

WHY SHOULD NOT OLD PEOPLE RETAIN THEIR YOUTHFUL VIGOR

No Reason Why Men And Women Of Sixty, Seventy And Eighty Should Not Be Well—The Secret Of Happy Old Age

"Fruit-a-tives", The Famous Medicine Made Of Fresh Fruit Juices, Again Proves Its Great Value In Curing Kidney Trouble.

Old age pays the cost of living. Few men and women of fifty, sixty and seventy are free of Kidney Trouble. Hard work, mental strain and general debility, fell in the long run. And many men and women show they have Kidney Trouble by suffering with pain in the back, headaches, rheumatism, sciatica, bladder disease.

To such people "Fruit-a-tives" has proved one of the wonders of the age—and the most remarkable discovery of the century in modern medical science. This fruit medicine has performed hundreds of cures where the sufferer had been told that the case was incurable.

Take, for instance, Mr. Geo. W. Barkley, a prosperous farmer and one of the leading citizens of Dundas County, Ontario.

At seventy-six, he is the picture of health—with the vigorous actions and the sprightly step of a man of fifty.

Yet for twenty years, he suffered with Kidney Trouble. He took "Fruit-a-tives" and it cured him.

CHESTERTVILLE, ONT., JAN. 25th, 1911

"For over twenty years I have been troubled with Kidney Disease, and the doctors told me they could do me no good, and said I would be a sufferer all the rest of my life. Nearly a year ago, I tried 'Fruit-a-tives'. I have been using them all the time since and am glad to say that I am cured. I give 'Fruit-a-tives' the credit of doing what the doctors said was impossible."

GEO. W. BARKLEY.

"Fruit-a-tives" is the only medicine in the world made of fruit, and is the only one that acts directly on the kidneys. It cures, 50c. a box, 6 for \$2.50 or trial size, 25c. At dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

Mrs. Cartwright's Constancy.

By TEMPLE BAILEY.

"If Amelia Cartwright would pay a little more attention to the love of the living and less to that of the dead, she might be happier, and save Amos Tillinghast from wearing his heart out."

Mrs. Lowell stabbed her needle viciously into the sock she was mending and rocked violently.

"Amelia has a constant nature," said Ann Briggs.

"Constancy is all right if there's any reason for it," said Mrs. Lowell, "but everybody knows that Charles Burroughs wasn't true to her before he died. He was engaged to two girls at once."

"But Amelia doesn't know it," said Miss Ann gently, "and it would hurt her to know."

"Well, wouldn't it be better for her to be hurt a little and get wiser up to the fact that it is Amos who has really loved her for all these years and who deserves to get her?"

"Well, I don't know," said Miss Ann. "I hate to see Amos hurt. Love is love, and I guess most of us have to suffer for it."

"Well, I don't see any sense wasting your love on those that ain't worth it," Mrs. Lowell's tone was a little softer. "It's different in your case. You lost a good man. And if he had lived two weeks longer you would have been his wife. I guess you feel as much like a widow as those who have had the knot tied."

"Yes, I do," said Miss Ann.

"But Amelia is different," Mrs. Lowell asserted positively. "She wasn't engaged but a week, and she had married him. Now, Amos is different. He's tender and gentle, and yet he's strong and kind; but Amelia came to this town just before Charles left for the west and she thought he was perfect."

"She'd be happy with Amos," Miss Ann agreed, "but she thinks her heart is buried."

"There she goes now," said Mrs. Lowell, glancing out of the window. "I knew she would. Every Saturday she's off to the cemetery with a wreath of pink flowers. Sometimes it's roses and sometimes it's sweet peas and sometimes it's verbena. But it's always pink. She says Charles loved that color and always wanted her to wear it."

"She has a hard time in winter, because she can't always afford to buy hot house flowers. But she keeps her pink geraniums in the window, puts a lot of green with them. And sometimes she ties on a pink ribbon, and once it was just pink crepe paper."

"Poor thing," said Miss Ann.

"That's what hurts Amos so," said Mrs. Lowell. "He knows Amelia hasn't enough to live on and he has plenty. And I think he knows, too, that she would love him if she would let herself. He said to me not long ago, 'Aunt Carrie, when I talk to her about it, she just cries and says, 'Please don't. Poor Charles thought I had it in me to be constant—and I want to be faithful to him—I want to be faithful.'"

"There goes Amos now," said Miss Ann. "Do you know he's got some pink roses in that paper? I believe he's on his way to the cemetery."

"Well, he'll meet Amelia there, she'll be touched to see that he has remembered Charles."

But Amelia, sitting forlornly at the foot of her lover's grave, was for meet some one else before Amos. A slender little woman approached and asked, "Is this the grave of Charles Burroughs?"

"Yes," said Amelia.

The girl unwound yards of waxed paper from about a magnificent wreath. It was evidently made up by a city florist, of pink hot-house roses and trailing lilies, with maiden-hair fern veiling the whole.

"Oh," gasped Amelia, "how beautiful!"

"He always loved pink," said the girl.

Amelia looked up startled. "You knew that?" she asked.

"Yes," said the girl. "When I was pink here on my hair he always admired them. And there was a little pink dress that he made me wear the night he left me."

"He died ten years ago," said Amelia. "It is a long time—did you know him just before he died?"

The girl nodded. "He lived out west in the same town where I taught. And we were engaged." She did not see Amelia's start of surprise. "He came east—just to see his folks, he said, and then he was to come back—and we were to be married."

"Then he died," the girl's voice went on, "and all these years I have wanted to come and lay a wreath on his grave. I saved my money so that I might. And—now I am here—and—and I can't bear it."

Looking at the other girl's grief, Amelia wondered why she was unmoved. She wondered, too, at a certain lightness of heart. She felt free to live her own life, to love as she would.

She saw Amos coming up the hill. She bent over the sobbing girl. "He loved you," she said, tenderly. "You have that to comfort you."

Then she went swiftly down the hill and met Amos. "I don't just know what has happened to me," she said. "Take me away, Amos, take me where nobody can see me cry."

He led her to a place screened by a row of chairs. "What is it, dear heart?" he asked, tenderly.

She told him. "Was he as fickle as that?" she demanded.

"Everybody knew it," he said, "but you."

"And no one told me. Oh, Amos, I

feel so sorry for that girl. Somehow I don't feel sorry for myself. Perhaps I've just been clinging to a dream. But she knew him and loved close to him, and, oh, I hope he loved her best. It would be so tragic if she is mourning a false lover. Amos."

"And you?" Amos asked.

"I found out after he came east that he wasn't all that I had thought he was—but I thought he loved me and it seemed so pitiful for him to be up here alone with no one to care—and so I tried to be true."

"There was a light in Amos' eyes as he bent over her. And now that he has some one to love him—can't you pity me—Amelia?"

"I declare," said Mrs. Lowell, a month later, "Amos says Amelia is going to marry him. And when I asked him his favorite color, he laughed and said it was blue."

Township of Portland.

Harrowsmith, May 27.—Portland township council met to-day. The following assessment appeals were disposed of: Bell Telephone Co., against assessment of \$4,185 for 31 miles of telephone lines; assessment confirmed; Mrs. Wesley Salder, over-valuation on 1.2 acre land, and buildings in Verona; assessment reduced \$50. W. J. Lyons, against business assessment of \$300, assessment confirmed; Lemuel Kish, against assessment of \$500 on 1-2 acre of land and buildings; assessment confirmed; Mrs. Martha Hamilton against assessment of dog; struck off.

The minutes of the last regular meeting confirmed and on motion of Walker and Watson the following accounts were paid: \$20.00, Fred Dennison, opening winter road from Hartington to Harrowsmith; \$8.35, Arthur Smith, opening winter roads and repairing culvert; \$3.50, Alex. Manson, repairing washout on road and two hours snow plowing; \$90.00, Geo. Watsworth, teacher's salary, U.S.S. No. 8; \$105, Milton Shangkaw, teacher's salary, U.S.S. No. 2; \$20, F. C. Martin, burial services late Mrs. William Campbell; \$39.77, James McKim, repairs for crusher; \$6.05, Harry Watson, opening winter road from Slack's school house to Kingston's Hill; \$60, George Brown, services assessor; \$2, Geo. Watsworth, repairing culvert; \$8, Bell Shay opening winter road from Camden building to Star Corners; 70c, Earl Leonard, opening winter road from Hartington to Leonard's corner; \$12.40, George Barr, opening winter road from Camden boundary to Husband's corner; \$19.32, Wellington Jeffrey, opening winter road from Hartington to Conway's bridge on Frontenac road; \$13.10, Sam Martin, opening winter roads, concession No. 2; \$10.50, Milton Shangkaw, opening winter roads from Husband's corner to Camden boundary; \$2, Charles Rutah, repairing culvert; \$17.83, Mrs. Land Archie Forsythe, freight on repairs for crusher; \$6, George Barstow, repairing sidewalk in Harrowsmith.

On motion Asseltine, Walker, the British Whig Publishing Co., was given contract for township printing and advertising for year 1912.

On motion Watson, Asseltine, J. Redmond and Wellington Brooks were appointed sub-commissioners for divisions No. 1 and 2, respectively; they to be acting under instructions of council and to receive 26c per hour while in employ of township. Council adjourned to meet in Harrowsmith, Monday, July 1st, at 1 p.m., or at call of reve.

Baby's Own Tablets a Mother's Standby.

Mrs. William Kernaghan, Cartwright, Man., says: "I always use Baby's Own Tablets and find them an excellent remedy for little ones."

Thousands of other mothers say the same thing, simply because they have found the tablets the best medicine to give their little ones to make teething easy; to expel worms; relieve constipation and to make baby plump, healthy and strong. The tablets are sold by medicine dealers or by mail at 25 cents a box, from the Dr. Williams' Medicine Co., Brockville, Ont.

Country Life.

Rochester Post-Express.

The telephone has broken the monotony and driven away the loneliness of country life. The rural districts are now a network of wires. Hill towns, remote from the railroads have their local telephone lines, with an exchange which is connected with the neighboring villages, and with the cities and towns hundreds of miles away by the great trunk lines. With the telephone, the improved roads, automobile and other modern improvements, there is no longer any reason why there should be a lack of sociability in the country.

Refused to Kiss Bible.

Montreal, May 31.—Judge Laurondeau, in the practice court, yesterday, was unable to decide whether a witness' evidence should or should not be taken. E. H. Ford, president of the Ford Iron Company, refused to swear on the Bible. He said: "I don't believe in God or any future existence or future punishment. I am an agnostic. I practice no religion; I am not a Quaker. I give you my word of honor that what I say in court is the truth." Judgment was reserved.

Tower of Skulls.

In 1899 the Turks defeated the Serbians and in memory of the victory built a tower of stone and Serbian skulls. At one time visitors and tourists used to carry away skulls as souvenirs and not so many years ago the heads were still to be seen embedded in the walls. When Nish became Serbian, however, as many skulls as could be extracted were given Christian burial. A few still remained too firmly held by the plaster, and of these, two, in a glass case, are shown at the memorial church close by. Wide World Magazine.

CAT'S PAW RUBBER SOLES

Embodiment of the patented features of Cat's Paw Reels.

Tread softly—Step safely.

Embodiment of the patented features of Cat's Paw Reels.

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NEWS OF NEIGHBORS

WHAT WHIG CORRESPONDENTS TELL US:

The Tidings From Various Points in Eastern Ontario—What People Are Doing and What They Are Seeing.

News From Kepler.

Kepler, May 30.—Mrs. Knight, California, is visiting his daughter, Mrs. Stanard Gues, Stanley Donnell and Miss Orser, Perth Road, at John Donnell's; Mr. and Mrs. Redmond and son, Holleford, at John Redmond's; Mr. Lindsay, Sydenham, at A. Orser's; Hubert A. Townsend and wife and W. A. Beer and Frederick Reid, Walton, and Mrs. A. G. Smith and children, Latimer, at T. A. Townsend's; Mrs. F. Lawrence, Sydenham, at George Lawson's. Walter Switzer has purchased a new motor boat of large capacity.

Robbery at Perth.

Perth, May 29.—Last night some person or persons entered Roy Wilson's shoe store, on Foster street, effecting an entrance at the rear, and took away with them two rain coats, some shirts and other men's apparel. The sum of \$700 is being offered at the Perth horse show and speeding events, to be held on the King's birthday, June 3rd. Mr. and Mrs. P. J. Hogan returned from Brockville after attending the funeral of their little niece, Miss Balangette, nurse, visited friends here last week. Mrs. M. McCabe, Almonte, also spent a few days here.

Latimer Locals.

Latimer, May 30.—A number from Latimer attended the W. M. S. meeting at the parsonage at Inverary on Thursday last. There has been so much wet weather that a few of the farmers had their grain drowned out and will have to plant it over again. A number from here attended the concert given in the Inverary hall last week. Mr. and Mrs. McCulla visited a few days at Mr. Kent's. C. Stoney and J. Bowden at James Sherman's; C. Cochran and H. Lyon at B. Kent's; Mrs. A. Glassford visited friends in the city; T. Sherwood and A. Sands at Edward King's; Glenburnie; Miss L. Sands spent Sunday with Miss D. Dobbs.

Items From Selby.

Selby, May 30.—A feeling of sadness was cast over the village Thursday when the news came of the death of Mr. Frank Dean, of Nanapanee, formerly of here. Miss S. Fitzpatrick, Moscow, accompanied by Miss Gladys Asseltine, spent the 24th with her parents here. Mrs. Mabel Denison spent a few days with her friend Miss Richardson of Selby. Mrs. J. Gunn and Mrs. T. Aney spent last Thursday with friends at Fair View. Visitors: Mr. and Mrs. Sherry at A. Woods'; Mr. and Mrs. Masters at D. W. McKim's; Mr. and Mrs. C. Loury at J. Wood's; Miss Reed at Mrs. Innes'; Mr. and Mrs. N. Ramsey and children at N. Dodge's.

At Sharbot Lake.

Sharbot Lake, May 29.—John Allen, section foreman who was injured on the K. & P. railway, is improving. Mr. and Mrs. Myron Long, of Havelock, are here to spend the summer months. A dance was held in the hall on the 24th. Piece Harris, injured at Godfrey, is able to be around again. A car on the K. & P. railway ran off the track on Sunday and did considerable damage. The section men have been repairing the track. Mr. Langan is at his aunt's Mrs. J. Thompson's. Miss Jennie Allen and T. H. Allen are with their parents, Godon Meighen, at his mother's. Mrs. Kilbon is visiting at Ottawa. Miss Edna Meighen has gone to Perth. Mrs. Ross Bertram and baby have returned home.

An Eskimo Woman Who Made Good.

When a woman in an enlightened country makes her way to a front rank in the industrial world the fact soon becomes known and people are eager to learn something of the condition that brought it about and of the character of the one who accomplished it. That a woman with a brown skin should so successfully compete with the men of her race is less generally understood. Out of the 260 Eskimos who own reindeer in Alaska two are women. One of these—Mary Arisarluk Andrews—has received the title of "Reindeer Queen of Alaska."

"Queen Mary" owns a herd of 1,303 deer, which she manages with judgment and intelligence. According to the usual contract made with the government, she is required to train three apprentices and to give to each the customary number of deer. She has done better than this. She has trained and rewarded eight or ten apprentices, and at the present time has another under her care. She long since discarded the igloo, or native hut, half-underground, in which she was born, and is now comfortably housed near Nome in a cabin of logs. She speaks seven or eight Indian languages, and this has enabled her to be of considerable service as an interpreter.

"Queen Mary" has brought up a number of helpless children, and having none of her own, has not only cared for them physically, but has also given them a place in her heart. Surely, according to her light, "she has done her part."

Tower of Skulls.

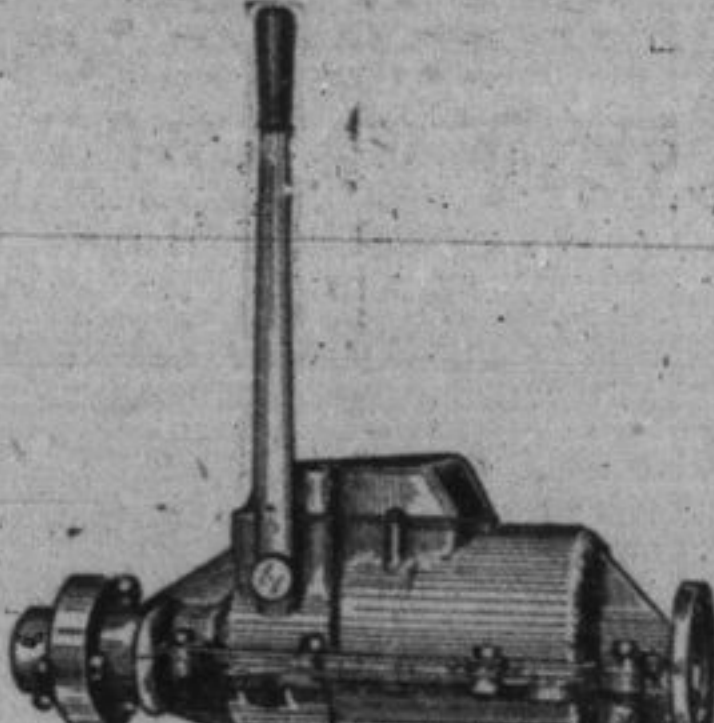
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BALDRIDGE GEARS

If you want a gear that will give you satisfaction, get a BALDRIDGE. We can give you one at reduced prices. Call and get our prices before ordering elsewhere.

Phone 420.

Davis Dry Dock Co.



THE TORONTO GENERAL TRUSTS CORPORATION

acts as

ADMINISTRATOR

of Estates where there is no will or where the appointed executors prefer not to act.

TORONTO OTTAWA WINNIPEG SASKATOON



Labatt's Ale is the choice of critical tastes. The secret of its popularity is its delicate quality and flavor, the result of the special brewing process by which *Labatt's* is made. *Labatt's* flavor cannot be described in words; you will appreciate it only when you have tasted it. Then you will understand why everybody likes *Labatt's*. Order from the brewery or through your dealers.

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LONDON, CANADA.
James McParland Agent, 339-341 King St., East

The Crisp, Tasty Toast



Food science has taught us that there is much body-building nutriment in the whole wheat grain which we do not get in white flour. The only question is how to make the whole wheat grain digestible. That problem has been solved in the making of

TRISCUIT

the shredded whole wheat wafer.

It is the whole wheat, steam-cooked shredded, compressed into a wafer, and baked—the maximum of nutriment in smallest bulk. Many people prefer it to ordinary bread toast. Heated in the oven to restore its crispness it is delicious for luncheon, or for any meal, with butter, potted cheese or marmalades.

"THE TOAST OF THE TOWN"

Made of Choicest Selected Canadian Wheat
A Canadian Food for Canadians

Made by
The Canadian Shredded Wheat Company, Limited
Niagara Falls, Ont.
Toronto Office: 49 Wellington Street East

THE QUEEN MILLINERY

ANNOUNCE THE MOST

Startling Sale of Ostrich Feathers

Ever held in the City of Kingston, commencing Thursday, May 30th, Black, White, Navy, Purple, roan, Grey, Allog, Sky, Blue, Pink, Old Rose, Brown, Yellow, Tan, Cardinal and Cerise. WILL BE OFFERED AT THE EXTREMELY LOW PRICES.

From \$1.50 to \$7.75

For a handsome Dress Hat there is no more distinguished and effective trimming than a handsome Willow or French Ostrich Feather.

Call and be convinced of the wonderful bargains we are offering.

174 WELLINGTON ST

RADWAY'S READY RELIEF

IF YOU ARE TROUBLED WITH

Rheumatism, Neuralgia, Sciatica

or pain of any kind get a bottle of Radway's Ready Relief; follow the directions you find with the bottle and you will secure instant relief from pain—a record of more than

FIFTY YEARS

as a sure cure for Sore Throat, Rheumatism, Neuralgia, Quinsy Sore Throat, Colds, Lumbago, Grip and Pneumonia.

A POSITIVE CURE

W. C. Baker, of St. Julian, New Orleans, La., writes: "I have been a sufferer from chronic rheumatism for more than six months. I could not raise my hands to my head or even take off my shirt. Before I had finished three-fourths of a bottle of Radway's Ready Relief I could use my arms as well as ever."

FOR SALE BY ALL DRUGGISTS.
RADWAY & CO., Ltd.,
Montreal, Canada.



SIMPLY DELICIOUS

Mott's

PURE NUT MILK CHOCOLATE

Ask Your Grocer.

UNSWEETENED CHOCOLATE

For Cooking and Drinking

MOTT'S "Elite" Chocolate

This Chocolate is excellent for Cake Icing and Fudge