BAKING MADE IN CANADA CONTAINS NO ALUM CONFORMS TO THE HIGH STANDARD OF GILLETT'S GOODS NEW STYLE LAB



James McParland, Agent, 339-341 King Street East.

MODERN MARTYRS!

The age of martyrs is not passed. There are thousands of women all over the

country enduring physical torture and mental McTavish had constructed an instrucountry enduring physical torture and mental anguish almost beyond description. They are not victim; of persecution, like the martyrs of old; they are not called on to face the scaffold or the stake, but their sufferings—borne fold or the stake, but their sufferings—borne in silence and hidden from the world at large

disordered condition of the female functions. the hideous cry of a dying wolf He has a daughter and I have a son. port of which had been brought back their native modesty deters them from seeking relief in the earlier stages; and when they
do consult a physician, they usually get some
drug mixture to take internally, which is not
more effective for troubles of

gans, the remedy, to be effec-

than in any other thing I have ever used. Before I knew or found out anything about this medicine. I doctored away hundreds of dollars, and when I thought I one, boy who has nad wide experithrough the mall from a friend. The first suppository I used I was greatly relieved, I was a newspaper publisher at Mediand in a few months completely cured. That was nine years ago this winter, so c ne Hat, and has of late been a freyou can imagine with what esteem I hold the OPANGE LILY. I am thankful there is such a relief for poor, suffering women, for I have been one of them and can que it contributor to magazines.

Sympathize with others. Your sincers friend, MRS NORMAN WEAVER.

Trenton, Ont., Dec. 4th, 1909.

Dear Friend,-I feel it my duty to write you a festimonial as to what Orange Lily has done for me. Last winter I was feeling very miserable indeed. I could was never free from noin in the womb and ovaries. The pain would run down the at," is the title of a pamphlet public of my neck to my brille until I hardly knew what I was doing at times. Life listed in 1626. Quaint titles were the back of my neck to my brille until I hardly knew what I was doing at times. Life listed in 1626. Quaint titles were the lower doctor and had an examination. He pronounced it is forget the worth a in Puritan writings. Ferhaps the sob-right condition of the repertiese organs produced by repeated attacks of inflamman. scarcely do my housework during my menstrual period, and for two months or more l gid condition of the repertitive organs produced by repeated attacks of inflamma-on. He said I would have to take a course of treatment, and if that failed to or faced Roundheads liked sugar-coatovercome the rigid condition I might, in time be commelled to have the oparies removed. I objected to that, so filled out Dr Coonley's gamptom blank and forwarded it to him, and he diagnosed the disease the same as my local doctor, so I levided to take Dr Coonley's Treatment. I have used two free of Cerate Massage, two packages of Herbal Worth Tonic and six boxes of Orange I lly. It is eight months since I begin the trentment but I feel like a new proman. I work right through everything new Har'le knew a pair, even draing monstruction now, often say, "I would not take \$100 and be in the ciute first I cone list March." shall continue to sound its private wherever I have an empetually

Voice gent of the Name of the to any sufferer ARSOT. Proper The treatment which is worth 35 cents, to any sufferer ARSOT. Proper The treatment is inexpensive, used at home, and no physician is necessary. Send at once for the

FREE TRIAL TREATMENT which will demonstrate that ORANGE LILY will cure you. Enclose stamps, and pidress MRS. FRANCES E. CURRAH, WINDSOR, ONT., Can. Rep., Coonley Med. inst.. Delays are dangerous.

" For Sale by leading druggists everywhere.

BOOKS AND THEIR AUTHORS

THE JUDGMENT HOUSE. The Judgment House—A Novel by Sir Gilbert Parker-The Copp,

Clark Co., Toronto. dian author, Sir Gribert Parker. It ly to the point. on the pulse of the world. The her-ly Augmented." oine. like Cleopatra, influences the careers of empire-builders by her beauty and her cleverness. The scene Winter is a blustering lout, is laid in London at the time of the Listen to his roaring rout ! Jameson raid in South Africa, and Let me shut the racket out, the consequent result, the Boer war. Double lock the door; Rudyard Byng had returned to Eng- Mind and body both at ease, land after amassing a fortune on the Now I can do as I please; Rand, where the upr sing seriously I have warmth, contentment, peace, threatened his holdings. Ian Staf- Should one wish for more? and ford, of the British foreign office; cherished strong ambitions to serve Ah, how bright, how cheerful looks his country on a grand scale. Both Yonder hearthfire ! and my books, men were in love with Jasmine Gren- Ranged on shelves or stored in nooks, this magnificent solid gold shell ring who broke her engagement to the All for use are, none for show, dandy 5-place Doll's Fairy Kitchen Set. diplomat to wed the mill onaire. Her They are books I read and know, nfatuation for the former affords the lihat is why I love them so, ubject for many an interesting chap- My true friends are they.

to form an alliance with powerful Noble prose and dainty verse, European nations, which left Eng- Novelists, philosophers, land free to deal with the Boers Drammatists and travellers without fear of interference. His in- I have close at hand; tolerable life at home, strengthened When some favorite I pick out, b the lure of the old, free South Af- | Dream of all it tells about, r can life of the plains and hills, com- What care I for winter's rout? pelled the millionaire to go to the I'm in Fairyland. front as head of a cavairy regiment. Charles W. Hubner in Atlanta Con-Stafford, to escape the meshes into stitution. which his love for his friend's wife had led him, enlisted also, and in an heroic charge against the Boers. he fell. Jasmine had also gone out as a nurse, and the tragic battlefield be-

dramatic. One realizes that Parker's an impression on superior paper, with lest work is his best, and hopes that additional plates to meet a widely exlayed as this.

THE BLUE WOLF.

The Blue Wolf, S. W. Lacey Amy, The Musson Book Co., Ltd.,

lonely western ranch. . He was one lyle. (1795-1881.) of a quintette of lively students who had formed a firm friendship. They had all loved the same girl, but McTavish had won her hand and heart. Later he grew jealous of his friends, and while visiting at the ranch, each met mysterious deaths. The story introduces the kering from indigestion, colic "Dreamers," a fanatic religious so- worms, or from some other form secret place in the Cypress Hills, and lets always do good-they here their strange religious rituals possibly do harm and are were practised. McTavish's jealonsy has affected his mind, anl in the last of his college chums, who had come on a visit to the ranch ... So he fured his friend to the top Co., Brockville, Ont. of the mountain, where in a grotto, this kind than it would be for "Dreamers," he had reproduced a This is the secret of the suc-cess which always follows the use of ORANGE LILY in deuse of ORANGE LILY in de-rangements of this kind. It is a strictly local treatment. It is the ledge to death But, during the absorbed directly into the parts that are inflamed and congested and its beneficent, soothing influence is noticeable from the start. The irritation of the delicate membrane is relieved, delicate membrane is relieved, the congestion is overcome by the congestion is overcome by the discharge of the watery the discharge of the watery matter which served to oppress stories mixed up with the other the nerves and cause mental events, a touch of cowboy color, and depression: the nerves are glimpees of the good work accomp-toned and invigorated. sished by that splendid body of men, and the sunshine and for of life again becomes part | the Northwest Mounted Police. "The of her being Read the Bine Wolf' is a wierd story, con-Dear Mrs. Currab :- I some or Hight dialogue, Possibly lusterless hair.

Weird Titles For Books.

prairies the seems are laid.

Nosegny for God's Saints to Smell killing the dandreff germ. ing on their spiritual fare.

Another title of that period is "A har. Pair of Bellows to Blow Off the Dust | It is not sticky or greasy. Cast Upon John Fry," and another is It is the daintiest perfumed hair "The Snutters of Divine Love. Cromwell's time was particularly fa- It is the best, the most pleasant In snowy winters, golden springsmous for title pages. A book on char- and invigorating hair dressing made. And quicker heartheats at the thought ity is "Hooks and Eyes for Believers' Fight shy of the druggist who of-

An imprisoned Quaker published "A The girl with the Auburn hair is on Charm in the stars' old sorcery. Sign for the Sinners of Zion Brenthed every package.
Out of a Hole in the Wall of an All reliable druggists, department R. H. Cross, merchant of Jasper, Earthen Vessel, Known Among Men stores and toilet goods counters have has sold his stock of dry goods, etc.,

Make the Soul Sneeze with Devotion's but their graceful outhings in pearl and "Salvation's Vantage Ground of a white and their casy course through Louping Stand for Heavenly Believ- calm and storm insure a perpetual ers," and "A Shot Aimed at the welcome. They beckon toward the Devil's Hendquarters Through the Tube shore, where the whistlewings and An intensely interesting book is of the Cannon of the Covenant." The bluebills gather in large flocks on the

has been some years now since he Then come "A Reaping Hook, Well the flock, but interest centres in the nas produced a book, but this one Tempered, for the Stubborn Ears of half dozen mallards that keep apart was west worth waiting for. It is, the Coming Crop, or Biscuits Baked from the winter ducks, as if to call w.thout doubt, his masterpiece so in the Oven of Charity, Carefully Con- attention to their announcement of far is it surpasses even "The Right served for the Chickens of the Church, spring. They have come from the of Way," "The Weavers," and the the Sparrows of the Spirit, and the milder south with their most welcome "Seats of the Mighty." "The Judg- Sweet Swallows of Salvation"; and message. On the shore the message ment House" is a story of interna- 'Seven Sobs of a Sorrowful Soul for is more eagerly proclaimed by three tional interests. The destinies of bin, or the Seven Penitential Psalms kildeer, running along so burriedly nations are interwoven with the lives of the Princely Prophet David, where that their slender, stilled legs are inof the two heroes-one a millionaire, unto are also annexed William Humu- visible. Their double breast-bands of a ploneer of the Cec I Rhodes type; is' Handful of Honeysuckles and Div- black distinguish them among the the other, a diplomat, with his finger ers Godly and Pithy Ditties, now New-plover family as they pause to pick

With My Books in Winter.

Literary Notes.

Messrs. Jack (Edinburgh), and Copp Clark (Toronto) announce that their 'History of the British Nation," by . D. Innes, has been such a great The story is brilliantly told. It success that they have been forced to go to press with another large edition. They have also in preparation

> Purse," by Cleveland Moffatt. It is now some years since Mr. Mofiatt's along, as if determined that their rich last book, "Through the Wall, ' made such a kit. The new story relates the exciting adventures of a clever woman

"The Blue Wolf" is a love romance In books lies the soul of the whole an Alberta prairie ranch. . It is past time; the articulate audible wice the tale of a Toronto 'Varsity gradu- of the past, when the body and ma-

BABY'S OWN TABLETS

Mothers, whether yout baby is ciety, at enmity with all who oppose hildhood ailment, you will find them. McTavish, for his own pur- Raby's Own Tablets a sure relief poses, allied himself with their | Thoisands of mothers use nothing leader. The "Dreamers" had a die for their little ones. The Tab good for the newborn babe or growhis madness he planned to destroy cine dealers or by mail at 25c. a box from the Dr. Williams' Medicine

A One-Sided Arrangement.

re searcely less intense.

These ladies, as a rule, are women and it against the reflectors, and turn, understand that his salary is no health of our person." The Cape

a roothache, a bruise, or any voice that affrighted his followers At the ripe old age of eighty-six veller, the bg sea turtles were other strictly local allment and kept them in subjection to his years, John Wright, Brockville, pas caught by the islanders when they in some one of the female or | will. McTavish's work was done, | sed to his reward on Wednesday morn | came out on the beach at low tide and he pitched the machine over ing. The deceased was one of Brock to feed. They were at once killed, the ledge to smash on the rocks ville's oldest and most highly respect and their blood caught in large tubs.

Made Glorious usually complete dreadful disease.

and Dandruff.

Nothing so detracts from the at

e ne Hat, and has of late been a fre- Since its introduction into Canada, l'arisian Sage has had an immens sale, and here are the reasons:

It is safe and harmless. Contains was read at the request of Mrs. Black. no dye or poisonous lead. "A Mest Delectable, Sweet Perfumed It cures dandruff in two weeks, by Meredith Nicholson wrote it :

It gives life and beauty to the That evening shadows in mine eyes

Booth Co., Limited, Fort Erie, Cat. Or in late twilight fail to see

by the Name of Samuel Fish."

Parisian Sage Hair Tonic. The girl to Omer Brown, of Delta. Mr. Cross with the Auburn hair is on every leaves in a few weeks to spend the sum-package. J. B. McLeod guaranteed it. mer in Vancouver.

SPRING WITH THE BIRDS. Nature Lover's Picture of What May

Toronto Globe.
The gulls we have always with us, this new hover by the ramous Cana- author of the first work speaks direct- turbid water recently cleared by the storm. There are a few sawbills in hurriedly among the winter's refuse on the sloping sand. On nearer approach the reddish-brown on their backs is visible. They show a tendency to hide behind the low willow bushes, already turning pale yellow, in preparation for the great awakening. It is a double assurance to hear the Ifamiliar, startled call as the kildeer take wing and pass with undulating strokes over the disturbed water. These shore-waders make an unreasoning response to the migrat ng impulse, and reach the southern extremity of our pair of continents, ever beyond civilization's destructive ad-

> Another voice of spring, the call of bushes that sheltered the kildeer on the shore. There is life in the bushes, the little, grey, moving forms appearing momentarily, and retreating out of sight. Song-sparrows and tree-sparrows are freely associating among the close twigs of the w lows and making their way along th shore as if by a common purpose understanding. Less timid and more tolerant than the kildeer, a robin, big and rich in spring plumage, hops along the shore where they took flight. He darts his hungry beak into the wet sand with that happy confidence famings. A few shrill syllables come faintly over the water from the island of dead rushes. The redwings can be seen rising momentarily in spasmodie flight against the grey background of the lake and settling out of sight among the withered tufts and masses. They must be gathering the seeds of the water plantain and other The Copp Clark company announce seeds of the water plantain and other for publication shortly "The Bishep's weedy aquatic growths. By a wayward impulse they move irregularly contrasts of scarlet and jet shall be seen and admired.

In graceful silence three grebes swim into the restricted open from behind a point of matted marsh grass. Their appearance is the surprise of the day. They are Hoelbell's grebes, the giants ate, who married the most popular terial substance of it has altogether of this strange family, which comgirl at college, and settled upon a vanished like a dream .- Thomas Car- bines the habits of the bird and the aquatic reptile. Their gracefullycurved necks show the red tints of spring, and as one turns to preen the feathers of his back with his long, yellow hill he displays the pearly gloss of his breast. In the exciting advent of these distinguished visitors the two-horned larks, friends of the lonely winter, following their crouching, devious, parallel courses among the stones, are almost ignored.

SEA TURTLE WAS USED.

By 15th Century Medicos to Cure A French historian, in connection with the alleged cure for tuberculosis now being advanced by Dr. F. F. Friedmann, calls attention to the little-known fact that the medicinal use of the sea-turtle is by no means of

recent date.

On July 8, 1483, King Louis XI. of girls of refined and sometive temperaments. The many direction he pleased. Showing that their sufferings are due to a disordered condition of the female functions. The hidenus cry of a dring wolf. Persons afflicted with leprosy bathed in the blood, and afterwards ate o the turtle's flesh. This treatment was kept up for two years, at the end of which time the patients were usually completely cured of the

This record would tend to show that Louis XI. was a leper. That such was the case had been rumored by chroniclers, but the reason of the expedition to the Cape Verde Islands now published for the first time. throws much light on the psychology of Louis XI., his ill-humor, and his oflowing letters:
Archer Ont., Feb. 1, '99, 1 taining good descriptive writing and tractiveness of women as dull, faded, sedulous avoidance of mankind durreceived your kind letter it would ampeal more strongly to There is no excuse for this condi- wretched man evidently believed western Canadians, on whose broad from nowadays because notice is here- himself smitten with leprosy. He by given to the readers of the Daily was, however, never fated to test the The author is a former Sydenham, British Whig that Parisian Sage, the efficacy of the sea-turtle remedy, for Ont., boy who has had wide experi- quex acting hair restorer, is sold with he died August 30, 1483, before the

> Frank Black's Favorite Poem. At the funeral of Frank S. Black tho It was a favorite of ex-Governor Black.

> If power were mine to wield control Of time, within my heart and soul, What I hold dearest, I should pray

Dim not the light of new surprise; That I may feel, till life be spent Each day the sweet bewilderment Of fresh delight in simple things-Of all the good that man has

ENJOYS FISHING AND SHOOTING AFTER BEING INVALID IN BED

GIN PILLS Brought Strength Back Again To

New Brunswick Sportsman. Kidney and Bladder trouble may quickly bring you to the sad state Alex. W. Stevenson was in. He was an invalid using a crutch and cane for sixteen months. In this state he sought and found relief in GIN PILLS. Now he goes shooting and fishing as of yore. The first state leading to the invalid's bed may be the very time when you recognize the first

symptoms of Kidney and Bladder trouble, when you have constant Headaches, Pains in the Joints, Swollen Hands and Ankles, frequent desire to urinate. It may be when you feel the urine hot and scalding or when you have specks floating in front of your eyes. These are the times when the marvelous results

of GIN PILLS are appreciated. These are the very periods when they should be used. Don't wait for repeated occurences of these signs. Take GIN PILLS at once. Keep the invalid's bed as far away as possible. Get close to the health which allows you to enjoy your outdoor life, and which makes your indoor time also a pleasure. PERTH, N. B. For two years I was an invalid, incapable of

work of any kind, sixteen months of this time I was unable to move without the assistance of a crutch and a cane. During this time I was treated by all our local doctors as well as taking treatment from a specialist in Chicago, but did not improve any, and had about given up hope of ever being of any use again, when a friend advised me to try GIN PILLS. This I did, and with a two months treatment was as well as ever I was. This was four years ago, and I have had no return of my trouble since.

I still use a box or two a year as a preventative and am enabled to go fishing and shooting in the Spring and Fall, and lay out on the ground at night without any inconvenience. It is a wonderful medicine and I take great pleasure in recommending it to all sufferers from Rheumatism. ALEX. W. STEVENSON. Soc. a box—6 for \$2.50—money back if not satisfied. Sample free by writing:
National Drug and Chemical Co. of Canada, Limited, Toronto.

The Consumer's Dollar

will go a long ways with a wise selection of foods that supply the greatest amount of nutriment with the least tax upon the digestive organs. The consumer's dollar will purchase ninety-two

BISCUITS

each one of which makes a complete, warm, nourishing meal when eaten with hot milk and a little cream. Contains more real nutriment than meat or eggs, is more easily digested and costs much less.

For breshfust heat the Lizzu't in the oven a few moments to restore crispness; then pour het milk over it, adding a little cream; safter sweeten to suit the taste. It is deliciously neurishing and wholesome for any meal with stowed prunes, baked apples, eliced banamic, preserved peaches, pineapple or other fruits. At your grocer's.

MADE IN CANADA A CANADIAN FOOD FOR CANADIANS



The Canadian Shredded heat Co., Ltd. Niagara Falls, Ont. Toronto Offices



An Ideal Tonic For Women

Sick headaches or biliousness are unknown to women who use Abbey's Effervescent Salt regularly, because it tones up the entire system.

Milely laxative in its action Abbey's Ellervescent Calt has immediate effect upon the torpid liver and sluggish digestion and produces rich, red blood that makes for vigorous health. It's a pleasant, invigorating drink at all times-but especially Leneficial oin the morning before breakfast.

Take a Bottle Home To-day.

Two Sizes, 25c. and 60c. At all Druggists.