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brought on by excesses, unnatural drains, or the folies of youth, that has cored so many worn and nervous men right in their own homes—without any additional help or medicine—that I think every man who wishes to the teeth, and the majority carried regain his manly power and virility, quickly and quietly, should have a copy. So I have determined to send a copy of the prescription free of charge, in a plain, ordinary sealed envelope to any man who will write me for it. This prescription comes from a physician who has made a special study of men and I am convinced it is the surest-acting combination for the cure of deficient manhood and nem a copy fa confidence so that any man nywhere who is weak and discouraged with or. A. E. Robinson, 3838 Luck Building Detroit, Mich., and I will send you a copy of this splendid recipe in a plain ordinary envelope free of cha.ge. A great many doctors would charge \$3.00 to \$0.00 for merely writing out a prescription like this — but I send in



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About All That Now Remain of the Original Cossacks.

CODE OF THE FIRST TRIBES.

One Class Lived in the Villages, the Other In a Sort of Monastery, and All Were Free Warriors, Self Appointed

Guardians of the People. Wherever Russia has a fight on hand here bobs up promptly to do her bidding the Cossack. This right arm of the czar has not the best of reputations. Illustrated papers picture him a savage scarecrow mounted on a wiry looking animal, and his chief occupation is apparently the knifing and knouting of harmless people. Yet be

comes of good stock. Once upon a time there drifted into southwest Russia a tribe of runaways who called themselves "Kossaki," which is Tartar for free men, free warriors or guardians. Seemingly they lived up to the name. They protected from the Tartars the peoples in the countries which they originally had fed from and saved thousands of Russian women and children from slavery in Turkey. Growing in numbers and importance, these self appointed guardian angels became everywhere feared and respected. Their military services especially were in request. Any nation appealed to the Kossaki code of honor. The tribe had gradually resolved itself into two classes—the village Kossaki, who lived to their own settlements all over southern Russia, and the inhabitants of the "Setch beyond the rapids." The former had the advantage over other country folk, as neighboring governments were too afraid to tax them. Between wars, to which the call came from the Setch, the village Kossaki tilled the land. Of an altogether different character was the organization of this Setch, a community of about 12,000 men with permanent beadquarters in a movable settlement (the exact location was changed eight times in two centuries), usually on an unapproachable island on the lower course of the Duleper. The Turks once tried to rush the place, but got caught in the maze of islands

The Setch in one respect resembled a monastery. No woman was allowed inside it. A man might not even bring his mother or his sister. If he did he was banged. Here, eager to lead the tree and simple life among their equals, came all sorts and conditions of men. Indeed, owing to the inw enjoining celibacy, the colony depended for its numbers on newcomers, although the village Kossaki contributed recruits. Any one could join, as rank and riches were despised, and all he had to do was to submit to laws as follows: Chastity, the orthodox creed, allegiance to Russia and the south Russian dialect. No reference or inconvenient questions of his past were asked of the intending Kossak. He simply went to the elected chief and, after a brief greeting, was shown to his place in one of the "kureni," or big huts. "Here is thy bome, three paces long and two paces wide, and when thou shalt die we will make it

like rats in a trap.

They had good times, though, in the Setch. There were no maneuvers, no organized training, no compulsory drill. Men lay or slept in the leveled spaces between buts, enjoying, gypsy fashion, the freedom of the open air. Drink was plentiful and also tobacco. Great songs were sung, and there was much playing of stringed instruments. Throughout the place a spirit of good comradeship prevailed. A popular pastime was dancing, no easy

task in cumbersome high boots. Costumes were of a picturesque variety. The Kossak wore a mustache and on debility, lack of vigor, weakened the crown of his head a lonesome wisp failing memory and lame back, of help both being worn long to enof hair, both being worn long to en-"nagaikas" (whips which are still

> in wartime things were different To drink was a crime. Food, always plain, consisted of rations of uncooked horseflesh. Military organization was by election of leaders, one to every 100 men, with a colonel in command of a regiment. These officers had absolute power, but authority for only one campaign. Such war spells were of frequent occurrence, so much so that the fighting business led to the extinction of the tribe. Peter the Great laid waste the Setch. Mazeppa made himself unpleasant. The Setch was again bombarded and ruined when its inhabitants became, some of them, plowmen, while others were shipped to the orient. True, there was a brief reappearance of the Setch, but under different auspices and nothing like in old times. Finally the Kossaki lands were confiscated, and the tribe and its institutions gave place to serfdom and the creation of a new nobility. The Cossack of today inherits little of the old traditions but the name and the whip.-Harper's Weekly.

> This Life. Life is made up not of great sacriices or duties, but of little things, in which smiles and kindness and small obligations given babitually are what win the heart and secure comfort-Eir H. Davy.

Nobody can help being born stupid, but anybody can belp becoming stupider than he was born.-Lady Helen

A Lively World.

Wouldn't it be better to pay a little New York World. more to have a regular hangman who No president ever took more pains and mucous surfaces of the system. like that, already. knew his business than to encourage than Mr. Taft in selecting his cabinet, Testimonials sent free Price 75 cents amateur competition for the gruesome and no president ever had more trou- Take Hall's Family Pills for consti-

A Cramp In the Toe May Indicate a Disordered Stomach. Pain sometimes behaves in a curious fashion. There was a soldier in London after the Boer war who complain-

ed of excruciating neuralgic pains in bis right foot This very much amused his friends, for he had lost his right leg, and both ieg and foot were long buried near

Ladysmith, The explanation was that the pain nappened to be in the trunks of those perves which had sent branches to the foot: Sometimes a patient comes to a doctor complaining of pain in the knee, and he is greatly surprised when the doctor tells him that the site of the affection is not the knee, but the hip. We are all familiar with the pain under the shoulder blade which comes from an afflicted liver,

The stomach, too, can produce pain in many parts of the body. A disordered stomach will give us pain as far away as the bead, and when one gets a eramp in his toe it is often due to acidity of the stomach. Swallow a pinch of soda and the cramp will disappear. An aching tooth will produce neuralgic pains in the face, and very often a violent pain at the back of the head is due to the faraway kidneys, which themselves may suffer no pain at the

FEAST OF THE VULTURES. Magio of a Tiger's Carcass In the Open

Air In India. The vulture is seen at its best when a dead tiger, brought into camp to be skinned, is exposed in the open. Over head is a cloudless sky and not a bird to be seen in that great void by the

The tiger's body is thrown from the pad to the ground, and before the skin has been removed there above one and always nearing the earth are the vultures circling, polsing like things of air, now a dozen of them, in a few minutes a score or two and then a hundred strong. Then, when the flaved carcass of the tiger is left by those who skinned it, the vultures de-

Down they come like feathered thunder out of the sky, and from east and west and north and south, the very embodiment of power while they whiri aloft and in their quick descent to earth, and now, as they waddle around that carrion beast, misshapen ghouls, whose only apparent strength is that of the ravening jaws which tear and gorge the tiger's flesh until within the hour naught of that spiendid brute remains but a clean picked skeleton. - Sir Edward Bradden's "Thirty Years of Shikar."

Followed Suit.

This curious incident comes from Subr. Switzerland: An inspector of schools, without any previous warning, visited the viliage school and found the elderly teacher asleep at his desk and the children departed, having apparently taken French leave. To give the teacher a great surprise and a bad quarter of an hour the inspector decided to wait until he awoke and seated himself on a bench in front of the culprit. The hours passed, and the inspector himself went to sleep. The teacher, on awakening and seeing who was sleeping before him, quietly left the school for home. Without entering the schoolroom the concierge locked up the school and the slumbering inspector. Several bours later the concierge heard a great noise and, arming himself, opened the door and was greatly surprised to find the angry inspector before him.

Three Million Wires to an Inch.

Gold has been hammered out to thin sheets whose thinness is beyond imagination, so thin a pile one inch high would doubtless contain 300,000 if all boundary. It is proposed to construct Scouts must all be over twelve years were as thin as the thinnest one. But both dams of solid concrete masonry a platinum wire has been drawn to a diameter so minute that 3,000,000 side by side would occupy one inch. The method was to surround platinum with silver and draw the mass into finer and finer wire. Then the silver coating was dissolved off with nitric acid, leaving the excessively thin, insoluble thread of platinum. Particles of gold have been seen in the new ultra violet light, dark ground reflecting microscopes so small that a row containing 250,000 would be one inch long. And there are animals as small.-New York American.

And He Lasted Sixty Years. Roger Crab, the bermit and astrologer, almost solved the problem of how to live without eating. About 1641 be began to restrict nimself to a vegetarian diet, avoiding even butter and cheese. From roots he got to a vegetarian diet of broth, thickened with bran, and pudding made of bran and turnip leaves chopped together, and be finally resorted to dock leaves and grass. He drank nothing but water and lived for hearly forty years on 3 farthings a week. He died in London in 1680 in his sixtleth year.

The Soft Answer. A couple of neighbors were leaning over the back fence. "My busband says he always does better work when thinking of me."

"I notice he made a very good jo of beating the carpets." And then the tomcat had a fit-Louisville Courier-Journal.

What Her Mother Is. Helen-My mother's a Presbyterian. What's yours, Mary? Mary - Mine? Oh, let me see. Mine is a Methodist. What is yours, Bella? Bella-My mother pever told me, but I beard ber tell her triend that she was a dyspeptic .-

Pains and Trouble

ble for his pains.



CONTRAST OF POLICE CHIEFS.

Here is a unique photograph from the convention of police chiefs now meeting in Toronto. From left to right-Chief Thomas McQuaide, a little police chief from a big city. He stands five feet four or so in his socks; Chief Carney, of Louisville, Kentucky, and the biggest man is Chief Commissioner O'Leary, of Elizabeth, N.J.-height, six feet three, weight about three hundred pounds, a big chief from a small city

THE ST. LAWRENCE AT LONG SAULT RAPIDS

Have Been Completed-Objections the Damming - Engineers' Plans Provide for Improving of Navigation.

Brockville, Ont., July 12 .- New and dustries and will be of great advanmproved plans for the damming of tage to those already established. The the St. Lawrence at the Long Sault | work will require the expenditure in lear Cornwall, which have been in objections raised by the Canadian tradesmen and workmen. It is imnd United States, governments, have possible to estimate the amount practically been completed. These which will be expended in Canada diplans have been most carefully preared by a corps of engineers and evry effort has been made to overcome amount required for the construction very obstacle placed in the construction of this huge work. The principal bjections advanced against the Long of the St. Lawrence would be affect ed; that riparian rights would be dis regarded and lands flooded: that ice conditions might become hazardous and even dangerous; that the Corn- channels will be substantialy lessenwall canal would lose its integrity that the scenic beauty of the rive would be ruined, and that Canada could not receive a fair share of the livision of the water power. The enineers, in drawing up the new plans ave paid particular attention to thes oints and they are of the opinion that every argument previously used against the Long Sault has been sucessfully met. Finally it is proposed and the engineers suggest this point, o satisfied are they that their plans annot be objected to, that the engi neering departments of both the Can-

The new plans call for a dam for onvenience called the "upper dam" between the western end of Barnhart Island and the eastern end of Long the "lower dam" is proposed between the easterly end of Barnhart Island and of the gravity type. At the north easterly end of the lower dam a large power house would be built between the dam and the Canadian shore. This adian territory and will be large will be made available at this point funds for the August camp. by the construction of the dam. The Development Company propose . to dropped work for the summer. This construct a power house and lock is a pity, as summer is the time for across the South Sault channel be- work tween the foot of Long Sault Island The nature of the river channel is year we want to have a bigger and such, it is said, that no loss of life better camp than ever before.

line of passenger boats which make a litself in putting out a fire recently. daily trip down stream during the will encamp at Brophy's also, was raised to the dams on the ground city. the dams will afford the opportunity for tourists to pass through the highest lift mastimry lock in the world and to see the two longest spill-way dams that have ever been built with water several feet deep passing over the crest and falling about forty feet. uch attractions will, it is contended,

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We the undersigned, have known F you know what I'm going to give you Chency for the last 15 years, and for your birthday? usiness transactions and financially able to carry out any obligations made "A nice new china shaving mug, y mis larin.

WALDING, KINNAN & MARVIN, the little maid. Wholesale Druggists, Toledo, O. ally, acting directly upon the blood

more than offset a trip through the Long Sault. Putting it briefly, the dvantages to the general public which would accrue from damming the St. Lawrence at the Long Sault eccording to the present plans, may be summarized as follows:

The construction of such works in anada would afford abundant reliable and cheap power to all districts within the radius of the transmission of electricity from the power houses. This power will create many new in-Canada of over \$5,000,000, which will be distributed among Canadian transportation companies, manufacturers, rectly or indirectly consequent upon sion lines, etc., will run into the millions. The power for the entire development will be used almost exd: the South Sault lock will dupli cate the means now afforded by the portation caused by accident. The South lock will enable hoats passing round trip in approximately four and The South Sault lock will be toll free to both Canadian and United States 1

In drawing up these plans the engineers have every had before them the feeling that everybody concerned must be satisfied, and any desire to resources must be strictly eliminated

## WITH THE BOY SCOUTS

On Tuesday, July 16th, at 7.30 p.m., all St. George's scouts who intend going to the cadet camp on July 17th, will meet at St. George's hall.

By the Scout Watchman. St. George's A.Y.P.A. is going to run an excursion to Clayton on July power house will be entirely in Can- 25, and have very kindly offered a commission of 10c, on every ticket sold enough to utilize all the water that by scouts. This is to aid in raising Sydenham St. troop seems to have

Scouts, alert! As camp-time draws and the main shore. At the eastern near and funds are, alas, too scarce, end of Barnhart Island there will be it is high time to begin working to get one, and possibly two, power houses some. If scouts sell as many tickets and to excavate a head race leading as they can for that excursion, they from the forebay immediately above will get the money. Last year's camp the lower dam to these power houses, cost over a hundred dollars, and this

or damage to property would follow! This year's camp will be the largest failure of the dams. Examinations held yet at Brophy's Point. Besides and borings with diamond and churn the second troops, the third troop will drills have shown that all important attend. Gananogue will be well remasonry structures will rest on a presented, while several of the sixth Westmount (Montreal) troop are The promoters point out that the coming up. It is very likely that the Long Sault is navigated by a single Newburgh troop that so distinguished

There has been some talk of estabpublic hearing in Montreal objection lishing a troop of Girl Guides in the When the scout movement that the obliteration of these rapids started, the girls wanted to be scouts would greatly decrease the number of in their brothers' patrols, but their tourist passengers. It is held that mothers objected. Then the Girl Scout head, was started, but its name was soon changed to Girl Guides. In the United States the Girl Guides are alled the "Camp-Fire Girls." We do not like this name as well as the Engish use. True, it speaks of the joys of camping, but it fails to express the dea of helpfulness in the word

(No Scout Column Next Week.)

Artful Little Maid. The little maid gazed thoughtfully CHENEY & CO. Toledo, O at her father. "Papa," he said, "do "No, dear," he answered, "Tell me. with gold flowers all around,"

> "But, my dear," explained her mother, 'papa has a nice one, just "No, he hasn't," the little daughter just dropped it ! - Newark Star.

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