

FEARED HE HAD CONSUMPTION

"Fruit-a-lives" Cured Him



HUGH MCKENNA, Esq.

St. Stephen, N.B., Jan. 17th, 1911.

"I wish to tell you of the great good 'Fruit-a-lives' have done for me. For years, I was a martyr to Chronic Constipation and Stomach Trouble. I was greatly run down and my friends feared I had Consumption. I tried numerous doctors and all kinds of medicines, but received no relief until advised to try 'Fruit-a-lives' by Mr. McCready of St. Stephen, and am pleased to say that I now enjoy excellent health. 'Fruit-a-lives' are the best medicine made, and I strongly advise my friends to use them."

HUGH MCKENNA.

"Fruit-a-lives" is the only medicine that will positively and completely cure Constipation. This wonderful compound of fruit juices acts directly on the liver, causing this organ to extract more bile from the blood, and to give up more bile to the bowels regularly and naturally.

50c a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

Tips For the Farmer

BY UNCLE JOHN

W. F. Stevens, Live-Stock Commissioner, Province of Alberta, Edmonton, Alberta, in the Dry-Farming Congress Bulletin, says:

As swine growing is the natural adjunct of dairying, so sheep is the natural accompaniment of extensive wheat farming. The ability to utilize and turn to account what would otherwise be waste products is the determining factor in each case.

The by-products of the wheat farm are weeds, volunteer grains and grasses, weed seeds, sprigged grain and straw. The first four, sheep will utilize to better advantage than will any other kind of live stock, and only beef cattle and horses will surpass sheep in turning wheat straw to account.

Another reason why sheep should appeal to the extensive wheat farmer is that once he has installed the proper equipment such as fences, open sheds and watering places, they interfere little with his field work. In fact, it is very doubtful if the extra work they occasion during the busy season is not more than offset by the labor they save on the summer fallow in the way of soil packing, weed eradication and the spreading of manure.

What is Needed.

A certain amount of technical knowledge regarding sheep, their habits, etc., is necessary to success, but the same is equally true of all classes of animals, and amateurs should acquire this knowledge with a small flock in order that their mistakes do not cost them too dearly.

The first step to be taken when embarking in the business of sheep raising is to enclose at least one field with a coyote-proof fence. Additional fields similarly enclosed should be provided as occasion requires, or one's means permit. An effective dog and coyote-proof fence can be made by using a woven wire fence four feet high and attached to the inside of the posts. A strand of barbed wire should be run along the surface of the ground, and another about six inches above the top of the woven wire fence. These should be attached to the outside of the posts. This arrangement makes burrowing under and vaulting over the fence from the outside very difficult. A woven wire fence 36 inches high with one strand of barbed wire above it is usually sufficient for inside or cross fencing.

Time to Sow Winter Wheat.

The question sometimes arises as to when is the best time to sow winter wheat. If it is sown too early it is subjected to the attacks of the Hessian fly, and on the other hand, if sowing is delayed too late the wheat will suffer from winter killing. It is practically impossible to estimate from which source the greatest damage is apt to come.

Taking it one year with another, it is better to play a little safe and plant the wheat early than it is to run the risk of the Hessian fly or the effects of winter killing. At the Ohio Experiment Station they found that the damage done to early sowing by the Hessian fly was greater than with the late sown, yet the final yield was in favor of the early sowing; or in other words, the Hessian fly was not so severe on the wheat as the effects of winter killing. After nine years of experimenting, the Ohio Experiment Station has found that about the 22nd of September is the best time to sow winter wheat. When that was sown three weeks earlier than this produced five bushels less, and wheat that was sown three weeks later yielded eight bushels less. Considering everything, the second and third weeks in September will be about the right time to sow winter wheat.

Manure as Top Dressing.

The following in the Service Bulletin will be of interest. It is given as a reply to an article dealing with the matter:

"You ask for information regarding the feasibility of applying manure as a top-dressing and its effects on crop production. There has been some discussion as to the advisability of top-dressing in some sections. This depends on the crop, and also on the soil, as well as on whether we are striving for immediate returns or a more lasting effect of the manure on the soil. If immediate returns, top-dressing is much better than plowing the manure under. Neglecting the fertility that would be lost by plowing, the ultimate returns of manure plowed under as compared with top-dressing would be practically the same. Where the manure is applied as a top-dressing the constantly recurring rains dissolve the soluble portions of the manure and carry it to within reach of the roots of the growing plant; while, on the other hand, if the manure is plowed under, the action is slower and the manure is usually not very thoroughly mixed with the soil; thus decaying goes on slower and the liberation of plant food is equally slow. Satisfactory results, however, cannot be obtained by top-dressing with a fork. When manure is spread with a fork, it is not pulverized thoroughly; therefore the larger chunks are liable to cover the growing plants and cause suffocation. As a general rule, attempts to top-dress cultivated land by using a fork has caused more damage than the manure did good.

Soils can be satisfactorily top-dressed by using a manure spreader. This is true because the manure spreader pulverizes the manure into fine particles and distributes it evenly. The fine particles fall lightly to the ground and do not interfere with plant growth, which is not the case when top-dressing is applied as in the pastures, meadows, in fact fields of growing corn can be top-dressed advantageously by using a spreader.

In discussing the question it is well to call attention to the fact that fresh manure gives better results than rotted manure. At the Maryland Experiment Station it was found that fresh manure yielded more than fifteen and five-tenths bushels more than rotted manure when applied as top-dressing. With wheat the difference was one and six-tenths bushels in favor of fresh manure."

Produce and Prices.

Kingston, Sept. 11.—Market clerk reports the prices prevailing as follows:

Potatoes, 20c a peck; fresh beans, 40c a bushel; cabbages, 50c a dozen; celery, 5c; lettuce, 5c a bunch; radishes, 5c a bunch; green onions, 5c a bunch; carrots, 5c a bunch; new beets, 5c a bunch; ripe tomatoes, 25c a peck; cucumbers, 25c a doz.; chickens, 10c; 12c; lb.; fowl, 10c; lb.; potatoes, \$1 a bag.

J. A. McFarlane, Brock street, reports grain and feed selling as follows:

Oats, 55c; local wheat, \$1.15 bush; red wheat, 85c; peas, \$1.10; yellow feed corn, 55c; bakers' flour, \$2.90 to \$3.10; farmers' flour, \$2.85 to \$3.10; Hungarian patent, \$3.10; oatmeal and rolled oats, \$3.50 per barrel; cornmeal, \$2 to \$2.25; bran, \$24 per ton; shorts, \$28 per ton; baled straw, \$10; loose hay, 10c; loose, \$17 to \$18; pressed hay, \$17 to \$18.

Meat—Beef, local, carcass, 9c to 10c; prime western, 11c to 12c; carcass; cuts, 10c to 20c; mutton, 10c to 15c; lamb, 14c; lb.; live hogs, 88c to 25c; dressed hogs, 12c; veal, 9c to 12c.

Butter—Butter, creamery, 20c to 22c; prints, 27c to 30c; rolls, 25c; eggs, 25c to 30c doz.

John McKay, Brock street, reports steadily declining, owing to poor quality and poor demand. We quote hides No. 1, trimmed, at 10c a lb.; No. 2 and bulls, 9c a lb.; sheep skins, fresh, 85c; deacons, \$1; veal skins, 14c per lb.; sheep skins same as hides; tallow rendering, 5c per lb.; wool, washed, 21c per lb.; wool, unwashed, 14c per lb.; ginsing, \$5 to \$6.50 per lb.; horse hides, No. 1, \$3.

Above prices are for No. 1 prime stock, blue pelts and unprime according to value.

The Dominion Fish company reports:

DRUNKENNESS CAN BE CURED.

Old Fallacy That Drunkenness Cannot be Cured Exploded.

Many men drink who desire to stop the habit. Whisky, however, has undetermined the constitution and created a craving that is not to be denied, and the man must have whisky or something that will remove the craving and build up the system and restore the nerves.

Samaria's Prescription stops the craving, steadies the nerves, builds up the general health and makes drink actually distasteful and nauseous. It is tasteless and odorless, and can be given with our without the patient's knowledge, in tea, coffee or food. It is used regularly by Physicians and Hospitals. It has cured thousands in Canada, and restored happiness to hundreds of homes.

Read what Mrs. G., of Hull, says of it and what it did for her: "It is four months to-day since I started to use your remedy. I followed the directions and had the best of results. One week after I started using your Remedy the patient stopped drinking, and has not drunk a glass of liquor since. I hope you will accept my heartfelt thanks. Hoping good will bless your remedy whenever tried."

I remain, ———, Hull, Que. (Name withheld by request.)

Now, if there is anyone in your town who needs this remedy tell them of it. Practical philanthropy can take no better form. If you have a husband, father, brother or friend who drinks, help them help themselves. Write today.

A FREE TRIAL PACKAGE of Samaria, with Booklet giving full particulars, directions, testimonials, price, etc., will be sent in a plain, sealed package to anyone mentioning this paper. Correspondence sacredly confidential. Write to-day, The Samaria Remedy Co., Dept. 7, 49 Colborne street, Toronto, Can.

Also for sale at J. B. McLeod's Drug Store, Kingston.



STEEL BEADS HAVE BECOME A MOST FASHIONABLE TRIMMING.

Cut steel trimmings have always been expensive—even when not at their periodical heights of favor. Now steel bead trimmings and steel beaded hats and chignons are excessively fashionable, and these rather stately effects are worn by even young women. The dinner gown pictured is part of an autumn trousseau, and is built of deep green velvet with an elaborate trimming of steel beaded passementerie and fringe. Touches of black mallons on the sleeve lend airiness to the rather heavy gown. Boots of black satin with cut steel buttons accompany the costume.

So, a qt.; cabbage, 50c a dozen; celery, 5c; lettuce, 5c a bunch; radishes, 5c a bunch; green onions, 5c a bunch; carrots, 5c a bunch; new beets, 5c a bunch; ripe tomatoes, 25c a peck; cucumbers, 25c a doz.; chickens, 10c; 12c; lb.; fowl, 10c; lb.; potatoes, \$1 a bag.

RETURN OF THE STUDENTS.

To Queen's University for the Commencement Session.

Queen's University will re-open on the 2nd of October, when the buildings on the old Ontario strand which have been "excepted" from lectures for the summer vacation, will again be the scenes of eager students, "drinking" from the lips of the learned lecturers. The freshmen of last year, will return to college with a more confident tread than twelve months ago. Proving, he has conquered the "bally" exam, he enters his sophomore year. He has been "rushed," bumped, etc., and is now beginning to realize something of the "beastly" nuisance of securing "a place" whereon to lay his head, and some one to prepare his "nourishment." Those who are not "stalled" before they come to this city, will meet with the usual disappointments, and no doubt, will be confronted, in most places with an increased rate per for his or her "board and keep." Now that the lady and gentlemen students can not "ride" in the same "abode" more living places must be "brought into being," it would seem. Citizens generally will be glad for the return of the students.

WORLD'S LARGEST CRATER.

Haleakala in Hawaii Has Outline of Twenty Miles.

The crater of Haleakala, in Hawaii, is said to be the largest extinct crater in the world, writes John Burroughs in the September Century. To follow all its outlines would lead one a distance of more than twenty miles, but it is so irregular in shape that one gets only a poor conception of its extent in a view from its brink. At its widest part it cannot be more than four or five miles across. It was evidently formed by the whole top of the mountain being blown out or else sunk down in recent geologic times. The fragments of the jagged rock that thickly strew the surface all about the summit look as if they might have fallen there. The floor of the interior of the crater is thickly studded with many minor craters, through which the internal fires found vent after vent. Crater as a whole had ceased to act. They are the shape of huge hay-stacks, with a hole in the top, and looked soft and yielding in outline, and in color as though they were composed of soot and brick-dust. One of them is much larger than any of the rest. I thought it might be two hundred feet high. "It is eight hundred," said our guide, yet its summit was more than a thousand feet below the rim upon which we sat.

A new gate system, for the more convenient operation of its terminal facilities, has been instituted by the Grand Trunk railway in its new central station at Ottawa. This system, though in use for many years in Europe, is yet found in relatively few

Why doesn't she take

NA-DRU-CO Headache Wafers

They stop a headache promptly, yet do not contain any of the dangerous drugs common in headache tablets. Ask your Druggist about them. 25c a box.

NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED, 122

10c Cakes

MOTT'S "Elite" Chocolate

10c Cakes

For Cooking and Drinking, also for Cakeicing and Making Fudge.

Every Eddy Match is a Sure, Safe Match

It is made of first quality materials by skilled workmen and mechanically perfect machines, and carries with it the Eddy guarantee that it's a sure light.

ALWAYS make sure you are well supplied with Eddy's matches because "If you're sure they're Eddy's, you're sure they're right."

EDDY'S matches are always full M.M. count—good dealers everywhere keep them.

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Gas Stoves and Ranges, Coal Oil Stoves and Ovens, Refrigerators, Ice-Cream Freezers, Screen Doors, Window Screens, Garden Hose and Sprinklers, Lawn Mowers, Etc.

—AGENTS FOR—

The Celebrated "Brownlow" Filter and Water Cooler.

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Is Your Skin Tender?

The soothing purity of Vaseline Cold Cream makes it invaluable for delicate complexions.

Vaseline Cold Cream

Unlike other cold creams, it never becomes rancid. It is especially beneficial when rubbed in gently before and after motoring or driving, protecting the face from the roughening effects of dust and wind.

In order to avoid impure substitutes, always ask for Vaseline Cold Cream, and insist on getting it in the original packages bearing the Cheesbrough Manufacturing Company's name.

Put up in porcelain jars and tubes. For sale in all the leading drug stores.

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For Sale Everywhere

THE ROCK CITY TOBACCO CO. LTD. QUEBEC

TRAVELLING.

GRAND TRUNK RAILWAY SYSTEM

ANNUAL WESTERN EXCURSIONS.

Sept. 12th, 13th and 14th, Detroit, \$12; Port Huron, \$10.50; Chicago, \$17.80; Saginaw, \$12.80; Bay City, \$12.90; Grand Rapids, \$14.75; Cleveland, \$10.45; St. Paul or Minneapolis, \$33.80. Tickets good returning until Sept. 30th.

DOMINION EXHIBITION,

Ottawa, Ont., Sept. 6th to 16th. Sept. 4th to 16th, Inclusive. Fare \$3.70, except Sept. 10th, 12th and 13th, the fare is \$2.75. All tickets good to return until Sept. 17th.

WESTERN FAIR,

London, Ont., Sept. 6th to 14th. Sept. 6th to 14th, Inclusive, fare is \$3.30, except Sept. 10th, 12th and 13th, the fare is \$2.80. All tickets good to return until Sept. 16th. For full particulars apply to J. P. HANLEY, C.P. and T.A., Corner Johnson and Ontario Sts.

Kingston and Pembroke RAILWAY

IN CONNECTION WITH CANADIAN PACIFIC RAILWAY

Dominion Exhibition, Ottawa, Ont.

Sept. 10th, 12th, 13th, 14th, 15th, 16th, 17th, 18th, 19th, 20th, 21st, 22nd, 23rd, 24th, 25th, 26th, 27th, 28th, 29th, 30th.

Return limit Sept. 17

Renfrew Fair,

Sept. 18th, 19th and 20th.

SINGLE FARE.

Good going Sept. 18th and 19th, and 20th. Return limit Sept. 21st.

Parham Fair,

Sept. 19th and 20th.

SINGLE FARE ROUND TRIP.

Good going 19th and 20th, good to return 21st September.

Full particulars at K. & P. and C. P.R. Ticket Office, Ontario Street.

F. CONWAY, Gen. Pass. Agent.

R & O STEAMERS

"Kingston" and "Toronto"

Leave Kingston daily except Monday Eastbound, 5.30 a.m. Westbound, 5.00 p.m.

ROCHESTER INDUSTRIAL EXPOSITION

SEPT. 14th-28th.

Round Trip Tickets will be issued at \$3.75

Going Sept. 13th, 17th, 20th and 24th. Good to return until Sept. 25th.

J. P. HANLEY, Agent, Corner Johnson and Ontario Sts. H. POSTER CHAFFER, A.G.P.A., TORONTO.

LAKE ONTARIO & BAY OF QUINTE STEAMBOAT CO. LIMITED

BAY OF QUINTE ROUTE.

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Leaves Kingston daily, except Sunday, at 3 p.m. for Picton and intermediate Bay of Quinte ports, calling at Deseronto, Northport and Belleville on Tuesdays, Thursdays and Saturdays.

Freight handled with despatch and care at reasonable rates.

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CANADIAN PACIFIC EMPRESSES

Length, 570 feet Breadth, 67 1/2 feet Tonnage, 14,000

Wireless and Radiophone Signals

HOLD ALL RECORDS BETWEEN CANADA AND LIVERPOOL

Lake Manitoba Sept. 14
Empress of Britain Sept. 20
Empress of Ireland Oct. 4
Lake Champlain Oct. 7
Lake Manitoba Oct. 12
Empress of Britain Oct. 18
Empress of Ireland Nov. 13

Tickets and all information from any steamship agent, or F. CONWAY, G.P.A., K. & P.R., Kingston, Ont.

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See Egypt, the Pyramids, the Nile, the Holy Land. A delightful cruise on the palatial

S. S. CINCINNATI

12,000 TONS

Equipped with every luxury of the best modern hotels

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80 DAYS \$325 AND UP

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The Baking Powder With a Purpose

Has been for over fifty years the only pure grain cream of tartar baking powder selling at a moderate price. There is no alum in it. You can pay more but you cannot buy better.

All Grocers Sell It

See Open Top Tub Room to Work

See How the Winger is Attached

MAXWELL'S HIGH SPEED CHAMPION

The Winger Head extends from the side, out of the way of the crew, so that the whole top of the tub is open. No other motor has so large an opening. No other motor can be worked with such freedom of side and top.

Do you use Maxwell's "Favorite" — the chere that makes quality better? Write us for catalogue if your dealer does not have one.

DAVID MAXWELL & SONS, ST. MARK'S, Ont.

Terrible Itching Got Little Sleep

Unit Cuticura Remedies Cured Him

These who have suffered long and hopelessly from irritating skin eruptions will read with interest this letter from Mr. T. Williams, 115 Pacific Ave., Winnipeg (dated Jan. 14, 1911): "The Cuticura Remedies certainly did work for me, and I am thankful that there is such a remedy, and that I tried it. About three months ago a terrible itching commenced on my body. I could not understand it. It gradually grew worse and covered a large portion of my body. There was also a slight eruption of the skin, sort of a rash. I suffered greatly with the itching and at night time I had little sleep. I tried one or two remedies which did me good, and then I tried Cuticura Soap, Ointment and Resolvent. In about ten days I was completely cured."

For more than a generation the Cuticura Remedies have afforded the speediest and most economical treatment for itching, burning, scaly and bleeding skin and scalp. Zoster, of young and old. Sold by druggists and dealers everywhere. For a liberal sample of Cuticura Soap and Ointment, with 32-p. book on the care of the skin and treatment of its affections, send a postal to the Potter Drug & Chem. Corp., 505 Grand St., New York City, U.S.A.