

How to Look Years Less Than Your Age

The most aged face will look years younger after the use of ordinary mercurized wax for from ten days to two weeks. This is because of the mercurized wax...

DR. DE VAN'S FRENCH PILLS

Reliable, safe, and effective. For all ailments of the stomach, bowels, and liver. Sold at Mahood's Drug Store, Kingston, Ont.

OUR FRESH GROUND COFFEE AT 40c. CAN'T BE BEAT

Try a sample order and be convinced. NOLAN'S GROCERY, Princess St. Phone 720. Prompt Delivery.

WHY WE GUARANTEE THIS STOMACH REMEDY

If there are one hundred people in this town who suffer from indigestion, dyspepsia, or any other form of stomach complaint, we believe we can suggest a remedy that will relieve at least ninety-eight of them...

Containing Pepsin and Bismuth, two of the greatest digestive aids known to medical science, as well as other necessary ingredients, Rexall Dyspepsia Tablets soothe the inflamed stomach lining...

Advertisement for gas fixtures. Come in and see our Medium Priced Gas Fixtures. We have a nice assortment of gas fixtures at moderate prices...

Advertisement for David Hall. DAVID HALL, 66 BROCK ST. Phone 825 or 826. We have a nice assortment of gas fixtures at moderate prices...

EAT LESS AND TAKE SALTS FOR KIDNEYS

TAKE A GLASS OF SALTS IF YOUR BACK HURTS OR BLADDER BOthers. The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid...

WOMAN DIRECTS HOME PURCHASES

Quick to Recognize Genius and Sensible Men.

HER WEAKNESS AS A BUYER

Her Susceptibility to Bargains—Women Have More Strength in Their Looks Than We Have in Our Laws. Men Allude to Them as Weaker Vessels.

Women have more strength in their looks than we have in our laws and more power by their tears than we have by our arguments. Women are quick to recognize genius and to listen when wisdom speaks.

It is assumed that the Almighty made man as his masterpiece, and conceded being that he is, man accepted this statement as a piece of truth.

Are Women the Weaker Vessels? Men are fond of alluding to women as the "weaker vessels," and Pope calls man the "great lord of things."

More Good Sense Than Men. Women have more good sense than men. They have fewer pretensions, are less implicated in theories and judge of values more from their immediate and involuntary impressions on the mind...

Women Are Prone to Bargains. Woman's weakness as a purchaser lies in her pronounced susceptibility to bargains. No man ever followed freedom's flag for patriotism with half the enthusiasm that woman will...

The Spirit of Loyalty. But if women are prone to bargain they are also possessed with the sense and spirit of loyalty to their own town and community when once they come to a full realization of the injury they are working both to themselves and their home merchants by sending their money away to some large corporation...

The Slogan of Woman. Women not only make the home worth while, but they make the local town, the countryside and the whole community worth while. Wherever there is found a movement on foot for the uplift and betterment of community interests and conditions woman's power and woman's influence can always be found behind it.

Usteries are acclaiming Asquith's explanations as a triumph for their cause. Hon. William Pugsley has recovered and returned to the House of Commons.

GHOST IN HISTORIC CASTLE

Cheerful Spirit Ventures on Lots of Artful Tricks in Chateau. Not far from the historic city of Blois there is a little village known as Fourgeres-sur-Bievre.

In its way, too, the ghost is quite a satisfactory one, and though the gendarmes who have inquired into the affair suspect a practical joker, the village gossips strongly maintain that the spook is a real one.

What actually has been happening, however, is that the worthy M. Proustean, a local land surveyor, and his family, who live in a little house near the Blois road, have been having their rest disturbed in the early morning by the strangest noises.

Not merely content with this, the spirit—be it playful or avenging—has ventured on a host of similar tricks. It has, for instance, sent the curtains of the beds and in the case of the sleeping woman, when they were struck by a high gale, when there was never a breath of wind to stir the bare branches of the trees outdoors, much less within.

Anyhow, the police have investigated the matter; they have explored the neighboring houses, but they are baffled and can give no explanation; and down in the village they still prattle of black magic, and the maire has had to forbid people assembling in the roadway before a "haunted" house, because people have poured in from the country round, and spent a good part of the day and night staring speculatively and uselessly at the windows of M. Proustean's residence.

Old Mothers. I love old mothers—mothers with white hair. And kindly eyes, and lips grown softly sweet. With murmured blessings over sleeping babes. There is something in their quiet grace That speaks the calm of Sabbath afternoon.

Norway Grateful. M. J. O'Connor, the honorary secretary of the Royal National Lifeboat Institution, Westford branch, has just received a letter from the Norwegian Kroner (\$2,680) voted by the Norwegian parliament for the relief of the wives and families of the Fethard lifeboat men, who lost their lives in going to the assistance of the Norwegian ship wrecked off the Westford coast.

WANTED TO KNOW. The Truth About Grape-Nuts Food. It doesn't matter so much what you hear about a thing, it's what you know that counts. And correct knowledge is most likely to come from personal experience.

Grand to Vancouver Hospital. Vancouver, March 24.—The directors of the Vancouver general hospital have been notified from Victoria that the government will grant them \$100,000 for the purpose of a hospital board this year, and that the sum will be \$125,000 next year.

TO TEACH THE BRITISH

HOW TO TILL THE GOOD SOIL OF CANADA

A Model Rural Community to be Organized in the Province of Alberta—It Will be Used to Train Englishmen.

Edmonton, Alta., March 24.—British capitalists, represented by Albin Hunt and Hal Carleton, of London, have just acquired 14,000 acres and adjoining the town of Kinross, 75 miles east of Edmonton, where a model rural community and demonstration is to be set on foot.

The novelty of the plan lies in the fact that our principals all men of affairs in England, will endeavor to attract particularly those who have had no previous experience in farming. This may be called the "forward" movement, it may be designated by any other name that expresses the idea.

The model farm of 320 acres will be operated along strictly business lines, and at the same time the settlers in the district will have the advantage of its educational features.

LIVE STOCK MARKETS

The Prices Paid at the Union Stock Yards. Union Stock Yards, Toronto, March 23.—Receipts were large. 114 cars, 1706 cattle, 128 hogs, 290 sheep and lambs, 75 calves.

Calves—Only 75 calves on sale. Choice yearlings \$10.50 to \$11.50. Sheep and lambs—Only 240 sheep and lambs to supply Toronto; prices could be nothing but very high.

New Serum Found. To Cure Pneumonia—Many Cases Have Been Cured. New York, March 24.—Ninety of 100 cases of pneumonia, reported here to-day, have been cured by a new serum developed at the Rockefeller Institute, the details of which were announced to the medical world.

Japanese Diet Dissolved. Tokyo, Japan, March 24.—The Japanese diet was prorogued yesterday by the emperor of Japan, owing to the inability of the House of Peers and the House of Representatives to agree on the appropriations for the navy.

To Unite the Lives. Winnipeg, March 24.—Advice received by the Grand Trunk Pacific state that there are now only fifty-eight miles necessary to be built to line up the western end and complete the system from Winnipeg to Prince Rupert in a month from date. Trains will be running into the Pacific coast territory.

STANDARD FOR COW'S MILK

Breed a Factor—Conditions Which Influence the Quality

By W. R. Gilbert. It is most difficult matter to fix a standard for cow's milk as it comes into commerce, as it is a well known fact that milk varies greatly both in quality and in quantity, even from day to day, and between morning's and evening's milkings.

When first cows are turned out to graze the milk will show a low percentage of fat, or, again, if the weather becomes very hot or very cold, down as the fat percentage in the milk. But even when the animals are kept under normal conditions and there is no apparent cause, the composition of milk yielded by individual animals varies considerably.

1. Firstly, breed greatly influences the quality of milk, as cows like the Channel Islanders give very rich milk, and as it is an inherent qualification which they possess, it is but little affected by foods.

2. Next comes individuality. Some cows naturally give very rich milk, whilst others give milk of poor quality. As this is the case, every farmer or dairyman should systematically test the milk of each cow, and thus discover the characteristics of each animal; he is then easily able to weed out from the herd those which yield milk below the standard or of poor quality.

3. Age also has some influence, as old cows give milk of more watery character than younger ones, the activity of the gland cells not being so good.

4. Again, the health of the animal is important, cows suffering from advanced tuberculosis would give milk containing a very low fat percentage.

5. Another factor which is important is the period of lactation, as at the commencement a large quantity of milk is yielded, but of rather poor quality, but towards the end the percentage of fat or total solids greatly increases.

6. Then there is the length of the interval between the milkings. It is not always convenient to milk regularly, and if a milking should take place shortly after the previous one, the percentage of fat will be high and the quality of milk yielded low.

7. There is also the first and last drawn milk to be considered. First-drawn milk is always poor in fat, as, owing to distention, there is an ever-increasing pressure toward the sides of the milk-secreting glands, which hinders the passage of the solids of milk into the reservoirs, but as the pressure is removed on milking these solids are able to pass down. First-drawn milk may contain from 1 to 2 per cent fat, whilst the last-drawn would contain about 10 per cent fat.

Advertisement for Magic Baking Powder. We unhesitatingly recommend Magic Baking Powder as being the best, purest and most healthful baking powder that it is possible to produce. CONTAINS NO ALUM. All ingredients are plainly printed on the label. EW GILBERT CO. LTD. TORONTO, ONT. WINNIPEG-MONTREAL.

Advertisement for Dustbane. DUSTBANE puts the ee's (ease) in sweeping. IT KNOCKS THE DRUDGERY OUT OF SWEEP DAY. Cleans Carpets---Brightens Floors. Order a tin to-day at your grocers or from your hardware man. Don't Ask for Sweeping Compound. SAY DUSTBANE. Beware of Substitutes.

Food is required to keep up the body heat. (8) Time and regularity of milking. (9) The amount of milk secreted depends primarily upon the size and activity of the glands and the size of the blood vessels going to and coming from the udder; a large udder is required, as there is then a long line of absorption.

POLICE AT HAMILTON Are Likely to Spring Another Sensation. Hamilton, March 24.—The Spectator says: It would not be surprising if, after the Mackay case is disposed of, the authorities make another sensational move. For a year or more complaints have been numerous about young men in automobiles picking young girls up on the streets and whisking them out to some lonesome spots along the Dundas and Annesley roads.

Is Created a K.C. Ottawa, March 24.—Hon. Arthur Meighen, solicitor-general, has been created a king's counsel by the Dominion government. It is some years since the federal government has exercised its right to create king's counsel, which is mainly a title given by the provinces.

Nervous Prostration and Heart Trouble. For Three Years Doctors Struggled With This Disease, and in Vain—Cure Was Effected by Dr. Chase's Nerve Food. The complete breakdown of the nervous system as in nervous prostration is usually the result of overwork, worry or "burning the candle at both ends."

THE FRONTENAC LUMBER & COAL COY. A. CHADWICK, Manager. Phone 67. The Paris Figue announces that it is about to start libel suits against a number of leading London, Berlin, Vienna, Geneva and other newspapers which, it declares, have given prominence to a report that the Parisian possesses private letters reflecting on M. and Mme. Calliaux which it intends to publish.