## PAIN IN MY BACK IS ALL GONE

## Since I Got a Box of Gin Pills

CHURCH ST., CORNWALLIS, N.S.

January 23rd, "About a year ago, I was suffering so much with a dreadful Lame Back and Hips, that I could not stand up straight. was informed by a friend about GIN PILLS. I got a box. It helped me

immediately. I have taken about twelve boxes and he pains in my back and hips are all gone. I cannot speak too highly wonderful effects of your GIN PILLS"

B. C. DAVID Liniments and lasters won't cure ame Back - because they never reach the part that is causing the pain. The whole trouble Kidneys in to stop the GIN PILLS strained Kidneys

away the pain every time—or your money promptly refunded.
50c. a box, 6 for \$2.50. Sample free if you write National Drug & Chemical Co. of Canada, Limited, MANGA-TONE BLOOD AND NERVE TABLETS help pale, nervous women to get well. 50c. a box. 199

Thomas Copley Telephone 987

wanting anything done in the Carpentery line. Estimates given on all kinds of repairs and new work; also Hardwood Floors of all kinds All orders will receive prompt attention

**READ this OPINION** Of the Largest Jack Manufacturer in the Whole World About Zutoo Tablets

nearly all, of the so-called "cures" on the markble success. market. Some months since my attention was called to your Zutoo Tablets and I have been using them ever since with the most gratifying friends who were suffering from headache pays interest of 4 1/2 per cent. I find them a good remedy for "sour" be done in New York." stomach as well as headache. I always Since its organization Hampstead ers is that they cease exertions when

### Ganongs'

Chocolates

ARE THE BEST

A. J. REES

166 Princess St.

# **WOMAN SICK**

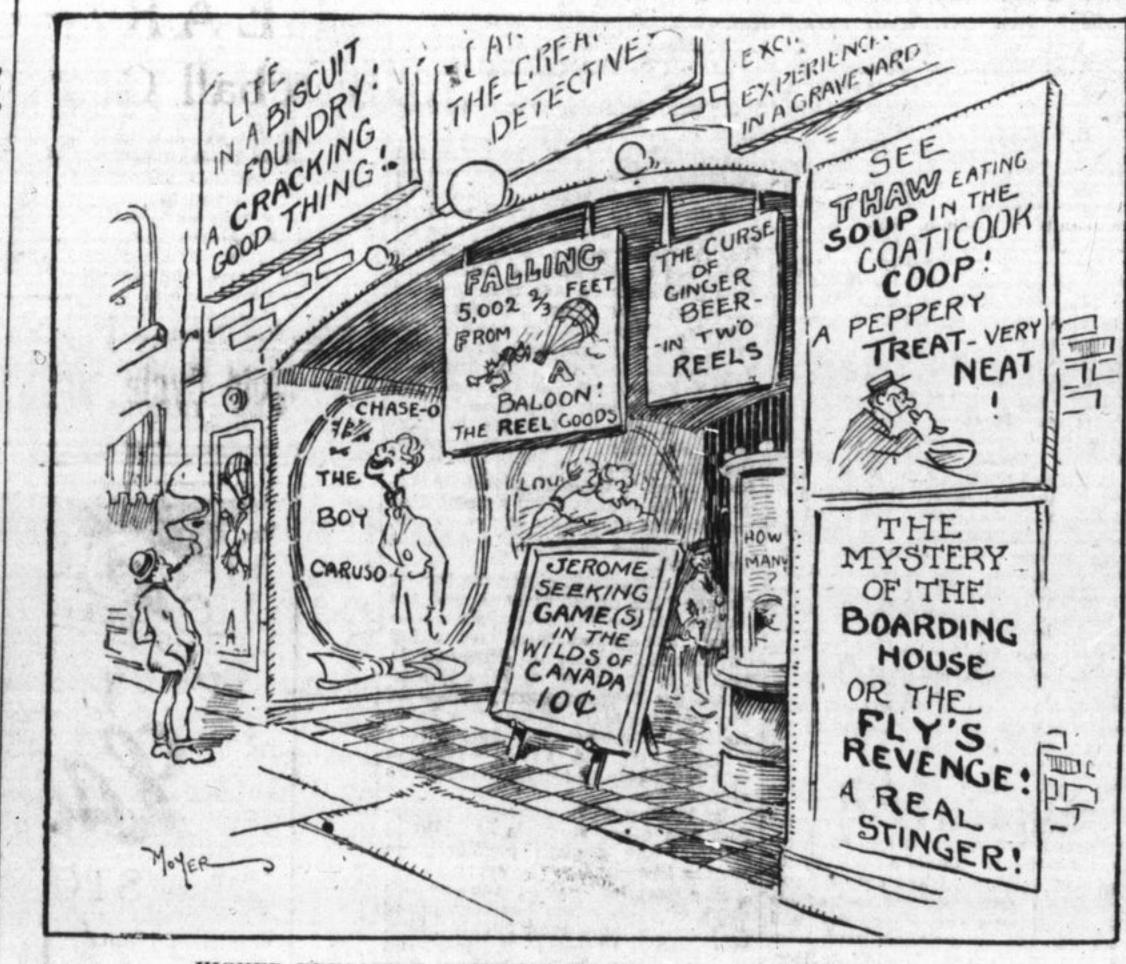
Wants Other Women to Know How She was Finally Restored to Health.

Hammond, Ont. - "I am passing tained in Hampstead. through the Change of Life and for two ings. The doctor who attended me for a number of years did not help me, but I have been entirely relieved of the above symptoms by Lydia E. Pinkham's Liver Pills, and give you permission to twice as high. publish my testimonial."- Mrs. Louis



Brunswick, Canada. Lydia E. Pinkham's Vegetable Com- vantage of a hir lithy and plesant ound, made from native roots and herbs, home in a garden district. this fact. Every suffering woman owes it to herself to give Lydia E. Pinkham's

Vegetable Compound a trial.



HIGHER EDUCATION EXEMPLIFIED BY SOME OF THE MOVIES. In striking contrast to the thoughtfully clean, interesting and instructive picture shows presented by many of moving picture theatres.

ENGLAND'S MODEL TOWNS.

Cheaply. Considerable interest has been aroused among those who have been working for better housing and living conditions among the masses by the statement of Oscar S. Straus recently cabled from London on the value of co-operative garden city suburbs as they have been developed in various parts of England during the last few years, says the New

Mr. Straus' remarks were based upon his visit with Earl Grey, the former governor general of Canada, to the model town of Hampstead, "I have been a sufferer from headache which, since its reorganization about since childhood and have used all, or seven years ago, has attained a re-

"It is the best investment a city can make," said Mr. Straus, "and I intend to advocate at for New York results. I find they cure a "ick" or on my return. It is easy to obtain "nervous" headache in a few moutes and large tracts in New Jersey and Long leave no bad effect. My family use them Island. Here London workmen pay whenever needed with equally good re- from 75 cents to \$1.75 weekly for a suits. I have frequently given them to house with a garden, and the colony and they never failed to give quick relief. it can be done here I believe it can Lord.

would not be without them at any cost." | tion from architects, builders. civic | do. A.O. NORTON, 286 Congress, St. Boston | planning and housing improvement associations and kindred bodies than any other model town, not even ex- mules are justified in kicking. cepting the interesting experiment at Letchworth, about therty-four miles from London, where considerable success has been achieved in the last twelve years in creating a

model city. The interest aroused in Hampstead has undoubtedly been intensifled by its accessibility to the heart of London. It is, in fact, a part the 'tube' rfom Charing Cross station for a fare of twopence (4 cents)

and with wkise management, several hundred acres, which seven years ago were practically unused, have been transformed into a populous center of over 5,000 inhabitants, with railroads, motor busses. churches, schools, business blocks;

parks and dekightful gardens and

over 1,000 houses.

The promoters of the scheme. which Earl Grey was one of the leaders, planned their model town on the idea of furnishing cheerful homes and opportunities for gardening and open-air recreations to a large number of the working class of London. For the same price that many of these working families have been paying for dingy tenement rooms in the close streets of

years had hot flushes very bad, head- that Hampstead is restricted to one aches, soreness in the back of head, was class. Many acres were set aside constipated, and had weak, nervous feel- for expensive homes and there are a large number of attractive residences renting from \$500 to \$1,500 a year. These are houses which are the equal of the majority of homes in our well-developed suburbs and Vegetable Compound, Blood Purifier and where the rentals would be nearly

While th organizing company BEAUCAGE, Sr., Hammond, Ont., Canada. known as the Hampstead Garden New Brunswick, Suburb Trust has formulated a gen-Canada. - "I can eral plan of architecture and manhighly recommend agement which lends harmony and Lydia E. Pinkham's beauty to the whole, other inter-VegetableCompound, ests, such as the Hampstead tenants. to any suffering wo- a co-partnership society, has leased man. I have taken large acreage plots and built the it for female weak- houses. In the sections where more ness and painful moderate prices prevail the group menstruation and it system of dwellings is a marked feature. In addition there are several buildings arranged as resi-DEVERS BARBOUR, dential flats, where working women Harvey Bank, New and aged per or may rent two or three rooms and yet have the ad-

contains no narcotic or harmful drugs, Besides the gardens provided for and to-day holds the record of being the each house there are tennis courts ost successful remedy for female ills bowling greens, and parks open to we know of, and thousands of voluntary the public. Only eight houses are testimonials on file in the Pinkham lab. allowed to an acre, and by an act of oratory at Lynn, Mass., seem to prove parliament variations have been allowed in the width and construction of roads. A road not exceeding fifty feet in length and giving ac-If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a roman and held in strict confidence.

Cess to a group of houses may be as narrow as twenty feet provided the houses on either side are fifty feet apart. These groups are treated as an architectual unit.

An English write, has said that it cess to a group of houses may be An English write, has said that it

is in this breadth of conception. this subordination of the unit to House With Garden May Be Had the mass, that the Hampstind Gar- Dr. Andia's Experiments Revive den suburb rises above the ordinary collection of residences.'

While it may be said that the main object of the operation was founded on philanthropic motives, the enterprise itself is based on business principles. By a contained act of parliament, the company is restricted to dividends of 5 per cent. Its co-operative features are shown in the issuance of stock to the value of £75,000, or about \$375,000, at £1, or \$5, per share bearing 5 per cent, and debentune bonds to the value of \$750.000 at 4 per cent. Anything over the dividends is expended in additional improvements

"Everywhere the visitor is made conscious," says another writer, in describing Hampstead, "that here is a new impetus at work and a new meaning being imposed into the maligned words land development.

There is something radically wrong when a partition in the church pew separates enemies worshiping the same

The great trouble with many reformcarry them in my grip on the road and has perhaps attracted more attenthey tell us what they are going to was found that after a few applicat-Without becoming chronic in the

> There is more Catarrh in this section of the country than all other diseases For a great many years doctors proscribed local remedies, and by constantly failing to cure with local treatpronounced it incurable. Science tional disease and therefore requires constitutional treatment. Hail's Ca. chency & Co., Toledo Ohio, is the only constitutional cure on the market is taken internally in doses from 10 on the blood and mucous surfaces the system. They offer one hundred Under such exceptional conditions dollars for any case it fails to cure. Send for circulars and testimonials. Address: F. J.CHENEY & CO., Toledo

> > Sold by druggists, 75c. Take Hall's Family Pills for consti-

tained in Hampstead.

But it must not be understood that Hampstead is restricted to one class. Many acres were set aside class. Many acres were set aside class. Many acres and there are a control of the control of th

AND SEE OUR GAS IRONS

BURNS 4 CENTS WORTH OF GAS IN 10 HOURS.

SEE THEM AND YOU

66 BROCK ST. Phones: Store 335. Res. 856.

CURES BY FLATIRONS Oriental Tradition.

Medical as well as lay journals are commenting upon certain cures performed by Dr. Andia of Neuve Pailloux in the department of the Indre, with no other apparatus than a flatiron. but, as one paper points out, a significant feature of the treatment is that the doctor uses red cloth, a color long used in the Orient as a supposed cure for certain diseases.

A few months ago the doctor discovered the efficacy of the flatiron in destroying the bacilli of certain contaminated cloths and stuffs, and once conceived the idea of ironing out patients afflicated in a similar manner. He first experimented with pat ents suffering from erysipelas. The patient's face, or the part of the skin to be treated, was covered with a red cloth, and the iron was heated to a temperature usually required to iron starched linen

The point of the iron was then run slowly along the edge of the skin al fected by the disease as long as the patient could bear it. This process was repeated a number of times, the iron being raised when the patient felt himself unable to bear the heat. ions the pain passed and the skin be came less sensitive, the part treated matter, there are times when men and becoming red and the blood vessels slightly dilated. After daily applicat ions of the iron and red cloth for week the patient was found to have entirely recovered. Dr. Andia has no put together, and until the last few attempted to explain the action of th years was sapposed to be incurable, red cloth, except to say that "the col nounced it a local disease and pre. or helps the diffusion of the heat just

has proven catarrh to be a constitu- Ruffled Gowns Incoming Fashion Fashion is very much like the words of London, and can be reached by tarrh Cure, manufactured by F. J. of the frivolous song that runs "But found out; and love is truest when the in from twenty-five to thirty min- drops to a teaspoonful. It acts directly newest, beyond a doubt." For the new est fashion is always the last love and stands the best chance of supplanting the one before.

Two dress manufacturers in a street ear the other day were overheard in earnest conversation. "Draped dresses will be best to make for this winter. said one. "What about these new ruffle dresses they are wearing in Paris?' said the other, and a lengthy discusarose between them.

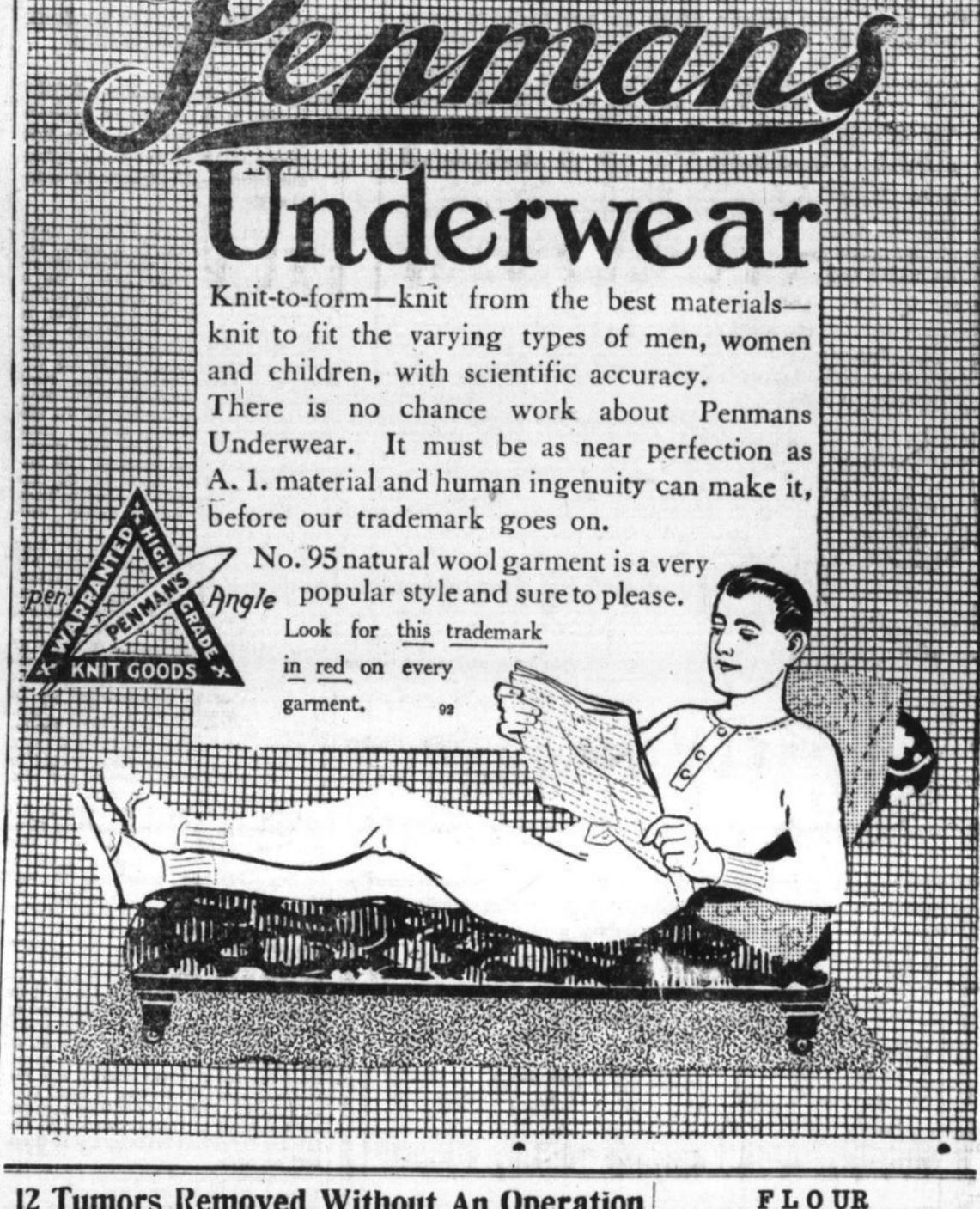
If you were to ask me, I thought to myself, you would better pin your faith to the ruffles and hedge with a few draped models of the latest vintage for conservative folk.

Ruffles are new, though they tried to gain a foothold a year ago last spring, when draperies and panniers came in. But being too radical they confidence. It destroys all desire for have had to stand back and wait whiskey, beer or other alcoholic their turn. The funny little tunics the big city houses or small aparttully used it and have been restored that adorned last winter's gowns were to lives of sobriety and usefulness. The first indication of flounced effects

> The Word "Lody." Connected, no doubt, with the cheap-

ening of the word "lady" has been the practical disappearance of the "gentlewoman." The distinction between the two was brought out in the seven teenth century "Rules of Civilty, which declared that "in visiting a lady it is not enough to salute her, but her gentle-woman also, if she be then present." At the beginning of the nineteenth century, "one who has marked with attentiue observation the late vicissitudes in kingdoms and governments, and with a precision almost focetold what would happen," advertised in The Times his readiness to "give such advice to persons of fortune as may prove of the very utmost importance to them." "When a lady. requires an interview," said the advertisement, "a gentleman will give her the meeting."-London Chronicle.

Owed Life To Dream. . Melton Prior, the famous war art ist, always averred that he owed hi life on one occasion to warning dreams. When going out to the Zulu was he twice dreamed that he was shot and then burled. On arriving at Durban he received a letter from his mother telling of a dream identical with his own, and begging him not to go to the front. He obeyed her injunction, and engaged another artist to go in his place. The unfortunate substitute was almost the first man killed in he fighting. One wonders why a warning dream was not granted him also .- London Chronicle.



## 12 Tumors Removed Without An Operation

Dear Mrs. Currah,-I am enjoying better health than I have for eight years, and I think I am entirely cured. I have none of the old symptoms. I am very grateful for my present health, and think Orange Lily is the greatest treatment Some were as large as a hen's egg, and others smaller, down to case in your advertisement, for is the solid truth, and pen cannot describe all the good it has done for me. Mrs. Louise E. Bolte-

For Sale by the Leading Druggists Everywhere

This letter gives an indication of the positive benefits that always follow the use of Orange Lily. It is an applied treatment and comes

in direct contact with the suffering cases of women's disorders, including painful periods, falling of . I will send a sample box containing 10 days' treatment absolutely free to any stamps and address MRS. FRANCES E. CURRAH, Windsor, Ont.

zood quality.

Selected from the celebrated Richmond No. 4 and Ontario No. Mines, the best Anthracite Coal mined in Pennsylvania.

Our Robin Hood brand of flour

has a guarantee in every bag for

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THE JAS. SOWARDS COAL CO. North End Ontario Street.



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