

### SICK HEADACHE

A Symptom of Troubles Which are Removed by Dr. Morse's Indian Root Pills.

Sick headaches are not merely afflictions to be borne so patiently as possible—they are danger signals. They never come unless the digestive system is out of order, and their regular recurrence is proof positive of serious trouble and a warning that should be heeded promptly.



Sick headaches are caused by indigestion, biliousness or constipation, and no amount of "headache powders" will do more than temporarily relieve them. The only way to get rid of them entirely is to cure the constipation or indigestion that is causing them, and nothing will do this quicker or more effectively than Dr. Morse's Indian Root Pills.

Dr. Morse's Indian Root Pills are purely vegetable in character, and are free from any harmful drug. For over fifty years they have been in constant use in Canada, and have proved most effective in regulating the bowels, aiding digestion, banishing sick headaches and restoring vigorous health.

Dr. Morse's Indian Root Pills have stood the test for over fifty years. Ask at all dealers. W. H. Comstock Co., Ltd., Brockville, Ont.

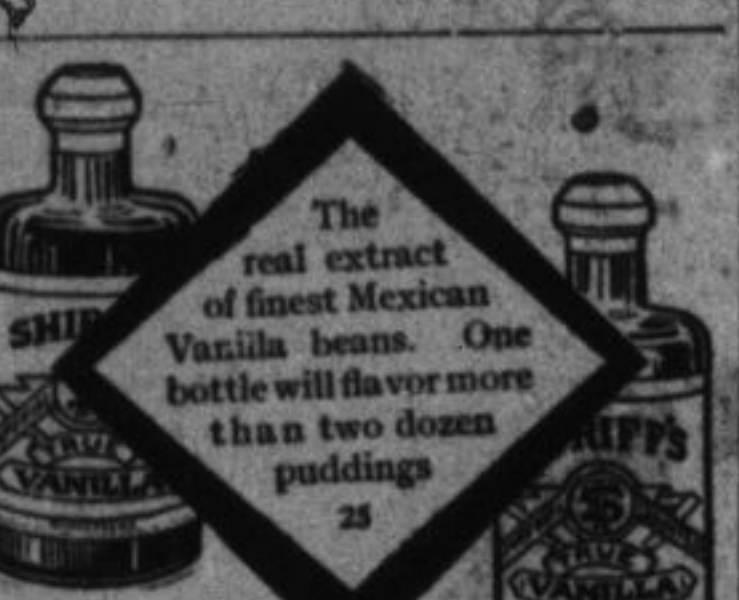
Thomas Copley, Telephone 987

Drop a card to 19 Pine Street when wanting anything done in the Carpenter line. Estimates given on all kinds of repairs and new work. Also hardwood floors of all kinds. All orders will receive prompt attention. Phone 40 Queen Street.

### Have You Tried O'Keefe's "Gold Label" ALE

The O'K brewmaster says it is his masterpiece—a rich, old, creamy ale of matchless purity.

E. BEAUPRE, Local Distributor. Phone 313.



### Shirriff's True Vanilla

The real extract of finest Mexican Vanilla beans. One bottle will flavor more than two dozen puddings.

### DAILY ARRIVALS

Best Crawford Peaches at A. J. REES 166 Princess St. Phone 68



A bit of this and a taste of that, all day long, dulls the appetite and weakens the digestion. Restore your stomach to healthy vigor by taking a Na-Dru-Co Dypopepsin Tablet after each meal—and out of the "peeing". Na-Dru-Co Dypopepsin Tablets are the best friends for sufferers from indigestion and dyspepsia. 50c a Box at your Druggist's. Made by the National Drug and Chemical Co. of Canada, Limited.

### OUR WHITE ESKIMOS

#### THE LOST TRIBE IN THE NORTH HAVE QUEER HISTORY.

Explorer Stefansson is Convinced That the Two Thousand People He Found in the Arctic Circle of Canada Are Descendants of "Lief the Lucky," Who Migrated From Iceland About the Year 1,000.

Further details are now arriving concerning the discovery in the far north of Canada made by Prof. Vilhjalm Stefansson of a lost tribe of 2,000 white people who are believed to be direct descendants of the following of Lief Erickson (Lief the Lucky), who went to Greenland from Iceland about the year 1,000 and later discovered the north coast of America.

The people living on Victoria island, thirty degrees east of the mouth of the Mackenzie river, more than 2,000 miles by the coast line, are still in the stone age. While the civilization of nearly 1,000 years has grown they have stood still.

The tribe of white people, who Stefansson declares are purely of Norwegian origin, never had seen other people of their own color. Their number is about 2,000. More than half of them have red hair, blue eyes, fair skins and light eyebrows and beards. They live on both shores of Coronation gull, on the mainland of North America and Victoria island, which formerly was known as Prince Edward Island.

It was for this people that Rosta Amundsen, discoverer of the south pole, searched while making his trip through the northwest passage.

Amundsen, it will be remembered, said natives had told him of a race of white people living to the northward. He sent an expedition along the shore of the island, but saw nothing of the tribe, nor did they see anything of him.

Many other Arctic explorers have brought down from the north stories of this tribe of lost white people, but the tale came to be regarded as an Indian legend.

Ethnologically, the newly-discovered tribe is entirely different from the Eskimo, not only in the shape of the skull, but in general features, color of eyes and texture of hair. They have not a single trace of the Mongolian type.

While they retain some of the customs of the Norsemen who were lost from Iceland in the twelfth century, their method of living is entirely different. The conditions under which they live are of the most primitive sort. No vegetation, except moss and a few stunted willows, grows in their habitat.

They are meat and fish eaters. The island abounds with caribou, and the sea with seal and other fauna. They use bows made of willow bound together with sinews and their arrows are tipped with flint and native copper. Their method is to pierce out of ledges or found in stream beds on the mainland. Their knives are made of copper, with horn handles, and made in much the same manner as implements were made by the early Norsemen who inhabited Greenland.

Like nearly every savage tribe they have a legend of a flood which a long time ago devastated the world. This legend, anthropologists say, is universal among savage tribes and therefore cannot be regarded as proof that this particular tribe is descended from Christian forefathers.

Prof. Stefansson accounts for their existence by the fact that in the year 982 Greenland was discovered and settled by 3,000 Icelanders. One thousand of these people sailed from Norway and missed Greenland, but landed on the coast of Newfoundland, where they established a colony, built fourteen churches, two monasteries, a gunnery and other structures, the ruins of which are still standing.

These people crossed to the coast of America for timber. There were no Eskimos at this time, either on Greenland or Newfoundland. The Norsemen settled in two colonies, one on the north and one on the south side of Newfoundland.

In the fourteenth century Eskimo came from the north and exterminated the north settlement. Their record is complete till 14th, when the black plague scourged Europe and for two centuries communication between Newfoundland and the old country was cut off.

When communication was restored the people of the second settlement were missing. Their graveyards, buildings and other adjuncts of their semi-civilization were found. The theory was formed that the people had drifted to a settlement further west across the narrow straits, where they intermingled with Eskimo, whom they took along with them to the island on which their descendants make their headquarters.

They still use the bone needles that were invented by their forefathers, and many of their methods of life are similar to those of their progenitors. Different environment, a more rigorous climate and a lack of vegetation, however, have changed many of their usages.

In one place on the island Prof. Stefansson discovered a conical stone house which bears a striking resemblance to the houses built in Greenland and Newfoundland by the Norsemen who first inhabited those places. Their houses are made of snow, with a roof of driftwood which on rare occasions is found on the coast. The stray fragments of wood are highly prized.

### CITY OF QUEER RIGHTS.

#### Peculiar Ancient Privileges Enjoyed by Certain Citizens of London.

Some peculiar privileges are granted to London officials by law or custom. There are certain institutions which cannot be interfered with. They have survived for centuries. Traditions cluster round them, and the bold reformer has no chance with them. None are customs and privileges which have ancient sanction more jealously guarded than in the city of London, and none cling to their privileges more tenaciously than the livermen. These privileged citizens, of whom there are about 7,000, have a great deal to do with the election of the lord mayor and sheriffs.

A privilege the Stationers Company enjoyed for centuries has been taken away from them. They can no longer register the copyright of all literary matter.

The Watermen's and Lighermen's Company special privileges to their privilege, embodied in a charter granted to them at a time when royal progresses were made in barges, of issuing certificates to those who had qualified as watermen.

The most privilege personage in the city of London is the lord mayor. He takes precedence over every subject of the crown, not excepting members of royal family, in the "square mile." He is an admiral of the port of London, and he has the privilege of receiving the passport of the Tower of London quarterly under the sign manual of the Sovereign. Another of his privileges is to receive various warrants, which entitle him to two does from the royal forests in midwinter and two bucks in the late summer or autumn.

Members of Parliament are not without their special privileges. They vie with the livermen in upholding them. They claim exemption from arrest on civil process during the Parliamentary session or for a period of 40 days before and after. Members of the House of Lords also have this right, and peeresses may put forward any bill.

But the most novel privilege is claimed by Lord Forester, who has in his possession a grant of the time of Henry VIII, "giving to John Forester, Esq., of Watling street, County Salop, the privilege of wearing his hat in the royal presence."

Several noblemen to-day make acknowledgment of the privileges given to their ancestors which they enjoy in the shape of rent service. In some cases the rent services were of a singular character. For the privilege of holding Strathfieldsaye the Duke of Wellington presents a flag to the crown every year, and he holds the estate on this condition. The flag is displayed at Windsor Castle. For holding Blenheim the Duke of Marlborough performs a similar service. This privilege dates from the time when the land belongs to the sovereign.

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Furs furnish their clothing. Their shoes are cut to come well up to the thighs. Here it is met by a kind of undershirt which reaches to the waist. The coat is fashioned in almost precisely the same manner as the full dress coat worn at inaugural balls by their civilized brothers. It cuts off at a sharp angle just about the waist line and long tail divided into two pieces hangs down behind. The whole outfit is strapped together by means of thongs and buttons made from rawhide and bone.

A woman can be just as proud of her stone hair as if she raised it herself. Some men do their best and leave others to do those who are second best. When some men reform they are apt to overdo the thing.

### WET WEATHER FOR A YEAR.

#### All Our Weather Weas May Be Attributed to Spots on Old Sol.

Sun spots. These little dark blotches on Old Sol's surface are, according to Prof. Galbraith, head of the School of Science, responsible for the leaden skies and cold, wet months of this past summer. Sun spots have spoiled many a picnic party this season, and done the profits of the summer boarding-house. Maybe, too, they have had more than a little to do with the street car tie-ups that have intermittently afflicted Toronto.

Now the professor's line of science is not weather prophecy. Moreover, he did not express this opinion as an opinion against any, that might be put forward by the regularly constituted authorities on meteorological subjects. No doubt, however, they entirely concur with him, as the spots are there, and astronomers have always contended that their presence in numbers, and portentous climatically. The Dean's surmise, which was elicited in conversation with a friend, foretells a broken and uncertain winter to follow this drippy summer. It would appear that the sun spots which have been trying in vain to prevent a record attendance at the Toronto Exhibition are due to stay with us, or rather between us and the great dispenser of heat and light, for twelve months.

Many lengthy and learned opinions have been penned on the subject of sun spots since the time of Dr. Alexander Wilson of Glasgow, the first man to observe them in 1780. Sun spots are caused, so the savants say, by great masses of the vapor and gaseous given off by the sun ascending to a tremendous distance from its surface, cooling, and finally when they are out of range of the heat, condensing into solid masses and falling with meteoric speed to the sun's surface again.

"A sun spot," says one authority, "is one of the dark spots that appear from time to time, consisting commonly of a blue-black central portion, or umbra, with surrounding borders of penumbra, of light shade, and usually visible only with the telescope."

"Sun spots are very changeable in the figure and dimensions, varying from mere apparent points (perhaps 1,000 miles across), to spaces over 100,000 miles in extent. They last of a month, sometimes several months. They occur with periodic frequency, the length of cycle being 11.13 years, and their appearance is accompanied by loss of light, sometimes by loss of heat and often by magnetic storms on the earth. Their exact nature is not fully known."

In 1851 astronomers measured one huge sun spot, which measured 140,000 miles across, and in which the commotions were so great that they could be detected by eye observation with the telescope.

Buffalo Loose in Winnipeg. Roaming at large without let or hindrance, a real live buffalo disturbed the community of St. James, near Winnipeg, the other night. It seems that the animal was one of the herd formerly at Silver Heights, once the residence of Lord Strathcona, and which was purchased by the city for the Assiniboine City Park, from which it broke away a few nights ago, and after swimming across the river, went into some pasture west of Deer Lodge, where cattle were browsing. It was seen between six and seven o'clock in the evening in the Woodlands district, and passed about 200 yards from Portage avenue, terrifying several of the residents, including a woman and three children, whom it passed at a distance of about three feet.

Immediately it was missed the attendants and park keepers set out on the hunt and cry to track the errant prairie master of the plains and prairies of the west. They traced him to Brookside and on the direction of Stony Mountain, but not being accustomed to herding buffaloes at large, they had considerable difficulty in keeping on his trail.

By dint of great perseverance, however, they headed him off again in the direction of the Assiniboine Park by the St. James district, and tried to drive him towards the river again so that he might swim back the way he came. He went down to the river and waded a few steps, but turned and made off again with the attendants after him, but was ultimately captured and returned to his enclosure at the park.

The Retort Crushing. How to deal with the man in the audience who interrupts or who makes a retort intended to be funny, is often quite a problem for political speakers.

Occasionally the speaker counters quickly and has the laugh on "a voice in the audience." That was the case at a meeting in Essex County, Ont., in the last Dominion election campaign, addressed by Dr. James Sampson of Windsor, who is a prominent Liberal, an active campaigner and a lecturer on the Dominion annuities system.

"Why don't you get your hair cut?" cried a jester who has a thin, squeaky voice, and had noticed that the doctor had abundance of long hair.

"If I had a voice like that," the doctor retorted in strong, deep tones, "I'd get my throat cut."—Courier.

Some Frog! The largest frog ever caught in the vicinity of Galt was captured on the east bank of the river below the town limits, by John Lee, a young man on the River road. The frog measures exactly 13 inches from the mouth to the hind leg, and 12 1/2 inches in girth, and weighs 4-1/2 pounds. When it cries it makes a noise resembling a loud auto horn. Mr. Lee has the frog in a cage at his home.

The Perfect Man. Speaking to the Cadets at the Dominion Rifle Association meeting, the Hon. W. T. White lauded rifle shooting as a manly sport. A man must have a good physique to be thoroughly developed. "I say that because the other side, the intellectual side, has been too much emphasized in certain educational institutions."

One To a Million. A single province of India has 28,000,000 of inhabitants, for whom there are twenty-one foreign missionaries, or one missionary to each million of population.

Man rarely goes the limit in being mad until he discovers he is being worked.—Aitchison Globe.

You cannot be good government unless you have to work for it.—Charleston News and Courier.

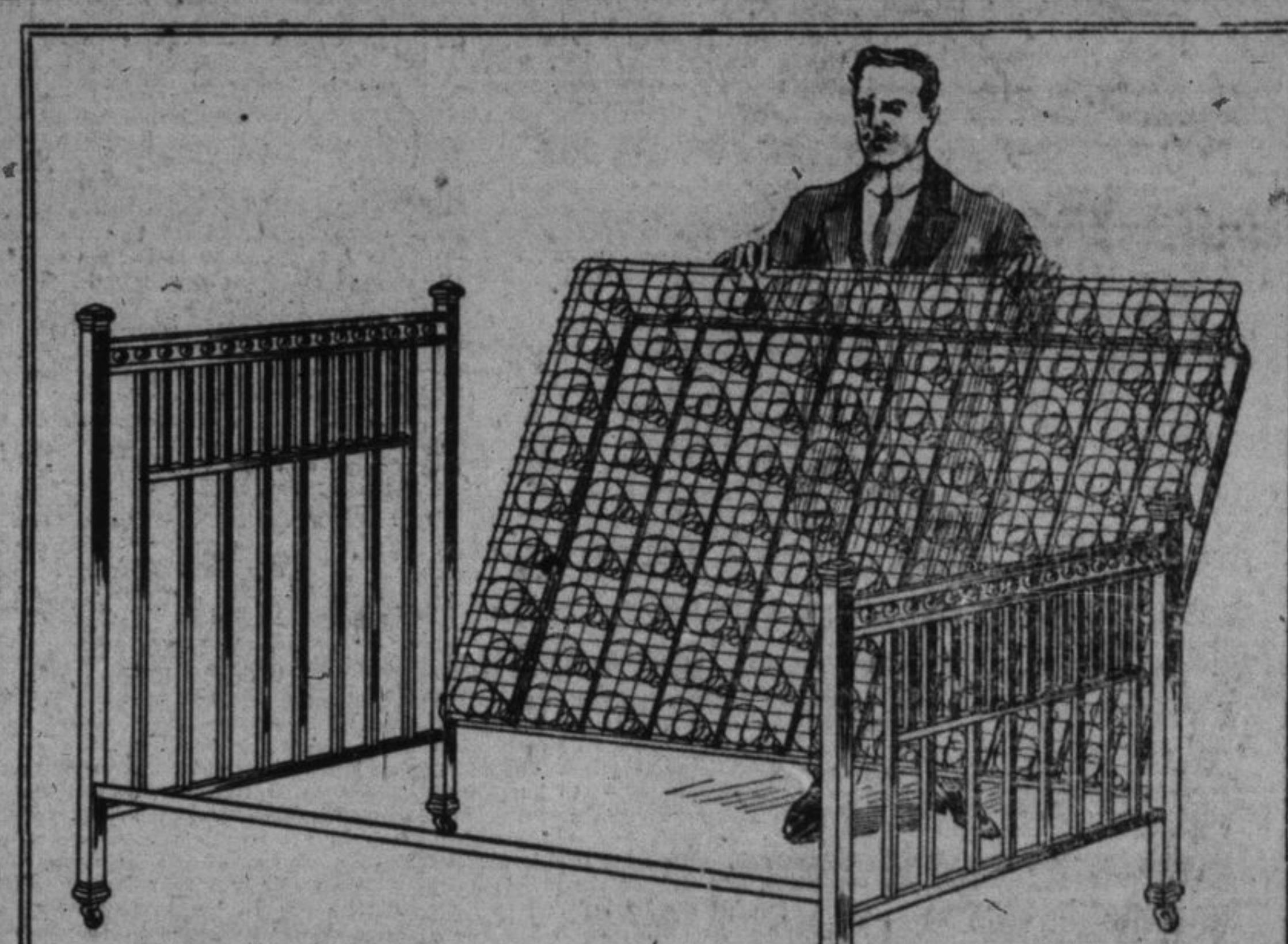


### A 10 cent tin of Oxo Cubes will make enough delicious Soup for four people

Rich meats and gravies, too, can be made in a few minutes with Oxo Cubes. No measuring—no messing with sticky corks and bottles—just neat, dainty little Oxo Cubes. Each Cube the same in size—in strength—in flavour—each Cube containing the rich goodness of prime fresh beef obtained from our Oxo cattle; all cattle certified healthy.

Oxo Cubes add nutriment and relish to meat-pies, steams, hashes, boiled rice and mashed potatoes. Handy in a hundred ways and so cheap and good.

# OXO CUBES



### Is your bed comfortable?

THE answer is not found altogether in the fact of sleeping soundly. Many people sleep the whole night through without giving their minds and bodies the real rest that Nature intended they should have. It's largely a question of the kind of spring you sleep on. If the spring is not right, yours cannot be a comfortable bed. You may think it is. You probably won't realize how much you're missing in the way of true comfort until you try sleeping on a

Meanwhile, make this experiment.—To-night, try lying on your stomach for ten minutes before you go to sleep. If your head and feet are higher than your hips it means that your bed-spring sags in the centre, at a great many springs do. Sleeping on such a spring, is it any wonder you waken with that "tired feeling" in the morning?

Those who sleep on Banner Springs spend their nights in the natural level position that alone can insure proper blood circulation. The Banner is not only constructed on the right principle, but also built for wonderful permanence.

Your dealer should be able to show you the "Banner" Spring. If he cannot, write us.

### Banner Spiral Spring

THE ALASKA FEATHER & DOWN COMPANY LIMITED  
MONTREAL AND WINNIPEG.

### Rossini's Memory.

Rossini's memory was lacking in retentiveness, especially in respect to the names of persons who had been introduced to him. This forgetfulness was frequently a cause of amusement whenever Rossini was among company. One day he met Bishop, the English composer. Rossini knew the face well enough and at once greeted him. "Ah, my dear Mr.—" but the name escaped his memory, and to convince him that he had not forgotten him Rossini began whistling Bishop's glee, "When the Wind Blows," a compliment which "the English Mozart," as Bishop had been dubbed, recognized quite as readily as if his ecclesiastical surname had been mentioned.

### Where the King Sat.

English vergers no longer turn an honest shilling by admitting spectators to see royalty at church. But some years ago one in a certain country church thought of something even better. King Edward had been occupying one of the pews, and after seeing His Majesty depart the clergyman return to find a brisk business going on. The vergers had seen a way to assist the church restoration fund by charging loyal parishioners a few pence each for the privilege of sitting for a moment in the place still warmed with the royal presence, and he was astonished when the vicar summarily stopped the traffic.

### Antique Styles.

Masculine fashions are often perpetuated through the gradual acquisition of a gentleman's cast of clothes by his servants. A powdered footman of to-day wears the costume of a George II. dandy, and the present lord mayor's coachman is dressed exactly like a nobleman of the time of George III. A page boy, with his three rows of buttons, wears what was known in the early years of the nineteenth century as the Dutch skeleton suit, the fashionable wear for boys of the upper classes—London Standard.

### One To a Million.

A single province of India has 28,000,000 of inhabitants, for whom there are twenty-one foreign missionaries, or one missionary to each million of population.

### Split a Bottle with a Friend When the Day Comes to an End

### Regal

The cooling, thirst-quenching delight of tonic Regal Lager has no drawbacks, simply because



Spell it Backwards is perfectly brewed and perfectly ripened. Regal is lager at its best.

Remember to always ask for "Regal"—"the beverage that satisfies."

At all Dealers, Leading Hotels and Cafes. Jas. McParland, Regal Agent. The Hamilton Brewing Ass'n, Limited, Hamilton, Can.