In the Gutter.

The public have been warned b

from giving money indiscriminately

to beggars, but few people are awar:

of the large sums that are often made

by street wanderers, who tell pliful

tales of poverty while they have

thousands of pounds hidden away at

Only the other day, an old man

POSITIVE "ARREST" BRIDET'S DISEASE

it Any Stage Is Declared By a Los Angeles Doctor, Who Has Made Successful Tests.

Los Angeles, Calif., Jan. 8- A sewly-discovered treatment of washing" the kidneys with an alkline solution, is declared by Dr. A. Chariton of the County Hospit l, to be a positive "arrest" of Bright's disease in any stage and Dr. Charlton cited twenty cases in which ne applied the same methods. As proof of this statement. "It is well known," he said, "that

right's disease is caused by th blood as it passes through those orwash the kidney clean, and by using the alkaline solution, change the action of the blood from acid to ne. This overcomes the toxicity and cleanses the entire system

Dr. Chariton's most severe test was that of John Freham, a laborr who was brought to the hospital n the dropsical, or last stages the disease. By using a "high ir-rigation" pressure Dr. Carlton declared he has not only put Froham out of the hospital, but that he will ive his natural span of days so far as kidneys are concerned. The scars left by all attacks of Bright's disly healed by the alkaline, and would never give trouble again. Dr. Carlton said he was now engaged in making a minute report of the discovery, its application and the cass treated by him, to the American lical Association, and to several scientific bodies.

Reports From Arden. Arden, Jan. 7 .- On new year's night

large number of young people enoyed a pleasant evening at the home of Herbert Wormworth. This same olly crowd of merry-makers assembled at the Royal hotel the evening followng, where again happy hours Miss Alexander is visiting iends at Havelock. Dr. Lockridge at the Pringle house. Dr. Crowley at the Royal hotel. There was usual excitement on election day. W. Riley, Havelock, is at B. Detlor's 1. Gendron is home from Havelock for few days. The Messrs, Gendron Ardendale, are at Tamworth. Miss Detlor is at Hillcrest Place. Mrs. Miss Post are home from Miss Schoolcraft is spend ng a few days with friends gool here has as yet not reopened Mrs. Scott is visiting her daughter Mrs. J. M. Williams, D. Potter was sere for a few days. Mrs. Gendron at L. Wormworth's; M. Clarke at E. Barker's; R. Miller and Hazel Greene have returned to Tamworth to attend high school.

Starved to death, an empty milk bot- ion in the general hospital, Kingston. the opening of the new year, is havle clutched in her cold hands, the Miss Clough, wno spent her holidays ing some trouble in securing the hirty years old, was found at the taken up her duties as teacher. Visit- custom of the harbor-master to give entrance of the apartments of An- ors: Mrs. Andrew Howes, Parham, at to the captain of the first boat enter-Playing a fiddle he hadn't touched J. A. Goodfellow's; Lawson Cronk, at The Toronto harbormaster ruled ields, ninety-six, took first honors at lison's. is birthday "Fiddlin' bee" at Washngton, Pa. Six octogenarians fid

cereal food.

and nerves.

and a little sugar if desired

Same old reasonable price

er endurance than meat.

With the Price

Wheat and barley are rich in Nature's nutriment,

and there's substantial evidence that cereals give one great-

GRAPE-NUTS

-made from whole wheat and malted barley-contains all

the natural nutritive elements of these great food grains,

including the mineral phosphates-grown in the grain-

which are indispensable to perfect balance of body, brain

venient-ready to cat direct from the package with cream,

Grape-Nuts food is delicious, economical and con-



A WOMAN ON A BIG JOB. Mrs. Katherine Davis, New York's new commissioner of correction. swearing in her first deputy, Burdette Lewis.

DISASTROUS BLUNDER

Rebels Dynamite Own Train in Mistake for Federals.

Mexico City, Jan. 8 .- A variation of the usual dynamiting incident is reported from Aguascalients. The rebels captured a train at Espirtu Santo. While it was approaching La Honda another party of rebels, believing that the train carried federals, exploded a mine. The train was blown up and eighty men were killed or injured

Tichborne Tidings.

Tichborne, Jan. 7.-The sleighing is excellent and large quanities of wood are being hauled to the railroad. The concert held in Parham in aid of the Anglican church was successful. The sum of \$63 was realized. L. Cameron is very ill of rhoumatism. Mrs. Brown entertained a number of friends on Sunday in her new house; fifty people took dinner; music was supplied Stewart Brown and Mrs. A. Callagh- the position of inspector of the Island an, from Winnipeg. Mrs. C. Clobridge steamship lines; and who took the is slowly recovering after an operat- first boat into Toronto harbor after ly of an unidentified woman about in Kingston, has returned, and has silk hat which it has always been the Peter Richie's; Mrs. D. Goodfellow, at ing the harbor after the new year,

of Meat and Eggs

It's worth while to consider the double advantage-economy and health-of using

Defends Immigration

London, Jan. 8 .- Hon. Dr. Roche anadian minister of the interior, ir a new year message to the weekly journal Canada in this week's mail notes with satisfaction that the year's immigration amounts to 400,000. whom 150,000 were British. "In bringing to Canada so many people from the handicapped and crowded condiions of the British Isles." Roche, "we are not draining the empire of its sons and daughters, are transplanting them from one part of the garden to another. I feel sured that as long as Canada has fertile lands to distribute, and Britain has vigorous men to spare to then, annual migration will

No Silk Hat Yet

Hamilton, Jan. 8 .- John A. Irving, 8 Wellington street south, who holds th on to thirty years," Henry Mr. Allison's, D. Ferguson at J. Al. Mr. Irving is not entitled to the conveted prize, but the veteran lake captain claims he has fairly won Character builders many times use and will insist on securing the rethe most worthless kind of material ward.

BOTH GAINED

Man and Wife Thrive on Grape-Nuts.

The notion that meat is necessary

Excessive meat eaters are usually

sluggish a part of the time because

they are not able to fully digest their

food, and the undigested portion is

changed into what is practically a

kind of poison that acts upon the

blood and nerves, thus getting all

"I was a heavy meat eater," a man

writes, "and up to two years ago

was in very poor health. I suffered

with indigestion so that I only weigh-

food and decided to try it. My wife

laughed at me at first, but when

gained to 125 pounds and felt so fine

she thought she would eat Grape-Nuts too. Now she is fat and well

and has gained 40 pounds. We never

have indigestion any more and sel-dom feel the desire for meat.

"A neighbor of ours, 68 years old,

was troubled with indigestion for

years, and was a heavy meat eater.

New, since he has been eating Grape-

Nuts regularly, he says he is well

who have rid themselves of indiges-

tion by changing from a heavy meat diet to Grape-Nuts." Name given by

Canadian Postum Co., Windsor, Ont.

Read the little book, "The Road to

"I could name a lot of persons

and never has indigestion.

"Then I heard about Grape-Nuts

for real strength and the foundation

of solid flesh is not now as prevalent

as formerly.

through the system.

ed 95 pounds.

Big Fortunes Which Have Been Made GET HIS ARMS? magistrates and others to refrain

some of the Weapons Which Were

named William Robbie died at Ballarat, in Australia. He had been a familiar figure on the street of the | Corps last August in Somaliland, led town for many years, and charitable passers-by, who pitied him for his evident poverty, used often to become quite sentimental over his sad condi- that country, to endeavor to solve the about one year, from February, 1840, and urinary disorders come from sluglic were astonished a learn that he arms and ammunition.

he had bequeathed the whole of it to Government itself; indirectly of an item appears on the account, full of sediment, irregular of passdeen University. A couple of years ago, a tragery cartridges were distributed to the anybody know what whiskey costs to- scalding, stop eating meat and get happened in a street in Berlin which friendly tribes so that they might day? Rice appears at two pounds for about four ounces of Jad Salts from revealed an astonishing state of protect themselves against the Mad 1: pence, or 11 cents a pound. To- any pharmacy; take a tablespoonful things. An aged beggar named Mullah's hosts. The ammunition was day it costs 5 cents a pound. Barley in a glass of water before breakfast was given in part payment of the arpedestrians in the German capital, suddenly fell down dead while he was out, the rifles were given to the Mulengaged in plying his trade of asking lai. in the hope of buying him off.

was given in part payment of the articles on the account at the rate of about 35 cents a bushel. "Pease" from the acid of grapes and lemon juice, combined with lithia, and has for alms from the charitable. When his clothes were examined by the police, securities worth \$45,000 were found.

A man who was arrested for beg
Covernment was not large enough to almost a lushel.

Having thus secured a large number of these rifles, the Mullah had little difficulty in taking the rest by force.

Still, this present from the British or \$1.08 per pound, the same price as two gallons of whiskey. Who would be stimulate the kidneys, also to neutralize the acids in urine so it no as two gallons of whiskey. Who would be stimulate the kidneys, also to neutralize the acids in urine so it no as two gallons of whiskey. Who would be stimulate the kidneys, also to neutralize the acids in urine so it no as two gallons of whiskey. Who would be stimulate the kidneys, also to neutralize the acids in urine so it no as two gallons of whiskey. Who would be stimulate the kidneys, also to neutralize the acids in urine so it no as two gallons of whiskey. Who would be stimulate the kidneys, also to neutralize the acids in urine so it no as two gallons of whiskey. Who would be stimulate the kidneys, also to neutralize the acids in urine so it no as two gallons of whiskey. Who would be stimulate the kidneys, also to neutralize the acids in urine so it no as two gallons of whiskey. Who would be stimulated the kidneys, also to neutralize the acids in urine so it no as two gallons of whiskey.

ging at Muolan, in Switzerland, was found to have bank notes to the value of \$27,500 concealed in the lining of his clothes, and an old beggar woman closed to the gun traffic. The giving his clothes, and an old beggar woman constitution of the same of the sa who died a few years since in Metz, or selling of firearms (even gas-pipe left behind her \$37,500.

In giving pound of tea for two shillings and eryone should take now and then to keep the kidneys clean and active.

A few years back, there was a beggar in London who confessed that Le at the game. The remarkable part about this man was that he led a double life, and his story was certainly as strange as he strangest fiction. The son of a clergyman, he was born sent over to England, where for a time he acted as a choir boy in a church. Later on, he enlisted i: the army, but in 1904 he determine 1 on a bold stroke. Buying half-a-dozen boxes of matches, he took the about the reets, pretending that he was paralyzed and began to prey on the good nature of petestrians. He fid so well at that that he was enabled to keep a handsome villa in the suburbs, and no one who knew him when he was at home ever dreamed that he spent his days asking alms in the city streets.

On one occasion this particularly cute humbug had a nasty experience. One gentleman was so sorry for him that he secured for him an order to go into a hospital. The gentlem: was so insistent that, fearing discovery, the beggar had to go to the in stitution and be examined by the doc-

Gift to Battleship,

The handsome tampions which fill the muzzles of the battle cruiser Australia's eight 12-inch guns are the work of the greatest sculptor whom Australia has produced, the first among the sculptors of the British Empire to-day-Mr. Bertram Mackennal, A.R.A. Before the Australia left England it was desired to obtain for the tampions some design containing a reference to the ship in which Captain Cook discovered the east coast of Australia, and eight-foot spear as a walking-stick, claimed for the British Empire. The picking his teeth with a bamboo design had been suggested, but the splinter, and having brass rings difficulty was that the services of the in this ears and tin ones on his sculptor who would have executed it loes, does not strike one as an authorwould have been somewhat expen- fzed customs officer. But he is in sive, and naval expenditure does not Abyssinia! concern itself usually with mere ornamentation. It was at this junc- to empty your portmanteau into the ture that Mr. Mackennal stepped into lust, paw your underlinen with indesthe breach-or, into the muzzle- cribably filthy fingers, and exact pracand designed, as a gift for the flag- tically any duty he may please on any ship, the handsome pattern which article that takes his fancy. He will fills the Australia's muzzles to-day. detain your baggage for as long as

Sir John Fuller Retires. The Governor of Victoria, Sir John Fuller, has tendered his resignation on account of his health and for family reasons. Sir John was lized Abyssinia, says Mr. Alan Ostler taken ill two months ago while visiting England, and was for some weeks a patient in a nursing home in the West of London. His condition became improved, but his health has since been far from satisfactory, actually make new rifles. That is and he has remained in England, merely a quibble. They repair old or Lady Fuller, who had accompanied her husband on his visit to England. of the Abyssinian police. This is done has left for Australia. Sir John was under the direction of an Englishappointed Governor of Victoria in man. There is no suggestion that his 1911. Previous to this Australian part in the business covers anything appointment, from 1900 to 1911, he beyond the supervision of mechanical was Liberal M.P. for the Westbury letalls, such as refitting locks and Division of Wilts, and was Junior lock-bolts, adjusting damaged trig-Lord of the Treasury in 1906. In gers, and so forth. But when the rethe following year he became Vice- pairs are executed, the rifles, instead Chamberlain of His Majesty's House- of being distributed among the solhold, and a baronetcy was conferred diery, are sold to buyers. Then a

Another Peer In Business. Lord Haldon, who has started an artificial teeth society with Lady Haldon in Oxford street, is only another member of the upper House who is

Lord Londonderry speaking, a coal merchant, and the carts bearing his name may often be seen in the streets of London, Lord Rayleigh's milk shops are well known in the west end, and a former Lord Hampden wa. in the same trade. Other members of their fordships houses turn an honest penny on the Stock Exchange, in the cigar trade, and in the perfumery business.

\$250,000 Worth of Dogs.

At the Kennel Club's show at the Crystal Palace recently some 3,700 dogs were on exhibition, whose value, in the aggregate amounted to over \$250,000. The business of feeding this bungry company was consid r able. Several tons of patent food and 300 sheeps' heads were provided for three days' ration. A mile or two wooden benching and 10,000 wire frames were put up to pen the exhibits, and twenty cartloads of straw brought for their comfort.

Owng to the greatly increased number of divorce cases the establish ment of a dominion divorce court lin in July of next year. is strongly urged, but it is learned The estate of the late, Col. J. that there will be no legislation on Astor, New York, is valued at \$85,. the subject this session.

WHERE DOES MOSLEM FANATIC

Used to the Catting Up of the Camel Corps In Comaliland Were | tario had their own H. C. O. L. probby Irony of Fate Secured From lems to deal with. Only at that time flushing the kidaeys occasionally, Britain Herself - Abyssinia Is it had not reached the stage where it says a well-known authority. Meat

The disaster to the British Camel to the sending of the special representative of an English newspaper to

had left scrip to the value of \$140,- It is a well-known fact that some cheap when compared to the prices in the moment you feel a dull ache of the prices in the kidneys or your back hurts,

guns) to the natives of practically every portion of that great continent is rightly looked on as a most Leinous earned thirty-five shillings every day offence, and the offender is liable to very heavy punishment indeed.

. England cannot afford to let the natives of the Soudan, East or Central Africa get postession of firearms. Neither can France permit it in Moin Canada, when quite a youth h was rocco, Northern Africa, or the Sahara, and both countries spend much money in the prevention of gunrunning.

Yet rifles and cartridges circulate freely in the heart of Africa, and there is no coubt whence they come. The Mad Mullah will never run short of arms as long as the existence of an arms factroy is permitted at Addis Abeba.

Abyssinia, a ridiculous and quite irresponsible black s'ate, is being lowed to sow the seed of endless trouble in the Soudan, in Central Africa, and in East Africa. The harvest is for England to reap, and already we have had a foretaste of it in the troubles with the Mullah. From the Addis Abeba factory rifles are distributed as far as the Congo, the Western Sahara, and Portuguese East Africa.

The people of Abyssinia do not at worthiness to be allowed any liberty traffic.

They are accorded the right to govern their own country simply because France, Italy, and England have almost equal interests in it, and cannot decide how to divide it equally. The Abyssinian looks on Europeans, notably Italians and English, as miserable scum. His own ideas of civilization are pretty well shown in the Custom Houses there.

An ink-black savage, using an

He will claim and exercise the right tortnight in the hope of getting a bribe, and he will steal therefrom anything that it is possible to steal I give this genuinely faithful picture of one of the institutions of civithe special representative referred to so as to show that people of this type are bardly the kind to be allowed an

arms factory. It may be said that they do not yet damaged rifles ostensibly for the use on him in 1910. He is in his fiftieth fresh supply of old discarded rifles is bought "for the soldiery," and the profitable business is repeated.

There is no doub, that many of the best of these rifles and their way into the hands of the Mullah's men. I am also told by Somalis hat on at least one occasion the Mullah having sent a utation with presents to the Abysfrian Governor of Harrar-a son of Ras Makonnen-received in return a ich gift of cartridges and guns. And n this, and other ways, the Empire's nemies obtain the wherewithal to ontique the acts of lawlessness, which frequently cost so much in reasure and blood.

Native-Yes, sir, he may be the ichest man in town, but he does a ot to disturb the peace. Visitor-Is he dissipated? Native-No; 'tain't that, but he ractically supports the village brass

The Jaws of Death. Teacher (after reading the Charge the Light Brigade) -- Who were he six hundred referred to in the erse "Into the 1; ws of death rode the Pupil-I expect they were dentists,

ma'am .- Illustrated Bits. King George and Queen Mary already considering a visit to

PRICES 70 YEARS AGO.

High Cost of Living Is Not Strictly

People talk much about the high cost of living these days as if it were something new. An interesting document has come to the notice of The Toronto Globe, which shows that sevcould be transposed into the cost of forms uric acid which excites the kid-

The document referred to is a recelpted bill of Mr. John Giffin of filter the waste and poisons from the Brampton, C.W., "C. W." meaning blood, then we get sick. Nearly all Canada West. The bill is a traffe account extending over a period of nervousness, dizziness, sleeplessness. Many articles appear absurdly gish kidneys.

drain from the Soudan, rifles and Whiskey at 54 cents a gallon! Does age or attended by a sensation of

the year 1841 he paid three shillings and the blood pure thereby avoiding and ninepence for another half pound. serious kidney complications. Either the tea market had advanced, or he was getting the tea habit, and was reeking a superior brand.

Factory cotton was sold at eight and one-half pence a yard, or 17 cents a yard. Half a yard of ticking cost nine pence, or 18 cents, while one yard of coat facing sold for three shillings, or 72 cents.

Immigration Is 412,955.

"Total immigration into Cana" for the year 1913, commencing Jan. and ending Dec. 31, will amount to 412,955, as against a total of 402,-654 for the year 1912," said J. Bruce Walker, immigration commissioner, at Winnipeg at the close of the year. "We had hoped," the commissioner continued, "that the total would reach 425,000, but owing to somewhat unfavorable conditions, which came into prominence during the past few months, the movement received a slight check.

"During the months from April to November, inclusive, the total immigration into Canada from all sources amounted to 346,899, or an increase of 6 per cent, over the correspondfirst sight impress one with their ing period of 1912. In April, May, June and July of this year the inin the dangerous matter of the arms | crease over corresponding months of 1912 ran as high as 25 per cent., bet in August, September, October and November there was a decided falling off, as compared with the corresponding months of last year. In August the decrease was 3 per cent., in September 21 per cent., in October 24 per cent., and in November 36 per cent."

In explaining these decreases the commissioner said: "These decreases are not nearly so serious as the figures would idnicate. From the United States, for example, the decrease was due to falling off of general laborers and mechanics. Detailed figures, however, show that there has been an increase in value of effects which they brought with them, and in total amount of actual hard cash which they had in their possession."

Probing Peat Resources.

The Dominion Government has, through the medium of the Department of Mines, just undertaken a dette, A. Miotte le 30 Mars 1743." very extensive and exhaustive inves- Translated this means: "Deposited by tigation into the merits of pet as the Chevalier de la Verendrye. Witfuel, the commercial feasibility of its nesses, St. Louis la Londette, A. Mimanufacture at a reasonable market- otte. March 30, 1743." The differable price and the available supply ence in the dates is due to the fact

The Government is experiencing bec, where the Marquis de Beauharconsiderable difficulty with get-rich- nois, Governor of Canada, at the time, quick men, who, posing as promoters of peat enterprises, induced inves-tors to place considerbale money in ventures that are not based upon intelligent information in regard to the possibilities of the industry.

There is considerable capital invested in Canada, however, in legitimate peat enterprises, and these are to be given every encouragement by the Government, with the end in view of doing everything that is possible to provide against a fuel famine in the future.

Use for German Carp.

Prof. Prince, Dominion fisheries' in 1872, and have flourished exceedingly, could be made valuable for caindustry in these waters. When pro- the Missouri. perly prepared and cured it is indistinguishable from the caviare made from the sturgeons.

Inquiries from New York and London dealers who report a shortage of supply, caused the examination of which Prof. Prince's suggestion is the result. Up to now German carp has been a despised fish in this country.

Ready-Made Farms In Demand. The "ready-made farm" which has been in force for a short time by the New Brunswick Government, is showing satisfactory results from every standpoint. Over one hun-dred and thirty farms have been disposed of to actual settlers.

Movies of the Foxes.

Moving picture men are now on Prince Edward Island taking pletures | Yukon, of a number of the fex ranches. They get the animals in motion, running diocese of 200,000 square miles, and round the pens, climbing up the sides it is necessary for him to be continu-

At Baltimore, Md., Cardinal Gill bons was presented with \$500,000 first mortgage bonds, the gift of the Knights of Columbus of the United States to the Catholic University at

Eat less meat if you feel Backachy or have Bladder trouble.

neys, they become overworked from the strain, get sluggish and fall to

Agent, Geo. W. Mahood.

EXPLORER'S TABLET.

Memento of Chevalier de la Verendrye Has Been Struck Off.

The Manitoba Free Press of Winnipeg has marked the Christmas season of 1913 by the presentation of a relic of unique historic interest. This is an exact reproduction in miniature of the lead tablet deposited on March 30, 1743, in a bluff overlooking the Missouri river by the Chevalier de la Verendrye as evidence of his having taken possession by right of discovery for the King of France of the whole northwestern part of what is now the United States, together with a large part of what is now Western Canada as far as the Rocky Mountains. The original tablet, now treasured by the Government of the State of North Dakota, was found in March last by a young girl while playing with her companions near the public school of Fort Pierre, which is on the west bank of the Missouri river, across from the city of Pierre, the capital of North Dakota. The Chevalier de la Verendrye holds a high place on the long roll of French explorers of the seventeenth and eighteenth centuries. who blazed their way across the vast untrodden regions of the continent. It was in September, 1738, that Pierre de la Verendrye and his youngest son, Francois, arrived at the junction of the Red and Assiniboine rivers, the first white men to view the site of the city of Winnipeg.

The tablet, which is about eight inches wide, contains on its obverse side a Latin inscription as follows: 'Anno XXVI. Regni Ludovici XV. Pro Rege Illustrissimo Domino Marchione de Beauharnois MDCCXXXI. Petrus Gaultier de la Verendrye Posuit." That is "In the twenty-sixth year of the reign of Louis V., in the name of the King, our most illustrious Sovereigh, and of Monsieur the Marquise of Beauharnois, Pierre Gaultier de la Verendrye placed (this tablet) 1741." On the reverse side, cut in French by the point of a dagger, is inscribed: "Pose par le Chevthat the first was stamped at Quegave the tablet to de la Verendrye as he was setting out in search for

the Western Sea. In an effort to discover the Western Sea, which it was then believed was a comparatively small body of water separating North America from the Orient, Chevalier de la Verendrye, traveling with a party of war-riors of Bow Indians, saw for the first time the Rocky Mountains on New Year's Day, 1743. He decided to cross the mountains, and behold the Western Sea but found it necessary after burying the tablet to return to Fort la Reine, the site of the present City of Portage la Prairie, where his fathcommissioner, suggests that the er was awaiting him. For thirteen spawn of German earp which were years father and sons had followed placed in Lake Erie and Lake Huron the dream of the Western Sea in the dream of the Western Sea in vain, but they di covered a sea of prairies, a sea of mountains, and two viare and thus provide a profitable great rivers, the Saskatchewan and

A Missionary Hero.

Bishop Stringer of the Yukon is one of the most heroic men of the Church of England in Canada. The record of his life bristles with stirring incidents, which read more like a romance than deeds of modern days. In 1892 he became missionar to the Eskimos on Herschell Island in the Arctic Ocean. Here he app Mrs. Stringer worked for years, and here their second child, Herschell, was born. Their lives were often in great danger from the savage Eskimos of those days. When Bishop Bompas died L 1906 Mr. Stringer became his successor. He had been forced to leave Herschell Island owing to failing eyesight and had taken up his station at White Horse, in the

Bishop Stringer has in the Yukon a of the wire inclosures, running into ally on the move from place to place, their holes, and doing other stunts. His principal places are Dawson, White Horse and Carcross. At the latter town a large government school has been built for the Indian children, and is in charge of the bis of Work is carried on among the white and Indians. Of the latter there ar ; bout one thousand and nearly all belong to the Church of England.

-15c the package.

"There's a Reason" for Grape-Nuts

Wellyfile." in pkgs.

-sold by grocers everywhere. Made by Canadian Postum Cereal Co., Ltd., Windsor, Out