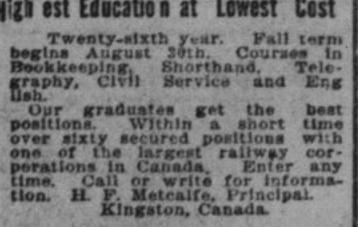
Thomas Copley PHONE 987.

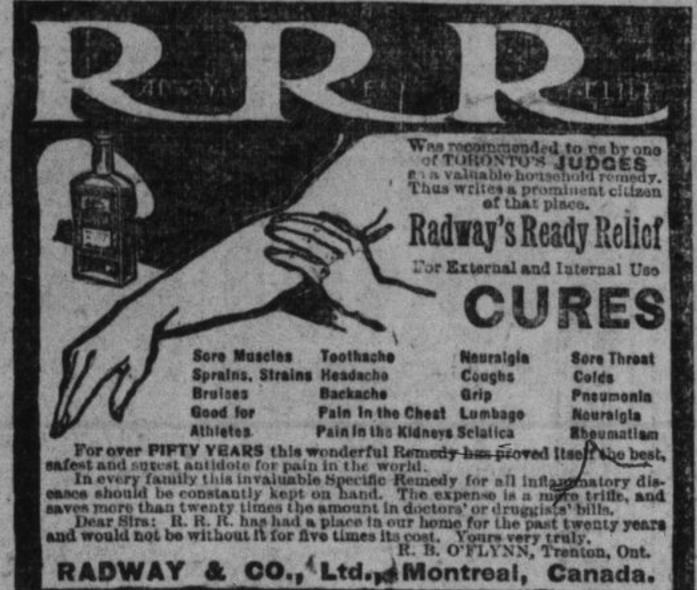
Drop a card to 19 Pine Street was, wanting anything done in the Carpenter line. Estimates given on all kinds of repairs and new work also Hardwood Floors of all kines. Al. ders will receive prompt attention op 40 Queen Street.

Kingston Business College (Limited) igh est Education at Lowest Cost Twenty-sixth year. Fall term begins August 30th. Courses in Bookkeeping, Shorthand, Tele-graphy, Civil Service and Eng





for Sale Everywhere THE ROCK CITY TOBACCO CO. LTD. QUEBEC



The One Perfect Food

The whole wheat grain is the one perfect, complete food given to man. This is affirmed by dietetic experience. It contains all the chemical elements that are found in the human body and in about the same proportion. If it is a complete, perfect food, why mix it with other grains?

Nothing could be purer, more wholesome or more nutritious than'

It is the whole wheat, nothing added, nothing taken away- no yeast, no baking powder, no grease and no chemicals of any kind-just pure whole wheat made digestible by steam cooking, shredding, and baking.

For breakfast, heat the Biscuit in the oven a few moments to restore crispness; then pour hot milk over it and salfor sweeten to suit the taste. It is delicious for any meal with stewed prunes, baked apples, sliced pineapple, berries or other fruits. At your grocer's,

Made of Choicest Selected Canadian Wheat A Canadian Food for Canadians

Toronto Office:



Tips For the Farmer

BY UNCLE JOSH.

Reducing Pasture Area

H. E. Krueger, of Wisconsin, keeps, dairy cows, and still devoted only plowed in spring serves as pasture until the ryecrop is harvested, when they are put on the clover grown with the rye. When the barley crop is harvetted, later on the cows are turned nto the clover in the barley field. following this they have the clover on the field from which the wheat has been cut, and last of all they are pastured on clover which has been grown with corn. By this means, says Hoard's, Kruger says the difference beassigned to pasture for that number of cows and thirteen acres.

But this is not all. By sowing clover with all his grain crops the land is vept filled with humus and nitrogen

World's Wheat Crop.

The International Agricultural Institute estimates the world's production of wheat for last year at 3,566,148,-900 bushels, or 9,000,000 bushels less than for the year preceding.
The big falling off was in Russia,

which shows a decline from 775,000, 000 to five hundred and nine million oushels, a drop of 266,000,000. In the United States, there was a decline of nearly 14,000,000 bushels. On the other hand the yield in France shows an increase of 68,000,000, bushels; in India there was an advance of 12,000,-000; in Canada of 66,000,000, and is other countries there were minor changes one way or the other. The important fact is that on the whole, with a steadily expanding demand, there was a falling off in production the world over.

Exercise for Pigs. One thing a farmer can do that will help to keep his little pigs sturdy is, says Farm, Stock and Home, to see to it that they get out into the yard to exercise, every day that is at all suitable. This brings about a good circulation of their blood, breaks down tissue which yields heat and keeps it warm and in general serves to make it stronger and more resistant to disease. Nothing is likely to react more unfavorably on the pig than keeping it shut up closely in a small, damp, dark pen, and fewer pigs will be lost as a result of being gotten out than will be lost by being kept too closely

At the session of the Dominion parliament just closed, a bill became law that will, says the Ottawa correspondent of the Breeders' Gazette, of Chicago, greatly facilitate the work of maintaining the standard of registration for all breeds of stock recorded in the Canadian National Records. This act makes the punishment for false registration more drastic

On the Care of Cream.

A bulletin has been issued by George H. Barr, chief of the dairy division of the dominion department of agriculture on the care of cream for butter making.

This bulletin has special reference to cream intended to be manufactured in a cream gathering butter factory, but contains many hints of value along general dairy lines as well. In he first place it is recommended that ows should not be fed turnips or turnip tops, rape, rye, decayed en-silage, or apples (in large quantities) as any of these feeds will taint the Other causes of taint are hav. unclean condition at milking times, milking in an unclean stable, using unclean or rusty milk pails, separating the milk in the stable, improperly cleaned separators, keeping the cream in cellars where roots or vegetables are placed, keeping cream at a temperature of over fifty-five degrees, or allowing cows to drink from stagnant ponds or leakages from barnyards. Cows should, it is said, have an abundant supply of pure water, and if they have free access to - salt at all times they will keep in better health, give more milk and the cream will have better flavor. Cleansiness is desirable at all times

ty-six hours, or for delivery every your remedies to my friends and give weird old man who refuses to bury other day, in cellars which are as you permission to publish what I write." his father. M. Hector Granet, an ool as the ordinary run of farms ouse cellars. It is recommended that he cream be put into cans, and that the cans be placed in ice cold water.

Notes of Interest.

Farm, Stork and Home says that the flax crop of Minnesota in 1910 was in many parts of the state badly cut by grasshoppers, and that of
ly cut by grasshoppers, and that of
Windsor, Ont. — The birth of my first side the little building is the coffin,
Windsor, Ont. — The birth of my first side the little building is the coffin, localities. Contrary to the popular idea, says Farm, Stock and Home grasshoppers do not usually travel very far and do the biggest share of damage while their wings are still

The depth at which to plant corn, avs Farm, Stock and Home, depends upon the kind of soil and its condition. If the soil is quite sandy and dry the corn may be planted quite deep. If your soil is heavy and reentive of moisture take care not to get the corn down too deep, for it s apt to sour and ret. About - one inch is sufficient is such heavy, wet

A report of the International Agricaltural Institute states that the world's production of barley in 1911 Avenue, Windsor, Ontario. was 86,000,000 bushels less than the year before; in oats there was a fallog off to the extent of 348,000,000. dential Lynn, Mass. Your letter will eed is source and high. The decline in oat and corn production was

A report of the Canadian trade com- board. missioner in Germany stotes that the German empire imports \$100,000,000 worth of wheat per annum, of which

Canada supplies only \$161,378. A good deal of the wheat brought ir is im- reports the prices prevailing as folported from Argentine, but as that lows : country has a short crop this year it is expected there will be an in-

labor in the United States, as re- to 40c. peck; turnips, 15c. to 20c. a ported by the department of agricul- peck; radish, 5c. bunch; rhubarb, 10c.; says Hoard's Dairyman, twenty-eight ture, was \$28.77 per month, with green onions, 5c. bunch. out board, and \$20.18 with board. J. A. McFarlane, Brock street, rethirteen acres, exclusively to pasture. During harvest the average daily ports grain, flour and feed selling as He does this by sowing clover with wage with board was \$1.49, and follows:

Take One Pain Pill then-Takeit

To get the best of Backache Get a Box of

Ensy

Dr. Miles' Anti-Pain Pills

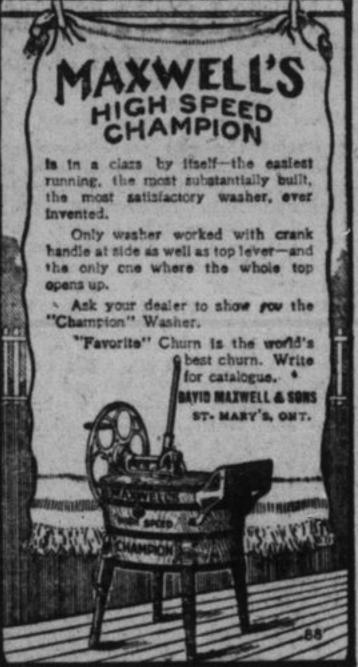
Otherwise Backache May get the best of you

Nothing disturbs the human system more than pain whether it be in the form of headache, backache, neuralgia, stomachache or the pains peculiar to women. Dr. Miles' Anti-Pain Pills are a standard remedy for pain, and are praised by a great army of men and women who have used them for years.

"A friend was down with LaGrippe and nearly crazed with awful backache. I gave her one Anti-Pain Pill and left another for her to take. They helped her right away, and she says she will never be without them again."

MRS. G. H. WEBB, Austinburg, O.

At all drugglets-25 doses 25 cents. MILES MEDICAL CO., Toronto, Can.



Recommends Lydia E. Pinkham's Vegetable Compound for Backache, Nervousness, Headaches.

Lyndon, Ky. - "I have been taking but especially at milking time. Much Lydia E. Pinkham's Vegetable Compound the cream sent to factories is, Mr. for headaches, neuralgia pains, backache, Barr says, kept in cellars, and his nervousness and a general run down con- walls and a round stone tower, siown experiments have shown that dition of the system, and am entirely re- tuated near the little village of Virecream cannot be kept sweet for thir lieved of these troubles. I recommend vols, in the Auvergne, there lives

When a woman like Mrs. Von Roden owner of the castle and the mum is generous enough to write such a let- It is twenty-five years since his fath tar as the above for publication, she er died. At the time the son could should at least be given credit for a sin-cere desire to help other suffering women, for we assure you there is no other rea-body, he simply put it into alcohol. for we assure you there is no other rea- Then he built a mausoleum, a grue-



housework. Ido any kind. It was

Lydia E. Pinkham's Vegetable Compound that restored me to health."-

Lydia E. Pinkham Medicine Co. (confi. we are awful busy." be opened, read and answered by woman and held in strict confidence -tent carpets.

mainly attributable to failure in the \$17.60 was the average monthly wage, without board, and \$12.02 with

> Produce and Prices. Kingston, May 11.-Market clerk

Carrots, 20c. to 25c. a peck; potatoes, \$2 a bag; beans, 10c. qt.; cabcreased demand for the Canadian pr., bage, \$1.50 to \$2 doz.; celery, 10c. to In 1911 the average wages of farm tuce, 5c. to 10c. a bunch; apples, 25c.

all his grain crops and using the clov- without board \$1.85, and for other Dats, 55c.; local wheat, \$1.10 per after using two of the bottles, the PARISIAN SAGE is without doubt er produced that same season for days than harvest the rate was \$1.09 bush.; wheat, 85c.; seed rye, \$1; peas, pasture. Some of the clover land 81.42 respectively. The highest \$1 to \$1.10; yellow feed corn, 90c.; wage in preceding years was in 1857, bakers' flour, \$2.75 to \$3; farmers til it is plowed. Then the cows go to without board. The lowest rate be \$2.85 to \$3.10; Hungarian patent the thirteen acres of pasture field un- when the monthly rate was \$16.87, \$2.90; oatmeal and rolled oats, \$3.50 tween those years was in 1895, when per barrel; cornmeal, \$1.80 to \$2 bran, \$27 per ton; shorts, \$29 per ton; baled straw, \$8; loose, \$8; hay, loose, \$16; pressed hay, \$16; seed wheat,

\$1.40 to \$1.50. Meat-Beef, local, carcase, 9c. 10c.; prime western, 11c. to 124c. carcase; cuts, 11c. to 22c.; mutton, 10c. to 13c.; lamb, \$2 to \$2.50 a quarter; live hogs, \$8.50; dressed hogs, \$12; veal, 9c. to 12c.

Dairy-Butter, creamery, 30c. to 32c.; prints, 25c. to 27c.; rolls, 25c.; eggs, 21c. to 25c. doz. George Mills & Co. quote the following prices for raw furs: Red fox. as to size, \$4 to \$9; skunks, as to size and length of stripe, 50c. to \$2.25; raccoon, large, \$3; medium, \$1,-25 to \$2; small, 75c.; minks, as to color and size, \$2 to \$7.50; weasels. 20c. to 65c.; spring muskraes, large, 80c, to 85c.; No. 1, medium, 60c. to 65c.; No. 1, small, 41c. to 45c.; itts, shot damaged, fall and winter, as to value, 15c. to 30c.

John McKay, Brock street, reports as follows: The hide market is steadily declining, owing to poor quality and poor demand. We quote hides No. 1, trimmed, at 10c. a lb.; No. 2 and bulls, 9c. a lb.; sheep skins, fresh, 85c.; deacons, \$1; veal skins, 14c. per lb.; sheep skins same as hides; tallow rendering, 5c. per lb.; wool, washed, 20c. per lb.; wool, unwashed, 12c. per lb.; ginseng, 35 to \$6.50 per lb.; horse hides, No. 1, \$3; red fox, No. 1, prime, \$5 to \$7; mink, No. 1, prime, \$5 to \$7; skunk, No. 1, \$1 to \$2; raccoon, No. 1, \$1 to \$2.50; muskrat, No. 1, 35c.; bear, black, \$10 to \$20; lynk, \$15

Above prices are for No. 1 prime stock, blue pelts and unprime according to value.

The Dominion Fish company reports the following prices: Whitefish, 15c. lb.; pike, 10c. lb.; Chinook salmon, 30c. lb.; kippered herring, Yarmouth bloaters, 40c. doz.; perch, 10c. lb.; salt codfish, 10c. lb.; halibut, 15c. to 20c. lb.; fresh haddock, 10c. lb.; bullheads, 124c. lb.; smoked fillets, 15c.; oystecs, 40c. to 60c. qt.; bluefish, 15c.

Deadly Expert.

A certain great Chinese physician and A. S. Trude, a lawyer of that city, are close friends, but one time when the physician was called as an expert witness in a case Trude was on the opposite side and had to cross-

The physician had given his expert testimony. It upheld the contention of his side perfectly. When it came to Trude's turn he

glared at his friend, and, after the usual preliminary questions, began "Doctor, you are frequently called into consultation when prominent men are il in this community, are you

"Were you in attendance on George "I was."

"Where is Mr. Pullman now?" "Ah, yes. And were you called by Marshall Field?" "I was."

"Where is Mr. Field now, may "Indeed! And were you in attendance on Philip D. Armour ?"

"I was." 'And where is Mr. Armour now?"

Trude knew that his friend was of LYNDON, KY. called in consultation in almost every tig case in Chicago, and there was a malicious gleam in his eye as he called in consultation in almost every named dead man after dead man and asked if the expert had attended them. After he had named about a dozen prominent citizens who had passed away he turned to the jury with a wave of his hand, as if to say "There's your expert !" and

> A Weird Artist. In an old feudal chateau, with high

-Mrs. H. Von'Roden, Lyndon, Ky. artist and collector of curios, is the child left me a wreck with terrible weak full of alcohol, in which rests the peschild left me a wreck with terrible weak feetly preserved body of M. Granet's father. Through a hole cut in the to tell you that Ldo head of the coffin-lid M. Granet can not have those weak see his father's features. He talks to spells and I feel like him and plays on the accordeon the a new woman since old songs he used to love during his taking Lydia E. lifetime. Besides the coffin containing Pinkham's Vegeta- his father's remains M. Granet has ble Compound. I am placed another in which he wishes to now well and strong be preserved in a similar manner.

Heard on the Side. office as suon as you can this afternoon. You must get after these

Mrs. Robest Fairbairn, 72 Parent | "Yes, dear, I will, if I can, but I think I will be detained longer than If you want special advice write to usual at the office this afternoon as John, like many other "good hus-

HAIR, BEARD AND MUSTACHE

Terrible Plight of a Pennsylvania Man Reported by a Prominent Citizen:

"About two years ago my hair. not do just what he writes it did. beard and mustache started to come! "The next time Mr. Galder came out in spots. These spots were en- into my store after purchasing the tirely bare of hair.

PARISIAN SAGE," writes the drug-Seeing PARISIAN SAGE ad- gist who sold him, "his appearance vertised. I purchased four bottles and was so changed I did not know him." hair came in until now I have as the most efficient hair grower, good a head of hair as I had before beautifier and dandruff cure in the world, and people who are wasting I can truthfully recommend this time with ordinary commercial

preparation to any one for what it is tonics should wake up. recommended for. Sam Galder, PARISIAN SAGE will banish Jamison City, Col. Co. Pa., Oct. 11, dandruff, stop falling hair and itching scalp; will put life, lustre and Please bear in mind that PARIS- beauty into faded hair, or money IAN SAGE is not guaranteed to grow back. It is a most delightful and refreshing tonic for men, women and In Mr. Galder's case the hair root children. Large bottle 50 cents at was not dead and there is no good J. B. McLeod's and druggists the reason why PARISIAN SAGE should country over.

Try the flour that holds the confidence of thousands of home-cooks

HE present huge demand for PURITY FLOUR shows the confidence in which it is held by thousands of home-cooks.

Those who have used PURITY FLOUR have come to believe in it. They look on PURITY as a friend. They feel they can trust it implicitly,

because each and every lot of PURITY FLOUR has always been uniform-always up to the high standard of quality that has made it famous.

Wouldn't you, too, like to use a flour you could always rely on? Wouldn't you like to feel certain that your bread, cakes, and pies were going to turn out exactly right? That's just how you'll feel when you become a user of PURITY FLOUR - the confidencecreating flour.

PURITY FLOUR

PURITY FLOUR gives high-class results, because it consists exclusively of the high-grade portions of the best Western hard wheat.

On account of the extra strength of PURITY FLOUR please remember, when making pastry, to add more shortening than an ordinary flour

FLOUR

"More bread and better bread"

And when making bread add more water, and PURITY FLOUR will expand into more loaves than the same weight of ordinary flour can produce, thus making "more bread and bet-

ter bread."

Make your next flour order spell P-U-R-I-T-Y F-L-O-U-R. It costs slightly more, but it's worth the difference. Add PURITY FLOUR to grocery list right now.

J A. McFARLANE, KINGSTON DISTRIBUTOR



and to the happy, exhibitating frame of mind which accompanies physical well being. This change has been brought about wholly by the use of ORANGE LILY.

In addition I have had the privilege and pleasure of inducing multitudes of other suffering women to give ORANGE LILY a trial, and have received thousands of enthusiastic acknowledgments of the blessings it has brought to them. The following is a supplier. following is a sample: Dear Mrs. Currah,-Your very kind letter was received yesterday. In reply to your question about my health, I am thankful to say that I am very well. As I have never given

For several years I have suffered untold agony. This suffering was continuous, but I would have violent attacks every few weeks, each attack lasting several days. The first Sunday in November, I felt the pain increasing and so did not go to prayers. The rest of the family did go, and soon after the forcing down pains seized me and I had to remain on the floor until their return. I was in great pain all night and was very sick for a whole week.

Then Mrs. L. came to see me and told me of your wonderful medicine. I got my husband to send for it right away, as I was too sick to write myself. (My doctor could do nothing for me.) I have used 5 boxes of ORANGE LILY, have had three months of good rest, and am now well, never better in my life. I have not had the old pame since. I often ask my husband if it is myself that is going around and doing my own work. I can scarcely believe it. It brings tears of joy

around and doing my own work. I can scarcely believe it. It brings tears of joy to my eyes. I could shout it to all the world. I cannot speak enough in its praise to my eyes. I could shout it to all the world. I cannot speak enough in its praise.

Receiving, as I do, dozens of such reports each day, I feel impelled to make knows to my suffering sisters the merits of ORANGE LILY. It differs from other so-called remedies in that it is not taken internally. It is a strictly local treatment, and is applied directly to the affected organs. Its curative elements are absorbed into the congested tissues, expelling the stagnant foreign matter which has been irritating the membrane and oppressing the nerves, and a growing feeling of physical and mental relief is noticeable almost from the start. It is a positive, scientific remedy, and even if you use no more than the Free Trial treatment you will be very materially benefited.

FREE TRIAL OFFER

to send me their addresses, and I will forward at once, without charge, 19 days' treatment. If your case is



sends," would far rather work over-.. ange may is recommerded and Sold in Kingston by C. time in the office than go home to S. Prouse, Druggist.