

LOOK FOR THIS GIRL

EUROPEAN AND AMERICAN PLANT A la Carte Restaurant



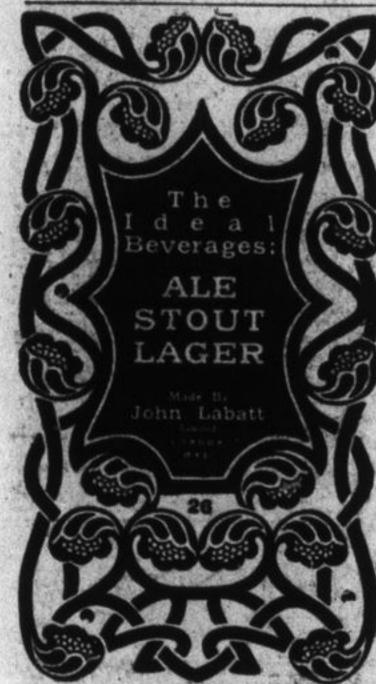
this girl's picture is on the label. or and hair beautifier you have ever with profit. used, we will refund your money as cheerfully as we take it. W. W. Gibson is sole agent in Kingston, Ont. for Sageine, so be sure to go to W. told Tantallizing Christopher that he W. Gibson's drug store; other stores was not the only one to talk one don't have it only 50c. a large bot- way in council and vote the other tie. Don't forget the name.

A CURE FOR DRUNKENNESS WITHIN THE REACH OF ALL

That Alcoholism is a disease is now ecognized by Science. No man in

builds up the system, steadies the that any overhead structure on a nerves. It is guaranteed to cure or street is an awning. The dictionary benefit or money refunded after a fair defines the word as "a canvas shell trial. Alcura No. 1 can be given ter." That's what an awning is, so a secretly by any wife or mother portico will not pass as one, It would wanting to restore a dear one to not be a had idea to have a dictionhealth and usefulness. Alcura No. 2 ary convenient for the councillors so sthe voluntary treatment.

per box. Ask for our Free Booklet | ward representatives. about Alcura. T. H. Sargent, Druggist, 186 Princess St., Kingston.



JAMES McPARLAND, Agent. 39-341 King Street East.

falling hair. Just a few applications like human beings and not like crim- people are too busy to attend to will prove a revelation if your hair is inals, which they are not, for if all their own business Tea and Sulphur recipe at

home though, is troublesome. easier way is to get the ready to use tonic, costing about 50 cents a large bottle, at drug stores, known as "Wyeth's Sage and Sulphur Hair | Kingston's Dooley's little essay on Remedy," thus avoiding a lot of l"Daycotomy," and was reminded that

and draw this through your hair, ple to send couples to them to be mucous surfaces. The perfect combintaking one small strand at a time; married, and paying a commission produces such wonderful results in
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the perfect combintaking one small strand at a time; married, and paying a commission produces such wonderful results. appeared. After another application or two your hair becomes beautifully dark, glossy, soft and luxuriant Agent, George W. Mahood,

The Man

the town dwell, is not much on edu-cation, judging by the fact that this say too much in praise of Dr. Wil-section cannot nominate a school liams' Pink Pills. I have been a great trustee. Someone will have to go sufferer from those troubles that around at election time and stick a make the life of so many women an pin in the ratepayers out there. It is not long since a criticism was made of two Roberts and one William for two Roberts and one William for me. My nerves seemed to give out, ing a little nominating in each ward.

The Lampman would recommend work, and only women who have similarly suffered know what I endured.

The Lampman would hardly think that the infantry regiments of this division would care to leave old Barriefield heights and camp in the wilderness at Petawawa where the black flies make a meal of both men and horses. When playing at soldier, the regiments might as well do so in pleasant places, and not in a forlorn and sandy and not in a foriorn and sandy district away from civilization

The Lampman has tried in vain to a crutch and Dr. Williams' Pink Pills secure a valid reason for young wom- completely cured TTT TTT TTT en going about the streets wearing completely restored her to her usual When you ask for Sageine see that fur coats and balkroom waists, with good health." neck and chest exposed to the biting Always get the genuine pills This is a guarantee of quality and ex- weather. The only reason given is the full name, "Dr. Williams" cellence. Sageine is the world's fore- the favorite "because." If it is mild Pills for Pale People" on the wrapmost hair tonic. Sageine is so good enough to go about with bare necks oper around each box. If your dealer we guarantee every bottle and if you and shoulders, then no fur coat is does not keep them the pills will be not satisfied that Sageine is the needed. This is something the King- sent post paid at 50c. a box of six best scalp cleaner, dandruff eradicat- ston Women's club might discuss boxes for \$2.50, by writing The Dr.

> Town Councilman Hoag must have a short memory or he would have He should have reminded "Christy' that only last June, he switched on the road paving question, giving as the reason Principal Grant's old declaration that a man was an ass who would not change his mind when

When town councilmen arise to orate his senses brings disgrace and ruin on awning by-laws, they should first on himself and family through enquire as to what the word "awn: ing" means, and having done so they Algura stops the craving for drink, will not create a panie by declaring that they will not get stuck on the Can be had at our store only \$1.00 "heavy" language from the Victoria

> According to the health act, doctors a strong lesson in fifteen minutes, must report whooping cough cases, and he was a deeply-read and cultur-but in Kingston they, don't do it, ed man too. judging by the fact that no cases are announced from week to week. Just very active workers, and one of the now there are quite a number whooping in the town. It can be heard even in the street cars, and it is here that children ofttimes catch the ailments

> was what it should have been. It sing of this old friend of bygone should have been half a million, in- years. stead of a hundred thousand. The Since Dr. Jackson left for another scriptural saving seems to be only too sphere of labor, the First Congregattrue with regard to those who have ional church has passed through little: "Unto him that hath shall be dark days, suffering the loss of some more, while the man with little gets | natural course of events little added to his paltry substance.

> teaching the school children some son took the notion to plant another thing about the history of Kingston church on Charles street and call it is right, the Lampman says. There is Calvary. At one time it looked as town, and it is better to acquaint the would not survive, but the source of children with the part Kingston the other two Congregational churchhas played in Canadian affairs, rathe es stood the strain and kept its head er than giving them instruction about Timbuctoo or even about the eastern countries through which Councilman Harrison travelled.

It's wonderful the number of people the stranger recalls the burning of who will attend the auctions and rum-

Mixed Sulphur With It to Re- ers have to be put in some place, hind the pulpit, they might as well be in a jail as The Stranger has a warm spot in anywhere else, so long as there is a his heart for the First Congregation-Common garden sage brewed into a heavy tea with sulphur and alcohort added, will turn gray, streaked and faded hair beautifully dark and luxuriant; remove every bit of dand-ruff, stop scalp itching and fallence is a hong as there is a his heart for the First Congregation—all the Lampman would not turn these all church for here many of his teld—the Lampman would not turn these time friends worshipped in the faith of their fathers. He noted very few of them in their places now. Another generation has arisen.

The first reform needed in the Frontier of the First Congregation—all church for here many of his teld—time friends worshipped in the faith of their fathers. He noted very few of them in their places now. Another generation has arisen. scraggly and the boozers were put in jail, Kingston A girl can generally dampen a the Sage would receive a shock if they could all young man's ardor by throwing him he seen in jail garments running lawn overboard. An mowers or shovelling snow at Court None are so blind as those who pro-

The Lampman read, with interest while doctors in general hold adver-While wispy, gray, faded hair is tising to be unprofessional, some of not sinful, we all desire to retain the saw-bones do not seem to think it our youthful appearance and attrac-tiveness. By darkening your hair the politician and manipulate for op-with Wyeth's Sage and Sulphur, no one can tell, because it does it so one can tell, because it does it so fees. The Lampman has also heard of try for years and is a regular prenaturally, so evenly. You just damministers not so far away being in
scription. It is composed of the best
tonics known, combined with the best
tonics known, combined with the best
blood purifiers, acting directly on the

> -THE TOWN WATCHMAN. The first baby is always a how-

Just because she is a woman there are times when every woman needs help and strength in the form of a blood-building tomic.

To thousands of girls and women Dr. Williams' Pink Pills have proved

There's nothing like being ready to die, remarks the Lampman who tells about a countyman who passed away this week. This ruralite was great on details, and several days before he died made all arrangements even selecting his pall-bearers, as he was very particular about the men who should carry him to the vault.

Sydenham ward where the elite of you? Mrs. It Morion Walliage in Walliage for all such suffers, Dr. Williams' Pink Pills are invaluable, because ill health in woman is usually caused by poor blood or insufficient blood. These pills have cured thousands of others, why not Sydenham ward, where the elite of you? Mrs. D. Morine, Wallbrook, N. I tried medicine after medicine with out any benefit, and was finally per

that my mother suffered from rheu-

matism so badly that she had to use

THE STRANGER AT CHURCH

The Stranger's visit to the First

Visit to the First Congregational Revives Old Memories

Congregational church revived memories of the time when Rev. Dr. S. N. Jackson was minister, and which church in the eighties saw its best days. It was a happy company of congenial people who worshipped in that edifice thirty years ago. For a small congregation it represented a good deal of wealth, and at that time it had the finest Sunday School hall in Kingston. "Tom" Savage long since departed, and the Meek sisters led in the musical service, and there was "Bob" Harvey at the organ, which was located between the two front doors of the edifice. The Stranger used to think Dr. Jackson an ideal minister, for he never kept his congregation fidgetting in their pews while a dry sermon three quarters of an hour's duration was inflicted upon them. He could say all he wished to say and draw

The Congregational people were sons of that church is Rev. Harold Horsey, now of Ottawa.

ed to that flock, was last summer called into the presence of the Most The Lampman does not think that High, and it was with a heavy heart the Strathcona bequest to Queen's that! The Stranger heard of the pas-

The man with much gets of its staunchest members in gregationalism town and again Town Councilman Harrison's idea of north-east end when B. W. Roberta good deal to learn about this old if the mother church in Kingston above water. To-day it has one of the most energetic pastors in Kingston ,a young man whose sermons are thoughtful and forceful, and who has gathered together a band of

mage through second-hand stores for furniture a century old or more. The love of the antique is a craze with them. And yet some of these antique hunters express supprise to the Lampman that a man should relish antique cheese even to Limberger.

The First Congregational caured glowing torch in the minds of men.

M—Melt and dispel, oh, Morning Star of Hope, the clouds dimming our spiritual vision.

N—Needful law of love, do breathe in our soul the purifying fire them. And yet some of these antique the tiremen to hant hose. He breathe in our soul the purifying fire them. wore a fur coat and was soaked that will consume what is evil in through. The present remodelled us and inflame our spirit with nob If there was no booze, the Lamp edifice was the result of that fire, a man agrees that a jail in Kingston wing being added on each side and would hardly be headed, but as boose the choir loft being transferred be-

ess to see our faults.

F. J. CHENET & CO., Props., Toledo, O. time.
Sold by druggists price 76c.
Many
Take Hall's Family Pills for constibecause



It is easy to imagine what yards and yards of beautiful silk went into the making of this wrap for wear over dancing frocks. The silk is a peculiarly lustrous opalescent weave in the kismet tartan effect, and the colors are peacock blue, ivory, pale rose, saffron and gold. The wrap extends to voluminous width at the hips, the folds of silk being drawn around and upward to the front in a clever but indescribable fashion to give a clinging effect at the knee. The wrap accompanies a lace dancing frock matched by buttoned strap slippers.

ONE DOSE RELIEVES A COLD---NO QUININE

"Pape's Cold Compound" makes you feel fine at once-Don't stay stuffed-up! Take it now

Relief comes instantly.

ning, relieves sick headache, dull- the same, but they will not stay to ness, feverishness, sore throat work. sneezing, soreness and stiffness.

Don't stay stuffed-up! Quit blowing and snuffling! Ease your throb- turned on, open the windows and the bing head! Nothing else in the world gives such prompt relief as "Pape's Cold Compound," which costs only plenty of blankets and open the win-25 cents at any drug store. It acts dow wide. Sometimes it is uncomwithout assistance, tastes nice, causes no inconvenience. Be sure you get the genuine.

COMMENTS BY ZACCHEUS.

Who Pays His Compliments to "The Stranger in the Church."

A little of everything. B-Blending what is new with what is true.

C-Caring not so much to please D-Distraction is good, but life of wearing apparel, E-Evil is rampant, all thought

F-"Flood of folly" G-Greed insatiate for freedom conduct, speech, manner.

amusement on the rampage. fend against reason, religion, right. ple. I-Indifference, irreverence, infldelity defiant. .K-Kingdom of God a myth; ditte

L-Light up, oh; Faith Divine, thy

O_Our old friend Creosus

omelets of humming birds. P-Purse, we suppose, not per-Q-Quite probable we will all eat crow very soon, unless Eulias finds

a speedy solution to high living R-Redmond and Lord Carson may yet come to terms; first gem of the sea would have everything to

S-Some pig that which made an ugly bulldog sue for peace. Grit T-"The Stranger" is an old-fim-

er, you can see. U-Uncompromising, yet fair and most graceous where he can V-Very interesting his weekly contributions. He and the man" make a capital team. W-Well, really, Lord Ashburne

is not very complimentary to his own when he can praise German at the expense of English X-X-cellent, sir, how would "Le doux parler de France" suit you? Loveliest lips just adore it! Y-Ye try, won't you? ZACCHEUS.

When a man is in pursuit of happiness it gives him the chase of a line-Many a man is cast in the shade

Don't Shut in Disease Germs Two months of cold weather are ahead. Possibly three. By keeping the windows closed you can shut out the cold. You can and will also shut on disease germs. Incidentally, by breathing the polluted air of closed rooms you will shut the germs in your system. Then you will first get colds

and afterwards pneumonia. The germs of all diseases, measles, scarlet A dose taken every two hours un- fever, whooping cough and diptheria, til three doses are taken will end that the children bring home from grippe misery and break up a severe the school and the street, will take up cold either in the head, chest, body their abode in your closed apartment, and by and by they will fall to work. It promptly opens clogged-up nos- Keep the house ventilated, and you trils and air passages in the head, will keep the family's lungs ventilastops nasty discharge or nose run- ted. The germs will be there just

> Keep the house warm, but keep it ventilated. When the rad ator is bad air will go out and the fresh air come in. When you go to bed use fortable to rise feeling chily, but it is much better and much safer than to rise with fever hammering at your pulses and contagion surging through your blood .- New York American.

Women in Public Affairs Women of Macon, Ga., have won their fight for lower steps on street

Cleveland women have begun a campaign against the present-day modes . The Catholic Women's League of Pittsburgh has indorsed the movement to secure women on the police force of

The Federated Women's Clubs of Massachusetts has indorsed the system of savings banks life insurance and old-age pensions, in order to en-H-However much these may of courage thrift among the young peo-

> Any old maid will tell you that lots! affection is wasted on a man that could be more appreciated by a cat.



Why Are Your Neighbors So Happy?

Because the Wife Bought An

EDDY'S WASHBOARD

And Now-Wash day is a joke.

All kinds of Washboards for all kinds of people.

"Eat More Bread"

Of course you should "eat more bread"-and less meat-but be sure your "bread" contains all the body-building material in the whole wheat prepared in digestible form. The only "bread" that fulfils all these requirements is

It is made in Canada of Canadian whole wheat steam-cooked, shredded and baked. It is a natural, elemental food and is not treated or compounded with anything. Its purity, cleanliness and food value stand unchallenged, being endorsed by the highest health and dietetic authorities in Canada and the United States.

Always heat the Biscuit in oven to restore crispness. Two Shredded Wheat Biscuits with hot milk or cre will supply all the energy needed for a half day's work. Try Toasted Triscuit, the Shredded Wheat wafer, for

luncheon, with butter, cheese or marmalade. The Canadian Shredded Wheat Company, Limited



Niagara Falls, Ont. Toronto Office

49 Wellington St

Convincing to Ladies-This Oven Test!

So that you may use less flour, we do what a home cook would do if she were in our place.

From every shipment of wheat delivered at our mills we take a ten pound sample. We grind this into flour. Bread is baked from the flour.

We find that some samples make more bread and better bread than others. So we keep the shipment from which the more and better bread comes. The others we sell.

You save money by using flour that bears this name. And you get Better bread.

"More Bread and Better Bread" and "Better Pastry Too"