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EAT MORE FISH

A NEW IMPORTED DELICACY

Young Herrings in Tomato Sauce, a new imported delicacy in great favor.

MADE GOOD CITIZENS

OF THE HEAD OF HUNTERS OF LUZON, PHILIPPINES

Ex-Gov. Pack of Luzon Says Oppression Would Undo Great Work - Withdrawal of Officials Who Know Hill Tribes May Have Serious Results.

After twelve years spent as governor of the mountain provinces of Luzon, in the Philippines, where he fought the wild, head-hunting Igorrotes to become good, law-abiding citizens and helped to make of them companies of the best police in the Philippines, William F. Pack has settled on the Isle of Pines, which he believes is the ideal spot of the world. He is in New York on a visit now, and when he heard yesterday the reports that Dean Worcester, late secretary of the interior in the Insular government, had been making in letters to the New York Times of conditions that have come about since Francis Burton Harrison became governor general of the Philippines, ex-Gov. Pack was inclined to be sad.

"I worked under Worcester, and if anybody has ever done anything for the islands and their people he is the man," Mr. Pack said. "He was always just in his dealings with the natives and with those under him, and he always backed us up in our work."

"I am a democrat, and I would not say anything in adverse criticism of the administration, but I must say I had not resigned my post a year ago last January. The work that was being done was of such a difficult nature and required about all such a thorough knowledge of the people that men unacquainted with conditions are up against serious problems."

"We have got those former savages not merely subjugated but thoroughly subordinated to government rule. The Igorrotes and his brethren never submitted to government before the American occupation. The Igorrote was a head-hunter. To accomplish what has been done required infinite patience and pains. The way it was brought about was by giving the savage absolute rule over those men who not only would oppress him but who would always see that they were treated with the utmost fairness. These individuals were always the selection of Mr. Worcester, who was most successful in securing the kind of men needed, and in impressing them with the value of the work that they were called upon to do."

"Why, you cannot pay men to do work such as the American officials have done in the Philippines since the occupation. I mean that it was not a question of earning a salary. It was the fact that in each man was awakened the desire of doing something that had never been done before—something that would show the world what Americans could accomplish."

"To withdraw such men and put in a class who don't know the people, their habits, and their customs, no matter what class the new officials belong to, is apt to lead to misunderstanding between the hill tribes and those that govern them. There is danger that history will repeat itself. The best oppression would send the people back into warfare and savagery again, and all the good work done toward the civilization would be lost. And I want to tell you that the Igorrotes know more about fighting than they used to. They have been taught how to fight by Americans, and they make the best constabulary in the islands."

"I might have stayed longer in the Philippines," said Mr. Pack, "but I was campaigning down in Cuba, and I then made up my mind that some day I would go there and live. Some time later I bought a place down in California about 7,000 acres of grape fruit between September 1 and Thanksgiving Day, you may guess it was not a bad investment."

"I don't suppose it is generally realized at home that we have about 3,000 Americans on the island throughout the year, and about 7,000 throughout the winters, most of them landowners. There are about 3,000 natives—a pretty good class they are—and, of course, the officials are all Cubans. Once in a while there is a little misunderstanding, but it is always promptly straightened out."

"We have a model and modern colony. There are good little hotels in every town, and automobile roads lead all over the island. About 200 automobiles are owned. There are American stores, and American automobile stages, and freight trucks. The great mass of Americans down there are people rather advanced in life, who have wished to retire in the winters to a little place of from ten to twenty acres and plant it in grape fruit, or oranges, or lemons, calculating that when these came into bearing they would have a nice little bungalow to live in, and could spend their days in peace and comfort."

"Bungalows dot the island, and there are some residences that are really very ambitious. E. I. Wall, of Chicago, has a place that cost \$50,000. Taxation is low, and the island is easy of access from Havana. These Americans who have gone there think it is an ideal spot."

DALE BANK SITUATION

Shareholders Meeting To-day May See Assignment.

Bellefleur, April 21.—No new developments have taken place in the Dale bank situation at Bellefleur. The meeting of shareholders has been postponed until Wednesday (to-morrow), when some proceedings will likely be taken, perhaps an assignment made. No statement has yet been issued by the accountants as to the financial situation. One prominent member of the bank stated, this evening, that he did not believe conditions would be so serious as made out by reports.

MULTICOLOR - MISTER LIND



TWO POINTS OF VIEW BY BEST CARTOONISTS OF MEXICO. The cartoon on the right is taken from a publication called Mister Lind. The one on the left is taken from a popular journal called Multicolor.

CANADA AND PANAMA

Huge Reductions in Freight Will Result, Says Lecturer.

The enormous advantage accruing to Canada from the Panama canal were explained in an interesting paper read by F. B. Vrooman, the well-known writer and explorer, at a meeting of the Royal Colonial Institute, held in the White-hall rooms, Hotel Metropole, London, last week.

How greatly Great Britain is affected may be seen when it is realized that nine-tenths of British possessions are in the Imperial Pacific British domain. So profound is the change to be wrought in Canada that the Panama canal is already throwing up across the dominion a new economic continental divide. This means that the movements on the new Pacific will draw two-thirds of the Dominion's surplus resources towards it.

Liverpool sets the world's price on the world's wheat. In Canada, for example, the price of wheat whether for export or home consumption, is the price at Liverpool less the cost of getting it there.

It must be remembered, therefore, that the actual cash value of the canal to the prairie farmer accrues, not only to the export grain, but to every commodity, export or import, of mine, factory, forest and farm, whose cost of freight into or out of the country will be reduced by the Panama highway.

Illustrating by the single commodity of grain, the new Pacific economic drainage system, which is being created from the continental divide already mentioned, the startling fact that once the canal is through, and from Vancouver to Liverpool, via Panama, will be less than half the rate from Albertan points to Vancouver.

This means that the Panama canal will cut the Alberta farmer in the summer about seven cents, and in winter fifteen cents a bushel nearer Liverpool. Averaging these figures, and using round numbers, it is thus evident that the canal will add ten cents a bushel to the value of every bushel of grain to be grown in Alberta.

Had the canal been finished, and had there been proper and adequate dock and harbor facilities at Vancouver to handle the grain the Panama highway would have meant a clear gain to the farmers of Alberta of about \$4,000,000 on the 1912 crop. It is easy to see, not far hence, for the farmers of Alberta and Saskatchewan, a free gift of \$50,000,000 a year in freight rates saved.

Mr. Vrooman suggests that with the opening of the Pacific hinterland, with its million mouths to feed, it is not at all unlikely that the world's price for the world's wheat will be named at Shanghai, Hong Kong or Vancouver, instead of at Liverpool. Vancouver is the only Pacific port of Canada which has or ever will have every great railway converging in the North Pacific coast converging in this metropolis. This city, therefore, is to be the metropolis of the British empire in the Pacific Ocean, and nothing can ever stop it if the people of Vancouver exercise foresight and energy in the matter of dock and harbor development.

By three great world movements,

STEAL A MARCH ON FATHER TIME

Don't Let Gray Hair Make You Look Prematurely Old.

Nothing will so quickly and surely rob a woman of her charm as gray and faded hair, and nothing is so easily preventable. Health will restore gray hair to its natural color and luxuriance. It is not a dye. It is a tonic that stimulates and invigorates the scalp and hair roots to the proper performance of their functions, thereby bringing back the original color of the hair. It cures dandruff.

Your money will be refunded if it fails to do this. At our store, \$1.00, 50c, 25c—Get it at our store. For sale and recommended by J. B. McLeod, Druggist.

PROVINCIAL GOVERNMENT

Offers for Sale Its Lots in Prince George.

Probably the most remarkable sale of townsite lots in the history of the North American continent was the disposal by the Grand Trunk Pacific railway of its holdings in Prince George, the eagerly bought land bringing at auction over \$2,500,000. The government of British Columbia reserved one-fourth of the lots in Prince George and it now announces that it will sell its holdings during the coming summer at Vancouver.

Prince George will become, it is conceded, the clearing center of Central British Columbia. Situated on a flat table land in the angle formed by the confluence of the Nechako and Fraser rivers it is an important divisional town on the Grand Trunk Pacific and also the point where the Pacific Great Eastern line from Vancouver will join the Grand Trunk Pacific main line and proceed northwards into the rich Peace River district.

A GOLDEN ANNIVERSARY

To Be Celebrated in Honor of Mgr. J. O. Routhier.

Ottawa, April 23.—Roman Catholics of every church in this city and arch-diocese of Ottawa will unite on May 28 in a great celebration to mark the golden anniversary of the ordination to the priesthood of Mgr. J. O. Routhier, vicar-general of the diocese, and parish priest of the Basilica of Notre Dame.

Mr. Routhier is one of the most distinguished and revered of eastern Canadian clergymen. He was born at St. Benedict, Que. in November 1838, and was ordained by Bishop Bourget at Montreal in 1864, and was appointed parish priest at St. Therese. In 1869 he had the honor of being chosen chaplain of the Papal Zouaves at Rome.

DEFINITE PROGRESS MADE

In States With Compulsory School Attendance.

Although six states in the union are still without compulsory school-attendance laws, and four others have laws that apply only partially, definite progress during the past decade is reported in a bulletin just issued by the United States Bureau of Education. Since 1905 eight states previously without compulsory laws have adopted them, and it is thought to be a matter of only a few years when compulsory school attendance will be in effect in every state and territory of the United States.

The six states still without compulsory school laws are: South Carolina, Georgia, Florida, Alabama, Mississippi and Texas. The four in effect in certain counties only are Maryland, Virginia and Louisiana.

The bureau's investigation of the subject reveals a close connection between lack of compulsory attendance laws and illiteracy. The states rank in percentage of illiteracy very much in accordance with the length of time compulsory schooling has been in effect and the completeness with which it is enforced.

The states very widely in number of years and amount of attendance required each year. The period of compulsory attendance is from eight to twelve in North Carolina and Virginia. In most states it is eight to fourteen or fifteen. The present tendency is to raise the upper limit of compulsion. In seventeen states the compulsory age limit is sixteen years or above; in Idaho it is eighteen. As a general rule, however, children in all these states are allowed to leave school at fourteen years of age if they secure employment or have completed the eighth grade in school. There is a constantly increasing effort to safeguard the child between fourteen and sixteen years of age, the period of special importance for the vocational preparation of most children.

CARNEGIE'S GIFTS TO CANADA

Ontario Has Benefited to the Extent of \$1,866,800 in Libraries Alone.

Over three and a half million dollars has been promised or given to people in the Dominion of Canada by Andrew Carnegie, the Liar of Skibo, the erstwhile controller of the destinies of the United States Steel corporation.

This has come to Canadians through one or other of the funds which Mr. Carnegie instituted some years ago, for the furtherance of some of his hobbies. In some cases the beneficiary was some brave man or woman, boy, or girl, whose heroism stood out in marked degree. Other beneficiaries are some of the faithful old teachers and professors who have given the best years of their lives to the development of the intellectual life of the nation, through their lecturing at the universities, and have been given, through the beneficence of a foreigner, some compensation for the sacrifice of a salary which they enjoyed when in active service.

Others, and by far the major portion, are the people of the municipalities which have benefited by the public libraries which have been erected, or planned, in 473 places in Canada.

From the hero fund there has come to Canada about \$39,700 as rewards to twenty different people for their acts of heroism. Pensions capitalized at \$612,000 have been granted to university professors, or their widows throughout Canada and Newfoundland. But it is the work of the Carnegie corporation which supplies funds for the building of libraries that has most affected Canadians.

According to the statements prepared by W. E. Narzey, inspector of public libraries for Ontario, no less an amount than \$2,883,215 has been spent or promised throughout Canada. Of this amount by far the larger portion has come to Ontario, which has received \$1,866,800 up to the present time.

A GRATEFUL COUPLE

Nova Scotia Man and Wife Both Benefited by GIN PILLS



JUST how much difference GIN PILLS can make in the home life can be guessed from the letter below. Where formerly both husband and wife were in more or less constant misery with Backache, they are now almost free of the old trouble. Lyons Brook, N.S. "You are perfectly free to use my name in any way to benefit GIN PILLS, for they deserve the highest praise. My back has never troubled me since taking GIN PILLS, and my wife feels much better after taking GIN PILLS for her back. She thinks GIN PILLS will make a complete cure."

Why shouldn't you or any of your friends who may be suffering with Backache, Rheumatism, Lumbago, Sciatica, Weak or Strained Kidneys, Burning or Scalding Urine, Painful Urination or frequent colds in the Kidneys and Bladder, get the same relief that so quickly came to the Nausee home when they started to use GIN PILLS?

Remember, you buy GIN PILLS on our standing guarantee that they will cure or your money will be promptly refunded. 50c a box, 6 for \$2.50. Sample free if you write National Drug and Chemical Co. of Canada, Limited, Toronto.

FLOUR

Our Robin Hood Brand of flour has a guarantee in every bag for good quality.

ANDREW MACLEAN, Ontario Street.

How You Can Remove Unsightly Hair or Fuzz

(Boudoir Secrets) By having a small package of delicate handy, you can quickly banish ugly, unsightly hairs wherever they may appear. Just enough paste to cover the hairy surface is made with water. This is applied for about 2 minutes, then removed and the skin washed. This simple method not only banishes every trace of hair or fuzz, but leaves the skin firm, smooth and free from blemish.

Cotton and Wool Waste and Acme Sanitary Cotton Wiping Cloths. For Power Houses, Packing Houses, Engine Rooms, and anywhere and everywhere where machinery is used. Also, oil, grease, sponges, chamois, polishing cloths, soft soap, packings, belting, etc. Our prices are the lowest and our quality the highest. We shall be glad to make you acquainted, and you will be glad just as glad when you have made ours. We are the largest manufacturers and dealers in Canada.

Buy From Us and Support Canadian Industry.

H. Gray & Co., 21-25 Dalhousie St., TORONTO. Factory - Montreal

WOMAN WEAK AND NERVOUS

Finds Health in Lydia E. Pinkham's Vegetable Compound.



Creton, Iowa.—"I suffered with female troubles from the time I came into womanhood until I took Lydia E. Pinkham's Vegetable Compound. It would have paid me if I overworked or lifted anything heavy, and I would be so weak and nervous and in so much misery that I would be prostrated. A friend told me what your medicine had done for her and I tried it. It made me strong and healthy and our home is now happy with a baby boy. I am very glad that I took Lydia E. Pinkham's Vegetable Compound and do all I can to recommend it."—Mrs. A. B. BOSCAM, 604 E. Howard Street, Creton, Iowa.

Tons of Roots and Herbs are used annually in the manufacture of Lydia E. Pinkham's Vegetable Compound, which is known from ocean to ocean as the standard remedy for female ills. For forty years this famous root and herb medicine has been pre-eminently successful in controlling the diseases of women. Merit alone could have stood this test of time. If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

OUR FRESH GROUND COFFEE AT 40c. CAN'T BE BEAT. Try a sample order and be convinced. NOLAN'S GROCERY, Princess St. Phone 720. Prompt Delivery.

For Sale

\$1,500 For farm of 40 acres good outbuildings and land; seven miles from Kingston. W. H. Godwin & Son, 29 Brock St. Phone 424. Real Estate Fire Insurance.

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Use only Couper's Baking Powder. The Best that money can buy. D. COUPER, 441-3 Princess Street, Phone 76. Prompt Delivery. COAST SEALED OYSTERS.

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this year it will pay you to get our prices for cement, blocks, bricks, etc., as you will save \$250.00 between solid brick and cement blocks. We also have all sizes in slabs, lintels, pier blocks, caps and yases at reasonable prices. Kingston Cement Products Factory, Factory Cor. of Patrick and Charles Streets. Office: 177 Wellington St.

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AGENT. Bibby's Garage. Repairs and Auto Supply. Phone's 201 & 917.

Baby Carriages & Go Carts



Carriages \$10.50 to \$35.00
Go-Carts \$3.50 to \$18.00
Sulkies \$2.00, \$2.00 \$2.50
Ribs, white enamel, drop sides, \$5.00, \$5.00 \$8.00 up
Mattresses to fit.
Cradles, High Chairs, Baby Walkers

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