LOST HIS HAIR, BEARD AND MUSTACHE

Terrible Plight of a Pennsylvania Man Reported by a Prominent Citizen:

"About two years ago my hair, beard and mustache started to come out in spots. These spots were entirely bare of hair.

Seeing PARISIAN SAGE advertised, I purchased four bottles and after using two of the bottles, the hair came in until now I have as good a head of hair as I had before this trouble started.

I can truthfully recommend this preparation to any one for what it is recommended for. Sam Galder, Jamison City, Col. Co. Pa., Oct. 11, 1911.

Please bear in mind that PARISIAN SAGE is not guaranteed to grow hair on bald heads.

In Mr. Galder's case the hair root was not dead and there is no good reason why PARISIAN SAGE should not do just what he writes it did.

"The next time Mr. Galder came into my store after purchasing the PARISIAN SAGE," writes the druggist who sold him, "his appearance was so changed I did not know him."

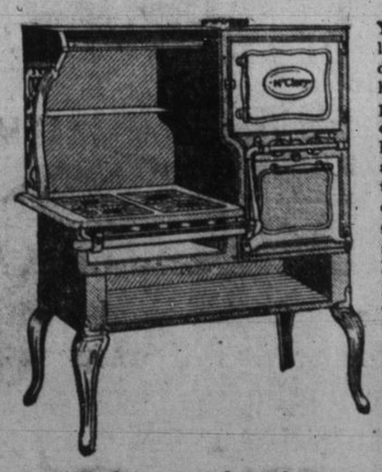
PARISIAN SAGE is without doubt the most efficient hair grower, beautifier and dandruff cure in the world, and people who are wasting time with ordinary commercial tonics should wake up.

PARISIAN SAGE will banish dandruff, stop falling hair and itching scalp; will put life, lustre and beauty into faded hair, or money back. It is a most delightful and refreshing tonic for men, women and children. Large bottle 50 cents at J. B. McLeod's and druggists the country over.

Sold By

W. A. MITCHELL

Cooking is a pleasure when you have a "McClary" Gas Range in your kitchen



You wouldn't think of lighting the furnace during the intense heat of summer. Why persist in cooking on a coal range during the hot weather? GAS is a much cheaper fuel than coal—far more convenient and easier on the cook in the summer time. Any McClary gas range pays for itself very quickly in the actual money it saves.

The Model shown in the cut is "McClary's" latest production and therefore the greatest range value there is.

The first glance convinces you that your comfort and convenience have been studied by the designers and builders of this range. It is quite apparent that you can cook a big dinner on this range without being crowded. The big roomy Oven is placed high. The Broiler is also elevated. There is no "stooping or bending" over this range.

Like other "McClary" ranges, this model has the white enamelled broiler and drip pans. Also Anti-Rust linings which add to the life of the range. The body is finished in bright, black enamel, and is easy to clean.

Just see the many styles of "McClary" gas ranges at your dealer's. All "McClary" gas ranges can be changed from artificial to natural gas in a few moments if necessary—see them and pick out the gas range that suits you best. 503

LONDON TORONTO MONTREAL WINNIPEG **McClary's** VANCOUVER ST. JOHN HAMILTON CALGARY

Sold By J. B. BUNT & Co., Kingston

HOT WEATHER AIDS

SOME TIMELY HEALTH HINTS FOR SUMMER SEASON.

Fruit and Vegetable Diet—Safer to Avoid Meats and Eggs in Large Quantities — Abuse of Cooling Drinks With Food Source of Disorder.

Journal of American Medical Association.

In Europe during the summer of 1911 the excessive heat was observed by De Fleury to have had a pronounced effect. Not only was there increase in sickness during the hot period, but after its subsidence many persons developed gastro-intestinal disturbances, congestion of the liver or some skin affection of digestive origin.

In attempting to account for the effects of the hot weather De Fleury says that the abuse of cooling drinks with food, the tendency of foods to spoil and the increasing virulence of disease germs were important factors, but he believes that the most important factor was the diversion of the water in the body from the kidneys to the skin, with increased excretion of water, with lowering of blood-pressure, but with decreased elimination of poisons.

The sweat-excreting apparatus of the skin is equal to about a fourth of the filtering apparatus of the kidneys and during the hot weather fluids are excreted by the skin almost entirely. It was De Fleury's observation that persons who lived on a fruit and vegetable diet, to the exclusion of meat and eggs, escaped gastro-intestinal disturbances. Hot drinks also acted in a prophylactic way, as did the employment of the lactic ferments. Drugs which increase the blood-pressure and stimulate the kidney function also had beneficial effects.

The observations of De Fleury would seem to confirm the dictum that in hot weather it is desirable to decrease the amount of protein food intake, to limit the diet more closely to fruits and vegetables and to drink plenty of plain water or other bland drinks while the stomach is empty, in order, if possible, to increase elimination by the kidneys.

The frequency of congestion of the liver would seem also to support the theory of a deficient elimination of poisons as an important cause of the morbidity due to the heat.

A Clever Canadian.

Donald Macmaster, the Unionist member for the Chertsey Division, is a Canadian who has rapidly made his mark in Great Britain. When he contested the Leigh Division of Lancashire in 1906 he made a great impression on the electorate, and it caused no surprise when he found his way to Parliament, by way of Chertsey, at the election of 1910.

Mr. Macmaster was born at Williamstown, Ontario, and educated at McGill University. He displayed the greatest aptitude for legal studies, and when he began to practice at the Canadian bar he was marked out as a man with a brilliant future. He soon fulfilled these expectations, and rose to be the Crown prosecutor in many celebrated cases.

He acted as arbitrator between the Newfoundland Goverment and the Reid-Newfoundland Railway. He was also counsel for the United States in the Gaynor and Green extradition enquiry, and served on a Royal Commission which was appointed to inquire into the Government of Quebec. For four years he was a member of the Canadian House of Commons, and was elected president of the Montreal bar. He was offered a seat on the Bench, which he declined, and after securing all these honors he evidently looked for fresh worlds to conquer.

He went over the water a few years ago to practise at the English bar, and soon obtained a commanding position. Though well advanced in years, he is hale and vigorous, and may be said to be only on the threshold of his career in England.

To Teach Peace in the Schools.

In these days of boy scouts, military drill, war games and toys, and a general strenuous, hat-in-ring, anti-mollycoddle, knock 'em-though-the-ropes atmosphere in the nursery, it is interesting to note that the United States Bureau of Education has mapped out and recommended a course of peace and good-will for use in the public schools. The final aim of the course is to impress the needlessness of war between nations.

The child is at first to be taught kindness toward his companions and his animal pets. Later on he is to be instructed in the desirability of gentleness in the home, and of kindness and consideration in school and at play. In the fourth grade it is proposed to teach the city relationships, in the fifth is to be given a view of the nation, in the sixth there is to be instruction in the essentials of unselfishness as applied to good citizenship. In the seventh and eighth grades is offered a view of world relationships, of the larger brotherhood, and of the desirability of peace.—Cleveland Plain Dealer.

Healthy Rivalry.

Evidently a healthy spirit of rivalry is growing up between Vancouver and Prince Rupert, it's ambitious young rival, as Pacific ports. "Why can't the truth be told about Prince Rupert climate?" plaintively inquires the Weekly Empire, of that place. "If ever a city was maligned, misrepresented and unfairly criticized from the standpoint of weather, that city is Prince Rupert. It's about time facts were told. It's time that people were made aware that here is a city where the mellow richness of Indian summer lingers till after mid-winter and where the summer months are unsurpassed for beauty and salubriousness. Down in Vancouver it's a favorite and miserable sort of a jest to advise travellers to Prince Rupert to be sure and take their mackintoshes and rubbers. A thread-bare and hollow joke. The other way round would be more appropriate."

At thirty a spinster begins to realize that she is missing the Mrs.

Pessimists may be men who are disappointed in themselves.

SUFFERED AGONY FROM DYSPEPSIA

"Fruit-a-tives" Makes Wonderful Cure

N. C. STIRLING, Esq.

GLENCOE, ONT., Aug. 15th, 1911.

"So much has been said and written about "Fruit-a-tives" that it might seem unnecessary for me to add my experience.

But "Fruit-a-tives" were so beneficial to me when I suffered with distressing Dyspepsia, that I feel called upon to inform you of the remarkable and satisfactory results I have had from using them.

Dyspepsia and Indigestion as everyone knows, can give you more uncomfortable hours and days than most common complaints.

"I am glad to be able to say to you that although in the past I suffered excruciating agony with Dyspepsia, I am now in perfect health.

"Fruit-a-tives" accomplished the desired result and I have to thank them for my very favorable and satisfactory state of health" N. C. STIRLING.

Why don't you try "Fruit-a-tives"? 50c a box, 6 for $2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

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BICYCLE SUNDRIES

At Cut Prices — BICYCLE MUNSON, 413 Spadina Avenue, TORONTO

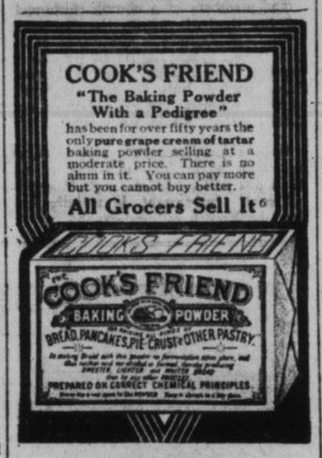
Send for Cut Price Catalogue.

Good and True

Safe and reliable—for regulating the bowels, stimulating the liver, toning the stomach—the world's most famous and most approved family remedy is

BEECHAM'S PILLS

Sold everywhere. - - In boxes, 25c.



The Best Treatment for Itching Scalps and Falling Hair

To allay itching and irritation of the scalp, prevent dry, thin and falling hair, remove crusts, scales and dandruff, and promote the growth and beauty of the hair, the following special treatment is most effective, agreeable and economical. On retiring, comb the hair out straight all around, then begin at the side and make a parting, gently rubbing Cuticura ointment into the parting with a bit of soft flannel held over the end of the finger. Anoint additional partings about half an inch apart until the whole scalp has been treated, the purpose being to get the Cuticura ointment on the scalp skin rather than on the hair. It is well to place a light covering over the hair to protect the pillow from possible stain. The next morning, shampoo with Cuticura soap and hot water. Shampoos alone may be used as often as agreeable, but once or twice a month is generally sufficient for this special treatment for women's hair. Notwithstanding Cuticura soap and ointment are sold everywhere, those wishing to try this treatment may do so without expense by sending to "Cuticura," Dept. 4M, Boston, U. S. A., for a free sample of Cuticura soap and ointment, with 32-p. book on skin and hair.

If a man is a millionaire it is an easy matter to bring up his son so that he won't be able to support himself later.

WOULD REVOLUTIONIZE NAVIES

Invention of Oil Motor Engines Means Advanced Step.

There is in London at the present moment the man whose researches are destined to bring about the greatest change in power production since the steam engine was worked out—Dr. Diesel, who lectured before the Institution of Mechanical Engineers.

It is a significant fact that twenty years ago this quiet, thoughtful-looking man, with gray hairs and eyes that twinkle through spectacles, was regarded as little better than a charlatan. Engineers, even in his own country, spoke of his invention with contempt. Dr. Diesel has lived that down and has had an ample revenge. To-day he is a rich man, with the possibilities of untold wealth ahead of him.

Engineers in Europe and America are competing against one another in the production of his engines. The navies of the world are eagerly experimenting with Diesel motors, commercial vessels have been fitted with them, they are driving electric lighting and other plants, a beginning has been made in using them as locomotives. All this Dr. Diesel foresaw and predicted years ago, but he had the sanguine spirit of the inventor. He knew the wonder of what he had done, he did not realize how long it would take him to conquer the world.

Instead of using coal direct in steam engines, we will, in the future which Dr. Diesel predicts, distil it from the tar and tar oils which can be utilized by the Diesel engines, and finally employ the coke for heating and metallurgical processes.

In these ways every ton of coal will be made to yield far more work than in the past. We shall be consuming our coal scientifically and completely, instead of wasting nine-tenths of it, as is now done. In the current number of the Review of Reviews, the Selandia, which is driven by Diesel engines, is spoken of as "a ship of destiny, perhaps in more ways than one a ship of doom."

"She heralds (1) the dethronement of King Coal, the monarch upon whose throne rests British and industrial prosperity; (2) the scrapping of the Dreadnoughts, and (3) the destruction of one of the greatest of our assets as rulers of the sea."

Lord Fisher said two years ago that in five years the whole of our mercantile marine would have to be rebuilt owing to the coming of the motor-steamer. Only nineteen years have passed since the first Diesel engine was built, a little machine of five horsepower. To-day huge engines of six cylinders, each cylinder capable of 2,000 horsepower, can be constructed. From the land the Diesel engine has gone to the sea, where it is running in boats of considerable cargo, in submarines, torpedo boats, and at least in one liner.—Westminster Gazette.

Archduke's Romance.

It was recently announced that the Emperor Francis Joseph had accepted the petition presented by his nephew, the Archduke Ferdinand Charles asking for permission to resign all his rights as a member of the Imperial Family. A pretty love romance lurks behind this remarkable renunciation.

The Archduke met Fraulein Rose Czuber in a Vienna ballroom ten years ago, and, attracted by her beauty, intelligence, and accomplishments, obtained the entree to her father's house.

His attempts in 1903 to obtain the Emperor's consent to his marriage were not successful. A year later a family council was held to arrange an alliance between the Archdue and a lady of royal rank, but the Archduke said he would marry Fraulein Czuber or no one. In consequence of his attitude he retired from the court in disgrace, and, on his health failing him, relinquished service in the army.

As soon as the petition is formally granted the Archduke will be married in Switzerland, where both Fraulein Czuber and himself are staying.

It is stated that the Archduke will adopt the name of Burg. The Emperor will grant him an appanage of £1,600 per anhum, and the couple will reside in Switzerland. The Archduke will have to renounce all his rights to the dual throne, although there are only three lives between him and the succession.

Anxious to Help the Ignorant.

Richmond Times.

Dr. Edwin A. Alderman, the president of the University of Virginia, tells this story, illustrating the importance of being careful in criticism:

"I know of a certain instructor in rhetoric who always impressed upon his students the necessity of charity in what they wrote. A young man brought on one occasion a very carefully prepared essay.

"A good piece of work," said the instructor, "but, Mr. Smith, you should remember to write every sentence so that the most ignorant person can understand every word you put down."

"The young man looked worried and asked anxiously:

"What part of my essay was not clear to you, professor?"

Asparagus Etiquette.

London Daily Chronicle.

Asparagus was a great dish with Dean Swift. Dining with him one day George Faulkener, the Dublin publisher, asked for a second helping of his favorite vegetable, but Swift pointed to the stalks on his guest's plate and said: "Sir, first finish what is before you." "What!" exclaimed Faulkener, "eat my stalks?" "Aye, sir," bellowed the imperious dean; "eat your stalks, or you will get no more. King William III always ate his stalks."

Asked once, when he was telling the story, whether he really did eat his stalks, Faulkener replied, "Yes, certainly, and if you had dined with Dean Swift you would have been obliged to eat your stalks, too."

Every time a minister announces that the Lord has called him to a new field, some inquisitive person is sure to ask how much the salary increase is.

Occasionally you meet a man who actually believes he understands his wife.

Why doesn't she take

NA-DRU-CO Headache Wafers

They stop a headache promptly, yet do not contain any of the dangerous drugs common in headache tablets. Ask your Druggist about them. 25c. a box.

NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED. 122

The New Perfection Heating Plate

has proved a great convenience to all users of the

New Perfection WICK BLUE FLAME **Oil Cook-stove**

This year we are selling

The New Perfection Broiler
The New Perfection Toaster
The New Perfection Griddle

each designed specially for use on the New Perfection Stove.

With these appliances and the New Perfection glass door steel oven, the New Perfection is just as complete and efficient a stove as a regular coal range. Certainly, it is much cleaner and cheaper. Many people use the New Perfection all the year round.

Ask to see this Stove at your dealers. It is handsomely finished. It has long enameled chimneys, turquoise-blue. Also cabinet top, drop shelves, towel racks, etc. Made with 1, 2 or 3 burners. Free Cook-Book with every Stove. Cook-Book also given to anyone sending 3 cents to cover mailing cost.

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Covers Canada From Coast To Coast

Brandram-Henderson, Limited, "English" Paint is 70% Pure White Lead—30% Pure White Zinc—mixed ready for use, with Pure Linseed Oil, Pure Turpentine and Dryer, and nothing else.

There is a B.-H. "English" Paint for every color you wish to paint. Ask for a sample card. 86

ELLIOTT BROS., Kingston.

The Crisp, Tasty Toast

Food science has taught us that there is much body-building nutriment in the whole wheat grain which we do not get in white flour. The only question is how to make the whole wheat grain digestible. That problem has been solved in the making of

TRISCUIT

the shredded whole wheat wafer.

It is the whole wheat, steam-cooked shredded, compressed into a wafer, and baked—the maximum of nutriment in smallest bulk. Many people prefer it to ordinary bread toast. Heated in the oven to restore its crispness it is delicious for luncheon, or for any meal, with butter, potted cheese or marmalades.

"THE TOAST OF THE TOWN"

Made of Choicest Selected Canadian Wheat

A Canadian Food for Canadians

Made by

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