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If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co.

THE ROCKS OF VALPRE

By Ethel M. Dell. William Briggs, Toronto, publisher. 511 Pages. Price \$1.25.

"The Rocks of Valpre" is a stirring, emotional story of a willful but light-hearted English girl, and the love that came to her from her strong-minded English husband.

SUNSHINE JANE

By Anne Warner. McClelland, Goodchild & Stewart, Toronto, publishers. 279 pages. Price, \$1.00.

"Sunshine Jane" is a delightful book by the author of "The Rejuvenation of Aunt Mary."

Jane was a "Sunshine Nurse," one of an order whose business it was to do what the doctors can't always do—make folk well.

THE DEFENCE OF CANADA

By Christopher West. A pamphlet. J. M. Dent & Sons, London and Toronto, publishers. Price, 10c.

This pamphlet, which is No. 1 of the International Good Will series, is a review of Canadian defence in the light of Canadian history.

Upon this foundation, asks the author, which kind of superstructure are the Canadian statesmen of the present generation raising?

requirements at \$18,752,381. What will happen when our administrators have devised a "permanent naval policy"?

In the light of this responsibility for our own acts it is not bad enough that we have wandered so far from the high road of safety and moral progress marked out for us with such wisdom and foresight by the founders of this confederation?

A PEOPLE'S MAN

By E. Phillips Oppenheim. McClelland & Goodchild, Toronto, publishers. 365 pages. Price, \$1.30.

A few months ago Mr. Oppenheim produced a humorous fantasy entitled "The Double Life of Alfred Burton."

In this new volume the author has drawn one character with marvellous strength—that of Maraton, a socialist leader.

THE LIGHT OF WESTERN STARS

By Zane Grey. The Musson Book Co., Ltd., Toronto, publishers. 380 pages. Price, \$1.50.

Like many a recent novel, the scene of this story is laid in the southwest, where the cowboy flourishes and the ranching country rolls away to the foothills.

The heroine, Majesty Hammond, a wealthy New York girl, goes west to visit her cowboy brother, and from the minute she arrives life meant a different thing to her.

depths, and reformation is well portrayed. The book abounds in thrilling incidents, fights with sheriffs' possees and with quelling ambuscades and rescues—in fact, all the excitement that could be well imagined to happen in such a country.

LANGUAGE AND NATIONAL UNITY

(The British Review, Vol. V, No. 1, p. 55-63).

In this article Mr. Grey, who is a relative by birth of Earl Grey, and by marriage of William Wilfred Campbell, attempts to prove that the reason why the French in Canada are jealous of the English is because of the English attempts to Anglicize.

Literary Notes

Miss Leona Dalrymple, the author of "In the Heart of the Christmas Pines" and "Uncle Nag's Christmas Inspiration" and "Traumvol," has been awarded the \$10,000 prize in the Kelly & British novel contest.

Some practical suggestions for reaching the public and bringing in trade are offered to managers of financial institutions in T. D. MacGregor's "Bank Advertising Plans" (Bankers Publishing Company).



ABOLISH THE BAR ROWELL. New picture of the leader of the liberal opposition in the Ontario house.

HOMESEEKERS' EXCURSIONS

And Settlers' Trains to the West Per C.P.R.

Those taking advantage of above excursions should bear in mind the many exclusive features offered by the Canadian Pacific railway in connection with a trip to the west.

Home-seekers' fares will be in effect each Tuesday, March 3rd to October 27th inclusive, and round-trip second-class tickets will be sold from Ontario points at very low fares.

Each Tuesday during March and April the Canadian Pacific will run settlers' trains to Winnipeg and west and for the accommodation of settlers travelling with live stock and effects, a colonist car will be attached to the settlers' effects train.

For those not travelling with live stock and effects, special colonist cars will be attached to regular trains from Toronto, running through to Winnipeg without change.

If a girl bows to a young man three consecutive days he is certain she is in love with him.

Advertisement for Oxo Cubes. Includes images of a woman and a child, and text: "Full of Food-value The New Food-Invention that has revolutionized the old ideas of convenience and economy." "A Cube to a cup".

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