## An Easy Way To Get

The trouble with most thin folks who wish to gain weight is that they insist on drugging their stomach or stuffing it with greasy foods; rub- News From Villages and bing on useless "flesh creams," following some foolish physical culture stunt, while the real cause of thinness goes untouched. You cannot get fat until your digestive tract assimilate; the food you eat. >

Thanks to a remarkable new scientific discovery, it is now possible to combine into simple form the very elements needed by the digestive organs to help them convert food into rich, fat-laden blood. This masterstroke of modern chemistry is called Sargol and has been termed the greatest of flesh-builders. Sargol aims through its re-generative, reconstructive powers to coax the stomach and intestines to literally soak ur the fattening elements of your food and pass them into the blood, where they are carried to every starved broken-down cell and tissue of your body. You can readily picture the result when this amazing transformation has taken place, and you notice how your cheeks fill out, hollows about your neck, shoulders and bust disappear and you take on from 10 to 20 pounds of solid, healthy flesh Sargol is absolutely harmless, inexpensive efficient. Your druggist has it and will refund your money if you are not satisfied, as per the guarantee found in every package.

Cantion: - While Sargol has given excellent results in overcoming nervous dyspepsia and general stomach just beginning to get broken out aftroubles. It should not be taken by ter the storms. Rev. Mrs. Gunter those who do not wish to gain ten is ill, as also is Mrs. Truman Jackpounds or more.

## Victoria CAFE

354 King St., Kingston

Now Open H. K. LEE. Proprietor.

## GIVE THAT PUNY CHILD THIS GUARANTEED REMEDY

If your child is under weight, listless, afling, liable to get sick easily, it needs a medicine to build its weight and strength. For this purpose there is nothing else we know of that we can so strongly sendorse as Rexall Olive Oil Emulsion. The remarkable success of this splendid medicine is due to the fact that if contains ingredients that tone nerves, enrich the blood and furnish to the entire system the strength weight and health-building substances it needs. And it does all this without injuring the stomach. In fact, Rexall Olive Oil Emulsion is not only pleasant to take, but even the sensitive stomach is benefited by it and the digestion improved. On the other hand, it contains no alcohol or habit-forming drugs, which most parents object to giving their children. It does its good work by tak- ited at Lyndhurst on Wednesday even- lda Sills, at J. Vanvolkenburgh's; George Bracken, Ellisville at J. Single, the body up to its natural strength, over the fact that a scarlet fever son, at J. A. Coulter's, Williamsville;

n't build your child up, feed the been visiting in a section where scarstunted, puny muscles, and make the let fever of a mild type was prevalent. little one lively, strong, well, and full of the animal spirits children are meant by nature to have, come back and tell us and get your money back people held another dance in We don't want you to love a zer! | win's hall on Tuesday evenng. We think this is no more than fair, enjoyable time was spent. and it leaves you no cause to hesis C. P. R. pile driver with three gangs in this locality. James Mahon and the leaves you no cause to hesis C. P. R. pile driver with three gangs in this locality. James Mahon and D. Badour made a trip to Perth last tate. For old people also for con- of men are repairing briggs' bridge. valescents-for all who are nervous, tired-out, run-down, no matter what the cause—we offer Rexall Olive Oil of heart failure on Saturday. There her of people went to S. Riley's on Emulsion with the same guarantee of entire satisfaction, or money back. Sold only at the 7,000 Rexall Stores and in this town only by us. \$1. Mahood's Drug Store, Kingston,

to resist disease.

15 to 20% Xmas and Fancy Goods



BAVE TO TELL

Throughous the Adjoining Cour nests of the People.

Glendower Items thaw has taken away the snow in many places. Affred Dye, who has for a speedy recovery. Ewart and is able to be around again. There at C. W. Lucas'. are a number of rock cars at the Godfrey station waiting to be loaded. Cattle are very scarce in this section. Archibald Timmerman and wife are visiting at Godfrey Station.

Notes From Meleombe Melcombe, Feb. 3 .- Miss Wright, Gananoque, will teach the school for the year. Charles Ralph spent a couple of days last week in Ottawa. Mrs. John Bolger is visiting her sister Mrs. James Mullen at Rome, N. Y. Michael Kennedy, Philadelphia, was a recent visitor. Miss Edna Cranker, Escott, is visiting her sister, Mrs. Dennis Donovan. James Sullivan, Michigan, is visiting his brother, Owen Sullivan. Mr. and Mrs. Austin O'Hern, of Taylor. spent Saturday and Sunday with relatives here.

Enterprise Reports

Enterprise, Feb. 3.-The roads are son. An enjoyable party was held at Miss Martha Wagar's on Wednesday night last week. Mrs. H. M. C. Wagar is spending a few days with her son, Cyrus Wagar. Emerson Snyder and family are leaving the lage and moving to Larkens, where he will work on the section. H. M. C. Wagar, also Cyrus Wagar and family, were at Henry Card's on Monday. S. D. Wagar, of this place, is in the general hospital dergoing an operation for appendicit-The doctors say he will recover.

Trevelyan Tidings

Trevelyan, Feb. 2.-A number ball in Mallorytown on Friday even ing. Miss Loreta Leeder, of the Athens high school, spent Sunday at her home here. David Leeder is the of Brockville friends, Mr. and Mrs. R. Dixie made a business trip Brockville on Saturday. Mr. and Mrs. . Ronen, McIntosh Mills, and Mr ind Mrs. James Cobey, Caintown spent Sunday at Frederick Leeder's Messrs, Clinton Washburn, Man.; George E. Hefferen, Toronto, and Bernard Shea, Athens, spent Sunday at R. J. Leeder's. Mr. and Mrs. G. B. Leeder, Caintown, visited at James McAvoy's on Sunday.

Charleston Notes R. Foster and Mrs. C. Slack and sons the guests of J. Raycroft on Sunday at Thomas G. Tye's; Mr. and Mrs. T spent Sunday at E. Foster's, Glen- Miss Charlotte Wood spent several McConnell, Lyndhurst, at A. morris. The ice harvest has com- days with friends at Wagarville. Miss Slack's, Mr. and Mrs. R. Moorchead, menced. Mr. and Mrs. H. Latimer vis- Henrietta Smith, at H. Woods'; Miss Gutlet, at W. Warren's; Mr. and Mrs. ing. S. W. Kelsey feels very indignant Miss F. Foster and Miss L. Patter-ton's. at the same time making it strong placard has been placed on his house Mr. and Mrs. W. Cousins and son. when the disease was not inside nor Kay, at her father's; Miss C. Wood If Rexall Olive Oil Emulsion does- had not been. His daughter has just spent Sunday with Mrs. W. Rawley.

At Sharbot Lake Elijah Burke, a much respected re-sident of Oso, died very suddenly knapp's was well attended. A numwas not service in the Methodist Saturday, to cut wood, as Mr. Riley church on Sunday evening. Rev. Mr. is not very well, but the storm got Bromwich was able to sail from Hali-fax for England last week. All trust he will come back fully restored to Reuben Tharrett lost a valuable health. Mrs. Hanson has returned hound. Mrs. Henrietta Badour moved to Webbwood, where her son has a home here. Miss Cornell, of Smith's the house vacated by Mrs. Badour. Falls visited here on Sunday. Mrs. The C.P.R. men are at work extending the Sunday School convention at Sunday at W. B. Tharrett's.

Is Seriously III Odessa, Feb. 3 .- A large number at tended the quarterly meeting in the Methodist church, on Sunday last, Service was conducted by the pastor,

## Here is the Secret

and long life it is possible that you has again fallen in. There was a large are unaware of the conditions neces- number attended the bee of Varley sary to attain healthful old age. Smith's, Friday. Mrs. K. Freeman is Careful eating, and consequent pre- improving slowly. Visitors : Creighservation of the health and vitality ton Orser, Wilmer, at Hugh Campof the digestive and excretory organs bell's; Mr. and Mrs. William Ennis, is of the greatest importance. Overeating is the usual cause of R. Harrisf; Thomas Burns, at Stewtorpid, sluggish liver action, and art Talbert's; Miss Winnifred Wallace, when the liver fails additional work at Miss M. Raymond's; Mr. and Mrs. ris thrown on the kidneys and they McCadden and Miss Edna, at, H. break down. Kidney disorders ar ! Guthrie's. the great source of suffering in old age. Rheumatism, bodily pains, aching arms and legs backache and lum-

bago are the result. Liver Pills to regulate the liver, Mid- were pleasantly entertained at neys and bowels, as occasion ro- home of Robert Mulvaugh, last evenquires, you not only overcome the ing. The moving picture entertainsuffering, inconvenience and un-ment, which was to have been reld in pleasantness of attacks of billions the school house on Saturday evenness, indigestion and constipation ing was postponed on account of the Or the softest electric-blue silk broche year by the United States forestry but you actually prolong life by keep- storm. Several from here attended the pristically draped with black chiffon these organs in good, healthful library concert at Mallorytown on Fri- hood surmounted with a snow white condition. This medicine is a won- day evening last. Miss Orma Mul- fox collar, terful source of comfort for people voigh, Athens, is spending a few

sa. Arthur Burns, Lansdowne, is Jacob Warren spent Wednesday. pending a few days with his uncle, William Heaslip, Mrs. Harry Peters hear of his serious illness and hope cott.

At Kaladar Station



"The Only Way," at the Grand on summer, aturday, Feb. 7th, matince and night Mr. Harvey will present "The Breed of the Treshams" on Friday, Feb. 6th.

Tryon, Claude Anderson, Gordon, who returned on Sunday. Mr. and Wilstead. G. W. Lee went and Mrs. Ralph Scott left Otter Lodge Delta on Wednesday. on Wednesday last.

McLean Items

was held in the school house on Sun-Alvin Chapman, Reston, Man., day. S. Rawley is hauling lumber rived home on Friday to visit ill, is recovering. Mr. and Mrs. D. M. A wee baby girl has come to stay at home at Outlet, after spending this evening. Mr. and Mrs. John Wil- in a critical condition. She is being Orval Hall. Miss Geraldine Tye

Crow Lake Reports

Crow Lake, Feb. 2.-Mr. Mahon lost Sharbot Lake, Feb. 3.—The young Roland's baby, which was very ill tor a few days, is much better. Mrs. A. The Quinn spent last week visiting friends week, The quilting at Mrs. F at Kepler. Mrs. Dodds is at her position. "Sandy" Badour moved in Stafford is at S. Gordon's. ohn the water pipes out into Crow Lake. Gordon has been employed as team- Potatoes are very scarce around here. ster for J. Thomson. Miss Anna Mr. and Mrs. Lewis Bain and livie Allen is home from Peterboro for a son, Arthur, "Sandy" Mahon, also

Perth Road Reports Perth Road, Feb. 2.-Farmers are hauling logs to the mill. Many of the vicinity are ill of measles. William Raymond, Sr., and Mrs. William Shales are on the sick list. Mrs. William Wood and Miss Smith, of Ingersoll, are again occupying part of Mrs. J. Raymond's house. Mrs. Harry Shales is ill with a bad attack of opinsy. E. Babcock, who has been ill, is convalescent. Carl Shales has re-

OI LONG LITE turned from Guelph and is taking an agricultural course at Sydenham. A delightful time was spent at the home of Thomas Woods, Friday evening While looking forward to health The C.N.R. track along Lamey's Fill at William Shales'; Robert Ritchie, at

Junetown Jottings

Junetown, Feb 3 .- Several young By the use of Dr. Chase's Kidney- people from Caintown and vicinity weeks with her parents, Mr. and Mrs.

THE THE PARTY

er left, this morning, to attend the ville, is the guest, this week, of his DEVLIA Epworth League convention in Bow, brother, Charles Baile, E. Summers manville for three days. Miss Liva and Mr. and Mrs. J. A. Herbison at-WHAT WHIG CORRESPONDENTS Gallagher, formerly of Wilton, is vis- tended the funeral, on Sunday, of titing at Dr. J. E. Mabee's for a few Samuel Rowsome, an aged resident of days, Miss Lilly Hartman, Napanee, Athens. Miss Cecile Glazier spent the is renewing old acquaintances in Odes- week-end in Brockville. Mr. and Mrs. Thursday last week in Brockville, Merley Sheffield, Athens, is visiting and son, Delbert, left for Napanee and friends here. Messrs. H. and A. Forfrom thence to Brandon, Man., where tune are engaged with their engine. she intends to reside. The many sawing wood. Miss Mary Smith is en-Glendower, Feb. 3 .- The recent friends of A. Hagerman were sorry to joying holidays at her home in his

been on the sick list for some time, Gladys Tucker are spending the week Kingston Lady Broke Arm at Yarker Yarker, Feb. 4 .- Messrs. Connolly and Shultz spent Saturday and Sunday last at Lindsay, the guests Kaladar Station, Feb. 3 .- The ser- kev. Mr. McMullen, a former pastor vice in the school on Sunday morn- on Yarker circuit. Mr. and Mrs. Mcing was well attended, as was the Kim, of Switzerville, spent a day at Sunday school on Sunday afternoon, the home of Mrs. Cambridge. Miss Lizzie Bahcock is spending a week with her sister, Mrs. Williamson, Mr. Bavison, of Manitoba, is spending part of the winter with his aunt, Mrs. Sanderson. Gertrude Irish is ill of typhoid fever.

> On the way to the home of Dr. Galbraith, Mrs. Gaskin, of Kingston, had the misfortune to fall on the icy walk and break her arm at the wrist. The injured arm was attended to by Dr. Galbraith, Melville Irish has purchased a fine road horse. Harold Oldham, of Kingston, spent Saturday and Sunday at home with his rents. A number of young people spent Friday night in Camden Fast to an "At Home." Miss May Wilson is visiting with her uncle, Richard Wilson, at Desmond. Mr. Mrs. Clayton, of Toronto, at M. Wilson's. Owing to the mild weather ice cutting had to be abandoned. Mr. and Mrs. Edward Joyner & were at S. Winter's Sunday last. George Snare, of Belleville, was in Yarker Tuesday. The Benjamin Manufacturing company is getting in a large supply of hub timber for use next

Long Point Notes Long Point, Jan. 31 .- Mr and Mrs Those on the sick list are: Marion James Kelsey spent the week end at Walter Samuel Kelsey's, Charleston, Miss Jem-Hughes and Mrs. Sagar Tyron, Mr. nie Moorehead is visiting her cousin. Merrick, Methodist minister of this Mrs. Jacob Bryan, this week. Miss circuit, took dinner at Mrs. A. Flem- Cora Kelsey has returned to her home ing, on Sunday. He intends holding in Charleston: J. E. Bevens spent the prayer meeting in the school on Wed- week-end at his home in Gananoque. nesday evenings. Mr. and Mrs. Try- Messrs. Charles O'Connor and C on, Sr., of Elm Tree, are visiting their Weeks made a trip to Jones Falls on three sons here. Mr. Parks, of Ar Saturday, Miss Gertrude Kelsey has den, called at Mrs. Fleming's and Mr. returned home from Athens. Robert Lewis, also of Arden, was at the Car- Steacy, Wilstead, made a business trip man house on Monday. On Saturday, here on Wednesday. Mr. and Mrs. A Edward Hughes went to Kingston to D. Slack visited friends at Outlet on have his tonsils removed. He was ac- | Sunday. Joseph Bevins has returned companied to town by his brother, from visiting friends at Gananoque

A number from here attended W. A. social held at Mrs. Rooney's, Lyndhurst, on Friday evening. Miss McLean, Feb. 2.-Farmers are haul- Elva Warren is quite ill. Pr. ing logs to Jackson's sawmill. Service Young, Seeley's Bay, is in attendance. Charleston, Feb. 3.-H. Crozier came and ties for S. Jackson. It mother, Mr. and Mrs. T. McConnell, up from his island last week for the is understood that a hockey team will wisited at J. Moorehead's on Thurs first this winter. W. C. Taylor, quite be organized if the weather permits. day. Mrs. N. Hall has returned to her Sheffield are entertaining a few friends Sardis Davies'. Mrs. J. J. Wagar is pust two weeks with her sister, Mrs. fiamson gave a party on Friday even- treated by Dr. Genge, of Verona. H. visiting her sister, Mrs. D. Hall, this ing. Thomas Hudson and sister, Fan- Wood and son, Oakley, made a flying week. Visitors: L. Moorhead, Sweet's ny, spent Sunday with their brother, business trip to Arden on January Corners, at Jacob Bryan's; Mr. and Hudson, Glenmorris. Mr. and Mrs. 30th. Alfred Cousins and family were Mrs. Edmond Kenny, Sweet's Corners,



A LOVELY EVENING CLOAK

White Rose flour for all purposes

SHE MACKENZIE BOWEEL'S

HONESTY OF PURPOSE Sir John A. Macdonald Bid Not Like the Idea og Going Him - Mr. Bowell Displayed Great Deal of Enterprise in News paper Work.

The occasion of the ninetleth birthday of Sir Mackenzie Bowell recently has brought Canada's distinguished ex-Prime Minister and infection from slight wounds. To IATELY. The QUICK action of Adeditor considerably into the public these, in the rainy season, would be ler-i-ka is astonishing. eye, and several good stories are told of the veteran's vigorous honesty of purpose, which he took with a little excursion with the lancet and him into Sir John A. Macdonald's permanganate. The African traveler

On one occasion a big commercial house in Montreal was discovered to be "beating the customs." It happened that the head of the house was a strong Conservative, who contributed heavily to the campaign funds of the party. Notwithstanding these circumstances Mr. Bowell summoned him to Ottawa, told him frankly that he had been found out and that he must make immediate our head man, lifted up his voice. Millions of bottles of this old, famreparation.

"Do you threaten me, Mr. Bowell?" fumed the man. "I most certainly do," answered the zealous Minister. "Do you know who I am?" shout-

ed the angry merchant "Yes, I know who you are, and this 'matter isn't straightened up in two hours I'll order your arrest." "You dare to talk to me like that?" gasped the man.

"Then I'll see Sir John at once and we'll find out where you get off." The man burried to Sir John and told him that one of his Ministers had the audacity to threaten to ar-

rest him. "Dear, dear," said Sir John, his smoothest tones, "I'll have to attend to him, but tell me, which one of the Ministers it was. handle them all except one. one was it?"

"That fellow Bowell," replied the Montrealer. "Good heavens, man!" roared Sir

John, with feigned concern. "The very man I meant. I can't do anything with him. If Bowell said it, it goes. I'm extremely sorry, but I daren't trifle with Bowell. Take my advice and settle up at once."

It is said that after this the man lost no time in making his peace with the inflexible Minister of Cus-There is no "side" whatever about

Sir Mackenzie Bowell. He is naturally proud of what he has accomplished and the high position to which he has risen, but he is still the working journalist who was once a printer's devil. He has never suf fered from "swelled head," nor has he ever exhibited signs of snobbishness. He tells with characteristic enjoyment of having been quizzed on one occasion by a grand British military officer at a banquet in Hallfax. It was just after the Riel episode, when he was pretty much if the public eye. The officer assumed first that he was a lawyer. Mr Bowell denied it. The officer then supposed he must be a shipowner. Again Mr. Bowell shook his head Seeing that the officer was curious he held back until, being asked point-blank what calling he follow ed, he told the surprised militar; man that he was nothing more nor less than a graduate printer's devil Mr. Bowell displayed a good deal

of enterprise in his newspaper work. He relates how when the first cable was laid across the Atlantic he conceived the idea of printing a small daily paper that would give the people of Belleville the transatlantic news fresh from the wire. The late H. P. Dwight, president of the G.N. W. Telegraph Co., was then an operor in Belleville, and Sir Mackenzie remembers well how young Dwight used to read off the despatches from the wire to him and he would write them out on a pad. The paper was called The Diurnal, and was a small folded sheet selling at ten cents. It was not a successful venture, lasting only a few weeks.

Jews Oust Habitants.

The character of an entire parish near Montreal has been changed Jewish agriculturists gradually ousting habitant farmers. The parish is Ste. Sophie de la Corne, county of Terrebonne, seven miles from St Jerome. Mixed farming has to great extent, been displaced by extensive tobacco culture, Turkish tobacco being grown in surprising quantities. Originally the district was a Scottish settlement, but French-Canadians farmers took over slowly. The new invasion by Jews came, and now there are only three French-Canadians and on English farmer in the entire parish. It the event of a sale of property it is always turned over to a Jew. They have a school and own the village store. Summer residences for Jews of the city are now being built. The establishment of a sanitarium is now contemplated for the use of Jewish patients exclusively.

Power Exporting. Seven of the ten hydro-electric companies operating under Dominion charter, generated 131,986 horse power during the last fiscal year, and of this amount 101,423 horse-power was exported to the United States, the rest being used in Canada. The points of export are Fort Frances. Niagara Falls, Aroostook Falls, N.B. and Vancouver.

The chief operating companies are the Canadian Niagara Power Co. which sold 49,850 horse-power in the United States as against 1,682 horsepwer used in Canada, and the Ontario Power Co., which exported 38,312 horse-power as agains: 43,503 horsepower used on this side of the line.

Tree Distribution The forestry branch of the Canadian Government is now distributing some 3,000,000 trees annually ngst the western farmers, as compared with 385,000 distributed this department,

Canada has got some ideas from the United States in forestry administration, but in this matter the Am-

ALC: N

MEDICINE IN AFRICA

Faith Plays a Large Part With the Black Aborigine.

Kingston Druggist Has i

G. W. Mahood has the Kingston

agency for the simple mixture of

AGE TEA PUTS LIFE

Don't Stay Gray! It Darkens So

Naturally that Nobody Can Tell.

You can turn gray, faded hair

over night if you'll get a 50 cent bot-

here, because it darkens the hair so

scalp itching and falling hair stops.

wanted around, so get busy with

dark, handsome hair and your youth-

ful appearance within a few days.

Gas

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LIGHTS can be turned ON and

OFF without matches if con-

Saves time, gas and matches.

"Iwantu" Gas Irons, \$3.75.

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One only \$10.00 amber art

glass dome with 5 in. fringe.

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SALTS FOR KIDNEYS

for only \$8.50.

Come in and see it in use

nected with our bypass.

haired, unattractive folks

Agent, Geo. W. Mahood

This is the age of youth. Grav-

AND COLOR IN HAIR

As might be expected, the African native is a person of great "suggestibility" in respect to health and dis- buckthorn bark, glycerine, etc., ease. If he thinks he is going to die, known as Adler-i-ka, the remedy says a recent writer. Die he will, and | which became famous by curing arvery premptly, even if he has the pendicitis. This simple remedy has most trivial complaint. If he thinks powerful action and drains such surhe is going to get well, he is apt to do prising amounts of old matter from so in the face of extraordinary odds. the body that JUST ONE DOSE re-

Three things were likely to be the lieves sour stomach, gas on the stommatter; too much meat, fever, or pus | ach and constipation almost IMMEDadded the various sorts of colds. That means either Epsom salts, quinine, or gets to be a very proficient medicine man within those narrow limits. No matter what the matter was,

the proper thing for the sufferer to do was to throw a red blanket over the head and to assume as miserable an attitude as possible. A sore toe demanded just as much concentrated | beautifully dark and lustrous almost woe as a case of pneumonia.

Sick call was cried after the day's | the of "Wyeth's Sage and Sulphur work was finished. Then Miganda, Hair Remedy" at any drug store, "N'gonjwa! n'gonjwa!" he shout- ous Sage Tea Recipe are sold annued; and at the shout the red cowls ally, says a well-known druggist gathered in front of the tent.

They all squatted miserably, oh, and evenly that no one very miserably, in a row. The head can tell it has been applied. man stood over them rather flerdely. Those whose hair is turning gray, We surveyed the lot contemplatively, becoming faded, dry, scraggly and boping to heaven that nothing com- thin have a surprise awaiting them. plicated was going to turn up. One because after one or two applicaof the boys hovered in the back- tions the gray hair banishes and your locks become luxuriantly dark ground as dispensing chemist. "Well," said F. at last, "what's the and beautiful-all dandruff goes,

"Of course I dare," answered Mr. | matter with you?" The man indicated pointed to head and the back of his neck, and groaned. If he had a slight headache, he groaned just as much as if Wyeth's Sage and Sulphur to-night, his head had been splitting. F. ask. and you'll be delighted with your ed a few questions, and took his temperature. The clinical thermometer is in itself considered big medicine, and often does much good.

"Too much meat, my friend," remarked F, in English, and to his boy in Swahill, "bring the cup." He put in the cup a triple dose of Epsom salts. The African requires three times a white man's dose. This, therapeutically, was all that was required; put psychologically, the job was just begun. Your African can

do wonderful things with his imagination. Therefore the white man desires not only to enliven his patient's internal economy with Epsom salts, but also to arouse his faith. To this end F. added to that triple dose of medicine a spoonful of chutney, one of Worcestershire sauce, a few grains of quinine, and a crystal or so of permanpink. This assortment the patient drank with gratitude - and the tears running down his cheeks. A big Kavirondo rose to his feet. "Homa-fever" whined the man.

F. clapped his hand on the back of the other's neck. "I think," he remarked, contemplatively, in English, "that you're a liar, and want to get out of carrying your load."

The clinical thermometer showed no evidence of temperature. "I'm pretty near sure you're liar," observed F., in the pleasantest conversational tone, and still in English, "but you may be merely a poor diagnostician. We'll see."

So he mixed a pint of medicine. "There's Epsom salts for the real part of your trouble, and here, a few

things for the fake.!" He then proceeded to concoct mixture, the awfulness of which i the exact measure of his imagination. The imagination was only limited by the necessity of keeping the mixture harmless. Every hot, biting nause ous horror in camp went into that pint measure.

"There," continued F., "if drink that and come back again tomorrow fo treatment, I'll believe you are sick."

to record that I was the first to think all sorts of bladder disorders. of putting into the draft a peculiarly nauseous gun oil. Thereby I ac- your quired a reputation of making tre- clean, and the moment you feel mendous medicine.

Women In England

thus were paid at the same rate as disorders. men for the same work. Another instance is to be found in the records the death of her husband Robert, received the same salary "as the said Robert had been accustomed to durng his life."

Lead or Bladder Bothers.

Most folks forget that the kidneys ike the bowels, get sluggish and clogged and need a flushing occasion ally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torple Without undue pride, I should like liver, acid stomach, sleeplessness and

Eat Less Mear if Kidneys Feel Like

You simply kidneys active an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here, take In the seventeenth century Eng- a tablespoonful in a glass of water lishwomen were recognized as pos- before breakfast for a few days and sessing an economic and political sta- your kidneys will then act fine. This tus side by side with Englishmen. famous salts is made from the acid There was written an interesting en- | of grapes and lemon juice, combined try in the church warden's accounts with lithia, and is harmless to flush of St. Martin's-in-the-Fields, proving | clogged kidneys and stimulate them that one Elizabeth Bartlett was in- to normal activity. It also neutraltrusted with the casting of the second | izes the acids in the urine so it no bell and that all the women employed longer irritates, thus ending bladder

Jad Salts is harmless; inexpensive; makes a delightful effervescent of the Fleet prison, of which the first lithiawater drink which everybody female warden, appointed in 1217 on | should take now and then to keep their kidneys clean, thus avoiding serious complications.

A well known local druggist says he sells a lot of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble. Ag-Eliminate kitchen worries; use White ent, Geo. W. Maheod.

A Guaranteed 8 Per Cent Investment

We own a portion of an issue of First Mortgage Bonds of the Okanagan Falls Land Company, Limited. They are issued in small denominations, for a term of seven years, yielding eight per cent. payable half-yearly. The property of the Okanagan Falls Land Company is in the best fruit growing section of Br'tish Columbia, and we have had its value investigated by experts. We are offering the Bonds to the public backed by our own guarantee of payment of both principal and interest. Correspondence solicited.

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