

RHEUMA WILL STOP URIC ACID DEPOSIT

Rheumatic Complications Checked and the "Human Sewers" Restored.

The Kidneys, Bowels and Skin are the "human sewers" which carry off the impurities in the blood. When these are clogged uric acid sediment lodges in the muscles and joints, and Rheumatism follows.

COUNTRYSIDE TIDINGS

WHAT WEIG CORRESPONDENTS HAVE TO TELL

News From Villages and Farms Throughout the Adjoining Counties—Rural Events, and Movements of the People.

Glendower Items. Glendower, April 20.—The wind during the past couple of days is causing the ice to disappear from the lakes. Some of the residents have lost a number of calves this spring.

News From Sharbot Lake. Sharbot Lake, April 24.—Sugar making has not been much of a success so far this season. Miss Annie Dixon has returned home from Verona where she attended her grandfather's funeral.

Sand Bay News. Sand Bay, April 23.—Sugar-making is over for this season. It was the best in some years. Hazel I. Haslin spent the Easter holidays with her sister Mrs. W. Topping, Athens.

Budget from Bethany. Bethany, April 20.—Excelsior cheese factory opened up for the season last week. Several of the cheese factory matrons are still shipping cheese to Toronto and Belleville.

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FINDS WEED A SHEEP FOOD

Washington Man's Discovery May Revolutionize Industry

Remarkable success achieved by Y. C. Mansfield of Endicott, Wash., in fattening sheep on the long-despised Australian salt bush bids fair to revolutionize the sheep-raising industry in the northwest.

The salt bush is found along highways from Arizona to Washington, but few persons know its right name. In eastern Oregon it is generally known as the Pendleton foot weed, and has been looked upon as such a pest that there is a law against allowing it to go to seed.

According to Mr. Mansfield, however, it is of more value to eastern Oregon than alfalfa, for not only is it a better feed for sheep, but it will grow on arid land, and requires practically no attention after once getting a stand, as it grows in hard, firm soil better than on loose, well-cultivated land.

Mr. Mansfield's experience is unique. For many years he farmed 3,000 acres of land, all of which was wheat land with the exception of 150 acres, which were sub-irrigated alfalfa land.

Accordingly, two years ago he decided to invest in a flock of sheep, and it was while driving these home that he made the discovery which he has since turned to such good account. Beside the road near the Mansfield farm the salt bush grew in abundance, and to Mr. Mansfield's surprise the sheep began feeding upon it greedily.

What I'm looking for," said the old man, as he got off a train, "is a lawyer who'll make a certain young man in my town come up to the chalk-line or go to jail."

NO MENTION OF BRIDEGROOM. Invitations to Wedding of Turkish Sultan's Niece Ignore Him.

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NERVOUS DISEASES IN THE SPRING

Cured by Toning the Blood and Strengthening the Nerves.

It is the opinion of the best medical authorities, after long observation, that nervous diseases are more common and more serious in the spring than at any other time of the year.

The antiquated custom of taking purgatives in the spring is useless, for the system really needs strengthening, while purgatives only gallop through the bowels, leaving you weaker.

Sold by all medicine dealers or by mail at 50c. a box or six boxes for \$2.50 from Dr. Williams' Medicine Co., Brockville, Ont.

CY WARMAN'S LAST POEM

Was Written in Philadelphia Two Weeks Ago

The last poem of Cy Warman, the "Poet of the Rockies," was written in Philadelphia two weeks ago and it is the best poem he ever wrote.

Spanish Peanuts Used for Fodder in Arid Sections. The corn belt will never lose its pre-eminence as a hog-raising center, but the time is past when it can claim to be practically the only region where swine can be bred and fed with profit.

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RULE OF THE MOB

Spirit of Irresponsibility Destroys, But Never Creates

"A mob kills the wrong man," was flashed in a newspaper headline lately. The mob is an irresponsible, unthinking mass. It always destroys, but never constructs.

Write a great poem to thrill the mob hearts with pleasure, and the mob will allow you to go hungry; The blind Homer begged bread through the streets. Invent a machine to save labor, and the mob will declare you its enemy.

The demagogue is the leader and instigator of the mob. He appeals to the passions and ignorance of men. His stay will not be long, for he fills the land with discord, but he never fills a pay envelope.

SHACKLETON'S FAILURES. Explorer Tells Experiences as Electioneer and Lecturer. Sir Ernest Shackleton tells three good stories of his three most memorable failures in life.

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DOES YOUR STOMACH CONTAIN A GLASSFUL OF ACID?

OUT OF 100 DYSPEPTICS HAVE DANGEROUS ACID IN THEIR STOMACHS, WHICH MUST BE NEUTRALIZED IF GOOD HEALTH IS TO BE MAINTAINED.

Can you imagine the above sets of jumbled letters in the names of eight well known fruits. If so, YOU CAN SHIP IN THE DISTRIBUTION OF THE ABOVE PRIZE. It is so easy to do. But by putting a few more letters you can probably make out 5 or 6 of them.

ORIGINAL GENUINE Horlicks Malted Milk. Instantaneous Lunch, Invigorating. Rich Food-Drink for All Ages—Highly Nutritious and Convenient.

LABATT'S STOUT. Has Special Qualities. MILDLY STIMULATING, NOURISHING, SUSTAINING. A Perfect Tonic.

Suffering Humanity Finds that relief must be found for the ills which may come any day, -else suffering is prolonged and there is danger that graver trouble will follow.

BEECHAM'S PILLS. This standard home remedy tones the stomach, stimulates the sluggish liver, regulates the inactive bowels.

King George's Navy Plug. 10c. KING GEORGE'S NAVY CHEWING TOBACCO. IS IN A CLASS BY ITSELF.

It surpasses all others in quality and flavour because the process by which it is made differs from others.—It is deliciously sweet and non-irritating. SOLD EVERYWHERE: 10c A PLUG. ROCK CITY TOBACCO Co., Manufacturers, QUEBEC.

Live Lobsters. Dominion Fish Co. PHONE 530.

Radway's Ready Relief. The Relief is the best counter irritant known, and therefore the best embrocation that can be used in Neuralgia.

NEURALGIA. The Relief is the best counter irritant known, and therefore the best embrocation that can be used in Neuralgia.

KINGSTON BUSINESS COLLEGE (Limited). Head of Queen Street. Courses in bookkeeping, shorthand, typewriting, civil service, general improvement, and all commercial subjects.

DRINK HABIT. Reliable Home Treatment. Thousands of wives, mothers and sisters are enthusiastic in their praise of ORRINE, because it has cured their loved ones of the "Drink Habit" and thereby brought happiness to their homes.

Asthma Catarrh. WHOOPING COUGHS SPASMODIC GROUP BRONCHITIS COUGHS COLDS. Vapo-resolene. A simple, safe and effective treatment for bronchial troubles, without doing the stomach with drugs.

GRANDMA NEVER LET HER HAIR GET GRAY. Kept Her Locks Dark, Thick, Glossy, with Sage Tea and Sulphur.

When you darken your hair with "Sage Tea and Sulphur, no one can tell, because it's done so naturally, so evenly. Preparing this mixture, though, at home, is messy and troublesome. For 50 cents you can buy at any drug store the ready-to-use tonic called "Weyth's Sage and Sulphur Hair Remedy."