

Pleasant Reading For Women

In a little while more we shall be donning our spring suits, and it is well to have the chest or wardrobe ready for the winter clothes, and then, too, if you begin now and take things by degrees, getting all the little things done, you won't find yourself turning the house topsy-turvy when the actual cleaning time arrives.

All closet shelves and bureau drawers should be lined or covered with paper of some sort. It not only makes them look neater, but helps to keep the dust out.

One of the best things for the chest or closet shelf where the winter clothes are to be stored is the ordinary newspaper. Moths abominate printer's ink, so it is really a preventive; although it is not wise to depend altogether on the newspaper to keep the moth out.

Suits and coats should be hung on hangers wherever it is possible. If, however, they must be laid away in chests or drawers, fold them inside out, with sleeves down at the sides, and lapels folded in. When folding a skirt, never have a crease down the centre. All necessary creases should be made in the side of the skirt, and where it is folded over at the top a roll of soft paper should be put in the crease. Fold men's coats and vests in the same manner.

While newspapers are just the thing for the chest or closet, they do not look so well in the bureau drawers, and many women dislike them for this purpose because they think the ink is apt to come off on their underwear, so the nicest paper for a bureau drawer is a manila wrapping paper, which comes wide enough to fit any size drawer. It is an excellent quality of paper with a smooth finish, good and strong.

For the buffet, sideboard or closet where china is kept, there is the white shelf paper, which every woman knows about. This always looks neat, and makes a dainty finish for the china shelf. The paper edging comes in strips.

For pantry shelves and kitchen dresser, there is nothing so neat nor so sanitary as the white shelf oil-cloth. This can be washed, and will last for years. Paper is not practical for these shelves. When cleaning out the dresser and pantry shelves it is well to sprinkle a little insect powder of some kind around, in the corners, as a preventive against ants, roaches and so forth, for these little pests will come sometimes, even in the best regulated household.

It Pays to Believe in Your Boy

Is there a boy problem in your home? If so, you are looking for his solution. It is found in a little sentence of four short words: Believe in the boy.

It is a sad day in a boy's life when he hears a parent say, "I have no confidence in you." And yet parents—well-meaning parents, too—say these very words to their boys, and other parents say them as plainly by action as if they had spoken.

A boy's daily chores include looking after the barnyard, milking the cow and caring for the family horse. On several occasions the faucet that supplied the tank with drinking water was found open and the barnyard flooded with horse manure. The boy was charged with carelessness. He stoutly denied having left the faucet open; but he was threatened with punishment next time such trouble occurred and he missed it only by chance. The cook happened to look out of the kitchen window just in time to see the old boy turn the faucet with his nose. He had probably learned the trick by accident, and was smart enough to draw his drinking water fresh.

Many a boy has been punished for just such acts which he never committed, so be slow to judge the boy. The normal boy is quick to be hardened by unjust judgments of those in authority. More than one boy came safely through the stormy years of his teens not because of but in spite of the system of discipline to which he was subjected in the home.—The Mother's Magazine.

When a Girl is Ready for Marriage

William A. McKeever, professor of child welfare in the University of Kansas, has set down in his book, "Training the Girl," recently published by Macmillan, ten characteristics of the young woman who is theoretically prepared for marriage. They are as follows:

About ten years after the beginning of the adolescent period probably the body and mind of the young woman are in the optimum condition for all the requirements of marriage. She should have finished the so-called common school, which would have contributed to her thought a permanent interest in people and in public affairs.

She should have served a reasonable period of apprenticeship in all the duties of the household and should possess a knowledge of how to deal justly and sympathetically with the so-called household assistant (Mr. McKeever's term for "hired girl").

She should possess a thorough training in the business affairs of the home; in purchasing economically and the like; and should be informed upon all other business matters necessary as a guarantee of her ability to save as well as to spend.

She should be ready to unite her efforts with those of some young man of honest mind and purpose, should be willing to settle down with him in very modest surroundings and to help him win the battle for bread and a good home.

She should possess such acquired charm of personality and such a knowledge of the characters of men as to enable her to win a worthy and loving companion and should

be prepared to co-operate with him in living a worthy life.

She should have well-matured sentiments as regards children of her own and should possess the courage of her convictions sufficiently to discuss the child-rearing problem with her fiancé before marriage.

She should possess an interest in some kind of civic, social or religious work and should plan to give at least a part of her thought and effort to the service of the common welfare.

She should have received experience and training in undergoing such trials and disappointments during the growing period as befitted her years, and thus gradually have been prepared to meet the heavy ordeals practically certain to be visited upon those who do their part in building up a substantial family life.

She should be well prepared to take up and pursue successfully some line of independent work, and this as a safeguard against the time when an unforeseen occurrence might throw her back upon her own means of support.

Marriage Without Love is the Biggest of All Mistakes

These are the great mistakes on the matrimonial calendar:

To marry on insufficient means, because when the bill collector begins to pound on the door, Cupid jumps out of the window.

To marry a woman because she is a parlor ornament and expect her to turn into a kitchen utensil as soon as the marriage service is over, or to marry a drunken rouser and expect him to be metamorphosed into a model of the domestic virtues.

For either a man or a woman to marry with the intention of making over the other one's character to suit his or her ideal.

To marry a person whose tastes are not similar to your own.

To marry out of your own class either socially, financially, intellectually or morally.

To cut out the jolly because you are married. During courtship flattery is an aid to success. After marriage it is a necessity.

To fall into the error of thinking that matrimony gives one the privilege of eating onions, wearing frowsy clothes and telling unpleasant truths in the home circle.

For a husband or a wife to curtail the other's personal liberty. The man who opens his wife's letters and the woman who goes through her husband's pockets will inevitably come to grief.

To try to live together twelve months in the year.

To be separated too much.

To try to live with either his family or her family.

Not to settle the money question before marriage.

To appeal to outsiders to arbitrate their family spats.

To try to live in boarding house or hotel. The lack of a home is the first aid to divorce.

For the wife not to have plenty of work to do to fill up her hands and thoughts.

To marry until the woman has had her fill of admiration from man, and the man is tired of running with the boys.

For a man not to throw responsibility on his wife's shoulders, and make her feel that she must be his

real helpmate, instead of a doll to dress up and play with.

Not to have children.

Not to play together. The man who takes his amusements always among men and the woman who goes to nothing but hen parties will soon find out that they can be happy apart.

And the greatest mistake of all is to marry without love. If there is plenty of that nothing else much matters.

Ten Marks of the Man Prepared for Marriage

The rules of William A. McKeever, professor of child welfare at the University of Kansas, for knowing when a girl is ready to marry have been quoted from his "Training the Girl" (Macmillan). In the same book Mr. McKeever gives ten marks of merit by which the young man such as he described may know whether or not the young man friend is worthy to become his husband. The ten characterizations of the worthy young man are as follows:

As to age, the same theoretic rule obtains for him as for the woman, the maximum of physical and mental readiness probably being ten years after the beginning of adolescence.

His common schooling should be about the same as that required for the young woman, and it would be well, in case of an actual mating, if they had both attended the same type of common school.

During all the years of his physical development the young man should have been constantly trained and disciplined in the performance of the maximum variety of such work as the ordinary home, shop and field provide for the growing boy.

Besides having had ample experience in the performance of a variety of plain boy work, he should also be thoroughly trained and skilled in some bread-winning occupation, with a thought of making it his life-work.

He should have been kept clean and pure in his moral life and should have a very high respect for the inherent virtue and the reasonably guarded virtue of ordinary womanhood.

His wealth may not necessarily consist of a considerable amount of money saved or in prospect of an inheritance, provided, that he be trained as sketched above, and that he have developed in his character a genuine money earning capacity.

He should be well informed as to the nature and status of women of various classes and should especially know what traits of character in young women constitute a guarantee of satisfactory wifehood and motherhood.

He should have the habit of being frank and honest and courageous in his business dealings and should possess a sense of responsibility as a bread-winner for the family of which he expects to be the head.

He should possess a genuine interest in children, should have considerable theoretical knowledge about their care and training and should be conscious of a father's full duty in respect to all other family matters.

He should keep himself in touch with current affairs and should be ready and willing to contribute a part to the civic, moral and religious welfare of the community in which he expects to live.

IF YOU WOULD BE BEAUTIFUL

Give the Entire System a "Spring House Cleaning" in Preparation for Summer

Is there any reason why "spring house-cleaning" shouldn't be applied to the physical as well as the mental abode? It is probably in the greater need of the process.

Let us start by taking inventory.

Does any of the furniture need repairing? Is the hair in good condition? The hands? Are feet free from callouses and other troubles in anticipation of long country walks? Are muscles being kept elastic, ready for outdoor sports? Is the skin clear and its texture firm to withstand exposure to summer suns and spring winds?

Is the health good, digestive organs working properly and lungs strong? If not, let this remind you of your duty. Start now to purify the lungs of poison by making every breath count for its full quota of health-giving fresh air. Sleep with windows wide open, take plenty of exercise to stir up the circulation, grow sluggish during the winter, drink plenty of water to flush the system and clear it of impurities.

Clean the mucous membrane of the stomach and give the system a stimulus by drinking slowly a glass of hot water every morning before breakfast, and remember the body requires two quarts of liquid a day aside from that contained in foods. Try the old-fashioned remedy of taking sulphur and molasses three mornings in succession, skipping three and then taking it three again, and so on for nine mornings.

Change the diet by eating less meat and more vegetables and fruits. Take orange juice in place of coffee and after you have done with the sulphur and molasses take a little lemon juice and salt in the hot water.

Bear in mind that spinach, young beet tops, dandelions, cowslips and all greens are rich in salts and are nature's tonics, a cure for biliousness, eliminators of "that tired feeling" and preventives of "spring fever." It follows naturally they are complexion beautifiers.

Eat pineapples without stint. They are invaluable in throat affections, and directly influence the skin, banishing pimples, match patches and other irritations.

Eat a piece of fig paste occasionally at night. It is made as follows: Chop fine a half pound each of raisins and figs with an ounce of senna leaves and stew with a half pound of sugar in a half pint of water. Allow the mixture to simmer slowly for half an hour, then pour out on oiled paper in baking tin to cool. Cut into inch squares and take one on retiring at night.

In Bleaching a Brown Neck be Sure to Keep the Skin Well Scrubbed.

I have just written a letter to one of our "Beauty Chatters," telling her how to bleach her pretty neck. She says: "I am awfully fond of wearing a low neck, but when I come to the conclusion I have to halt back. My skin seems to be awfully dark just around the neck. I have tried quite a few creams, but they appear to be useless."

I wrote this little "Chatter" as it is a very simple matter to acquire a perfectly nice brown-skinned neck in a short time when the proper exposure has been given.

All during the summer, the girls forget about their necks and the care they should give them. If only they would remember to cream and powder their necks and faces before going out into the sun; they must also remember that when they go on the water, if they would knot a silk handkerchief of bright hue around the neck, it would protect the skin from taking on an extra coating of tan, besides adding to the general attractiveness of the effect of a pretty girl on the water.

In these days of collarless frocks, one owes a duty to one's neck. A high, tight collar will sometimes darken the neck. I am going to give you a formula for a bleaching paste which I hope will prove a blessing to

all "Chatters" with brown lines around their necks.

One ounce of strained honey, one teaspoonful of lemon juice, six drops of oil of bitter almonds, whites of two eggs, enough of fine oatmeal to make a fine paste.

Spread this thickly on a piece of cotton cloth, three inches in width and tie a bandage around the throat. Pour or five of these applications should bleach the neck to its original whiteness.

Do not use this as a face bleach as the oil of bitter almonds is a poison and must not be swallowed or left in the reach of children.

Be sure that you keep your neck well scrubbed. If soil is allowed to grudge in, it, of itself, will in time darken the skin. If cities it is a matter of almost continual watchfulness, on account of the soft coal smoke. My model is showing you how to use one of the new holders for wash cloths. Personally, I know nothing about them, having never used one, but "they do not look good to me."

Fashion Fads

Striped and plain linings are as popular as flowered linings.

White chiffon collars, beaded in vivid colors, are a new touch.

Guites can now be bought with veils of crepe de chine.

Widths of plaid silk are draped to form panniers on afternoon gowns.

A high rhinestone comb is used to make the coiffure attractive.

Little aprons of net or silver, gold or aluminum tissue, closely wrought with jeweled embroidery, appear on some of the newest evening gowns.

Evening shoes of brocade, with beautifully jeweled buckles, are in great vogue.

Pretty little evening mantellets are making their appearance in all colors and kinds and are replacing scarves.

One of the new trimmings on soft shot or plain taffeta dresses for afternoon wear consists of narrow borders of tiny chalk or crystal pearls in quaint Russian or other barbaric design outlining the corsage folding the edge of the tunic or the elongated pleats of the lightly draped panniers.

WHY U.S. HAS INTERVENED

In Mexico—It Has Political and Property Interests

New York, April 27.—Why the United States has intervened in Mexico is defined in the current Century as follows:

On Feb. 18th, 1913, two Mexican generals, Blanquet and Huerta, executed a coup d'etat, arrested Madero and Vice-President Suarez, forced them to resign and cast them into prison. Five days later the news of the cowardly shooting to death of Madero and Suarez was flashed over the country, and a veritable wave of horror and indignation swept the American people. Gen. Victoriano Huerta became the centre of obloquy. Rightly or wrongly, he and his clique, who were in military control of Mexico City, were held responsible for the death, without pretence of trial, of the men under whose orders he, only a few days before, had been actively engaged in shooting down his own countrymen.

The policy of cowardly assassination soon extended to others connected with the late President Madero. Since then each month has had its repulsive tale of murder, rapine, arson and savagery. Each elapsed month has taken its toll of the growing irritation, and, under the surface, official cynicism on the part of other nations whose subjects and their properties in Mexico, are suffering or in jeopardy. Each month has brought fresh discouragement to those interested in the prevention of human misery, and, last of all, the insolent attitude of Huerta towards the United States.

"That the United States has a well-recognized predominant political interest in Mexico's condition and future is unquestioned throughout the world. This is in addition to the tangible interest which she shares with a number of other nations by virtue of her and their citizens in Mexico being subject to the loss and danger of their lives and property."

"The paramount political interest of the United States may be termed that of strategy and propinquity. The Panama canal and coterminous frontiers along the Rio Grande sufficiently explain this special relationship, and no statesman in Europe or elsewhere has questioned it."

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A case has just come to our attention from Guilford, Miss. Mrs. Armelle Saucier says: "For months I was in a run-down condition and my blood was very poor. I had taken several medicines prescribed by physicians but they seemed to do me no good. Vinol was recommended and from the first bottle I noticed an improvement. I continued its use and now feel as strong and well as ever."

If you have the slightest indication of poor blood take Vinol. If it fails to help you we will give back your money.

Geo. W. Mahood, druggist, Kingston, Ont.

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President Wilson looks beyond the cheering thousands who watch the troops depart, and he sees another picture.



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