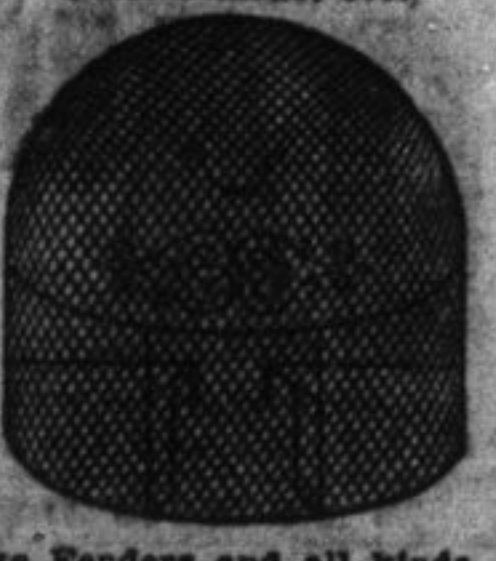


**FLOUR**  
Our Robin Hood brand of flour has a guarantee in every bag for good quality.

**ANDREW MACLEAN**  
Ontario Street,  
Stark Guards, etc.



We make Fenders and all kinds of Fire Guards. Call us up for prices. Partridge & Sons, King St. West, Phone 272.

**TO INSURE SUCCESS IN YOUR BAKING**  
Use only  
**Couper's Baking Powder**  
The Best that money can buy.

**D. COUPER**  
341-3 Princess Street  
Phone 76 Prompt Delivery  
COAST SEALED OYSTERS

**Kingston Business College (Limited)**  
Head of Queen Street.

Courses in bookkeeping, shorthand, typewriting, civil service, general improvement, and all commercial subjects.

Rates moderate. Information free.

**H. F. Metcalf - Principal**

**CLEARANCE SALE OF WINTER HATS**

3 trimmed hats for \$3.00.  
35 shapes for \$1.25.

Everything is to be cleared regardless of cost, during the next few weeks.

**MISS E. D. HAMILTON**  
370 Princess Street,  
Opposite Y.M.C.A. Phone 126

**If You Are Thinking of Building**  
this year it will pay you to get our prices for cement, blocks, bricks, etc., as you will save \$250.00 between solid brick and cement blocks.

We also have all sizes in slabs, lintels, pier blocks, caps and vases at reasonable prices.

**Kingston Cement Products Factory**  
Factory Cor. of Patrick and Charles Sts.  
Office: 177 Wellington St.

**COAL!**  
The kind you are looking for is the kind we sell

**Scranton Coal**  
is good coal and we guarantee prompt delivery

**Booth & Co.**  
Foot of West Street

**Fresh Shad Bluefish Swordfish, Tom Cods, Flounders**

**Dominion Fish Co.**  
PHONE 528

**Snaps in Real Estate**

Frame house on Beverly St. all improvements, gas, electric light, furnace, and a good lot 45 by 120 feet, for \$3,000.00. Double frame house on Montreal Street, renting for \$324.00 per year for \$3,000.00. Well built rough-cast house, No. 220 Queen Street, splendidly laid out and near Queen Street Methodist church, \$3,300.00 for a quick sale.

**HORACE F. NORMAN**  
Real Estate and General Insurance.

177 WELLINGTON ST.

# What are Peps?

Peps is the name bestowed upon a new scientific preparation put up into tabloid or pastille form, which provides an entirely new and effective treatment for coughs, colds and lung and throat troubles generally.

Did it never occur to you as peculiar that when you have a cough or a cold, or any chest trouble, you should apply medicine—not to your lungs, but to your stomach?

Look at it the other way round. Suppose you suffered from some stomach complaint—indigestion or ulceration. How strange you would think it if you were asked to take a medicine which had to be breathed in, and which went—not to your stomach, but to your lungs and breathing passages?

There is no connection between the stomach and the lungs (see diagram below), and when for a cold or a cough or any chest complaint you take some medicine, such as liquid cough mixtures, syrups, lozenges, which go not to your lungs but to your stomach, you are wasting time.

Peps—the newest remedy for coughs, colds, and lung troubles—goes to the lungs and breathing-tubes, direct. Peps are really pine fumes and certain highly beneficial medicinal extracts specially prepared by a new scientific process and then condensed into tabloid form. It is like making a breathable gas solid!

You put a "Pep" on your tongue and let it dissolve. As it does so the healing essences it contains turn into vapor, and you BREATHE them direct to your lungs and air passages!

These healing essences pass down your breathing-tubes, bathing all the inflamed surfaces of your chest and throat, which liquid or solid matter can never reach. In breathing pine fumes, and carrying health and healing wherever they penetrate.

These tissue-strengthening, pleasant fumes, so liberated from the dissolving Peps, are not only healing in their operation, they are antiseptic. They kill the germs of consumption, catarrh, and those many and varied throat and lung troubles so common to-day. Peps fumes—like the fumes from nature's Pine woods—get direct to the lungs and chest, and give instant relief to colds, tightness, bronchitis, etc. In short, Peps bring pine forest air to your home!

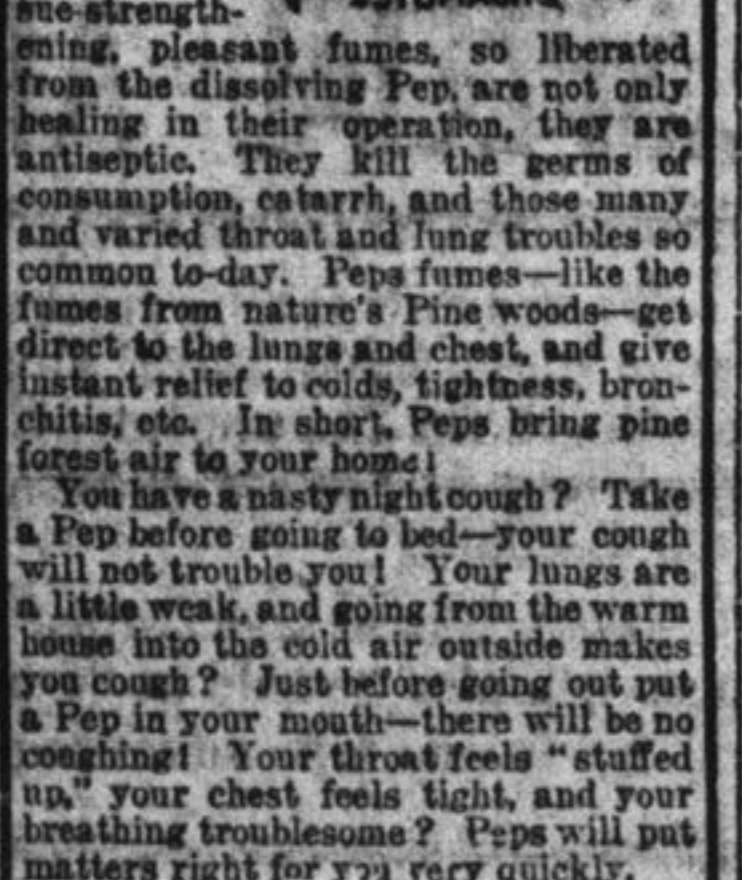
You have a nasty night cough? Take a Pep before going to bed—your cough will not trouble you! Your lungs are a little weak, and going from the warm house into the cold air outside makes you cough? Just before going out put a Pep in your mouth—there will be no coughing! Your throat feels "stuffed up"? Your chest feels tight, and your breathing troubles? Peps will put matters right for you very quickly.

Peps, while gradually turning to vapor as soon as put into the mouth, will retain their goodness indefinitely if kept dry. Each Little Peps pastille is packed in an air-tight wrapping, which is easily removed, and they are packed in neat tin-pocket boxes. They are not sticky (the minister or public speaker can carry a few lozenges in the vest pocket); they do not spoil the appetite and ruin the digestion, like cough syrups and mixtures do; and they DO cure coughs, colds and lung trouble!

Just as the out-door treatment for consumption—the "breathing" treatment—is now admitted to be the only rational treatment, so the "Peps" treatment for colds and lung troubles is the only rational home treatment.

Peps cure catarrh, coughs, bronchitis, sore throat, tightness or aching across the chest, difficulty in breathing, night cough, hoarseness, asthma, laryngitis, smoker's throat, etc. Best for children because free from opium, morphine, or any poison.

All druggists and chemists sell Peps at 5¢ a box or 3 for \$1.25. Should your dealer be out of stock, order direct (post paid) from Peps Co., Dupont St., Toronto, or 53 Princess St., Winnipeg.



**FREE TRIAL**—The proprietors wish this great discovery to be widely appreciated, and have decided to offer a free trial packet to all persons who would like to test this unique remedy. Cut out this article, write across it the name of this paper, and mail it to Peps Co., Toronto, or 53 Princess Street, Winnipeg, enclosing I cent stamp to pay for return postage. A free trial packet of Peps will be mailed you by return. If you have a friend suffering from a cough, cold, or any throat or lung trouble, hand this one to him.

**WE SELL**

**Scranton Coal Co's Coal**  
Selected from the celebrated Richmond No. 4 and Ontario No. 1 mines, the best Anthracite Coal mined in Pennsylvania.

Place your order with  
**THE JAS. SOWARDS COAL CO**  
North End Ontario Street.

**Pleasant Fields of Holy Writ.**  
**THE INTERNATIONAL SUNDAY SCHOOL LESSON.**  
A weekly column of abiding interest to both teachers and scholars.

Motto for this Week: "The Bible is complete as a book of direction, human life is complete as a field of exercise."—Lyman Abbott.

First Quarter. Lesson X. Luke 12: 35-48. March 8, 1914.

**WATCHFULNESS: A TEMPERANCE LESSON**

**THE STORY.**

Point of statement in this instance could not be better suited to thought conveyed. This challenge to alertness is itself alert. It is a marvel of condensation. There is not a superfluous phrase. Ninety words suffice. But in spite of brevity the meaning is far from scamped. In the Orient there is nothing to correspond to our police patrol. Each separate house must needs be a little fortress off which the servants are the garrison. Security depends upon their fidelity and efficiency. The return of the master of the house at dead of night is a test. If the lights have smoldered or gone out if the master must knock repeatedly, if he hears the servants running about to pick things up before opening, then he knows they have been unfaithful, and that all his possessions have been in danger. On the contrary, if the door swings open instantly at his first knock, and garments are tucked up under the girdle at the loins, so that quick action shall not be impeded and well-trimmed lights greet him—these are the sure tokens of instant fidelity, which he can not fail to note. For very joy he will make a substantial note of it, sealing his loyal servants at the very table they had prepared for him, and serving them in person.

The parable of the "Master of the House" is the briefest of the thirty-three parables Jesus spoke. A single verse of thirty-three words suffices. It represents the proprietor himself as not perpetually watchful, and consequently suffering from an incursion of robbers, the hour of whose arrival could not by any means have been divined. This Jesus declares to be a similitude of his own return, and exhorts to instant watchfulness. In the last of the three parables it is as if the Master were saying, "Look on this picture and now on that." The head steward of the whole establishment, if he is wise and faithful he will be promoted of the whole establishment. If he is wise and faithful he will be promoted from care of domestics and their relations to care of income and its investment. But if a little power puffs a steward up so that he dominates the employees and becomes a glutton and a tippler, it would be a short shift for him.

**THE TEACHERS' LANTERN**

"Girded and lighted." Nothing could be more significant of readiness. A line from Milton seems appropriate in this connection. "His habit as for speed accoutred;" "tuck'd up, and end of robe and under girdle." There is a subtle connection between concentration and brilliancy. "Gird up and you will shine." "Thief in the night" has passed into a proverb of unreadiness. Great are the gains of fidelity. How well served must those be whom Jesus serves! His long pent-up love will gush out in some expression which will delight the soul for eternity. "Gird and serve," an all-inclusive phrase, indicating that the Master is wholly at disposal of His faithful disciples. Jesus did not answer Peter's impertinent question except by uttering another parable that was pertinent. "Who, then, is the faithful and wise?" Question of questions! "Desire turns on it." History teems with instances of those who have been seduced by power. One must be well balanced and alert not to fall prey to it. The three parables illustrate the simplicity of Jesus' teaching. Nothing could be more familiar than these domestic references. The personal "Second Coming" of Jesus, like everything that relates to the "Last Things," is largely a speculative matter. What concerns most is that life is a period of culture at best brief, and terminates any moment. It is of supreme importance that the most be made of its opportunities. Uncertainty calls for diligence. "Ere long so the present does not call out all possible latent capabilities." It is a test of fidelity, proving whether one is entitled to a larger sphere. Incidentally, here is suggestion, if not proof, of immortality—a continued life, the reward of which will be an enlarged sphere in which power here evolved shall there be employed.

**ANALYSIS AND KEY**

Three parables.  
Characteristics: Brevity, Familiarity.  
Sincerity Rewarded; Contrary Punished.

**The Young People's Devotional Service**  
Psalm 72.

March 8, 1914.

**HOW TO PREVENT POVERTY**

This has been called the "Cradle Hymn of the Infant Solomon." It is that and more. It is the foregleam of a golden age to which not one race but all aspire. A period of which all present ills must be denied, all anticipated joys must be affirmed. Ethical evolution has gone far enough to rob the dream of mystery and romance. The golden age does not come by clock or almanac. It is arising now in exact proportion to the developments of individual and social rectitude.

**COUNTRYSIDE TIDINGS**

**WHAT WHO CORRESPONDENTS HAVE TO TELL.**

News From Villages and Farms Throughout the Adjoining Counties—Rural Events, and Movements of the People.

**Notes From Emerald**

Emerald, Feb. 28.—David Reid and Fred Howard are hauling logs to Odessa, Ontario. Mrs. James Kee who underwent an operation for appendicitis in Kingston General hospital, is doing nicely. Alexander McKee has returned home. Mr. and Mrs. James Brown, who have been visiting friends here, returned to their home in Leinster. Miss Ida Reid spent Sunday with her parents here.

**Ompah Tidings.**

Ompah, Feb. 28.—Mr. Walker, Kingston, assisted in the services in All Saints church here on Sunday last. Mrs. Allan Card, Plyna called on Miss M. Morrison on Monday. R. Eady is in taking out ice from the lake this week. Miss L. McDougall called on Mrs. F. Cledget last Friday afternoon. J. Fair, Watson's Corners and R. Chanton, Sharbot Lake, are guests at Trout Lake. Miss Edna Eady was the guest of Mrs. Allan Card, Plyna, on Monday evening. Stanley Massey spent over Sunday at E. Watson Sr.'s. Mr. Webster, Oso, visited his sister, Mrs. A. Brown, last week. S. Flynn Mountain Grove, was the guest of Miss L. Kennedy last week.

**Holleford Happenings.**

Holleford, March 2.—T. Trudell, who had a paralytic stroke on Friday passed peacefully away at 4 p.m. yesterday. The storm has been so severe since Sunday that the roads are entirely blocked. A. Howie is moving to Westbrook. Mr. Lyttle has sold his farm to J. Ryder and is going to Portmouth to reside. A number from here attended the Sunday school rally on Sunday in Sydenham Street church. At the school meeting on Thursday, A. Gibbons was appointed trustee to take the place of E. Polk, who had resigned. Mr. and Mrs. B. Moulden spent Sunday with friends at Cataract. Mr. Cliff has had the phone put in his home recently. Mr. Vanorder is visiting her daughter, Mrs. J. Moulden. Mr. and Mrs. McKnight, God-

frey and D. Walker, Sydenham, at J. W. Redmond's. Mrs. B. Dawson has gone to the city to live.

**Mallorstown Reports**

Mallorstown, March 2.—Master Lawrence Guild, who had his leg broken several weeks ago, is getting along as well as can be expected. Edwin Summers is about purchasing the McLaughlin house from R. E. Heaslip. William McCormack, who was on a ten days' furlough from Sackett's Harbor, N.Y., regiment, has returned to his duties. Thomas Shearer is in the village with his new outfit sawing wood. Charles Ferguson and family are preparing to move to the Morrison farm at the Tincap. S. T. Andress is under the care of Dr. Bisell. Mrs. B. E. Elliott is at Smith's Falls with her mother, who is seriously ill. Mrs. James Miller, who has been ill for several weeks, who has been ill for some in health. The storm of Sunday night and Monday blocked the roads.

**The Delicacy of Baby's Skin**

Cold Air, Rough Winds, Strong Soaps Often Bring on Chronic Eczema.

More beautiful than the rose is baby's skin when in health, and so delicate that it is susceptible to anything which irritates. For this reason baby's skin troubles are many and frequently chronic itching eczema is developed.

Nothing can be better for baby's skin than irritated than Dr. Chase's Ointment, and when eczema is developed you can apply this preparation with the knowledge that its wonderful record as a healer of the skin is due to the success it has proven in the cure of eczema.

The intense itching of eczema of the face and scalp is very hard for the little one to bear, and is a source of worry and anxiety to the mother. The itching parts are scratched, and nasty and colored soars are formed. Eczema naturally becomes chronic and spreads over the body. You can positively control eczema and cure it by the use of Dr. Chase's Ointment. What is better still is to use this ointment for all chafing and irritation of the skin and prevent eczema from getting started.

Travelling third class in England is increasing in popularity. Some of the modern ways are too speedy to be entirely safe. The eczema usually carries about a full supply of impudence. In the commonwealth of Australia there are 90,000 receiving old-age and invalid pensions.


**At Slate Falls.**

Slate Falls, Feb. 28.—Theo. Thompson made a business trip to Trenton this week. Walter Thompson who has been ill for the last few days is able to be around again. Manley Wager and W. Thompson went to Barce this week. W. Pennock, of Snake Creek, made a business trip to "The Falls," and bought two yearling colts. Service on Monday night, conducted by Rev. W. Hall, was well attended. Some industrious skaters cleared a rink on Rock lake on Saturday last, and enjoyed several pleasant hours skating. Misses Marguerite Thompson and Ethel Slater spent Saturday in town. Visitors: Mrs. William A. Thompson calling on neighbors; Mrs. James Pringle and Ethel Slater at W. Thompson's; M. L. Thompson at Jennie Thompson's; Mrs. M. Wagar at L. Wagar's; Morley Wagar at Frankie Wager's; Tony Clien at Peter Pringle's; also Mr. and Mrs. George Mountney.

**Tichborne Church Event.**

Tichborne, Feb. 28.—Last Friday, the annual tea-meeting was held at Erskine Presbyterian church, the weather was all to be desired. About three hundred were present, the largest attendance ever witnessed here. All were delighted with the programme which was declared to be the best ever produced in the district. The selections were varied and many, comprising solos, duets, recitations, dialogues and instrumental music, the patriotic song and Drill, "Canada," being worthy of special commendation. An address explaining the purpose of the meeting was delivered by the student-minister, G. Murray. A good sum was raised towards the new organ. The organist and choir leader, Mrs. D. J. Brown, received a presentation from the congregation as an expression of appreciation of her valuable services. The ladies of the church are deserving of the warmest congratulations of the community for their indefatigable labours on its behalf for which they have toiled unremittently and with no small degree of self-sacrifice.

**ORIGINAL GENUINE**



**The Food-Drink for All Ages—Highly Nutritious and Convenient**

Rich milk, with malted grain extract, in powder form—dissolves in water—more healthful than tea or coffee. Used in training athletes. The best diet for Infants, Growing Children, Invalids, and the Aged. It agrees with the weakest digestion.

Ask for "HORLICK'S"—All Chemists, Hotels, Cafes and Stores. Don't travel without it. Also keep it at home. A lunch in a minute. In Lunch Tablet form, also, ready to eat. Convenient—nutritious.

# Rubbers

GET THEM NOW AND BE PREPARED WHEN YOU NEED THEM.

WE CARRY A LARGE ASSORTMENT OF MEN'S, WOMEN'S AND CHILDREN'S RUBBERS IN ALL NEEDED STYLES AND CAN FIT YOUR SHOE PERFECTLY.

**J. H. SUTHERLAND & BRO.**  
THE HOME OF GOOD SHOES

# Pure Beer

## an aid to sleep

Hops are tonical and soporific. A bottle of pure beer at bedtime will benefit you greatly. But be sure it's pure.

# Get Schlitz in Brown Bottles

Schlitz is brewed in the dark, cooled in filtered air, every bottle sterilized, aged for months to prevent biliousness. The windows of our bottling plant are of brown glass. Schlitz is made pure and the Brown Bottle keeps it pure until it is poured into your glass.

See that crown or cork is branded "Schlitz."

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Rigney & Hickey,  
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# Schlitz

## The Beer That Made Milwaukee Famous