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Our Robin Hood brand of flour has a guarantee in every bag for good quality.

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NOLAN'S GROCERY,
Princess St.
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SPECIAL SALE OF BOOTS AND SHOES FOR 15 DAYS.

All our fall and winter stock must be cleared at prices that will greatly astonish you. That we can save you 25 to 50 per cent. on every pair.

Men's Box Calf Blucher, leather lined, \$1.50, our price, \$1.00

Men's strong working Boots, worth \$2.00, our price, \$1.50

Men's extra coarse fine Blucher boots, really worth \$2.50, our price, \$1.50

Women's Fine Vici Kid Blucher worth \$2.50, our price, \$1.50

Women's Fine Vici Kid Blucher worth \$1.50, our price, \$1.00

Women's Slippers, worth \$1.25 and \$1.50, our price to clear this lot

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Phone 1373

EATING RELIEVES STOMACH TROUBLE

A Prominent Physician's Advice.

"Eat good foods and plenty of them. Dining in many cases, is almost a criminal. Get back to normal. To do so, you must have the proper quantity of nourishment. You need it for brain or physical work. Probably there is nothing the matter with your stomach except acidity. That is merely an abnormal secretion of acid in the stomach. Neutralize that acid and your stomach trouble will end at once. Neglect may mean ulcers, if not cancer of the stomach. Do not take patented medicines or peppin tablets for dyspepsia. Simply take a neutralizer of acid. Decidedly the best neutralizer is ordinary druggist's bicarbonate of soda. You can get it at any drug store for a few cents. Take a teaspoonful in a quarter glass of water after each meal. The relief will be immediate."

"HOME, SWEET HOME" LACKS SINCERITY WHEN HUNG ON RENTED WALLS. OWN THE KEY TO YOUR FRONT DOOR.

Cement block house on Russell street, seven rooms, good cellar, will be complete on the first of May, for \$2500.00.

Double frame house on a corner, \$2350.00.

Brick veneer house on Sydney street; lot 35 x 65 feet; furnace, electric light, gas and improvements, \$3650.00.

Double frame house on Montreal street, \$1500.

HORACE F. NORMAN
Real Estate and General Insurance
177 WELLINGTON ST.

THE REASON FEWER PEOPLE TAKE "SALTS"

We find the use of salts and other harsh physics is becoming less every year because more and more people are using Rexall Orderlies, which we and they firmly believe to be the best bowel remedy ever made. They taste so much like candy that even the children like them. At the same time they act so easily and naturally that there is no purging, griping or pain. They promptly remove the constipation and, by soothing and strengthening the bowels, make it less liable to occur again. We have the utmost faith in them. We know what they are made of and the pleasant, beneficial results that always follow their use.

You needn't take our word for it. If Rexall Orderlies don't help you—if they don't entirely relieve all your bowel troubles—come back and tell us and we'll give back your money. In vast quantities in boxes, 10c., 25c., 50c.

You can buy Rexall Orderlies only at The Retail Stores, and in this town only at Mahood's Drug Store, Kingston, Ont.

COUNTRYSIDE TIDINGS

WHAT WRIG CORRESPONDENTS HAVE TO TELL.

News From Villages and Farms Throughout the Adjoining Counties—Rural Events, and Movements of the People.

Hartington Happenings
Hartington, March 26.—Arthur Holland has moved to Hargowith. Robert Gooderham has moved into the house occupied by Arthur Holland. The Ladies' Aid tea, held at the home of Thomas Sigworth, on Tuesday night, was a success. Harry Watson and bride have returned home. Mr. and Mrs. Milton Clapkey spent Tuesday with Rev. William Parley, Verona. George Jeffrey and family have moved to a farm near Varty Lake. The Revell farm here has been rented to Mr. Babcock. Miss Helen Sigworth, Mountain Grove, spent the week-end with her parents here. Miss Evelyn Grant, Verona, is visiting Miss Beatrice Freeman. Mrs. Eliza Sigworth, visiting Mrs. Orser, Murvale, has returned home. Harold Boyce, Queen's, spent the week-end at his home here. Miss Alma Walker, at Thomas Watson's; Mr. and Mrs. Campbell, Verona, at H. H. Campbell's.

Centreville Tidings
Centreville, March 26.—Quite a number of the farmers in this vicinity are preparing to make maple syrup. Some people have tapped already but there has been no run of sap yet. The weather has been too cold. Fred Clapkey took dangerously ill on Monday, but is somewhat better. Mrs. George McGill and little daughter, Helen, returned from Kingston general hospital on Monday where the latter had a part of a needle extracted from her hand, which had accidentally entered, while she was playing. Mr. and Mrs. E. W. Lochhead returned on Tuesday from their honeymoon in Hamilton. Miss Pearl Ames, Camden East, is teaching in Miss Addie Clancey's place. Mrs. S. Shave visited relatives in this vicinity on Monday and Tuesday. Reggie Price was through this way buying cattle last week.

Former Wilton Resident Dead
Wilton, March 26.—A former Wilton resident, Mrs. E. T. Emerson, passed away last week in Chatham, N.J., after a short illness of pneumonia. The body was brought to Wilton for burial. Dr. and Mrs. W. A. Jaquith accompanied the remains. Besides the daughter, Mrs. J. Jaquith, a brother, Harvey Timmerman, and a nephew, Guy Simmons, reside in Wilton. Mrs. Zilpha Stever has returned, after spending a few weeks with Mrs. William Pringle, Lapham's. The league, which was re-organized a few weeks ago, held a social evening in the Methodist church, on Monday of last week. Biblical contests are being held at each meeting. L. H. Perry is in Kingston, having an eye treated by Dr. J. C. Connell. Joseph Davis has moved into Benjamin Mills' tenement house, William Forsyth jammed his hand badly last week, but it is healing nicely.

Yarker Yields
Yarker, March 26.—A large number attended the sale on Wednesday at the farm of B. Guess. Mr. Deolar, of Napanee, has been visiting friends here for the past few days. J. Eddy, of Kingston, spent Saturday and Sunday with his brother-in-law, W. Cummings. Mr. and Mrs. Wood, Kingston, spent a day with John Mains. Mr. and Mrs. Chapman, of Rochester, N. Y., were the guests of Mrs. F. Simpkins. Mr. and Mrs. Stanley Lawre, of Toronto, are at H. Walker's for a few days. Mrs. J. Dillon, of Enterprise, spent a few days under the parental roof. Cyrus Peters made a business trip to Napanee last Tuesday. Mrs. A. and C. Peters called on friends in Colebrook, Wednesday. Mr. Sharp, of Kingston, was in the village recently. Mr. Bell, of Newburgh, is again at work with A. Connolly as head moulder. A large number attended court in Newburgh last week. Sawing wood is the order of the day.

At Washburn's Corners
Washburn's Corners, March 24.—The many friends here of George Mury Bates received word of his death on Sunday, the 24th, at his home at Glen Elze. He was an old and highly esteemed resident. W. Earl, who was quite ill recently, is decidedly

better. Farmers are still hauling logs to the portable saw mill, at Albion. The Island City cheese factory patrons held their annual meeting on Thursday evening and started out for another prosperous year with Wallace Berny as cheesemaker. Scarlet fever seems to be on the increase. A large number are invited to spend this evening at the home of G. P. Wright, at "The Lilacs." Mr. and Mrs. John Nixon visited their daughter at Caintown recently. Wellington East shipped a number of car loads of hogs and cattle to Montreal on Saturday. Mr. and Mrs. Robert Preston, of Chantry, called on friends in this locality recently. A number of friends were very pleasantly entertained at the home of W. Hamilton on Thursday evening.

Death at Kingston Mills
Kingston, March 25.—Mrs. Michael Alaire, aged sixty-seven years, passed away, on Saturday, February 28th, at the home of her son, Ambrose. Mrs. Alaire had been ailing for about seven months of heart trouble. She bore her suffering with Christian fortitude. She was a member of the Church of the Holy Name, Kingston Mills, and was held in high esteem. Mrs. Alaire was formerly Miss Catherine McCormack, of Westbrook. She is survived by her husband, eight sons and two daughters, namely: Joseph, Franklin, Ambrose, James and Maggie and Ethel, all of Kingston Mills; William, John, George and Roderick, of Kingston; also one brother, Francis McCormack, of Kingston. Mrs. Alaire was a Roman Catholic and received the last rites of the church. She was a member of the Sacred Heart, also of Our Lady of Victory. Her funeral was held at St. Mary's cathedral, where a solemn requiem mass was sung by Rev. Father Halligan for the repose of her soul. Rev. Father Hanley was in the sanctuary. Her sons were pallbearers. The remains were laid in St. Mary's vault to await burial in the spring.

At Kaladar Station
Kaladar Station, March 24.—What might have been a serious accident occurred here on Friday last. Thompson had the misfortune to lose his footing and fell into the water. Fortunately Mr. Lewis and Steward Thompson were but a short distance away and came to his assistance, and soon had him at home. The skating rink is in excellent condition at present. Rev. Mr. Lloyd and O. Hayes of Mountain Grove are visitors here this week. Mr. Merrick, Methodist missionary on this circuit, took dinner with Mr. and Mrs. C. H. Wood on Tuesday, enroute to Halifax.

"TIZ" FIXES ACHING, SWOLLEN, SORE FEET

How "TIZ" comforts tired, sweaty, calloused feet and burning corns—Can't beat "TIZ"



People who are forced to stand on their feet all day know what sore, tender, sweaty, burning feet mean. They use "TIZ," and "TIZ" cures their feet right up. It keeps feet in perfect condition. "TIZ" is the only remedy in the world that draws out all the poisonous eruptions which puff up the feet and cause tender, sore, tired aching feet. It instantly stops the pain in corns, callouses and bunions. It's simply glorious. Ah! how comfortable your feet feel after using "TIZ." You'll never limp or draw up your face in pain. Your shoes won't tighten and hurt your feet.

Get a 25 cent box of "TIZ" now from any druggist, department or general store. Just think! a whole year's foot comfort, for only 25c.

where he expects to meet a friend from England. Messrs. Gordon and Edward Hughes were visitors at the Carman house recently. James Forbes called at William Hughes on Monday evening. On Friday, March 20th Alexander Forbes gave a party in honor of his seventy-ninth birthday. Mr. and Mrs. Cassade spent Monday at Sugar-Tryans. A number of the young people spent Sunday afternoon at J. Parks. Mr. and Mrs. Nelson Tryon on arrived home on Saturday after spending the week in Napanee. William Both is here this week. Mrs. Fleming intends leaving Kaladar next week, and Miss Drew has gone to board at C. H. Wood's. Miss Emma Wood is ill.

Battersea Budget
Battersea, March 25.—The visitors from Alberta and Manitoba have all left for home after spending a pleasant winter with friends. After an illness of several months Robert Payne, aged seventy-four years, passed away, Friday, March 13th, at his home. The funeral service was conducted on the following Sunday morning in the Methodist church. Battersea people have laid in a large supply of ice. The men are now engaged sawing wood. Mr. Harris is here with his saw and gasoline engine. Those intending to make syrup are thinking of tapping the trees. A large business is being done at the saw and grist mills. The saw mill, which is owned and operated by Frederick Balls, has been in constant operation since the first of the year. And there is still a large number of logs to saw. Farmers are still hauling. Mr. Balls says this is the best season on record. Special services are being held in the Holiness Movement church.

CONVICTS WILL OPERATE PRISON "MOVIE" MACHINE

Auburn, N. Y., March 26.—After next Sunday it is expected that the motion picture machine at Auburn prison will be operated by a convict. Lessons have been given to two inmates by Edward Ganey, who has volunteered his services as operator and teacher. One of the men has shown much proficiency as Mr. Ganey believes he is nearly ready to undertake the work alone. The other prisoner will be an alternate operator.

The men whom Warden Charles F. Rattigan chose for the work are members of the Prisoners Mutual Welfare league and have had a perfect record since entering the institution. They are in their early 20's. The work is new to both.

While Mr. Ganey has been giving instructions in the care of the machine and what to do in case of an accident, several other members of the league have been within hearing distance. Some of the older convicts were committed before motion picture machines were in vogue and appear to marvel at the invention.

Women in War.
Women suffer equally as much as men during war time. This was demonstrated during the war between the states when the women of the south were shut in from the outside world and compelled to exist in a country devastated by contending armies. It was again demonstrated during the Balkan wars when the women were subjected to all manner of outrages. In Mexico the women of the poorer classes are the greatest sufferers. In the towns and villages they have no employment nor can they find any foodstuffs because the crops have not been grown for two or three years. However, the Mexican women are not allowed to stay at home while the soldiers fight in the field. They are required to accompany the troops and are made to forage for food. They do the cooking in the field, act as nurses and at times are required to fight in the ranks. Under such conditions should not every person become an advocate of peace? It is horrible enough for men to go forth on bloody battlefields, but it is doubly so to have women and children take part in the sanguinary fighting and murder. When the Mexican war is settled the people should unite in adopting methods of education which will prevent a recurrence of such a calamity.

The death occurred in Vancouver, B.C., on March 22nd, of A. W. Vancott, a resident of Belleville for many years.

The Smith's Falls tax rate this year is twenty-one and a half mills on the dollar.

THE EQUITABLE

LIFE ASSURANCE SOCIETY OF THE U. S.
165 Broadway, New York

The Fiftyfourth Annual Report of the Society embodying its Financial Statement, Schedules of Investments, and full details regarding its progress during the year 1913, will be sent to any address on application.

Admitted Assets, Dec. 31, 1913	\$525,345,619
Increase over 1912	\$12,026,418
Policy Fund (or Insurance Reserve)	\$432,282,828
Other Liabilities	8,694,048
Total Liabilities	\$440,976,876
Surplus Reserves, including amounts held awaiting apportionment upon deferred dividend policies	\$84,368,743
Set aside for Dividends to Policyholders in 1914	\$13,638,794
New insurance paid for in 1913	\$144,247,363
Outstanding insurance, Dec. 31, 1913	\$1,471,093,575
Payments to policyholders in 1913	\$4,805,925
Investments made in 1913 in Railroad and Municipal Bonds, Mortgages, etc.	\$25,948,904
Invested to Yield 5.20%	

Equitable Policies are simple, direct and liberal, and are issued on all standard forms, for the protection of individuals, firms, corporations, and the employees of business and manufacturing organizations. Particulars will be sent from the Home Office or any Agency of the Society on request.

W. A. DAY,
President

HOWARD S. FOLGER, Agency Manager,
44 Clarence Street,
Kingston, Ontario.

FOR SALE
The Best Hand Vacuum Cleaner on the market. The Giant, \$10.00. Ball bearings and brush attachment. Little Giant, \$8.00. Dominion, \$10.50. Tucc Stationer's Cleaners. O'Ceard Mops, \$1.50. Houses in all parts of city.

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Thomas Copley
Telephone 987
Drop a card to 11 Pine street when wanting anything done in the carpentry line. Estimates given on all kinds of repairs and new work; also hardwood floors of all kinds. All orders will receive prompt attention. Show us Queen Street.

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6% First Mortgage Bonds
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LABATT'S STOUT
The very best for use in ill-health and convalescence
Awarded Medal and Highest Points in America at World's Fair, 1893
PURE—SOUND—WHOLESOME
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Our millinery department is now in full swing, and you can buy your hat for cash or on the credit system.

Some of the very best designs from New York and Paris. Big stock to pick from.

Ladies' Suits, all sizes, from 22 to 42.
Men's and Boys' Clothing, Boots and Shoes.
Your credit is good at.

JOS. B. ABRAMSON
257 Princess St. Phone 1437

Facts About Footwear

It is a recognized fact that good shoes cannot be produced at a low price.

High grade leathers and skilled labor are too costly to permit it.

Therefore, when you purchase low priced shoes you can only expect to get what you pay for—poor leather or substitute and faulty workmanship. It would be far more economical for you to buy

Invictus Shoes

The Sawyer Shoe Store



THE GOBBINS
This is an interesting spot at the mouth of Belfast Lough on the Antrim coast. In the event of disturbances between the two forces this would prove to be a place of great activity. It already has great historic renown, having figured largely at the time of the rebellion, many lives being lost by falling over the steep precipice into the sea during a heavy fog.