

CHRONIC CATARRH NOSE AND THROAT

"At the Advice of Friends I Tried Peruna and the Results Have Been Highly Satisfactory."—So Writes Mr. Pilon.



MR. RAOUL PILON, 116 Rue Notre Dame, Lachine, P. Q., Can., writes: "I write you a few words to express to you my satisfaction at being cured. I was afflicted with catarrh of the throat and nose and suffered much. I was greatly discouraged. I had a bad breath and a bad taste in my mouth in the morning. "I took treatment for some time without obtaining relief. At the advice of friends I tried the Peruna and the results have been highly satisfactory. At the end of four months I was completely cured. "Neglected catarrh becomes chronic. Having developed into the chronic stage, a longer and more persistent treatment will be required to cure it than if the disease were treated at the onset. However, Peruna generally brings relief, whether the catarrh is acute or chronic. If you are wise you will keep Peruna on hand and take a few doses at the first appearance of a cold or cough, and thus perhaps save yourself both suffering and expense. Peruna is recognized the world over as a standard remedy for catarrh. A multitude of people have been benefited by it.

Thomas Copley Telephone 987

From a card to 19 Pine Street when writing for bottles in the Dominion line. Estimates given on all kinds of repairs and work. Also Harwood Floors of all kinds. All orders will receive prompt attention. Show 46 Queen Street.

Gentle and Sure

You, also, should give approval to this efficient family remedy—your bowels will be regulated so surely and safely; your liver stimulated; your digestion so improved by BEECHAM'S PILLS

Sold everywhere. In boxes, 25c.



\$3.50 Recipe Free For Weak Men

Send Name and Address Today—You Can Have It Free and Be Strong and Vigorous.

I have in my possession a prescription for nervous debility, lack of vigor, weakened manhood, falling memory and aching head, brought on by excess, unregular diet, or the fall of youth, that has cured so many weak and nervous men, right in their own homes—without any additional help or medicine—that I think every man who wishes to regain his manly vigor and vitality, quickly and quietly, should have a copy. So I have determined to send a copy of the prescription free of charge, in a plain ordinary sealed envelope to any man who will write me for it. This prescription comes from a physician who has made a special study of men and I am convinced it is the surest-acting combination for the cure of deficient manhood and vigor I have ever put together. I think I owe it to my fellow men to send them a copy in confidence so that any man anywhere who is weak and discouraged with repeated failures may stop dragging himself with painful patient medicine, secure what I believe is the most powerful restorative, unobscured, SPONTANEOUSLY remedied, and do not add to his misery by using any other medicine. I have a great many doctors' prescriptions, but I have never seen one so good as this. A great many doctors would charge \$5.00 for merely writing out a prescription, like this, and I had I would not do so.

Tips For the Farmer

BY USCLE JOHN.

Care of the Chicks.

The beginning of the season is a busy time for the poultryman, and a period of unusual bustle and activity. To many fanciers, as well as utility breeders, the actual commencement of the hatching season has come, and to all it brings the reminder that it is high time to get about preparing for it. The breeding pens have long since been mated up, with anxious care, the strain decided on, the eggs garnered, and often even the incubators ready to yield their chirping harvest, before a thought is given to the brooders or coops. Then perhaps it is remembered that these have never been touched since they were packed away in some cellar or barn at the close of last season, dirty, unpainted, and with lice-laden feathers in their crevices. Dry leathers alone are sufficient to nourish a colony of poultry lice for many weeks. The cleaning and renovating of the brooders and coops are, therefore, duties that should on no account be overlooked or put off until the last moment, for unless there is thoroughness here rearing is sure to be attended with disappointment and losses. Brooders should be carefully looked over, their woodwork examined for defects from warping, hot-water tanks and lamps tested for leakage, and old curtains or any materials likely to harbor the agent of lice removed and replaced by new ones. Wooden floors must be thoroughly scraped and brushed over with hot lime wash, and all interior woodwork washed or sprayed with a solution made by steeping half a pound of fresh quassia chips in a gallon of boiling water for one hour, afterwards straining off and adding half a pound of soft soap. This solution can also be used for cleansing chicken coops previous to limewashing them. After both coops and brooders have been dried and opened up to sunlight for a couple of days, the outside can be painted when necessary. A word of warning will not be out of place as regards some preservative paints now being largely advertised. If any of these are used, care must be taken to expose the newly-painted coops to the open air for some days before occupying them, and in the painting of foster-mothers, one cannot be too cautious in the choice of the preparation; indeed, it is always wise to run a newly-painted brooder for several hours with the lamp going in order to drive off any fumes caused by the warming of the wood.

Next Year's Seed.

This is the time for the farmer to be on the lookout for next year's seed. Like usually yields like, and for that reason the field with the most vigorously growing plants should be selected with a view to next year's seed. This field should be carefully spudded of all weeds. This is not a job that should be rushed over, but one that is done with the extreme of deliberateness. As soon as the grain is in head it is important to go over it to pick out all other grain heads than those of the seed wanted. It is astonishing how few fields are seen of even relatively pure grain. Barley has a way of intruding upon the outfield and the fall wheat field. It is important that every stray head should be hand-picked, as a very few heads remaining in a field, designed for seed purposes will multiply even in one season at an astounding rate. This is no better time for separating the intruding seed than the season when the field is in head. No machinery can do this separating quite so well as the farmer himself. Care and patience and a great deal of perseverance are required for this process, but the reward is great. The better portions of the field should be carefully noted and when harvesting is being done these portions should be set aside in the barn in order that the grain may be given special quarters. The special work of this season of the year is the noting of the particularly vigorous portions of the field, clearing these of weeds and plucking out all other grain than that required for seed, and making special provision for keeping the portion of the crop to be devoted to seed by itself.

Some Timely Tips.

Clean and thoroughly air the stable before milking; in hot weather, sprinkle the floor. The farmer who has a farm which is fairly level and laid out in long fields can plow the fields and seed them with a traction engine cheaper than with horse power. Do not move cows faster than a walk while on the way to place of milking or feeding. Look carefully after cows that have just calved. Keep them away from drafts and take the chill off the drinking water for a few days. It has been said that a good horse is never a bad color, and the saying bears a certain degree of truth, for if the animal possesses the desired quality, conformation, style and action, these eliminate the undesirable color. Selection to a certain extent. Cross-breeding is seldom advisable in horse-raising. An indifferent sort of middle horse is almost sure to result. The market has little demand for go-betweeners. A draft horse or a light horse of good breeding and conformation is sure of a ready sale at a good price. A young bull should not be allowed to run in the yards or pasture with the cows. A critical period in the sire's life is between the ages of nine and twelve months, or just when he is developing from the calf to the "bull" state. Selection is the best thing for him, but not without exercise. Give him a good-sized box stall, and allow



NEAT COUNTRY RIDING TOGS OF KHAKI.

It is almost impossible to hurt the sturdy khaki cloth. Neither rain, dust nor briars make any impression on it, and it is especially satisfactory for the riding habit to be worn in the mountains. This khaki habit has as clever lines as the most expensive headstitch model, and it is made very smart by the trim riding sailor, fastened on with an elastic, the riding boots of tan calf, and the white flannel gloves. Under the khaki coat is worn a white silk riding shirt.

him to run by himself in the yards or paddocks each day. He must have all the exercise possible, as inactivity will destroy his potency.

Notes of Interest.

During the ten years ending with 1910 the population of the United States increased by twenty-one per cent., while the production of cereals increased by less than one and three-quarter per cent. in the same time. No wonder the price of cereals increased eighty per cent. in the same period. During the work of this spring the horses on Hoard's Dairyman farm were fed from five to eight pounds of alfalfa hay a day, and they were never, says Hoard's, in finer tone and health. Hoard's expresses the opinion that it would pay farmers to mix at least thirty per cent. of alfalfa with the hay fed to horses. I cannot speak too highly of your wonderful remedy. You may use my name in any way you wish in your publication. I, Lilywhite, Bridgeton, Ontario.

A member of the New York Produce Exchange recently stated that more States to-day in the manufacture of liquors than was grown in the country twenty years ago. Another authority states that fifteen per cent. of the American corn crop is used in the manufacture of breakfast foods. E. J. Chamberlain, president of the Grand Trunk railway and Grand Trunk Pacific, has estimated that the G.T.P. will probably haul 30,000,000 bushels of grain out of the prairie provinces this year. Last year 18,000,000 bushels were brought out, thus indicating a very considerable increase.

HEAVY DRINKER CURED.

Samaria Cured Him and He Helps Others. A man who has been released from the awful ravages of drink, and whose first thought is to help other, shows the spirit of true brotherhood and philanthropy. Read his letter: "The Samaria Remedy Co., Toronto, Ont.: Will you please send me book on druggals, and a craving for drink, which I wish to hand these to a friend who is going to rain through drink. You will remember that I have taken your remedy, and I find it all you claim it to be. I never think of taking or using strong drink in any way, as all I desire for it has left me. I cannot speak too highly of your wonderful remedy. You may use my name in any way you wish in your publication. I, Lilywhite, Bridgeton, Ontario."

Samaria Prescription is tasteless and odorless, and dissolves instantly in tea or coffee, or can be mixed with food. It can be given with or without the patient's knowledge. It removes the craving for drink, builds up the system and restores the nerves. Drink becomes distasteful and even nauseous. Drink is a disease, not a crime. One's drink of whiskey always invites another. The inflamed nerves and stomach create a craving that must either be satisfied by more whiskey or removed by scientific treatment like Samaria Prescription. Samaria Prescription has been in regular and successful use by physicians and hospitals for over ten years.

If you know of any family needing Samaria Prescription, tell them about it. If you have a husband, father or friend that is drifting into drink, help him save himself. Write to-day. A FREE TRIAL PACKAGE of Samaria Prescription, with booklet, giving full particulars, testimonials, price, etc., will be sent absolutely free and postpaid in plain sealed package to anyone asking for it and mentioning this paper. Correspondence sacredly confidential. Write to-day. The Samaria Remedy Co., Dept. 7, 49 Colborne street, Toronto, Canada. Also for sale at Jas. B. McLeod's Drug Store, Kingston.

Record of Hens. W. J. Dougan, of New Jersey, has kept a twelve months' record of two lots of hens, ten in each, one Leghorn and the other Wyandotte. The Leghorns in the twelve months ending with March last laid 1,121 eggs, a shade over 112 eggs per hen. The Wyandottes laid 912 eggs, or 117.6 per hen. The cost of food in the case of the Leghorns was \$11.18, or one cent per egg. The food cost in the case of the Wyandottes was \$12.25, or 1.04c per egg.

There is nothing particularly important in the producing end of this statement, plenty of producers have made better records. But Mr. Dougan is an excellent seller. The eggs sold by him brought 45c per dozen. Mr. Dougan also made a great record from young stock produced by these two flocks. Pullets hatched from the Wyandottes laid 912 eggs before the year ended, and pullets from the Leghorns 2,067. In all these cases the Leghorns came out ahead. The mature flocks of Leghorns, while producing slightly fewer eggs than the Wyandottes, produced at less cost per egg, and the Leghorn pullets, hatched in the year far exceeded the Wyandottes in that year's laying.

Holsteins For Canada. From Townsend Dairy. It will interest readers to know that we have recently placed at the head of some of our Canadian herds of Holstein Friesian cattle some of the best bred young bulls we have ever sold, and I believe several of these are worthy of mention on the borders of Ontario as they know where to go right near home to secure breeding along the same line that has produced the greatest animals of the breed to-day. One of these young bulls was recently purchased by J. Taylor and Sons, of Scotland. These gentlemen paid us a visit, and after looking over the herd selected for their use a son of Pontiac Korndyke, out of a daughter of the same bull, giving this young sire that selected seventy-five per cent. of the breeding of Pontiac Korndyke, or the same breeding exactly that produced Pontiac Lady Korndyke, the cow we have recently made the world's seven and thirty-day record on, she having made 38.02 pounds butter in seven days, and 156.32 pounds in thirty days. When we look over the "Blue Book" and see what the sons of Pontiac Korndyke are doing as sires we cannot help but congratulate Messrs. Taylor on the acquisition of such a

To Keep Kitchen Sinks Clean

and sanitary is a problem that Comfort Lye solves very simply. Comfort Lye melts dirt and cuts grease without disagreeable scouring or scrubbing. "Makes dirt run" so that water carries it away.

COMFORT LYE

"MAKES DIRT RUN"

cleanses and disinfects the drain-pipes, too. Dissolves the accumulated dirt and grease so that it is washed away with the water. Thus insures perfect sanitation. Comfort Lye has other important uses that make it indispensable to every cleanly housewife.

Large can, with improved, air-tight, pry-open cover. Get it from your grocer to-day. 10c.

SAVE THE LABELS. Comfort Lye labels count the same as three Comfort Soap wrappers toward valuable premiums, including rings, bracelets, watches, silverware, books, etc. Ask your grocer for free premium catalogue, or write COMFORT SOAP COMPANY, TORONTO.

Your Sink Pipes Get Clogged with dirt and grease. Only way to get at them, dirt, dissolve it, and get rid of it, is to squirt a little Comfort Lye over the holes. Wash it down with very little water. Give it a chance to "work" a few minutes, then turn on the tap. Dirt is washed away. Pipes are clean as eggs.

MANY OTHER IMPORTANT USES

Imported Beers have had their day. Canada is ours, and O'Keefe's Pilsener Lager is Canada's.

O'Keefe's Pilsener Lager

The Light Beer in the Light Bottle

Every Genuine Bottle of O'Keefe's Pilsener Lager is sealed with this Stopper.

E. BEAUPRE, Local Distributor, Phone 313

splendid bred young bull to place at the head of their already noted herd. Another splendid young bull that we have recently sent into Ontario is a son of our Sir Johanna Colantha Gladi, a young bull we are now using whose dam and sire's dam average 34.61 pounds in seven days, he being a son of Colantha Johanna Lad, out of Pontiac Gladi, the very best daughter of Hengerveld DeKal, she having made over 32 pounds of butter in seven days as a four-year-old, with second calf, and the dam of this young bull purchased by G. A. Babcock, of Harrowsmith, Ont., is a daughter of Pontiac Korndyke, thereby combining in the closest possible degree the blood of the three greatest

Low Vitality in the Spring

Vigor comes from good, red blood. Almost everybody's blood is thin and watery in the spring. Hence the tired, languid feeling, loss of energy and ambition, and general weakness of bodily organs. You can feel yourself getting strength and vigor when Dr. Chase's Nerve Food is used. The blood is made rich and pure, the appetite is sharpened, digestion improves, and every organ in the body feels the benefit of the rich, red, life-sustaining blood. W. J. Verner, clerk, 20 Bowen street, Halifax, states: "This spring I felt that I needed a tonic. My health was very much run-down and my system generally in a weakened condition. Soon after beginning the use of Dr. Chase's Nerve Food I could see that it was doing me good, as I felt very much better. This medicine gradually toned up my system, cured me of headaches from which I used to suffer, and I now take pleasure in recommending it as a grand nerve and general tonic."

families of the breed, the Korndykes, the Johannas and the Hengerveld DeKols. The herds in Ontario must receive great benefit from the introduction of such bulls as these, coming from the greatest families of the breed.—E. H. Dollar, Hazelton, N. Y.

Produce and Prices.

Kingston, June 29.—Market clerk reports the prices prevailing as follows: Potatoes, \$2 a bag; beans, 10c; cabbages, \$1.50 to \$2 doz; celery, 15c to 20c; onions, 5c a lb; lettuce, 5c a bunch; radishes, 5c bunch; rhubarb, 5c; green onions, 5c bunch; spinach, 5c a bunch; new carrots, 10c a bunch; new beets, 10c a bunch; ripe tomatoes, 20c a lb; new beans, 10c; yellow feed corn, 95c; bakers' flour, \$2.50 to \$3.10; farmers' flour, \$2.85 to \$3.10; Hungarian patent, \$3.10; oatmeal and rolled oats, \$3.50 per barrel; cornmeal, \$2 to \$2.25; bran, \$25 per ton; shorts, \$28 per ton; lard, \$17; tallow, \$9; loose, \$8; hay, loose, \$17 to \$18; pressed, hay, \$17 to \$18. Meat—Beef, local, carcasses, 9c to 10c; prime western, 11c to 12c; carcasses, cuts, 12c to 22c; mutton, 12c to 15c; lamb, \$2 to \$2.50 a quarter; lamb, 15c lb; live hogs, 8c; dressed hogs, 41c; veal, 9c to 12c.

Dairy—Butter, creamery, 30c to 32c; prints, 27c to 28c; rolls, 25c, 25c, 25c doz. George Mills & Co. quote the following prices for raw furs: Red fox, as to size, \$4 to \$9; skunks, as to size and length of stripes, 50c to \$1.25; raccoons, large, \$3; medium, \$1.25 to \$2; small, 75c; minks, as to color and size, \$2 to \$3.50; weasels, \$1 to \$5.50; spring muskrats, large, \$1 to \$5.50; No. 1, medium, 60c to \$1; small, 40c to 45c. John McKay, Brock street, reports

as follows: The hide market is steadily declining, owing to poor quality and poor demand. We quote hides No. 1, trimmed, at 10c a lb; No. 2 and bulls, 9c a lb; sheep skins, fresh, 85c; deacons, \$1; veal skins, 14c per lb; sheep skins same as hides, tallow rendering, 5c per lb; wool, washed, 20c per lb; wool, unwashed, 12c per lb; ginsing, \$5 to \$6.50 per lb; horse hides, No. 1, \$3; red fox, No. 1, prime, \$5 to \$7; mink, No. 1, prime, \$5 to \$7; skunk, No. 1, \$1 to \$2; raccoon, No. 1, \$1 to \$2.50; muskrat, No. 1, 35c; bear, black, \$10 to \$20; lynx, \$15 to \$30.

Above prices are for No. 1 prime stock, blue pelts and unprime according to value. The Dominion Fish company reports the following prices: Whitefish, 15c lb; pike, 10c lb; Chinook salmon, 20c lb; kippered herring, Yarmouth, 40c doz; perch, 10c lb; salt codfish, 15c lb; halibut, 15c to 20c lb; fresh haddock, 12c lb; bluefish, 15c lb; mackerel, 12c lb; fish mackerel, 12c lb; steak, cod, 12c lb; Saguenay salmon, 20c lb; trout, 15c lb; salmon trout, 15c lb.

The cemetery is nothing more or less than a city of buried hopes and memories. Eccentric people come in for more exposure than the ordinary run of humanity.

Abbey's Effervescing Salt

A bottle of prevention is better than a deranged stomach.

25c and 60c bottles. Sold everywhere.