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GIVES POWER TO RESIST DISEASE

We have large quantities of
PIG LEAD - and - SHEET LEAD
in stock.

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Real Estate, Loans and Fire Insurance

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OVER NORTHERN CROWN BANK. MARKET SQUARE.
Phone 286. KINGSTON, ONT.

“Thank You, Mother—
“You’ve made my head so
much better. That Menhol-
ated Vaseline is wonderful, isn’t it?”
“Yes, dear. There is nothing that
soothes and relieves a headache so
quickly.”

Mentholated Vaseline

Mentholated Vaseline is a wonder-
ful relief for nervous and tired head-
aches. It is simply a blending of
Menthol and “Vaseline.” It is ab-
solutely pure and harmless, and has no bad “after-effects.”

Mentholated Vaseline also relieves cramps, neuralgia, etc.
Put up in handy tin tubes. Druggists everywhere.

Do you know our other “Vaseline” specialties—Cap-
sicum Vaseline, for colds; Vaseline Camphor Ice, for chapped
hands and lips; Carbollated Vaseline, for cuts and scratches,
and the rest? They will help you cut down the family
doctor’s bills for a lot of minor hurts and ailments.

Ask for no substitute for “Vaseline.” An interest-
ing booklet telling all about it costs you nothing
but a postal showing address. Write to-day.

Cheesebrough Manufacturing Company
(Consolidated)
1880 Chabot Avenue. MONTREAL.

Eddy's Silent Parlor Matches

Made of very best corkey pine. Every stick a
match. Every match a light. Well packed so
that a match may readily be extracted in the
dark—no fumbling with the inevitable spilling of
the matches.

AND ABOVE ALL
EDDY'S

a surety of the best possible quality and full count

The E. B. EDDY COMPANY, Limited
Makers also of Paper Bags, Toilet Paper, Tissue Towels, etc.

A POSITIVE CURE FOR ANAEMIA

The Most Prevalent Disease of
Girls and Women

Anaemia can be cured—positively and
effectually by RESTORATONE TABLETS.
Not a new discovery but a
time-tried remedy proving wonderfully
successful.

An anaemic person is suffering from
A Watery Condition of the Blood.
She is pale and bloodless, has pimples
and blotches on the face, and suffers from
headache, indigestion, constipation, nervous-
ness, shortness of breath, palpitation
of the heart, puffiness or circles about the
eyes, swelling of hands or feet. All these
symptoms may not be present, depending
on the severity or duration of the disease.

Do Not Neglect This Trouble. You Can Be Cured.
RESTORATONE TABLETS, as well as a blood restorative, are
an unexcelled tonic, tissue builder, and promoter of good health. This
is demonstrated by the prompt return of healthy color to the cheek,
the peculiar pallor disappearing altogether. RESTORATONE TABLETS
are always prompt in action; moreover, the results are perma-
nent, not transitory. As a consequence they well deserve the
popularity they have won.

A Trial of One Box Will Convince You.
The result will undoubtedly be the most unique and striking testi-
mony you could have. RESTORATONE TABLETS are a special
remedy—especially adapted for the troubles of girls and women;
positively curing anaemia, indigestion, nervousness, headache, correct-
ing irregularities, and relieving and permanently restoring weak-
ened conditions. The many words of praise from users of
these tablets afford conclusive
evidence of their sterling merit.
Even though other remedies
have failed to help you, do not
neglect this opportunity of a sure cure and permanent benefit in
RESTORATONE TABLETS.

For sale at your druggist's at 50 cts. a box, six boxes for \$2.50,
or cheerfully sent to you, postpaid, on receipt of price by addressing
THE RESTORATONE CO., LIMITED, Toronto, Canada

Tips For the Farmer

BY LACLE JOSE.

The biggest peach orchard in the world, and one of the finest, that of the Bagley estate at Americas, Ga., says the Springfield Republican, just been cut down and burned, and the land is to be given over to cotton. The orchard contained 225,000 bearing trees, and for years has been first to supply the market with Georgia peaches. This year, while the receipts ran into the millions thousands of bushels of peaches went to waste, and the owners believe that they can raise cotton at a greater profit on the same ground.

Canadian Cows.
According to report No. 4 of the Record of Performance for Purebred Dairy Cattle, just issued by the Live Stock Branch of the Federal Department of Agriculture, nearly five hundred cows in Canadian herds have won, on performance of milk production and regular breeding, certificates of Record of Performance. This has been accomplished within the six years that the tests have been in progress.

In an introductory paragraph this report points out that while this work is of great benefit to the raisers of purebred stock, it has ever wider influence in furnishing to the owners of grade herds, reliable and valuable information to govern the selection of bulls to place at the head of their herds. The chief aim of this work is stated to be to develop and perpetuate high producing strains of dairy stock under normal conditions of management and feeding.

In addition to the rules and regulations, standards for registration, etc., this report furnishes a milk price index of the owners of qualified cows, together with the record, age, etc., of each successful animal. Anticipating a keen demand from breeders and owners of both purebred and grade herds of dairy cattle, the Hon. Martin Burrell, Minister of Agriculture, has authorized the printing of a large edition of this report, which is distributed by the publication branch of the Department of Agriculture, Ottawa.

Building a Silo.
The silo should be air tight. If six inches across spouted silos are used, the walls must be so rigid that in no part can they yield even to the slightest degree to the outward pressure. A silo should have the greatest depth possible so that a minimum of surface is exposed on top and greater pressure secured. A silo built 14 by 24 or 26 would be more practical than one 18 by 32 feet. The best results will be obtained if one and one-half or two inches can be fed every day after the feeding of silage begins. The greater depth also provides for the storage of larger amounts of food per cubic foot, and the lateral pressure is so great that air is excluded from the sides. Silos should be rat-proof, chiefly because they enter the silo through the falls or from beneath and admit the air and thus spoil the silage. A silo should be built that will stand the test of time, wind and fire. The durable silo, properly built, may cost a little more at the beginning, but will be cheapest in the end.

A farmer usually does not have the time to spend repairing and periodically loosening and the test of bolts and stays, especially when there is so much other profitable constructive work to do on the farm. A silo whose walls will not be affected by the silage within, or moisture conditions without, that will not burn or blow down, and the cost of which is so great that it can be constructed at a time when other work is not requiring his attention. It is not such a complex building, but what every farmer can build his own, and thus save the expense of expert labor, either in masonry or skilled carpenter work.

The silo, like all other farm buildings, should be constructed as cheaply as possible, if other requisites are not hampered. The one item, that of cost, is one that explains why silos are not being constructed more generally.

Silos that require professional labor are too expensive, hence a silo should be decided upon that will be cheapest and at the same time have all the requisites of a good silo. The reinforced solid wall of the concrete and ease of construction. The stone or brick silo in cost of construction and ease of construction. The stone or brick silos require expert masons, while the reinforced concrete silo can be built by the farmer at a time when his farm work is not pressing and with the assistance of common labor only.

Injury to Fruit Trees.
A great deal of winter injury has been done to late years to fruit trees in Ontario. Baldwin seem to have suffered more than other varieties. In many cases a number of trees in orchards show some dead limbs, and in some cases trees are wholly dead. Investigation will show that in almost all cases that trouble has begun with partial roof killing.

Prof. J. W. Crow, head of the Horticultural Department of the O. A. C., writing in the O. A. C. Review on this subject, says that the injury seems in many cases to have been due to a drying up in the evaporation of moisture in the trees rather than to the actual degree of cold experienced. Windbreaks, he says, which check the force of the wind, and thereby reduce evaporation, are important in summer, but still more important during the winter for the reason indicated.

Evaporation of moisture from the surface of a tree under the influence of wind may, he says, reduce the temperature of the tree several degrees below that of the air.

Another cause of winter killing is

found in late autumn growth in the wood, something which may be checked by the raising of cover crops at the proper time. Prof. Crow even goes so far as to say



WM. H. CHRISTIE.
In "The Senator Keeps House," at the Grand on Wednesday, Oct. 22d.

CURED OF DRINK BY SIMPLE REMEDY

A Devoted Wife Helps Her Husband to a Cure Through Samaria's Prescription.

Mrs. S., of Trenton, was in despair. A loving father and a careful provider—when sober—her husband—had gradually fallen into drinking habits, which were ruining his home, health and happiness. Drink had inflamed his stomach and nerves, and created that unnatural craving that kills conscience, love, honor and breaks all family ties.

But read her letter:

"I feel fit my duty to say a few words about your Tablets. As you know, I sent and got a bottle, thinking I would try them in secret. My husband told me he was going to the Post Office for the summer, so I had to tell him all about the Tablets. He said he would take them just the same, so I sent and got the second bottle for fear one would not be enough. He writes me saying that he has taken the contents of both bottles and he feels splendid, does not care to drink in fact he has not taken any liquor from the first of my giving it to him. I feel I cannot say too much in favor of your wonderful remedy."

Mrs. S., Trenton, Ont.

Samaria's Prescription stops the craving for drink, it restores the shaking nerves, improves the appetite and general health, and makes drink distasteful and even nauseous. It is used regularly by Physicians and hospitals, and is tasteless and odorless, dissolving instantly in tea, coffee or food.

Now, if you know any home on which the craving of drink has fallen, tell them of Samaria's Prescription. If you have a husband, father, brother or friend on whom the habit is getting its hold, help him yourself. Write to-day.

A FREE TRIAL PACKAGE of Samaria's Prescription, with booklet, giving full particulars, testimonials, price, etc., will be sent absolutely free and postpaid, in plain sealed package, to any one asking for it and mentioning this paper. Correspondence sacredly confidential. Write to-day.

The Samaria Remedy Co., Dept. 7, 49 Colborne street, Toronto, Canada. Also for sale at Jas. B. McClelland's Drug Store, Kingston.

These are in a cultivated orchard. Surplus water in the soil. Prof. Crow goes on, delays cooling of the soil in autumn, thus prolonging growth and rendering the trees more subject to winter damage. This can be corrected by under-draining.

Another danger is found in excessive use of fertilizers, causing late growth. It seems possible, Prof. Crow says, to overdo the use of leguminous crops, and thus get too much nitrogen into the soil under certain conditions. On the other hand, potash, phosphate and lime tend to earlier ripening of the wood. Pruning during the dormant season, too, by stimulating growth, may, in northern localities, be easily overdone. One of the chief causes of winter killing is found in injury to the trees, a injury may be caused by overbearing in one year, thus overtaxing the vitality of the tree. As a guard against this no tree should be allowed to overbear, the surplus fruit being removed by hand. The greatest cause of killing, is found in actual injury to the tree by careless cultivation.

Among other things Prof. Crow goes so far as to say that he believes fully 90 per cent. of the winter killed or injured trees that have been during the past year were lost or injured as a result of the work of borers, unprotected fractures, sun-scald, canker, etc.

Notes of Interest.
On cold evenings, especially if rain threatens, the milkers should be provided with shelter. On a cold, wet night may easily come a check in the milk flow that cannot be overcome on a winter. Warmth and comfort are real economizers.

You may be perfectly sure that the cow that has something wrong with her disposition is owned by a man that isn't just right in the upper story.

Heifers of the dairy breeds, if well grown, should be bred at a little over a year old.

Be very gentle with the nervous cow. They are always the largest and richest milkers, when treated with consideration.

Any tendency to constipation in a cow should be overcome by feeding oil-meal, bran mash, or other feeds having a corrective character.

The man who sticks to hogs whether they are high or low will come out right in the end every time.

Keep the pigs up, during cold, stormy days, and hard winds are just about as bad as rain.

The sunshine will make the porkers stretch right out. Give them a chance to lie in it every day if you can.

See that the milk flow that has been stimulated by the rich autumn grass is maintained by judicious feeding before the cold weather sets in.

With a young heifer or two for sale each year of the type suitable for the market demands, the farm income is noticeably increased.

J. H. Monrad, writing in Howard's Dairyman, complains of the practice which would seem to be more or less prevalent in European countries, of unfairly using phylogenic data to exaggerate the appearance of dairy cows. This is done by placing the camera near the rear of the cow, thereby making the udder appear larger than it really is.

Poultry houses should be thoroughly cleaned, disinfected and put in repair before the cold weather sets in.

Pump chickens are wanted in market; remember that lousy chickens will not fatten.

Give the later summer-hatched chicks a chance to eat their meals without being run over by older birds.

All the milk they will consume is a help to the mouling hens.

Produce and Prices.
Kingston, Oct. 19.—Market clerk reports the following:
Potatoes, 20c; cabbage, 50c; doz.; celery, 5c; lettuce, 5c a bunch; onions, 20c pk.; carrots, 20c pk.; new beets, 20c; peck; ripe tomatoes, 50c; peck; chickens, 10c to 12c lb.; fowl, 10c lb.; potatoes, 75c; to \$1 a bag.

J. A. McFarlane, Brock street, reports grain, flour and feed selling as follows:
Oats, 50c; local wheat, \$1.15 bush; feed wheat, 85c; peas, \$1 to \$1.10; yellow feed, \$1.00; barometer flour, \$2.90 to \$3.10; farmers' flour, \$2.80 to \$3.10; Hungarian patent, \$3.10; oatmeal and rolled oats, \$3.50 per barrel; cornmeal, \$2 to \$2.25; bran, \$24 per ton; shorts, \$22 per ton; baled straw, \$10; loose, \$8; hay, loose, \$17 to \$18; pressed hay, \$16 to \$17.

Meat—beef, local, carcass, 9c to 10c; prime western, 11c to 12c; carcass; cuts, 10c to 20c; mutton, 10c to 15c; lamb, 12c to 20c lb.; live hogs, \$8 25; dressed hogs, 12c; veal, 10c 12c.

Dairy—Butter, creamery, 35c; prints, 27c to 32c; eggs, 35c to 40c a dozen.

John McKay, Brock street, reports as follows: The hide market is steadily declining, owing to poor quality and poor demand. We quote hides No. 1, trimmed, \$1.15 a lb.; No. 2 and 3, 10c a lb.; sheep skins, fresh, 85c; dry, \$1; goat skins, 15c; to 18c; sheep skins same as hides; tallow rendering, 5c per lb.; wool, washed, 21c per lb.; wool, unwashed, 14c per lb.; greasing, \$5 to \$6.50 per lb.; horse hides, No. 1, \$3.

Above prices are for No. 1 prime stock, blue pills and unprime according to value.

The Dominion Fish company reports the following prices: Whitefish, 15c lb.; pike, 10c lb.; Chinook salmon, 20c lb.; herring, 15c; perch, 10c; mackerel, 15c; haddock, 15c; salt codfish, 12c; halibut, 15c to 20c lb.; fresh haddock, 12c; lb.; steed, cod, 12c lb.; salmon, 15c; fresh mackerel, 15c lb.; oysters, 12c; filets, 15c lb.; fresh small, 20c 50c to 60c per quart; shell oysters, 20c a doz.

Horse in Warfare.
An army officer, writing of the importance of the horse in warfare, says that automobiles have not appreciably lessened the demand for horses or mules in the army. One of these animals, he says, is needed for every force. Immense numbers of horses perish in every war through starvation, it being almost impossible to provide forage for them during the exigencies of a campaign.

MANY brands of Baking Powder contain alum, which is an injurious acid. The ingredients of alum baking powder are never printed on the label.

Magic Baking Powder contains no alum and is the only baking powder made in Canada that has all the ingredients plainly printed on the label.

EW. GILLET COMPANY LIMITED
TORONTO, ONT.
WINNIPEG MONTREAL

CONTAINS NO ALUM

FREE

This 150 PIECE Complete Scholar's Outfit FREE

BOYS AND GIRLS. NEVER BEFORE IN CANADA HAS SUCH A GRAND PREMIUM BEEN OFFERED AND SO EASY TO GET.

READ WHAT THIS GRAND SCHOLAR'S OUTFIT CONTAINS.

1 large leather bound school bag, 1 dozen fine quality H. B. pencils, 4 steel tip pen holders, 1 dozen 27 pens, 1 dozen sheets of writing paper, 1 dozen envelopes to match, 1 box of 15 water color paints with brushes and pots, 1 box of beautiful drawing crayons of different colors, 1 fine quality steel black penknife, 1 large barbed slide top pencil box, 1 complete arithmetic outfit containing type, ruler, compass and stamping pad, 1 twelve inch ruler, 1 large pie tin, 1 complete dinner set for five or six, 1 large tin of rubber cement, 1 steel blade pen sharpener, and last but not least, 1 Swiss watch the greatest invention for imitating birds and animals.

Think of it! This scholar's complete outfit is FREE. We're determined to sell a million packages of Marvel Bluing this year and are printing the name of every boy and girl who gets one. Marvel Bluing is a great improvement on the ordinary kind and goes twice as far. Every body buys it because it is so good and it gives you a grand scholar's outfit containing type, ruler, compass and stamping pad.

We will give you one of these grand scholar's outfits if you will agree to sell ONLY 25 PACKAGES OF MARVEL BLUING AT ONLY 10c PER PACKAGE.

Send your Marvel Bluing tin and ten you without cost. Simply send to your name and address to-day. Every tin and box should win one of these grand scholar's outfits.

Address to-day THE MARVEL BLUING CO., Dept. S. 3103 Toronto, Ont.

EVERY BOY AND GIRL IS ALWAYS PLEASED WITH OUR PREMIUMS

RRRR

Was recommended to me by one of Toronto's judges as a valuable household remedy. This writer's prominent citizen was cured of this disease.

Radway's Ready Relief

For External and Internal Use

CURES

Sore Muscles	Teethache	Nervous	Sore Throat
Stomach	Headache	Coughs	Cuts
Brucias	Backache	Origo	Painful
Good for	Pain in the Chest	Whooping	Rheumatism
Athletics	Pain in the Kidney	Scolific	Rheumatism

For over FIFTY YEARS this wonderful Remedy has proved itself the best, safest and surest antidote for pain in the world.

In every family this valuable Specific Remedy for all inflammatory diseases should be constantly kept on hand. The expense is a mere trifle, and as few more than twenty times the amount in "Doctors" or "Druggists" bills.

Dear Sirs: R. H. R. has had a place in our home for the past twenty years and would not be without it for five times its cost.

H. R. O'FLYNN, Trenton, Ont.

RADWAY & CO., Ltd., Montreal, Canada.

RRRR

NO WONDER
THIS IS
PERFECT
BEER.

O'KEEFE'S
SPECIAL
EXTRA MILD ALE

The modern tendency in ale drinking is towards the lighter brews.

O'Keefe's "Special Extra Mild" Ale is low in the amount of alcohol—but high in stimulating health-giving properties.

It is a particularly desirable ale for the home.

Order a case from your dealer.

E. BEAUPRE, LOCAL DISTRIBUTOR, PHONE 313

QUEEN'S CAPE

Luncheon served on the shortest notice.

REGULAR DINNER, 25c.

J. PAPAS & CO.
121 Thompson Street

Take in Time

The proper help to rid your system of the poisonous bile which causes headaches, flatulence and discomfort. By common consent the proper—and the best—help is

BEECHAM'S PILLS

Sold everywhere. In boxes, 25c.

Kingston Business College

(Limited)
Highest Education at Lowest Cost

Twenty-sixth year. Full term begins August 29th. Courses in Bookkeeping, Shorthand, Telegraphy, Civil Service and Engineering.

Our graduates get the best positions. We show a short time over sixty secured positions with one of the largest railway corporations in Canada. Enter any time. Call or write for information. H. E. McNeil, Principal, Kingston, Canada.

\$1,000 REWARD

For information that will lead to the discovery of whereabouts of the person or persons suffering from Nervous Debility, Fits, Skin Disease, Blood Poison, Genito Urinary Troubles, and Chronic or Special Complaints that cannot be cured at The Ontario Medical Institute, 263-265 Yonge Street, Toronto.