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will be perfect. The price will be from \$2.00 to \$7.00 LOWER than you have been paying

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## SALTS IS FINE FOR KIDNEYS, QUIT MEAT

Flush the Kidneys at once when Back Hurts or Bladder

No man or woman who cats meat regularly can make a mistake flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which clogs the kidney pores so they sluggishly filter or strain only part of the waste and poisons from the blood, then you get sick. Nearly all rheumatism headaches, liver trouble, nervousness, constipation, diziness, sleeplessness, bladder disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back burts, or if the prine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, stop eating meat and get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast, and in a few days your kidneys will act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lith- this several years ago because they ia, and has been used for generations | did not seem to thrive well. to flush and stimulate the kidneys; also to neutralize the acids in urine so it no longer causes irritation, thus ter how great a variety of food was

ending bladder weakness. Jad Salts is inexpensive and can- The whole trouble was lack of exnot injure; makes a delightful effer- ercise. If turkeys cannot get plenty vescent lithia-water drink which of exercise they cannot have a good should take now and then to in weight. keep the kidneys clean and active. and the blood pure thereby avoiding Agent, Geo. W. Mahood.

## AGRICULTURAL TOPICS FOR WHIG READERS

How Cows Differ

year-old cow in the same herd gave beans or anything else unless it is in only 400 pounds. Again it is found a good state of productiveness. another lot of twenty-two averaged best cash or market crops that are kept as dairy cows, fed and bred crop that will always bring proved by their records. Even from all sections of the country. amongst those so kept, selection is They are an easy crop on the soil worth keeping.

The value of a pure bred dairy sire able is also revealed when comparing herds. One herd of fourteen cows gave 306 pounds of fat in a month. an adjoining herd of fourteen where cow testing has been carried on for four years and where the sire pure bred, the yield was 556

Keeping Milking Utensils Clean The milk utensils should be rinsed water before going through the regular washing process. Then wash in dirt and grime than a rag, as the brush gets into all corners. Then after one is used to using the brush it will be found that it requires less work to keep the milk utensils clean and sweet. Another important reason for using the brush is that it will not collect bacteria as a rag will. After the milking utensils have been washed and scalded place the sunshine.

How to Send Eggs to Market Frovide clean, dry hay or straw or a suitable material for the nests, renew the material frequently and always when it becomes wet or solled. Collect eggs every day shortly before noon, or preferably at noon and at dusk. It is especially advisable when hens are broody to collect twice daily.

have been found by chance in nests rather than use a ready-made nest in in the open during harvest time or plain sight. any other time be mixed with those intended for market. Any such eggs which are not fit for consumption should be used at home.

Any dirt on the egg when it is collected should be removed by carcase, cuts, 10c. to 22c.; mutton, means of a dry cloth, or if that 111c. to 14c.; lamb 16c. to 22c. lb.; method fails a slightly dampened, live hogs, \$9.50; dressed hogs, 134cs but not a wet cloth, should be used. | veal, 9c. to 14c.; lamb by carcase, Do not wash hen eggs nor put them 17c. & lb.; western beef, 14c. to 15c. In water, nor use any chemical to remove the dirt.

Butter Troubles

One of the troubles most common ly met with in butter-making during the winter months is what is known as "sleepy" cream, and one frequently hears of cream being churned for hours before yielding up its butter. The following are some of the principal causes for this abnormal condition of cream:

perature. The cream in this case to \$2.90; Hungarian patent, \$3 simply thickens and clings to the oatmeal and rolled oats, \$3.50 bbl. sides of the churn and so fails to get ornmeal, \$2 per cwt.; bran, \$25.50 per the concussion necessary to cause ton; shorts, \$26.50 ton; baled straw, the butter globules in the cream to 89 per ton; potatoes, \$1.10 a bag; adhere together and form butter, beets, 75c. bush.; loosetstraw, 310 The churner will notice that the loose hay, \$15; pressed hay, \$15. cream fails to drop with each revolution of the churn. This shows that the following prices: Whitefish, 15c. the cream is "asleep" and that the lb.; pike, 10c. to 121c. lb.; process of churning the cream into lobsters, 35c. lb.; scallops, 35c. a lb. butter is not progressing at all. The blue fish, 15c.; shrimps, 60c. a quart remedy is to stop churning and add to 60c.; ciscoes, 15c. fb.; smelts. water of a suitable temperature, then | 10c., 20c., 25c. lb.; silver Chinook resume churning and see that the salman, 30c.; fall salmon, 15c. lb.; gream drops with each turn of the resh haddock, 124c. Ib.; steak cod,

ripened, or which is over-thick or salmon, 25c. lb.: kippered herring, too thin. During the winter months 40c.: Yarmouth bloaters, 40c. doz. cream is often kept at a low temper- rodfish. 124c. Ib.; halibut.124c. to 18c. ature. Acidification is therefore very moked salmon and halibut, 10%. slow, and the normal ripening process is not accomplished. Cream should always be regulated to a proper consistency when put in

(3) Failure to ventilate in the early stages of churning causes a coldestroyers that threatened totally to lection of carbonic acid gas and the defoliate New England, and bade fair cream swells and does not get pro- to spread their devastations far beyond per concussion. Addition of water its borders. The mercenary army is Ventilation on resuming churning ence of which is dependent upon their will generally remedy matters, but it cunning teffectiveness as mothslayers.

effect, especially if much straw is cerned. New England to-day is a used, and cream from milk of pows shambles. Last summer, in some rewhich have been a long time in milk gions, their numbers were reduced oneis usually hard to churn, the fat half by the mercenary invaders. This globules in the cream being small. year's warfare is expected to result in The simple unaffected folks, If the trouble is caused by feeding more extensive destruction. The govit is a good plan to scald the cream ernment scientists who have engineerto 160 degrees F., cool down and ed this most tremendous of all insect ripon by the use of starter. It is wars are consident that in a few years well to have a couple of newly-calved the moths will be under control. There cows together with those which have may thereafter be occasional sporadic

Range for Fattening Turkeys Turkeys should have free range

while being fattened for market. We used to fatten the turkeys in small enclosures, but discontinued

After the first few days they would times runs away with the chauffeur. begin to lose their appetites no mat-

regular meat eaters appetite, and of course will not gain Beans Are a Profitable Crop

The old-fashioned saying that land

white beans has been the cause of Records show that in one month of many farmers giving up bean | tre. seven-year-old cow gave 1,430 growing. It is a mistake to imagine pounds of milk, but another seven- any soil will grow a good crop of

that twenty-two cows averaged 1,197 From our own experience we are pounds of milk in a month, while convinced that beans are one of the only 545 pounds of milk. Cows that farmer can grow for they are a cash for production of milk and fat, are fair price and find ready for sale in

limited amount of manure is avail-

Notes of Interest easy to produce clean milk if clean adapted negro folk-songs for it. habits are formed and common sense uses, and a little pains taken:

tiary at Perth are harnessed to a season in a play specially written for plough instead of horses. The pris- her by George Broadhurst. There oners are fond of the opportunity of is no emotional actress of the day having open-air work, and so four- who possesses greater promise than teen or fifteen convicts are attached Miss Dean, who was seen here first to each plough; there is no charge in "The Lily" and this season in "Her of overwork. They are seen at work Own Money." by the public at the Glasgow centre, and rather like seeing the people than otherwise.

To finish cattle well is one of the objects of the feeder, and oatmeal has a great reputation in this way. It is said to impart that hardness of touch to the flesh which the butcher likes. The best way to feed it is merely to dampen it and roll it into balls, allowing the animal to partake of it at leisure.

Don't go to hankering for more land than you can take care of well. Too big a bite of even the best meat makes hard chewing and even harder

The experience of most poultry raisers is that hens will every time take to a dark nest rather than one exposed to the light. A hen will seek the bottom of a manger, digging On no account should eggs which her way down through the hay

Produce and Prices

Kingston, April 21 .- Market cler reports the following:

Meat, beef, local, carcase, 10 to 12c.; Dairy-Butter, creamery, 33c.; prints

Cabbage, Sc. to 10c. head; celery, 5c. to 10c. bunch; onions, 7c. to 1 8c. 1b.; carrots, 75c. bush,; parsley, 10c.

J. A. McFarlane, Brock street, reports grain, flour and feed selling as Oats, 50c. per bushes; wheat, \$1 to

\$1.10 per bushel; yellow feed corn, per bushel; bakers' flour, (1) Churning at too low a tem- \$2.75 to \$2.90; farmers' flour; \$2.75

The Dominion Fish company reports churn; matters should then progress | 124c. lla; salmon trout, 15c. lb.; fillets, 15c. lb.; finan haddie, 124c. lb.; (2) Cream which is improperly salt mackerel, 15c. lb.; oysters, 50c.

Mercenary Insects

From 'The Winged Armageddon," by Itarold Kellock, in May Century. The enemies against which the struggle is being waged are the gypsy and the brown-tailed moths, those terrible suitable temperature and composed of insects the very existmust be noted that the cream The lives of these minute warriors are "drops" each time the churn is turn- consecrated to slaughter, and so well are they thriving at their sanguine (4) Feeding has also a certain task that, as far as the moths are conbeen in milk a long time, this will outbreaks of them, but they will no longer be a menace and a terror. No other nation has ever gathered an army of alien insects to protect its fields and forests.

It is far better to marry tor riche than for a chance to get even, Might may not make right, but it frequently succeeds in making good. The pen is a mighty auto that some

CASTORIA For Infants and Children. The Kind You Have Always Bough THINGS THEATRICAL

Notes About Plays, Players and Cyril Maude, although aprpoaching the end of his season at Wallack's, New York, in "Grumpy," is still playing to a capacity business.

Margaret Anglin has scored one of

the season's successes in "Lady Windermere's Fan" at the Hudson thea-Since the opening performance, the house has been practically sold out at every performance. As Miss Anglin was only contracted for four weeks at the Hudson, and on account of previous booking arrangements, the popular Canadian star

and her splendid company were

transferred to the Liberty theatre, New York, on Easter Monday. "The Truth," by Clyde Fitch, which Mr. Ames presented at the Little theatre, New York, April 14. necessary, otherwise the herd will and beans, wheat and clover and has probably been translated into fall off in its average. But the in- make one of the best and most profit- more languages than any other Amdividual record, so easily kept, will able rotations than can be planned erican play. "The Truth" has been point definitely to those which are out on any farm, especially where a given in practically every country of Europe, and there are versions of it in German, French, Italian, Norwe

gian, Danish and Swedish. At last "Uncle Remus" has been dramatized, and by an Englishman; Producing clean milk not only and the resulting play is nearly pays from a health standpoint, but ready for production in London. Mr. also from a financial standpoint, as Man and Miss Meadows "and de clean milk will always bring from gals," dressed in the crinolines of two or three cents more per quart the sixties, provide the human elecome was seventy-five dollars more than unclean milk will. It is more ment the piece and Cecil Sharp has

Julia Dean, an actress who has not yet had a role in which to display Scottish convicts at the peniten- fully her ability, will be seen next

GUARD THE FIRES

Cautions for Campers in the Forest Is Given

Forest fires are caused, in only too many instances, by campers and tourists who leave their fires unguarded are in other ways careless about their fires. Many of these holiday makers in the woods would be the last people in the world to wilfully destroy timber in this way, but yet a lack of care on the part of some has often had a most lementable re

Occasionally what seem cases of apparently wanton carelessness are met with. A flagrant instance of such neglect was shown some time a party of seventeen campers from Hamilton, Ohio, in the Timagami (Optario) forest reserve, which broke camp one morning leaving quite a large fire burning. The campers, in their special car, however, were stopped at North Bay, and not allowed to proceed on their journey until they had paid the expenses of extinguishing that fire as well as those of their own detention. Such

cases are, fortunately, rare. Attention to a few points may save much loss from this cause. No match, eignrend or other burning object should ever be thrown down in the until totally extinguished. than is necessary and should not be left, even for a short time, until one is perfectly sure that they ar "dead out." Fires should not built in dangerous places, such among leaves, near rotten wood any place where they are likely spread. Avoid building a fire against large or hollow log, for in such a place it is hard to know when the ire has been thoroughly extinguished. in windy weather a hole should be lug down to the mineral soil and the fire confined in this.

Old Fashioned Folks Old-fashioned folks! God bless 'em

The fathers an' the mothers, The aunts an' uncles, fat an' tall, The sisters an' the brothers. he good old-fashioned neighbors

The passing time improves 'em. 'hey still drop in to chat with you Whene'er the spirit moves 'em. he simple, unaffected folks With gentle ways an' sunny,

The brave and true That live life through And stay unspoiled by money.

Old-fashioned folks of solid worth On them a benediction! The joy an' comfort of the earth. Its strength, without restriction The charm of every neighborhood, The toilers uncomplaining. The men an' women, pure an' good Of fine an' honest graining. The plain and open-hearted folks That make no fad a passion,

The kind an' fair That do an' dare An' are not slaves to fashion

Old-fashioned folks, that live and

And give their service gladly. An' deem their neighbors worthy of Their help when things go badly. The simple sharers of our joys,

Sweet ministers in sorrow, They help the world to keep its poise An' strength for each to-morrow That live for all about 'em.

God bless 'em all. This earthly ball Would dreary be without em. --EDGAR A. GUEST

Scared the Judge John L. Toole's propensity for practical jokes once seriously alarmed Mr. Justice Hawkins, who was afterwards Lord Brampton, though they were close friends. They were at supper together one evening discussing the events of the day. The judge incidentally mentioned that he intended on the morrow giving the man he had been trying fifteen years because he deserved it.

As Toole was leaving he blandly

"Ob, would you mind my calling at the newspaper offices and telling them about that fifteen years? It will be a tip for them-exclusive information, you know and will do me no end of good with the press." "Good gracious! No, sir!" exclaimed the judge, who took the precaution of accompanying Toole to his hotel and seeing him safely to bed.



B stands for Buy

Beaver Barrel

Dag Best Blend

Biscuit Buns Boy

Baking Bread

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Colors-Black. Leather Shade Tan, Pink. Blue and White.

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