SIR MARTIN CONWAY DISCUSSED THE PROBLEM.

Was an Hereditary Instinct — Sir a valuable exercise for the respira-Martin Describes One of His Trips, tory organs.

Sir Martin Conway, explorer, mounincer and author, who was recently guest of the British Authors' Club, sed the problem why people want to climb mountains.

oblem, he said, had never sons it was an hereditary instinct. great secret and compelling force ich induced people to climb moun-

was the chief element in obmountain. Mountains had al- deep breathing. ways been regarded as the home of har creatures, such as demons spread abroad that on one big peak there was a palace of crystal inhabit-ble for deep breathing to be overdone, particularly by persons with weak peak and when he returned had lost alleged to remove are not useful in preventing the entrance of germs and taken it away. "They warned us," other foreign bodies." — Washington observed the speaker, "that if we went Herald." assuredly happen to us, if it had not already happened and was not the

ventures in the Bolivian Andes. was 'chivvied' with considerable velocity from one mountain which I had essayed to climb with a theodolite, and I was glad to escape with my life. re, and if they had not been good th to throw stones, which hit my mule, I should have come away in a very different condition."

Lloyd-George's Struggles.

The Hon. David Lloyd-George, Chancellor of the Exchequer, had

Both he and his uncle performed him. almost prodigious feats of saving in order that the ninety or a hundred pounds necessary before he could study for his chosen profession could be scraped together.

The money was obtained, however, will be a conflict between England and for nearly six years Lloyd-George and another European power ruled by worked and studied, and when at a kinsman of King George, which will length he found himself a full-fledged | precipitate a great war. England will sary money to buy his robes!

in Wales a solicitor may not appear England's being obliged to make conrobes cost about three guineas, and the young solicitor could get the money nowhere. However, he got a case and a way was opened to him, cided trouble, but will not be able to Without loss of time he hunted up free herself from English rule during possible clients, got two or three his reign."-New York World. more cases, obtained payment in advance, purchased his robes, and duly appeared in the court.

Clerical Frugality.

In the far-off days of 1766, the year n which Goldsmith wrote his immor-

of whom he married in his own learned in the morning, no girl

first impetus to the composition of his novel by reading this announcement.

Engineer's Mishap.

painful and somewhat sensational enture befell Mr. Boyd, an engier, of Didsbury, Manchester, the unday, while he was exploring "pot-hole" in the limestone district ar Ingleborough. He was climbing means of a rope from the subternean chamber, when the rope broke, d he fell thirty feet, breaking his h. A local doctor spent the night him, and did what he could to eve him, and his friends strapped to a plank, hoisted him a hundred feet to the roof of the cave, then a torfuous passage to the er world, the task occupying fifteen urs. It was not till four o'clock on the Monday afternoon that Mr. Boyd was safely deposited at the nearest

Hears Own Death Announced. ng of Thurles Urban Council etter was read stating that one of members, Mr. John Bolton,-who, a matter of fact was present at the meeting-had been killed in his which were used as needles. There The councillors treated the enteenth century. atter as a joke, and laughed heartdeclared a corpse and made a hing-stock of. Hot words follow-, and he angrily snatched the letwhich had been read from the l's hands, and tore it into feet

Owned the Isle of Man. It is not generally known that the s of Derby were at one time pracy sovereigns of the Isle of Man. w held the island from the cown he condition of an annual payof Man devolved on the se

YAWNING.

Its Effect Upon the Respiratory Organs and Upon the Heart. Dr. Emil Bunzi of Vicona, Austria,

in speaking of diseases of the throat and remedies, said that yawning had He Says it Has Never Been Solved, and its great value. Yawning has recently Never Will be in Some . Cases it peen recommended independently as

"According to Dr. Naegli of the University of Luettich," said Dr. Bunzl, "yawoing brings all the respiratory muscles of the chest and throat into action and is, therefore, the best and most natural means of strengthening them. He advises everybody to yawn as deeply as possible, with arms outtook it that it was the desire to stretched, in order to change completeover on the other side that was ty the air in the lungs and stimulate respiration. In many cases he has found the practice to relieve the difficulty in swallowing and disturbance of the sense of hearing that accompasanctity. Buddhist saints de- ay catarrh of the throat. The patient ed much of their sanctity from the is induced to yawn through suggestion.

"Each treatment consists of from six iries, gnomes, or dragons. In the to eight yawns, each followed by the limalayas the belief was generally operation of swallowing. It should be On another, he was told, when the bearts, and it is at least open to quesg their bread. According to the inabitants, a man once went up a third piration which the yawning cure is

KING GEORGE'S REIGN.

Sir Martin described one of his ad- Astrologer Daoud Says It Will Be Short and Stormy.

A short and stormy reign for George V. is predicted by S. Daoud, the Washington astrologer. Two years ago, it I was pursued fifteen miles by the enis said, Daoud foretold the death of
raged population of the neighboring King Edward and described the circumstances accurately. Among the things which he foresees in the new king's horoscope is that his reign will last but six and a half years.

"The first five years," Daoud says. "will be among the stormiest in England's history. The last eighteen months, however, will be comparativemany a hard struggle with poverty in months, however, will be comparative-his early youth. When he was six- ly fortunate. The coming reign will teen Mr. Lloyd-George was articled as be terminated by the king's death. a clerk in a solicitor's office in Abery- which will be a natural one. He will stwith. He had passed his prelimin- more than once be the object of atary law examination when he was but tempted assassination, but would be murderers will be powerless to harm

> There will be trouble in all the Brit ish possessions during the second year especially in India.

"In the third year of his reign there | WHAT WHIG CORRESPONDENTS olicitor, he was without the neces- on her own part wage war with this Now this was a tragedy indeed, for short and decisive and will result in European country. The war will be much of her power.

"Egypt will give King George de-

A Curious Will. Countess Anna Maria Helena de Noailles, a member of one of the bis torie families of France, bas made a curious will which has just been tal "Vicar of Wakefield," the Univer- | proved. She left her estate at Meads. sal Magazine contained this obituary Eastbourne, England, to found "St Mary's orphanage." laying down the "Lately, Rev. Mr. Mattinson, curate following rules for the education of of Patterdale, Westmorland, for sixty the girls: No competitive examinawas afterward his wife, by whom he tions, no study before breakfast. no had one son and three daughters, all study after 6 p. m., all lessous to be of the late Mrs. George Simmons. by dogs, \$20.70.—Carried. The col-His stipend was forty years work more than four and a half hours of E. Rowswell. Harry Fleming is ing of council, the collector to settle 0 and for the last twenty not \$100 daily. No arithmetic, except the mut- taking a course in Brockville Busi- with the treasurer on or before Feb-The correspondent of London Notes and Queries who quotes this astong record of frugality asks if be certified by two phrenologists as th may not have received the not deficient in conscientiousness and firmness. No child to be vaccinated.

A Machine to Measure Love. Science is slowly killing romance. The latest invention is an instrument called a pletbysmograph for scientifically testing the warmth of lovers' affections. The person whose feelings are to be weighed in the balance puts his or her arm into a rubber bag. which is then drawn tight and filled with water. Names of young men or young women, as the case may be, are introduced, and if the name stirs the heart the pulse rises and the indicator mounts up. If the name leaves the carried him a quarter of a mile subject unmoved the pulse remains stationary.-London Gentlewoman.

Quaint Sewing Implements. An interesting find is reported to have been made by Professor Mestorf. director of the Museum Schleswiger Alters Tumer at Kiel. In the grave To be informed that they were dead of a Germanic woman dating from the d shock most people, and it made pre-Christian era was found a stone pperary man lose his temper. At box containing a set of sewing utensils, a pair of scissors of considerable weight, a born knife with was also a stope resembling the so troubles ns in connection with the rein- called "Genidelstein." which was still usually go together. of the brothers McCormick at | in use us a flatiron as late as the sev-

> Porto Rico's Pineapples. Pineapple culture in Porto Rico has given such large returns that many of bought small plantations, giren up their official positions and become independent. Lands have quadrupled in he without Vanol." value in some cases. The present acre- Vinol makes weak stomachs strong

Justice Middleton, of Toronto, on taste. Saturday afternoon, dismissed the ac- Try a-bottle of Ninol with the untion that was brought by Mr. Apple- derstanding that your money will be agreed upon, Saturday, by Secretary James M. Graham has purchased by for the discharge of Norman .S. returned if it does not help you. Dack from the Hospital, for the In | Geo. W. Mahood, druggest, Kings makes nine powers that have approved in Belleville and will have for there sane at Brockville.

over 10,000.



FOR THE OUT OF WORK AND HUNGRY.

The little side-door, a new and admirable church activity in most Canadian cities at the present time. The above cartoon expresses 'the popularity of the opening up of the church basement parlors to give food and shelter to the hard-ups.

HAVE TO TELL

views From Villages and Farms Throughout the Adjoining Cour ties-Rural Events, and Movements of the People.

At Chaffey's Locks. annual school meeting William Kerr- ber of Board of Health.—Carried. mish was elected trustee. Miss Ev. Moved, Howes-Wagar, that James Mc. elyn Sullivan was engaged to teach Mahon be assessor, salary \$50 .- Carthe school for the year. Miss Estella | ried. Moved, Wagar-Peters, that Geo. Kennedy, Forfar, is the guest of Miss Goodfellow and F. R. Goodfellow be Ethel Fleming. Mr. Hammond, auditors, salary \$5 each .- Carried. Napanee, is the station agent for Moved, Howes-Wagar, that the clerk, the C. N. R. here. Freight trains notify the road superintendents to have been running during the past comply with the by-law re the openweek. The people of this locality ing of roads.-Carried. Moved, Howesare taking advantage of the good Peters, that R. A. Hamilton follow sleighing by hauling firewood and up the case against the Napanee Watimber. Mr. and Mrs. W. H. Flem- ter Improvement company for the reing entertained the members of the moval of the nuisance and advise with C. M. B. A. at progressive euchre on the reeve, 'etc.-Carried, Moved, Friday evening. Prizes were award- Howes-Wagar, that the following ored for the highest scores. J. W. ders be drawn on the treasurer Simmons returned from Mich., where he attended the funeral Coy, \$124.58; J. Walroth, sheep killed 10 William Riley, Toronto, is the guest lector's time extended until next meet-

Holleford Happenings

Holleford, Jan. 16 .- The service of est Sunday was fairly well attended. The solo rendered by Rev. Mr Waddell was much appreciated. r. Babcock, who has lately been repairing his home and adding to his barns, has now erected a windmill. G. Shay, foreman of the lumbermen. has for a short time been unfit for though Patrick may sometimes Lake, is engaged as school teacher. Mr. and Mrs. Lee, of Perth Road, ormerly of this place have been re-Martin, Mrs. B. Babcock who came matters in connection with her late very many other friends to see

John W. Skillen of Sidney, Ohio, Has Found a Remedy

blade, a stiletto and several thorns, this country is due to hasty and Thomas Greenwood, is convalescing in and run-down conditions cent illness.

> hie for years, and became so weak ceded by all that he will make an that I could hardly walk or do any efficient appraiser. Four applications work. My appetite was poor, and it were received for master of the Wol have gained in weight. I would not appointed auditors.

age on the north shore exceeds 2,000, because it strengthens and tones up and it is predicted that it will soon be the weakened, tired and overtaxed nerves of the digestive organs. Vinol is easily assimilated by the weakest stomachs, and is delicious to the

husband's property, intends taking her two little boys back with her. Mrs. James Walker will serve tea in con- The Very Latest Culled From All nection with the "Aid" to-night.

Hinchinbrooke Council Piccadilly, Jan. 12.-Council met and subscribed to declarations and qualifications as follows : Reeve, C. G. Mcknight; councillors, Thomas Howes, Thomas Peters, Allen Wagar. Councillor Dwyer not present. Minutes of last meeting adopted. Bills and com-

munications read. Moved, Peters Chaffey's Locks, Jan. 14 .- At the Howes, that Angus McCloud be mem-Detroit, House of Industry, charity to R. Mc-

Wolfe Island News

Wolfe Island, Jan. 16 .- To Patrick the first to cross to the city with a two children, his father and his wife horse and cutter this year. The first crossing is sometimes taken with much risk, but to those accustomed to there is not as much danger as casual traveller might suppose. And work on account of having a very pear venturesome, he is noted or beheavy cold. Mr. Smith, of Sharbot ing very careful, and seldom, if ever, meets with mishap.

newing acquaintances. Mrs. Mex- prize on his cheese exhibited at the Mrs. Morin, for swearing faisely that well Bauder and two sons Gerald and Eastern Ontario Dairymen's conven- his wife was of marriageable age. Cecil, who have spent a few years tion held in Cornwall. Mr. O'Shea is in Saskatchewan are at her father's, a very successful cheesemaker and is ask for a recount of votes in the W. Albertson's. W. T. Babcock has proprietor of one of the largest fac- local option contest. The by-law moved from Perth Road and is oc- tories on the island, the output of failed by one vote and three-fifths. cupying the house belonging to T. which is nearly double of any other. It is gratifying to Rev. Father leged murder and jail breaker was from the west to look after business Spratt's parishoners and also to his re-arrested together with his lawyer genial face, once more in their midst, house. and to learn that his health is very

much improved. ball early in February. Angus Donald is at present confined to the sustained in a collision. it being Hotel Deu hospital through illness, shown that he was not a passenger Experts declare that the reason Mrs. James Waider, Albany, N.Y., on the street car at all. stomach disorders are so common in who has been visiting with her father, careless habits of eating, Stomach the Hotel Dieu hospital after her re-

The township council held its first John W. Skillen, of Sidney, Ohio, meeting on Monday last. Francis Bak-"I had a bad stomach trou- er was appointed assessor. It is conseemed impossible to get any relief. Islander, and six applications for en Since taking 'Visol' I find a remark- gineer. The appointments were held able improvement in my health, my over for a later meeting. Dufferin digestion is much stronger, and I Cosgrove and James McGlynn were

ANOTHER PEACE TREATY

ally Agree On Arbitration Plan arbitration treaty between the United week, for Belleville. He is succeeded States and Switzerland was formally by J. A. Day, of Cornwall. Bryan and Minister Ritter! This James Duckwarth's carriage business ed the Bryan peace treaty plan,

THE WORLD'S NEWS.

Over the World.

Five hundred railway All of Larkins' candidates were defeated in the local elections at Dublin.

The releast of N. S. Dack, from Sir James Whitney is being moved to Toronto. He is expected there this afternoon. Brockville asylum, has been refused

by Justice Middleton. The rules committee in the United States congress voted against giving women the suffrage.

James Lockhardt's body was found frozen stiff half a mile from home at Niagara Falls, Ont. All hope is now given up for the the officers and crew of the sunken sub-marine off Plymouth Eng.

Government ownership of telephones in the district of Temiskamng approved by the people there. E. N. Lewis, M.P., for West Haron will move in parliament, a resolution to extend the suffrage to wom-

The Swedish government will ask parliament to give women the franchise and the right to election to

W. H. Trembolme, Westmount, a strann. Yet he died at the age of ghty-three worth \$5,000, \$4.000 of his stipend." tiplication tables for children under loss College. George Fleming. King-ruary 21st. Council adjourned to meet died Friday night. He was fifty-six years of age.

The Half was 1 five minutes in this locality.

> River, P. E. I., for about lifty years a famous hostelry, was burned to the ground on Friday. Kark Hoff, a German druggist was McDermott belongs the credit of being sentenced to death for killing his

by administering poison. Twelve hundred girls and

men in a Jersey city tobacco company marched out orderly while a fire raged in the building. It is believed in many London quarters that Hon. Winston Churchill

Ill has already planned to put him solf at the head of a sew party. To John O'Shea belongs the credit | Ernest Cooke, Tilbury, is being of bringing to his island home a first prosecuted by his mother-in-law. The temperance people of Aylmer

John Krafchenko, the Winnipeg alhis and two friends in an apartment Charles Nickles failed in a dam-

The C.M.B.A. will hold their annual don Street Railway and the G. T. R. Mc for injuries alleged to have

THE TOWN OF NAPANEE James M. Graham Purchases Car-

riage Fusiness in Belleville. Napanee, Jan. 17 .- Mr. and Mrs. M. Bogart went to Ottawa to attend the opening ceremonies of parliament and will remain over for the governorgeneral's drawing room on Saturday

W. Caton, Newburgh Road, has installed a new electrically-driven milking machine, and from information to hand it is said to be highly Mrs. Canfield Shorey arrived home Thursday, after a five months' visit United States and Switzerland Form- with her daughter, Mrs. Mac Millan,

J. A. Davy, local manager of Washington, Jan. 19 .- A peace and Canadian Express company, left, this

The best meal will be spoiled if the coffee be of poor quality.

Seal Brand Coffee

will save even a poor meal from being a failure.

CHASE & SANBORN



TOURISTS IN BERLIN.

They Should Be Careful In Selecting a

A case has occurred in Berlin showing the unpleasant experiences which may occur to tourists who engage board in a boarding house not well recommended. Three American women were the victims.

In the new part of the town, the so they engaged board there. According to the German custom, they paid the boarding house charges a month in advance. Two days afterward the landlady went to a hospital, and the next day the domestic girl of all work took her departure. Food and service ceased, and the host, a count, moved into the attic for some reason unknown to the Americans.

The Americans protested that their money should be refunded or they should have food and service. The host told them he could supply neither as he had no money. The women consulted their friends and were advised to make the best of the bargain and camp out for the rest of the month. Some days later the host appeared

in their rooms and proceeded to remove the curtains from the windows. The women appealed to an American who happened to be calling, but the only result of his interference was a scuffle with the landlord, who knocked him out with a bunch of heavy keys. Two of the women then sought po-

slice aid at the nearest station, a mile away. The officials laughed at them, telling them it was a private matter and no concern of theirs.

In the meantime the landlord return-Pittsburg were discharged for using ed with two men and took down the curtains, informing the women that he would be back at 5 o'clock the next morning to remove the furniture. . The women then sought the aid of the American consul general, who advised them to move out quietly and offered them bospitality for the night. They accepted the offer, but did not get their things away before half past 3 in the morning.

Incidents like this are not rare in Berlin's American colony.-New York

What He Found Out. An Italian journalist, Signor Tommaso Giloni, has just had some dis agreeable experiences. Desirous of knowing something of the innatic asy lums from within, with the object of ameliorating the lot of the insane, he presented himself at the gates of the Cimarosa asylum and asked for an audience of the king of Italy. The attendants showed him the door, and then be ran foul of the police and in the end found himself interned in the asylum. The doctors examined bim and. finding him far from tractable, administered an emetic. Then they gave him a shower bath and next vaccinat-The Half-way House at Vernon ed the enterprising journalist. After that they held a consultrion in the presence of the "lunatic," whose bona fides they evidently suspected, and brutally but unanimously agreed that the only treatment in such a case was trepanning for a cancer on the brain By this time Signor Tommaso Giloni thought the hest he could do was to confess. This he did and found him self at the police station. The magistrate, however, released him, observ

> The Trolley in Japan. Japan has been invaded by the trolley. Shades of the samurai! From Archbishop of York Paid \$1,000 for misty dawn until the fireflies are astir from there to Yokohama. No other trolley system on earth offers a more its guests than this trolley ramble, for of less than 50 cents. From any corand manufacturers familiar to those who overhaul the rolling stock of any American company-Travel Magazine

ing that he thought the doctors had

administered sufficient punishment.

A New Rifle Muffler.

The stir created by Maxim's murder ous ride silencer, which is really a Archbishop taking his seat in muffler, not a silencer, has brought House of Lords. other inventors into the field. A Moore silencer is chronicled that is, said to have many advantages over that of Maxim, not the least of which is its relative cheapness. The ordnance de partment of the army is now giving it a test. With a considerable crop of and other relatives in Vancouver, B.C. "silencers" it is probable that a really effective eliminator of the report of a rifle will eventually be evolved. The next war is thus likely to be fought in a deadly silence, far more terrifying than the roaring of the unmuzzled gun powder of historic battlefields.-New

LOCAL DRUGGIST SAYS :

suffering from stomach or bowel trouble that we are agents for the simple mixture of buckthorn bark, glycerine, etc., known as Adler-i-ka. the remedy which became famous by curing appendicitis. This is the most thorough bowel cleanser known and JUST ONE DOSE relieves sour called American quarter, a neat sign stomach, gas on the stomach and of "Pension" attracted the women, and | constipation almost IMMEDIATELY. You will be surprised at the QUICK action of Adler-i-ka. Geo. Mahood.

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20 per cent. off all marked prices. Any pair of shoes in store at reduced price. Must be cleared to make room for spring goods. Call and see. We have all sizes and styles to suit every-

Substantial reduction in all

HONORS COST MONEY

260 PRINCESS ST.

His Installation. one may now trolley around Tokyo and | London, Jan. 19 .- All persons figuring in the New Year's Hopors have to pay certain fees on assuming tempting and diversified program for their new dignities. Still, no layman

is every muleted in this way to such instance, which visitors to the Japa. an extent as are clergymen when raisnese capital are now taking at a cost ed to the Episcopal Benchf Sir Henry Lucy relates that when Dr. Magee was made Archbishop of Yorke in 1831, "be ner of Tokyo the trolley deposits one at had to pay in fees, an aggregate sum the Shinagawa suburb, where the gu of close on £850. There was the ral lines have their city terminus. The Crown Office, whence issued the equipment is made up of heavy high conge d'elire; the Home Office, which powered cars, quite similar to those received it and charged accordingly: used in the same service in the United the Board of Ureen Cloth, which States. The different devices about rlaimed homage fees amounting to the cars bear the names of patentees £30; the Lord Great Chamberlain, whose emissary extracted £10 from the Archbishop on his way to take his seat; ythe Dean and Chapter, who got fees for everything, and then charged 20 guineas for the hell-ringer and £13 14s Sd. for the choir. . . . Finally a sum of £28 was exacted on the haplest!

> Immigrants to Canada in 1913 was 418,870; made up of 984,135 British, 115,751 American and 146,-135 from all other countries.

CASIONIA For Infants and Children. The Kind You Have Always Bough