NOW I'M ON

MY KNEES, I MIGHT AS WELL ASK

FOR YOUR

HAND

WELL,GET

THROUGH

WITH MY

YES -MY OPINIONS

ALWAYS CARRY A

At Kaladar Syntion

took charge of the post office on Fri-

day. It is now in the Carman house.

day. Messrs. Gordon and Evert Hugh-

ly a good thing for the children as

well as the grown, people. Miss Drew

is the superintendent and has succeed-

children on Sunday afterocons.

instant death.

ed in gathering in quite a number of

Narrow Escape From Death

Sigsworth had a narrow escape from

. Melville Ellerbeck, is ill. Joseph J.

Watson and bride are with his par-

Reports From Portland

Portland, Jan. 24. - The farm

THE POSITIVE, SAFE CURE FOR

HEADACHE AND NEURALGIA

Sufferers fro these torturing ail-

Hitherto the use of most so-called

gravest danger on account of their

ments will welcome the coming to

remedy, Dr. Stohr's Kephaldol.

taken with absolute safety.

Pleasant Valley, Jan. 26 .- Stanley

To Smokers. FROM THE COUNTR

You know that unpleasant, dry, throaty" feel after a hard smoke! l'epa will remove it. Some amokers try gum, but gum has no effect what-Not only so, but that chewing habit is so disagreeable.

When next you have a sore mouth, "smoker's throat," or a heavy breath, try Peps! One little Pep allowed to dissolve on your tongue will liberate pleasing pine essences which will bathe the inflamed throat membranes in a medicinal vapour bath. This will give you instant ease, and at the same time will sweeten the breath.

For a bad cold, sore throat, bron chitis, asthma, or any allied trouble eps is the latest and best treatment They are "the breathing treatment." When throat and lungs are ailing, don't you see how useless it is to swallow medicine into your stomach an entirely different and unconnected organ. Get to the lungs and throat direct, and Peps alone do that:

FREE SAMPLE

If Peps are unknown to you, cut out is article, write upon it name and date of this paper, and mail it with le stamp for return postage to Peps Co., Dupont Street, Toronto. We will send you free sample. Your druggist or dealer sells Peps at 50c box; 3 for \$1.25. Remember the name "Peps" and take no substitute.



Thomas Copley Telephone 987

Drep a card to 13 Pine street when wanting anything done in the carpentery line. Estimates given on all kinds of repairs and new work; also hardwood floors of all kinds. All orders will receive prompt attention. Shop, 60 Queen Street.

FLOUR Our Robin Hood brand of flour has a guarantee in every bag for good quality. ANDREW MACLEAN

New York Fruit Store

Ontario Street.

Sweet Oranges, 16c, 20c and oc a dozen.

Malaga Grapes, 20c a lb. Bananas, 15c and 20c

Figs, 15c a lb. Dates, 10c a lb. 14 Princess St. Phone 1405

A CURE FOR DRUNKENNESS

WITHIN THE REACH OF ALL That Alcoholism is a disease is now recognized by Science. No man in

Alcura stops the craving for drink,

builds up the system, steadies the liting at Mrs. Cramer's. Robert Gibnerves. It is guaranteed to cure or son has begun his work as assessor benefit or money refunded after a fair for this year. A good many are sorry trial. Alcura No. 1 can be given the post office is going to close the wanting to restore a dear one to health and usefulness. Alcura No. 2 is the voluntary treatment.

Can be had at our store only \$1.00 per box. Ask for our Free Booklet about Alcura. T. H. Sargent, Druggist, 186 Princess St., Kingston.

Make your feet glad by wearing a pair of

Warm Felt Slippers Warm Felt Boots

High or Low Overshoes Moccasins

Oil Tan Moccasirs

Heavy Gum Rubbers and Sox Hockey Boots

The Sawyer

MAVA TO TELL

Yews From Villages Throughous the Adjoining Cour ties-Rural Events, and Movements of the People

McLean Personals McLean, Jan. 27.—The people of this Marie Sills were at R. Wagar'd on are renewing acquaintances. Sunday. F. Foster has returned home after spending a week at Moscow. Mrs. A. Foster spent a week with Mrs. A. Smith of Wagarville, who is very ill.

Thirteen Island Lake Thirteen Island Lake, Jan. 26 .-

Notes From Florida

Florida, Jan. 26.-Mr. Redde has been ill of acute indigestion, is somewhat better. W. L. Storms, wife and daughter, spent Sunday at E. much to lose Mr. Martin and family, closed on February 1st; James Lloyd purchased a fine residence in Yarker, feet. It will be a great inconvenience where they have gone to reside. Mrs. to the people. Mrs. N. A. Stewart. T. Gordon and son and Mrs. George Mrs. A. Simpson, Mrs. W. Burnham, Redden spent a few days in Kingston and Miss Beatrice Simpson, all on the last week. Mr. Bateman, of Kings sick list, are improving. W. Burnham ton, has sold his farm here for a is home for a few days. Dr. O'Reilly, 1st of March. W. L. Stormes has the musical play in Minto Hall, Missbeen appointed agent for machinery.

Reynoldston Reports

Reynoldston, Jan. 26.-The improvement made by changing the mail route from twice to three times a week is much appreciated. The mail days now are Monday, Wednesday and Friday. Barney Snider is spending a few days at home. Mrs. Elmaron Snider, Fste- ston; Mr. and Mrs. Jackson, Montreal van, visited relatives here last week. Edgar Genge is taking a course in the business college, Kingston. Miss Lillie Reynolds, teacher, spent Sunday at her home in Verona. Burton, Genge Lake Choral Club went to Mississippi is drawing rock from the Reynolds last Thursday evening with their Robinson at A. Reynold's; Miss Sarah Hoage's entertainment was well at-Clow at W. Shepherd's; Mr. and Mrs. tended. Rev. A. E. Smart was in Thomas Cronk and family, Estevan, are renewing acquaintances.

Glenvale Post Office Closes Glenvale, Jan. 26 .- Frank Bowei Harrowsmith, is operating his sawing machine in this vicinity. Fenwick Cramer had the misfortune to severely out his foot on Friday. Mrs. Valker is seriously ill. William Hodge, of Odessa, gave an entertainment in the hall recently. A number from here attended the tea-meeting at Glenburnie last week. Mr. and Mrs. Ross Emmons, Kingston visithis senses brings disgrace and ruin ed at Hermon Emmons' on Sunday. on himself and family through Edwin Clark is making extensive preparations to build next summer Mrs. John Burnett, Havelock, is vislast of this month.

Myers Cave News

while they are putting in some new on Bruce Yarwood's farm machinery. "Leonard Delay at F. Neale's; Oscar Meeks at J. Perry's on Sunday last; Mrs. "Jack" McCaus-

Lyndhurst Locals Lyndhurst, Jan. 26-The members of the Lynchurst fair association, held their annual business meeting

Mother! Don't Hesitate! If Cross. Feverish, Constipated, Give "Cali-

forcia Syrup of Figs." Look at the tongue, mother!

When peevish, cross, listless, pale urally, or is feverish, stomach sour, breath bad; has stomach-ache, sore throat, diarrhoea, full of cold, give mines at Bob's Lake last week.

a teaspoonful of "Califorina Syrup Peterson, spent Saturday evening of Figs" and in a few housest throat the few housest throat of Figs" and in a few hours all the J. m. Reynold's. foul, constipated waste, undigested food and sour bile gently moves out of its little bowels without griping, and You have a well, playful child again.

take this harmless "fruit laxative": 1 they love its delicious taste, and it Melvin Pettingill, who underwent an nized as a perfectly harmless remedy Sunday. Born on January 21st, to noon, bottle of "California Syrup of Figs" has had a relapse, and is not expectwhich has directions for babies, children of all ages and for grown-ups leading his horse out to drink, was claimly on the bottle. Beware of kicked in the face, breaking his nose lief from those distressing pains and Lyndhurts on Tuesday, Mesers. Char. He had to go to Kingston to be treatcounterfelts sold here. To be sure and crushing his cheek bone. Miss aches, get a 50c tube of Kephaldol les O'Connor and Arthur Slack were ed by a specialist. Andrew Warner tablets from your druggist to-day. elected directors. Mrs. Willard Hall, has returned to Kingston, after the second of the Company." Refuse any other kind are settled in their new home on Con- haldel Limited, 31 Latour St., Mont- her sister. Mrs. Poss Deare spent isn't the one that rocks the boat in

last week. Yiba Jackson resigned as secretary and William Foley was elected in his place. The ice harvesters are putting away their supply of ice WHAT WHIG CORRESPONDENTS for the summer. Mrs T. Welch has | T. returned frome from the hospital not very much improved. Mrs. R. J. Harvey continues very poorly. Austin hotel here, and intends taking possession on the first of May. D. W. Green is having his house lighted with electricity. Some from here attended the dance at W. McGregor's, at Crosby. Mrs. Martin Wittsie is vicinity are opening roads after the laid up with an abscess on the back recent storm. Mr. and Hrs. William of her neck and Mrs. George P. Red-Smith spent Sunday at John Vanvoi- lick is also suffering with an abscess kenburg:s. Mr. and Hrs. Cousins and on her shoulder. George Gibson son, Ross, spending the winter at 16. froze one of his ears quite badly last Wagar's, Mrs. Sills is at Moscow. Mr. veek. Mrs. Fletcher Johnston and and Mrs. Miles Misses Ida and children from north of Edmonton,

Centreville Items

Centreville, Jan. 26 .- The Home" in the hall, Monday night, Alfred Cousins has purchased A. passed off very successfully with quite Brown's farm.

A nice crowd in attendance. The vaudeville and moving picture show, on Thursday night, was enjoyed by all the villagers. The members of L.O.L. Thirteen teams are drawing spar from No. 756, held their meeting on Frithe Hoppins mine to Godfrey, and day night, on account of the inclethirty-nine teams are drawing from mency of the weather, the previous the Reynolds mine to Verona. Mrs. week. Oysters were served after the J. McCullagh is very ill, as also are Mr. and Mrs. Sidney Morey. Alfred cd to Hanover, after spending his beyo is getting better, also Verna Mc- holidays with his parents. Rev. C. W. Knight, after a serious illness. Mrs. De Mille, Newburgh, occupied the pul-Andrew Leeman is kept very busy pit in the Methodist church on Sun-nursing the sick. Visitors: Mr. and day week, and gave a very impressive Mrs. John Walker, Collins Bay, and sermon. Quite a number of church Schuyler Alton and Miss Lelia Clark, people will attend the Sunday school at S. J. Deyo's. Miss Carrie Deyo institute meetings at Wesley on Wedvisited at Godfrey; Mr. and Mrs. A. nesday. Rev. E. Rowland took din-Collins, at John McKnight's. ner on Sunday last at Wesley Mcner on Sunday last at Wesley Mc-Gill's. Miss Blanche Milligan is ill. Miss Madge Weese, of Arden, is visiting Miss Pearl McGill.

Notes From Folger

Folger, Jan. 26.-The C.P.R. tele-Lucas', Maple avenue. All regret very graph and express office here is to be they having sold their farm here and agent, has received notice to that effancy price to Mr. Roushorne, of Calabogie, called on his patients here Kingston, who takes possession the on Tuesday. Elmer Burnham took in issippi. John Brasky called at S Cameron's, Flower, Wednesday evening. Vistors: James E. Boyd, at his home at Wilbur; William Crawford at his brother's, A. Crawford's; Mrs. James Simpson, has returned Kingston general hospital. Mrs. D.

At Sharbot Lake

at K. Davis'.

Potter took a trip to Kingston; Mrs.

R. Davis took a business trip to King-

Sharbot Lake, Jan. 26 .- Sharbot the village last week, on business. Four Children from a home near the village were taken to the Children's Aid shelter on Saturday. Rev. Mr Bromwich is still very ill. Mr. Cornell has supplied the work so far, but is expected a man will be sent ference to relieve Mr. Bromwich for two months. Two fines were imposed last week for violations of the liquor law. Miss Lena Clarke is visiting in Havelock. Miss Evelyn Keill is able to be around again. Mrs. Avery is day night. Once more there is a Sabvisiting her daughter, Mrs. R. Culbert, bath school in Kaladar. It is certain-

Bloomfield Budget Bloomfield, Jan. 25-Homer White and wife have returned home after

a month's visit with friends in Chicago. Garfield Shepherd has his new shop about completed. The public library will be moved to his shop and he will be librarian The shareholders of the Bloomfield cheese death, on Tuesday last. He and his manufacturing company hold their brother, Charles, were hauling wood annual meeting to-day. Mrs. Curtis from the vicinity of Silver Lake and Myers Cave, Jan. 24 .- The stage Stanton entertained company on two in coming out with a load, the con- ter will be pleased to know that he village home to the home of an was unable to make its usual trip on recent evenings. Mrs. James Eaton dition of the road caused the wood to has resumed practise at Westport with adopted son, Frank Stone, last Mon-Wednesday on account of the bad is confined to her home through ill- fall forward onto the horses. They be. Dr. C. A. Howard. The Mountain day. On Dec. 24th last Mrs. Lockroads. Drawing hay is the order of ness. John Williams and Miss Cas- came unmanageable, although Mr. View hospital will be reopened. M. P. wood passed away. At that time he the day. A very enjoyable time was sit Black, both having been operated Sigsworth bravely hung to the reins spent at Charles McGregor's on Jan. on for appendicitis during the past until struck on the head by a falling 16th, in honor of Miss Mollie's birth- two weeks are rapidly recovering. stick. The now thoroughly frightened day. Mrs. T. D. Perry has gone to Smallpox quarantine has been remov- animals dashed on and in going Montreal to attend the wedding of ed from the home of John Brans- through a gap became entangled with her nephew, F. Gauthier. W. C. Sal- combe. Mrs. Adam H. Saylor en- the team driven by Charles. One animond intends loading his car on the tertained company on Friday evening. mal suffered numerous bruises. Mr. 28th for his new home in Peace Riv- William Gerow, president of the Sigsworth was taken to Verona, where er district. C. A. McGregor, North Bloomfield cheese and butter com- a physician dressed the wound, which Bay, is home for his holidays. A pany entertained the directors and required three stitches. Had the stick Delay and James Perry are laid off their wives at dinner at his home on struck him a few inches nearer the at the Pay ore mines for a few days Tuesday: John Shepherd is moving front of the head it would have been

At Crow Lake

Crow Lake, Jan. 26:- The roads are | chts, Mr. and Mrs. T. H. H. Watson. in a very bad state. There was no Mrs. George Barr is visiting friends church on Sunday, owing to the bad near Sharbot Lake. School is proroads. Two officials of the C.P.R. gressing favorably under the able here while endeavoring to make, a linanagement of Mrs. B. Babcock. short route from down the line, ran Hartington. the horse which they were driving, into a mud hole on Sucker Lake, and had to call on the men from the station to help out with the horse but ers are hauling logs to the mill. Delluckily for the animal it was out on bert Murphy and family, who have hard footing. The trustees called a been visiting his parents, Mr. and meeting on Wednesday last to settle Mrs. W. Murphy, have gone to Chessome business matters. Mr. Smith of terville, for a few days, before re-Sharbot Lake, township clerk for Oso, Turning to the West. The Portland was present and found everything on w the secretary's books O.K. J. Cooke KEPHALDOL W. B. Tharrett's. Miss Daisy Matron, coated, it is a sure sign that your lit- Mahon, Miss E. Hughes and Mr. and tle one's stomach, liver and bowels Mrs. F. Knapp were Sunday visitors need a gentle, thorough cleansing at at C. Knapp's. Frederick Tharrett spent Sunday at home. The painters Canada of the well-known European are now at work on the station. Stoness, who has been seriously remedies has been attended with the at injurious effect cy the heart and

secon street. Mr. and Mrs. George real.

visited their daughter, Mrs. C. hockey team played in Seeley's Bay Morden, Sunday last. The Canadian last Saturday, and intend playing in rend is recovering from an attack of acid and wind. In all such cases—and Foresters held their annual banquet Newboro next Saturday. J. Morris grippe. Joseph Bevins is visiting in at the Hotel Alexandra last week. has returned to his home here from

SAY, BILL, WHERE

CAN I GO

TO GET A

SKATE FIXED?

YES-AND I'VE OFTEN

THING OF YOUR FEE

1 (00)

GO TO A

Alexander, gave a tea to the mem- is not improving much. bers of the tennis club last Friday Death visited the village again, evening. Craig Blatt and wife are this time taking an old and respected settled in their new home on Maple resident in the person of A. Payman, day. Joseph Popley and Mrs. Hunkins antacid and food corrective known. The on Jan. 12th. The funeral was held of Sand Bay, visited at P. Kelsey's on mentation stopped almost instantly, to the English church here. Mrs. P. Sunday. Messrs. James Burns and and your stomach will at once proceed Allison, of Chesterville, returned Christopher Weebs, made a business storm of last week delayed the trains past week with her mother, Mrs. Johnston Moorehead and Joseph War- found other forms utterly lacking in mine to Verona. Mr. and Mrs. D. play entitled "The Geisha Girl." Mr. and stages for a few days, but all are Payman. Frederick and Charles ren made a trip to Gananoque on its peculiarly valuable properties.—F. running on time again. Messrs. B. Payman, Kenora, were called here Tuesday last. Detlor and Files registered at the Car- last week on account of the death of man house over Sunday. E. Hughes their father. Mr. and Mrs. W. H. went to Kingston on Thursday, to Murphy are in Smith's Falls, visiting undergo an operation. P. A. Detlor their son, Dr. Murphy.

BEAU 19

FILLED

EGOTISM

WITH

Horse Races at Westport

which makes it more convenient for Westport, Jan. 26 .- The annual races the stage drivers. Mrs. H. Lewis; left held her Thursday and Friday were on Friday for Shannonville. W. Both great success. The green race and lowas in town last week. Mrs. C. Pick- cal were run off the first day, result ering called on Mrs. Fleming on Fri-Green race-Tennant Lyon, 1st; Ham ics were at Mrs. Fleming's on Satur-Green, Westport, 2nd; Mr. Howel, Ca-

Local race-W. E. Fredenburg, 1st; Ben. H. Grant, 2nd; J. E. McCann, 3rd; Mr. Barrett, Bedford, 4th. The 2.30 class was won by Gatar Pointer (J. Woods, Burridge);

Baddy McCue (W. Stafford, Seeley's Bay); 3rd, Robert L. (W. H. Com- roads in a very bad shape J. W. W. youths' and children's, give us stock, Brockville); 4th, Princess B. Summers is cutting wood for Thomas a call and be convinced that (Percy Ward, Cataragui) Grant, Westport); 2nd, W. J. Lyons, passed away in the person of Miles Harrowsmith; 3rd, Mr. Carr, Delta. Lockwood, in his eightieth year. Mr. The many friends of Dr. G. J. Fors- Lockwood was moved from his Bennett, the star forward of the was able to attend to his business

Odessa Tidings

leaving for Edinburgh, Scotland.

of the past few days has left the returned from their honeymoon trip roads in a very poor condition. The to Edmonton and other western skaters were pleased to have the points, and will commence life on the band in attendance at the citizens' farm, rink on Saturday night. P. A. Valentine and Miss L. M. Simpkins speut Sunday with friends in Florida. Miss M. McCaul is able to resume, her teaching after another attack of ill- of Montreal, came home to attend

ciety held its annaul meeting in the Stormes and daughter. - Lulu, spent township hall, Odessa. The audi- an evening at John Curl's, River tors' report shows about \$200 to street. Mr. and Mrs. James Freecommence business of the coming man and Mr. and Mrs. Manson Lee show; also about \$2500 in real es- spent Saturday evening at George tate. Daily Bolce was elected presi- Lee's. Mr. and Mrs. Ross Deare have dent; Samuel Hogle, vice-president; returned from visiting friends at A. M. Fraser, secretary, and E. O. Snow Road. Mr. and Mrs. C. Shuitz

is the guest of her aunt, Mrs. M. ning at the home of Mrs. Jones. Mrs. McDonald. C. W. Timmerman has S. Winters and Effic Shields spent a returned to his home in Montreal day recently at Mrs. J. Shibley's. after spending the past month with Harrowsmith. Miss Lizzie Brown, of relatives in Odessa. Miss Nellie Lime Lake, spent a couple of days Clyde has returned to her duties af- with her sister, Mrs. D. Stewart. W ter spending the past week with her Cole, of Harrowsmith, spent Sunday

Long Point, Jan. 26 .- Charles O'. Connor and Miss Madeline O'Connor up residence here in the house lately other organs. Rephaldol may be attended the funeral on Monday of occupied by Charles Shultz, Miss T. the infant son of Mr. and Mrs. . los. Stewart spent a couple of days at In thousands of cases Kephaldol eph Kenny, Jones Falls. Messrs. Mich. Camden East, the guest of her cous-Wellington, Jan. 24.-Mrs. B. Rey. acts instantoneously-acts where ael Slack and D. Foley, Landowne, in, Miss Edna Harnah. Cutting ice nolds died on Thursday last, and the jother remedies have proved useless, made a business trip here on Monday, is the order of the day. Mrs. M. You needn't youx sick children to funeral took place from her late resi- Yet its use is never attended by any Miss Lenna Tye, visited at N. McCon. Lake, of Lakeview, visited her mothdence on Saturday morning. Mrs. ill after-effects, It has been recog- nell's, Ellisville, last Saturday and er, Mrs. Cambridge, Friday afteroperation at Belleville hospital, and by the medical profession, who have Mr. and Mrs. Orval Hall, a daughter. All are sorny to learn of the severe who was thought to be out of danger, made regular and prolonged trials of Miss Emma Kelsey is suffering from a accident Kenneth Martin met with Philip Kelsey spent Sunday with Monday at Camden East.

friends at Short Point. Mrs. D. Town-D. Ferguson, proprietor of the Hotel the St. Vincent de Paul hospital, and Singleton attended the winter fair in and stop the fermentation by taking en and George Bracken, Ellisville, vis- of

MHATEVER THAT 15, IT

FATTENING.

Death at Phillipsville Philipsville, Jan. 24-J. V. Philips

has sold his farm and has advertised his stock for sale. The tenant farmers are commencing to move their machinery, etc. James Stevens, of Plum Hollow, has moved into H. Davison's farm house. Mr. Stevens ts in poor health. Farmers are hauling logs to the mill. Edward Keman cut a fine lot of wood with his gasoline engine for Floyd Denney. Mrs. William Stevens, Mrs Isaac Stevens and Mrs. Peter Nolan were the guests of Miss L. M. Blackburn on Friday last. A big crowd was on the rink to-night for the carnival. The heavy | est prices, in the newest styles snow, storms and drifts has left the McCrogan with his gasoline engine. I we can meet your needs to Three minute class-lst, Ben. H. (B. Another old and respected resident) your satisfaction. Smith's Falls hockey team, is home but her death seemed to take his for a few days. Dr. A. L. Lockwood strength away and he failed very fast. is spending the week in Ottawa before The rain Friday night and Saturday was a boon to the housewives for nearly every cistern was dry. Dr. and Mrs. Lillie, of Westport, are the guests of Mr. and Mrs. E. A. Whit-Odessa. Jan. 27.—The heavy snow more. Roy Willows and bride have

Tidings From Yarker Yarker, Jan. 26 .- M. VanLuven the funeral of his mother, Mrs. A The Ernesttown Agricultural so- VanLuven. Mr. and Mrs. William Clark and J. A. Timmerman, audi- and Miss Dora spent an evening at Miss L. Homan's. Mrs. Martin and Miss Edythe Redden of Westbrook Mrs. Jones' class spent Friday evesisters, Myrtle and Flossie, in the at C. Peters'. Mrs. G. Kenehan, of River street, spent Friday at S. Winters'. Mr. and Mrs. J. Sanderson took tea with Mr. and Mrs. Martin. Mr. Martin, of Wilton, is taking

Starting the Day Right

Do you begin the day with a grouch"? Are you tired in the mornings? Do you fail to benefit by the restorative influence of sleep. which should make good the energy and vitality consumed by the day's

Then you are rapidly becoming pankrupt so far as health is concern ed. You should look to your habits of eating, make sure that you get lots of fresh air in your sleeping apartments, and restore wasted vitality by using Dr. Chase's Nerve Food.

This great food cure does not induce sleep by any drugging effect but when you have been using it for a few days and get the nervous system into condition you find your self resting and sleeping naturally and healthfully. By keeping up this restorative treatment you will be able to make good the waste and fill the exhausted nervous system with new vigor and energy. This means thorough cure of such symptoms as headache, sleeplessness, indigestion, and tired, listless feelings.



How To Prevent Acid Stomach By a Stomach Specialist

As a specialist who has spent many stomach troubles, I have been forced to the conclusion that most people who complain of stomach trouble possess stomachs that healthy and normal. ble, that which causes all the pain and difficulty, is acid in the stomach, usually due to, or aggravated by, food fermentation. Acid irritates the delicate lining of the stomach and food fermentation causes wind which distends the stomach abnormally, causing that full bloated feeling. Thus both acid and fermentation interfere with and retard the process of diges-tion. The stomach is usually healthy and normal, but irritated almost past Gananoque. Mr. and Mrs. Richard step necessary is to neutralize the acid Ottawa last week. Dr. Edward Brack- in a little warm or cold water immediately after eating, half a teaspoonful ited at Mrs. S. Seabrook's on Thurs- less the best and only really effective Kaladar Station, Jan. 25.—The snow home yesterday, after spending the trip to Elgin on Thursday. Mesers. for the bisurated magnesia, as I have

BOOTS AND SHOES

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