

A BETTER REMEDY THAN NASTY SALTS

Few people like to take physic, especially salts, because they are so disagreeable to take and because of the griping and pains they cause. Rexall Orderlies enable you to take less physic, and all without griping, purging or excessive looseness. Salts and harsh physics usually give only temporary relief and often leave the bowels worse off than before. Rexall Orderlies move the bowels promptly, and soothe, tone and strengthen the intestinal muscles, leaving them healthy and regular in action. They taste like candy, and the movement they cause is as easy and natural as though your bowels were in perfect health and you never had to take any physic at all. We have so much faith in Rexall Orderlies that we urge you to try them with the understanding that, if they do not satisfy you in every way, you have to do to get your money back is to tell us. We honestly believe them to be the best bowel remedy made. In vest packet tin boxes; 10c, 25c, 50c. You can buy Rexall Orderlies only at The Rexall Stores, and in this town only of us. Mahood's Drug Store, Kingston, Ont.

OUR FRESH GROUND COFFEE AT 40c. CAN'T BE BEAT. Try a sample order and be convinced. NOLA'S GROCERY, Princess St. Phone 720. Prompt Delivery.

Cook's Cotton Root Compound. A safe, reliable regulating medicine. Sold in three degrees of strength. No. 1, 25c; No. 2, 50c; No. 3, 75c. Sold by all druggists, or sent prepaid on receipt of price. THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Walker.)

Come in and See Our Medium Priced Gas Fixtures. We have a nice assortment of Gas Fixtures at moderate prices, suitable for any room in the house. Inverted Lights, 70c and up. Washbasin "Reflex" Lights with By-pass, \$2.50 and up. Gas Domes, \$8.50 and up. "Ivants" Gas Irons, \$3.75. For Sale by DAVID HALL, 64 BROCK ST. Phone 835 or 836.

THERE IS NO PLACE LIKE HOME—IF YOU OWN IT. House on Sydenham Street, \$3400.00. Solid brick bungalow, seven rooms, summer kitchen, improvements, good, stable, close to Princess Street. A splendid home. Must be sold by May 1, \$2350.00; easy terms can be arranged. Frame house on Albert St. hot water furnace; the best locality in the city. Must be sold to wind up an estate, \$2250.00. Terms can be arranged. Solid brick house on John Street, seven rooms, improvements, \$3,000.00. HORACE F. NORMAN, Real Estate and General Insurance, 17 WELLINGTON ST.

AUTOMOBILES FOR HIRE. BEST SERVICE IN THE CITY. MODERN CARS CAREFUL CHAUFFEURS \$2.25 Per Hour. \$1.00 per hour while standing. PORRITT GARAGE CO., Limited, Wellington St., Kingston. ALWAYS OPEN PHONE 454

KACHOO! KACHOO! KACHOOEE! THAT SNEEZE MEANS A COLD. That Cold Means a Cough: That Cough May Develop Diphtheria, Pneumonia, Sore Throat, Whooping Cough, etc. Stop It All with Pure Essence Mentho-Laxene, the Only Reliable Remedy. Mentho-Laxene is the only remedy which will quickly check a cold in the beginning—you know you've tried many remedies—but the cold always "runs its course." Send to the drug store for a bottle of Mentho-Laxene right away. Use as directed—and you'll make a fine discovery—(or get your money back). You'll discover that Mentho-Laxene is a remedy that puts an end to a bad cold and instantly relieves the severest coughing. Coughing, Hoarseness, Stopped-up Head, Watery Eyes, "Leaking Nostrils," all are banished quickly when Mentho-Laxene is used. Sold by all well-stocked druggists.

MANITOBA RESOLUTION MAY INSPIRE THE ONTARIO TEMPERANCE WORKERS

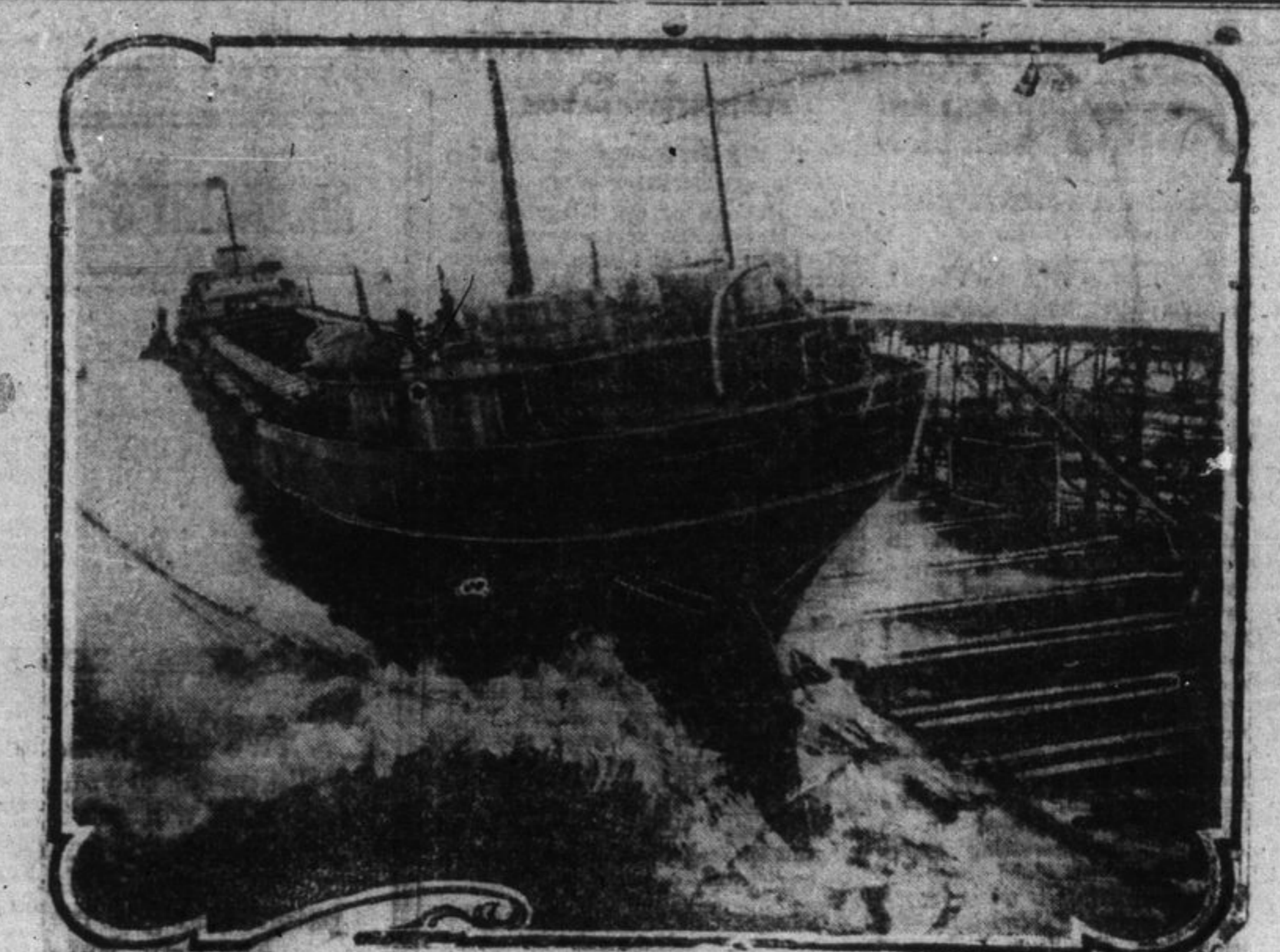
Liberals in Legislature Will Have Before Them the Inspiration of the Policy Adopted by Their Western Brothers. Toronto, April 14.—When the Liberal party in the legislature to-day make a further earnest plea for the abolition of the bar in Ontario they will have before them the inspiration of the policy recently adopted by the liberals of Manitoba at one of the largest political conventions ever held in that province. Copies of the resolutions adopted there which have been received in the city show that the temperance plank is particularly advanced, calling as it does for the wiping out of the bar absolutely, and for the abolition of proprietary club licenses as well. "That the liberal party," says the resolution, "recognizing the grave evils, disorders and corrupt influences associated with the liquor traffic, especially the bar sale of liquor and the treating custom, reaffirms its declaration of unqualified sympathy with the temperance cause and pledges itself (1) to pass an act for the abolition of the bar, to be prepared by the recognized temperance organs, and to submit such act to a referendum, which act, if endorsed by the electors, shall be put into operation and shall have the hearty support of the liberal party in its thorough enforcement; (2) to amend the liquor license act so as to insure a large reduction in the number of liquor licenses, the abolition of proprietary club licenses, and the prohibition of the sale of liquor on Christmas day, Good Friday and Thanksgiving day; (3) to amend the local option law by enlarging the powers of the local municipalities in control over the traffic."

SUES FOR \$80,000 POLICIES. Lumber Millionaire's Widow After Insurance Companies. Duluth, Minn., April 14.—Mrs. Sarah McAlpine, widow of the late John McAlpine, whose death by shooting several months ago caused a sensation, filed suit yesterday against three accident insurance companies to recover amounts aggregating \$80,000. The Fidelity and Casualty company of New York is defendant in an action to recover on a \$50,000 policy, the Pacific Mutual Life Insurance company of Los Angeles, Cal., is sued for \$15,000, and the London Guaranty and Accident company, Ltd., for \$24,000. The complaints were filed in district court. McAlpine, who was a lumberman and rated as a millionaire, was mysteriously shot at an early hour on the morning of August 15, last year.

What Thin Folks Should Do To Gain Weight. Physician's Advice For Thin, Underdeveloped Men and Women. Thousands of people suffer from excessive thinness, weak nerves and feeble stomachs who, having tried advertised diet-makers, food-tads, physical culture stunts and rub-on creams, resign themselves to life-long skinniness and think nothing will make them fat. Yet their case is not hopeless. A recently discovered regenerative force makes fat grow after years of thinness, and is also unequalled for repairing the waste of sickness or faulty digestion and for strengthening the nerves. This remarkable discovery is called Sargol. Six strength-giving, fat-producing elements of acknowledged merit have been combined in this peerless preparation, which is endorsed by eminent physicians and used by prominent people everywhere. It is absolutely harmless, inexpensive and efficient. A month's systematic use of Sargol should produce extra strength by correcting faults of digestion, and by supplying highly concentrated fats to the blood. Increased nourishment is obtained from the food eaten, and the additional fats that thin people need are provided. Leading druggists supply Sargol and say there is a large demand for it. While this new preparation has given splendid results as a nerve-tonic and vitalizer it should not be used by nervous people unless they wish to gain at least ten pounds of flesh.

Peace, Sweet Peace. To the late Freeman Britton, Esq., this memorial is respectfully dedicated: Such he thy lot, old friend: No truer lost, none letter to the end: Plain, modest, square, oft tried, and proved That type so rare: A manly man, and loved. Angus.

Cure for Spinal Paralysis. Paris, April 14.—Prof. Arnold Netter made an important statement at the Academy of Medicine regarding a new cure for spinal paralysis. The cure, which Prof. Netter had sought since 1910, consists of an injection of serum collected from the spinal marrow of a sufferer from a similar disease. Apparently the microbes coming from the first sufferer or kill those inhabiting the second. Prof. Netter illustrated his theory by the case of a man aged thirty-four, who had been reduced in six months to utter helplessness by paralysis. He was cured entirely in a few weeks by the new treatment. When the House of Commons re-assembles on Wednesday morning sittings will begin almost at once. The general expectation is that the session will close on or about June 1st, and possibly by the 24th of May. Lieut. Sane of the Royal Garrison Artillery, has been selected for promotion with the Canadian forces as instructor in ordnance.



THE WORLD'S BIGGEST FREIGHTER BUILT IN CANADA. The picture shows the plan of the gigantic freighter carrier, W. G. Morrison, as she took to the water at the Western Drydock and Shipbuilding company's slip at Fort Arthur. Her bow towers higher than many ocean liners. The vessel is over 600 feet long, and is the largest freighter in the world.

TOWN OF GANANOQUE

BOARD OF LEEDS LICENSE COMMISSIONERS. To Meet at Delta on the 21st — The Boys' Community to Arrange for Bink Next Winter. Gananoque, April 14.—The Ladies Auxiliary of St. John's church held its annual Easter assembly in Turner's hall last evening with quite a goodly number of out-of-town people. The board of license commissioners for South Leeds will meet at Delta on Tuesday next to consider applications for licenses for this section for the coming year. The following applications have been received: Gananoque — W. F. Stevens, B. Shields, Neil McCarney, Earl Ashley, A. A. Welsh, William Hale, (shop.) South Crosby — Opinion club. Elgin — P. J. Fahey. Jones' Falls — Thomas Kenny. Rockport — R. H. Service. Westport — Green Bros., P. J. McParland, McParland & McCann. The art exhibit under the auspices of the local public schools will open up at the armory on April 29th, and continue until May 2nd. Rev. Walter Cox, rector of Christ church, has a large class in preparation for confirmation on Sunday next, April 19th, when the Lord Bishop of Ontario will officiate at the confirmation service. After years of futile effort in behalf of a covered rink for Gananoque, the boys of the community movement have started the ball rolling, and expect to have a suitable one here for next winter. It is understood that the Methodist church has purchased the property on the corner of Pine and Stone streets from McFarland Bros. The price paid was \$4,500. Under the auspices of the Boys' Community Movement a father and son banquet is being arranged for May 8th, when a large number of speakers conversant with community work will be present to assist. Miss A. Draper, of the Victoria avenue school is representing the local school teachers' association at the Western Ontario Teachers' convention in Toronto. Miss C. M. Wright, teacher of the Fairfax public school, is holidaying here with her parents, Mr. and Mrs. Frank Wright, Stone street. Miss Agnes Johnston, modern teacher in the Young Ladies' College at Ithaca, N.Y., is home for holiday season with her parents, Mr. and Mrs. George L. Johnston, King street west. C. D. Smith, of Chatham, is spending a few days in town with his parents, Mr. and Mrs. Daniel Smith, Brock street. Mr. and Mrs. Gilbert Orser have returned from a short visit with friends in Lyn. Izain Zivian, Toronto, is spending a short time here with her parents, Mr. and Mrs. A. Zivian. Mrs. E. H. Hurd, spending the past two weeks in Kingston, guest of her son, Frank H. Hurd, has returned home.

KINGSTON TOWNSHIP COUNCIL

Business Done by That Body on 6th of April. April 6th—Members all present. Minutes of last meeting adopted. Motion, Sproule-Kish, that no action be taken on P. M. Vanlivan's account re damages to cutter. Motion, Kish-Redden, that council request clerk to notify Canadian Pacific railway, through the township solicitor, that a legal crossing or subway is required at Jackson's Mills. Motion, Kish-Sproule, that the clerk notify Bell Telephone company re broken guard rails along line of York road. Motion, Sproule-Kish, that all taxes for 1913 must be collected and roll returned by June 15th, 1914. Road division No. 11, changed from a computed division to a statute labor division. Motion, Sproule-Kish, that Reeve Hawkie, Deputy Reeve Coulter and the treasurer be a committee to make arrangements for a loan on the credit of the township to settle county rate. Motion, Redden-Coulter, that the taxes (that of schools excepted) of James Waller and the late Edward Clayton, be remitted. Motion, Sproule-Kish, that the clerk be authorized to answer correspondence of T. F. Harrison, giving the desired information. Motion, Kish-Coulter, that Pat Judge act as inspector of sheep killed or worried by dogs in polling sub-division No. 2, and that by-law be amended accordingly. Payments ordered: \$13.50, Pat Judge, work on Portland road, 1913-14; \$9.75, John Corcoran, work on Portland road, 1913-14; \$7.20, Jacob Cloggs, work on road division 18, charged to division; \$4.05, Arthur Asseltine, work on road division No. 4, charged to division; \$15.75, Smith Elliott, bonus on 105 rods fence; \$29.70, John Rowe, work on York road, 1913-14; \$8. J. H. S. Froonian, work on road division No. 22, charged to division; \$9. A. J. Keyes, work on Bath road, 1913-14; \$4. J. S. Smith, support of Kate Smith; \$10.94, Well Orser, work on road division 52, charged to division; \$2.25, Well Orser, bonus on wire fence; \$8.40, John Woodruff, work on division No. 28, charged to division; \$17.85, J. O. Ellerbeck, work on Portland road, 1913-14; \$2, Charles Smith, work on Sydenham road, 1913-14; \$14.70, Miles Silver, work on road division No. 41; charged to division; \$5, Fred Long, work on road division 27, charged to division; \$7. H. Emmons, shovelling snow; \$7.25, Walter Smith, opening road division 24, charged to division; \$7.20, Alfred Knight, work on road division 20; \$4.29, Percy Ward, advanced to G. W. Babcock, work on road division 10, charged to division; \$6.60, John Rowe, work on York road, 1913-14; \$2.70, Will Day, work on road division 18, charged to division; \$4.05, Will Rose, work on road division 17, charged to division; \$2.85, John David, work on road division 18, charged to division; \$1.50, George Robertson, work on Ernestown line; \$5.55, M. Price, work on road division 7, charged to division; \$3.25, Jas. Hogan, work on Steggington road, 1913-14; \$9.00, Alfred Watts, work on road division 5, charged to division; \$3.15, G. C. Pillar, work on road division 26, charged to division; \$9.25, George Smith, work on road division 27, charged to division; \$5.55, Byard

Lee, work on road division 48, charged to division; \$2, J. W. Ferguson, services as fence-viewer; \$3, P. Maxwell, services as fence-viewer; \$1, G. W. Bell, services as fence-viewer; \$2, H. Walker, services as fence-viewer; \$12, John Hooper, work on road division 29, charged to division; \$3, Sperry Hurl, work on road division 18, charged to division; \$6, J. P. Black, bonus on 40 rods of fence; \$15.50, George W. Bell, bonus on 125 rods of fence; \$4.95, Herbert Curl, work on Portland road, 1913-14; \$3, Charles Kemp, work on Perth road, 1913-14; \$13.33, Michael Fowler, four sheep worried by dogs; \$4.05, Bell Telephone Co., messages (long distance) on instrument of instrument in clerk's office until June 30th, 1914; \$1.20, Standard office, display advertising per J. F. Leatherland; 75c, British Whig advertising, 75c. Council adjourned to meet June 15th at 10 a.m.

DOMINIONS LEFT IN DOUBT

High Hopes Engendered by Naval Conference Dashed to Ground. London, April 14.—The Pall Mall Gazette, commenting on Senator Milroy's statement, says that the admiralty has given too much reason, both to Canada and Australia, to suspect the sincerity of its professions, with the result that there is a lamentable weakening of the co-operative spirit. One of the worst achievements of the present government is the destruction of the dominions' confidence in the imperial naval policy, and the protest of the Australian minister must make sad reading for those who recall the high hopes raised by the naval conference of 1909. The stimulus given at that time would have carried the dominions very far in their willingness to share the common burden of empire. The moral spell is broken and the future is once more overclouded.

GREAT LAKES NAVIGATION

May be Open Friday — Tugs Breaking Channel. Fort William, April 14.—Tugs commenced breaking the channel through the bay ice this morning to Fort William, from the main channel, running from Port Arthur to open water outside of Welome Islands. It is expected that the channel up the Kaministiquia will be completely opened by next Friday. If such proves the case steamers wintering here will clear for the east that day and the great lakes navigation will be fairly opened. Will Retain Aegean Islands. Rome, April 14.—It is officially announced that Italy is determined not to restore the Aegean Islands to Turkey unless she obtains railroad and other concessions in Asia Minor. Turkey is notified that Italy's decision is irrevocable, and she is warned that she cannot get back the islands on any other terms.

MOTT'S "Elite" Chocolate. 10c Cakes. For Cooking and Baking, also for Cake, Icing and making Fudge.

Neponset Wall Board. Do away with papering and painting by using Neponset Wall Board for interior finish. Will not buckle and is waterproof. We have it in oak, burnt leather and cream white. THE FRONTENAC LUMBER AND COAL CO. PHONE 67. A. CHADWICK, Manager.

Buy A High-Grade Wheel. One costing enough to permit of the very best materials—the most accurate and painstaking workmanship—the most thorough inspections and rigid tests. Such a wheel—the MASSEY—will cost more than the ordinary wheel. But it will prove a much better investment. The extra few dollars insure you three times the service-life of the ordinary machine. Not to mention the many dollars in repair-bills you save yearly by buying a MASSEY. Inspect the MASSEY Line to-day. The MASSEY dealer is Treadgold Cycle & Sporting Goods Co., Kingston. CANADA CYCLE & MOTOR CO. WEST TORONTO.

The Elevator. OTIS-FENSOM ELEVATOR COMPANY LIMITED, 50 BAY ST., TORONTO.

This Book Might Save You The Cost of a New Building. HAVE you ever heard of "Intensive Cultivation"? This principle applied to market gardening has resulted in a fourfold increase in yield, with a proportionate increase in profits. Has it never occurred to you that the same principle might be applied to YOUR OWN organization, whether it be manufacturing, jobbing or retailing? Many of Canada's most prominent business men owe their success to this very thing. Cultivate your available floor space so that every square foot may be made to produce a profit. This new book, "The Elevator," will show you how. Write for it to-day. It may save you the cost of a new building by pointing the way to a better arrangement of your present floor space. OTIS-FENSOM ELEVATOR COMPANY LIMITED, 50 BAY ST., TORONTO. Fill in and mail this coupon now, while the idea is fresh in your mind. Don't put it off and forget. Tear it off NOW before you turn this page. COUPON "N. 14." Please send me your Book. Name: Address:

YOU Are The Man. We are catering to, if you take an interest in your wearing apparel. Our stock of Woollens is complete. Latest novelties in Worsteds, Cheviots and Tweeds. A call solicited. Crawford and Walsh, TAILORS, Princess and Bagot Sts., Kingston, Ont.

Are Your Nerves Alive and Full of Vitality? Or Are You Nervous, Irritable and Feeling Out of Sorts? Read What Dr. Chase's Nerve Food Can Do For You. Do you realize the wonderful control over the organs of the body that is exerted by the nerves? Through the voluntary nerves you walk, talk and work, but there are other nerves which control every movement of every muscle in the body. When these nerves become weak and exhausted there is failure of the organs of the body to perform their functions. The action of the heart becomes weak, the lungs are weak in breathing, and digestion fails because the nerves which control the flow of gastric juice gives out. Many a man and many a woman who is tired out, weak and discouraged does not realize that it is the nerves that have given out. They do not know what a wonderful change