

Falling Hair and Itching Scalp

Entirely Needless—Use Parisian Sage. It Quickly Removes Dandruff—Your Head Feels Fine.

Now that Parisian Sage—a scientific preparation that supplies hair and scalp needs—can be had at any drug or toilet counter, it is certainly needless to have thin, brittle, matted, stringy or faded hair. No matter how tightly the hair, how badly it is falling, or how much dandruff, just spend a few minutes each day for a week and rub a little Parisian Sage into the scalp and through the hair. All dandruff is removed with one application, the hair roots are nourished and stimulated to grow new hair, itching scalp and falling hair cease—your head feels fine. Best of all, the hair becomes soft, fluffy, abundant and radiant with life and beauty.

Parisian Sage is one of the most pleasant, invigorating and refreshing hair tonics. No cheap perfumery odor—no disagreeable concoctions—but a daintily perfumed tea-colored liquid that proves its goodness the first time it is used.

You will be surprised and delighted with Parisian Sage. Try at least one fifty cent bottle. J. B. McLeod will refund the purchase price if you are not satisfied.

Look for the trade-mark—"The Girl with the Auburn Hair"—it's on every package—accept no other.



St. Lawrence Sugar

Children Need Sugar

Pure sugar is necessary to the health of young or old. Good home-made candy, sugar on porridge, fruit or bread—not only pleases but stimulates.

Buy St. Lawrence Extra Granulated in bags and be sure of the finest pure cane sugar, untouched by hand from factory to your kitchen.

80c 100 lbs., 25 lbs., 10 lbs., 5 lbs. Carbons, 2 lbs.

FULL WEIGHT GUARANTEED.

Sold by best dealers.

St. Lawrence Sugar Refining, Limited, Montreal.

In One hour I learned to Play the Piano at Home

Without Lessons or Knowledge of Music Any One Can Play the Piano or Organ in One Hour.

Wonderful New System that Even a Child Can Use.



She—'You surprised me! You told me yesterday you couldn't play a note!'

Impossible, you say? Let us prove it at our expense. We will teach you to play the piano or organ and will not ask one cent until you can play.

A musical genius from Chicago has invented a wonderful system whereby any one can learn to play the Piano or Organ in one hour. With this new method you can have your own music from another person in an hour of practice you can be playing your favorite music with all the fingers of both hands and playing it well.

The invention is so simple that even a child can now play music without costly instruction. Anyone can have this new method on a free trial merely by asking simply write cards. Send the Free Trial Method as announced in Kingston British Whig.

FREE TRIAL

The complete system, together with 100 pieces of music will be sent to you free, all charges prepaid and knowledge and one cent to pay. You keep it seven days to thoroughly prove it. If you are satisfied send us \$1.00 and one dollar a month until it is all in paid. If you are not satisfied with it send it back in seven days and we will have refunded nothing and will be under no obligation to us.

Be sure to state number of white keys on your piano or organ, also post office. Address: Easy Method Music Co., 381 Wilson St., Toronto, Canada.

TO INSURE SUCCESS IN YOUR BAKING

Use only **Couper's Baking Powder**

The Best that money can buy.

D. COUPER

A STORY OF PROGRESS (RHEUMATISM AND BRIGHT'S DISEASE)

IS THAT OF THE OSHAWA FRUIT GROWERS' ASSOCIATION

Has Been a Great Source of Encouragement to Those Who See in Co-operation One of the Chief Means for the Recreation of the Ontario Agriculture.

The story of the Oshawa Fruit Growers' association is one of modest beginnings; of almost uninterrupted progress; of encouragement to those who see in co-operation one of the chief means for the recreation of Ontario agriculture.

Beginning on May 3rd, 1906, with only 25 members, and an output of 5,200 barrels for that season, development since then is indicated by the following table:

Year	Membership	Ebbs, apples handled
1907	55	11,000
1908	58	6,500
1909	58	11,700
1910	70	7,360
1911	70	13,400
1912	91	9,800
1913	103	14,000

The first year the apples were all handled in a rented warehouse. The next year a lot was purchased in Oshawa and a fruit house built, the total outlay on this being \$4,584.89. In 1910 a second fruit house was erected at Brooklin at a cost of \$436.02. In 1912 a third was put up at Solina, the cost in this case being \$864.36. This makes a total investment of \$5,885.27. Part of the \$36,521 paid up stock subscriptions. There is still a mortgage of \$1,500 against the Oshawa building.

The balance of the investment has been provided by taking \$750 out of then revenue derived on apples passing through the storehouses. Members are charged 3c per barrel on 25 barrels passing through the association's warehouse for each \$10 share held by them and 5c per barrel on all barrels over 25 for each \$10 share. Non-members are charged 10c per barrel. This not only meets insurance and repairs, and pays 5 per cent. dividends on stock, but is helping to pay for the buildings as well.

The members pick and deliver their apples at the warehouse; the association packs and sells the fruit and payment is made to each member according to the grade and variety of his fruit. Thus each man gets the benefit of selling in a large way; each man receives just what his fruit sells for, less cost of handling. The man who furnishes the largest proportion of No. 1 grade of the highest selling variety of course gets the biggest returns per barrel; the man who furnishes only inferior varieties and inferior grades gets the least return.

The following were the average net returns to members of the association for No. 1 apples last season: Baldwin, \$2.50; Spy, \$2.47; Egan, \$2.60; McIntosh, \$4.35; Greening, \$1.90; Ben Davis, \$1.70; Stark, \$2.80.

Last week the association held its first banquet when some 70 of the members and their friends gathered to congratulate each other on the past and take counsel for the future. In speaking on that occasion Manager Lick, to whose efforts the success of the association is chiefly due, said the association should have fruit houses at Whitby and Audley and that a cold storage plant should be established at Oshawa. 'We have,' he said, 'lost enough on Greenings and like varieties, through lack of cold storage, to have paid the cost of same twice over. We should have an evaporator as well in which the culls could be turned to account.'

The value of the work done by the association was well put by Professor Crow, who spoke on the same occasion. 'At the very least,' said Professor Crow, 'the members have received 50c per barrel more for their apples in the past season than they would have received had the association not been in existence. On 14,000 barrels that means \$7,000. That is a clear addition to the profits that would otherwise have been received. This means that there was \$7,000 more to spend on better things, or on improvements. It means that much added to the capacity of the membership in giving employment. It spells in the end an addition to the population in this neighborhood. Does not all this point to co-operation as one means by which we can turn rural depopulation into rural re-population? It means more than this. It means an addition to the value of each farm holding in the neighborhood and more to the accumulations which holders may expect to leave for the benefit of their children. This result is due to co-operation. Co-operation, in this neighborhood, owes its success largely to the efforts of one man. Co-operation cannot succeed anywhere without efficient leadership.'

Then the speaker glanced at the future. 'There will,' he said, 'be more need of co-operation in the future than in the past because competition is always growing keener. The Pacific coast states had an output of 15,000 cars in 1912; 9,000 in 1913; for 1914 they expect to have 24,000 cars and by 1915 they look for an output of 36,000. It is only by co-operation we can hope to face the situation to which these figures point. In Ontario, however, we have one great advantage. In the Pacific coast states apple growers depend

AN ICE JAM FEARED

Dynamite Will Likely be Used at Ogdensburg

Ogdensburg, N. Y., March 21.—Replying to a request from W. H. Cluttenbuck of the rivers and harbor committee of the common council that the car ferry boat be set to work in clearing the ice from the mouth of the Oswegatchie river, Manager Dubrule of the ferry company states that it will be impossible to undertake the task.

Mr. Dubrule claims that the attempt to break up the ice which he estimates about 15 feet thick, would result in considerable damage to the car boat, without accomplishing anything. The ice in question is massed in the western portion of the harbor. If it remains intact until the ice begins to come over the dam, it is feared the resulting jam will damage the boathouses which line the Oswegatchie between the waterfall and the harbor.

Mayor Hoard believes that the jam may be averted if the ice in the harbor is dynamited. In view of the fact that Crescent park, the city's property, lies in the path of the jam, he is of the opinion that the city should take some preventative action.

Alderman W. H. Jones holds that the property owners should look after their belongings, and in this he is supported by City Attorney Mulligan who states that under the administration of Mayor George F. Van-kennel a ruling was made removing all responsibility from the city.

Room for Doubt
One day Smith and Jones were looking at a picture and admiring its wonderful realism.

'It makes me think of an artist that I once heard of,' reflectively remarked Smith. 'It is said that he painted cobwebs on the ceiling so truthfully that the servant girl wore herself into an attack of nervous prostration trying to sweep them down.'

'He did?' responded Jones, as his face broke into a smile.

'Yes,' declared the other, with a hurt expression. 'You act as if you doubt it.'

'Well,' returned Jones, 'there may have been such an artist, but there never was such a servant girl.'

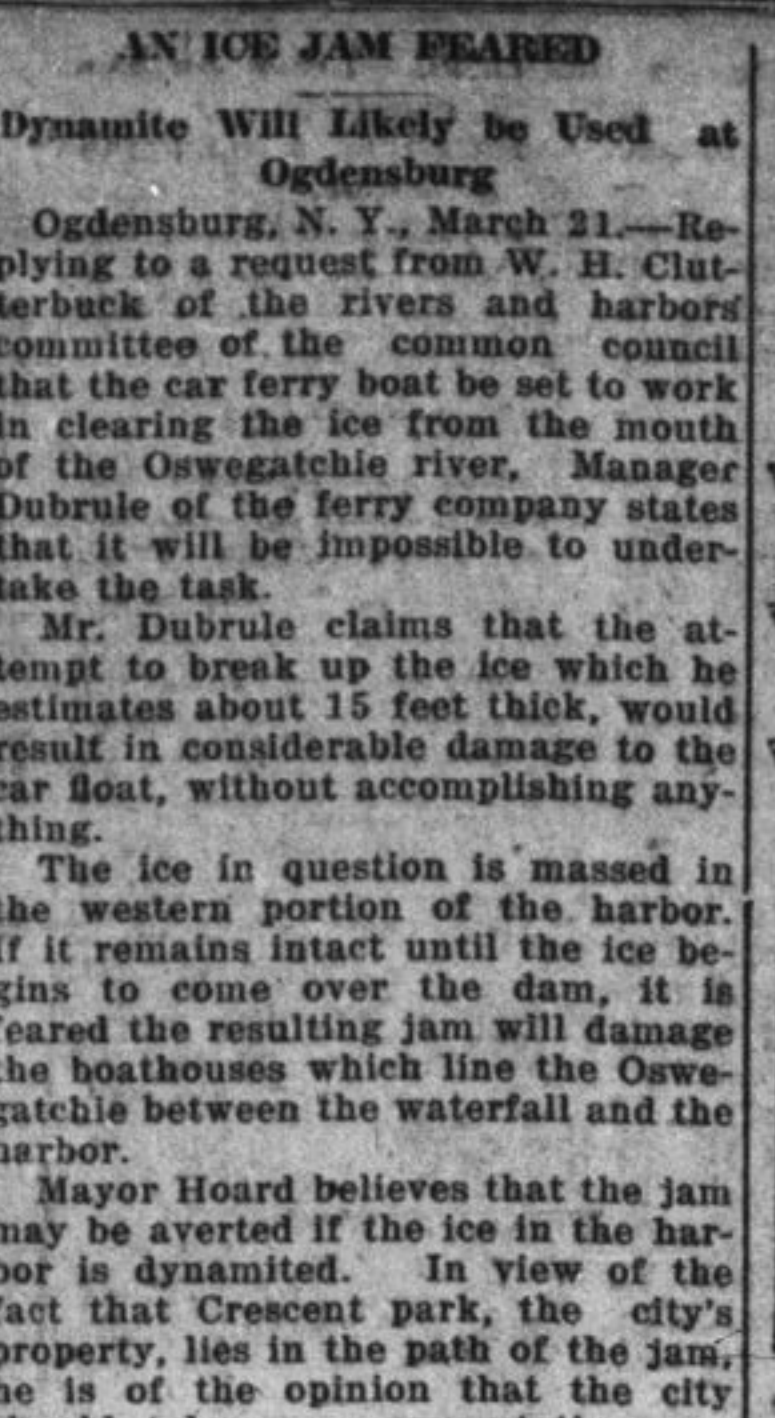
F. C. Hart, head of the new co-operation and marketing branch organized in connection with the provincial department of agriculture, spoke of the work he is endeavoring to do. 'One of my tasks,' he said, 'will be to get in touch with all co-operative producing associations, to find out which are doing the best work and to carry the lesson gained by these to others for the instruction of the latter. We also hope to help all in their bookkeeping by devising a simple system of books and assisting to straighten out tangles as these arise.'

W. L. S.

A TOILETTE DE BAL
Of fresh-scented crepe, with raised brocade pattern, the slight tulle of tulle to match being edged with pearls at the wide band of diamonds which forms the main part of the corsage. There is a narrow sash of black chiffon with a wide butterfly bow at the back.

French electors occasionally have some truths thrown at them by candidates who fail to secure enough votes. At the last general election M. Albert Normand, a chemist and druggist, who stood for Montague, having received only six votes, issued an address, thanking 'the six electors who showed their confidence in me. They are the only solvent citizens in the constituency and I beg to assure them of my esteem. As for the others, I hereby give them notice that in future all attempts to obtain credit at my establishment will be relentlessly refused. During the past nine years they have robbed me of about 3600 francs in bad debts, which have taken no steps to recover. Yet when an opportunity is afforded of showing their appreciation of my leniency, I met with the basest ingratitude.'—London Chronicle.

The chronic kicker may be the worst sufferer from his kicking. The world is full of novices demanding the salaries of experts.



MACK MOTOR TRUCKS

Capacities—1, 1½, 2, 3, 5 and 7½ tons.

'What kind of service may I expect from the manufacturer after I have purchased a motor truck?' An important question to consider.

Mack service begins with an analysis of your delivery problems, the furnishing of accurate and interesting data regarding the experiences of business men whose transportation problems are similar to yours.

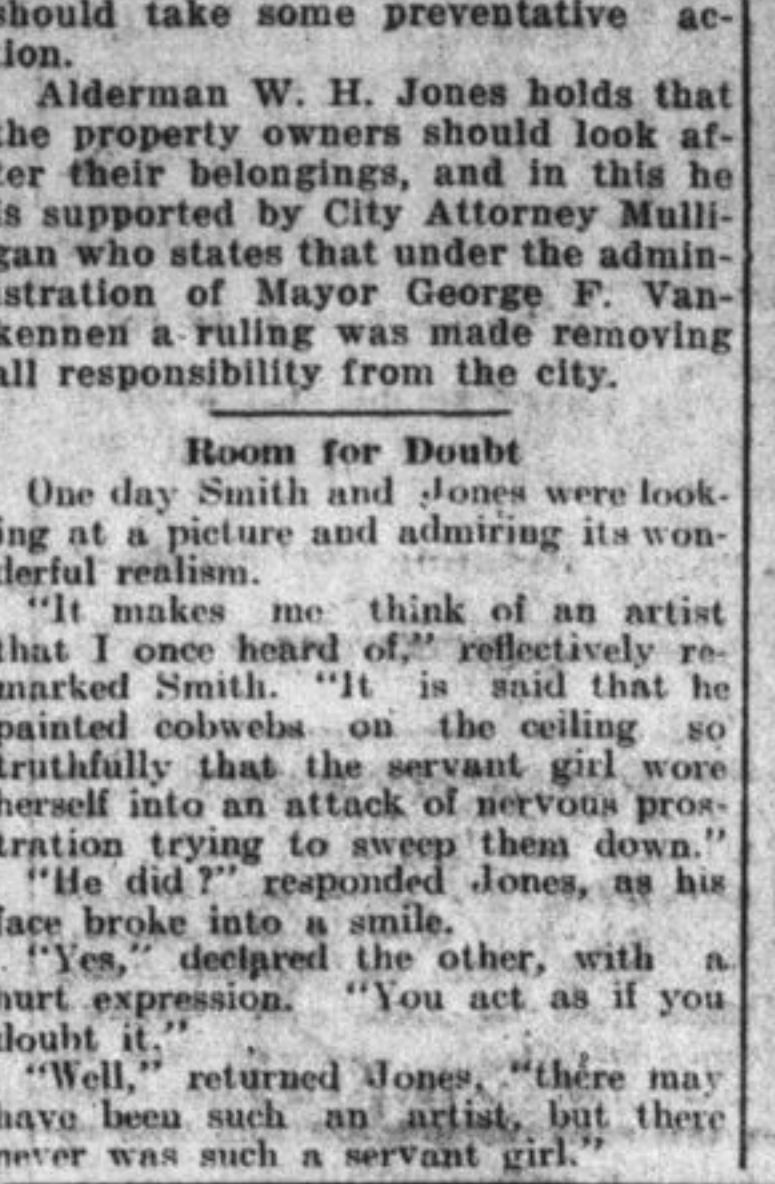
And Mack service ends when the truck wears out—how long this will be we do not know, for the first Mack Truck built, 14 years ago, is still doing reliable work at Tucson, Arizona.

The strength of the company behind the truck should be as carefully investigated as the strength of the truck itself. Address Dept. 28

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When we clean Gloves, we clean them thoroughly

We do more than remove the spots and grease. Our special cleaning fluids and special machines, take out all the dirt from the smooth surface of a glove. Then each glove is carefully gone over by hand, to clean out the corners and seams. Gloves, that we clean are spotlessly white.

Parker's Dye Works TORONTO.

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FLOUR

Our Robin Hood brand of Flour is a guarantee in every bag for good quality.

ANDREW MACLEAN
Ontario Street.

COAL!

The kind you are looking is the kind we sell

Scranton Coal

Is good coal and we guarantee prompt delivery

Booth & Co.
Foot of West Street

"HOME, SWEET HOME" LACKS SINCERITY WHEN HUNG ON RENTED WALLS. OWN THE KEY TO YOUR FRONT DOOR.

Cement block house on Russell street, seven rooms, good cellar, will be complete on the first of May, for \$2500.00. Double frame house on a corner, \$2850.00. Brick veneer house on Sydney street, lot 35 x 65 feet; furnace, electric light, gas and improvements, \$3659.00. Double frame house on Montreal street, \$1500.

HORACE F. NORMAN

Real Estate and General Insurance.

177 WELLINGTON ST.

Gin Pills

Will Take Away the Ache and Cure that Pain in The Back—

PAIN in the back means Kidney Trouble. It may be Kidney Cold—damp, rainy weather may have inflamed the Kidneys—it may be acute Inflammation, due to Uric Acid—it may be Rheumatism or Lumbago, brought on by weakness of the Kidneys.

Whatever the Pain, The CAUSE is The Kidneys
Whatever the Pain, The CURE is Gin Pills

GIN PILLS are as soothing and grateful to the inflamed kidneys, as a cooling, healing ointment is to an angry burn.

Three or four hours after taking a dose of GIN PILLS you SEE as well as feel, that the wonderful Medicinal Properties of GIN PILLS have reached the Kidneys and Bladder, and are doing you good. The pain gets easier—the soreness leaves the muscles—the stiffness works out of the joints—and you are soon able to straighten up and step out without a hint of pain.

Don't belittle Nature's warning. Pain in the back means that there is something wrong with the Kidneys. To neglect them, is to run the risk of having Bright's Disease, Diabetes or Dropsy.

Hundreds and hundreds of people are taking GIN PILLS right now to protect themselves against just such attacks. Do the same. Get GIN PILLS to-day—and take three or four every day until hot weather comes. A pill of prevention saves many a pain.

WRITE FOR FREE SAMPLE

You don't have to spend a cent to find out if GIN PILLS will do you good. Simply write a post card, asking for free sample of GIN PILLS. We will send you enough to try. Then, if you find that GIN PILLS help your trouble, get the regular 50c. box; 6 for \$2.50, at your dealer's or our positive guarantee that your money will be refunded promptly, should you not be satisfied.

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