

**TRAVELLING.**

**GRAND TRUNK RAILWAY SYSTEM**

Trains will leave and arrive at City Station, foot of Johnson street:

**GOING WEST.**

No. 3	Mail	7:20 a.m.	12:30 a.m.
No. 3	Express	7:45 a.m.	1:30 a.m.
No. 21	Local	9:15 a.m.	9:47 a.m.
No. 23	Interv'l. Ltd.	12:25 noon	12:51 noon
No. 7	Mail	2:05 p.m.	2:41 p.m.
No. 14	Local	7:08 p.m.	7:47 p.m.

**GOING EAST.**

No. 8	Mail	1:40 a.m.	2:17 a.m.
No. 8	Fast Express	2:10 a.m.	2:50 a.m.
No. 14	Local	9:15 a.m.	9:39 a.m.
No. 4	Mail	12:25 noon	12:51 noon
No. 4	Fast Express	1:40 p.m.	1:49 p.m.
No. 12	Local	7:08 p.m.	7:47 p.m.

Nov. 1, 2, 3, 4, 5, 6, 7 and 8 run daily. All other trains daily except Sunday.

Train Nos. 2 and 5 carry Pullman sleeper to and from Ottawa daily after Nov. 17th.

Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax and New York.

For Pullman accommodation, tickets and all other information, apply to

J. P. HANLEY, Agent,  
Corner Johnson and Ontario Sts.

**KINGSTON & PEMBROKE RAILWAY**

IN CONNECTION WITH  
**CANADIAN PACIFIC RAILWAY.**

**TRAINS LEAVE KINGSTON**

11.30 a.m. Express—For Peterboro, Ottawa, Montreal, Quebec, St. John, N.B., Halifax, Boston, Toronto, Chicago, Denver, Renfrew, Sault Ste. Marie, Duluth, St. Paul, Winnipeg, Vancouver, Seattle, Portland and San Francisco.

3 p.m. Local—For Sharbot Lake, connecting with C.P.R. East and West.

7.45 a.m. Mixed—For Renfrew and intermediate points, daily except Sunday.

Passengers leaving Kingston at 11.30 a.m., arrive in Ottawa at 5 p.m.; Peterboro, 4.19 p.m.; Toronto, 6.35 p.m.; Montreal, 6.30 p.m.; Boston, 7.30 a.m.; St. John, 12.00 noon.

Full particulars at K. & P. and C.P.R. Ticket Office, Ontario street. F. CONWAY, Gen. Pass. Agent.

**LAKE ONTARIO & BAY OF QUINTE STEAMBOAT CO. LIMITED**

**BAY OF QUINTE ROUTE.**

**Str. ALETHA**

Leaves Kingston daily, except Sunday, at 3 p.m. for Pelee and intermediate Bay of Quinte ports, calling at Deseronto, Northport and Belleville on Tuesdays, Thursdays and Saturdays.

Freight handled with despatch and care at reasonable rates.

JAS. SWIFT & CO.,  
Freight Agents.

J. P. HANLEY,  
Ticket Agent.

**ALLAN LINE**

**Christmas Sailings**

TO LIVERPOOL.

From St. John. From Halifax.

Corsican	30th Nov.	Direct.
Victorian	6th Dec.	7th Dec.
Gramplan	13th Dec.	Direct.

TO GLASGOW.

From Portland. From Halifax.

Scandinavian	13th Dec.	13th Dec.
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TO LONDON AND HAVRE.

From St. John.

Lake Erie	12th Dec.	Direct.
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For full information apply to Local Agents or

**The Allan Line**

77 Yonge Street, Toronto.

**CANADIAN PACIFIC EMPRESSES**

Length, 370 feet. Breadth, 6 1/4 feet. Tonnage, 14,000.

Wireless and Submarine Signals.

VOID ALL RECORDS BETWEEN CANADA AND LIVERPOOL.

Lake Manitoba	Nov. 21
Empress of Ireland	Nov. 29
Montrose (London)	Dec. 3
Empress of Britain	Dec. 15
Gramplan (chartered)	Dec. 15
Empress of Ireland	Dec. 27
Empress of Britain	Jan. 19

Tickets and all information from any steamship agent, at F. CONWAY, G.P.A., K. & P.R. Kingston, Ont.

**Xmas Sailings**

BY THE  
**WHITE STAR-DOMINION LINE**

Here's Your Health Drink



When you find coffee or tea heating, and water doesn't appeal, just try a bottle of that appetizing

**White Label Ale**

It's a pure, refreshing beverage that makes you want the food a whole lot more. Try a bottle next lunch time.

Sold locally by  
**RIGNEY & HICKEY,**  
136-138 Princess Street.

Brewed and Bottled by  
**DOMINION BREWERY CO. Ltd**  
Toronto.

**THAT TOBACCO**

With the "Rooster" on it is crawling louder as he goes along over sixty per cent. For chewing and smoking.

AT A. MACLEAN'S,  
Ontario Street.

**Kingston Business College**  
(Limited)

Highest Education at Lowest Cost

Twenty-six year. Full term begins August 29th. Course in Bookkeeping, Shorthand, Telegraphy, Civil Service and English.

Our graduates get the best positions. Within short time over sixty secured positions with one of the largest railway corporations in Canada. Entire any time. Call or write for information. H. F. Metcalf, Principal. Kingston, Canada.

**Asthma, Catarrh**

WHOPPING COUGHS BRONCHITIS COUGHS COLIC

**Vapo-Cresolene**

ESTABLISHED 1879

A simple, safe and effective treatment for bronchial troubles, without using the stomach with drugs. Used with success for thirty years.

The use of Vapo-Cresolene is to relieve the young children and a DOSE of 5 to 10 drops from a teaspoon. Best for colds, coughs, croup, etc.

ALL DRUGGISTS.

BY CRESOLENE ANTISEPTIC TABLETS dissolved in water. They are simple, effective and safe. Get your drugist or from us in quantity.

Vapo-Cresolene Co.  
62 Cortland St., N.Y.  
Learner Mfg. Building

**Around the World**

**SECOND IDEAL CRUISE BY THE S. S. CLEVELAND**  
(17,000 TONS)

Leaving San Francisco Feb. 6

Visit famous cities and countries on a partial circumnavigation which serves as a year's holiday. Every luxury and comfort furnished.

**110 DAYS—\$650 and up**

Including all necessary expenses about ashore, railway, carriage, hotels, guide fees, also railroad fares to and from your home.

Other Cruise to the Orient, the West Indies, Panama Canal, Italy and Egypt, etc. Write for illustrated booklet.

**HAMBURG-AMERICAN LINE**  
61-65 Broadway, N. Y., or local agents

To ENGLAND, SCANDINAVIA and the CONTINENT

**Laurentic Dec. 7**

From Portland, Me. at 10 a.m. and Halifax, N.S., the next day at 9 a.m.

**Tenonic Canada "14"**

Portland, Me. is the nearest and most convenient winter port for Canadians.

Rates by "LAURENTIC" First, \$55; Second, \$33.75; Third, \$20 and by "TENONIC" First, \$45; Second, \$30; Third, \$17.50 and up.

Agents EVERYWHERE

Office at Montreal, Toronto, Quebec and Halifax.

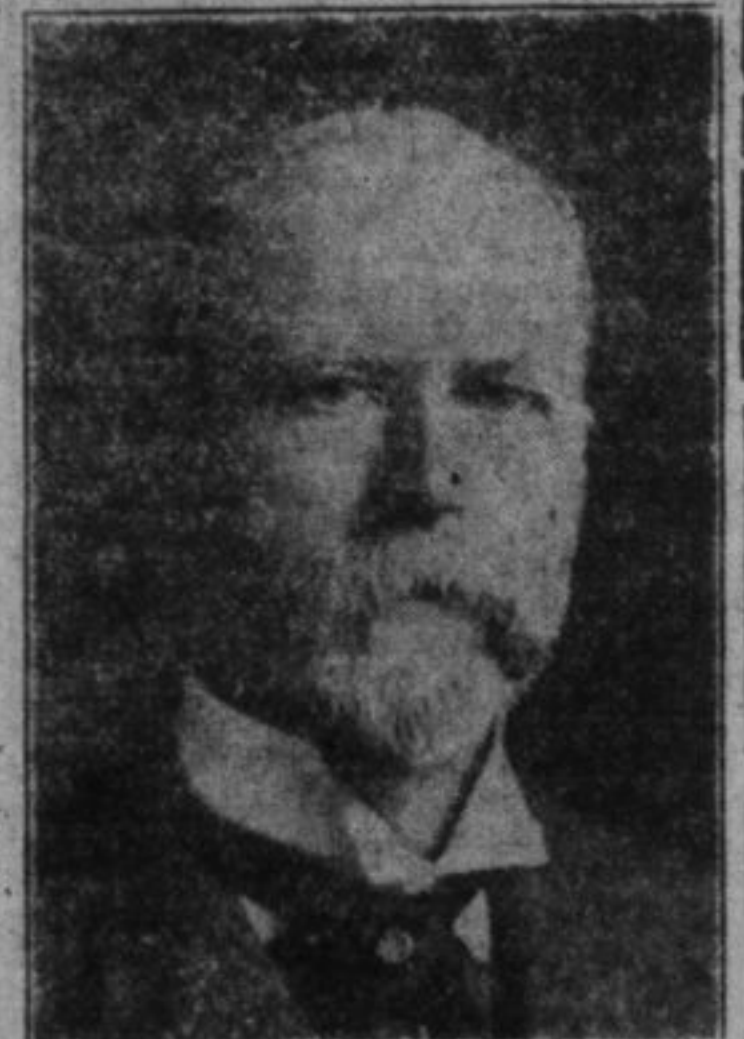
**DEAN W. S. ELLIS, OF QUEEN'S**

**Writes About Two Other of the New Features in Education.**

**Municipal System and Expense of Living Closely Connected With the Schoolroom—Our Citizenship Has Broken Down, and Not Our System of Administration.**

Evidently there was a mistake last week. Two men and a woman read the article on Education, at least the men say they did, and there is no doubt in the lady's case for she declares "it was just lovely," especially the picture. Now it was no casual glance that saw the loveliness there. With such encouragement one is tempted to try again.

The second topic is this—A number of leading papers in this province, including the Whig, have had leading articles on two current conditions, the failure of the municipal system and the expense of living. It may seem a long way from the school class room to the council chamber, or the expenditure of the weekly wages, but the connection is probably closer than most people imagine, especially if they have not given the matter some detailed consideration. At any rate it is one of the new educational developments



DEAN W. S. ELLIS.

that is growing up on a basis of fact, not of theory. Education is a process of adjusting the young to the conditions met in adult life. These conditions naturally fall into two classes, those that relate to the individual and his domestic affairs and those that are of a social nature, those that relate to public duties. For the present we may omit the former class because there the private matters are more prominent and consider only the aspect of each man's conduct.

Adjustment involves efficiency and that again includes both capacity and willingness. It therefore is the aim of education not only to fit the individual for the service that will be due from him to others, but also to give him a feeling of responsibility for the performance of those duties to the full extent of his ability. The system of education, therefore, which turns out practically the whole of the young people of the country without even instructor regarding their duties and responsibilities as citizens of a free democratic community is manifestly leaving something undone, that ought to be done. It is not sufficient either to drop the matter with a little information about the mechanics of government such as the constitution of council and parliament. Any intelligent youth can get such knowledge easily, but it is a different matter altogether to make him understand that the well-being of the state and the community depends on intelligent performance of the duties of citizenship by him and by others like him.

**Our Municipal System.**

It is said publicly and freely that the municipal system has broken down in this province. I take issue at once with that statement. I venture to think that we have a good system, barring such minor defects as ward representation, but these can easily be remedied. It is our citizenship that has broken down, not the system of administration. Let me make this clear. Suppose at the next nomination day in this city a man is named as a candidate for a civic office, and suppose further that by general consent he is a most desirable person in the place, honest, able, public spirited, presentable, and successful in his own business. Now that man makes this announcement from the platform "I have always held it a duty to help so far as I can in the management of public affairs, hence if you want me to serve this city for this year I will do my best for its and your welfare. I am not seeking the place, I do not want it, I shall not be at all in request, no man will be doing me a favor to vote for me, if my best friend pretends someone else for the place he will not be treating his own good judgment properly if he votes for me. No man is to make any promise on my behalf, and I absolutely forbid any canvassing for votes. If you want me and say so by general consent I will use my best ability and judgment on behalf of the city, but it will be my judgment after getting all the information I can from citizens and other sources. I will not be a delegate to carry out the bidding of any party or any clique. Any one with a little experience of municipal politics will know that a man taking such a position would be beaten out of sight, in almost any community in this province by any well-meaning, office-hunting ward-warrior who stands up with the boys. And the municipality would lose the service of the good man, and get the mis-service of the bad one, not because the people who vote do not know better, but because they lack the

to have a basis of solidity so that they are likely to play a part in our schools very soon. Adjustment as efficiency in public service, adaptation for efficiency in home-administration. Practical education is not assumed up by ability to run a typewriter, a lathe or an engine, it has to do with actual living, with public duties and with private expenses. It is concerned with running the home, and the municipal machine, quite as much as it is with mechanics and farming.—W. S. ELLIS.

**CARTWRIGHT ON HANSARD.**

Observations Gleaned From Book of Reminiscences.

"It is rare for the public in a general election to concern itself with more than one or two issues."

"The ignorant average business man as well as of the great mass of voters on financial subjects is phenomenal."

"I regard it (Hansard) as an invention of the devil, designed expressly for the prolongation of the session."

"My own experience has been that when once a community or constituency has been thoroughly debauched, it is almost as hard, nay, perhaps, even harder, for it to regain a sound moral tone than for a woman who has gone astray."

"It is one of the misfortunes of public life here and elsewhere that the people appear to have positively no memories—at least, none which go back beyond a very few years at farthest."

At the conclusion of the volume of Reminiscences, Sir Richard Cartwright is asked what remedies he would suggest for the defects and dangers to which our confederation is most exposed. "I could suggest many things, but as matters stand, there are three which appear to me to be of the most immediate importance. In the first place, I am well convinced that so long as we have a protective or even a semi-protective tariff, we cannot hope for a clean or economical government. In the next, I do not believe we can secure the services of a sufficient number of honest and capable men to conduct our affairs under our present system of representation. Lastly, I believe that unless they can secure the good-will and abiding friendship of the people of the United States, both Canada and the British Empire at large will continue to be very much at the mercy of senseless panics, and in certain contingencies, of having dangerous combinations formed against them."

**The Cost of Living.**

A friend of mine, a Toronto professor, learned in all things mathematical, says that one reason why living has gone so high and gold has gone down in price, I cannot say the only gold I ever owned was a brick, and it most certainly has fallen in price. Perhaps my friend the professor helped along some struggling industry in a similar way. But, alas! the gold and comfort to the living, we all know that earning dollars and spending dollars is the main business of life. The emphasis has shifted, since the editor of the Shorter Catechism set on his ringing morality. Most of us have to earn and spend and for most of us too these are the main occupations of life, conditionally to be met by practically everybody in this land. Conditions, however, apparently not anticipated when our schools were organized. Presumably every girl will have the spending of a large part of the earnings of some man for the daily food, clothing, lodging of the family that she will have the care of. Surely an important condition but one for which very little provision is made.

**King Edward's Humor.**

The late Sir Richard Cartwright tells the story of how the late King Edward, when Prince of Wales, was prevented from landing at Kingston because of an Orange dispute. Many years afterwards he was presented to the Prince of Wales in London. The prince, "enquired in his usual courteous way where I came from," to which I replied, I believed to a town which I was afraid he would recollect too well, in fact that I came from Kingston. Ah, said he, it looks very well from the water."

**Could We But See.**

Scott C. Selge, in Universalist Leader, could we but see the deeper depths of every heart.

Know all the struggles of each storm-tossed life;  
How slow we'd be to judge our striving brother's, how  
How quiet we'd be to help him in the strife.

Could we but bear the deeper sighs of every soul,  
Know all the sorrows surging deep within,  
How true we'd try to prove a faithful friend, of help and comfort,  
And lift our brother from his life of sin.

Could we but feel the sharper pains of every wound,  
Breathe all life's battles, sail its roughest seas;

How quick we'd be to pour the healing oil and wine,  
And point each weary pilgrim, Lord, to this,  
But since our eyes are darkened that we cannot see,  
Our ears are heavy that we cannot hear;

Oh, give us, Lord, dear Lord, that we may understand  
How best to help our brother in his need.

**CLOCK NEEDING FOOD.**

Irishman Voices a Rather Unusual Objection to Purchase.

A shop assistant was showing some clocks to a Irishman who wanted to present one to his wife on the anniversary of their marriage, and he had exhausted his entire stock except some cuckoo clocks lying on a shelf, says Tit-Bits.

The fellow asked to see them, and the assistant took them down, thinking that at last he would make a sale. After telling Pat the price the latter asked if they struck the hours. Instead of answering directly the assistant would the timepiece up and set the hands at a few minutes to twelve. As the little door opened Patrick's eyes bulged with interest, but when the chirping ended he plainly showed his disapproval. The man behind the counter, not to be daunted, said:

"Well, how do you like it?"

Pat thought for a moment, and then replied earnestly:

"Faith, an' it's all right except on one point. It's trouble enough to remember how to wind it without havin' to think of feedin' the bird!"

**Tamworth Tidings.**

Tamworth, Nov. 20.—Rev. Mr. Henry, of Douglas, was visiting friends here this week. Mrs. William Anderson is very ill at her home, north of Erineville. Mrs. Robert Webb died at her home near Gull Creek. The funeral was held on Monday last. Mr. Parry has sold his household goods and lot on Front street. Edward McFee has moved to Nanawau. John Watters has taken over the bakery. Charles Hamor has moved into John Walter's house. Mrs. John Adair has bought Miss Fife Crawford's home, Daniel Cunningham, of California, is visiting his brother here. A real estate agency has started up in this village.

A friend who insists on your going the limit for him is a blight.

**BAKER'S Breakfast COCOA**

Is the Standard for Quality



For all those whose occupations require clear heads and steady nerves, as well as those in poor health or of delicate digestive powers, it is the ideal beverage.

Trade-mark an Every Package

Booklet of Choice Recipes Sent Free

**Walter Baker & Co. Ltd.**  
Established 1780  
Montreal, Can. Buxton, Mass.

**Efficiency!**

From our investigations we have succeeded in handling figures in Bookkeeping Departments, Sales Departments, Advertising Departments, Co. Departments, Pay-Rolls, etc., increasing the output, decreasing the cost of product, and getting more thought out of the workers—which means an improvement of quality all along the line.

We would like to talk to you about it. It costs you nothing.

**Burroughs Adding Machine Co.**

**D. W. SAXE, Sales Manager**

146 Bay Street  
TORONTO ONT.

**GET OUR PRICES for Tin, Lead, Zinc, Rabbitt, Solder, Sheet Lead, Lead Pipe.**

**THE CANADA METAL CO. Limited,**  
Factories—TORONTO, MONTREAL, WINNIPEG.

**IT RESTS WITH EVERY WOMAN TO BE ATTRACTIVE**



No woman, perfect features or otherwise, can afford to have an anemic or worn-out, tired appearance if she would wish to be thought of as either beautiful or attractive. Good features are to be prized, but many a woman possesses them who never impresses you with the fact. Why? Because she is pale, sickly and worn-looking.

Good features, however, are not the essential factors, for how often do you see homely people whose faces are attractive? The healthy complexion, the bright eye of health, the altogether fresh appearance make it so.


**These Qualities Are Within the Reach of Every Girl and Woman**

by using Restoratorne Tablets. Prompt in action, they restore the natural freshness of youth. It is their capacity in this direction that makes Restoratorne Tablets stand first. In short, they are attracting great attention. Their continuous effect is entirely beneficial while their tonic properties raise the vitality and nutrition of the whole organism, thus restoring the blood to a healthy normal condition—the real secret of a good complexion. Restoratorne Tablets have been tried and tested in hundreds of cases; all you need to do is to give them a trial to be convinced of their wonderful virtue. They are recognized as being the most natural and, therefore, the best treatment for all undermining or diseased conditions found in girls and women.

For sale by your druggist at 50 cents a box or six boxes for \$2.50, or sent postpaid on receipt of price by writing

**THE RESTORATORNE COMPANY LIMITED**  
TORONTO, CANADA

**"Breakfast is Ready!"**



You don't believe it—but it must be true, for the house is filled with the pleasant aroma of something good to eat. You don't believe any one could prepare breakfast in so short a time. Of course it's a

**SHREDDED WHEAT**

**BREAKFAST**

the kind that's so easily and quickly prepared and so appetizing and nourishing. Shredded Wheat is ready-cooked, ready-to-serve. For breakfast heat the biscuit in oven to restore its crispness, then pour hot milk over it, adding a little cream. Salt or sweeten to suit the taste. Nothing so warming and satisfying and nothing so easy to prepare.

**Made of Choicest Selected Canadian Wheat**  
A Canadian Food for Canadians

Made by  
**The Canadian Shredded Wheat Company, Limited**  
Niagara Falls, Ontario  
Toronto Office: 49 Wellington Street East