

Cod Liver Oil Easy To Take

No matter how much you may have disliked taking Cod Liver Oil, either clear or in an Emulsion, you'll really enjoy taking our

WINE OF COD LIVER OIL. Its reconstructive properties are superior to any known preparation. When debilitated after grippe or cold there is nothing that will so quickly build you up.

BESTS

KRYPTOK

FAR VISION

Without Lines in the Lens

It used to be true that bifocal glasses were troublesome, and "old" looking, and trying to the eyes. It is NOT true of KRYPTOKS—the new bifocals that look and wear like plain glasses, but give perfect near-and-far vision.

Fitted by

KEELEY Jr. - Optometrist

We Grind the Lenses. 8 Doors Above the Opera House

Asthma Catarrh

WHOPPING COUGHS BRONCHITIS COUGHS COLDS

Vapo-Cresolene

ESTABLISHED 1879 A simple, safe and effective treatment for bronchial trouble, without doing the strenuous with drugs. Used with success for thirty years.

Vapo-Cresolene

ALL DRUGGISTS. THE CRESCOLINE ANTISEPTIC THROAT TABLETS

Vapo-Cresolene

JENKIN'S HOOTING SALE

Sweater Coats

Everyone knows the excellence of our Knitted Coats.

Travellers tell us we carry the finest assortment of any house in Canada. We have all colors and all sizes, and all lines sell at 20 per cent. discount.

Scarfs

To ward off colds and doctors' bills, 10 dozen at half price.

50c Scarfs for 25c. \$1.00 Scarfs for 50c. \$2.00 Scarfs for \$1.00. \$3.50 Scarfs for \$1.75.

E. P. JENKIN'S CLOTHING CO.

Told In Twilight

(Continued from Page 2.)

The meeting of Badminton was well attended on Wednesday afternoon. Some of those noticed were Mrs. R. E. Kent, Mrs. J. P. Gildersleeve, Mrs. T. G. Hemming, Mrs. F. Strange, Professor and Mrs. Iva Martin, Mrs. E. M. Saunders, Mrs. J. B. Carruthers, Captain and Mrs. Maurice Plummer, Mr. and Mrs. George O. Wagner, Professor and Mrs. P. G. C. Campbell, Captain and Mrs. W. G. Hagarty, Mr. and Mrs. E. H. Payne, Miss Bessie Smythe, Miss Minnie Gordon, Miss H. S. Smythe, Miss Mabel Gildersleeve, Miss Christine Cochrane, Miss Aileen Rogers, Miss Phyllis Shortt, Miss Marie Garrett, Miss Marie Carruthers, Miss Dorothy Shortt, Miss Hilda Kent, Miss Dorothy Carruthers, Miss Marge Dawson, Miss Molly Cartwright, Miss Kathleen Carruthers, Miss Mabel Brownfield, Miss Nora Macene, Miss Lottie Kirkpatrick, Miss Rose Rogers, Miss Marjorie Brownfield, Miss Norton-Taylor, Colonel G. H. Ogilvie, Colonel H. H. Hart, Major R. C. Hammond, Captain C. Constantine, H. E. Book, Heymann, Messrs. Elwood, McEne, Maclean, E. V. Lesslie, Carruthers, C. V. Bishop, R. Garrison, H. Lafferty, McGill and Hugh Muckleton.

The curling tea this week was in charge of Miss Dalton and her rink. Mrs. A. E. Ross poured tea and Miss Mabel Richardson assisted her. Several tables of bridge were in play and also a mixed rink match was played. The players were Miss Millie Ferris, Mrs. W. A. Mitchell, Mrs. W. R. Givens and Miss Mabel Dalton, skip—12, against Messrs. C. A. Bryans, Percy Lyman, Montgomery and E. C. Gillespie, skip—17. The members present were Mrs. D. S. Robertson, Mrs. P. E. Pridoux, Mrs. Harold W. Nelles, Mrs. Hugh Macpherson, Mrs. H. J. Ashby, Mrs. James Higgins, Mrs. H. Tandy, Mrs. Harrison (Dunlop, N.Y.), Mrs. J. Campbell Strange, Mrs. J. M. Campbell, Mrs. D. M. Fraser, Mrs. James Hamilton, Mrs. Phelan, Mrs. R. S. Waldron, Miss Martha Smith, Mrs. Herbert Robinson, Miss Lettice Tandy, Miss Edith Folger, Miss Anna Fairlie, Mrs. Arthur Craig, Miss Phyllis Knight, Mrs. E. H. Payne, Miss Betta, Miss Kathleen Daly, Misses Carrie and Ethel Waldron.

Miss Lettice Tandy, King street, was hostess at a most enjoyable bridge on Thursday afternoon in honor of her visitor, Mrs. Harrison, of Dunlop, N.Y. There were four tables in play and the prizes were won by Mrs. W. R. Givens, Mrs. Harrison, Mrs. R. Holloway Waddell and Miss Francis Sullivan. The other guests were: Mrs. H. L. Ashby, Mrs. James Mills, Mrs. Arthur Craig, Mrs. J. M. Campbell, Mrs. D. M. Fraser, Mrs. James Hamilton, Mrs. Phelan, Mrs. R. S. Waldron, Miss Martha Smith, Mrs. Herbert Robinson, Miss Lettice Tandy, Miss Edith Folger, Miss Anna Fairlie, Mrs. Arthur Craig, Miss Phyllis Knight, Mrs. E. H. Payne, Miss Betta, Miss Kathleen Daly, Misses Carrie and Ethel Waldron.

The Kingston Ladies' Musical Club, to return the compliment of the Napane Ladies' Musical Club, in giving a recital here on Nov. 22nd last, gave a programme in Napane yesterday afternoon. The members who went up to take part were Mrs. F. G. Gutter, Mrs. H. T. J. Coleman, Mrs. Arthur Craig, Mrs. J. Cochrane, Miss M. She, Miss Christine Cochrane, Miss Hazel Massie, Miss Mae Hinkley, Miss Jenn Craig, Eileen Wright and Miss Daisy Chown.

There will not be the usual tea at the Curling rink next Wednesday afternoon. The visiting rinks will arrive that evening and the hospial will open on Thursday morning at ten o'clock.

Mrs. J. B. Mowat, 160 Johnson street, will receive on Wednesday, January 22nd, and on each succeeding Wednesday throughout the winter.

Mr. W. M. Wright, B.A., who is attending Osgoode Hall, Toronto, was in town for last night's dance at Queen's.

Rev. S. J. M. Compton and Mrs. Compton returned home tonight after spending a few days in Toronto.

Dr. J. Cameron Smith, of Cochrane, Ont., came to town for the dance at Queen's last night.

OLD-FASHIONED MARRIAGE

Couple Started Out in Life Broke but Happy.

New York World. The young man and young woman who went to Tarrytown to be married, and then, because the bridegroom had paid the judge 50 cents of a fee and had't car fare left, set out cheerfully to walk home, a distance of four miles, furnished the news current of the day with a more interesting marriage item than some of which columns are given.

Here is an example of natural marriage as contrasted with society marriage, socialistic marriage, trial marriage, organic marriage, and life variations. It is the kind of marriage practised in the primitive days of the republic, when the hearts of men and women were full of robust red blood and the brain had not been attenuated by training after two many exotic ideas. From such marriages came homes in which the country produced native-born babies in plenty and did not have to import population from abroad.

The judge that married them is quoted as saying to the bridegroom: "I certainly admire your nerve in starting out in married life broke." It was the voice of sophistication pronouncing judgment on primal instinct. What the judge called "nerve" was heart; what he called being broke was freedom. The walk home of that penniless pair may have been happier than many a bridal tour to Europe in a salon de luxe. At any rate, it was a marriage of untrammelled human happiness, as any science can divine or official supervision regulate.

THE DIGNITY OF LABOR

Panegyrics That Should Be in Ontario School Readers.

A Whig reader writes as follows: The following able panegyrics on the dignity and pleasures of labor are copied from a Scotch journal published over sixty years ago. They are certainly worthy of a place in the new Ontario Readers.

First, on the Dignity of Labor—In early life David kept his father's sheep. His was a life of industry, and though foolish men think it degrading to perform any useful labor, yet in the eyes of wise men industry is truly honorable, and the useful man is the happiest. A life of labor is man's natural condition, and most favorable to mental health and bodily vigor. Bishop Hall says: "Sweet is the destiny of all trades, whether of the brow or the mind. God never allowed any man to do nothing. From the ranks of industry have the world's greatest men been saved by a man who was sent for from the plow. Moses had been keeping sheep for forty years before he came forth as the deliverer of Israel. The apostles were chosen from the hardy and laborious fishermen. From whence I infer that



A. W. RICHARDSON. Who goes from the Board of Education to the Council.

when God has any great work to perform he selects as his instruments those who, by their previous occupation, had acquired habits of skill, industry and perseverance, and that in every department of society they are the most honorable who earn their living by their own labor." (Rev. F. Spencer).

Secondly, on the Pleasures of Labor—it is not uncommon to hear mechanics and other workmen repining at their lot, especially as compared with that of such as are engaged in the learned professions. In hours of despondency these are imagined to be happy, who are free from the necessity of manual labor. Contentment is the best policy. All is not gold that glitters. Inaction is not ease. Money will not purchase happiness. Lords and ladies are very often wretched people, and the instances are numerous in which even kings have thought men of humble station the happiest. M. D. Alembert relates that Frederick, king of Prussia, once said to him as they were walking together in the gardens of Sans Souci: "Do you see that old woman, a poor wretch, asleep on that sunny bank? She is probably happier than either of us." A greater and wiser king also said: "The sleep of a laboring man is sweet, whether he eat little or much, but the abundance of the rich will not suffer him to sleep." The truth is labor is not an evil. In the sweat of the face shalt thou eat bread, sounds like a curse, but has been made a blessing by our benign Creator. Health, strength and cheerfulness are promoted by the proper use of our bodily powers. (Selected from the Working Man, an American publication). School children should cut this out and paste in their reader.

The quality of White Rose flour never varies. Your rankest enemy may be on speaking terms with you and a zealous hand-slaker. The idle man, as a rule, indulges in a lot of reflections that do not spell ready money. It is difficult to be a success in business by commencing in the middle and working up. "So, bath sponges," at Gibson's. Nothing so discourages the man with a grouse as the hearty laugh and cheerful face.

When it comes to church and charity benevolences most of us are mighty economical.

Here is the Secret of Long Life

While looking forward to health and long life it is possible that you are unaware of the conditions necessary to attain healthful old age. Careful eating, and consequent preservation of the health and vitality of the digestive and excretory organs is of the greatest importance.

Overeating is the usual cause of torpid, sluggish liver action, and when the liver fails additional work is thrown on the kidneys and they break down. Kidney disorders are the great source of suffering in old age. Rheumatism, bodily pains, aching arms and legs backache and lumbago are the result.

By the use of Dr. Chase's Kidney-Liver Pills to regulate the liver, kidneys and bowels, as occasion requires, you not only overcome the suffering inconvenience and unpleasantness of attacks of biliousness, indigestion and constipation, but you actually prolong life by keeping these organs in good, healthful condition. This medicine is a wonderful source of comfort for people in old age.

SHE'S A HOME LOVER

WIFE OF FAMOUS AUTO MAKER ENJOYS DARNING SOCKS

Husband's Closest Advisor—She Was the Only Person Who Believed in His First Mechanical Buggy—Interested in Working Girls

Detroit, Jan. 24.—"No one would know the Fords had money to talk to the friends of the man who has put into effect a plan to distribute \$10,000,000 a year among his employees. "She is a typical homelody in every sense of the word. Why, she refused to have any servants around her house until two or three years ago, and insisted on doing every bit of her own work." This is as pithy a description of Mrs. Henry Ford as could be given. She married the automobile manufacturer in early life, and was about the only person who had the "nerve" to endure the hoots of the crowds and ride through the streets of Detroit in Mr. Ford's first "horseless carriage."

She was Miss Clara Bryant, daughter of a prosperous farmer in Redford, a small village near Dearborn, six miles from Detroit, where the Fords now have a modest bungalow. Mrs. Ford cares little for society as it is generally understood. She belongs to a small dinner club in Dearborn, and a stockholders in Pricilla Inn, a home just opened for working girls. This is practically the only philanthropy she is interested in, although her close friends say her private gifts to the needy are large.

In the summer Mrs. Ford's favorite spot is the front veranda of the bungalow, where she may be seen at almost any pleasant afternoon rocking happily—and darning socks.

When she and her husband, who are very close together in all things, go to town they have no chauffeur, but take turns in driving one of the little Ford automobiles which have given to them one of the largest incomes in the country.

Mrs. Ford recently told a friend that she would give any amount of money to recover an old piece of sheet music which once was one of her most cherished treasures, but has been lost. On this was sketched with a pencil, twenty-five years ago, seven years before an automobile had ever been seen, a creditable representation of the Ford automobile of to-day.

Mr. Ford, she says, drew it one Sunday morning. He announced that he was going to sketch out his idea of a "mechanical buggy."

He spent two hours on the design on a sheet of ordinary paper, then announced that he must have more room, and seized with the back of the sheet of music as the largest piece of paper he could find.

Mr. Ford often refers to his wife as "the believer." He explains that she was the only person who believed in him and his ideas in the days when things looked most cloudy than they do now. Often when confronted by some important business problem he says: "Well, I'll have to consult Mrs. F. before giving an answer."

WITHDRAWAL

Of C. P. R. Trains, 7 and 8 Between Toronto and Winnipeg

C.P.R. trains 7 and 8, between Toronto and Winnipeg, will be withdrawn, effective, westbound, Saturday, Jan. 24th, and eastbound Jan. 27th.

Carried No Samples

Dr. Harvey Wiley, the pure food expert, told the Toronto Ad. Club last night about his experience when he went to a place in Carolina to make a propaganda speech. "I checked my bag at the station," said Dr. Wiley, "and engaged an old dray driver to drive me to the hall. He seemed very much worried over my lack of baggage. "Most every gent what comes here's got something to sell," he said. "Maybe 'ouse got something to sell, boss?" "Oh, yes," I told him, "I've got something to sell." For a moment he seemed satisfied. But his curiosity got the better of him, and he broke out with another question.

"What might that something be you got to sell, boss?" he asked. "I thought it over for a while, and decided that I should have to give him some kind of an answer, so I said, 'I sell wit and wisdom.' "The old negro scratched his head and cogitated.

"Well, boss," he said, finally, "you is de first man I ever toted be what didn't carry no samples."

Grand Opera House Next Week

The repertoire of the Billy Allen Musical Comedy company, which opens a week's engagement at the Grand Opera House, starting Monday, January 26th, has increased its attractiveness this season by the addition of several modern novelties. While there are many music lovers who prefer to hear only the older operas that have grown familiar there are others who enjoy the newer works of the modern masters, and Messrs. Billy Allen and William H. Harder are the first in line to offer the sensational Musical Comedy successes at popular prices. They present this season for their many friends and theatre goers in this city a sumptuous production of "Three Twins," with its many tuneful songs and hits. "The Royal Chef," which was made so popular by Dave Lewis the comedian, "Comin' Thru' the Rye," "Phatone," "The Green Bird," and "Others. A sixty foot carload of scenery, electrical effects and wardrobe is carried and used to produce the many stage pictures that this wonderful repertoire contains. The opening play Monday evening "Three Twins."

"Beautiful bath sponges," 50c. Gibson's.

Most of us are constantly looking for rewards that we have not earned or are entitled to.

Doctors all recommend White Rose flour.

If all the laws were strictly enforced all enlargements would be an absolute necessity.

TEACH SEX HYGIENE

And Uphold Sex Principles With The Book

Pictorial Review, February, 1914. The average conscientious teacher is already overworked. It is no longer enough that she prepare girls and boys for college. The three R's have expanded into the entire scheme of living. The teacher is asked to instill habits of industry, courage and honesty. What little knowledge of the Bible many children now have is secured from daily reading at school. The teacher instills in her pupils appreciation for art and music. She teaches the girl how to mend, sew, cook and how to bathe a baby. Now she is asked to instruct her in the mystery of life itself. What next?

And observe the inconsequence of the average taxpayer. This teacher who is asked to give instructions in sex hygiene must not pass through the doctrine of writing, accidental experience of motherhood. To be the mother of a child, in the eyes of those who direct public education in the city of New York, disqualifies a woman for teaching—even sex hygiene. The time may come when sex hygiene will be taught in all schools, just as ordinary physiology and hygiene and hygiene are now taught. If this becomes necessary, it will be because the American mother continues to evade her duty in this respect as in others. We believe that the foundations of sex education, like morality, honesty and personal cleanliness, should be laid in the home. Sex purity must be installed in the child by example, precept and delicate instruction, precisely as she is taught to tell the truth and refrain from stealing.

The mother does not trust to God or a miracle, or the church or to school to train her girl in truth and honesty. Why then in morality, in sex relations? It is a mistake to think that girls are born pure. They have that mighty distinct which when properly directed makes for life's noblest duties, the reproduction of the human race. Misdirected or un-directed, it makes for moral ruin. Discipline, the one preventive and cure for immorality, is not enforced in the average home. A knowledge of where children are and what they are doing is essential to the mother with the rod. Yet the mother has the right to know where her daughters and sons go. She should decide whether the place they have chosen and the companionship it involves are good for her children. And finally she should be upheld by society and her husband if she enforces that decision with the rod. There is a wide divergence between cruelty and discipline, between humiliation and wholesome control. And it is time that American parents realized this fact. It is time that they reverted to the customs which planted respect for parental experience and wisdom and the fear of God in the hearts of the rising generation.

Epoch in British Columbia

On January 13th the laying of steel on the Grand Trunk Pacific railway reached Prince George, the coming city of Central British Columbia, situated at the junction of the Fraser and the Nechaco rivers. This was a momentous event as it gives Prince George the first rail connection it has with the outside world. It is interesting to note that up to date the Grand Trunk Pacific Townsite and Development company have sold in Prince George 3,171 lots the total value of the same being \$2,322,703.33. Owing to the large area of agricultural lands in the district surrounding Prince George and the vast territory of unknown possibilities that are in the immediate vicinity will make this an important city, and as a great distributing point for the entire Central British Columbia region.

Phone 230 for drug wants.

Gibson's.

There is no more noble endeavor than to try to be growers in usefulness and happiness.

Blood Medicine

That originated in a famous doctor's successful prescription, that is made from the purest and best ingredients, that has a record of relief and benefit believed to be unequalled the world over—such is HOOB'S SASSAPARILLA.



Spark Guards, etc.

We make Penders and all kinds of Fire Guards, Call us up for prices. Partridge & Sons. 2800 St. Clair St. West

Send for Free Book giving full particulars of TRENCH'S REMEDY the world famous cure for Epilepsy and Fits. Simple home treatment. 25 years' success. Testimonials from all parts of the world. Over 1,000,000 cured.

FITS CURED

TRENCH'S REMEDIES, LIMITED, 411, St. James' Chambers, Toronto.

Come Early?

FOR FIRST CHOICE OF COMING SEASONS' NEWEST STYLINGS. NOW ON HAND BEST VALUE IN CITY.

Ashby the Tailor

26 Brock St. Phone 1513

PROBS.

Sunday, strong north-west wind and a change to much colder.

TONIGHT From 7 To 9 P. M.

8 doz. Fancy Collars, stocks and tab. setts, regular 15c to 50c.

Tonight 5c.

5 doz. fancy elastic, silk and leather belts, slightly marked; regular 25c to 75c.

Tonight 5c.

Monday

Special sale wool caps, 7 doz., white, red and blue blue and white and red and white; regular 75c and 90c qualities.

Monday 39c.

1 doz. motor hoods, in combination colors, reg. \$1.25.

Monday 65c.

STEACY'S "The Busiest Store in Town"

COMING

Beautiful hair makes every woman beautiful and all who desire to make the most of their appearance should pay a visit to Prof. Pember, of Toronto, who will be in KINGSTON, AT THE RANDOLPH HOTEL, FRIDAY, JAN. 30TH, with a very large stock of the latest styles to suit every individual. Ladies should see our Transformations, Bangs, Pompadours, Fronts, Waves, Switches, etc. A FREE demonstration to all.



GENTLEMEN, IF YOU ARE BALD, CALL AND SEE



the Pember lightweight ventilated toupee which is the most natural substitute for one's own hair ever produced. Prof. Pember will also diagnose free of charge all cases of scalp trouble. Do not fail to call and get any information you may require pertaining to the hair. Ladies who cannot call, kindly phone, or write, and Prof. Pember will call at your home.

Remember The Date RANDOLPH HOTEL, FRIDAY, JANUARY 30TH

Our Tungsten Lamp Will Save You 66 2-3 P. C. in Current

House illumination our specialty. It is cheaper in the long run to have electricity in the house than coal oil.



Ask us for prices.

[H. W. NEWMAN Electric Co. Phone 441 79 Princess Street

SALE

GENUINE BARGAINS IN MEN'S BOOTS Fine Dongola Boots, were \$2.25, now \$1.90 Men's \$2.50 Dongola Gaiters, now \$2.00 Good Serviceable Solid Leather Working Shoe for \$1.65 20 Per Cent. off Black and Tan Heavy Boots. A Good Dressy Boy's Shoe, regular \$2.75, now \$2.15 At

JOHNSTON THE PRACTICAL SHOE-MAN 70 BROCK ST.