

FREE OF ALL THREE DISEASES

"Fruit-a-lives" Brought Him Perfect Health

AVON, ONT., May 14th, 1913. "I am younger since I have been taking 'Fruit-a-lives'. I was troubled very badly with Piles, Constipation and Stomach Disorder, but I found 'Fruit-a-lives' was the panacea for the whole three.

An Appeal To Wives

You know the terrible affliction that comes to many homes from the result of a drinking husband or son. You know of the money wasted on "Drink" that is needed in the home to purchase food and clothing.

FOOTWEAR

We have some splendid lines in Men's Shoes, which cannot be beaten at \$4.00. We should be glad to show you our Boys' and Girls' School Boots at prices from \$1.50 to \$3.00.

Scott's Shoe Store 260 PRINCESS ST. BRANCH 206 BARRIE ST. REPAIRING DONE

Certain Relief

from headaches, dull feelings, and fatigue of biliousness, comes quickly—and permanent improvement in bodily condition follows—after your stomach, liver and bowels have been toned and regulated by

BEECHAM'S PILLS

Sold everywhere. In boxes, 25 cents.

Facts About Footwear

It is a recognized fact that good shoes cannot be produced at a low price.

High grade leathers and skilled labor are too costly to permit it.

Therefore, when you purchase low priced shoes you can only expect to get what you pay for—poor leather or substitute and faulty workmanship. It would be far more economical for you to buy

Invictus Shoes

The Sawyer Shoe Store

Pleasant Fields of Holy Writ

THE INTERNATIONAL SUNDAY SCHOOL LESSON

A weekly column of abiding interest to both teachers and scholars.

Motto for this Week: "Remember that the first plantings in the soul tend to keep their places forever. Let not the solemnities of religion be the foundation. Rather let your child see the ripple on the stream."—Matheson, in "Hests By the River."

First Quarter. Lesson XII. Luke 13: 18-35. March 22, 1914.

LESSONS BY THE WAY

THE STORY

When Jesus asked, "What is the Kingdom of God like?" He was only putting in words the query that was already in His disciples' minds. Three years ago, He had already intimated that His end system. They were growing restive and doubtful. There was nothing to match Roman imperialism on one hand, or Jewish selfishness on the other.

There is nothing arbitrary or capricious here. Success in any pursuit requires concentration. No one can achieve anything in art, literature, business, if he hinders himself. He must strip like the racer and agonize in the arena. Open door means opportunity. Closed door means opportunity passed.

THE TEACHERS' LANTERN

There were those who despised the Kingdom because it was small. Some hung hope on the antiquity and magnitude of the Roman Empire or on the Jewish ecclesiastical establishment. Where is empire or establishment now? Where is Christianity now? The figure of the mustard tree may represent the visible working of the Kingdom in its external collective organized philanthropic forms.

ANALYSIS AND KEY

Query as to what constitutes the Kingdom. Prompted by lack of visible demonstration. Roman Empire, Jewish Establishment. Not duplicated. Disciples confirmed. Ultimate manifestation assured. Proportions and endurance. Mustard tree visible working: Organization. Leaven: Invisibly: Character (Individual). Speculative question. Practical answer.

The Young People's Devotional Service

March 22, 1914. Proverbs 22:4. OUR SOCIETY A TRAINING SCHOOL (Led by the Pastor)

Some psychologists affirm that thoughts form certain combinations of brain-cells which actually record themselves in the convolutions and are capable of repetition with increasing ease. Whether this be true or not, moral discipline exercised over one self alone, or in association with others, becomes second nature.

USED FOOT BALL TACKLE

How Monroe Knocked "Jim" Jeffries Down

Eleven years ago Jim Jeffries was absolutely invincible. He knocked out Fitzsimmons and Corbett and after that there wasn't a man on earth who wanted to fight Jeffries. So it started the whole country when news flashed over the wires that an unknown miner had knocked down and "had received the decision" in a four-round bout.

Picton Market Report

Picton, March 16.—A much better attendance was noticed at the Picton market Saturday morning, the weather being more favorable. Beef sold at 12 to 15 cents, steak at 17 cents; pork, 15 to 18 cents; veal, 12 to 18 cents; butter, 30 to 35 cents; eggs, 28 to 30 cents; hard, 18 to 20 cents; chickens, 50 to 55 cents each, or 18 cents a pound; apples realized \$1.50 a bushel.

over against the ropes and fell on one knee.

He jumped up pretty mad and went after me, but I just played football and roughed it with him and he didn't have anything on me at that game. Clark Ball sent off all those telegrams telling how I knocked Jeff down and told me to stick to the story and we'd clean up a fortune.

"When Jeffries came along and I heard of that offer for \$500 to any one who could stay four rounds with him I made up my mind to get the money. So I started training a little and laid off.

"Jeff had been knocking out all comers and never thought of such a thing as keeping in condition. The night he met me he was pretty well lit up. When the fight started I guess he thought I was scared of him, for he walked over to my corner and didn't even put up his hands. I hit him on the jaw and played a little football in a cinch, but he grunted and didn't seem to mind it much.

"The 'knockdown' was in the second round. I never knocked Jeff down. It was this way: Jeff was pretty wobbly from the wine he had drunk and when he started to jab me I ducked under his arm and went into him with a good old football tackle and put my shoulder into his ribs. His legs were twisted and he tripped on his own feet and went

GOOD HEALTH! FOR YOUNG GIRLS

They Need the New Blood Dr. Williams' Pink Pills Actually Make

Perhaps you have noticed that your laughter has "seems" has developed a tital temper, is restless and excitable. That old complaint of weakness and depression, feels tired out after a little exertion, appetite variable, complaints of headache and is growing pale. In that case remember that the march of time, is leading her on to womanhood, and that at this period a great responsibility rests upon mother. These are symptoms of anaemia—that is bloodlessness, and no time should be lost in increasing and enriching the blood supply. Unhealthy girlhood always leads to unhealthy womanhood. All young girls in their teens need the help of Dr. Williams' Pink Pills, which enrich and increase the blood supply, and give sickly, drooping girls the brightness and charm of perfect health.

GROWING OF ALFAFA

CAN BE GREAT SUCCESS WITH CAREFUL ATTENTION

Dr. Zavitz Says It Can Be Greatly Increased With the Assistance of the Seed Growers' Association and the Distribution of the Hardier Varieties—Results of Experiments

The tenth annual convention of the Canadian Seed Growers' Association was held in Ottawa, March 15th and 16th. Dr. James W. Robertson, the president, in the railway committee rooms of the house of commons, gave an excellent address in which he explained the origin, purpose, working and results of the association since its establishment some fourteen years ago.

WITH THE WHITE ESKIMOS

Two Catholic Priests Said to be Among Them

Dawson, Y. T., March 18.—Joseph Jacques, who has just arrived here, reports that the Rev. Harry Foy, the Anglican missionary, had been in touch with Stefanosson's White Eskimos.

CASTORIA

For Infants and Children

The Kind You Have Always Bought

Bears the Signature of J. C. Watson



THE VOGUE OF PLAID FOR ONE-PIECE FROCKS STILL PREVALENT

Plaids and serges in dull dark colors take the lead for the semi-tailored one-piece frock which is still so popular for general wear and for outdoor sports. Corduroys and velvets are extremely popular for the more dressy occasions. The plaids are combinations of dark green and red, yellow and black, blue and gold and the more subdued of the Scotch plaids.

To copy this costume in size 36, it requires 4 1/2 yards of 36-inch material. Number 7842—sizes 32 to 42. Number 7850—size 22 to 30. Number 7874—size 34 to 42. Each pattern 15 cents.

RONUK FLOOR POLISH

The soft and lustrous beauty of a ROYAL floor is only half its superiority—the other half is its economy, and its ease to clean and polish.

Thomas Copley Telephone 987

Drop a card to 13 Pine street when wanting anything done in the carpentry line. Estimates given on all kinds of repairs and new work; also hardwood floors of all kinds. All orders will receive prompt attention. Shop 19 Queen Street.

Na-Dru-Co Laxatives

are especially good for children because they are pleasant to take, gentle in action, do not irritate the bowels nor develop a need for continual or increased doses. 25c a box, at your Druggist's.

BREAK WHISKY'S GRIP ON YOUR LOVED ONES

Drunkards will tell you with tears of sincerity that they do not want to drink. The craving coming from the inflamed membranes of the stomach drives them to it.

Alcure will soothe the trembling nerves and remove the craving that is ruining your home and stealing an otherwise kind husband or father from you. It costs only \$4.00 per box and if it does not cure or benefit after a trial the money will be refunded.

Alcure No. 1 is tasteless and can be given secretly in tea, coffee, or food. Alcure No. 2 is taken voluntarily by those willing to help themselves.

Alcure can now be obtained at our store. Ask for free booklet telling all about it and give Alcure a trial. T. H. Sargent, druggist, 186 Prince of Wales St., Kingston.

Radway's Ready Relief

Why do you coddle Corns? Why soak them and pare them? It brings only brief relief. Blue-jay will stop the pain instantly. It will end the corn completely, and in 48 hours. It is doing that to a million corns a month.



Why do you coddle Corns?

Why soak them and pare them? It brings only brief relief. Blue-jay will stop the pain instantly. It will end the corn completely, and in 48 hours. It is doing that to a million corns a month.

Blue-jay

For Corns 15 and 25 cents—at Druggists

Bauer & Black, Chicago and New York. Makers of "Pain-Expeller" Ointment.