

Unable to Work for 14 Months

Complete Nervous Breakdown Left Mr. Black an Invalid—Cured by Dr. Chase's Nerve Food.



Mr. Henry Black.

What a helpless mass of flesh and bone the human body is, once the nerves become exhausted. Extreme weakness comes over you, and you lose control of the limbs. The next step is paralysis.

You will be fortunate if, like Mr. Black, you get the build-up process in action before it is forever too late. By forming new, rich blood Dr. Chase's Nerve Food carries new vigor and energy to every organ and every member of the human body.

Mr. Henry Black, 81 St. Catherine street east, Montreal, Que., writes: "The wonderful results I obtained from the use of Dr. Chase's Nerve Food constrain me to write this letter in order that others who suffer from nervous exhaustion and weakness may use this medicine with equally satisfactory results. As the result of overwork I became completely exhausted, and was unable to work for fourteen months. As I am the father of a family, these were sad days for me, but after I had used six boxes of Dr. Chase's Nerve Food I had improved so greatly that I continued the treatment until I was completely restored to health and strength. I now work twelve to fifteen hours a day, and keep in excellent health."

Dr. Chase's Nerve Food, 50 cents a box, all dealers, or Edmondson, Bates & Co., Limited, Toronto.

THAT TOBACCO With the "Hoosier" on it is crowding louder as he goes along. Only 45c per pound. For chewing and smoking. AT A. MACLEAN'S, Ontario Street.

NA-DRU-CO LAXATIVES are best for the children as well as the grown-ups. 25c a box at your druggist's. National Drug and Chemical Co. of Canada, Limited.

Kingston's Beauty Parlor. Spirilla Cosmetics fitted to your form. Skin is guaranteed to bring out beauty lines and give supreme comfort, fit and style. Guaranteed one year against rust or breakage. Bust Extenders, Corsets, Brassieres for all figures. All kinds of fancy goods. Beautiful Hand-made Laces in. Call and see what we have. Stamping done. Good service guaranteed. M. P. DUNNETT, Corsetiers, 181 Wellington St., Phone 575.

Radway's Ready Relief Cures Asthma. "One H. Billings, of 219 W. 11th St., writes: 'The years I have been suffering from asthma and bronchitis. A week ago I purchased a bottle of Radway's Ready Relief and have taken a teaspoonful in water before retiring each night. The relief is instantaneous. I can now breathe most beautifully.' H. H. R. CURES ASTHMA. The specific for this disease are the Ready Relief, the Resolvent and Radway's Pills. The Ready Relief must be rubbed on the chest and throat until a burning sensation is produced, and the pills must be taken frequently, to keep the bowels thoroughly open. The Resolvent must be given at short intervals, in small doses, and as directed, on retiring to rest, give a teaspoonful of the Resolvent before a paroxysm occurs. RADWAY & CO.

BUY NOW Two solid brick Semi-detached Dwellings, in the best part of University Avenue; hot water heating; \$2,500 and \$3,700. Good Frame House with all improvements; cellar and big lot; good barn and drive shed, \$2,500. New Double House on Markland Street, renting for \$24 a month, \$2,600.

Norman & Webb Real Estate and Insurance. 177 Wellington Street

THE LEADING ISSUES

WERE DISCUSSED AT VARIOUS POINTS IN ONTARIO.

Change in Public Attitude Towards Sir James Whitney—Enthusiasm For The Temperature Policy Was Evident.

Special to the Whig.

Toronto, Jan. 25.—Something almost entirely new in Ontario political tours has just been completed by N. W. Rowell, K.C., M.P., leader of the opposition, and, to-day, Mr. Rowell is receiving congratulations from every quarter. At a time when elections are at least two years distant, and while there is no heat of combat, Mr. Rowell has chosen to visit five places in Ontario within a week and to discuss with electors live provincial topics. Last summer he and a large party of liberals visited New Ontario, but that trip was for the purpose of gaining information and of seeing the development of the north country even more than to deliver speeches and discuss provincial issues, although that too was a part of the programme.

On this occasion, however, Mr. Rowell has frankly considered political topics and has made his audience acquainted at first hand with the leading issues of the day. He spoke at Princeton and Bright in his own riding, in North Oxford, and in North



PRINCESS JULIANA.

Future Queen of Holland. She will be four years old on April thirtieth next and the loyal Dutch people, who have been reconciled to the prospect of another queen on their throne, when they wanted a king, are preparing an immense national celebration in honor of the young princess.

Toronto, Kingston and Berlin. In all these places he was enthusiastically received and in the last two cities the largest halls were not large enough to accommodate the crowds. Several definite effects of the tour are noticed. Tax reform has been discussed in its various phases, affecting both rural and city constituencies, and by making this subject the leading topic, Mr. Rowell has given conclusive proof that he stands foursquare in favour of this progressive legislation, for which there has been such a general demand, but which has been turned down by the conservative committee and by Sir James Whitney himself.

One of the remarkable features of the tour was the very evident change in the attitude of the people towards Sir James. Apparently he is no longer an invincible hero, but has made himself actually unpopular in many places by his reactionary stand.

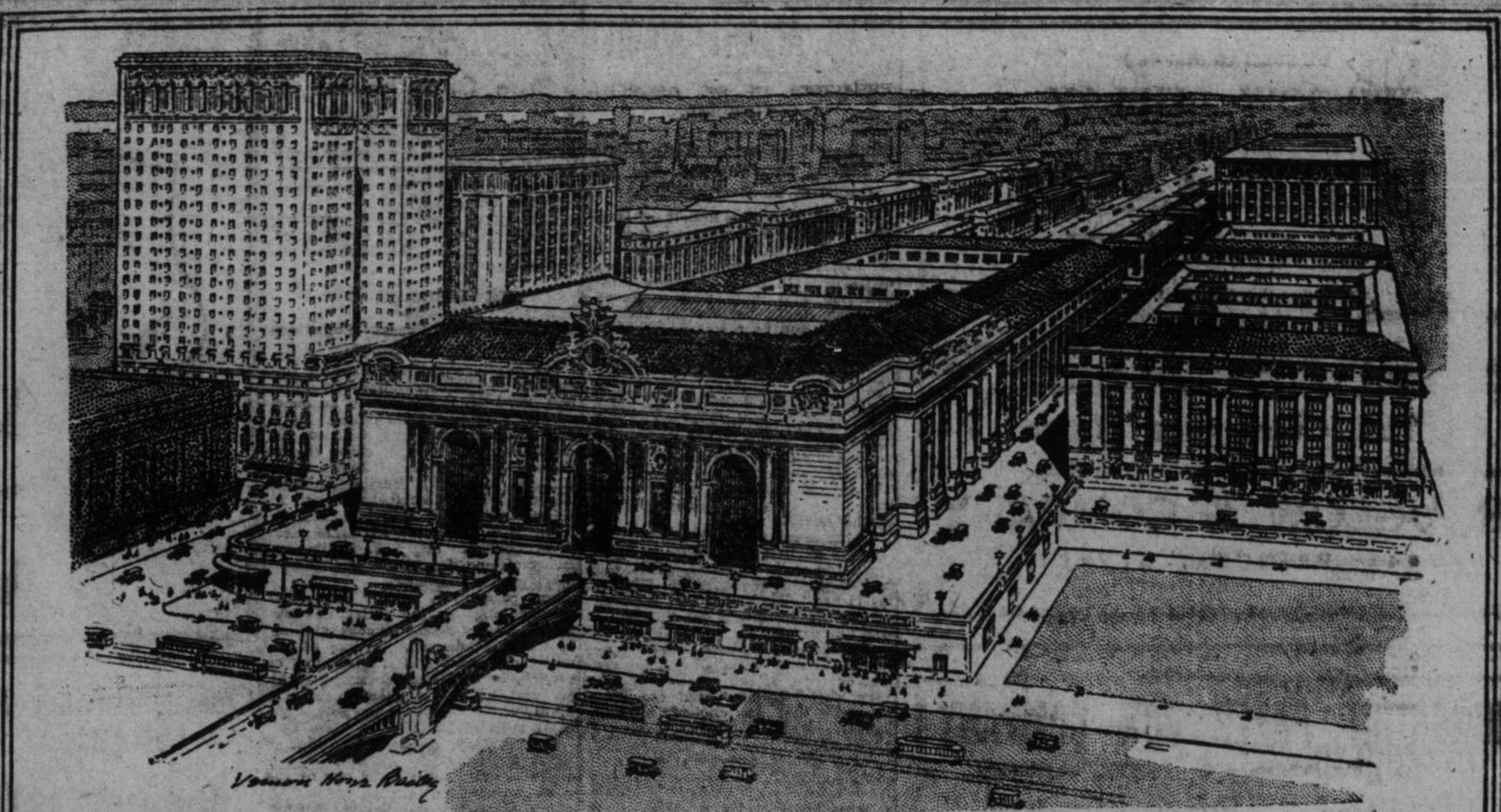
Mr. Rowell has paid attention to Workmen's compensation and to "Abolish the Bar." Even in constituencies where it might have been expected that some opposition would be shown to this advanced plank, general enthusiasm for the temperance policy was evident.

Mr. Rowell was ably supported on the tour by several members of the Ontario legislature, all of whom made a very favorable impression on the audiences and showed that they were not allowing Mr. Rowell to bear the whole brunt of the fight alone. Among these colleagues were Thomas Marshall, M.P.P. for Monck, J. C. Elliott, M.P.P. for West Middlesex, William Frontfoot, K.C., M.P.P. for Centre Huron, and Dr. James McQueen, M.P.P. for North Wentworth.

Public opinion has been thoroughly aroused by these meetings, and it is

LOTS OF BEAUTIFUL, SOFT, GLOSSY HAIR-- NO MORE DANDRUFF--25 CENT "DANDERINE" HAIR COMING OUT?--IF DRY, BRITTLE, THIN OR YOUR SCALP ITCHES AND IS FULL OF DANDRUFF--USE "DANDERINE."

Within ten minutes after an application of Danderine you cannot find a single trace of dandruff on a loose or falling hair and your scalp will not itch, but what will please you most will be after a few weeks' use, when you will actually see new hair, fine and downy at first--yes--but really new hair--growing all over the scalp. A little Danderine will immediately double the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is amazing--your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable lustre, softness and luxuriance; the beauty and shimmer of true hair health. Get a 25 cent bottle of Knowlton's Danderine from any drug store or toilet counter, and prove to yourself to-night--now--that your hair is as pretty and soft as any that it has been neglected or injured by careless treatment--that's all--you surely can have beautiful hair and lots of it if you will just try a little Danderine.



Covers 80 blocks, comprises scores of monumental structures, with 33 miles of tracks underneath.

New Grand Central Terminal

A wonderful city within a city built for the comfort and convenience of the traveling public.

The main Grand Central Terminal Building in New York is now open to the public. This vast improvement is more than a great railway Terminal—it is a Terminal City, complete in itself, providing every detail essential to comfort and convenience.

It will embrace convention, amusement and exhibition halls, hotels, clubs and restaurants; post office, express offices, modern apartment and office buildings, and numerous stores and specialty shops.

Grand Central Terminal is the Heart of New York at Forty-second Street and Park Avenue (4th Avenue), one block from Fifth Avenue and convenient to Broadway.

It is the only Terminal on all lines of local traffic—subway, surface and elevated. More than 7,000 cars pass its doors every day, affording easy transit facilities to any part of New York. Around it, within a radius of a few blocks are forty-nine hotels, fifty-eight clubs and thirty-five theatres.

Three new lines of underground transportation are now building to Grand Central Terminal, and soon there will be six levels of human traffic in Forty-second Street.

Below the Terminal City under all its buildings and streets are 33 miles of railway tracks on two

separate levels, the upper for Through Service and the lower for Suburban Service.

Each level forms a complete terminal in itself, separate entrances and exits, with equal facilities for the comfort of passengers.

Both levels are reached by gently inclined walks, (no need to climb stairs) and no confusion, since incoming and outgoing traffic is separated.

Ticket, Pullman, Baggage and other facilities are progressively arranged from waiting room to train, no step need be retraced.

Plan your trip East over the New York Central Lines; enjoy restful sleep on the "Water Level Route," three hours of picturesque grandeur along the historic Hudson and enter

The Heart of New York City

SOME FEATURES OF GRAND CENTRAL TERMINAL-- THE LARGEST RAILWAY TERMINAL IN THE WORLD.

Area 80 blocks, three times larger than any other terminal. Excavation, 3,095,000 cubic yards, two-thirds solid rock. Sixty-seven tracks on two levels, aggregating 33 miles. Five miles of passenger platforms, level with the car floors. Eight hundred trains in and out of terminal every day. Passengers handled annually, approximately, 25,000,000. Thirty thousand people are accommodated at one time.



SOME FEATURES OF GRAND CENTRAL TERMINAL-- UNSURPASSED IN USEFULNESS TO THE PUBLIC

Direct entrance to subways for New York and Long Island. 54 elevators for passengers, mail, baggage and express. 48 ticket windows conveniently located in concourse. Taxi cabs and motor busses right under terminal roof. Women's private maniere, hair dressing and rest rooms. Restaurant and lunch rooms with unique vaulted ceiling. Complete system of paging—friends are quickly located.

safe to predict that the coming session of the legislature, which commences on the 4th of February, will be followed throughout the province with unusual interest.

To Cure a Cold in One Day. Take Laxative Promo Quinins Tablets. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box. 25c.

Stimulated by the efforts of their fellow-labor unionists in the city of Toronto, labor men of Montreal may take up the question of the price of coal and make efforts to materially reduce it by bringing in a supply direct from the mines.

PRAYER FOR CHILDREN.

Morning Prayers. Now I wake and see the light; God has kept me through the night. Make me good, O Lord, I pray; Keep and guard me through the day, For Jesus' sake. Amen.

Lord, I thank Thee for the night, And the pleasant morning light, For rest and food and loving care, And all that makes the day so fair. Help me, Lord, to love Thee more than I have ever loved before; In my work and in my play, Be Thou with me through the day. Amen.

Jesus, keep me all this day, When at school and when at play; May I do all things I ought; May I hate each evil thought; Help me love and trust in Thee Now and through eternity. Amen.

Evening Prayers. Now I lay me down to sleep, As the shadows softly creep; As each bird with folded wing On some tiny bough doth sing; As the flowers, all wet with dew, Bow themselves in slumber, too, In the stillness, awful deep, Now I lay me down to sleep.

Now I lay me down to sleep, Still, my Lord, in safety keep; Keep my soul till dawning day Bids the darkness fly away; Till each flower with glistening cup Toward the lofty sun looks up; Till his beams upon me peep, Now I lay me down to sleep. Amen.

I pray, whatever wrong I do, Be willing at my task each day, I'll never say what is not true, And always honest in my play.

Make me unselfish with my joys, And generous to other boys, And kind and helpful to the old, And prompt to do what I am told. Bless everyone I love, and teach Me how to help and comfort each; Give me the strength right-living brings, And make me good in little things. Amen.

Growth of the System. The following figures show the number of passengers (earning revenue) carried by the Canadian Pacific Railway over all lines since 1899 and indicate the rapid growth of the company's business during that period: Year ending June 30th, 1899, 3,485,843; 1900, 4,021,322; 1901, 4,245,412; 1902, 4,765,884; 1903, 5,489,606; 1904, 6,168,138; 1905, 6,890,427; 1906, 7,665,481; 1907, 8,671,428; 1908, 9,324,811; 1909, 9,675,075; 1910, 11,050,924; 1911, 11,328,943; 1912, 13,592,569.

Ponce De Leon bitter sweets, 50c. H. Sold only at Prouse's Drug Store. The salary at Yale for Prof. William Taft, as Kent professor of law with other duties, will be \$5,000, which is the maximum salary now paid to the upper grade of full professors.

CASTORIA For Infants and Children. The Kind You Have Always Bought. Bears the Signature of J. C. Watson.

DON'T STAY GRAY! SAGE TEA WILL DARKEN YOUR HAIR BEAUTIFULLY

A Mixture of Sage and Sulphur Prevents Dandruff and Falling Hair When you darken your hair with Sage Tea and Sulphur no one can tell, because it's done so naturally, so evenly. It is also splendid to remove dandruff, cure itching scalp and stop falling hair. Preparing this mixture, though at home is a messy and troublesome task. For about 50c a bottle you can get at any drug store the ready-to-use tonic called "Wyeth's Sage and Sulphur Hair Remedy." Some druggists put this mixture up themselves but make it too sticky, so insist you want "Wyeth's" then there will be no disappointment. You just dampen a sponge or soft brush with "Wyeth's Sage and Sulphur" and draw it through your hair, taking one small strand at a time. Do this at night and by morning all gray hair disappears and after another application or two becomes beautifully darkened and more glossy and luxuriant than ever. You will also discover dandruff is gone and hair has stopped falling. Gray, faded hair, though no disgrace, is a sign of old age and as we all desire a youthful and attractive appearance, get busy at once with Wyeth's Sage and Sulphur and you'll look years younger. Inquiry shows all pharmacists in town have sold lots of it. Agent, G. W. Mahood.

Tidings From Athens. Athens, Jan. 24.—The skating rink has opened for the season, but owing to the mild weather, it is difficult to keep it in condition. Athens boys went to Westport last week to play hockey and were defeated. Athens and Newboro are billed for a hockey match on Saturday.

News of Verona. Verona, Jan. 24.—O. Kerr has his planning mill in running order. Mrs. Joseph Perry and Ira Reynolds, who have been ill of pneumonia, are better. The skating rink has opened, with B. Revilla as manager. The hockey match between Verona and Pleasant Valley resulted 10 to 3 in favor of Verona. Born, to Mr. and Mrs. Roy Graham, a daughter, Miss Luella Bauder, has gone to Ardron, where she is engaged as teacher. Miss Mary Howe is visiting at J. McKeever's. The young people had a party at H. Vaness' on Tuesday evening, and at S. Grant's on Friday evening.