

**Add**  
to the pleasure of  
**your Breakfast Table**

Serve  
**Seal Brand COFFEE**

ABSOLUTELY PURE

Guaranteed by  
**CHASE AND SANBORN**  
MONTREAL

Forty years in use, 20 years the standard, prescribed and recommended by physicians. For Woman's Ailments, Dr. Martel's Pills, at your druggist.

**THAT TOBACCO**  
With the "Hooter" on it is crowding louder as he goes along. Only 40c per pound. For chewing and smoking.

AT A. MACLEANN'S,  
Ontario Street.

**Dr. de Van's Female Pills**  
A reliable French regulator; never fails. These pills are exceedingly powerful in regulating the reproductive portion of the female system. Refuse cheap imitations. Dr. de Van's are sold in a box, or three for \$1. Mailed to any address. The Roswell Drug Co., Montreal.

**TRY NOLAN'S**  
Special Blend of  
**High-Grade Coffee, 40c a lb**  
336 Princess Street, Phone 720  
Prompt Delivery.

**Rheumatism Cured**  
By a scientific remedy. It acts directly on the blood. It combines with the uric acid and makes it soluble, and the blood carries the combination to the kidneys, where it is eliminated in the ordinary way. No other preparation like it on the market. Absolutely harmless. Send for a trial package Red Rheumatism Cure to-day. Price, 25c, postpaid, or five for \$1.00.

**E. E. JESSOP, Phm. B.**  
NAPANEE, ONT.

**ALCONO**  
Pure Food Flavors, (in tubes) Almond, Lemon, Maple, Nutmeg, Vanilla, at 25c and 10c.

**D. COUPER'S**  
Phone 76, 811-3 Princess St.  
(Prompt Delivery.)  
Coast Sealed Oysters.

Because they act so gently (no purging or griping) yet so thoroughly

**NADRU-CO LAXATIVES**

are best for the individual and as the grown up. Get a box at your druggist's.

**GRAND TRUNK RAILWAY SYSTEM**  
LOW COLONIST RATES.  
Pacific Coast.

Daily March 15th to April 15th Inc.  
Vancouver, B.C.  
Victoria, B.C.,  
Seattle, Wash.,  
Portland, Oregon.  
San Francisco, Cal.,  
Los Angeles, Cal.,  
San Diego, Cal.,  
Mexico City, Mex.,  
and other points at rates in proportion.

**\$50.10**  
**\$52.05**

**BOMBARDIERS' EXCURSIONS TO WESTERN CANADA.**  
Via Chicago, Port Arthur and Sarnia, every Tuesday, March 4th to October 28th inclusive. Good to return for TWO months.

We can make all arrangements to bring your family or friends from the Old Country. Special attention will be given them.

Ask for full particulars.

**J. P. HANLEY,**  
Railroad and steamship agent,  
Corner Johnson and Ontario Streets.

**THE GREAT REFUSAL.**  
By J. Lewis Milligan.

Christian Guardian, Toronto.

At no time in the history of Canada has the church made a more urgent and insistent call for men than she is doing to-day. The need is not only urgent, it is a growing need. Civilization is extending its boundaries, new villages are springing up "in a night," and from these are rapidly developing towns and cities. All kinds of men go to make up a new country, and for the various departments of the life and work of these new communities there does not seem to be any very serious lack of men.

The call of the farm, the call of real estate, the call of engineering, store-keeping, law, politics—every vocation finds a ready response to its invitation; men and women are flying over sea and land in obedience to the siren strain of the west.

To make a psychological examination of this emigration movement might be very interesting; the why and wherefore of it all is not so easily defined as one might suppose. There is more than human agency behind these world-movements; the flux and circulation of humanity over the face of the globe is perhaps as mysterious and systematic, and as providentially arranged, as the circulation of the blood in the human body.

It were easy to attribute the west fever to a greed of gold. "Famine" in the Old Land doubtless drives many westwards, and, among other things, a desire for position, or power, and eventual pleasure are the chief incentives.

Canada must not be too hilarious, or even too confident of its prosperity in the world of nations. "Famine" is abnormal. Canada is the favorite child of the empire, and, like all pet children, is in danger of being spoiled. Posterity has a rude way of dealing with all precocious children, and we would do well to observe the counsel of that wise old man of Ecclesiastes: "Remember now thy Creator in the days of thy youth, while the evil days come not, nor the years draw nigh when thou shalt say, I have no pleasure in them."

One does not care to come upon a happy party

"...like a ghost to trouble joy,"

but amid the clamor of many voices the voice of the preacher must not be silent.

No amount of material prosperity can make up for spiritual poverty. "Vanity of vanities, all is vanity;" this will be the verdict of every Canadian who makes gold, position and pleasure an end in themselves.

The spiritual is the true basis of all life. The foundation of the world is not matter, rock, iron or gold, but air, and very thin air! Religion is the most potent force in history and the "deepest" last in human nature. The men who have been at the beginning things have not been politicians, but preachers. The future of nations is not in the hands of statesmen or financiers; it is in the hands of the church. Armies and navies, no matter how powerful and efficient, cannot defend a nation or an empire that neglects the spiritual life of its people.

Materialism, greed, luxury and vice are foes which the statesman and the military man do not often reckon with; they are proof against logic and Acts of Parliament, they are invulnerable to shot and shell.

The enemies a nation has to fear are the enemies within. To build up a healthy and noble manhood is the strongest of all bulwarks against outside foes, and this can only be done by a diligent, enthusiastic and fearless church.

The call has gone forth for preachers. Canada wants preachers! What has been the response? English, Irish and Scotch men have heard the trumpet blast over the seas, and a few timorous ones have meekly offered

themselves, only, too often, to be greeted with suspicion and snubs. The Canadian has been silent, or nearly so. To every other call he has promptly replied: "Here I am, send me!" To the call of the church he has answered: "Here I am; send the Englishman!"

What is at the bottom of this diminution of young Canadians to enter the ministry? Is it not the fact that there is no money in it? The conditions are too stringent. Another young man found himself in the same difficult duty at such another call, but he could not bring himself to comply with the conditions, "for he had great possessions." But he went away sorrowful, and our young men go away with a jaunty air and a knowing smile.

But it is futile, after all, to put the blame upon the people. The people are always open to blame; if the people were perfect, there would be no call for preachers. A child goes to school because it is ignorant, and people go to church because they are sinners.

The church itself must bear the greater part of the responsibility for the present state of things. Some will tell us that the gospel is no longer effective, that the world is growing wiser, and that Christianity is slowly taking its place among the religions of the past. If this were true, it would be difficult to find a religion in any part of the world which is capable of superseding Christianity. So that, for the present at any rate, the gospel of Jesus holds the field, and since mankind cannot get along without a religion of some kind, it may as well have the best that is procurable.

Not a new gospel, but new men. Strong men are needed. When Baller failed in South Africa they sent Roberts and Kitchener, and, with the same soldiery and the same ammunition, they swept on to Pretoria. Organization is good; but an official, no matter how well his name may sound, cannot take the place of personality. There is a tendency to crush personality in a mold, to reject a man if he does not fit the stereotyped strait-jacket of officialdom. It is easier for a little one to get into office.

The church has taken too literally the words of Browning:

"Lord, send us no more giants,  
Elevate the race!"

The Lord, too, has answered the prayer literally, for we certainly have few giants in these days.

This dread of the giant is the dread of little and unheroic men. How is the Lord to elevate the race without elevators? The vast majority of men are followers, and if they have no leaders, whither shall they go? Or if those leaders are little and weak men,

who only claim to leadership is a badge of office, what is there to attract fighting men to the cause? The irresistible dynamite of a congregated and great personality is essential to effective leadership. Personality, character, intellect, spiritual intensity, these are the qualities which not only elevate the race, but also attract others to the work of elevation.

A great actor is a pitfall to all ambitious young men. An heroic general is a standing challenge to every man with the least spark of courage and heroism in his nature. So it is with great preachers. Dr. Parker was responsible for more preachers and local preachers in England than fifty committees could make or find in as many years. The same might be said of Beecher and all those giants of the last generation. We want giants, and if there are any sulking in their tents let them come out, for the hosts are standing idle on the ringing plains of this Troy of sin, awaiting the call of a leader.

**Piety in the Palace.**  
Over thirty years ago the king then a "middy" aboard the Paechante, promised Queen Alexandra that he would read a chapter of the Bible every day. The promise has been faithfully adhered to. As Prince George, his majesty acted as chaplain when commanding H.M.S. Thrush, a proceeding which gave great delight to his august grandmother. Queen Victoria was particularly in the matter of religious observance, and set the vogue in her earlier years of piety.

The present king of Sweden has been especially conspicuous since his accession as a zealous defender of the faith, which he preaches as well as practises. The Queen of Greece—Queen Alexandra's sister by marriage—has made great efforts to spread scripture reading amongst the poor.

The present king of Sweden carries out the family tradition as regards religious observance, but is scarcely so strong on the point as was his father, the late King Oscar, who was quite in his element as a conductor of a prayer-meeting, and officially recognized the wearing of the Salvation Army uniform at his court.

The whole of the Danish royal family, for two generations past, have attached the utmost importance to devotional duties, without ostentatious bigotry, however.

**Oil for Paper Umbrellas.**  
The vegetable oil used in making paper umbrellas in Japan is pressed out of the seeds of the rubber plant. This oil is made in the various islands famous for oil and seeds from these plants. Sandy ground is favored for the cultivation of the plant and the oil is extracted from the seeds by presses.

The new medical calendar has been printed for the season 1913-14, and contains the new regulations regarding the payment of fees.

**One Application Restores the Color to Grey or Faded Hair**  
Simple—Easy—Safe—With HAY'S HAIR HEALTH

Why have unsightly grey or faded hair. Why look prematurely grey and ten years older than you are? Why look unattractive and lose your charm and beauty?

If your hair is grey, faded, streaked looking, HAY'S HAIR HEALTH will change it—bring back the natural color, life, and lustre quickly, effectively, satisfactorily, safely. You'll be surprised at the quick results from a few applications, the grey hairs will gradually disappear leaving your hair in its natural, youthful condition, full of life, radiance and beauty.

For those who are troubled with Dandruff there is nothing that will B. McLeod.

**NEW MARRIAGE LAW.**  
Three weeks' notice before the issuing of a marriage license to non-residents.

Elimination of the "Gretna Green" marriage business of the border towns and cities.

Punishment of clergymen marrying persons under the influence of liquor.

Placing of responsibility upon clergymen for marriage of idiots, insane and degenerates.

The above will be embraced in Ontario's new marriage law.

Human nature is much the same the world over. If a man promises to do better than he has done in the past don't hold your breath until he does it.

**THE MAIN STREET OF DAYTON, OHIO.**



SHOWING THE CHIEF BUILDINGS AND INDICATING THE RUSHING WATERS WHEN THE FLOOD WAS AT ITS HEIGHT.

**NOSE AND HEAD STOPPED UP FROM GOLD OR CATARRH, OPEN AT ONCE**

**My Cleansing, Healing Balm Instantly Clears Nose, Head and Throat—Stops Nasty Catarrhal Discharges. Dull Headache Goes.**

Try "Ely's Cream Balm."

Get a small bottle anyway, just to try it—Apply a little in the nostrils and instantly your clogged nose and stopped-up air passages of the head will open; you will breathe freely; dullness and headache disappear. By morning the catarrh, cold-in-head or catarrhal sore throat will be gone.

End such misery now! Get the small bottle of "Ely's Cream Balm" at any drug store. This sweet, fragrant balm dissolves by the heat of the nostrils; penetrates and heats the inflamed, swollen membrane which lines the nose, head and throat; clears the air passages; stops nasty discharges and a feeling of cleansing, soothing relief comes immediately.

Don't lay awake at night struggling for breath, with head stuffed, nostrils closed, hawking and blowing. Catarrh or a cold, with the running nose, foul mucous dripping into the throat, and raw dryness is distressing, but truly needless.

Put your faith—just once—in "Ely's Cream Balm" and your cold or catarrh will surely disappear. Agent, G. W. Mahood.

**IMPORTANT.**

To those seeking the most desirable residential lots in Kingston—

8 lots left in Duncunely Place.  
9 lots left, corner Earl and Collingwood.  
2 lots left, Stuart St., facing water front.  
6 lots left, Eberbeck Place.  
2 lots left, Livingstone Ave.  
Prices to be advanced 1st April.

Some good dwellings worth investigating.

Fire, Life and Accident Insurance business gives the best attention. A share of yours will be appreciated.

**J. O. Hutton and H. S. Crumley**  
18 Market St., Kingston.

**New Spring Clothing**

Men's Suits, from \$8.50 to \$20.00.  
Boys' Suits, from \$4.50 to \$10.00.  
Men's Raincoats, from \$5.50 to \$12.50, best quality.  
Men's Odd Pants, from \$1.25 to \$2.50 a pair.  
Overalls, best quality, from 65c. to 95c. a pair.  
Ladies' Suits from \$12.50 to \$20.00 a suit.  
Ladies' Skirts from \$3.50 to \$7.00 each.

Also a large stock of Prints and Gingham, regular price 15c a yard. Sale price, 10c. a yard.

Hats and Shoes of all kinds at reduced prices, for cash only.

**JOS. B. ABRAMSON**  
257 Princess Street, Above Sydenham St.

**Labatt's**

**ALE --- STOUT --- LAGER**

PURE — PALATABLE — NUTRITIOUS — BEVERAGES  
FOR SALE BY WINE AND SPIRIT MERCHANTS EVERYWHERE

LOCAL OPTION—Residents in the local option districts can legally order from this brewery whatever they require for personal or family use. Write to

**JOHN LABATT, LIMITED, LONDON, CANADA**

James McParland, Agent, 339-341 King Street East.

**Don't Make a Mistake about Your NEW SPRING SHOES**

No matter how your taste runs, or what your ideas are we can please you.

We have a fit for every foot and such a generous amount of style and satisfaction, that will surely add you to the list of friends of the Home of Good Shoes.

**J. H. SUTHERLAND & BRO.**  
The Home of Good Shoes