

FEARED HE HAD CONSUMPTION

"Fruit-a-tives" Cured Him



HUGH MCKENNA, Esq.

ST. STEPHEN, N.B. Jan. 17th, 1911. "I wish to tell you of the great good "Fruit-a-tives" have done for me. For years, I was a martyr to Chronic Constipation and Stomach Trouble. I was greatly run down and my friends feared I had Consumption. I tried numerous doctors and all kinds of medicines, but received no relief until advised to try "Fruit-a-tives" by Mr. McCready of St. Stephen, and am pleased to say that I now enjoy excellent health. "Fruit-a-tives" are the best medicine made, and I strongly advise my friends to use them."

HUGH MCKENNA. "Fruit-a-tives" is the only medicine that will positively and completely cure Constipation. This wonderful compound of fruit juices acts directly on the liver, causing this organ to extract more bile from the blood, and to give up more bile to move the bowels regularly and naturally. 50c a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

Club Jelly Sance
add the finishing touch to a dinner, as delicious in flavor as it is tempting in appearance. Slices of Jelly Sance, as true as the most fruit. Put up by S. H. EWING & SONS, MONTREAL.

Club Jelly Powder
add the finishing touch to a dinner, as delicious in flavor as it is tempting in appearance. Slices of Jelly Sance, as true as the most fruit. Put up by S. H. EWING & SONS, MONTREAL.

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For information that will lead to the discovery of whereabouts of the person or persons suffering from Nervous Debility, Fits, Skin Disease, Blood Poison, Genito Urinary Troubles, and Chronic or Special Complaints that cannot be cured at The Ontario Medical Institute, 363-365 Yonge Street, Toronto.

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With **CUTICURA SOAP**
No other keeps the skin and scalp so clean and clear, so sweet and healthy. Used with Cuticura Ointment, it soothes irritations which often prevent sleep and if neglected become chronic disfigurements. Millions of mothers use these pure, sweet and gentle emollients for every purpose of the toilet, bath and nursery.

Tips For the Farmer

BY DAVID JOHN.

Feeding Dairy Stock.

The feeding of dairy stock does not receive sufficient serious consideration by dairymen, the quantity and quality of the food supplied being largely left to chance, writes P. H. Suter, dairy expert to the South Australian government.

In the flush of the spring months quickly followed up by hot and dry summer months, when the natural pastures are not in a condition where by a cow can continue to make milk to profit, many cattle are obliged to exist upon stubble lands and bare paddocks, where there is little food obtainable, and that, as a rule, lacking succulence and sufficient nutriment to maintain the system, much less to allow of making milk. This defect is provided for the feeding of dairy cattle is unquestionably the weakest spot in Australian dairy practice. There are few outside the metropolitan area who make that food provision so essential to successful dairying.

If dairying practice is to be carried on during the midsummer and winter then special and careful provision must be made. In summer much could be done where rich feds and a good water supply exist. In such places lucerne, one of the best, if not the kind of dairy fodder, could be grown; and maize, sorghum, wheat, and peas could be produced for silage, thus providing a certain supply during the periods of scarcity. For winter feed those keeping cows should give some attention to the growing of put in early, will also be found to give good results when fed to cows. Thousand-headed kale is also a useful fodder crop to grow.

Shepherd's Notes.

Breed the best ewes to the best rams. The way to keep ideal sheep is by trying to improve them.

An uneven lot of good sheep are better than an even lot of poor ones. Ewes will produce larger and better lambs if in plump condition at the time of mating.

Sheep are easily managed; are first-class mowers and yield two harvests annually.

When purchasing a ram for breeding purposes, it should be better than the best in your flock.

If a radical change in the rations is made too suddenly, growth of both body and fleece is liable to suffer a check.

The ram should be changed every two years, and fresh blood infused in the flock. All things considered, a three-year-old ram is best when breeding to improve.

In fattening sheep, especially, punctuality in feeding should be strictly observed.

Sheep, independent of wool, are worth more than their cost in what they do for the farm, and in the meat they furnish.

Shelter for the Hogs.

Warm nights seldom occur in November. The stockman should bear this in mind and provide adequate shelter for his young stock, especially sows. Pigs have no coats of fur to keep out the cold, so need some additional attention as cold weather approaches.

Most pigs have been sleeping on the ground without bedding. This was all right during the summer, but now in order to keep them comfortable at night they should have access to shelter of some sort. If they are not allowed the run of a straw stack or straw shed or a well bedded portion of a hog house, enough straw should be hauled into the feed lot to bed all hogs thoroughly. Such a bed would be greatly appreciated by the pigs. They will in turn repay the owner manifold for his time and trouble by additional gains.—W. F. Hagerman.

The Best Dairy Cattle.

The question is often asked: "Which is the best breed of dairy cattle?" This question is one that must be settled by every individual farmer himself. Nobody can settle it for him. Personally, I don't think there is any best breed. I believe that one breed is just about as good as another when you take everything into consideration. There is no breed where you can get a bunch of cows together and breed them to perpetuate your herd and get everyone of them to be a No. 1 animal. Man must be master of the situation, and must by rigid selection and proper breeding keep bettering or attempting to better his herd. He will have to do this, no matter whether he gets one breed or another. I don't think that any man would make any mistake in selecting Ayrshires if he likes these cattle, that is, admires them better than he does the other dairy breeds. There is no question as to their quality as dairy animals. Some of them are splendid cows and they can be made better by careful selection and proper care. On the other hand, the Guernseys have made records which would warrant me in saying that there are no better cows than Guernseys cows, and the same with the Holsteins, and also with the Jerseys.

As a matter of fact, there are four distinct breeds of dairy cows now, the Jerseys, the Guernseys, the Holsteins and the Ayrshires. They have all been bred for generations for the sole purpose of taking food which is produced upon the farm and manufacturing it into milk, into greatest profits, and one can use his own good taste and judgment in selecting his breed and make sure that he makes no mistake.

Light in Cow Barn.

There is one great improvement that can be made in nearly every cow barn in the country, and that is the addition of about twice as much window space as is usually provided.

Building cow barns in many parts makes the mistake of leaving out this window space for fear of making

A LOVELY BABY BOY

his Mother is quite Enthusiastic over a well known Food.

Mrs. J. W. Pateman, 34 Harriet St., Toronto, in writing about Neave's Food says: "When I first knew one of my friends, her baby Jack was eight months old and dying by inches. She had tried three foods because her Jack could not digest milk. At last, I fetched her a tin of Neave's Food. At the end of a month, Jack was rapidly gaining flesh and was bright and happy. He is a lovely boy now and she declares Neave's Food saved his life. And it did."

Then I recommended it to a friend on Victoria Avenue. She had a baby 5 months old that was not thriving a bit. She put the baby on Neave's Food and at the end of three months, the baby was twice the size.

I have never seen two bigger, stronger boys than mine for their ages and we owe it all to Neave's Food. I have the most faith in Neave's Food."

Most good prospective mothers may obtain a free tin of Neave's Food and a valuable book "Hints About Baby" by writing Edwin Uley, 14 Front Street East, Toronto, who is the Canadian agent. (Mention this paper.) For sale at all druggists. 24A

the building too cold. Warmth, of course, must be considered, but the average run of cow barns could stand from two to three times as much window space as they are now provided with, and it is better to remodel these cow barns even after they are built than to get along with them as they now are. This is especially true of basement barns, which are the type generally neglected from the standpoint of window space.

Sunlight is very necessary in the cow barn, as sunlight is one of the most powerful germicides known. The well lighted cow barn into which the sun finds ready access very seldom has any of those odors ordinarily found in the musty, dark kennels in which most cows have to pass their existence during the winter months. If you are thinking of building a new cow barn this fall, be very certain to provide about twice as much window space as that provided in the ordinary barn in your vicinity. If the cow barn you already have is lacking in this particular, there is still abundant time to do a little remodeling before the cold weather comes.

Buying a Horse.

When buying a horse take note of the general health and condition of the animal, and how it has stood the work during the examination. If severe distress is noted, coupled with an apparent high state of health, conditions, look out for some form of drugging, especially with strong alternatives, such as arsenic, very commonly used by unscrupulous dealers to produce an artificial appearance of good condition. After seven exercises, the evidence of arsenic will appear in a vivid red, and sometimes also at times by severe diarrhoea and abnormal thirst. The use of digitalis, in order to hide the incipient symptoms of broken wind, will be detected both before and after exertion by an intermittent pulse.

The use of cocaine, opium or morphine can be detected by the examination by the abnormal varying of the size of the pupil of the eye, and also occasionally by the breath after galloping.—Horse World.

Notes of Interest.

Some time ago a schoolmaster in a country school asked his pupils to write an essay on cows. Here is the "editor" of a farmer's son:—

"The cow is a no-bull and kind-hearted creature. The man who looks after cows is called a cowherd, but he is no coward who looks after cows."

Cows are a regrettable every year; yet it is not true that she sneezes with her udders.

It is reported that the cow sat at the head of the table in the Ark—say ark-cow-ologist, because she was the only animal that could galve.

WHISKEY HOLDS ITS VICTIMS.

Until Released by Wonderful Samaria Prescription.

Liquor sets up inflammation and irritation of the stomach and weakens the nerves. The steady or periodical (spree) drinker is often forced to drink even against his will by his unnatural physical condition.

Samaria Prescription stops the craving, steadies the nerves, builds up the general health and makes drink actually distasteful and nauseous. It is tasteless and odorless, and can be given with or without the knowledge of the patient.

Thousands of Canadian homes have been saved from misery and disgrace by some devoted wife, mother or daughter through this wonderful Canadian remedy. The money formerly wasted in drink has restored happiness, home comforts, education and respect to the families formerly in want and despair.

Read the following, one of the numerous unsolicited testimonials received:—

"I can never repay you for your remedy. It is worth more than life to me. My husband has been offered liquor several times, but would not touch it. He said he had no charm but your new, safe choice blessing ever rest on you and yours as my prayers every day. No one knows it but those who have tried it. As soon as I can I will see others that I know would give anything to stop their husbands from drink. I will give them your address. Mrs. H. H. Dewinton, Alta. (Name withheld on request.)

Now, if you know of any family needing this remedy, tell them about it. If you have any friend or relative who has formed or is forming the drink habit, help him to release himself from its awful clutches. Samaria Prescription is used by Physicians and hospitals.

A free trial package of Samaria Prescription, with booklet, giving full particulars, testimonials, price, etc., will be sent absolutely free and postpaid in plain sealed package to anyone asking for it and mentioning this paper. Correspondence secretly confidential. Write today.

The Samaria Remedy Co., Dept. 7, 49 Colborne Street, Toronto, Canada. Also for sale at Jas. B. McLeod's, 101 St. George Street, Kingston.

The cow is a good mother, and will look after her calf. Cows rarely ride in carriages, but a fine calf has frequently been seen descending from a tractor.

Cows exist by means of the oxygen in the atmosphere (I got this from a professor at Oxford).

By the cow is the milk made. I know this to be true, for I have seen the milkmaid by the cow.

The cow has been introduced into song. There is an old song called "The Soldier's Steer." This was written in best flat, as also was that very pathetic ballad, "For Heifer and for Heifer."

The cow's sex is sometimes rather complicated. To call a cow an ox is to make a bull.

Crutches for cows are called accoustics.

A cow likes resting. It will sleep in its shed, and lie on the grass, but it will not stretch itself on a couch; it does not go sofa as that.

A cow does not carry on an argument very obstinately; it will soon give way.

George McKerrow, a prominent horse breeder of Madison, Wis., writes as follows regarding feeding the cow:—

If the cow lacks exercise there is danger of feeding him too much, but if he is getting all the exercise he will take every day I do not think he can be overfed. One of the best cows I ever saw had a self-feeder and all the oats he wanted, and he grew up wonderfully strong proportioned and well muscled.

What appears to be a good remedy to keep potatoes intact and from sprouting has been tried with satisfaction at Forest Reefs, N.S.W. The potatoes are simply placed on a layer of coke, together with the oxide or carbon and sulphur resulting from oxidation, mixing with the air and penetrating the tubers, appears sufficient to retard sprouting.

Produce and Prices.

Kingston, Nov. 9.—Market clerk reports the following:—

Potatoes, 20c. a peck; cabbage, 50c. doz.; celery, 5c.; lettuce, 6c. a bunch; onions, 25c. pk.; carrots, 20c. pk.; new beets, 20c. pk.; chickens, 10c. to 12c. lb.; fowl, 10c. lb.; potatoes, 75c. to 81c. bag.

A. McFarlane, Brock street, reports grain, flour and feed selling as follows:—

Oats, 50c.; local wheat, \$1.10 bush; feed wheat, 85c.; peas, \$1 to \$1.10; yellow feed corn, 90c.; bakers' flour, \$2.90 to \$3.10; farmers' flour, \$2.85 to \$3.10; hard wheat, 85c. to \$1.10; meal and rolled oats, \$3.50 per barrel; cornmeal, \$2 to \$2.25; bran, \$24 per ton; shorts, \$28 per ton; baled straw, \$10; loose, \$8; hay, loose, \$17 to \$18; pressed hay, \$16 to \$17.

Meat—Local, carcass, 5c. to 6c.; prime western, 10c. to 12c.; car- ton, 10c. to 20c.; mutton, 10c. to 15c.; lamb, 12c. to 15c. lb.; live hogs, \$4.25; dressed hogs, 12c.; veal, 9c. 12c.

Dairy—Butter, creamery, 35c.; prints, 30c. to 35c.; eggs, 35c. to 40c. a dozen.

John McKay, Brock street, reports as follows: Hides, No. 1, trimmed, at 11c. a lb.; No. 2 and bulls, 10c. a lb.; sheep skins, fresh, 70c.; deacons, \$1; veal skins, 15c. a lb.; tallow rendering, 5c. per lb.; wool, washed, 21c. per lb.; wool, unwashed, 14c. per lb.; ginsing, \$2 to \$6.50 per lb.; horse hides, No. 1, \$3.

Above prices are for No. 1 prime stock, blue pelts and unprime according to value.

The Dominion Fish company reports the following prices: Whitefish, 15c. lb.; pike, 10c. lb.; Chinook, salmon, 30c. lb.; herring, 60c.; Yarmouth blasters, 40c. doz.; perch, 10c. lb.; salt codfish, 12c. lb.; halibut, 15c. to 20c. lb.; fresh haddock, 12c. lb.; steed, cod, 12c. lb.; salmon lb.; fresh mackerel, 15c. lb.; oysters, 12c. to 16c. lb.; fresh smelts, 20c. 50c. to 60c. per quart; shell oysters, 30c. a doz.

WHY COLDS COME.

It is Because People Shut Themselves Up.

With the advent of cold weather will come the regular fall crop of "colds." Why?

Because of the drop in temperature? Not at all. Because of some peculiar poisonous property in the fall air? No.

Because as soon as cold weather comes about half of the city's population tries to live without any fresh air.

There are many people who still believe that one will drown in night air; and there are at least as many who hold that windows should never be left open unless the thermometer is higher outside the house than in.

The fear of drafts is the beginning of sneezes.

True, one can catch cold—even in fresh air by getting sufficiently chilled. But this happens about once in fifty times—or less.

The usual formula for catching cold is to sit in a close, ill-ventilated room for several hours, and then go to bed in a room whose windows are tightly closed. This seldom fails.

The simplest formula for avoiding colds is to keep the house well ventilated and not too hot, take plenty of exercise and sleep in a room with an open window.

The Checker Fiend.

In a quiet country town, so quiet that the silence hurt, a commercial traveler entered the general store.

Going through to the parlor at the back he came upon the proprietor, and a friend engaged in a game of draughts.

"Here, Mr. Slocum," he said in an energetic whisper, "there's two customers in the shop."

Slocum never took his eyes from the board. He merely nodded his head and whispered in reply, "That's all right. Keep quiet, and they'll go away again."

Turkey's End Near.

New York Herald.

Turkey is to be driven out of Europe, either at the point of the bayonet or by territorial revision. There can be no return to the old conditions of barbarity, massacre, rapine and unspeakable cruelty. The Turk has sowed the wind and he must reap the whirlwind. The only hope is that he may continue to fight until he is backed clear of the continent, and that there can be no village of reason for his continued existence.

Don't Let Anyone Trifle With Your Health

When you ask for Duffy's be sure you get Duffy's. It is the One True Medicinal Whiskey



Cheap imitations are sometimes foisted on people with the intent to deceive by dealers mindful of their profits only and who care nothing for the health of their patrons. Some will try to make you believe what they offer is

Duffy's Pure Malt Whiskey

Duffy's Pure Malt Whiskey has been used for over 32 years by the medical profession, hospitals and in the home with unequalled success. Whether it be as a tonic stimulant for the sick and rundown patient, or is taken in a little water at meal time, as an aid to digestion—remember that you are using the best that can be made.

BE SURE YOU GET DUFFY'S

This genuine is sold by druggists, dealers and hotels in SEALED BOTTLES ONLY, never in bulk, price \$1.25 a large bottle. If you can't procure it, let us know and we will tell you how. Write for doctor's advice and book of recipes for table and sickroom, free on request.

The Duffy Malt Whiskey Co., Rochester, N. Y.

In some homes the talking machine is self wound and does business without out records. No honest man will hug the delusion that an outlawed account is honestly paid.

You need this coat nearly every day in the year

Whether you golf or motor or drive, skate or snowshoe or walk, the most useful item of your wardrobe will be one of the

Pen-Angle Sweater Coats

EXAMINE one at your local merchant's and you will agree that nothing you own is more beautifully made nor more exquisitely finished. Try one on, and you see that it has the snug, stylish fit your taste exacts. Subject it to hard wear and learn that it retains its new, smart shapeliness. It must do that, for our Pen-Angle knitting process shapes these improved sweater coats into permanent fit. Thus they cannot become saggy or ill-fitting as many garments do that resemble them in appearance only when brand-new. You will be lastingly satisfied with the sweater coat that bears this trademark.

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Underwear, Hosiery and Sweaters For men, women and children

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Restored to Natural Color with **WYETH'S SAGE AND SULPHUR HAIR REMEDY**
ALMOST A MIRACLE
My hair was as white as snow when I commenced using Wyeth's Sage and Sulphur Hair Remedy. One bottle restored my hair to its natural dark brown color. As I am now 70 years old, I consider the result most remarkable. It is an agreeable and refreshing hair dressing, keeping the hair soft and glossy, without being in the least greasy or sticky.
WM. WESTLAKE, 210 West Main Street, Rochester, N. Y.

Why hesitate when WYETH'S SAGE AND SULPHUR HAIR REMEDY is daily producing just such results?
After years of study and analysis of the hair, we have been able to produce an ideal Hair Tonic and Restorer, which contains an actual constituent of hair, combined with ingredients of recognized merit for treatment of hair and scalp diseases. It makes and keeps the scalp clean and healthy, gives life, strength and lustre to the hair, and—
Restores Gray Hair to Natural Color
No matter how long and thick your hair is, WYETH'S SAGE AND SULPHUR HAIR REMEDY will make it longer and thicker. It will remove every trace of dandruff in a few days, stop falling in one week, and start a new growth in from one to three months.
Guaranteed to be as Represented or Money Refunded
50c. AND \$1.00 A BOTTLE AT ALL DRUGGISTS
If Your Druggist Does Not Keep It Send 50c. in Stamps and We Will Send You a Large Bottle, Express Prepaid
Wyeth Chemical Company, 78 CORLAND STREET, NEW YORK CITY, N. Y.
FREE A 25c Cake of Wyeth's Sage and Sulphur Toilet Soap Free to anyone who will send us this advertisement with 10c in stamps to cover cost of wrapping and mailing the soap.
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