

It All Depends on the Liver

So important is the liver and so great is its influence on the other vital organs of the body that it may be said you have little to fear from the ordinaryills of life so long as the liver is in healthful working order. The digestive processes are so dependent on free action of the liver that any derangement of this organ soon brings trouble.

Biliousness and constipation follow, with headache and depressed spirits. Additional work is thrown on the kidneys, and soon the whole eliminating system is deranged and the blood carries poisons through the body. Careful eating is a great help towards keeping the liver right, but when it does get wrong there is nothing like Dr. Chase's Kidney-Liver Pills to restore the liver to healthful action.

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CANADA AND HER WINTER SPORTS.



PRISON MASTERPIECES.
The Cells Have Given Us Some of Our Finest Literature.

Byron's famous poem, "The Prisoner of Chillon," is supposed to be written by Bousivard, the Genevan patriot, whilst he was incarcerated in the Chateau de Chillon, on the shores of the lake. But the poem was really written at lightning speed whilst Byron was imprisoned by incident weather for a night and a day in the neighborhood.

Nevertheless, some notable literary achievements have been really written in jail, undoubtedly the most outstanding being two of the world's greatest classics, "The Adventures of Don Quixote" and "The Pilgrim's Progress." If only those two books had belonged to the literature of captivity they would have been sufficient to make that literature distinguished and immortal.

Thomas Cooper, the Chartist, whose life reads like a romance, and whose name is held in reverence by modern reformers, wrote a remarkable poem whilst he was lying in prison on account of his political agitation. This poem bears the remarkable title of "The Purgatory of Suicide," and when it was published it created a very considerable stir in the literary world, for it had emanated from the brain of a man who had begun life as a cobbler and had made himself master of the Greek language and literature.

Another remarkable poem written in prison is "The Ballad of Reading Jail," by Oscar Wilde, whose remarkable and most sombre book, "De Profundis," was also written there. These two books are amongst the saddest records in the history of literature.

It ought not to be forgotten that one of the greatest letters ever written was penned in a dungeon in Rome. This is the Epistle of Saint Paul to the Colossians, a piece of literature, quite apart from its sacred character, which is very hard to beat.

It is very seldom that a newspaper has been edited from the inside of a cell, but even this feat was accomplished by the late lamented W. T. Stead, who during the two months which many condemned and which a number admired, he wrote scores of articles and practically conducted his paper.

THE LAST OF THE SHOGUNS.
Passing of a Picturesque Military Figure of Old Japan.

With the death of Prince Keiki Tokugawa phased the last surviving link between the old and new Japan. Here was a man who gave up a sceptre of empire to become a citizen, whose magnanimous surrender of ancestral prestige for the sake of his country was but one more example of the capacity of his race for peaceful revolution. The last of the Shoguns was a typical representative of a nation born without a pang. His presence in modern history was like the rise and reform of a Pharaoh from the sands of Egypt. Forty-five years ago this man was the arbiter of the entire orient. To have looked into his face would have been a capital crime.

In that physically diminutive figure, shrunken with age, but large in the melancholy marks of vanished splendor, was displayed the last extant symbol of what was once the most absolute rule on earth. It was of this man that the people used to say: "His will is law and his voice is thunder." But the man was left; and once a strip of medieval trappings of judicial jugglery and enforced usurpation, the Shogun arose to the true spirit of his race, heard the cry of the people, descended to the level of the multitude, and became one of them, a subject of the sovereign he once outshone, himself a partaker of the freedom he bestowed upon his country.

The figure of a Shogun, always appealing to the western imagination, first cast its shadow across the kingdom of Japan in the 13th century. The Shoguns came as a reaction of a vigorous people against an effeminizing influence spreading from the court.

To satisfy the demand for gorgeous dress, the looms of Japan began weaving the wonderful fabrics for which the country became famous. Social fortunes turned on successful costumes and the men of the court began to powder and paint their faces like women, while a grand lady of the time was judged by the quantity of her habiliments.

A reaction favored the growth of a military class, then in embryo, and the shoguns emerged in shining armor, but as fighters and vigorous men. They were the embodiment of the spirit of the Iron Chancellors, the War Lords, the Prime Ministers of the later days.

The title of Shogun, a first signi-

fed, as did the Roman term Imperator, only a commander in chief, but with the rise of the Shoguns to power in the empire the title conveyed an authority of supreme ruler, a double role of civil and military sovereign, subject in theory to the Mikado, but supreme in fact.

Prince Keiki was the 15th in a line extending back for nearly 700 years when he ascended to power in 1866 at the age of 23. Within a few months after his accession he was confronted with the national convulsion, originated several years before with the object of obliterating the regency and reinstating the imperial house to its rightful position. But for Tokugawa's enlightened conviction that the time had come for putting an end to the onerous dual system of authority, and his readiness to sacrifice a despotic power, the revolution could never have been consummated with so little bloodshed.

After the restoration he kept aloof from politics and spent his time in shooting and manly sports.

Historic House Passes.
A house with many historic memories—No. 35 St. Martin street, Leicester Square, where once Sir Isaac Newton and Dr. Burney dwelt—is now being demolished. Newton lived here from 1720 to 1725, and used to say that the happiest years of his life were "in an observatory on the roof. Dr. Burney, the musician, friend of Johnson, afterwards lived in the house, and here was born his daughter Fanny, afterwards Mme. D'Arbly, who wrote her first novel, "Evelina," in the house.

The lucky men, as a rule, is an expert in the art of good planting. The "too late" man usually has quite a bit to say about hard luck.

THE NEW BUCKINGHAM.
London's Royal Palace Is Now a Worthy Structure.

The external appearance of Buckingham Palace in London has been almost completely transformed during the summer months, and the building is now worthy of its name. It now has a new front and the improvement has been effected with the minimum of inconvenience to the King himself. The design for the new front, made by Sir Aston Webb, R.A., at the suggestion of the Queen Victoria Memorial Committee, was submitted and approved last year. It was also exhibited to the House of Commons tea-room, and the preparation of the working drawings was immediately begun. After due consideration it was decided that the most suitable stone openings be that known as the best White Portland from Portland. St. Paul's Cathedral and all the great Government buildings erected in recent years are faced with this stone, which is undoubtedly the best for the London atmosphere. A condition necessarily laid down was that any building work must be carried on during the brief absence of the court, and it was at first contemplated to subdivide the work and carry it out one section at a time. The contractors, however, preferred to carry out the whole of the refacing at one operation and instructions were given to proceed with that work, on the understanding that it should be completed within the months of August, September, and October of last year. Other conditions laid down were that the existing window and door frames were to be retained, that the sashes and doors were to be left undisturbed, and that the work was to be carried out entirely from outside. An idea of the extent of the work may be gained from the fact that 55,000 cubic feet of stone was employed. The rapidity of the work was only guaranteed by the most elaborate preliminary arrangements.

India's Minerals.
The growing importance of the mineral industry of India is explained in the annual report of the director of the Geological Survey of India for 1912; which has just been issued.

The aggregate value of the mineral production of India in 1912 reached the large total of \$45,302,422, which represents an increase of \$6,513,945 over the figures of the preceding twelve months.

Coal is by far the most important mineral product of India. The value of the output of the coal fields in 1912 reached a total of \$16,088,374, which represents an advance of over thirty-two per cent. The aggregate output amounted to nearly 14,750,000 tons, which was almost sixteen per cent. more than the total of the previous year, and nearly 2,000,000 tons in advance of the output of the boom year, 1908, when the figure exceeded 12,750,000 tons, and the average price at the pit's mouth advanced to \$1.20.

Gold comes next to coal in the mining industries of India, and at a time when some of the gold fields of the world report a diminishing output it is interesting to note in India an advance of \$163,602, or one and five-tenths per cent. in the production of the Indian mines. The advance is not very large, but the aggregate yield of the fields reached the total of \$11,040,977.

In matrimonial affairs misrepresentation many times plays an important part.

Ask Your Doctor
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Australian Dry Farming.
Farming on dry soil has proved quite successfully in Australia. The agent-general for Western Australia, Sir Newton Moore, has received an interesting report on the awards for wheat given by the Royal Agricultural Society of Western Australia at the recent show. The champion prize was won by a farmer of only five years' experience, and the wheat was grown in the Dowerin district which only a few years ago was considered too dry for wheat growing, but which has regularly yielded to this farmer 15 bushels per acre. In the competition for hard wheat the first three prizes were won by farmers who obtained handsome yields with a comparatively light rainfall, ranging from 9 1-2 to 12 1-2 inches. The yields went as high as 30 bushels to the acre. The third prize winner, on a 9 1-2 inch rainfall, obtained a yield as high as 27 bushels, and the lowest yield on his farm was 16 bushels.

Real Ritual Murder.
An extraordinary tragedy of superstition is reported from Burdwan, where a man named Vahamandan murdered his wife with her own consent in the course of a secret ceremonial. Vahamandan had for some time been learning the principles of Tantric worship from a monk. To complete his studies he needed a dead body, and on his assurance that he would restore her to life when he had finished his worship, the wife consented to be killed. The man is now in the hands of the police.

In the drink line the periodical is quite likely to become the frequent.

The climate of the Dominion of Canada, with its wide expanse, is various. However the winter sports of Canadians are traditional. They furnish for her inhabitants, right where they live, the same exhilarating and enervating recreations that the people of the Old Country travel to Switzerland to get. The illustration shows our people at some of the most exciting outdoor winter sports.

THE NEW GERMAN STEEL WAR-PLANE.
Rear view of the New German War-Plane, the "D. W. F." Biplane. Showing the general arrangement of the planes and tail. The "D. W. F." is made by the Deutsche Flugzeug Werke of Leipzig, Germany. It is to meet Germany's industry in the manufacture of these aerial fighting machines that Right Hon. Winston Churchill, First Lord of the Admiralty, desires to greatly increase the naval estimates this year. And by the same token the Asguth Cabinet may split on the question. So the bird-like machine in the above picture may make a lot of trouble for Britain, one way and another.

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