

**MAN'S MISERY PROMPTLY VANISHED.**  
(From "Man's Misery.")  
A certain sort of misery which causes a man to become miserly in manner, timid, suspicious and jealous without real cause, can be readily banished by a systematic nerve treatment which can be followed out in the privacy of a home and restoration of a normal or natural condition speedily ensues. A man feels and knows when he is not getting out of life all that it holds, and this knowledge makes the misery which occurs with such symptoms as unsteady gait, weak voice, dimmed eyes, cold extremities, loss of flesh, loss of self control, loss of self esteem, pain in the back and back part of head, shooting pains, heart palpitation, nervousness, sleeplessness, hollow eyes, sunken cheeks, colorless lips, dizziness and trembling.

The requirement to overcome these dreadful symptoms is a restoration of the nervous system which has been poorly treated or abused by thoughtless eating, drinking or social duties, perhaps by overwork, nervousness, or by overwork. Keep strong, sensitive nerves which carry every sensation or emotion to the brain centers of consciousness and should be the possession of every living individual. Let this prescription be used and the results will surely reward the effort. Obtain any good druggist three ounces of santonin compound in a six ounce bottle. Add one ounce of compound fluid balsam, shake and let stand for two hours, then add one ounce of tincture of cayenne (two parts of cayenne to one of alcohol) and one ounce of compound essence cardui. Mix, shake well and take a teaspoonful after each meal and one after retiring. The three best named ingredients are specially prepared and powerful concentrations, much used in various prescriptions, but contain no opiates to harm the system.

**New York Fruit Store**  
Sweet Oranges, 15c, 20c and 30c a dozen.  
Malaga Grapes, 20c a lb.  
Bananas, 15c and 20c a dozen.  
Figs, 15c a lb.  
Dates, 10c a lb.  
814 Princess St. Phone 1405

**MID-WINTER FURNITURE SALE**  
Everything reduced 10 to 20%  
Grand opportunity to save money.  
Iron Beds, \$2.50, \$3.50, \$4.50 and up.  
Brass Beds, \$11.50, \$15.00, \$18 and up.  
Springs and Mattresses, Dressers and Washstands, Chiffoniers in oak, mahogany, walnut, white enamel, at sale prices.



**R. J. REID**  
Leading Undertaker Phone 87

**MAKES OLD PEOPLE STRONG AND WELL**

We want to get the news to all old people about Beval's Olive Oil Emulsion, a remarkable new food-medicine which we firmly believe is the best remedy ever made to overcome the weakening, debilitating effects of increasing old age. It helps to rebuild wasted tissues, strengthen the nerves, and give new energy and a lively feeling to the body. It contains no alcohol or dangerous drug. It may not make you feel better for a few days, but if you do not feel much better and stronger before you have taken a quarter as much as you have of other medicines that have not helped you, we will gladly give back your money.

Beval's Olive Oil Emulsion contains pure Olive Oil and the Hypophosphites which, though they have long been endorsed by successful physicians, are here for the first time combined. The result is a real, body, nerve and blood-building food-medicine that we believe is superior to anything else in overcoming debility, weakness and inability to disease, and to tone and strengthen the nerves and enrich the blood. You who are weak and run down—you who are often troubled by various cold-weather ailments—use Beval's Olive Oil Emulsion to get and keep well and strong. It is a sensible, pleasant-tasting aid to renewed strength, better spirits, glowing health. If it doesn't help you, come and tell us and we will give back your money without a word. That is how much faith we have in it. Sold only at the 7,000 Beval's Store and in this town only by us. \$1. Mahood's Drug Store, Kingston, Ont.

**THE SPORT REVIEW**

**MEGILL HOCKEY PLAYER HAD NOSE BROKEN**

Intercollegiate Swimming Contest on 28th — Ottawa Hockey Amateurs Grow Less — Leading N.H.A. Goal Getter.

The Toronto Globe comments thusly: "Owing to a smog in Montreal the McGill University-Royal Military College Intercollegiate intermediate game will probably be played at Brockville. Can it be that Kingston is trying to wish smallpox on Brockville? A worse pest at a hockey game is the truck driver who insists on imitating the rah-rah boys with badly tangled versions of the college yell."

**Intercollegiate Swimming**

Montreal Gazette.

It has finally been decided to hold the Intercollegiate swimming championships in the Y.M.C.A. tank in Montreal on Saturday evening, February 28th. Representatives from Toronto, Queen's and McGill will contest in an endeavor to gain the college swimming honors.



**McGill Hockey Player Injured**

"Sunny" Hooper, the speedy little forward of the McGill hockey team, will probably be out of tonight's game against Warsity as a result of colliding with a Victoria player at practice. Hooper had two bones broken in his nose, and while it was not considered serious at the time, he had to go to the hospital afterwards and an operation was performed by Dr. Birkett yesterday. Coming right on the eve of their game with the Queen's City team, this is a severe blow to the red and white team.

**No Amateur Hockey For Ottawa**

Amateur hockey in Ottawa has been chased to the wall. The New Edinburghs, who were the class of the Bytown amateurs, started out this season with Eddie Gerard, DuFord, "Coo" Dion and Greg. George on the forward line. Gerard and DuFord jumped to the Ottawa professionals, Dion retired, and George has now joined the Toronto pros.

**Leads N.H.A. Goal Getters**

"Tommy" Smith, the Quebec sharpshooter, is still leading the goal-getters in the N.H.A. According to the figures, Smith has notched 31 times, with 2 assists. McDonald, of Ontario and Barragh, of Ottawa, have 19; Davidson, of Toronto, 18; Gordie Roberts, Neway Lalonde, and Donald Smith, 17 each.

**N.H.A. Record**

Teams	Won	Lost	For	Agst.
Torontos	9	5	69	48
Ottawa	9	5	52	37
Canadiens	9	5	64	47
Quebec	7	7	65	53
Ontarios	4	10	48	81
Wanderers	4	10	56	53

**Hockey Notes**

Torontos have won three straight from Quebec this season, something no other team has accomplished. Cleveland, who call themselves amateur champions of the United States, will be in Toronto Monday night to play St. Michael's.

**Why He Loved**

A woman prison missionary was insistent that there was some good in every one — even the worst of the prisoners. To prove it she sought out the prison demon and found him fondly stroking the cat. "A man who'll pet a cat certainly has love in his heart," she said to herself, adding aloud. "Do you love that cat?" "You bet I do," replied the prisoner. "He bit the warden this morn'ing."

**For Chapped, Blotchy, Red or Wrinkled Skin**

(From Family Physician.)  
Do you realize that just beneath that coarse, rough or discolored complexion there's an exquisitely beautiful skin of youthful tint and delicacy? If you could only bring this complexion to the surface, diagnosing the old one! You can—in the simplest, most natural manner imaginable. Just get an ounce of ordinary mercerized wax at any drug store, apply nightly like cold cream, removing mornings with warm water. The wax assists Nature by gradually taking out the lingering particles of dead and half-dead surface skin, causing no discomfort whatever. Ordinarily it takes from a week to ten days to complete the transformation. Cutaneous defects like chaps, pimples, blotches, liver spots, moth patches, freckles, etc., disappear with the old skin. Nothing else that I know of will accomplish such wonderful results in so short a time.

Fine lines and even the deeper wrinkles often appear at this season. In such cases nothing is better than a face bath made by dissolving oz. powdered sassailla in 1 pt. which has-2. This is remarkably effective.

**THE VILLAGE OF SYDENHAM**

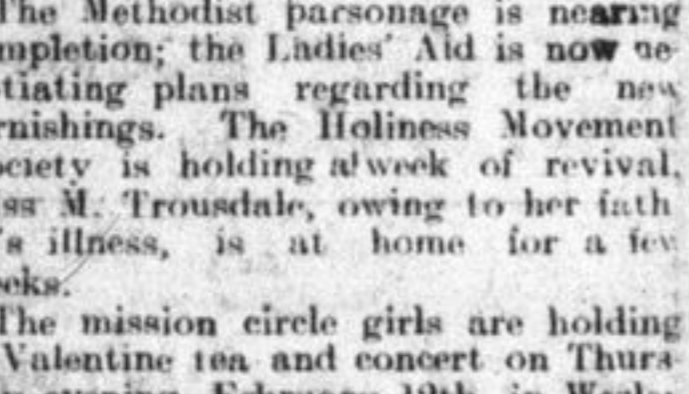
**High School Students Preparing For An "At Home."**

Sydenham, Feb. 11.—Owing to the prevailing cold weather the skating rink is a source of much enjoyment to the young people. The proprietor, Mr. Foxton, intends holding a carnival Wednesday evening, February 11th. Prizes will be given for best costume, etc. The carnival held recently at Spafford was well attended by the Sydenhamites.

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**RESUIT'S VIVID TALE**

**CANADA'S BIG QUAKE IN 1663 IS RECALLED**

Trees Rocked so That Indians Said Whole Forest Was Drunk — Hill Sank in Water.  
February seems to be a favorite month for Canadian earthquakes, for it was on the 5th of that month, in 1663, that the worst seismic shake ever recorded in Canada took place. Loloimont, a Jesuit, thus records it:  
"It began with a great rattling sound heard through the whole extent of Canada. Bells sounded themselves; beams and joists cracked; the logs of the palisades at Quebec danced about, and many inhabitants were nauseated by the rocking of the earth."  
"Trees struck against one another, and leaped on each other with such a noise and confusion that the Indians said the whole forest was drunk. A number of men in a boat near Tadoussac stared aghast at a large hill which sank into the water before their eyes. And Mother Marie, the incarnation of a man who ran all night to escape a crack in the earth which opened behind him as he fled. Spectres ran rampant in the forest."

**Chickenpox at Ompah**

Ompah, Feb. 11.—Rev. R. W. Irvine, Flinton, took charge of the service in All Saints' church on Sunday last. Some of the farmers are sailing for the Loyalist Station, this morning, in fine condition. T. Charlton and A. W. Buell, Sharlot Lake, are guests at Trout Lake hotel. The attendance at school is small this week as most of the children are confined to their homes with chickenpox. H. Banks is helping his father-in-law, J. Emery, for a few days. An enjoyable time was spent at the party at R. Eady's on Tuesday evening. Mr. Pringle Arden, accompanied by Mr. Michaud, called at Trout Lake hotel on Tuesday when in route for Plevna. Mrs. T. Dunon was recovered from her recent illness. R. Eady was successful in capturing a number of trout through the ice in Trout Lake last week. Visitors: Mrs. C. Davis at H. Banks'; Mrs. Elsie and Miss Winnie Banks at St. Watson's; T. Thomas at H. Banks'; Rev. Mr. Irvine, Flinton, at Trout Lake hotel; Miss Pearl and Miss Edna Eady and Miss Morrison at H. Banks'.

**Suddenly Called Away**

Rev. Harvey M. Hall Dies While Alone in House  
Hamilton, Feb. 13.—While his relatives were at prayer meeting, Wednesday evening, the death took place at his home, 7 Homewood avenue, of Rev. Harvey M. Hall, a superintendent of Methodist ministers. Physicians hurriedly called attributed his decease to heart failure.  
Mr. Hall came to Hamilton from Fenwick, Ont., his last church, about two years ago, and in his retirement he enjoyed good health until about two days ago, when he suffered from a series of heart attacks.  
The late Mr. Hall was about sixty years old. About a year ago Mrs. Hall died, and since then a niece of Mr. Hall's kept house for him. Mrs. (Dr.) Alway, of Bartonville, Ont., is a sister.

**A Wonderful Discovery**

An eminent scientist, the other day, gave his opinion that the most wonderful discovery of recent years was the discovery of Zam-Buk. Just think! As soon as a single thin layer of Zam-Buk is applied to a wound or a sore, such injury is insured against blood poison! Not one species of microbe has been found that Zam-Buk does not kill!  
Then again, as soon as Zam-Buk is applied to a sore or a cut, or to skin disease, it stops the smarting. That is why children are such friends of Zam-Buk. They care nothing for the science of the thing. All they know is that Zam-Buk stops their pain. Mothers should never forget this.  
Again, as soon as Zam-Buk is applied to a wound or to a diseased part, the cells beneath the skin's surface are so stimulated that new healthy tissue is quickly formed. This forming of fresh healthy tissue from below is Zam-Buk's secret of healing. The tissue thus formed is worked up to the surface and literally pastes off the diseased tissue below it. This is why Zam-Buk cures are permanent.  
Only the other day Mr. Marsh, of 101 Belorimier avenue, Montreal, called upon the Zam-Buk company and told them that for over twenty-five years he had been a martyr to eczema. His hands were at one time so covered with sores that he had to sleep in gloves. Four years ago Zam-Buk was introduced to him, and in a few months it cured him. To-day—over three years after his cure of a disease he had for twenty-five years—he is still cured, and has had no trace of any return of the eczema!  
All druggists sell Zam-Buk at 50c. box, or we will send free trial box if you send this advertisement and a 1c. stamp (to pay return postage). Address Zam-Buk Co., Toronto.

**Another Car of Large Sweet Oranges**

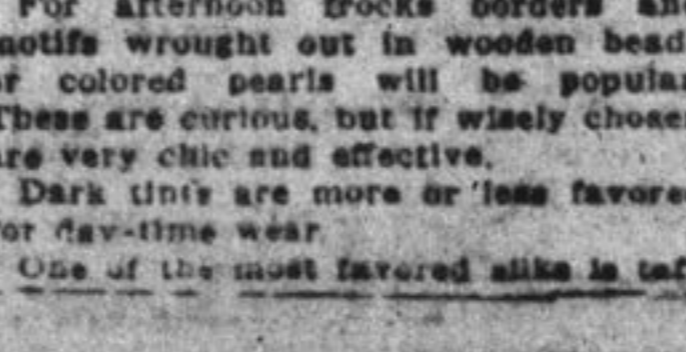
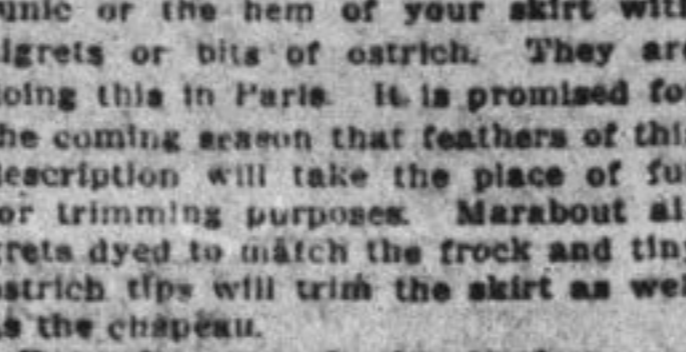
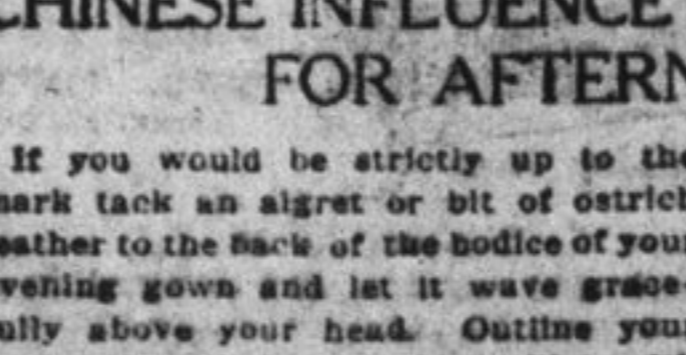
Only 30c. a peck, at Gilbert's, busy stores.  
The report of the transcontinental commissioners says that forty million dollars was paid in the building of the New Brunswick section. Prize package, three sheets music, worth 40c., for 10c. Dutton's. At Moose Jaw, Sask., the Grain Growers' Association, after a vigorous debate, tabled a resolution for forming a farmers' party.  
Watch Gilbert's advts. and B. on time and cost croaking about high cost of living.

**Many a man has been pushed to the front through pain.**

It would be strictly up to the market to ask a sign or bit of ostrich feather to the back of the bodice of your evening gown and let it wave gracefully above your head. Outline your tunic or the hem of your skirt with signets or bits of ostrich. They are doing this in Paris. It is promised for the coming season that feathers of this description will take the place of fur for trimming purposes. About six signets dyed to match the frock and tiny ostrich tips will trim the skirt as well as the chapeau.

**Chinese Influence Noted in Trimmings For Afternoon Gowns**

No. 8123 is developed in a mossy green taffeta trimmed with a conventional border design worked out in silver thread and colored woodcut beads. This design is well suited to a border trimming or a bordered material.  
To copy this frock in size 28 it requires 4 1/2 yards of 28 inch material. The costume shown in 8113-7857 is a Russian design made up in taffeta, striped and plain.  
This design may be made up also in 28 with 2 yards of 28 inch material for the blouse (8113) and 4 1/2 yards of 28 inch material for the skirt (7857).  
No. 8123—size 24 to 46.  
No. 8113—size 24 to 44.  
No. 7857—size 22 to 36.  
Each pattern 15 cents.



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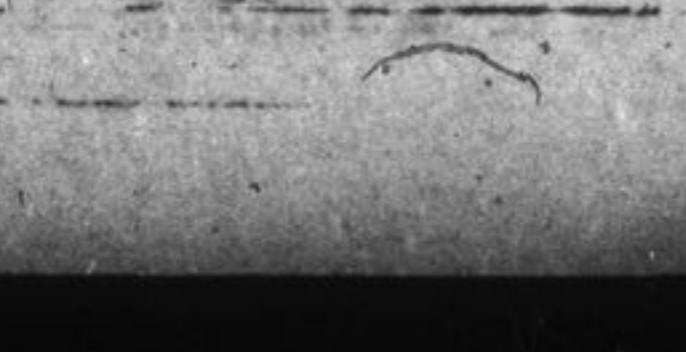
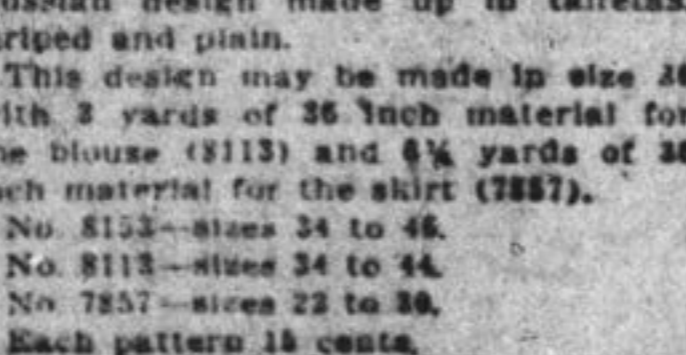
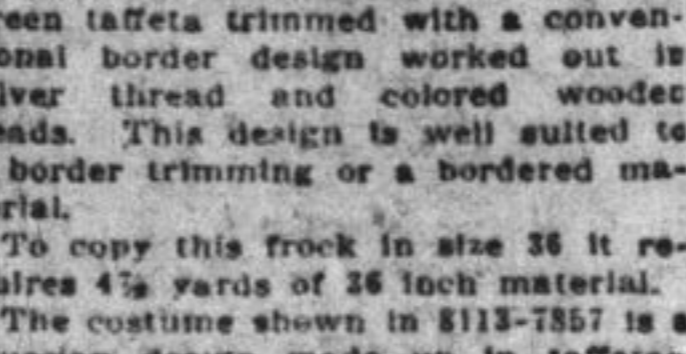
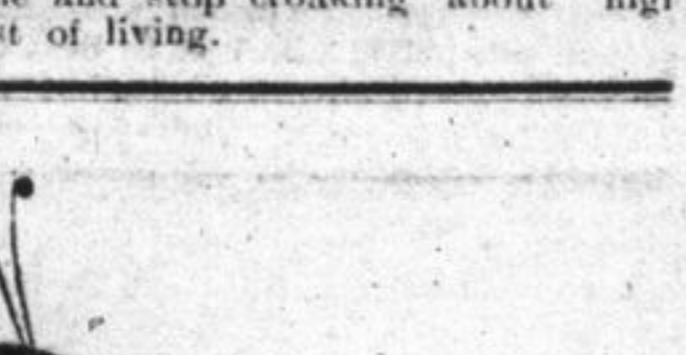
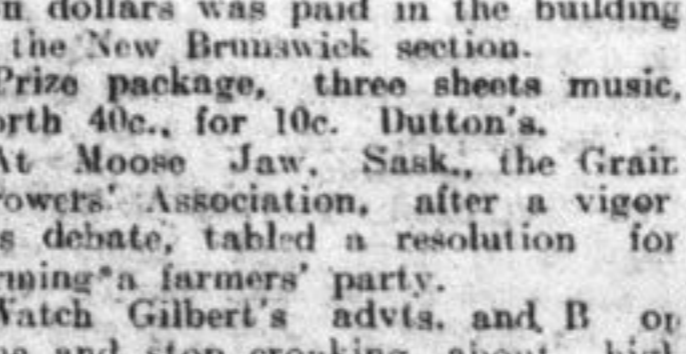
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**You Pay Less Here**

THE SUIT HOUSE **MENDELS** THE COAT HOUSE

**New Arrivals In Spring Dresses and Skirts**

A large shipment of correct styles just to hand, and ready for Saturday's selling. Come in and get our prices. You will be surprised at the values we can show you.

**Special 49c Waist Sale**

For Saturday we will place on sale 10 doz. White Lingerie Waists, high and low necks, some with fancy striped collars. Regular 75c, all sizes.

**To Clear 49c Each**

WATCH FOR OUR ANNOUNCEMENT OF SPRING COATS AND SUITS. SOMETHING VERY SPECIAL—SOMETHING DIFFERENT.

132-134 **MENDELS** Princess St  
Kingston's only exclusive ready-to-wear store for ladies.  
T. J. O'Connor Phone 532 Manager.

**...SPECIAL ATTENTION...**

We are now taking stock and have a large quantity of Men's Suits, Boys' Suits, Men's Pants, which we will sell for 25 per cent. off for cash. Also a large assortment of Ladies' Skirts, which we will sell at same discount.

Men's, Boys' and Ladies' Boots and Rubbers. These will also be sold at 25 per cent. discount.

Call in and take advantage of this January Sale.

**JOS. B. ABRAMSON'S**  
257 Princess St. Phone 1437

**AMBULANCE ASSOCIATION**

Grand Trunk Team Wins Another Trophy

The second competition between teams from the shops of the various companies interested for the Canadian Ambulance Association trophy, presented by the Dominion Bridge Company, was held at the Railway M.C.A., Sebastopol street, Point St. Charles, on Saturday afternoon last. Four teams competed—the Dominion Bridge company, the Canadian Pacific and the Grand Trunk. This trophy was held last year by the C.P.R. team. The Grand Trunk team carried off the honors. The members of the winning team being as follows: A. Poitras, rolling mill staff; E. Tustles, wheel shop staff; H. Stack, freight car shop staff; F. Russell, iron foundry staff; H. Seed, boiler shop staff.

The judges were Drs. W. J. Patterson, Robert Wilson and H. B. Carleton. The result is specially commendatory to the winning team as his is the second important competition in which they have captured the honor, having won the Wallace Jeschit Challenge Trophy on January 16th.

The work that is being carried on by the St. John Ambulance Association is a very praiseworthy cause. The Grand Trunk centre was first organized at their Point St. Charles shops in 1911 with about twenty members, today the membership numbers 45, and the work or organization is being extended to all terminal points on the system. Classes are now being formed at Ottawa, Toronto, Stratford and London, and is the ultimate intention to extend work to the Trapani and even to general offices.

White Rose flour to get best results. There may be a compromise in the Bisley embargo.

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