MAN'S MISERY PROMPT-TAX BEAUTION AND

(From "Man's Maiadies.")

A certain sort of misery
sich causes a man to become
ject in manner, timid, suspicis and jealous without real
rrant, can be readily banishby a systematic nerve. man feels and knows when is not getting out of life all t it holds, and this knowse makes the misery which nsteady gait, weak voice, owneast eyes, cold extremites, loss of flesh, loss of self esteem, mins in the back and back part of head, shooting pains, heart aspess, hollow eyes, sunken neeks, colorless lips, dizziness

The requirement to overcome these dreadful symptoms it a resoration of power and strength to the nervous system which has been poorly nourished or abused by thoughtless eating, drinking or social duties, perhaps superinduced by overwork. Keen, strong, sensitive nerves which carry every sensation or emotion to the brain centers of consciousness can and should be the possession of every living individual. Let this prescription, be used Let this prescription be used and the results will surely re-ward the efforts. Obtain of any good druggist three, ounces of syrup sarsaparilla compound, in a six ounce bottle. Add one ounce of compound fluid balmwort, shake and let stand for two hours, then add one ounce of compound essence cardiol.

Mix. Shake well and take a teaspoonful after each meal and
one when retiring. The three last named ingredients are spec-ially prepared and powerful concentrations, much used in various prescriptions, but con-

New York Fruit Store

Sweet Oranges, 15c, 20c and

Malaga Grapes, 20c a lb. Bananas, 15c and 20c

Figs, 15c a lb. Dates, 10c a lb.

814 Princess St. Phone 1405



Grand opportunity to save money. Iron Beds, \$2.50, \$3.50, \$4.50 and Brass Beds, \$11.50, \$15.00, \$18 ed up. Springs and Mattresses, and Washstands, Chiffoners in oak, mahogany, walnut, white mel, at sale prices.

MAKES OLD PEOPLE SLAUNG AND WELL

e about Rexall Olive Oil Emula remarkable new food-medicine which we firmly believe is the best remedy ever made to overcome weakening, debilitating effects of creasing old age. It helps to build wasted tissues, strengthen nerves, and give new energy and ively feeling to the body. It contains no alcohol or dangerous drug. It may not make you feel better for a few days, but if you do not feel much better and stronger before you have taken a quarter as much as you have of other medicines that have not helped you, we will gladly give

mek your money lexall Olive Oil Emulsion contains Olive Oil and the Hypophosphies which, though they have long endorsed by successful physicians, e here for the first time combined. e result is a real body, nerve and lood-building food-medicine that we elieve is superior to anything else overcoming debility, weakness and ability to disease, and to tone and engthen the nerves and enrich the lood. You who are weak and runown you who are often troubled by exall Olive Oil Emulsion to get and keep well and strong. It is a senble, pleasant-tasting aid to renewed ed tell us and we will give oney without a word. how much faith we have in it. only at the 7,000 Revall Stores Wahood's Drug Store, Kingston,

MCGILL HOCKEY PLAYER HAD

The Toronto Globe comments thus- by the Sydenhamites, ly: "Owing to smallpox in Montreal | The ball given by the young bache the McGill University-Royal Military lors of Sydenham, on January 31st, College Intercollegiate intermediate was a decided success. The hall was game will probably be played at Brockville. Can it be that Kingston game is the truck driver who insists on imitating the rah-rah boy's with chestra, of Kingston. The attend- selves; beams and joists cracked; badly tangled versions of the college

Intercollegiate Swimming

It has finally been decided to hold the Intercollegiate swimming cham pionships in the Y.M.C.A. tank



BASIL GEORGE Who will captain the "Queen's Old-Timers," who will play hockey here on Saturday evening.

Montreal, on Saturday evening, February 28th. Representatives from Toronto, Queen's and McGill will combat in an endeavor to gain the college swimming bonors

McGill Hockey Player Injured "Sunny" Hooper, the speedy little forward of the McGill bockey team, will probably be out of to-night's rame against Warsity as a result of

Hooper had two bones roken in his nose, and while it was not considered serious at the time, he had to go to the hospital afterwards and an operation was performed .by Dr. Birkett yesterday. Coming right on the eve of their game with the Queen City team, this is a severe blow to the red and white team.

No Amateur Hockey For Ottawa Amateur hockey in Ottawa has been chased to the wall. The New Edinburghs, who were the class of the By town amateurs, started out this season with "Eddie" Gerard, Daford, "Coo" Dion and Greg. George on the forward line. Gerard and Duford jumped to the Ottawa professionals, Dion retired, and George has now joined the Toronto pros.

Leads N.H.A Goal Getters "Commy" Smith, the Quebec sharpshooter, is still leading the goal-get ters in the N.H.A. According to the



The Canadian crack trap-shooter, who is again in the limelight at Monte Carlo at the big international shoot. Van Vlack won a gold medal and \$300. figures, Smith has notched 31 times with 5 assists. McDonald, of Ontacos, and Darragh, of Ottawa, have 19; Davidson, of Toronto, 18; Gordie Roberts, Newsy Lalonde, and Donald

N.H	A. Re	cord	4 19	
			-Goals	
Teams.	Won.	Lost.	For.	Ags
Torontos	9	5	69	48
Ottawa		5	52	37
Canadiens	9	5	64	47
Quebec		7	65	. 53
Ontarios		10	48	× 81
Wanderers			56	88
Games Sature	lay : (Intari	os a	t T
rontos, Ottawa	at Car	adien	s. W:	ande
ers at Quebec,				

Hockey Notes

Torontos have won three straight rom Quebec this season, something no other team has accomplished. Cleveland, who call themselves amateur champions of the United States, will be in Toronto Monday night to play St. Michael's.

If it doesn't help you, come know how the other half lives. And such wonderful results in so short it does not care. When the warship hits a rock the | Fine lines and even the deeper naval appropriation goes into the wrinkles often appear at this season. sinking fund.

THE VILLAGE OF SYDENHAM An "At Home."

prevailing cold weather the skating ink is a source of much enjoyment to the young people. The proprietor, Mr. Foxton, intends holding a carni-28th - Ottawa Hockey Amateurs val Wednesday evening, February 11th Grow Less -Leading N.H.A. Goal Prizes will be given for best cos tumes, etc. The carnival held recent-

> blue bunting, and the lunch served cords it: Music was furnished by Downey's or- tent of Canada. Bells sounded themance was large, about two hundred the logs of the paliasade at Quebec guests being present.

school intend holding an "At Home" hard at work making plans.

Kim had the misfortune to fall on the forest." the home of Mrs. C. Davy, on Mont provide confirmation.

The Methodist parsonage is nearing completion; the Ladies' Aid is now aegotiating plans regarding the new furnishings. The Holiness Movement Society is holding alweek of revival. Miss M. Trousdale, owing to her fath er's illness, is at home for a fe

The mission circle girls are holding Valentine tea and concert on Thursday evening, February 12th, in Wesley hall. An interesting programme is be ing prepared.

About fifty of the young people haperoned by two of the village h dies, spent an enjoyable evening the home of Archibald Trousdale, Forest, on Wednesday, February 4th A number of the Sydenhamites spent an enjoyable evening in games at the home of Miss Mamie Cochrane, or Friday evening:

Mrs. J. P. Lacey was taken sudden by ill with appendicitis on Friday and was taken to hospital on Saturday afternoon. Since the operation she doing nicely. Mrs. S. Donnell, wh has been in the general hospital for lew weeks, is reported to be slowly gaining in strength. Her Sydenhan friends are pleased to hear of her re covery. Miss Kathleen Joyce is ill grippe. Many of the residents of the village felt a slight carthquake shock on Tuesday, about 3.30 o.clock. The farmers are taking advantage of the good condition of the lakes, to hau their wood to the village.

LIVE STOCK MARKET

The Prices Paid in the Union Yards

Union Stock Yards, Toronto, Feb. 14.-Receipts were very light again, 33 cars, 26 cattle, 762 hogs, 136 sheep and lambs, 43 calves.

Cattle-Trade in cattle was about steady at Wednesday prices, no really choice cattle being offered. Best butchers' steers, \$8.35; good butchers' steers, \$7.50 to \$8; medium butchers steers, \$7 to \$7.25; common butchers steers, \$6.75 to \$7; choice butchers heifers, \$7.50 to \$8; common butchers heifers, 87 to 87.25; choice cows, \$6.50 ta \$7.25; good cows, \$6 to \$6.25 canners, \$3.75 to \$4.25,

Feeders and stockers-Few on sale and no change in prices. Choice steers, \$7 to \$7.25; medium steers. \$6.50 to \$6.75; stockers, \$5.50 to

Milkers and springers-Not many on sale and prices firm at \$60 to \$85 each; bulk sold at \$70 to \$50 each. Calves-Only 43 calves were offered not enough to supply the demand consequently prices were very firm. Sheep, 86.50 to 87 and even 87.2 was paid; culls and rams, 84 to 85.50 lambs, choice ewes and wethers, \$9 t

Hogs-The market was again higher, on account of light receipts. Se lected, fed and watered, \$9.65 and 89.30 f.o.b. cars, and 89.85 weighed

Why He Loved A woman prison missionary was insistent that there was some good in every one - even the worst of the prisoners. To prove it she sought out the prison demon and found him fondly stroking the cat. "A man who'll pet a cat certainly has love in his heart," she said to herself, adding aloud. Do you love that cat? "You bet I do," replied the prison

"He bit the warden this morn

For Chapped, Blotchy, Red or Wrinkled Skir

(From Family Physician.)

Do you realize that just beneath that coarse, rough or discolored complexion there's an exquisitely beautiful skin of youthful tint and delicacy If you could only bring this con plexion to the surface, discarding the one! You can-in the ensiest, simplest, most natural manner imagin-Just get an ounce of ordinary mercolized wax at any drug store, apply nightly like cold cream, removing mornings with warm water. The was assists Nature by gradually taking of the lingering particles of dead and half-dead surface skin, causing no dis comfort whatever. Ordinarily it takes from a week to ten days to complete the transformation. Cutaneous defects like chaps, pimples, blotches, liver spots, moth patches, freckles, of course o, pleasant-tasting aid to renewed

One-half of the world dess not else that I know of will accomplish

> In such cases nothing is better than A fools idea of a good lake is one a face bath made by dissolving he is liable to put over the other fel- oz. powdered saxolite in & pt. witch hazel. This is remarkably effective.

Sydenham, Feb. 11 .- Owing to the CANADA'S BIG QUAKE IN 1663 IS RECALLED

> Trees Rocked so That Indians Said Whole Forest Was Drunk - Hil

> month for Canadian earthquakes. for it was on the 5th of that mouth. in 1663, that the worst seismic shake ever recorded in Canada took

was excellent, winning praise from ev- "It began with a great roating eryone for the committee in charge, sound heard through the whole exdanced about, and my inhabitants The students of Sydenham high were nauseated by He rocking of

on February 20th. The committee, Trees struck against one anoth- An eminent scientist, the other day, with Mr. Smith, B.A., as convenor, is er, and leaped on each other with gave his opinion that the most wonsuch a noise and confusion that the deriul discovery of recent years was The agricultural students of the Indians said the whole forest was the discovery of Zam-Buk, Just high school, with two of their teach drunk. A number of men in a boat think! As soon as a single thin ers, Mr. Main, and Mr. Chisholm, near Tadousac stared aghast at a layer of Zam-Buk is applied to spent an afternoon at the farm of large hill which sank into the water wound or a sore, such injury is in-Byron Gordon, of Glenvale, examining before their oyes. And Mother Marie sured against blood poison! Not one l'Incarnation tells of a man who ran species of microbe has been found that William Trousdale is recovering nice all night to escape a crack in the Zam-Buk does not kill ! ly after having undergone an opera- earth which opened behind him as Then again. As soon as Zam-Buk

Hartington, has returned. The U.D. sloquent as the flamboyant; lan- this.

The earthquake of 1663 was felt even by the Puritans of New Engand and the burghers of New Nethseveral months. Small rivers were dried up; some mountains appeared to be much broken and moved, and midway between Quebec and Tadousac two mountains were shaken lown, forming a point of land that extended some distance into the S: awrence.

Chickenpox at Ompah

Ompah, Feb. 11,-Rev. R. W. Ir rine, Flinton, took charge of the service in All Saints' church on Sunlay last. Some of the farmers are rauling ties to Lavnat Station, this teeping the roads in fine condition. t. Charlton and A. W. Buell, Sharot Lake, are guests at Trout Lake iptel. The attendance at school is mall this week as most of the childen are consigned to their homes with hickenpox. H. Banks is helping his ather-in-law, J. Emery, for a few lays. An enjoyable time was spent it the party at R. Eady's on Tuesday wening. Mr. Pringle, Arden, accom- to. panied by Mr. Michaud, called at Frout Lake hotel on Tuesday when ias recovered from her recent ill- busy stores. ness. R. Eady was successful in capturing a number of trout through the ice in Trout Lake last week. Visitors: Mrs. C. Davis at H. Banks' diss Eisle and Miss Winnie Banks at E. Watson's; T. Thomas at H. Banks'; Rev. Mr. Irvine, Flinton, at it H. Banks'.

Many a man has been pushed to the ront through pull.

Rev. Harvey M. Hall Dies While

Hamilton, Feb. 13 .- While his relatives were at prayer meeting, Wednesday evening, the death took place at his home, 7 Homewood avenue, of Rev. Harvey M. Hall, a superannuated Methodist minister. Physicians hurriedly called, attributed his decease to heart failure.

Mr. Hall came to Hamilton from Fenwick, Ont., his last charge, about he enjoyed good health until about place. Lolemont, a Jesui this retwo days ago, when he suffered from a series of heart attacks.

The late Mr. Hall was about sixty years old. About a year ago Mrs. Hall died, and since then a niece of Mr. Hall's kept house for him, Mrs. (Dr.) Alway, of Bartonville, Ont., is a

A Wonderful Discovery

tion several days ago. Miss C. Me he fled. Spectres ran rampant in is applied to a sore or a cut, or to skin disease, it stops the smarting. the icy pavement, sustaining a sprain. Tangible evidence was not want- That is why children are such friends Miss P. Harker spent the week-end the ing to prove, by geographical signs, of Zam-Buk. They care nothing for guest of Miss K. Joyce. Mrs. R. that a severe convulsion of nature the science of the thing. All they Hamilton, after spending a few days took place at that time, and al- know is that Zam-Bak stops their the guest of Mrs. Willia Trousdale, though the silent records are not so, ain. Mothers should never forget

V. club spent on enjoyable evening at guage of the Jesuit historian they Again. As soon, as Zam-Buk is ap plied to a wound or to a diseased part, the cells beneath the skin's sur face are so stimulated that new ealthy tissue is quickly formed. This erlands. The shocks continued, forming of fresh healthy tissue from though with lessening severity, for below is Zam-Buk's secret of healing The tissue thus formed is worked up to the surface and literally casts of the diseased tissue above it. This is why Zam-Buk cures are permanent.

Only the other day Mr. Marsh, tot Delorimier avenue, Montreal, called upon the Zam-Buk company and told them that for, over twenty-five years he had been a martyr to eczema. His hands were at one time so covered with sores that bad to sleep in gloves. Four years ago Zam-Buk was introduced to him. in a few months it cured him. To-day-over three years after his cure of a disease he had for twenty five years he is still cured, and has had no trace of any return of the

All druggists sell Zam-Buk at 50c. box, or we will send free trial box you send this advertisement and a stamp' (to pay return post-Address Zam-Buk Co., Toron

Another car of large sweet oranges in route for Plevna. Mrs. T. Dunom still only 30c. a peck, at Gilbert'

commissioners says that forty mil lion dollars was paid in the building of the New Brunswick section. Prize package, three sheets music

worth 40c., for 10c. Dutton's. At Moose Jaw, Sask, the Grain Trout Lake hotel; Miss Pearl and Growers, Association, after a vigor Miss Edna Eady and Miss Morrison jous debate, tabled a resolution for forming a farmers' party.

Watch Gilbert's advts, and B or time and stop croaking about high



CHINESE INFLUENCE NOTED IN TRIMMINGS FOR AFTERNOON GOWNS

If you would be strictly up to the fets, in a quality as soft and supple feather to the nack of the hodice of your evening gown and let it wave grace-fully above your head. Outline your tunic or the hem of your skirt with aliver thread and colored wooder algress or him of carried They are the coming season that feathers of this terial. for trimming purposes. Marabout al- | quires 4% yards of 36 toch material.

as the chapeau. These are curious, but if wisely chosen inch material for the skirt (7857). are very chic and effective,

Dark tinty are more or 'less favored for day-time wear. One of the most favored slike is tel-

mark tack an aigret or bit of ostrich as the old fashloned taffets was stiff

algrets or bits of estrich. They are beads. This design is well suited to doing this in Paris. It is promised for a border trimming or a bordered madescription will take the place of fur! To copy this frock in size 36 it re-

grets dyed to match the frock and tiny The costume shown in \$113-7857 is a ostrich tips will trim the skirt as well Russian design made up to taffetas.

motifs wrought out in wooden beads with 3 yards of 36 Inch material for or colored pearls will be popular, the blouse (\$113) and 6% yards of 36 No. 8153 -- stees 34 to 46.

No. 8113 - sizes 34 to 44. No 7857 -- sices 22 to 30. Each pattern 15 cente.

You PayLess Here

THE SUIT HOUSE

Spring Dresses and Skirts

A large shipment of correct styles just to hand, and ready for Saturday's selling. Come in and get our prices.' You will be surprised at the values we can show you.

Special 49c Waist Sale

For Saturday we will place on sale 10 doz. White Lingerie Waists, high and low necks, some with fancy striped collars. Regular 75c, all sizes,

To Clear 49c Each

WATCH FOR OUR ANNOUNCEMENT OF SPRING COATS AND SUITS. SOMETHING VERY SPECIAL SOMETHING DIFFERENT.

Princess St

Kingston's only exclusive ready-to-wear store for

T. J. O'Connor

Phone 532

Manager.

We are now taking stock and have a large quantity of Men's Suits, Boys' Suits, Men's Pants, which we will sell for 25 per cent. off for cash. Also a large assortment of Ladies' Skirts, which we will sell at same discount.

Men's, Boys' and Ladies' Boots and Rubbers. These will also be sold at 25 per cent. discount. Call in and take advantage of this January Sale.

JOS. B. ABRAMSON'S

257 Princess St.

Phone 1437

AMBULANCE ASSOCIATION

trand Trunk Team Wins Another

The second competition between eams from the shops of the various ompanies interested for the Cana-

M.C.A., Sebastopol street, Point t. Charles, on Saturday afternoon Dominion Bridge company, the Can- appeared. This method is devoid he winning team being as follows: 1. Poitras, rolling mill staff; E. lastles, wheel shop staff; H. Slack, reight car shop staff; F. Russell. ron foundry staff; R. Seed, boiler

The judges were Drs. W. J. Pat. pocket doing some repairing. tion in which they have captured

The work that is being carried on y the St. John Ambulance associa-'he Grand Trunk centre was first oranized at their Point St. Charles lops in 1911 with about twelve tembers, today the membership pin's at F. Judge's; Mrs. A. Legary umbers 45, and the work of organi tion is being extended to all ter inal points on the system. Classe of now being formed at Cttawa pronto, Stratford and London, and is the ultimate intention to exnd work to the trainmen and ever

Simple Home Treatment For Superfluous Hairs

(Beauty Culture.) A very effective and simple lian Ambulance association trophy, treatment for superfluous hair is as resented by the Dominion Bridge follows: Mix into a paste enough inpany, was held at the Railway powdered delatone and water to cover the hairy surface, apply, and after 2 or three minutes rub off, wash the ast. Four teams competed-The skin and every trace of hair has disda Steel company, the Canadian Pa- pain or danger and leaves the skin tille and the Grand Trunk. This tro- free from spot or blemish. Best, re thy was held last year by the C.P.R. sults naturally follow when the delacain. The Grand Trunk team car- tone is purchased in an original packied off the honors. The members of age because its strength and purity

Thirty Island Lake News Thirty Island Lake, Feb. 11 .- A

erson, Robert Wilson and H. B. Car- T. Babcock has his two teams haulaichael. The result is specially com- ing logs to the saw mill for T. Stindimentary to the winning team at | son. The lice on the lakes is in his is the second important compe | good condition. A. Kenion, of Godrey, had four teams hauling hay he honors, having won the Wallaci last week. Visitors: Miss Julia esbitt Challenge trophy on January | Flannery has gone to her home in habort Lake, P. O. Connors, at M. J. Kelly's; T. J. Babcock and J. Babcock at T. Young's, Sangster; E ion is a very praiseworthy cause. Connors at A. Legary's: H. Richerson, Kingston, at W. Abel's; Mrs. Mary Connors at S. Hickey's; Mr. ind-Mrs. W. Abel and son, Lyle, at J. T. Babcock's; Miss Martha Hop-

> t J. McNicholas. Only One "BROMO QUININE." To get the genuine call for full dame, LAXATIVE BROMO QUININE ook for signature of E. W. GROVI'.

ures a cold in one day. 25c. There may be a compromise in the