motor launch would be an additional attraction. An exceptionally large rental will be paid if a suitable place can be obtained. Apply to J. S. R. McCann, 82 Brock Street.

New ten million dollar company be water, lighting facilities, boat the formed by English, Canadian and American capital. You can become one of the founders and participate in all dividends and special profits by investing \$10 or more Write quick for free booklet and full information. Publisher, Investors' Bulletin, 405 Winch Hidg.

Vancouver, B.C. Canada.

Water, lighting facilities, boat thouse, etc. Cottages rented to separately or together. J. P. to Lacey, Sydenham, Ont.

Business Notices

BUSINESS NOTICES**

CATERING

pers, banquets, dinners, partles rent. For particulars apply to R. H. Toye's King St. store.

Wedding breakfasts, barquets, etc., also rent dishes, table linens and sliverware. Reid and Hambrook M. P. Reid, 30 Union Street, F. C. Hambrook. 176 Alfred Street Phones 343 or 302

EXCAVATIONS

ROCK OR CLAY, CONCRETING OF cellars, levelling and laying lawns Estimates given. H. Beardsell. 102 Earl St.

FURNISHED ROOMS WITH BOARD.

ROOMS AND BOARD.

199 Brock Street. TEAMING.

E. Wathen, 47 Mack St. Tunnel Under Lachine Canal

Montreal, May, 19 .- On the suggestion of Controller McDonald, the St. Charles with the rest of the city and thus relieve traffic conditions. Con. Cote, in charge of the public works, expressed himself as heartily n accord with the idea.

For sale, damaged wheat. Purchase at James Richardson's wharf, foot of

There is a persistent rumor that | The Brantford council will spend Regina Col. the Hon. John S. Hendrie will \$23,000 this year in the construction. not again be a candidate for the leg- of sidewalks in the outskirts of the

GOLD WATCH BRACELET, PINDER will be suitably rewarded, municate with the Whig. GOLD LOCKET WITH INITIALS, PIC-

tures inside. Reward if returned to Dr. Asheroft, 140 Weilington St.

CARTING.

ALBERT SAUNDERS. ALL KINDS OF carting done. Satisfaction gueran-teed. 657 Princess Street.

TO LET Once, 25c; three times, 50c. house, B and C., and three lots on Montreal Street; FROM 1ST MAY, NO. 372 ALFRED ST. Thomas Mills, 79 Clarence St.

DWELLINGS AT \$17, \$20, \$25, \$30 AND \$60. J. S. R. McCann, 82 Brock St.

STORAGE FOR FURNITURE, ETC. clean and dry. McCann, 82 Brock months, Apply to Mrs. Goodwin, 1 Alice street

rooms, hot air furnace. McCann, 82 Brook St. 1st May, No. 115 Baget St. Cun-ningham & Mudie,

325 EARL ST., DETACHED BRICK, 7

OFFICES IN CHARENCE ST. JHAMbers. Apply to Cunsingham & Mu-

ROUGHCAST SIX ROOM DWELLING, tics. Parties arriving April 27th and May 10th. Special Scotch party May 12th. Apply now, The Guild, 47 Pembroke St., Toronto. and 71 Drummond St., Montreal. Colborne St., B. and C., gas and furnace. Apply 185 Queen St. STORAGE FOR FURNITURE, CLEAN, dry, airy rooms; your own lock and dry, airy rooms; your own lock and key. Frost's City Storage. 299 Queen St. Phone 526b.

on Livingston Ave., B. and C., furnace, electric light, good garden. Apply 28 Livingston Ave.

TABLES AND YARD ACCOMMODA. tion for fifteen horses and rigs; also dwelling if required. Apply Susman & Cohen, 292 Ontario St. house, all conveniences, electric light, gas and telephone; centrally located. Address Box L. Whig office.

HOUSE, 165 STUART ST., THIRD DOOR from University Ave., north side; 6 124 rooms, deep lot; immediate possession. Apply 321 University Ave. Phone 1484. brick house, 146 Stuart St., electric

lights and gas, hot water heating. Recently done over. Apply at above address. Phone 1449. ten rooms, all modern improve-ments; hot water heated; deep lot;

possession May 1st. Phone 301. (299 in evening.) EASTVIEW PARK, ON THE ST Lawrence, five miles from King-ston, five and seven roomed furnished bungalows. Apply to J. D. Boyd, 106 Pine St., Kingston.

Beautiful location at Roint Pleasant, on the lake satore (the second point beyond Lake Ontario Park.) Particulars on enquiring at 56 Earl street. NEW BRICK, 6 ROOMS, B. & C., STE-phen St., \$12.90. New frame bun-galow, 4 rooms, W. C., Patrick St.,

\$9.00. Bonts for permanent tenant and prompt payment. J. S. R. McCann, 82 Brock St. FURNISHED HOUSE, UNIVERSITY s5,000—SOLID BRICK HOUSE, 10 rooms, all improvements, large lot Alfred St. 4,200—CEMENT HOUSE, NEW, ALL MORTGAGES BOUGHT AND SOLD.

BATEMAN & GARDINER, PHONE 386

67 Clarence St., Kingston. For rent for summer months, "The Cove," Sydenham, Ont. Iwo cottages, fully furnished for summer housekeeping, including fuel and ice. The cottages are located on the shore of Sydenham Lake, have extensive grounds, with shaded tennis court, excellent drinking water, lighting facilities, boat

WINGSTON SHORTHAND, FYPE-writing and Copying Bureau, 321 Queen St. All work strictly con-adential. Rates moderate.

OSEPH BUSE, 6 CHESTNUT ST., HAS

opened up a quarry on Stephen St.

PERSONAL MAIR, MOLES, WARTS, BIRTH-marks and all growths and skin blemishes removed permanently, without scar; 27 years experience. Dr. Elmer J. Lake, Eye, Ear, Nose Throat and Skin Specialist, 258

bair, dandruff, etc., treated by electricity (new method). Lates treatment in shampooing, face massage manicuring, chiropody. up-to-date styles in hair work. Mrs. Herod, graduate masseuse, 159 We'lington St., Phone 1495. Hours 10 to 12 a.m., and 2 to 5 p. m. and by appointment. m., and by appointment

Bagot Street.

UPHOLSTERER

W. J. GAVINE, UPHOLSTERING, RE pairing and carpet work. mattress renoveting. Drop a card or call 216 Engot street.

Geldman, 387 Division St.

MALL REFRIGERATOR, CHEAP, AP.

DOUBLE SETT OF HARNESS, \$50.00.
Apply M. J. Dolan, 219 Princess St. WELSH PONY, HARNESS AND BUG-gy, cheap for quick sale. 32 Fron-tenac street.

the best part of the city. R. Chas. Bell, 239 Bagot St.

Cheap. D. J. Dawson, planes and Victor Victrolas, 244 Princess St. ors at reasonable prices, while they last. At Turk's. Phone 705. PRICK HOUSE ON JOHNSON ST. TEN
rooms, hot water heating, gas; good
frontage and back lot, Apply 267
Johnson St.

NDIAN MOTOR CYCLE IN GOOD ondition. Apply to R. H. Fair, Lingston Station, or Angrove's Garage, Kingston

FARM 105 ACRES, 2ND CONCESSION. township of Pittsburg. For partie-ulars apply to C. M. Nelson, 224 Johnson St., Kingston, Ont.

ANYONE HAVING SECONDHAND stoves or furniture for sale, call on me for first class prices. J. Thompson. 333 Princess St., Phone 1600,

ANTIQUE MAHOGANY BED WITH new mattress and springs; also secondhand bath tub in good con-dition. Apply Box 161, Whig office.

\$2100 BRICK VENEER, FURNACE, ELectricity, B. and C., \$600 cash; \$2,500, solid brick, gents at \$20.75; \$850 cash will buy. R. Charles Bell 239 Bagot Street. JOHN ST., OPPOSITE NEW ROW ble, centre table, other tables, or-

gan, dishes, good lawn mover, Souvenir hall store. office DESK, SIX FEET LONG, 43 in. high 'n front and 56 1-2 in. high back. Three drawers and one top shelf. Slightly used. . Apply British Whig office.

LARGE NUMBER OF BICYCLES, also Dunlop tires, at \$2.00. All arders promptly attended to for carpet cleaning and laying. George Muller, 373 King St. GROCERY STORE AND DWELLING

152 Intario street, or will grocery stock and fixtures a privilege of renting store and dwelling, Doing a first class business. Good reason for seiling. Apply F. X. Bazeau, on the premises.

ing men preferred. Price reason-SUMMER COTTAGE - FURNISHED, BOARD AND ROOMS

also table board. Apply 138 Wel-

FURNISHED ROOM

FINANCIAL ment Society; incorporated 1863; president, Colonel Henry R. Smith. Money issued on city and farm properties, municipal and country debentures; mortgages purchased; deposits received and interest allowed. S. C. McGill, Manager, 87 Clarence Street.

LIVERPOOL, LONDON AND GLOBE Fire insurance Company, Available assets, \$61,187,215. In addition to which the policyholders have for security the unlimited liability of city property, insured at lowest possible rates Before renewing

old or giving new business get rates from Strange & Strange, Agents. Phone 325.

DENTAL E. KNAPP, B.A., L.D.S., D.D.S., REmoved to 258 Princess Street

SPARKS AND SPARKS, 159 WELlington St. (over Carnovsky's). Phone 346. DR. C. C. NASH, DENTIST: DR. T.

Renton, assistant, 133 Princess H. SIMPSON, L.D.S., D.D.S., DENT-ist, corner Princess and Bagot streets. Entrance on Bagot street. Telephone 626.

ARCHITECT

WM, NEWLANDS & SON, ARCHE Offices, 258 Bagot Si Cut, building and rough stone area supplied promptly at reasonable

POWER & SON, ARCHITECTS, MER-chants' Bank Building, corner Brock and Wellington streets. Drop HOTFLS.

ONE OF THE BEST, THE ALBION MUSIC. TEACHER OF SINGING, MISS CARRIED Bajus, 47 Rideau St.

TELGMANN SCHOOL OF MUSIC, 21 Frontenac street. A. V. Telg-mann, B.E., teacher of elocution and action. Miss Norma and O. E. Telgmann, teachers of violin, mandolin, plano, etc. Terms for tultion and concert engagements on application.

application. LEGA).

ters and solicitors. Law office, 70 Clarence street, Kingston.



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Monge SOCIETY ENGRAVER 347 KING STREET Where the Clock is on the Walk

FROM RODGER'S Our Engenving Department is prepared to turn out the finest workman-

ship on the shortest no-We do the Engravingand ating all on the prem-

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For Sale

outbuildings and land; seven

Mayor Hocken, Toronto, will leave on Friday or Saturday for the meeting 'of the

ton's removal sale.

islature in West Hamilton.

