

How Is Your Weight?

While it is true that too much weight is not to be desired yet the fact remains that many men and women are thin to the point of danger. This danger lies in their having no reserve force or nerve power to combat deadly diseases. A little extra flesh is needed by all to feel well and to look well, and this calls for the question of how best to increase the weight. Physicians and chemists by experiments have solved the problem of increasing the white and red corpuscles of the blood by the administration of a grain hydrochloric tablet, and this is usually followed by an increase of weight. Tablets in sealed packages, and care for a period of several months, according to directions with package.

WE SELL

Scranton Coal Co's Coal

Selected from the celebrated Richmond No. 4 and Ontario No. 1 Mines, the best Anthracite Coal Mines in Pennsylvania.

Place your order with THE JAS. SOWARDS COAL CO. 1000 West Ontario Street.

MISS HAMILTON

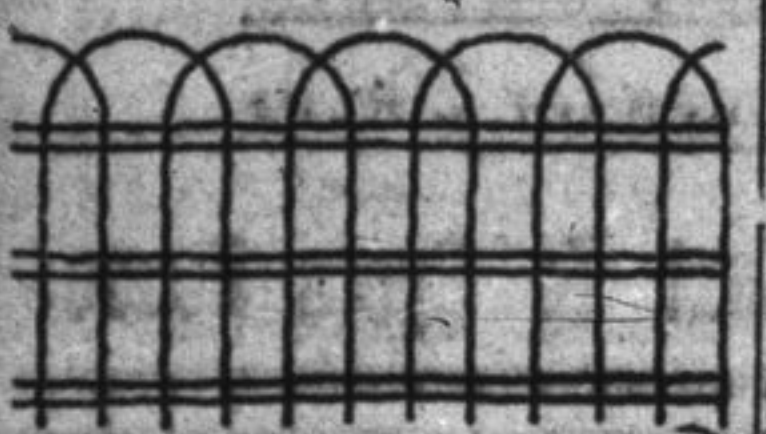
MILLINERY OPENING

SATURDAY, MAR. 14

And following days

Opposite Y.M.C.A.

Phone 1267



See us about a fence this spring. We have a great variety and cheapest prices.

PARTRIDGE & SONS, King St. West. Phone 380 & 1125

Fresh Shad

Bluefish

Swordfish, Tom

Cods, Flounders

Dominion Fish Co.

PHONE 333

Several First-Class FARMS FOR SALE

Also choice city properties. For particulars apply

W. H. Godwin & Son

89 Brock St. Phone 424

Real Estate Fire Insurance.

Freckles

February and March Bring Out Unpleasant Spots, How to Remove Easily.

The woman with tender skin dreads February and March because they are likely to cover her face with ugly freckles. No matter how thick her veil, the sun and winds have a strong tendency to make her freckle.

Fortunately for her peace of mind the recent discovery of a new prescription, othine—double strength, makes it possible for even those most susceptible to freckles to keep their skin clear and white. No matter how stubborn a case of freckles you have, the double strength othine should remove them.

Get an ounce from your druggist and banish the freckles. Money back if it fails.

Geo. W. Mahood, druggist, Kingston, Ont.

Come in and See Our Medium Priced Gas Fixtures

We have a nice assortment of Gas Fixtures at moderate prices, suitable for any room in the house.

Inverted Lights, 70c and up. Washable "Reflex" Lights with By-pass, \$2.50 and up.

Gas Domes, \$8.50 and up. "Inertia" Gas Irons, \$3.75.

For Sale by

DAVID HALL

86 BROCK ST. Phone 245 or 254

MANY PRACTICE FALSE ECONOMY

Farmer Saves 15 Cents, Squanders Big Sum.

FORGETS HOME MERCHANT.

Catalogue House Cannot Enter Community Where Local Pride is Considered—Be Frank With Merchant and Ask Him to Be Same With You. A Town Worth While.

If you know how to spend less than you get you have the philosopher's stone.

Economy is the parent of integrity, of liberality and of ease and the tedious sister of temperance, of cheerfulness and of health.

Willful waste is a cruel and crafty demon that gradually involves her followers in dependence and debts and so fetters them with irons that enter their latest souls.

Economy is a procedure by which a certain sum of money can be saved and waste, on the other hand, by which the same sum of money is dissipated.

To illustrate, a farmer wishes to buy an ax. The local merchant's price is \$1.40, but the farmer can buy "an" ax from the retail catalogue house for \$1.25. He is economical and is going to save that 15 cents.

Abandons Machinery in Field.

The previous summer the economical farmer bought a new mower with which to harvest his hay and paid therefor \$80.

The machine was nice and new and shiny, and when the farmer completed the cutting of his hay he promptly unhooked his team and abandoned the pretty new mower to the tender elements of the hayfield, and there it remains, the seat and tongue protruding from a huge snowdrift.

That seems to be a case where waste took economy by the hand and led it out into the fields and lost it.

Neglect is Noticeable.

It is a regrettable fact that the practice is not uncommon; that it is the rule rather than the exception among farmers.

Look out of the window of any train as you pass through the country, and almost the first thing that meets the eye is a neglected piece of farm machinery standing in a vacant field unprotected from the rains of the summer, the winds of the fall, the sleet, ice and snow of winter and the mud and mire of spring.

What must be the condition of that machinery when in the course of time the farmer is again ready to put it into service?

Have rust, neglect and the elements added to its value and efficiency?

Depreciated 50 Per Cent.

Have they not depreciated it at least 50 per cent in every way? Neglect of this kind is willful waste.

There is no better field in all the world in which the farmer can practice economy than in the proper care of his machinery.

Some farmers protect their machinery all right from the elements. They hasten it in under a shed.

The barnyard fowls have also discovered this "nice shed" and find that machinery makes the nicest kind of roosting place, with the result that when the machines are again brought out into the sunlight they are things of sordid appearance rather than of worth and beauty.

Machinery Rusts Out.

The back door robs the house, and the back door leads to the machinery shed and to the open fields. Go out and see if your machinery is protected from both the weather and barnyard dirt.

Remember it is better for machinery to wear out than to rust out. Saving 15 cents on an ax and losing \$50 on a moving machine is false economy, the practice of which leads past the gate of thrift and industry and up to the door of "woful want and willful waste" and to the straddle of indolence and neglect.

The man who neglects and abandons his farm machinery in the field is not only the most indolent man in the world, but also the most stupid.

And the stranger part of it all is that a man will admit his indolence, but will fight it called stupid.

He sort of persuades himself to believe that indolence cherishes all the peaceful virtues and that without destroying the others it merely suspends their functions.

Be Frank With Dealer.

Be frank and open and manly with yourself and ask your dealer to be the same.

Then there will be more consumers in the town to feed, and the farmer will profit by it. So will the retail merchant and also the consumer, citizens of the town, the professional man and the employe, as they will be profitably employed and earning money.

When the citizens of a town have money in the bank or jingling in their pockets a town worth while is in evidence; a farming community worth while is also very noticeable.

What helps one help all, and no catalogue house can better conditions in a locality that works together in this way.

Selishness, jealousy and stubbornness are a certain kind of happiness that cuts deep.

Joseph Dumras, M.P., may enter the Quebec government as minister of mines, succeeding the late Hon. Charles Davin.

Sir Wilfrid Laurier has been ill with a cold for some days.

GIRL HEADS EXPLORATION

Graduate Will Command Expedition into Unknown Siberia

Warsaw, March 25.—Miss Mary Czapliska, a Polish girl and a native of this city, is about to set out in charge of a scientific expedition to Siberia, sent thither by the University of Oxford. Her companions are English.

"I spent several years in the depths of Russia, where I was obliged to earn my living by giving Polish lessons in the houses of Polish immigrants during the revolution, the young woman said when asked why she was made chief of the party. I have always taken a deep interest in anthropology and managed to find out some interesting details about the native Siberian tribes which I set before the authorities at Oxford when I was able to go there to study.

"The human anatomy department of Oxford University was so pleased with my report last year that it offered to send me in charge of an expedition to inquire into the origin of native Siberian tribes, of which very little is known."

Miss Czapliska was educated in Warsaw and at Somerville College, Oxford. She was the first Polish student to be received at Oxford on the strength of English scholarships.

ANXIOUSLY AWAITING

WORD CONCERNING ACCIDENT OF ROOSEVELT PARTY

Mishap Probably Occurred on Unknown River Which Son Says Former-President Named Rio Durvata or "River of Doubt."

New York, March 25.—Colonel Theodore Roosevelt's family and friends are anxiously awaiting further advice regarding the accident by which his party lost its entire equipment in the rapids of a Brazilian river.

The rapids are presumed to be those of a tributary of the Amazon river, Santarem, from which the dispatch was sent, in the state of Para, at the confluence of the Tapajoz river with the Amazon.

Members of the Roosevelt family here had received no advice from Colonel Roosevelt yesterday, but expressed no concern whatever for his safety. In fact Mr. Fild's silence on the subject was held to indicate that the loss was confined to the equipment and the archaeological and ethnological specimens gathered by the expedition, for it was stated by the Times that any personal injury to the colonel was to be cabled immediately and fully.

It was also thought probable that Fild himself was not at Santarem, but he had entrusted his message to some native on the way to that town.

Plunged Through Wilds

The Roosevelt party plunged into the wilds about nine days ago expecting to reach Manaus, the commercial metropolis of the Amazon country, about 900 miles from the mouth of the river. Santarem is about 400 miles nearer the river's mouth.

What the equipment of Colonel Roosevelt's party was for that trip down the river was largely a matter of conjecture and Colonel Roosevelt did not state in any of his letters from South America what means of transportation he would use. It is believed that nothing heavier than canoe could have been carried on the 300 mile journey on horseback, which the party took from the head waters of the Paraguary to the river it contemplated exploring.

The last dispatch received from Rio Janeiro regarding Colonel Roosevelt's southward movement was that the 500 miles ride on horseback had been successfully completed through the interior of the country, without the party being subjected to attack by savages and that the colonel was in excellent health.

The accident, it is believed here, occurred on an unknown river which Theodore Roosevelt, jr., yesterday said his father, in a letter to him, called the Rio Duivata, or "River of Doubt."

Colonel Roosevelt, in a letter written on Jan. 16th, from Tapirapona, in Matto Grosso, a province in the south central part of Brazil, and received last week by Frank M. Chapman, of the American Museum of Natural History, said he expected to explore this unknown river.

The headwaters of the unknown river, according to Colonel Roosevelt's letters, are Matto Grosso, between the Madeira and Tapajoz rivers, two great streams which flow northward to join the Amazon.

It is rumored that Lloyd George may head a new radical ministry.

RHEUMATISM

Sciatica and Lumbago, Quickly Cured by "Kephaldol"

A druggist in Toronto said that he was asking an Old Country customer of his about KEPHALDOL TABLETS. This customer told him, "I suffered from severe Rheumatism and Sciatica for twenty years, hardly ever being free from these troubles. I read about KEPHALDOL in the Glasgow papers and sent home for some. Three hours after taking two tablets, the pain was almost gone, and after taking six or seven, I hadn't a bit of pain."

This druggist went in to see his doctor about his wife and asked him if he had ever heard of KEPHALDOL. The doctor said, "Yes, I understand KEPHALDOL is a reliable sedative and anodyne, relieving pain without affecting the heart or vital organs. Since KEPHALDOL has been introduced into Canada, I have prescribed it in cases of severe Headache and Neuralgia, and just recently succeeded in helping a most severe case of La Grippe with it."

Since then, this druggist has ordered KEPHALDOL and recommended it to those of his customers who wanted something to relieve pain. If you are unable to get KEPHALDOL Tablets at your druggist's, send 50c to Kephaldol Limited, 31 Laurier Street, Montreal.

LATE D. F. BRITTON

FOUNDER OF THE GANAHOQUE REPORTER IS DEAD

Was Born in Gananoque Seventy Eight Years Ago.— Held Many Prominent Positions. Brother of Justice R. O. Britton.

Gananoque, March 25.—Daniel Freeman Britton, founder of the Gananoque Reporter newspaper, and one of the most prominent presmen of eastern Ontario, passed peacefully to rest at his home on King street in the 78th year of his age. Death was attributable to laryngeal pharyngitis. He had been gradually failing for the past few years but the final illness was only for the past few weeks. He suffered very little pain, but sank slowly until the end came during the forenoon yesterday. He was a lifelong resident of this town, the son of the late D. F. Britton and brother of Justice R. M. Britton, of Toronto. W. H. Britton, collector of taxes of this town, and Charles E. Britton, of the firm of Cowan and Britton; also of Mrs. Oliver D. Cowan, and Mrs. D. Colin Cowan. He married Miss Jane Cowan, and leaves two sons, B. O. Britton, the present proprietor of the Reporter, and Albert Britton, of New York city; also two daughters, Mrs. W. J. Pincau, of Winnipeg, and Mrs. Pambrick, of Ottawa. He was one of the best known and most highly respected residents of this section.

Some forty years ago he founded the Reporter which he edited until the feebleness of age compelled him to throw his mantle over his son, D. F. Britton, who has since conducted the paper. He was a man of spirit, a man of some common sense, mingled with the many sterling qualities which make for true manhood. Politically he was a lifelong liberal, religiously with a leaning toward Methodism. "Take him for all in all, we never shall see his equal again," seems to have been the verdict of the conditions of Mr. Britton's life. He was a real and very interesting public speaker, one who knew the town from Alpha to Omega, having been educated in the schools of this town in its early days.

For very many years he has been a member of the Board of Education, and when appearing for re-election, usually leading the poll. For many years also he has filled the position of treasurer of the town. In middle life he was an active and ardent temperance worker in this section. Since the organization of Leeds Farmers Institute he has held the office of secretary. The flags at the local public and high schools were set at half mast yesterday in honor of him in one of the leading educationalists of the town. The funeral will be held from his late residence on Thursday afternoon at Willow Bank cemetery. The obsequies will probably be of a public nature, in keeping with the honest worth of one of Gananoque's most highly respected men.

At the regular session of Gananoque Lodge, No. 114, I. O. O. F., on Monday evening, the lodge as a whole was asked to vote on the question of whether it should proceed with the construction of an Odd Fellows hall as proposed during the past winter, and for which purpose a site was purchased on King street, recently. The vote being strongly in favor of proceeding with the work, the committee will at once comply with the lodge's decision.

Negotiations are in progress for another hockey game with the Lansdowne team that village this week. W. H. Chaney, one of the best out employees of the W. J. Gibson Harness company, leaves to-day for Toronto to accept a situation. Another one similarly affected, Joseph Robideau, left for Montreal. This makes five out of the thirty-one located out of town.

The teams of the Church Bowling league are hard at work at the Inn alley, and are coming into good form. A schedule of games will be prepared in the near future which will cover available dates up to the 1st of May. R. E. Lang last evening the passenger had to be transferred to Gananoque Junction by bus. Dr. F. J. Davis has been confined to his home for the past few days by illness.

Opening Up a New Country. The opening up of the new territory traversed by the Grand Trunk Pacific railway between McBride, B. C., 115 miles west of Winnipeg, and Prince George, B. C., 127 miles west of Winnipeg, is developing the important discovery that the district in that part of British Columbia is well timbered with spruce and much good cedar. The country is fairly level and the timber is probably the finest anywhere along the Fraser river. West of Willow River an important townsite, settlers have already established themselves, and reports indicate that there is a large area suitable for settlers in the Salmon river country, west of the Fraser river, and reached through the townsite of Willow River. There are not more than two or three outcroppings of rock all the way from McBride to Prince George and when the timber is removed, the soil will be found very rich and highly productive, and this section will become a very important one in time. An estimate of the land available for agricultural purposes within four miles of each side of the railway, would be approximately 75,000 acres, but this amount will be very much exceeded if the country contains similar for a further distance from the railway. This feature is being developed as surveys are made. From a scenic point of view from McBride to Hansard, a distance of about 100 miles, the mountains are always in view, extending on both sides of the Fraser river with a pleasing softness to them, which resembles the Skeena river district to some extent. The Caribou range, at about 1,150 miles west of Winnipeg, gives promise of opening to the mountain climber and explorer as many attractions as any other range in the Rockies or Sierras. Many of these mountains are snow-capped and glacier capped throughout the summer.

CANNOT SMASH "CELOPHANE"

Noted Fabric Clear as Glass, but Practically Unbreakable

An unbreakable window has been the dream of inventors for many years, and the introduction of the "cellophane" automobile have only served to emphasize the need of a material which, while transparent, would not be so easily broken as the ordinary window glass. A number of schemes have been brought forward during recent years, such as "triplex" glass and other "reinforced" glasses, for use in motor vehicles. Their chief advantage lies in the fact that a blow or sudden shock would not shatter the glass, throwing the dangerous sharp splinters in all directions, but would simply cause a large number of fissures in it, the broken fragments being held together by the sheet of cellophane between the two thin sheets of regular glass, composing the "armored" glass.

Attacking the problem from an entirely different point, a French inventor is reported in Cosmos, of Paris, to have discovered a means whereby the flexibility of fabric can be joined to the transparency of "waterglass," resulting in the production of an entirely new product, "a transparent fabric." The new material is called "cellophane," and chemically consists of a cellulose xanthate of sodium.

Its properties include, besides the transparency of clear glass, toughness, insolubility in water, oil, ether, alcohol and alkalis. It is unaffected by grease and steam, lysoyl, formal and hydrogen dioxide.

In addition to cellophane, a similar product can be manufactured by the same method called "biophane." This has the same qualities as cellophane, but is thicker; it is to cellophane what cardboard is to paper, and costs considerably less, weight for weight.

Both cellophane and biophane, which promise to be very cheap, are tough fabrics possessing a considerable elasticity and pliability. Smooth to the touch of the fingers, the glass itself, they can be folded and rolled like pieces of silk or canvas. They are not inflammable under ordinary conditions, although naturally subject to destruction by fire, being far superior to the various transparent varieties of celluloid.

Once tried always used. White Rose brand. At Belfast several were injured in party riots.

HEIRS TO CONTEST WILL

Syracuse University and J. K. Hackett Forest Into Fight

Syracuse, N.Y., March 25.—Heirs of Mrs. Minnie Trowbridge, who left a \$400,000 bequest to Syracuse University for a law college, have taken steps to contest the will, according to a dispatch, last night, from New York. The whole Trowbridge estate is valued at more than \$2,000,000. Half of this sum was bequeathed to Mrs. Trowbridge's husband, whom she survived, and his share goes automatically to his nearest relatives, one of whom is James K. Hackett, the actor, who will inherit about \$1,200,000 if the courts sustain the will.

It is the contention of the contestants that the will filed for probate was not Mrs. Trowbridge's last will and that her mind was unsound when she executed it.

All-Important. A certain young mother had one weakness, and that was for pullover hats on shelves, hats in boxes, hats everywhere—and weights affairs had been known to hang in the balance while a decision was being made from among the distracting collection.

One morning she was dressing for the street, and her four-year-old son was idly watching her and at the same time seeking to slake his thirst for general information.

"Mamma, he said, 'did George Washington go to heaven?'" "Of course, dear."

"Mamma, will you go to heaven when you die?" "I hope so, dear."

A moment given over to silence, then another question fell: "Then, mamma, when you go to heaven, will you meet George Washington?" "Yes, dear—I suppose so." Her tone was a trifle abstracted.

"Then, mamma," and the voice was hushed with the import of its question, "what hat'll you wear?"

Be a live wire. No matter how small your business is it will be benefited by a small classified advert. in the Whig. The rates are reasonable. One week, \$1; one month, \$2. Get your name before the people.

Sir Rodmond Roblin will be opposed in the coming Manitoba election in his home constituency of Dufferin by A. A. Angus, a retired farmer.

Labor members in the British House of Commons say it is either parliament or the king to rule.

Useful New Invention

Enables Anyone to Play Piano or Organ Without Lessons

A Detroit musician has invented a wonderful new system which enables any person of little child to learn to play the piano or organ in one evening. Even though you know absolutely nothing about music or have never touched a piano or organ, you can now learn to play in an hour or two. People who do not know one note from another are able to play their favorite music with this method without any assistance whatever from anyone.

This new system which is called the Numerical Method, is sold in Canada by the Numerical Method Music Co. of Canada, and as they are desirous of at once making it known in every locality, they are making the following special free trial and half-price offer to our readers.

You are not asked to send any money until you have tried and are satisfied with the new method. The Numerical Company is willing to send it to you on one week's free trial, and you will not have to pay them one cent unless you desire to keep it. There are no express charges to be paid, as everything will be sent by mail. Simply write a letter or post card to the Numerical Method Music Co. of Canada, 116 D. Curry Hall Windsor, Ontario, saying "Please send me the Numerical Method on seven days' free trial." If you are satisfied after trying it, the Method and fifty different pieces of sheet music will cost you only \$5; although the regular price of these is \$10. You should not delay writing, as the Numerical Company will not continue this special half-price offer indefinitely. Later on the Method and fifty pieces of music will be sold at the regular price.

OUR FRESH GROUND COFFEE AT 40c. CAN'T BE BEAT—TRY A SAMPLE ORDER AND BE CONVINCED.

NOLAN'S GROCERY, Princess St. Phone 730. Prompt Delivery.

Advertisement for Schlitz beer in brown bottles. Text includes: 'Drink Schlitz in Brown Bottles', 'Read what two eminent scientists have to say about light and its effect on beer in light glass bottles.', 'In recent years the observation has been made that the rays of sunlight effect a chemical change in beer. For this reason the use of beer bottles blown from colorless glass is diminishing, bottles blown from colored glass being chosen: the amber colored bottles, which, when held towards the light, show the color of light beer, are particularly to be recommended.', 'It appears that chemical changes are produced in the beer, which attains an exceedingly unpleasant taste and a disagreeable odor.', 'Schlitz, when poured into your glass, is wholesome and pure as a crystal spring.', 'The Beer That Made Milwaukee Famous.'