TRAVELLING.

## GRAND TRUNK SYSTEM Thanksgiving Day Excursions Single First Class Fare

For the round trip, going Oct. 25th, 26th, 27th and 28th. Return limit Oct. 30th.

Tickets to intermediate points between Montreal and Toronto will not be good on trains leaving west- and other throat troubles. bound 12.25 noon and eastbound 1.08 noon.

To Hunters' Territory in Ontario, Quebec, New Brunswick and Nova Scotia, good going until Nov. 9th. Return limit, Dec. 12th.

For full particulars, apply to J. P. HANLEY, C.P. & T.A.. Corner Johnson and Oat. Streets.

IN CONNECTION WITH CANADIAN PACIFIC RAILWAY. HUNTERS' EXCURSIONS

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Mattawa to Kipawa, Temiskaming Northern Railway Stations and points in Quebec.

Oct. 17th to Nov. 9th to stations Sudbury to S.S. Marie, Havelock to Sharbot Lake, Parham to Cala-

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Full particulars at K. and P. and C.P.R. Ticket Office, Ontario Street F. CONWAY.

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### BAY OF QUINTE ROUTE. **ALETHA**

Leaves Kingston daily. except Sun-day, at 3 p.m., for Picton and tutermediate Pay of Quinte ports, calling at Deseronto, Northbort and Belleville on Tuesdays, Thursdays. and Saturdays.

Freight handled with despatch and care at reasonable rates. JAS. SWIFT & CO., J. P. HANLEY,

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CANADA AND LIVEROUS

Empress of Ireland	Nov.	3
Lake Champlain	.Nov.	a
Empress of Britain	Nov.	E
Lake Manitoba	Nov.	2
Empress of Ireland	Nov.	2
Empress of Britain	Dec,	1

Tickets end all information from any steamship agent, or F. CON-WAY, G.P.A., K. & P.R., Kinaston,



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TO GLASGOW, HAVRE & LONDON MONTREAL to LIVERPOOL

Lake Erie," - " 27th, Corinthian." - Nov. 3rd,

Steamers Scandinavina and Pre-tories to Glasgow and all Steamers to Havre and London Carry One Class (1) Cablu Passengers. For full particulars of rates, etc. THE ALLAN LINE.

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### The Best Cough Syrup is Easily Made at Home

Costs Little and Acts Quickly. Money Refunded If It Fails.

Mix two cups of granulated sugar with

gives almost instant relief. It stimu-

A guaranty of absolute satisfaction,

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passes all others in flavor, 26 bouquet and strength. TrueVanilla

Mexican Vankia Beans. Sur-

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are, entirely different from others both in their composition and their effect-complete evacuation without purging or discomfort.

25c. a box at your druggist's. NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED.

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Best Market Price, Honest Treatment. Correct Assortment, Quick Returns. by shipping their

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# THE WORLD'S WORK DEPEND ON THE WORLD'S DIGESTION

From the captain of industry to the the woman with the scrubbing brush— the accomplishments of every one of us depend absolutely on the accomplish-ments of our stomachs. Backed by a good digestion, a mar can give the best that is in him. When his stomach fails, he becomes a weakling.

To this loss of power no one need submit. Right habits of eating, drinking, sleeping and exercise, aided by Na-Dru-Co Dyspepsia Tablets, will restore and maintain the full efficiency

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the active principles needed for the
digestion of every kind of food. They go to the assistance of the weakene stomach, and enable the sufferer, right from the start, to assimilate and get the benefit of the food eaten. With this assistance, the digestive organs regain their tone, and soon the use of the tablets

If your stomach is not working properly, try Na-Dru-Co Dyspepsia Tablets. Soc. at your druggist's. National Drug and Chemical Co. of Canada, Limited,



Holding All Records. HALIFAX BRISTOL (Winter). and Quebec. Steamer. From Bristol power in the Province of Quebec, in Oct. 36 .. Royal Edward .. Nov. 13 which industrial activity was great-

WINTER SERVICE. From Halifax. Steamer, From Bristol probable in the near future. 

\*Christmas Sailings.

For further information write or see any Steamship Agent or Canadian Northern S.S. Limited, 226 St. James Street, Montreal.

Street, Montreal.

### A CANADIAN PAINTER.

J. Colin Forbes, R.C.A., Is at Work | The Celebrated Ebb and Flow Is Famon "Christ and Barabbas."

Mr. J. Colin Forbes, R.C.A., the Canadian, who has painted more publie men than perhaps any other artist, and whose portrait of Gladstone syrup, and saves you about \$2.00 as com- done of that statesman, is engaged in talked of making power out of it; so pared with ordinary cough remedies. It the execution of an ambitious canvas so perennial that history has come stops obstinate coughs—even whooping called "Christ and Barabbas." In his from it. All the world, or thereabouts, cough—in a hurry, and is splendid for studio the other day he was good knows of the Fundy tides, and even enough to talk about the difficulties of yet people come to see them. They conceiving such a work. "I do not remember 'Barabbas' be- yesterday and to-day of the two Mari-

Christ," he said. "Even in literature | twice daily. ful every one, two or three hours, the only book with this subject as its It is by no means a matter of mere This takes right hold of a cough and Corelli's, considered by many to be the funnel-shaped bay. It does more,

the face of Christ. Many of the First cause of both is the tide.

the type of 'ace of their country."

recipe. Your druggist has Pinex, or will famous men who have sat to him, the made them

can still clearly call to mind the strong, deeply-lined face of the great man as he sat at his table, writing. writing, writing, as if he never would stop. He used a very old quill pen, which he would stick into a potato on the table when he stopped writing.
"I made a careful study of him when

but when Mr. Gladstone became eloquent he lost all thought of his attire. Mrs. Gladstone was on the platform on this occasion, and crossing over to her husband she put her hand on his shoulder and just said, 'William.' Sale that it falls to cure. Send for list of testimonials.

Once and simply said, 'Yes, dear,' and over the proprietors have so hider they wrote in a railway train; two chapters of 'The Translation' of a Savage' I wrote between London and New York.

Address, F. J. Cheney & Co., Toledo Some of my short stories have been once and simply said, 'Yes, dear,' and then continued his discourse in a more modulated voice, but the tie still re-

mained hanging down."
Mr. Forbes' pictures of King Edward and Queen Alexandra are, of course, familiar to Canadians who have been in the Parliament Buildings at Ottawa.

"King Edward," said Mr. Forbes, was a King without effort. He was kindness itself with regard to sittings, and scarcely a day passed while I was at work on the portraits that some act of courtesy did not testify as to his Majesty's thoughtfulness. The Queen, too, was exceedingly gracious. She did not readily consent to be painted, but directly she acceded to the petition she seemed interested, and did all in her power to assist me."-Star

Buying Band Instruments.

With the ever increasing tide of immigration from all parts of the world the small goods trade, which includes band instruments, stringed instruments, accordions, etc., has profited to a great extent in Canada. The new towns and cities of the West have been filled up wih adventurous spirits, Great Britain being the home of many of them. As every village and hamlet of the old land has some musical organization or other the newcomers emulate conditions that they knew at home, immediately start to organize a band, an orchestra, and, of course, a choir, or choirs, which later often evolve themselves into a

While we import band instruments from England. France, Germany and Austria, very little comes in from the United States. The leading makers are English and French. We manufacture to come extent here in Canada.

Stringed instruments for the most part come from Germany, as do most of the smaller instruments. Several Canadian houses make an exclusive business of band and orchestral instruments and music, and the trade is growing rapidly.

Football Box Score. The Rev. Father Stanton of Ottawa College favors keeping a record of what the players accomplish in the Rugby football games in which they play, similar to the baseball box score.

If a player made a tackle possibly he would be shown with a perfect 1,000 percentage. Also the scoring would show how many times each player received the ball and what he did

The kicks to the halves and their disposal of the sphere would also be carefully jotted down and averages made up on them. At the end of each story of the game he would have a summary showing the record of each player.

Canada's Water Power.

It is estimated that the available water power in Canada is 17,000,000 orse-power. Tat developed in 1910 amounted to 1,016,521 horse-power, of which 742,966 horse-power was for electrical energy, 158,051 for the paper an! pulp industries, and 115,515 for

The possession of immense water Nov. 13 ... Royal George ... Nov. 21 est, makes still greater development in manufacturing in that province

> The Turks are withdrawing into Adrianople, which they regard as a

### THE TIDES OF FUNDY.

ous the World Over.

Something there is in the tidal riseand-fall of the Bay of Fundy so suggestive that verse-writers have made rhymes about it; so unusual that sightseers have marveled at it; so tremendous that practical men have are inseparably connected with the ing used in painting as a foil to time Provinces whose coasts they wash

motif that comes to my mind is Marie form, this filling and emptying of one of the finest word paintings we too, than make a world's record for up which, then down again, the river itself. Artistic effects and economic "There are, of course, difficulties benefits have been left by it, and are most valuable concentrated compound of which every painter meets in portray- being fostered or added to every day: Norway white pine extract, rich in ing an Oriental picture -atmosphere, for instance, the long stretches ofgualacol and the other natural healing for instance, and for my picture I have marsh-land that it has built up on secured all the costumes and para- either shore. Poetry has been written of Pinex in this recipe, although strained phernalia from Palestine; but the out- about these, and from them came honey can be used instead of the sugar standing difficulty, I find, is to mould every year substantial crops of hay.

States and Canada now use this Pinez ject have confessed their dissatisfacthe peculiar charm that lies, close often been imitaged, but the old success- | tion with the results achieved, and and real, over the marshes of Grand ful formula has never been equaled. Its you will not have failed to note that Pre and Tantremar. All that has low cost and quick results have made it most of them have been influenced by been sung of them, of grace and beauty, and loyal fervor, is rightly theirs; J. Colin Forces numbers among the and such as they are, the tide has

get it for you. If not, send to The Earl of Dufferin, Sir John Macdonald. Less known to literary fame, but continued wearing and pounding of Sir Alexander Mackenzie, the Hon. their equal in age, and made after the tides, been hewn and hollowed Edward Blake, Sir Charles Tupper, the same fashion, are many other into columns, arches and caves of Sir Oliver Mowat, Sir Wilfrid Laurier, smaller marshes along the tidal the late President Harrison of the coast. Of such is the Belle Isle is sometimes wondrously smooth and U.S.A. and Prof. Schurman of Cornell marsh on the Annapolis River, a even; elsewhere it is rough and jag-University. His painting of Gladstone | tract of about a thousand acres, in the National Liberal Club is "not known to the earliest settlers as "The of the best examples of water erosion to be surpassed as a truthful and ef- Great Meadow," and to this day farm- in all Canada, and incidentally they fective portrait," according to one cri- ed as hay land. Belle Isle marsh may are eloquent of the Fundy's tidal fic. What many considered to be a fairly be called historic. It formed force.—Aubrey Fullerton in Toronto better effort is that painted by Mr. a part of the old seigniory of Port Globe. Forbes at Mr. Gladstone's home. Of Royal, belonging to D'Aulnay de "I stayed for a considerable time gentleman fell upon troublous times Hawarden studying him both in financially it, along with other lands, private and public life. He would was seized by his creditor, Le Borgne. sit in one corner of his study writing | The son of the new owner assumed and Mrs. Gladstone in another, and I the title of Sigur de Bellisle, and from I his novels have achieved great popu-

\$100 Reward, \$100.

The readers of this paper will be speaking in public. I remember on the medical fraternity. Catarrh beto the medical fraternity. The medical fraternity is the medical fraternity. The medical fraternity is the medical fraternity is the medical fraternity. The medical fraternity is the medical frat reavet became disarranged, and was hanging down the back of his coat, but when Mr. Cledeter of his coat, nucous surfaces of his directly upon the blood and thing does not solve the blood and the blood and

timself the name passed on to his land. There was some settlement on it as early, at least, as 1679, for there are records of a conveyance in that year from Sieur de Bellisle to one Martin, who was already an occupant and farmer upon the "great meadow. There are not many tracts of land in Canada that have been farmed for two and a third centuries.

At the time of the Acadian expulsion there were grain fields on a part of the great meadow, and these, according to local history, made fierce burning when the English torches

were set to them. The Belle Isle marsh of to-day is protected from the tides by a circling dyke, inside of which is fertile mesdow that was originally built up by those same tides. Outside of the dyke is a winding belt of salt marsh, and then the long, low flats of red mud. flows and ebbs.

Handiwork of a very different kind one particular river of the Fundy system. The bay narrows greatly at its head, and its tidal waters pass through Chignecto and Shepody Bays into the Petitoodiac River, with a force that might be expected from such extreme compression. Half-way up the river, before the much-famed Bore at Monoton is reached the furious tides have cut a two-mile stretch of cliffs into a natural gallery of strange and ponder-ous sculpture. The cliffs, which are mostly perpendicular, and from fifty to eighty feet high, have, by the longmany shapes and sizes. This cutting ged. The cliffs at Hopewell form one

Can Write Anywhere. Sir Gilbert Parker, the Canadian novelist, has something like twentyfive books to his credit, and several of larity. One of them, "The Seats of the Mighty," was presented in dramatic form by Sir Herbert Tree. Sir Gilbert Parker is one of those fortunate aupleased to learn that there is at least thors who can write anywhere, and one dreaded disease that science has under any conditions. "There are," hat is Catarrh, Hall's Catarrh Cure he asserts, "times when absolute silov destroying the foundation of the disease, and giving the patient and I can write under almost any strength by building up the constituchapters of 'The Trail of the Sword' I

written among crowds of people; one Sold by all Druggists, 75c.
Take Hall's Family Pills for consti| was written at a railway station when |
| was waiting for a train."

T'S a fine, old, mellow stout—that is as rich and nourishing, as fresh cream-yet won't make you bilious because it's extra mild.

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TRADE MARK ON BAC OR BARREL IS THE ASSUR! ANCE OF COOD BREAD AND PASTRY Make it a point to look for this Trade-Mark on every bag and barrel you buy

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When a range is recommended by one woman to another, it has met the final test.

The staunchest friends of the Gurney-Oxford Range are those women who have experience with it day in and day out. They know how dependable it is; they know that no other range gives such constant and unvarying satisfaction, not simply in management and oconomy, but in cooking results.

The Gurney-Oxford works constantly for its owner's peace of mind, and it supplements her efforts to make each meal one of absolute satisfac-

The state of the s

Every woman who has had experience with the Gurney Economizer cannot help telling her friends the satisfaction of being able to regulate the fire by turning up or down one small lever. She tells about the flues that make and keep the oven always evenly heated, but above all she is enthusiastic about the golden brown biscuits, the light delicious bread and pastry, the roasts and fowl done to the queen's taste, that her Gurney-Oxford turns out.

The Gurney-Oxford owes its popularity to the recommendation of those for whom it works.

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