

THAT EXASPERATING TICKLING IN THE THROAT

which keeps you coughing away, night and day, will quickly disappear if you take Na-Dru-Co Syrup of Linseed, Licorice and Chlorodyne.

Na-Dru-Co Syrup of Linseed, Licorice and Chlorodyne quiets the throat-tickling almost instantly, loosens the phlegm, promotes expectoration, and cures the inflammation of the mucous membrane.

Na-Dru-Co Syrup of Linseed, Licorice and Chlorodyne has the great advantage of being absolutely free from harmful drugs of any kind.

THAT TOBACCO

With the "Hooster" on it is crowing louder as he goes along. Only 45c per pound. For chewing and smoking.

Forty years in use, 20 years the standard, prescribed and recommended by physicians.

WE SELL Scranton Coal Co's Coal

Selected from the Celebrated Richmond No. 4 and Ontario No. 1 Mines, the best "Antarctic" Coal mined in Pennsylvania.

THE JAS. SOWARDS COAL CO.

North End Ontario Street. Phone 155.

Radway's Ready Relief

Mrs. L. Dittmar, 710 E. 14th St., New York City, writes: "I caught a cold. I used one bottle of your Radway's Ready Relief with wonderful results."

NEURALGIA

The relief is the best counter irritant known, and therefore the best analgesic that can be used in Neuralgia.

CLUB TABLE JELLY

Put up by S. E. EWING & SONS, MONTREAL.

FREE ADVICE TO SICK WOMEN

Thousands Have Been Helped By Common Sense Suggestions.

Women suffering from any form of female ill are invited to communicate promptly with the woman's private correspondence department of the Lydia E. Pinkham Medicine Co., Lynn, Mass.

"Well, what now?" he muttered. "You know Miss Green never sings without her music?"

"Yes." "Well, she's brought her music." - Detroit Free Press.

"Say, pa, what is the difference between a visit and a visitation?" Fond Parent - A visit, my boy, is when you go to see your Grandmother Jones, and a visitation is when your Grandmother Jones comes to see us. - New York Times.

Howard - Ham's Bachelor waited rather long before choosing a wife. Howard - Bless you, no. He's only had a marrying income since he was sixty. - Life.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for it today.



HEAT OF THE SUN

Old Sol Has a Strong Pull at the Capitol in Washington.

SWAYS THE MAMMOTH DOME.

On a Hot Day His Terrible Rays Will Drag the Massive Iron Structure Way Out of Plumb—Turns the Same Trick With Washington Monument.

Not many people have any idea as to the enormous amount of heat that the sun sends off in its rays. The earth gets only a very small portion of it.

In fact, all stone or metal buildings are constantly changing their positions under the hot rays of the sun. The great dome of the capitol building at Washington is the largest surface of cast iron in the world, and the effect of the continuous heat of a hot summer day can best be appreciated, says Harper's Weekly, when it is known that this mammoth mass really sways back and forth under the scorching rays until the top feather in the cap of the statue of Freedom describes an ellipse the diameter of which on a hot day varies from four to eight inches.

The giant plinth base of the dome, resting on the roof of the old sandstone building, measures 136 feet on a side. The greatest diameter of the round dome is 125 feet, while the whole iron structure is 218 feet high from the old capitol's roof to the base of Freedom on the apex. The cast iron covering this surface is made in thin sheets, offering a good conductor for the heat, which swells even the bolts and beams of the inside before the sun has made its circuit.

The southern side of the dome suffers most from the heat, being exposed longer to the sun, which passes south of the zenith while on its journey from the east to the west. If the metal were exposed to a constant heating the result of the continuation of such expansion as that received on very hot days might prove disastrous, but as it is little if any permanent injury is done, since the iron returns regularly to its normal position as the cool night comes on.

But what seems more remarkable is the fact that marble is also changed in volume so perceptibly by the sunlight that the mammoth shaft of the Washington monument sways back and forth in the sun on a hot day. The outer surface being of hard marble the expansion is much greater than it would be had granite instead of marble been used. On a hot summer day the sharp aluminum apex that crowns the obelisk points to a position at least four inches north of normal, but always returns to its proper position in the cool of the night.

From the extreme top of the monument inside a long pipe line runs perpendicularly to the bottom, leading to a small closed behind the elevator. This contains a long pendulum, whose bob hangs in a vessel of mercury, which prevents its oscillation. Two stationary transits with highly magnifying lenses are focused directly upon the suspended wire, and through these each quiver of the monument is detected, being magnified on a fine scale graduated to thousandths of an inch.

Every morning at 10 o'clock a statement of this plummet line is taken and reported to the war department, and it was by this means that the effect which the sun's rays have on the huge white shaft was discovered. This plumb bob, of course, was placed in the monument for the purpose of detecting any settling it might undergo, and although the great weight of its mass has pressed the ground for many decades, it has settled only a slight fraction of an inch in one corner.

This seems extraordinary when it is realized that its weight of 81,720 tons rests on a foundation only 126 1/2 feet square and 33 feet deep from a height almost fifteen times that of the depth. The whole rests on the sandy bank of the Potomac river, with the enormous pressure of five tons to the square foot. Not only does the sun's heat sway the big obelisk, but at times, when a stiff winter gale was blowing, it has been reported as much as two inches out of plumb.

"More tough luck," whispered his wife. "Well, what now?" he muttered. "You know Miss Green never sings without her music?"

"Yes." "Well, she's brought her music." - Detroit Free Press.

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"A proper secrecy is the only mystery of able men. Mystery is the only secrecy of weak and cunning ones."

Mr. and Mrs. William Hyland, Redville, celebrated their wedding anniversary on New Year's Eve.

When a man has failed at everything else he poses as a critic.

THE PRESIDENT'S MAIL.

How the Great Mass of Correspondence is Handled Daily.

The president's mail is of such proportions that he cannot, like the business man, read all his letters as a part of the morning's routine.

The work of doing this falls upon a corps of confidential clerks, who open the letters and give them a first reading. Then they are carefully sorted.

Many of them, of course, need not go to the president at all, since they are simply recommendations for office. These, after courteous acknowledgment, are referred to the proper departments and placed on file until they may be taken up for consideration.

Such communications as the president ought to see are sent by brief—that is, a slip is placed at the top of each letter, and on this is a typewritten synopsis of its contents, telling who the writer is and what he has to present. Frequently the president is sufficiently interested by the brief to cause him to read the whole letter.

When a large number of persons write on the same subject the letters are bunched and the brief at the top gives the names of those who present one argument and in another list the persons who offer a different view.

VARIETY OF THE BIBLE.

Vivid Descriptions, History and Stories of Adventure.

One of the striking things about the Bible as a single piece of literature is the variety of its literary forms, the most widely different tastes. There are excellent examples of the short story all through the historical books, such as the absorbingly interesting account of Joseph sold into slavery and afterward elevated to a position next to Pharaoh himself and the intensely realistic story of Paul's shipwreck, which, were it not too well written, might be an extract from some book of adventure.

The books of which many of these short stories form a part constitute a body of most intimate and fascinating tribal and national history. Wedged in between two of the historical books we find the story of Ruth, a "prose idyll," as delightful as any of which profane literature can boast.

At the end stands that wonderful Apocalypse, which is at once an inspiration and a mystery, full of beauty and rich cadences. Interspersed among all the narratives are delightfully suggestive descriptions, sometimes presenting to us the simple life of the shepherd, again the luxurious surroundings of Ahasuerus' court. It is not strange, therefore, that the Bible makes a strong intellectual appeal to lovers of literature and to men of untrained tastes—Edgar F. Shannon in Sewanee Review.

Sea Gypsies.

In the archipelago of Mergal, off the coast of lower Burma, live the "sea gypsies." Instead of carts they own covered boats, in which, with their families, dogs, cats, chickens and pigs, they float about on the sea and wander from island to island.

The source of publication was sought and one hundred and fifty bibles were found in the care of the now missing, which Macdonald took out of circulation.

When it became quite safe and legal to sell the real liquor in the Territories, the old-timers longed for the old order of things, when they used to get whisky with some fire to it.

"Toronto has made a beginning in the special education of children described as 'mentally defective.'"

Hydro For Short. As one of the meetings held in London in the interests of the new Hydro-Electric scheme, a good story on Hon. Adam Beck was told.

John—There is a stiff breeze coming round the corner. Stip—It can't be so very stiff if it can turn the corner. - St. Louis Globe-Democrat.

John Ostrander, of Boston, died on January 5th, aged eighty-two years. He was formerly a farmer in South Maryland.

Miss Edna Patton, daughter of Mr. and Mrs. William Patton, Picton, was married Monday morning to R. J. Pake, of Eiko, B.C.

It is easy to forgive your enemies after getting equal with them.

LIGHTW/AD.

When the dark days seem to borrow All the mists that cloud the air, And the heart sure barged with sorrow Floods all life with fretful care; Then, there comes, a heartening whis-

That the sun shines everywhere, That God's answer is far swifter 'E'en than wis g-borne cry of prayer.

And the soul is lifted higher, As by might of power Divine; By the Spirit, wind-of-fire, In Whose light the righteous shine; While the heart with love's desire, Doth fulfil God's great design; Serving Christ, Who doth inspire With His pentecostal wine.

Then the light of heaven leadeh, Shining from the face of Christ; He Who promiseth an pleadeh, Strengthening with grace and price; Gift of power both full and free, Love that ever hath sufficed; Faith's clear eye at last doth see Christ is all and all is Christ.

MOUNTSTEPHEN'S CAREER.

Canadian Nobleman's Life Has Been Full of Stirring Episodes.

The early career of Lord Mountstephen will interest Canadian readers. What are the odds against a drayman's assistant becoming a peer of a realm and a millionaire? What are the odds, they have been surmounted by Lord Mountstephen, who entered upon his eighty-fourth year. The first Colonel Macpherson, his father was a journeyman carpenter in the little Banffshire town of Dufftown. It was there that the future baron was born, and in the small parish school he was educated.

The man from Montreal, noticing the signatures, became suspicious, and proceeded to ask a few questions. The upshot of it all was that in the salesman from Banffshire the colonial found a cousin. An invitation to Canada followed, and in very few months George Stephen became his cousin's partner in the latter's business.

Lord Mountstephen has inherited all the quiet humor of his race. He tells one capital story against himself. He went into the French district surrounding Quebec one day. After he left, two worthies fell to discussing him. "Mountstephen," said one, "is a very fine man." "Yes," assented the other, "Big man?" "Big man in Montreal," said the other. "Oh! Very big man in Montreal?" "Yes." Then came the final question, "What is he—butter or hotelkeeper?"

Popular Bibles.

When Inspector Macdonald, of Calgary, was a plain policeman in the Northwest Mounted Police, and seeking a chance for promotion, he noticed one day on a Canadian Pacific train a traveler appearing to bite a Bible, highly toolled in gold. On closer investigation he discovered that he was mistaken—the man was drinking from it—no words of wisdom, but something of a liquid nature. The drinker, looking up, tried guiltily to hide—not the Truth, but what resembled it. Macdonald's curiosity was not to be denied, and the "book" was produced, as fine an imitation as could be desired and containing a very good brand of imitation whisky, the sale of which in the then Territories was without the pale.

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REASON FOR EXODUS.

Farmer Should Treat His Boy as Well as the Hired Man.

It is all very well for Senator Campbell, in Parliament to lament the exodus of our young men from the drudgery of farm life to the so-called gentlemanly occupation of the city, and to advocate that the Government should do more to make farming life so attractive to the sons of our agriculturists that they will, in choosing a life occupation, decide to remain on the homestead.

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LISTEN TO US

"We are only little ones, but we know Zam-Buk eased our pain and cured our sores. Perhaps it would cure you, too, if you tried it?"

Isn't this sound advice from "babes and sucklings?" Take it! The speakers are the children of Mrs. L. Webster, of Seymour St., Montreal, and the mother adds weight to their appeal. She says: "My little girl contracted scalp disease at school. Bad gatherings formed all over her head, and not only caused the child acute pain but made her very ill. The sores discharged, and occurring on the scalp we feared she would lose all her hair. She was in a pitiable plight when we tried Zam-Buk."

Zam-Buk is "something different" in the way of balms. It contains powerful healing herbal essences, which, as soon as applied to skin diseases, kill off the germs and end the painful smarting. Other essences contained there so stimulate the cells that new healthy tissue is specifically formed.

Zam-Buk

The commissioners of fisheries have just received interesting specimens of a remarkable little fish never before found in Canada.

DUSTBANE THE DUST KILLER

A handful in a line WHEN YOU SWEEP absorbs the dust, brightens the floor, and cleans your carpet.

One week free trial. Yours for health, DUSTBANE. ALL GROCERS.

"NO MORE DUSTY FRIDAYS" W. A. MITCHELL - Kingston



CASTORIA For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

Promotes Digestion, Clearness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Exact Copy of Wrapper. THE LANTANA COMPANY, NEW YORK CITY.

In Use For Over Thirty Years

CASTORIA